



Activity & Program Guide

October 2021

Face to Face & Virtual

SOAR Fox Cities, Inc. ~ 211 E. Franklin Street ~ Appleton, WI 54911



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Inserts: October Calendar at a Glance, Trunk or Treat



Office Hours: Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

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Policies

To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form
- Acknowledgement Form from the Participant/Guardian Handbook

Note: ***The Participant Information Form needs to be updated annually.*** Throughout the course of the year changes may occur with conditions, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking When parking at our building during business hours, please use the parking stalls designated for 211 E. Franklin Visitors. If you park in other companies' stalls you risk being towed.

Inclement Weather Policy Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, SOAR FC staff will attempt to notify all participants who are signed up for the program or service of the closure. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check our website and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity. After office hours, please call 920-931-2530 for Adult Programs information.

Payment Policy We will NOT be able to collect payments at activities. Do not give staff your payment—we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the mail slot. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 100. If you are registering for an activity and tickets need to be picked up, feel free to send a self-addressed stamped envelope along with your payment, or pay an extra \$1.00 to have the tickets mailed to you, or stop by our office. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation Policy If you are unable to attend an event, you must cancel at least **5 days in advance**. If you do not cancel in advance you will be liable for the program fees.

Notice SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

Volunteering

Did you know that the volunteer opportunities with SOAR are almost endless!? Aside from volunteering at programs, we LOVE it when members help out at special events. Occasionally we also have special office projects, like folding and stuffing mailings, that we need help with! If you want to learn about these and more opportunities, please call Ashley Gustafson, Community Engagement Director, at 920-731-9831, x114.

Some current needs are: special event committee members, assistant Coach for Special Olympics



Volunteer with SOAR today!





SOAR Fox Cities Board of Directors

Bryan Mueller, *President*
Laura McCormick, *Vice President*
Gary Weber, *Treasurer*
Heather Sorebo, *Secretary*

Polly VandenBoogaard Paul Meyer Mark Robinson Reg Wydeven Leigh Bolender



Hello Friends of SOAR!

How are you all doing!? Guess what month it is - OCTOBER!!! That means Halloween!!

As you have all read in my letters throughout the years, Halloween is my favorite holiday & the month is finally here!! Yay! Speaking of Halloween, guess what's back again this year? That's right! Trunk or Treat!! The Trunk or Treat registration form is attached, make sure to sign up early!

Also know that we're looking for groups to decorate trunks at for the Trunk or Treat! If you're interested in decorating a trunk and handing out some treats, please feel free to contact Lisa M. at lisa@soarfoxcities.com or via her office phone!! ALL are welcome!!!

As I have in my letters over the last 18 months, I want to continue to update you on SOAR's COVID-19 policies and status. The counties that make up the Fox Valley region have continued to see a dramatic increase in positive cases because of the Delta Variant. As of today, we are simply keeping a very close eye on this situation and are continuing to require masks at all activities.. As we have in the past, we will continue to update you as we are able regarding program and policy changes.

Please remember, if you don't feel well, please DO NOT come to an activity. Call the SOAR offices as soon as you are able and let us know that you're not feeling well and cannot come to the activity. Furthermore, if you have been in contact with someone who has tested positive for COVID-19, or you yourself have tested positive within the 14 days prior to an activity - DO NOT come to the activity you are scheduled to attend. Please contact us to cancel. Lastly, if you have tested positive for COVID-19 and were at an activity within 14 days prior to testing positive, please let us know by emailing me at erin@soarfoxcities.com. I will not share your personal information, but do need to advise those whom you may have had contact with while at SOAR of the potential exposure. That's a wrap for this month folks! See you in the November newsletter!

