



Activity & Program Guide

February 2021

Face to Face & Virtual

SOAR Fox Cities, Inc. ~ 211 E. Franklin Street ~ Appleton, WI 54911



It's the month of LOVE!

Guess who we love?!

YOU!!!

Our Participants!

Happy Valentine's Day!



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Inserts: February 2021 Calendar

[Temporary] Office Hours: Monday through Thursday, 9:00am-3:00pm (Closed on Fridays)*

*Phone: 920.731.9831

Fax: 920.725.1531

E-mail: info@soarfoxcities.com

Website: www.soarfoxcities.com



Policies

To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form
- Acknowledgement Form from the Participant/Guardian Handbook

Note: ***The Participant Information Form needs to be updated annually.*** Throughout the course of the year changes may occur with conditions, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking When parking at our building during business hours, please use the parking stalls designated for 211 E. Franklin Visitors. If you park in other companies' stalls you risk being towed.

Inclement Weather Policy Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, SOAR FC staff will attempt to notify all participants who are signed up for the program or service of the closure. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check our website and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity. After office hours, please call 920-931-2530 for Adult Programs information.

Payment Policy We will NOT be able to collect payments at activities. Do not give staff your payment—we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the mail slot. We encourage your use of envelopes. The use of SOARcash is encouraged for those needing minor financial assistance, when it is available (based on allowed funding). Call for a SOARcash application. For any questions regarding bills/invoices, please ask for extension 100. If you are registering for an activity and tickets need to be picked up, feel free to send a self-addressed stamped envelope along with your payment, or pay an extra \$1.00 to have the tickets mailed to you, or stop by our office. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation Policy If you are unable to attend an event, you must cancel at least 5 days in advance. If you do not cancel in advance you will be liable for the program fees.

Notice SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

Volunteering

Did you know that the volunteer opportunities with SOAR are almost endless!? Aside from volunteering at programs, we LOVE it when members help out at special events. Occasionally we also have special office projects, like folding and stuffing mailings, that we need help with! If you want to learn about these and more opportunities, please call Ashley Gustafson, Volunteer Coordinator, at 920-731-9831, x114. ***Some current needs are: special event committee members, assistant Coach for Special Olympics—Swimming.***



Volunteer with SOAR today!





SOAR Fox Cities Board of Directors

Bryan Mueller, *President*
Laura McCormick, *Vice President*
Gary Weber, *Treasurer*
Heather Sorebo, *Secretary*

Polly VandenBoogaard Paul Meyer Mark Robinson Reg Wydeven



Hello Friends of SOAR!

Here we are - February! I hope you all had a wonderful holiday season and your 2021 started out well! The year started out great for SOAR and we're looking forward to it continuing that way!

As you'll see in this month's activities, we're starting to venture out into the community. As we move forward and start emerging from isolation we hope to do this more. We will, however, only do it in situations that are safe and controlled. As you'll see in the activity descriptions for events like Board and Brush or the Fire, the locations we're visiting are closing their doors to the public on the evenings we're there. They'll also be cleaning extensively before, during, and after we're there. Lastly, masks continue to be a requirement at ALL activities, and we're keeping capacities low so we can ensure social distancing.

I also want to take a moment to remind you that if you don't feel well, please DO NOT come to an activity. Call the SOAR offices as soon as you are able and let us know, either by message or speaking to a coordinator, that you're not feeling well and cannot come to the activity. Furthermore, if you have been in contact with someone who has tested positive for COVID-19, or you yourself have tested positive within the 14 days prior to an activity - DO NOT come to the activity you are scheduled to attend. Please contact us to cancel. Currently we are being lenient with cancellations and program fees so please do not let the possibility of no refund/credit to your account deter you. Lastly, if you have tested positive for COVID-19 and were at an activity within 14 days prior to testing positive, please let us know. You can do so by emailing me at erin@soarfoxcities.com. I will not share your personal information, but do need to advise those whom you may have had contact with while at SOAR of the potential exposure.

In closing, I want to remind you of the opportunities to make your voice heard! As we develop our new strategic plan, I want to make sure your voices are part of that. At the end of 2020 we sent out registration links for listening sessions. If you can't find those, please feel free to reach out to me and I can share the dates & times. Also watch your emails as I'll be sending an additional email to all members with registration links! This is your chance to share what you've loved, not loved, and what you want to see more of at SOAR! We've hosted one so far and it was GREAT!

