



# Activity & Program Guide December 2020 Face to Face & Virtual

SOAR Fox Cities, Inc. ~ 211 E. Franklin Street ~ Appleton, WI 54911

## A Sad Goodbye & an Enthusiastic Welcome!

Tammy, whom many of you know from our Family Programs is retiring and we will bid her farewell at the end of 2020. Join us in saying THANK YOU!!



Tammy asked to share this note: *Thank you. Those two words just do not express the immense feeling of gratitude I have for the opportunities I have had the past two years at SOAR Fox Cities. My year of service in connection with AmeriCorps was truly amazing, and my year as Family and Community Education Program Coordinator was greatly rewarding. I take with me so many endearing memories: Loop the Lake and park walks, 2019 Special Olympic track season and state games, the Halloween party at Homestead Meadows, Y-Fit classes, and the first ever Corn on Wheels, just to name a few. I have enjoyed the opportunity to meet so many great folks through Coffee Connections and SOAR Together. But, honestly, it is you - the participants - who have deeply touched my heart. Thank you for welcoming me into your lives. I will treasure the memories always. So, as Carol Burnett would sing, "I'm so glad we had this time together..."*



As one story ends with SOAR, another begins...meet Shayde! Shayde is a student working with us and has actually been with us since September. You may see her at some programs in

the future, but like the rest of us, she's often working remotely. Shayde wanted to share a bit about herself with you: *Hello, my name is Shayde Sell. A few things about myself that can help you get to know me better are that I love coffee. I drink coffee every day, no matter what time it is. I will never turn down coffee, unless it is black. I also love cats, I have three. I have two black cats and one white and tabby. Mister and Onyx are my two boys and Billie is my baby girl. I also love being outside and I will take every opportunity for a new adventure. I just recently graduated from the University of Wisconsin-Green Bay with my Bachelors Degree in Psychology and Spanish. My main aspiration is to help*

*and advocate for youth and adolescents with developmental and intellectual disabilities, with a main focus on those with mental health difficulties. Mental health has always been an area of interest to me because it is something that I have had to learn how to handle and cope with personally, so I have a strong desire to be someone who youth and adolescents can come to, and learn to cope and grow with a mental illness. I am currently enrolled in the Master of Social Work program at UWGB and as part of the program, I will be at SOAR as an intern for the school year. I am so excited to be here and to be part of such a great organization that does such amazing things for the community and those within. Join us in Welcoming Shayde!!*

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Inserts: December 2020 Calendar, Basketball Registration, Operation Yuletide, Survey

**[Temporary]** Office Hours: Monday through Thursday, 9:00am-3:00pm (Closed on Fridays)\*

\*Phone: 920.731.9831

Fax: 920.725.1531

E-mail: [info@soarfoxcities.com](mailto:info@soarfoxcities.com)

Website: [www.soarfoxcities.com](http://www.soarfoxcities.com)



# Policies

To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form
- Acknowledgement Form from the Participant/Guardian Handbook

Note: ***The Participant Information Form needs to be updated annually.*** Throughout the course of the year changes may occur with conditions, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

**Parking** When parking at our building during business hours, please use the parking stalls designated for 211 E. Franklin Visitors. If you park in other companies' stalls you risk being towed.

**Inclement Weather Policy** Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, SOAR FC staff will attempt to notify all participants who are signed up for the program or service of the closure. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check our website and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity. After office hours, please call 920-931-2530 for Adult Programs information.

**Payment Policy** We will NOT be able to collect payments at activities. Do not give staff your payment—we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the mail slot. We encourage your use of envelopes. The use of SOARcash is encouraged for those needing minor financial assistance, when it is available (based on allowed funding). Call for a SOARcash application. For any questions regarding bills/invoices, please ask for extension 100. If you are registering for an activity and tickets need to be picked up, feel free to send a self-addressed stamped envelope along with your payment, or pay an extra \$1.00 to have the tickets mailed to you, or stop by our office. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

**Cancellation Policy** If you are unable to attend an event, you must cancel at least 5 days in advance. If you do not cancel in advance you will be liable for the program fees.