~ Erin Schultz, Executive Director

SOAR Fox Cities Staff can be reached at 920.731.9831

Erin Schultz, Executive Director, x116
Ashley Gustafson, Director of Community Engagement, x114
Jolene Verstegen, Financial Administrator, x115
Julie Biesterveld, TBI Support Program Coord., x113
LeeAnn Stein, Director of Adult Programs, x112
Lindsay Wollerman, Fundraising & Grant Manager, x111
Lisa McCallister, Youth Services Manager, x110

Lisa Volkman, Special Olympics Coordinator, x109
Paula Maurer, Adult Program Coordinator, x124 or
920.931.2530 (after 5pm)
Clare Buckley, TBI Support Program Navigator, x118
VACANT, Family Programs & Community Resource Coordinator, x122
Leah Quinn, Member and Office Support Specialist, x100

Registering for all activities is required!

1. Select the activities that fit your schedule.
2. **Be sure to register 7 days (one week) before an activity that you want to attend, unless a specific registration date is noted in the description of the activity.**
3. Complete the enclosed registration form and return it to our SOAR office with payment. You can pay online at www.soarfoxcities.com, send a check, or stop at our office. Payment must be made prior to an activity.
4. Note that dances require tickets for admission. Staff/caregivers attending need to get a complimentary ticket at the SOAR office.

Calendar-at-a-glance

Program Type KEY

Youth Programs =Y , Adult Programs =A,
Advocacy Programs =ADV , Family Programs F ,
Community Ed =CE, Adult Ed Programs AE

October	Program Choice	Time	Page	Cost member/ non-member	IRIS Code	Staffed by:	Type KEY
4	Dinner & Pinot's Palette	5:00pm-8:30pm	7	\$50participant/ caregiver \$45	C	Paula	SRR
5,12,19	Personal Hygiene	4:00pm-5:00pm	7	\$20/\$30 per se- ries or \$10 per class	F	LeeAnn	AE
5	Games	5:30pm-7:00pm	7	\$10/\$20	F	Paula	SRR
6, 13, 20	Healthy Cooking Class	4:00pm-5:30pm	7	\$30/\$45	F	LeeAnn	AE
October: 7, 14, 21, 28 November: 4, 11	Safe and Free	5:30pm-7:30pm	8	FREE	-	Ginger & Lee- Ann	AE
7	TnT In-Person	6:30pm-8:00pm	6	FREE	Y	Lisa M.	TnT
8	Confident Women Series	5:00pm-7:00pm	7	\$10/\$20	F	LeeAnn	AE
11	Art Class	2:00pm-3:30pm	7	\$10/\$20	F	LeeAnn	AE
11	Grief Class	4:00pm-5:00pm	8	\$10/\$20	F	LeeAnn	AE
11	Dinner and Bingo	5:30pm-8:30pm	8	\$25/\$50/ caregiver \$15	F	Paula	SRR
12	People First	6:00pm-7:15pm	6	FREE	-	LeeAnn	ADV PF
13	Virtual BISG	5:30pm-6:30pm	7	FREE	-	Julie/Clare	ADV/TBI
14	Baking Class	10:00am-12:00pm	8	\$10/\$20	F	LeeAnn	AE
16	Super Saturday	11:00am-4:00pm	8	\$95 participant/ caregiver \$95	C	Paula	SRR
18	Craft	5:30pm-7:00pm	9	\$15/\$30/ caregiver \$15	F	Paula	SRR
19	Cookie Decorating	5:30pm-7:00pm	9	\$30/\$60/ caregiver \$30	F	Paula	SRR
19, 20	Self Determination Watch Party	Daytime TBA	9	FREE	-	LeeAnn	ADV PF
21	BISG Caregiver Chat	10:00am-11:30am	6	FREE	-	Julie/Clare	ADV/ TBI
21	TnT In-Person	6:30pm-8:00pm	6	FREE	Y	Lisa M.	TnT
22	Dance	6:30pm-8:30pm	9	\$10/\$20	F	Paula	SRR
25	BISG In-Person	6:00pm-7:30pm	7	FREE	-	Julie/Clare	ADV/ TBI
26	Dinner and Movie	5:00pm-9:00pm	9	\$35/\$70/ caregiver \$30	C	Paula	SRR
27	Trunk or Treat	5:00pm-7:00pm	5	\$5/ trick-or-treater		Lisa M.	Fam
28	Halloween Lunch	11:30am-1:00pm	9	\$10/\$20	F	LeeAnn	AE

ATTENTION!