~ Erin Schultz, Executive Director

SOAR Fox Cities Staff can be reached at 920.731.9831

Erin Schultz, Executive Director, x116

Ashley Gustafson, Director of Community Engagement, x114

Jolene Verstegen, Financial Administrator, x115

Julie Biesterveld, TBI Support Program Coord., x113

LeeAnn Stein, Director of Adult Programs, x112

Lindsay Wollerman, Fundraising & Grant Manager, x111

Lisa McCallister, Youth Services Manager, x110

Lisa Volkman, Special Olympics Coordinator, x109

Paula Maurer, Adult Program Coordinator, x124 or
920.931.2530 (after 5pm)

VACANT, TBI Support Program Navigator, x118

VACANT, Family Programs & Community Resource Coordinator, x122

Zach Wroblewski, Accounting Clerk, x100

Registering for all activities is required!

1. Select the activities that fit your schedule.
2. **Be sure to register 7 days (one week) before an activity that you want to attend, unless a specific registration date is noted in the description of the activity.**
3. Complete the enclosed registration form and return it to our SOAR office with payment. You can pay online at www.soarfoxcities.com, send a check, or stop at our office. Payment must be made prior to an activity.
4. Note that dances require tickets for admission. Staff/caregivers attending need to get a complimentary ticket at the SOAR office.

Calendar-at-a-glance

Program Type KEY

Youth Programs Y
 Adult Programs A
 Advocacy Programs ADV
 Family Programs F
 Community Ed CE
 Adult Ed Programs AE
 Face to Face Programs F2F
 Virtual V



February

Su	Mo	Tue	We	Th	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

February	Program Choice	Time	Page	Cost member/ non-member	IRIS Code	Staffed by:	Type KEY
2	Baking - Sweet Treats	1:00pm-2:30pm	6	\$10/\$20	F	LeeAnn	AE
2	Games	5:30pm-7:00pm	6	\$10/\$20	F	Paula	A
3	Coffee Connections	10:30am-11:30am	6	Free	-	Erin	F
4	Virtual Games - Yahtzee	1:00pm-2:00pm	6	Free	-	LeeAnn	AE
4	Craft Session #1	5:00pm-6:30pm	7	\$15/\$30	F	Paula	A
4	Craft Session #2	7:00pm-8:30pm	7	\$15/\$30	F	Paula	A
9	Virtual Games - Would you Rather	1:00pm-2:00pm	7	Free	-	LeeAnn	AE
9	People First	6:00pm-7:15pm	5	Free	-	LeeAnn	AE
10,17,24	Healthy Cooking Class Session #1	10:30am-Noon	7	\$30/\$50	F	LeeAnn	AE
10,17,24	Healthy Cooking Class Session #2	4:30pm-6:00pm	7	\$30/\$50	F	LeeAnn	AE
11	Baking Class	10:00am-Noon	7	\$15/\$30	F	LeeAnn	AE
11	Dinner & Movie	5:30pm-8:30pm	7	\$15/\$30	F	Paula	A
11	TnT	6:30pm-8:00pm	5	Free	-	Lisa M.	Y
14	Lunch & Bingo	11:00am-2:00pm	7	\$25/\$50	F	Paula	A
14	Dinner & Bingo	3:00pm-6:00pm	7	\$25/\$50	F	Paula	A
16	Art Class	1:00pm-2:30pm	8	\$10/\$20	F	LeeAnn	AE
16	Dinner & The Fire	5:00pm-8:00pm	8	\$50/\$75/*	C	Paula	A
18	Virtual Games - UNO	10:00am-11:00am	8	Free	-	LeeAnn	AE
18	Sewing Class - Pillows!	1:00pm-2:30pm	8	\$10/\$20	F	LeeAnn	AE
18	Board & Brush	5:30pm-8:30pm	8	\$65/\$90/*	C	Paula	A
23	Virtual Games - Scatte- gories	1:00pm-2:00pm	8	Free	-	LeeAnn	AE
24	Pinot's Palette	6:30pm-8:30pm	8	\$45/\$70/*	C	Paula	A
25	Baking Class - Savory	10:00am-11:30am	9	\$10/\$20	F	LeeAnn	AE
25	TnT	6:30pm-8:00pm	5	Free	-	Lisa M.	Y

SOAR Fox Cities - where YOUTH fit in!

