



Activity & Program Guide

January 2021

Face to Face & Virtual

SOAR Fox Cities, Inc. ~ 211 E. Franklin Street ~ Appleton, WI 54911



Hello SOAR Family & Welcome to 2021!! We made it! We made it to 2021 - thank goodness!!! 2020 was a tough year for a lot of reasons, but instead of focusing on how last year was tough, we want to look at how 2021 is going to be AH-Mazing!

So, what are you looking forward to in 2021?!?! Here's what a few of the SOAR Team have to say!

"I'm looking forward to going camping with my family! My daughters have never been camping so it'll definitely be an experience!"

~ Julie

"I'm looking forward to learning how to be retired AND seeing SOAR Friends when I volunteer at SOAR events."

~ Tammy

"I'm looking forward to another round of seasons changing. I enjoy the changes for our trips to Door County to see the new blooms on the cherry trees in the spring, camping & hiking in the summer & then cherry picking & wine tasting in the fall with the leaves changing colors!" ~ Zach

CHEERS TO 2021 & WHATEVER IT IS THAT YOU'RE LOOKING FORWARD TO!!!!

[Temporary] Office Hours: Monday through Thursday, 9:00am-3:00pm (Closed on Fridays)*

*Phone: 920.731.9831

Fax: 920.725.1531

E-mail: info@soarfoxcities.com

Website: www.soarfoxcities.com



Policies

To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form
- Acknowledgement Form from the Participant/Guardian Handbook

Note: ***The Participant Information Form needs to be updated annually.*** Throughout the course of the year changes may occur with conditions, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking When parking at our building during business hours, please use the parking stalls designated for 211 E. Franklin Visitors. If you park in other companies' stalls you risk being towed.

Inclement Weather Policy Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, SOAR FC staff will attempt to notify all participants who are signed up for the program or service of the closure. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check our website and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity. After office hours, please call 920-931-2530 for Adult Programs information.

Payment Policy We will NOT be able to collect payments at activities. Do not give staff your payment—we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the mail slot. We encourage your use of envelopes. The use of SOARcash is encouraged for those needing minor financial assistance, when it is available (based on allowed funding). Call for a SOARcash application. For any questions regarding bills/invoices, please ask for extension 100. If you are registering for an activity and tickets need to be picked up, feel free to send a self-addressed stamped envelope along with your payment, or pay an extra \$1.00 to have the tickets mailed to you, or stop by our office. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation Policy If you are unable to attend an event, you must cancel at least 5 days in advance. If you do not cancel in advance you will be liable for the program fees.

Notice SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

Volunteering

Did you know that the volunteer opportunities with SOAR are almost endless!? Aside from volunteering at programs, we LOVE it when members help out at special events. Occasionally we also have special office projects, like folding and stuffing mailings, that we need help with! If you want to learn about these and more opportunities, please call Renee Roble, AmeriCorps Volunteer Coordinator, at 920-731-9831, x127.

Some current needs are: "Office Angels", special event committee members, assisting with Special Olympics' Track & Field.



Volunteer with SOAR today!





SOAR Fox Cities Board of Directors

Bryan Mueller, *President*
Laura McCormick, *Vice President*
Gary Weber, *Treasurer*
Heather Sorebo, *Secretary*

Polly VandenBoogaard Paul Meyer Mark Robinson Reg Wydeven



Hello Friends of SOAR!

Can you believe it's 2021!? My gosh was 2020 a year (because none of us have heard that before LOL). I'm thankful that 2021 is here and we can leave 2020 behind.

I've used my last several newsletter blurbs to remind you of the precautions we're taking to make sure you all stay safe & healthy. Instead of repeating that, although it's important and I'll remind you to check out our website, I want to use this month's letter to share with you what I'm looking forward to in 2021.

So...here goes!

I think it's safe to say the number 1 thing I'm looking forward to in 2021 is hopefully getting back to business as usual. The building at 211 Franklin just hasn't been the same without all your smiling faces. I'm hopeful and very excited that we'll be able to get back to full programming in 2021, which means I'll get to see so many more of you!