**Notice** SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

## Volunteering

Did you know that the volunteer opportunities with SOAR are almost endless!? Aside from volunteering at programs, we LOVE it when members help out at special events. Occasionally we also have special office projects, like folding and stuffing mailings, that we need help with! If you want to learn about these and more opportunities, please call Renee Roble, AmeriCorps Volunteer Coordinator, at 920-731-9831, x127.

***Some current needs are: "Office Angels", special event committee members, assisting with Special Olympics' Track & Field.***



*Volunteer with SOAR today!*





## SOAR Fox Cities Board of Directors

Bryan Mueller, *President*  
Laura McCormick, *Vice President*  
Gary Weber, *Treasurer*  
Heather Sorebo, *Secretary*

Polly VandenBoogaard Paul Meyer Mark Robinson Reg Wydeven



Hello Friends of SOAR!

It is December...W-O-W, what a year 2020 has been! This is one of the best times of year and I want to start my letter to you by simply saying Happy Holidays! December is a month to celebrate and spend time with those we love.

Sadly, we're leaving 2020 in a way we had hoped we wouldn't; still in the midst of the global COVID-19 pandemic. With that, I'd like to remind you of a few things that will help keep us all safe:

- The SOAR team is following strict cleaning and sanitation procedures including sanitizing surfaces and handwashing. Please do the same.
- **Masks are required by both staff and participants** during activities and while in general areas of the building.
- Follow social distancing policies and always maintain a **separation of at least 6 feet**.
- **If you are sick or feel ill, please stay home.**
- If you have been exposed to someone who has tested positive for COVID-19, or you, yourself has tested positive, please **do not** come to activities.
- If you have been exposed to someone who has tested positive for COVID-19, or you, yourself has tested positive, we ask that **you contact us and let us know**. In this instance, we ask that you do not attend any SOAR activities for at least 14 days. If you are registered for activities during that time we will apply a credit to your account for future activities.

We also noticed that we haven't seen some of you in a LONG TIME and we're very sad about that. To help us understand how you're doing and why you haven't been able to attend activities, we've developed a short survey. The survey can be completed online or mailed in. Please consider taking a moment to help us better understand how we can reach you during these uncertain and unprecedented times! Thank you!!

Last, but certainly not least - It's membership drive time!! Membership will be coming in the mail so please keep an out for them! We know we still owe you your free 2020 membership gift and those will accompany your membership renewal notice. We'll again be offering a free gift with 2021 membership!

That's all for now!! Please, continue to stay safe & healthy!

~ Erin Schultz, Executive Director

## SOAR Fox Cities Staff can be reached at 920.731.9831

Erin Schultz, Executive Director, x116

Ashley Gustafson, Director of Community Engagement, x114

Jolene Verstegen, Financial Administrator, x115

Julie Biesterveld, TBI Support Program Coord., x113

LeeAnn Stein, Director of Adult Programs, x112

Lindsay Wollerman, Fundraising & Grant Manager, x111

Lisa McCallister, Youth Services Manager, x110

Lisa Volkman, Special Olympics Coordinator, x109

Paula Maurer, Adult Program Coordinator, x124 or  
920.931.2530 (after 5pm)

VACANT, TBI Support Program Navigator, x118

Tammy Wittmann, Family Programs & Community Resource  
Coordinator, x122

Zach Wroblewski, Accounting Clerk, x100

## Registering for all activities is required!

1. Select the activities that fit your schedule.
2. **Be sure to register 7 days (one week) before an activity that you want to attend, unless a specific registration date is noted in the description of the activity.**
3. Complete the enclosed registration form and return it to our SOAR office with payment. You can pay online at [www.soarfoxcities.com](http://www.soarfoxcities.com), send a check, or stop at our office. Payment must be made prior to an activity.
4. Note that dances require tickets for admission. Staff/caregivers attending need to get a complimentary ticket at the SOAR office.