Kidz Klub—Kidz Klub is a collaborative after-school program between SOAR Fox Cities and area school districts which targets children in Elementary Schools. Kidz Klub is a peer-to-peer social group for youth with and without disabilities held at a school within the participating school district.

Teen Stop—Teen Stop has the same collaboration as described above for Kids Klub, but focuses on Middle School aged children. Neenah School district is currently using this after-school program for middle school. Great games and activities are planned by middle school peers. Held during the school year only.

TnT—Youth ages 13-23 from any Fox Cities school district can come and meet new people, try fun group games, trivia questions and laughs. This positive interaction between peers allows them to gain exposure to each other, which leads to understanding and results in acceptance for each person involved. All teen participants take part in large and small group activities such as singing, sharing and games, engage in cooperative learning experiences and have opportunities for leadership development. Held 6:30-8:00pm at First Congregational United Church of Christ, 724 E South River St., Appleton. There is no cost for this program.

Special Olympics—Did you know Special Olympics begins at age 8?? Please see the Special Olympics section in this newsletter for sports offered by SOAR Fox Cities, and become part of the 3rd largest Special Olympics agency in the state of Wisconsin!!

People First—SOAR encourages and trains individuals, including youth, to speak up and advocate for themselves. There is a meeting once a month. **See details below!**



Quick Reference

Youth Services Manager: Lisa McCallister, 920-731-9831 x110, lisa@soarfoxcities.com

If you are a TEEN or a young adult (thru age 23), join:

- **TnT - In-Person - Thursday, February 11th ~ 6:30pm - 8:00pm**
We're going to meet again at the Fox Crossing Community Center! There are ONLY 13 spots available, so sign up right away. Please watch your emails for additional details after you sign up.
Register by February 8th
- **TnT - In-Person - Thursday, February 25th ~ 6:30pm - 8:00pm**
We're going to meet again at the Fox Crossing Community Center! There are ONLY 13 spots available, so sign up right away. Please watch your emails for additional details after you sign up.
Register by February 22nd



People First Fox Cities - Virtual & In-Person

A group that encourages and trains individuals to speak up and advocate for themselves. There is no cost to attend & learn how to become a better self-advocate. Everyone is welcome!

Tues., February 9th 6:00pm-7:15pm We will have a speaker talking about basic First Aid & our business meeting will follow

We'll meet in the Lower Level Activity Room + via Zoom

Register by February 4th

To learn more about People First & how to join be sure to reach out to LeeAnn Stein, Director of Adult Services, at 920-731-9831 x112 or leeann@soarfoxcities.com



Did You Know!?

SOAR is still selling Kwik Trip Cards! For every card purchased directly from SOAR a percentage of the purchase is donated back to SOAR! How cool?!
Interested in learning more? Call us at 920-731-9831 to purchase yours today!



Quick Reference

TBI Support Program Coordinator: Julie Biesterveld, 920-731-9831 x113, julie@soarfoxcities.com

Brain Injury Support Group

This support group is open to survivors who have had a brain injury as well as family members & caregivers of those that have survived a traumatic brain injury.
The group meets at various times.

- **Wed., February 10th** 5:30pm via ZOOM ([Register by February 9th](#))
- **Mon., February 22nd** 6:00pm @ UW-Oshkosh at Fox Cities - 1478 Midway Rd
([Register by February 21st](#))

Face to face groups & attendance will continue to be limited for safety. Those wishing to attend MUST email Julie at Julie@soarfoxcities.com to reserve a spot.



Coffee Connections! Wed., February 3rd

10:30-11:30am via ZOOM

This is a support group for parents, guardians and caregivers looking to explore current trends and topics of interest.

We're just going to do a general check-in this month. Parents, caregivers & guardians, join in to share any updates! We'll also be asking for ideas for future presenters - If you have any ideas, feel free to share them!

Watch for an email link for the meeting. If you are not in the Coffee Connections contact group, contact Erin at erin@soarfoxcities.com for meeting information.

Looking for KITE Conference Info?