The second thing I'm definitely excited about is having all the staff back together in the office. We've all been working remotely and on different schedules, which for a team as close as ours, has been a bit tough. I'm looking forward to team lunches, laughing together during staff meetings, and instead of sending an email to say good morning, walking down the hall to say hello!

Last, but certainly not least, I'm excited for our programs to come back! Camp Onaway is scheduled and we couldn't be more excited - who missed Camp...we sure did! I'm also excited for some of the new programs we're going to try out. Watch the newsletter for these new opportunities!!! Some of them might just be your old favorites reimaged!

In closing, I want to make 2021 the year I hear from YOU! We'll be developing a new strategic plan for SOAR and as part of that, I want to hear from YOU! If you paid your 2020 or 2021 membership you'll have already received the opportunity to register for some member listening sessions. This opportunity will be available to members first, but make sure you watch the newsletter & Facebook as we'll be opening up opportunities for you to share later in the year.

I can't wait to see what 2021 has to offer!!! I hope you can't either!

~ Erin Schultz, Executive Director

SOAR Fox Cities Staff can be reached at 920.731.9831

Erin Schultz, Executive Director, x116

Ashley Gustafson, Director of Community Engagement, x114

Jolene Verstegen, Financial Administrator, x115

Julie Biesterveld, TBI Support Program Coord., x113

LeeAnn Stein, Director of Adult Programs, x112

Lindsay Wollerman, Fundraising & Grant Manager, x111

Lisa McCallister, Youth Services Manager, x110

Lisa Volkman, Special Olympics Coordinator, x109

Paula Maurer, Adult Program Coordinator, x124 or
920.931.2530 (after 5pm)

VACANT, TBI Support Program Navigator, x118

Tammy Wittmann, Family Programs & Community Resource
Coordinator, x122

Zach Wroblewski, Accounting Clerk, x100

Registering for all activities is required!

1. Select the activities that fit your schedule.
2. **Be sure to register 7 days (one week) before an activity that you want to attend, unless a specific registration date is noted in the description of the activity.**
3. Complete the enclosed registration form and return it to our SOAR office with payment. You can pay online at www.soarfoxcities.com, send a check, or stop at our office. Payment must be made prior to an activity.
4. Note that dances require tickets for admission. Staff/caregivers attending need to get a complimentary ticket at the SOAR office.

Calendar-at-a-glance

Program Type KEY

Youth Programs Y
 Adult Programs A
 Advocacy Programs ADV
 Family Programs F
 Community Ed CE
 Adult Ed Programs AE
 Face to Face Programs F2F
 Virtual V



January 2021

Sun	Mo	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

January	Program Choice	Time	Page	Cost member/ non-member	IRIS Code	Staffed by:	Type KEY
4	Games - F2F	5:30pm-7:00pm	6	\$10/\$20	F	Paula	A
5	What's on Your Mind? - V	1:00pm-2:00pm	6	FREE	-	LeeAnn	AE
6	Coffee Connections - V	10:30am-11:30am	6	FREE	-	Erin	F
6	Craft Evening - #1 - F2F	5:00pm-6:30pm	7	\$15/\$30	F	Paula	A
6	Craft Evening - #2 - F2F	7:00pm-8:30pm	7	\$15/\$30	F	Paula	A
7	Virtual Games - V	1:00pm-2:00pm	7	FREE	-	LeeAnn	AE
12	People First - V & F2F	6:00pm-7:15pm	5	FREE	-	LeeAnn	ADV
13, 20, 27	Personal Hygiene - V & F2F	4:00pm-5:00pm	7	\$15/\$25	F	LeeAnn	AE
14	Baking Class - F2F	10:00am-12:00pm	7	\$15/\$30	F	LeeAnn	AE
14	Dinner & Craft - F2F	5:30pm-8:30pm	7	\$25/\$50	F	Paula	A
14	TnT - F2F	6:30pm-8:00pm	5	FREE	-	Lisa M.	Y
17	Lunch & Bingo - F2F	11:00am-2:00pm	7	\$25/\$50	F	Paula	A
17	Dinner & Bingo - F2F	3:00pm-6:00pm	7	\$25/\$50	F	Paula	A
18	TnT Trivia - V	1:30pm-2:30pm	5	FREE	-	Lisa M.	Y
19	Virtual Games - V	10:00am-11:00am	7	\$10/\$20	F	LeeAnn	AE
19	Craft Evening - #1 - F2F	5:00pm-6:30pm	8	\$15/\$30	F	Paula	A
19	Craft Evening - #2 - F2F	7:00pm-8:30pm	8	\$15/\$30	F	Paula	A
21	Virtual Lunch Date - V	12:00pm-1:00pm	8	FREE	-	LeeAnn	AE
21	Dinner & Movie - F2F	5:30pm-8:30pm	8	\$15/\$30*	F	Paula	A
25	Dinner & The Fire - F2F	5:30pm-8:30pm	8	\$30/\$60*	C	Paula	A
26	No Bake Class - F2F	1:00pm-2:15pm	8	\$15/\$30	F	Leeann	AE
27	Cookie Decorating #1 - F2F	5:00pm-6:30pm	8	\$20/\$40*	F	Paula	A
27	Cookie Decorating #2 - F2F	7:00pm-8:30pm	8	\$20/\$40*	F	Paula	A
28	Art Class - F2F	1:00pm-2:30pm	8	\$10/\$20	F	LeeAnn	AE
28	TnT - F2F	6:30pm-8:00pm	5	FREE	-	Lisa M.	Y