Hey Everyone! We just want to give you a quick heads up on some changes with Caregiver Fees. As some of you may have noticed, they've gone up for some activities. Please know this is because those activities include a meal or a ticket to an event (or into a building like the museum). In the past, especially in regard to meals, we would have asked that you pay for your own meal; however we have found that to be difficult & cumbersome during the fun of the activity. So, moving forward we've opted to increase the caregiver cost and cover the meals, tickets, etc. for the caregiver attending.

The additional cost will not be added to every event. For those events that do see an increase in caregiver cost, the additional cost has been determined using an average meal cost at the particular restaurant or location being visited. As always, please feel free to contact us with any questions! Thank you!!



Coffee Connections! With Erin **Wednesday, October 6th 10:30am-11:30am**

This is a support group for parents, guardians and caregivers looking to explore current trends and topics of interest.

We' will meet in the Lower Level Activity Room at the SOAR Offices and continue to reconnect in a post-COVID world! I

f you are not on the Coffee Connections mailing list, but would like to be, please email Erin at erin@soarfoxcities.com

Trunk or Treat

5:00pm-7:00pm At Palisades Park in Menasha

Fee: \$5.00 per trick-or-treater

- Wed., Oct. 27th**

Drive through and check out decorated trunks and tents while seeing Halloween characters wave as you go by. A treat bag will be given to trick-or-treaters at the end of the route. **MUST** register by the deadline, as we will need to assemble gift bags for those registered.

[See insert for registration & additional info! Also feel free to call with questions.](#)

Register by October 14th



SOAR Fox Cities - where YOUTH fit in!

Kidz Klub—Kidz Klub is a collaborative after-school program between SOAR Fox Cities and area school districts which targets children in Elementary Schools. Kidz Klub is a peer-to-peer social group for youth with and without disabilities held at a school within the participating school district.

Teen Stop—Teen Stop has the same collaboration as described above for Kids Klub, but focuses on Middle School aged children. Neenah School district is currently using this after-school program for middle school. Great games and activities are planned by middle school peers. Held during the school year only.

TnT—Youth ages 13-23 from any Fox Cities school district can come and meet new people, try fun group games, trivia questions and laughs. This positive interaction between peers allows them to gain exposure to each other, which leads to understanding and results in acceptance for each person involved. All teen participants take part in large and small group activities such as singing, sharing and games, engage in cooperative learning experiences and have opportunities for leadership development. Held 6:30-8:00pm at First Congregational United Church of Christ, 724 E South River St., Appleton. There is no cost for this program.

Special Olympics—Did you know Special Olympics begins at age 8?? Please see the Special Olympics section in this newsletter for sports offered by SOAR Fox Cities, and become part of the 3rd largest Special Olympics agency in the state of Wisconsin!! SOAR Fox Cities offers 7 sports throughout the year.

People First—SOAR encourages and trains individuals, including youth, to speak up and advocate for themselves. There is a meeting once a month. **See details below!**



Quick Reference

Youth Services Manager: Lisa McCallister, 920-731-9831 x110, lisa@soarfoxcities.com

If you are a TEEN or a young adult (through age 23), join TnT! With Lisa M.

- **TnT - In Person - Thursday, October 7th—6:30pm - 8:00pm**

We will be meeting in the SOAR Parking Lot if it's nice, or basement if icky weather.

Meet with friends and have fun playing games and team building activities.

Cost: FREE

- **TnT- In Person— Thursday, October 21st—6:30pm - 8:00pm**

We will be meeting in the SOAR Parking Lot if it's nice, or basement if icky weather.

Have fun with friends!

Cost: FREE

People First Fox Cities with LeeAnn

6:00pm-7:15pm at SOAR Building or on Zoom

Fee: FREE

- **Tues., Oct. 12th**

The group encourages and trains individuals to speak up and advocate for themselves. Join us in-person or via Zoom. This month the group will be meeting Felicia from People First WI and making bookmarks for Veterans.