# Calendar-at-a-glance

## Program Type KEY

Youth Programs Y      Family Programs F  
 Adult Programs A      Community Ed CE  
 Adult Ed Programs AE      Advocacy Programs ADV  
 Face to Face Programs F2F      Virtual V



## December 2020

Su	Mo	Tue	We	Th	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

December	Program Choice	Time	Page	Cost member/ non-member	IRIS Code	Staffed by:	Type KEY
1	Christmas Jeopardy - V	10:00am-11:00am	7	NO COST	-	LeeAnn	A
1	COVID Toolkit - F2F & V	4:00pm-5:15pm	7	NO COST	-	LeeAnn	AE
2	Coffee Connections - V	10:30am-11:30am	6	NO COST	-	Tammy	F
2	Games - F2F	5:30pm-7:00pm	7	\$10/\$20	F	Paula	A
3	What's on Your Mind - V	11:00am-Noon	7	NO COST	-	LeeAnn	A
3	Christmas Bingo - V	1:00pm-2:00pm	7	\$10/\$20	F	LeeAnn	A
3	TnT - F2F	6:30pm-8:00pm	5	NO COST	-	Lisa M.	Y
3	Crafts Evening #1 - F2F	5:00pm-6:30pm	7	\$15/\$30	F	Paula	A
3	Crafts Evening #2 - F2F	7:00pm-8:30pm	7	\$15/\$30	F	Paula	A
6	Lunch & Bingo - F2F	11:00am-2:00pm	8	\$25/\$50/*	F	Paula	A
6	Dinner & Bingo - F2F	3:00pm-6:00pm	8	\$25/\$50/*	F	Paula	A
7	Would you Rather - V	4:00pm-5:00pm	7	NO COST	-	LeeAnn	AE
8	People First - F2F & V	6:00pm-7:15pm	5	NO COST	-	LeeAnn	ADV
9	Lunch & Games - F2F	11:00am-1:00pm	8	\$10/\$20	F	LeeAnn	A
9	Baking Class - F2F	4:00pm-5:30pm	8	\$10/\$20	F	LeeAnn	AE
10	Baking Class - F2F	10:00am-11:30am	8	\$10/\$20	F	LeeAnn	AE
10	Dinner & Movie - F2F	5:30pm-8:30pm	8	\$25/\$50/*	F	Paula	A
12	Lunch & Giving Craft - F2F	11:00am-2:00pm	8	\$25/\$50/*	F	Paula	A
12	Dinner & Giving Craft - F2F	3:00pm-6:00pm	8	\$25/\$50/*	F	Paula	A
14	Daytime Craft - F2F	10:00am-11:30am	8	\$10/\$20	F	LeeAnn	AE
14	Christmas Scatagories - V	1:00pm-2:00pm	7	NO COST	-	LeeAnn	A
15	Grief Class - F2F & V	4:00pm-5:15pm	9	\$10/\$20	F	LeeAnn	AE
16	Operation Yuletide	Starts @ 4:00pm	6	\$10/person	F	Tammy	F
16	Cookie Decorating #1 - F2F	5:00pm-6:30pm	9	\$20/\$40/*	F	Paula	A
16	Cookie Decorating #2 - F2F	7:00pm-8:30pm	9	\$20/\$40/*	F	Paula	A
17	COVID Toolkit - F2F & V	4:00pm-5:15pm	9	NO COST	-	LeeAnn	AE
17	TnT - F2F	6:30pm-8:00pm	5	NO COST	-	Lisa M.	Y
17	Dinner & Pinot's - F2F	5:30pm-8:30pm	9	\$30/\$60/*	C	Paula	A
28	Bartell's Brushes - V	10:30am-11:30am	5	\$10/person	F	Lisa M.	Y

**Merry Christmas & Happy Holidays to Everyone!!**

**To honor the holidays & allow the SOAR Team to spend some extra time with their families & loved ones, the SOAR Offices will be closed from Wednesday, December 23rd thru Friday, January 1st. We'll be back for a brand new year on Monday, January 4th at 9:00am!!**



# SOAR Fox Cities - where YOUTH fit in!

**Kidz Klub**—Kidz Klub is a collaborative after-school program between SOAR Fox Cities and area school districts which targets children in Elementary Schools. Kidz Klub is a peer-to-peer social group for youth with and without disabilities held at a school within the participating school district.

**Teen Stop**—Teen Stop has the same collaboration as described above for Kids Klub, but focuses on Middle School aged children. Neenah School district is currently using this after-school program for middle school. Great games and activities are planned by middle school peers. Held during the school year only.