SOAR Fox Cities - where YOUTH fit in!

Kidz Klub—Kidz Klub is a collaborative after-school program between SOAR Fox Cities and area school districts which targets children in Elementary Schools. Kidz Klub is a peer-to-peer social group for youth with and without disabilities held at a school within the participating school district.

Teen Stop—Teen Stop has the same collaboration as described above for Kids Klub, but focuses on Middle School aged children. Neenah School district is currently using this after-school program for middle school. Great games and activities are planned by middle school peers. Held during the school year only.

TnT—Youth ages 13-23 from any Fox Cities school district can come and meet new people, try fun group games, trivia questions and laughs. This positive interaction between peers allows them to gain exposure to each other, which leads to understanding and results in acceptance for each person involved. All teen participants take part in large and small group activities such as singing, sharing and games, engage in cooperative learning experiences and have opportunities for leadership development. Held 6:30-8:00pm at First Congregational United Church of Christ, 724 E South River St., Appleton. There is no cost for this program.

Special Olympics—Did you know Special Olympics begins at age 8?? Please see the Special Olympics section in this newsletter for sports offered by SOAR Fox Cities, and become part of the 3rd largest Special Olympics agency in the state of Wisconsin!!

People First—SOAR encourages and trains individuals, including youth, to speak up and advocate for themselves. There is a meeting once a month. **See details below!**



Quick Reference

Youth Services Manager: Lisa McCallister, 920-731-9831 x110, lisa@soarfoxcities.com

If you are a TEEN or a young adult (thru age 23), join:

- **TnT - In-Person - Thursday, January 14th ~ 6:30pm**

We're going to meet at a new place - The Fox Crossing Community Center! There are ONLY 13 spots available, though, so sign up right away. Please watch your emails for additional details after you sign up.

Register by January 11th

- **TnT - Virtual Trivia - Mon., January 18th ~ 1:30pm**

Many of us are off school today. Lets play some trivia and learn a little about how we honor Martin Luther King along with some other fun trivia facts. Reach out to Lisa M. to sign up!



- **TnT - In-Person - Thursday, January 28th ~ 6:30pm**

We're going to meet at a new place - The Fox Crossing Community Center! There are ONLY 13 spots available, though, so sign up right away. Please watch your emails for additional details after you sign up.

Register by January 25th

People First Fox Cities - Virtual & In-Person

A group that encourages and trains individuals to speak up and advocate for themselves. There is no cost to attend & learn how to become a better self-advocate. Everyone is welcome!

- **Tues., January 12th 6:00pm-7:15pm** This is our 2021 planning meeting

We'll meet in the Lower Level Activity Room + via Zoom

Register by January 7th

To learn more about People First & how to join be sure to reach out to LeeAnn Stein, Director of Adult Services, at 920-731-9831 x112 or leeann@soarfoxcities.com



Quick Reference

TBI Support Program Coordinator: Julie Biesterveld, 920-731-9831 x113, julie@soarfoxcities.com

Brain Injury Support Group

This support group is open to survivors who have had a brain injury as well as family members & caregivers of those that have survived a traumatic brain injury.
The group meets at various times.