Register by October 7th

Brain Injury Support Group Caregiver Chats with Julie/Clare

10:00am-11:30am, at RiverTyme Bistro

Fee: FREE, In-Person

- **Thurs., Oct. 21st** Meeting intended for caregivers of brain injury survivors to gain support and community.

Brain Injury Support Group-with Julie/Clare

Brain Injury support group meetings are for brain injury survivors and supporters.

Fee: FREE

- **Wed., Oct. 13th - Virtual - 5:30pm-6:30pm on Zoom**
- **Mon., Oct. 25th - In Person - 6pm-7:30pm location– UWO Fox Valley Campus**

Pinot's Palette with Paula

5:00pm-8:30pm, Meet at the SOAR Building

Fee: \$50 per participant/\$45 per caregiver

- **Mon., Oct. 4th** Drop off and pick up at the SOAR Building/ We will have a spaghetti dinner at SOAR and then walk to Pinot's Pallette to paint a masterpiece! We will then walk back to the SOAR Building for folks to be picked up.

Register by September 7th

Personal Hygiene with LeeAnn

4:00pm-5:00pm

SOAR Board Room in the SOAR Building

Fee: \$20 for members/ \$30 for non-members, or \$10 per class

- **Tues., Oct. 5th, 12th, and 19th**
Topics include: October 5th– Oral Hygiene, October 12th– Bathing, October 19th– Skin, Hair, and Nail Care

Register by September 28th

Games with Paula

5:30pm-7:00pm at the SOAR building lower level

Fee: \$10 for members or \$20 for non-member

- **Tues., Oct. 5th**

Join friends for a fun night of games!

Register by October 4th

Healthy Cooking Class with LeeAnn

4:00pm-5:30pm at the SOAR Building lower level

Fee: \$30/\$45

- **Wed., Oct. 6th, 13th, 20th**
3 week series– you will make your own dinner each class.

Register by September 29th

Confident Women Series with LeeAnn

5:00pm-7:00pm in the SOAR Building, Lower Level

Fee: \$10 member/\$20 non-member

- **Fri., Oct. 8th** Enjoy a pizza party and an opportunity to connect with other women.

Register by October 1st

Art Class with LeeAnn

2:00pm-3:30pm in the SOAR Building, Lower Level

FEE: \$10member/\$20 non-member

- **Mon., Oct. 11th** Fall paper collage!

Register by October 4th

Safe and Free with Ginger and LeeAnn

5:30pm-7:30pm in the SOAR Building, Lower Level OR via Zoom
Fee: FREE

- **Thurs., October 7th, 14th, 21st, and 28th**
- **Thurs., November 4th and 11th**

A series of six work shops that promote Living Well Safe and Free.

Topics include:

Knowing Yourself and Being Part of Your Community Rights

Rules and Responsibilities

Communication

Safety at Home and in the Community

Abuse Awareness

Dating and Intimate Relationships

Register by October 1st

Grief Class with LeeAnn

4:00pm-5:00pm, in the SOAR board room at the SOAR Building

Fee: \$10 for members and \$20 for non-members

Mon., Oct. 11th Participants will engage in a discussion about different stages of grief they may encounter with the death of a loved one or friend. Healthy coping strategies will be explained and practiced.

Register by October 4th

Dinner and Bingo with Paula

5:30pm-8:30pm in the SOAR building, Lower Level

Fee: \$25 member/\$50 non-member/\$15 caregiver

- **Mon., Oct. 11th** We will have lasagna, veggie and dessert then play BINGO!

Register by October 6th

Baking Class with LeeAnn

10:00am-12:00pm at the SOAR Building, Lower Level OR via Zoom

Fee: \$10 for members/\$20 for non-members/\$15 for caregivers

- **Thurs. Oct. 14th** You will be making pumpkin bars.