**TnT**—Youth ages 13-23 from any Fox Cities school district can come and meet new people, try fun group games, trivia questions and laughs. This positive interaction between peers allows them to gain exposure to each other, which leads to understanding and results in acceptance for each person involved. All teen participants take part in large and small group activities such as singing, sharing and games, engage in cooperative learning experiences and have opportunities for leadership development. Held 6:30-8:00pm at First Congregational United Church of Christ, 724 E South River St., Appleton. There is no cost for this program.

**Special Olympics**—Did you know Special Olympics begins at age 8?? Please see the Special Olympics section in this newsletter for sports offered by SOAR Fox Cities, and become part of the 3rd largest Special Olympics agency in the state of Wisconsin!!



## Quick Reference

Youth Services Manager: Lisa McCallister, 920-731-9831 x110, [lisa@soarfoxcities.com](mailto:lisa@soarfoxcities.com)

### *If you are a TEEN or a young adult (thru age 23), join:*

- **TnT - In-Person - Thursday, December 3rd ~ 6:30pm**

We plan to meet at First Congregation! While this is the plan, please keep an eye out for changes to location as we must follow the regulations set forth by First Congregational Church.

- **TnT - In-Person - Thursday, December 17th ~ 6:30pm**

We plan to meet at First Congregation again! While this is the plan, please keep an eye out for changes to location as we must follow the regulations set forth by First Congregational Church.



## Youth Bartells Brushes - Virtual

10:30am-11:30am via ZOOM

Fee: \$10/person painting with a kit

Paint an outstanding snowman picture from the comfort of your home. We will put together kits of everything you need that can be picked up or dropped off. Mrs. Bartell will lead us, step-by-step, through the painting.

We all know it will have plenty of time to be displayed this year, gotta love winters in Wisconsin.

**Register by December 15th**

## People First Fox Cities - Virtual & In-Person

A group that encourages and trains individuals to speak up and advocate for themselves. There is no cost to attend & learn how to become a better self-advocate. Everyone is welcome!

- **Tues., December 8th 6:00pm-7:15pm** We'll be hosting our Annual People First Christmas Party! Join us for some Holiday fun!!

We'll meet in the Lower Level Activity Room + via Zoom

**Register by December 1st**

To learn more about People First & how to join be sure to reach out to LeeAnn Stein, Director of Adult Services, at 920-731-9831 x112 or [leeann@soarfoxcities.com](mailto:leeann@soarfoxcities.com)

**REMEMBER TO GET YOUR 2021 MEMBERSHIP INFORMATION & PAYMENT SUBMITTED!!  
YOU COULD WIN A \$50 KWIK TRIP GIFT CARD!**

## Brain Injury Support Group

This support group is open to survivors who have had a brain injury as well as family members & caregivers of those that have survived a traumatic brain injury.  
The group meets at various times.

- **Wed., December 9th** 5:30pm via ZOOM (Register by December 8th)
- **Mon., December 14th** 6:00pm @ UW-Oshkosh at Fox Cities - 1478 Midway Rd (Register by December 13th)

Face to face groups & attendance will continue to be limited for safety. Those wishing to attend MUST email Julie at [Julie@soarfoxcities.com](mailto:Julie@soarfoxcities.com) to reserve a spot.

### Want to learn more about Brain Injuries?

Check out our virtual learning sessions - TBI 101

Thursday, December 3rd ~ Tuesday, December 15th

All sessions are from Noon - 1:00pm via Zoom! Please contact Julie to register!



## Coffee Connections! Wed., December 2nd

10:30-11:30am via ZOOM

This is a support group for parents, guardians and caregivers looking to explore current trends and topics of interest.

We all know watching what we eat is a challenge during the holiday times. Well, our guest speaker will be able to give us even greater insight into the importance of watching what we eat. Sandy Durand, RA, MSCAM (Hons), GCert Holistic Nutrition, and parent of special needs children will be presenting: Therapeutic Foods for Special Needs Families: How what we eat affects our moods, behaviors, and overall wellness. This is a family-friendly, science-based holistic discussion of therapeutic foods and nutrients for happy days, restful nights, and healthy families. Sandy presented on this topic at November's SOAR Together.

Watch for an email link for the meeting. If you are not in the Coffee Connections contact group, contact Tammy at [tammy@soarfoxcities.com](mailto:tammy@soarfoxcities.com) for meeting information.