- **Wed., January 13th** 5:30pm via ZOOM ([Register by January 12th](#))
- **Mon., January 25th** 6:00pm @ UW-Oshkosh at Fox Cities - 1478 Midway Rd ([Register by January 24th](#))

Face to face groups & attendance will continue to be limited for safety. Those wishing to attend MUST email Julie at Julie@soarfoxcities.com to reserve a spot.

Coffee Connections! Wed., January 6th

10:30-11:30am via ZOOM



This is a support group for parents, guardians and caregivers looking to explore current trends and topics of interest.

Happy New Year Coffee Connections group! Today you will meet with SOAR's Executive Director, Erin Schultz. As we begin developing a new strategic plan for SOAR in 2021, she wants to hear from you! What better way to start the new year? Join in to add your thoughts!

Watch for an email link for the meeting. If you are not in the Coffee Connections contact group, contact Erin at erin@soarfoxcities.com for meeting information.

Please [Register by January 4th](#) to make sure you receive the Zoom link in a timely manner!



Quick Reference

SRR Program Coordinator: Paula Maurer, 920-731-9831 x124, paula@soarfoxcities.com

Games - In Person

5:30pm-7:00pm at SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$10 or \$20 non-members

We're going to spend the evening playing a variety of games!

- **Mon., January 4th** [Register by December 30](#)

What's on Your Mind Support - Virtual

1:00pm-2:00pm via ZOOM

Fee: FREE!

Join LeeAnn to just talk - How are you? How are things? How were your holidays?

- **Tues., January 5th** [Register by January 4th](#)

Did You Know!?



SOAR is still selling Kwik Trip Cards! For every card purchased directly from SOAR a percentage of the purchase is donated back to SOAR! How cool?!
Interested in learning more? Call us at 920-731-9831 to purchase yours today!



Quick Reference

Director of Adult Programs: LeeAnn Stein, 920-731-9831 x114, leeann@soarfoxcities.com

Evening Crafts - In Person with TWO Sessions offered!

Hosted at the SOAR Fox Cities Building in the Lower Level Activity Room

Fee: \$15 or \$30 for non-members

- **Session #1:** Wed., January 6th 5:00pm-6:30pm Register by January 4th
- **Session #2:** Wed., January 6th 7:00pm-8:30pm Register by January 4th

We will be making a winter themed craft!

Please only choose ONE session to attend!

Virtual Games - Scattergories!

1:00pm-2:00pm via ZOOM

Fee: FREE!

- **Thurs., January 7th** - Join LeeAnn for a lively game of Scattergories! Register by January 6th

Personal Hygiene - In Person & Virtual

4:00pm-5:00pm at the SOAR Fox Cities Building, Lower Level Activity Room + ZOOM

Fee: \$15 or \$25 for non-members

- **Wednesdays, January 13th, 20th, & 27th** We'll be working on all the hygiene basics in this class - oral hygiene, bathing, skin care & clothing. Register by January 6th

Baking Class - In Person & Virtual

10:00pm-12:00pm/noon at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$15 or \$30 for non-members

- **Thurs., January 14th** - You will be making Lemon Chia Seed Muffins from the 2021 Eat Smart Calendar Register by January 7th

Dinner & Craft - In Person

5:30pm-8:30pm at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$25 or \$50 for non-members Caregivers \$25

- **Thurs., January 14th** We'll have burgers, fries, a veggie & dessert. Then we'll do crafts! Register by January 11th

Lunch/Dinner & Bingo - In Person with TWO Sessions offered!

Hosted at the SOAR Fox Cities Building in the Lower Level Activity Room

Fee: \$25 or \$50 for non-members Caregiver fee: \$25

- **Session #1 (lunch):** Sun., January 17th 11:00am-2:00pm Register by January 11th
We'll have tacos, fruit & a dessert for lunch. Then we'll play bingo!
- **Session #2 (dinner):** Sun., January 17th 3:00pm-6:00pm Register by January 11th
We'll have tacos, fruit & a dessert for dinner. Then we'll play bingo!