Register by October 7th

Super Saturday with Paula

11:00am-4:00pm Meet at SOAR Building

Fee: \$95 per participant/\$95 per caregiver

- **Sat., Oct. 16th** Drop off and pick up at the SOAR Building. We will take a bus to Pizza Ranch for lunch and then head to Lambeau Field for a tour. This year Packer's Alumni Ahman Green will be giving a tour! After the tour, each person will receive an autographed card from Ahman! There is a strict non-negotiable limit of 36 spots for this program, NO EXCEPTIONS! Participants will be registered first while spots are available, SOAR will contact caregivers to fill spots. Caregivers will NOT be able to attend unless contacted by SOAR. Because we have to pay the same fees for caregivers, they will also be required to pay the same cost. Thank you for understanding!

Register by September 30th

Craft with Paula

5:30pm-7:00pm SOAR Building, Lower Level

Fee: \$15 member/\$30 non-member/\$15 caregiver

- **Mon., Oct. 18th** We will make a Halloween craft!

Register by October 12th

Cookie Decorating with Paula

5:30pm-7:00pm at the SOAR Building, Lower Level

Fee: \$30 member/\$60 non-member/\$30 caregiver

- **Tues., Oct. 19th** each person will be able to frost and decorate 2 dozen Halloween themed cookies!

Register by October 6th

Self Determination Watch Party with LeeAnn

Daytime-to be announced

Fee: FREE

- **Tues., Oct. 19th** at SOAR Building, Lower Level, time-TBA
- **Wed., Oct. 20th** at SOAR Building, Board Room, time-TBA

The 16th Annual Self Determination Conference is virtual again this year. People First Fox Cities is hosting a watch party. For more information contact LeeAnn.

Register by October 12th

Dance with Paula

6:30pm-8:30pm Salvation Army 1525 Appleton Rd., Menasha

Fee: \$10 for members/\$20

- **Fri. Oct. 22nd** Enjoy light refreshments and dancing at the Halloween themed dance! There will be a costume contest, come dressed in your best Halloween costume! Please remember you **NEED TO HAVE A TICKET** to get into the dance! **Tickets will be mailed to everyone so no need to pick them up at the office! BUT your ticket will not be mailed out until the ticket it is PAID for! Once again, please do not arrive before 6pm!**

Register by October 19th

Dinner and Movie with Paula

5:00pm-9:00pm Drop off at El Azteca(N474 Eisenhower Dr., Appleton) and pick up at Valley Grand Cinema.

Fee: \$35 for members/\$70 non-members/\$30f or caregivers

- **Tues., Oct. 26th** We will have dinner and walk to the theater. Please dress for the weather. Bring your own money for concessions at the theater.

Register by October 20th

Halloween Lunch with LeeAnn

11:30am-1:00pm at SOAR Building Lower Level

Fee: \$10 for members/ \$20 for non-members/\$25 for Caregivers

- **Thurs. Oct. 28th** Enjoy a Spooktacular lunch with games and a mystery!

Register by October 21st

Special Olympics Updates

Special Olympics is dedicated to empowering individuals with intellectual disabilities to become physically fit, productive and respected members of society through sports training and competition. The sports we offer give our athletes a safe and fun environment to grow their self-confidence, keep a steady social life and practice healthy living by being active. We have opportunities for coaching, please contact Lisa V. for info!



SOAR Basketball fans!

2021-22 Special Olympics Basketball!

You've asked for it, and I am planning it!

I am hopeful that we will be back to teams Basketball this year! Fingers crossed, I am planning for Mondays and Wednesdays and have gyms reserved for both days starting the week of

January 10, 2022.

There will be registration forms coming in the **November newsletter** - Watch for it!

Not sure if your SO medical is up to date?

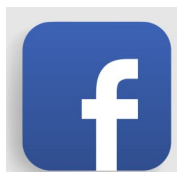
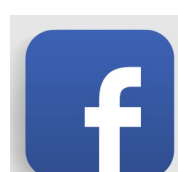
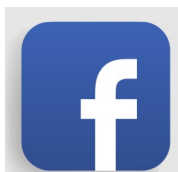
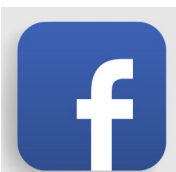
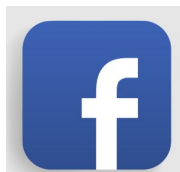
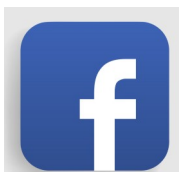
Call or e-mail me and we can find out!