Please Register by November 30th to make sure you receive the Zoom link in a timely manner!



## Operation Yuletide

*SOAR Fox Cities is delivering holiday spirit!*

To make your holiday merry and bright, a team of elves, Santas, and reindeer will be bringing a gift of holiday joy to your doorstep. Our team of merrymakers will be delivering holiday gift bags to your door on Wednesday, December 16th, starting at 4:00pm! Included in each bag: two craft kits, two snack kits, and seasonal treats and surprises that will make you shout, "Ho! Ho! Ho!" What a great gift idea!

Gift bags will be available to all living in the greater Fox Valley area: Appleton, Neenah, Menasha, Kaukauna, Little Chute, Darboy, Kimberly, and Fox Crossing!

Check out the insert for more information & to sign up!

Note: If we are unable to dash through the snow due to a storm, Operation Yuletide deliveries will occur on Thursday, Dec. 17, starting at 4:00pm.

**Just a Reminder!!** You will see several activities offering multiple sessions a day during December! This is so we can accommodate more participants! Please ONLY SIGN UP FOR ONE SESSION PER DAY! If you sign up for more than one session a day you will be automatically waitlisted for at least one of the sessions.

## Christmas Fun & Games - Virtual

Various Days & Times, but ALL via ZOOM

Fee: FREE!

Join LeeAnn on Zoom to have some Christmas Fun & Play Virtual Games! Over three weeks you'll play a variety of games, all with a Christmas Theme! Tis' The Season!!

- **Tues., December 1st ~ Jeopardy ~ 10:00am-11:00am ~ [Register by November 24th](#)**
- **Mon., December 7th ~ Would you Rather ~ 4:00pm-5:00pm ~ [Register by December 2nd](#)**
- **Mon., December 14th ~ Scattegories ~ 1:00pm-2:00pm ~ [Register by December 7th](#)**

## COVID-19 Resources & Took Kit - Virtual & In-Person

4:00pm-5:15pm via ZOOM & In-Person

Fee: FREE!

The Living Well project has information and resources to keep you healthy, safe and connected during this time. We will go through the toolkit so you are prepared and know what resources are available to you. If you would like to go through this resource kit individually, please contact the office.

- **Tues., December 1st [Register by November 24th](#)**

## Games - In Person

5:30-7:00pm at SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$10 or \$20 non-members

We're going to spend the evening playing a variety of games!

- **Wed., December 2nd [Register by November 27th](#)**

## What's on Your Mind Support - Virtual

11:00am-12:00pm/Noon via ZOOM

Fee: FREE!

Join LeeAnn to just talk - How are you? How are things? We can talk about the holidays, your plans, whatever you want to talk about, we can talk about!

- **Thurs., December 3rd [Register by December 1st](#)**

## Christmas Bingo - Virtual

1:00pm-2:00pm via ZOOM

Fee: \$10 or \$20 non-members

Join LeeAnn to play Christmas themed Bingo! We'll have prizes to win!

- **Thurs., December 3rd [Register by November 25th](#)**

## Evening Craft - In Person with TWO Sessions offered!!

Hosted at the SOAR Fox Cities Building in the Lower Level Activity Room

Fee: \$15 or \$30 non-members

- **Session #1: [Thurs., December 3rd](#) 5:00pm-6:30pm [Register by November 30th](#)**
- **Session #2: [Thurs., December 3rd](#) 7:00pm-8:30pm [Register by November 30th](#)**

**We'll be making Christmas Ornaments!**

**Please only choose ONE session to attend.**

## Lunch/Dinner & Christmas Bingo - In Person with TWO Sessions offered!

Hosted at the SOAR Fox Cities Building in the Lower Level Activity Room

Fee: \$25 or \$50 for non-members Caregiver fee: \$25

- **Session #1 (lunch):** Sun., December 6th 11:00am-2:00pm Register by December 2nd  
We'll have lasagna, salad & dessert for lunch. Then we'll play Christmas bingo!
- **Session #2 (dinner):** Sun., December 6th 3:00pm-6:00pm Register by December 2nd  
We'll have lasagna, salad & dessert for dinner. Then we'll play Christmas bingo!