Please only choose ONE session to attend!

Virtual Games

10:00am-11:00am via zoom

Fee: \$10 or \$20 for non-members

- **Tues., January 19th** We will mail you bingo cards and all you'll need is a marker or pen to play! You can win prizes! Register by January 12th

Evening Craft - In Person with TWO Sessions offered!!

Hosted at the SOAR Fox Cities Building in the Lower Level Activity Room

Fee: \$15 or \$30 non-members

- **Session #1: Tues., January 19th** 5:00pm-6:30pm Register by January 11th
- **Session #2: Tues., January 19th** 7:00pm-8:30pm Register by January 11th

We'll be making a Valentine's Day Craft!

Please only choose ONE session to attend.

Virtual Lunch Date

12:00pm/noon-1:00pm via zoom

Fee: FREE!

- **Thurs., January 21st** Fix your favorite lunch and join LeeAnn via Zoom for a virtual lunch date. Register by January 18th

Dinner & Movie - In Person

5:30pm-8:30pm at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$15 or \$30 for non-members Caregiver Fee: \$15

- **Thurs., January 21st** We will have lasagna, salad & a dessert. Then we'll watch a movie! The movie of choice is TBD Register by January 18th

Dinner & The Fire - In Person

5:30pm-8:30pm at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$30 or \$60 for non-members Caregiver Fee: \$15

- **Mon., January 25th** We will have pizza, salad & a dessert. Then we'll do a craft from The Fire! Register by January 11th

No Bake Class - In Person

1:00pm-2:15pm at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$15 or \$30 for non-members

- **Tues., January 26th** You'll be making banana cream pie! Register by January 19th

Cookie Decorating - In Person with TWO Sessions offered!

Hosted at the SOAR Building in the Lower Level Activity Room

Fee: \$20 or \$40 for non-members Caregivers \$20 (if decorating their own cookies)

- **Session #1: Wed., January 27th** 5:00pm-6:30pm Register by January 12th
- **Session #2: Wed., January 27th** 7:00pm-8:30pm Register by January 12th

Each person will frost and decorate 2 dozen cookies to take home!

Please only choose ONE session to attend!

Art Class - In Person

1:00pm-2:30pm at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$10 or \$20 for non-members

- **Thurs., January 28th** We'll be painting our own masterpieces on canvas! Register by January 21st



SOAR Fox Cities is the 3rd largest Special Olympics Agency in the State of Wisconsin—WooHoo!

Special Olympics is dedicated to empowering individuals with intellectual disabilities to become physically fit, productive and respected members of society through sports training and competition. The sports we offer give our athletes a safe and fun environment to grow their self-confidence, keep a steady social life and practice healthy living by being active.

What's Happening with Special Olympics Now?!

Check out these current happenings & updates!

Bowling was ON!

We know bowling was canceled for a few weeks - it made us sad too - but we were able get practices going again & IT.WAS.AWESOME!!! Thanks to all our bowlers for coming out and making it great!



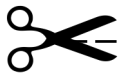
Basketball Signup Extended!

Although we aren't able to host our normal basketball season because of the COVID-19 Pandemic we will be hosting basketball skills. The signup for basketball has been extended! Check out the website for further details or call Lisa for a registration form!

Powerlifting is Canceled for 2021

We're sorry to announce that we've decided to cancel the 2021 Powerlifting season. Please know, this was not at all an easy decision, but given the challenges presented by COVID-19 we felt this was the best. If you're looking for something to do, please check out basketball & watch for other Special Olympics updates!!

As always, call Lisa Volkman at 920-731-9831 x109 with any questions!



Participant Name _____

Date of Activity	Activity Name	Cost
	Please remember to ONLY REGISTER FOR ONE SESSION A DAY IF AN ACTIVITY OFFERS MULTIPLE SESSIONS ON ONE DAY. THANK YOU!	

Submit total amount due to:

SOAR Fox Cities

211 E Franklin St., Suite A
Appleton, WI 54911

Registration and Payment required prior to activities.

Pay by cash, check (# _____), or on-line.

Total: _____

SPECIAL OLYMPICS (SO)