Lisa V. 920-731-9831, ext 109 or lisav@soarfoxcities.com



Is your medical information with SOWI up to date??

If your medical exam is near expiration or you're not sure, please email Lisa at lisav@soarfoxcities.com to double check. You cannot take part in Special Olympics activities or compete if your medical is not up to date!! All athletes must also have a COVID-19 form and waiver on file with SOWI. If you have not signed each of these please contact Lisa V. immediately! **EXT: 109**



Make sure you tune-in to Facebook this month to check out the SOAR staff in **Facebook Live events!!!**

Join us on the following dates at 10:00am to see what your friends at SOAR are up to:

October 5th, 7th, 12th, 14th, 19th, 21st, 26th, 28h

This is FREE!

Did You Know!?

SOAR is still selling Kwik Trip Cards! For every card purchased directly from SOAR a percentage of the purchase is donated back to SOAR! How cool?!
Interested in learning more? Call us at 920-731-9831 to purchase yours today!



Participant Name _____

Date of Activity	Activity Name	Cost
	Please remember to ONLY REGISTER FOR ONE SESSION A DAY TO ALLOW OTHER MEMBERS AN OPPORTUNITY TO ATTEND. THANK YOU!	

Submit total amount due to:

SOAR Fox Cities
211 E Franklin St., Suite A
Appleton, WI 54911

Registration and Payment required prior to activities.

Pay by cash, check (# _____), or on-line.

Total: _____

October 2021 Calendar at a Glance

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 SO Bowling Dinner & Pinot's Palette	5 Personal Hygiene Games	6 Healthy Cooking	7 TnT In-Person Safe & Free	8 Confident Women Pizza Party	9
10	11 SO Bowling Art Class Grief Class Dinner & Bingo	12 Personal Hygiene People First	13 Healthy Cooking Virtual BISG	14 Baking Class Safe & Free	15	16 Super Saturday
17	18 SO Bowling Craft	19 Personal Hygiene Cookie Decorating Self Determination Watch Party	20 Healthy Cooking Self Determination Watch Party	21 Tnt In-Person BISG Caregiver Chat Safe & Free	22 Dance	23
24	25 SO Bowling In-Person BISG	26 Dinner & Movie	27 Trunk or Treat	28 Halloween Lunch Safe & Free	29	30
31						

Something is Booing at SOAR and WisconSibs!

Looking for a fun-filled Halloween activity? SOAR Fox Cities and WisconSibs have just what you need for your Halloween entertainment!

Trunk or Treat

Wednesday, Oct. 27

5:00-7:00pm

Palisades Park

(2525 Theresa Ave., Menasha, near the Goodwill Menasha entrance on Valley Road)

SOAR Fox Cities and WisconSibs are bringing this Spooktacular event right to your car door! Say what?

That's right! This is a drive-thru event that will allow participants and families to drive through our happy haunting ground! As you enter the park, you will be greeted by spirited individuals eager to spread some Halloween entertainment. Take your time through the park so you can enjoy all the decorated trunks. Be sure to stop at the last ghouls for a special treat. So, let me ask you...Are you ready to help us Creep it Real this Halloween?

(Registrations can be done on the SOAR website or mail in this form with your payment.)

Number of trick or treaters in the vehicle: _____

Full name needed for all trick or treaters. Trick or treaters include SOAR and WisconSibs participants and siblings. (Use the back if more room is needed.)

_____	_____
_____	_____
_____	_____

Full name of contact person: _____

Best email: _____

Best phone: _____

Total Amount Enclosed (Total should equal total # of trick or treaters x \$5): _____

Submit registration and payment to: SOAR Fox Cities, 211 E. Franklin St., Suite A Appleton, WI 54911

Online registrations can be made at <https://www.soarfoxcities.com/register-for-activities>.

For questions or more information, contact SOAR Fox Cities at 920.731.9831. You can reach Lisa McCallister at ext. 110 (Lisa@soarfoxcities.com).