**Please only choose ONE session to attend!**

## Christmas Lunch & Games - In Person

11:00am-1:00pm at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$10 or \$20 for non-members

- **Wed., December 9th** Get into the Holiday spirit with a festive lunch followed by some fun & games to celebrate the season. Space is limited to 8 people. Register by December 2nd

## Baking Class Session 1 - In Person

4:00pm-5:30pm at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$10 or \$20 for non-members

- **Wed., December 9th** We'll be making Christmas Cookies! We're offering two sessions so, please be sure to choose the one that works best with your schedule and only choose one.

Register by December 3rd



## Baking Class Session 2 - In Person

10:00am-11:30am at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$10 or \$20 for non-members

- **Thurs., December 10th** We'll be making Christmas Cookies! We're offering two sessions so, please be sure to choose the one that works best with your schedule and only choose one.

Register by December 3rd



## Dinner & Movie - In Person

5:30pm-8:30pm at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$25 or \$50 for non-members Caregivers \$25

- **Thurs., December 10th** We'll have pizza, salad & dessert then watch a Christmas themed movie! Register by December 8th

## Lunch/Dinner & Christmas Giving Craft - In Person with TWO Sessions offered!

Hosted at the SOAR Building in the Lower Level Activity Room

Fee: \$25 or \$50 for non-members Caregivers \$25 (if decorating making their own craft)

- **Session #1:** Sat., December 12th 11:00am-2:00pm Register by December 8th
- **Session #2:** Sat., December 12th 3:00pm-6:00pm Register by December 8th

**Chicken soup, sandwich & dessert will be served for both meals. We'll also make a Christmas themed craft to gift for the holiday. Includes wrapping & a card!**

**Please only choose ONE session to attend!**

## Daytime Craft - In Person

10:00am-11:30am at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$10 or \$20 for non-members

- **Mon., December 14th** We'll work with felt to make ornaments or a banner

Register by December 7th



### Grief Class - In Person & Virtual

4:00-5:15pm at SOAR Fox Cities Building, Lower Level Activity Room + ZOOM

Fee: \$10 or \$20 for non-members

- **Tues., December 15th** Participants will engage in a discussion about the different stages of grief they may encounter with the death of a loved one or friend. Healthy coping strategies will be explained and practiced. **Register by December 8th**

### Cookie Decorating - In Person with TWO Sessions offered!

Hosted at the SOAR Building in the Lower Level Activity Room

Fee: \$20 or \$40 for non-members Caregivers \$20 (if decorating their own cookies)

- **Session #1:** Wed., December 16th 5:00pm-6:30pm **Register by December 9th**
- **Session #2:** Wed., December 16th 7:00pm-8:30pm **Register by December 9th**

**Each person will frost and decorate 2 dozen cookies to take home!**

**Please only choose ONE session to attend!**

### COVID-19 Resources & Took Kit - Virtual

4:00pm-5:15pm via ZOOM

Fee: FREE!

The Living Well project has information and resources to keep you healthy, safe and connected during this time. We will go through the toolkit so you are prepared and know what resources are available to you. If you would like to go through this resource kit individually, please contact the office.

- **Thurs., December 17th** **Register by December 10th**

### Dinner & Pinot's Palette @ SOAR - In Person

5:30pm-8:30pm at the SOAR Building, Lower Level Activity Room - Drop off & Pickup @ SOAR

Fee: \$30 or \$60 for non-member Caregiver: \$30

- **Thurs., December 17th** Pinot's Palette is coming to SOAR! We'll have burgers, fries, a veggie & dessert for dinner. Then we'll paint a masterpiece on canvas!

**Register by December 8th**

**SPECIAL OLYMPICS BASKETBALL IS ON! THE REGISTRATION FORM & MORE INFORMATION IS ATTACHED!!**

**You can always call Lisa V. at 920-731-9831 x109 if you have more questions!**



Participant Name \_\_\_\_\_

Date of Activity	Activity Name	Cost
	Please remember to ONLY REGISTER FOR ONE SESSION A DAY IF AN ACTIVITY OFFERS MULTIPLE SESSIONS ON ONE DAY. THANK YOU!	