Due to COVID we're not able to provide the KITE Conference the same way we've all grown to love and enjoy over these past several years; however we will be sharing a KITE Conference reimagined! Please watch your emails, Facebook & our website for further details!



Quick Reference

SRR Program Coordinator: Paula Maurer, 920-731-9831 x124, paula@soarfoxcities.com

Baking Class - In Person

1:00pm-2:30pm, SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$10/\$20

Sweet Treats! You will be making some sweet treats & candy to celebrate Valentine's Day!

Tues., February 2nd

[Register by January 26th](#)

Games - In Person

5:30pm-7:00pm at SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$10 or \$20 non-members

We're going to spend the evening playing a variety of games!

- **Tues., February 2nd**

[Register by February 1st](#)

Virtual Games - Yatzehe

1:00pm-2:00pm via ZOOM

Fee: FREE!

We'll be playing Yahtzee! If you want to roll your own dice, have 5 ready!

Thurs., February 4th

[Register by January 28th](#)



Quick Reference

Director of Adult Programs: LeeAnn Stein, 920-731-9831 x114, leeann@soarfoxcities.com

Evening Crafts - In Person with TWO Sessions offered!

Hosted at the SOAR Fox Cities Building in the Lower Level Activity Room

Fee: \$15 or \$30 for non-members

Session #1: Thurs., February 4th 5:00pm-6:30pm Register by February 2nd

Session #2: Thurs., February 5th 7:00pm-8:30pm Register by February 2nd

We will make special Valentine's Day cards!

Please only choose ONE session to attend!

Virtual Games - Would You Rather...

1:00pm-2:00pm via ZOOM

Fee: FREE

- **Tues., February 9th** We'll be playing Would You Rather...During this game we'll answer fun questions like Would you Rather possess the ability to know what other are thinking or be invisible? **Register by February 2nd**

Healthy Cooking Class - In Person with TWO Sessions Offered!

Hosted at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$30 or \$50 for non-members

Session #1: Wednesdays, February 10, 17, 24 10:00am-Noon

During this three week series you'll make your own meal & have a discussion on healthy eating!

Session #2: Wednesdays, February 10, 17, 24 4:30pm-6:00pm

During this three week series you'll make your own meal & have a discussion on healthy eating!

Register for either session by February 3rd

** Registration is VERY limited - 6 for this class. Be sure to register early & choose only one!!

Baking Class - In Person & Virtual

10:00pm-12:00pm/noon at the SOAR Fox Cities Building, Lower Level Activity Room + ZOOM

Fee: \$15 or \$30 for non-members

Thurs., February 11th - You will be making Valentine's Day cupcakes!

Register by February 4th

Dinner & a Movie - In Person

5:30pm-8:30pm at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$15 or \$30 for non-members

- **Thurs., February 11th** We'll have breakfast for dinner & watch a movie!

Register by February 8th

Lunch/Dinner & Valentine Bingo - In Person with TWO Sessions offered!

Hosted at the SOAR Building in the Lower Level Activity Room

Fee: \$25 or \$50 for non-members Caregivers \$25 (if decorating making their own craft)

Session #1: Sun., February 14th 11:00am-2:00pm Register by February 10th

Session #2: Sun., February 14th 3:00pm-6:00pm Register by February 10th

Spaghetti, salad, and dessert will be served for each meal. Both groups will play Valentine's Day Bingo with prizes!!

Please only choose ONE session to attend!

Art Class - In Person

1:00pm-2:30pm at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$10 or \$20 for non-members

- **Tues., February 16th** You will be making decorative sun catchers.

[Register by February 9th](#)

Dinner & The Fire - In Person

5:00pm-8:00pm at the SOAR Fox Cities Building, Lower Level Activity Room & The Fire

Fee: \$50 or \$75 for non-members Caregiver Fee: \$50

- **Tues., February 16th** Drop off & pickup at the SOAR Building where we'll have lasagna & salad for dinner. We're going to then walk to The Fire to do a fun mosaic project! We will walk back to the SOAR building when we're done.

SAFETY PRECAUTIONS: Before our arrival, The Fire will be sanitizing especially for us. While there, we'll be in a private party room. Masks are REQUIRED! To ensure we can maintain social distancing there will be a limit of 9 spots available for this program.

