



Activity & Program Guide

November 2021

Face to Face & Virtual

SOAR Fox Cities, Inc. ~ 211 E. Franklin Street ~ Appleton, WI 54911



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Inserts: November Calendar at a Glance, SO Basketball, Christmas Parade



Office Hours: Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

*Phone: 920.731.9831 *Fax: 920.725.1531

*E-mail: info@soarfoxcities.com



Policies

To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form
- Acknowledgement Form from the Participant/Guardian Handbook

Note: ***The Participant Information Form needs to be updated annually.*** Throughout the course of the year changes may occur with conditions, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking When parking at our building during business hours, please use the parking stalls designated for 211 E. Franklin Visitors. If you park in other companies' stalls you risk being towed.

Inclement Weather Policy Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, SOAR FC staff will attempt to notify all participants who are signed up for the program or service of the closure. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check our website and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity. After office hours, please call 920-931-2530 for Adult Programs information.

Payment Policy We will NOT be able to collect payments at activities. Do not give staff your payment—we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the mail slot. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 100. If you are registering for an activity and tickets need to be picked up, feel free to send a self-addressed stamped envelope along with your payment, or pay an extra \$1.00 to have the tickets mailed to you, or stop by our office. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation Policy If you are unable to attend an event, you must cancel at least **5 days in advance**. If you do not cancel in advance you will be liable for the program fees - Please see enclosed notice regarding cancellation policy.

Notice SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

Volunteering

Did you know that the volunteer opportunities with SOAR are almost endless!? Aside from volunteering at programs, we LOVE it when members help out at special events. Occasionally we also have special office projects, like folding and stuffing mailings, that we need help with! If you want to learn about these and more opportunities, please call Ashley Gustafson, Community Engagement Director, at 920-731-9831, x114.

Some current needs are: special event committee members, assistant Coach for Special Olympics



Volunteer with SOAR today!





SOAR Fox Cities Board of Directors

Bryan Mueller, *President*
Laura McCormick, *Vice President*
Gary Weber, *Treasurer*
Heather Sorebo, *Secretary*

Polly VandenBoogaard Paul Meyer Mark Robinson Reg Wydeven Leigh Bolender



Hello Friends of SOAR!

How are you all doing!? Welcome to November! Happy Thanksgiving to everyone in advance!

Who is excited for Thanksgiving & all the fun that goes with it?! We are!! This time of year always makes me a bit sentimental...It always gets me thinking about how thankful I am for my "SOAR Family." That includes ALL of YOU, our funding partners, donors, our Board of Directors, and last, but certainly not least, our team here at SOAR. THANK YOU!!!

I also want to continue to update you on SOAR's COVID-19 policies and status. The counties that make up the Fox Valley region have continued to see an increase in positive cases because of the Delta Variant. As of today, we are simply keeping a very close eye on this situation and are continuing to require masks at all activities. As we have in the past, we will continue to update you as we are able regarding program and policy changes.

If you have been in contact with someone who has tested positive for COVID-19, or you yourself have tested positive within the 14 days prior to an activity - DO NOT come to the activity you are scheduled to attend. Please contact us to cancel. If you have tested positive for COVID-19 and were at an activity within 14 days prior to testing positive, please let us know by emailing me at erin@soarfoxcities.com. I will not share your personal information, but do need to advise those whom you may have had contact with while at SOAR of the potential exposure. That's a wrap for this month folks! See you in the December newsletter!

~ Erin Schultz, Executive

SOAR Fox Cities Staff can be reached at 920.731.9831

Erin Schultz, Executive Director, x116
Ashley Gustafson, Director of Community Engagement, x114
Jolene Verstegen, Financial Administrator, x115
Julie Biesterveld, TBI Support Program Coord., x113
LeeAnn Stein, Director of Adult Programs, x112
Lindsay Wollerman, Fundraising & Grant Manager, x111
Lisa McCallister, Youth Services Manager, x110

Lisa Volkman, Special Olympics Coordinator, x109
Paula Maurer, Adult Program Coordinator, x124 or
920.931.2530 (after 5pm)
Clare Buckley, TBI Support Program Navigator, x118
VACANT, Family Programs & Community Resource Coordinator, x122
Leah Quinn, Member and Office Support Specialist, x100

Registering for all activities is required!