Submit total amount due to:

SOAR Fox Cities

211 E Franklin St., Suite A

Appleton, WI 54911

**Registration and Payment required prior to activities.**

Pay by cash, check (# \_\_\_\_\_), or on-line.

**Total:** \_\_\_\_\_

# December 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 <b>Christmas Jeopardy</b> Page 7  <b>Covid 19 Toolkit</b> Page 7	2 <b>Coffee Connections</b> Page 6  <b>Games</b> Page 7	3 <b>What's on your mind?</b> Page 7 <b>Virtual Bingo</b> Page 7 <b>Crafts - Evening Session 1 &amp; 2</b> Page 7 <b>TnT</b> Page 5	4	5
6 <b>Lunch &amp; Christmas Bingo</b> Page 8 <b>Dinner &amp; Christmas Bingo</b> Page 8	7 <b>Would You Rather...</b> Page 7  <b>Special Olympic Bowling-Sabre Lanes</b> 4:30-5:30pm	8 <b>People First</b> Page 5	9 <b>Lunch and Games</b> Page 8  <b>Baking Class</b> Page 8	10 <b>Baking Class</b> Page 8 <b>Dinner &amp; Movie</b> Page 8	11	12 <b>Lunch &amp; Christmas Giving Craft</b> Page 8 <b>Dinner &amp; Christmas Giving Craft</b> Page 8
13	14 <b>Daytime Craft</b> Page 8 <b>Scattergories</b> Page 7 <b>Special Olympic Bowling-Sabre Lanes</b> 4:30-5:30pm	15 <b>Grief Class</b> Page 9	16 <b>Operation Yuletide</b> Page 6 & Insert  <b>Cookie Decorating Sessions 1 &amp; 2</b> Page 9	17 <b>Covid 19 Toolkit</b> Page 9  <b>Dinner &amp; Pinot's Palette</b> Page 9  <b>TnT</b> Page 5	18	19
20	21 <b>Bowling-Sabre Lanes</b> 4:30-5:30pm	22	23 <b>Happy Holidays!!</b> Please remember starting TODAY the SOAR offices are closed through January 1st!	24 <b>Merry Christmas!</b>	25 <b>Merry Christmas!</b>	26
27	28 <b>Youth Bartells Brushes</b> Page 5  <b>SOAR Offices Closed</b>	29 <b>SOAR Offices Closed</b>	30 <b>SOAR Offices Closed</b>	31 <b>Happy New Year's Eve!</b>	<b>Happy New Year!</b>	

## NOTES

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SOAR FOX CITIES BRINGS YOU

# OPERATION YULETIDE

SOAR Fox Cities is delivering holiday spirit!  
A team of elves, Santas, and reindeer will be bringing  
a gift of holiday joy to your doorstep.

**Wednesday, December 16**  
**Deliveries start at 4:00pm**  
**\$10 per Holiday Gift Bag**

To make your holiday merry and bright, Operation Yuletide will start at 4:00pm.  
Our team of merrymakers will be delivering holiday gift bags to your door!  
(In case of a snowstorm, our team of merrymakers will deliver the gift bags on Thursday, Dec. 17.)

Included in each bag: two craft kits, two snack kits, and seasonal treats and surprises that will make you shout, “Ho! Ho! Ho!” What a great gift idea!

Gift bags will be available to all living in the greater Fox Valley area: Appleton, Neenah, Menasha, Kaukauna, Little Chute, Darboy, Kimberly, and Fox Crossing!

## Operation Yuletide Registration

*Registrations can be done on the SOAR website or mail in this form with your payment. NO IN-PERSON registrations! PLEASE INCLUDE FULL NAME FOR EACH REGISTRANT. Include your payment!*

**REGISTRATION DEADLINE IS THURSDAY, DECEMBER 3 – PLEASE SUBMIT ON TIME**

\$10 per holiday bag. (This applies to participants, family members, caregivers or others) Please print names below:

\_\_\_\_\_  
\_\_\_\_\_

Address where bag(s) should be delivered:

Street Address: \_\_\_\_\_ Apt. #: \_\_\_\_\_

City: \_\_\_\_\_ Email: \_\_\_\_\_

Any special instructions for the delivery team (i.e. come to the front door, prefer touchless delivery, etc.):

\_\_\_\_\_

Number of holiday bags? \_\_\_\_\_

Total Amount Enclosed (Total # of bags x \$10. For example: 3 bags x \$10 = \$30) \$ \_\_\_\_\_

Submit registration and payment to: SOAR Fox Cities, 211 E. Franklin St., Suite A Appleton, WI 54911

Online registrations can be made at <https://www.soarfoxcities.com/register-for-activities>.