[Register by February 10th](#)

Virtual Games - UNO

10:00am-11:00am via zoom

Fee: FREE!

- **Thurs., February 18th** We'll be playing UNO! You will need to have your own deck of UNO cards to play.

[Register by February 11th](#)

Craft & Sewing Class - In Person

1:00pm-2:30pm at the SOAR Fox Cities Building, Lower Level Activity Room

Fee: \$10 or \$20 for non-members

- **Thurs., February 18th** You will be making a pillow while you learn some basic sewing skills like sewing on a button and stitching a seam.

[Register by February 9th](#)

Board & Brush - In Person

5:30pm-8:30pm Drop off & Pick up @ Board & Brush (109 N. Durkee Street, Appleton)

Fee: \$65 or \$90 non-members Caregivers: \$65

- **Thurs., February 18th** Drop off & pick up at Board & Brush where we'll make an awesome decorative board for you to take home!

SAFETY PRECAUTIONS: Before our arrival, Board & Brush will be sanitizing especially for us. This is a private party, just for us, so while we're there the studio will be closed to the public. Masks are REQUIRED! To ensure we can maintain social distancing there will be a limit of 13 spots available for this program.

[Register by February 11th](#)

Virtual Games - Scattegories

1:00pm-2:00pm via zoom

Fee: FREE!

- **Tues., February 23rd** We'll be playing Scattegories!

[Register by February 16th](#)

Pinot's Palette- In Person

6:30pm-8:30pm at Pinot's Palette (226 E. College Avenue, Appleton)

Fee: \$45 or \$70 for non-member Caregiver: \$45

- **Wed., February 24th** Drop off & pickup at Pinot's Palette where we have reserved the studio for just our event! We'll spend the evening painting a work of art!

SAFETY PRECAUTIONS: As noted above, we will have the entire studio to ourselves. This means there will be no one around us that's not with our group. The crew at Pinot's Palette will be cleaning the entire studio, especially for us, before our arrival. Masks are required! So we are able to maintain a safe social distance from one another, registration is limited to 13 participants! Be sure to register early!! We will create a waiting list after the 13 spots are filled.

[Register by February 16th](#)

Baking Class- In Person & Virtual

10:00am-11:30am at the SOAR Fox Cities Building, Lower Level Activity Room + ZOOM

Fee: \$10 or \$20 for non-members

- **Thurs., February 25th** You'll be making a savory pull-apart bread.

Register by February 18th



Special Olympics Updates

Special Olympics is dedicated to empowering individuals with intellectual disabilities to become physically fit, productive and respected members of society through sports training and competition. The sports we offer give our athletes a safe and fun environment to grow their self-confidence, keep a steady social life and practice healthy living by being active.

What's Happening with Special Olympics Now?!

Check out these current happenings & updates!



Basketball Season is Upon us!

Basketball Skills will start the second week of February. There is a

District competition scheduled at the end of February and State competition will be March 21st.

These dates are subject to change pending the Coronavirus numbers at that time. Games will not be played, rather athletes will compete in certain skills sets against other agencies' athletes.

Swimming is on!

We are aiming for swimming to start the first week of April. **Please watch for registration forms in the MARCH NEWSLETTER.** There will be a District competition in April and a 1-day State competition in June. Dates, times and locations will be shared as information is made available to us by SOWI.

As always, activities & dates are subject to change pending the Coronavirus numbers at that time.



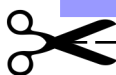
Is your medical information with SOWI up to date??

If your medical exam is near expiration or you're not sure, please email Lisa at lisav@soarfoxcities.com to double check. You cannot take part in Special Olympics activities or compete if your medical is not up to date!!

All athletes must also have a COVID-19 form on file with SOWI. If you have not signed one, please contact Lisa immediately!

Adult Ed (AE)

SPECIAL OLYMPICS (SO)



Participant Name _____

Date of Activity	Activity Name	Cost
	Please remember to ONLY REGISTER FOR ONE SESSION A DAY IF AN ACTIVITY OFFERS MULTIPLE SESSIONS ON ONE DAY. THANK YOU!	

Submit total amount due to:

SOAR Fox Cities

211 E Franklin St., Suite A

Appleton, WI 54911

Registration and Payment required prior to activities.

Pay by cash, check (# _____), or on-line.

Total: _____