For questions, please call (920) 731-9831. Ask for Tammy.



# SOAR Fox Cities Special Olympics

## 2021 Basketball

Athlete Name: \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

The season will run from February to March 2021. I will send info via e-mail!

Team Name	COACH	Team	Practice Location	Practice Time	Start Date
<b>LEVEL I</b>		Beginner	St. Paul Lutheran— Appleton across from SOAR	5:00- 6:00pm	TBD
<b>LEVEL II</b>		Intermediate	St. Paul Lutheran— Appleton across from SOAR	6:00- 7:00pm	TBD
<b>LEVEL III</b>		Advanced	St. Paul Lutheran— Appleton across from SOAR	7:00- 8:00pm	TBD

Check the level that best fits your skills:

\_\_\_\_\_ **I want to play LEVEL I: \$60 SOAR Members / \$80 Non-member**

\_\_\_\_\_ **I want to play LEVEL II: \$60 SOAR Members / \$80 Non-member**

\_\_\_\_\_ **I want to play LEVEL III: \$60 SOAR Members / \$80 Non-member**



**REGISTRATION and PAYMENT DEADLINE is NOVEMBER 25, 2020**

For Office Use Only: Amount: \_\_\_\_\_ Check \_\_\_\_\_ Cash \_\_\_\_\_ Paid On-Line \_\_\_\_\_ Date \_\_\_\_\_





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## **Participant Engagement Survey**

Hi! We're hoping you might help us out. We've noticed that a lot of you haven't been at programs, either in-person or virtual, in a long time. We miss you and are hoping you'll take this short survey to help us understand why we haven't seen your smiling face for so long. Thank you!

1. I haven't attended many or any virtual programs because (Check the one that most applies to you):  
☐ I don't have a device (i.e. a computer, smart phone, tablet, or iPad)  
☐ I don't have access to the internet  
☐ I need support to use my device and don't have it (i.e. need physical help logging on)  
☐ I have a device, but don't know how to use it (I don't require physical help)  
☐ I have a device, but don't know how to use it (I don't require physical help)  
☐ Other: \_\_\_\_\_
  
2. I haven't attended many or any in-person programs because (Check the one that most applies to you):  
☐ All the activities I'm interested in have been full when I register  
☐ I am concerned about COVID-19 so will not attend in-person programs until I feel safe  
☐ I have been told I cannot attend in-person programs because of COVID-19  
☐ I'm not interested in the programs being offered right now  
☐ I need assistance to attend in-person programs, but don't currently have that assistance  
☐ Other: \_\_\_\_\_
  
3. I currently live in/at/with (Check the one that most applies to you):  
☐ A group home  
☐ A supported living apartment  
☐ My parents  
☐ Another caregiver  
☐ An adult foster home  
☐ My own apartment or home, but have support staff  
☐ My own apartment or home, without support staff  
☐ Other: \_\_\_\_\_
  
4. If we were able to borrow you a device to access virtual programs, would you be interested (Check one)?  
☐ Yes  
☐ No  
☐ Maybe

Please consider adding your name, email, and phone number so we may follow-up on your answers and continue to share how we're working to serve you during the COVID-19 Pandemic.

Name: \_\_\_\_\_  
Email Address: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

RATHER SAVE THE POSTAGE? Take the survey online here:

[https://forms.office.com/Pages/ResponsePage.aspx?id=n4nhs5F-bUmvzVndE\\_H5gl9J1GF20D1BnBeZk-Axl3BUOFU5NVpSWjNTSszVaSFZSU1BTT1FYUTJDRI4u](https://forms.office.com/Pages/ResponsePage.aspx?id=n4nhs5F-bUmvzVndE_H5gl9J1GF20D1BnBeZk-Axl3BUOFU5NVpSWjNTSszVaSFZSU1BTT1FYUTJDRI4u)