1. Select the activities that fit your schedule.
2. **Be sure to register 7 days (one week) before an activity that you want to attend, unless a specific registration date is noted in the description of the activity.**
3. Complete the enclosed registration form and return it to our SOAR office with payment. You can pay online at www.soarfoxcities.com, send a check, or stop at our office. Payment must be made prior to an activity.
4. Note that dances require tickets for admission. Staff/caregivers attending need to get a complimentary ticket at the SOAR office.

Calendar-at-a-glance

November 2021

Program Type KEY

Youth Programs =Y , Adult Programs =A,
Advocacy Programs =ADV , Family Programs F ,
Community Ed =CE, Adult Ed Programs AE

November	Program Choice	Time	Page	Cost member/ non-member	IRIS Code	Staffed by:	Type KEY
2	Dinner and Bingo	5:30pm-8:30pm	7	\$25 member/ \$50 nonmember/ \$15 caregiver	F	Paula	SRR
3	Coffee Connections	10:30am-11:30am	5	FREE	-	Erin	FAM
2, 9, 16	Household Chores	4:00pm-5:00pm	7	\$30/\$40 per series or \$10/\$20 per class	F	LeeAnn	AE
3, 10, 17	Healthy Cooking	4:00pm-5:30pm	7	\$30/\$45	F	LeeAnn	AE
4	TnT In-Person	6:30pm-8:00pm	6	FREE	-	Lisa M.	TnT
8	Games	5:30pm-7:00pm	7	\$10/\$20	F	Paula	SRR
9	Dinner and Movie	5:00pm-9:00pm	8	\$35/\$70/ caregiver \$30	C	Paula	SRR
9	People First	6:00pm-7:15pm	6	FREE	-	LeeAnn	ADV/PF
10	Virtual BISG	5:30pm-6:30pm	7	FREE	-	Julie/Clare	ADV/ TBI
11	Baking Class	10:00am-12:00pm	8	\$10/\$20	F	LeeAnn	AE
11	Virtual Games	3:00am-4:00pm	8	FREE	-	LeeAnn	AE
15	Craft	5:30pm-7:00pm	8	\$15/\$30/ caregiver \$15	F	Paula	SRR
16	Make and Take	10:00am-11:30am	8	\$10/\$20	F	LeeAnn	AE
18	Art Class	10:00am-11:30am	9	\$10/\$20	F	LeeAnn	AE
18	Virtual Games	3:00pm-4:00pm	9	FREE	-	LeeAnn	AE
18	BISG Caregiver Chat	10:00am-11:30am	6	FREE	-	Julie/Clare	ADV/ TBI
18	TnT In-Person	6:30pm-8:00pm	6	FREE	-	Lisa M.	TnT
19	Dance	6:30pm-8:30pm	8	\$10/\$20	F	Paula	SRR
20	Super Saturday	11:00am-5:00pm	9	\$75/\$100/ caregiver \$60	C	Paula	SRR
22	Dinner & Craft	5:30pm-8:30pm	9	\$30/\$60/ caregiver \$25	F	Paula	SRR
22	BISG In-Person	6:00pm-7:30pm	7	FREE	-	Julie/Clare	ADV/ TBI

ATTENTION!

Hey Everyone! We just want to give you a quick heads up on some changes with Caregiver Fees. As some of you may have noticed, they've gone up for some activities. Please know this is because those activities include a meal or a ticket to an event (or into a building like the museum). In the past, especially in regard to meals, we would have asked that you pay for your own meal; however we've found that to be difficult & cumbersome during the fun of the activity. So, moving forward we've opted to increase the caregiver cost and cover the meals, tickets, etc. for the caregiver attending.

The additional cost will not be added to every event. For those events that do see an increase in caregiver cost, the additional cost has been determined using an average meal cost at the particular restaurant or location being visited. As always, please feel free to contact us with any questions! Thank you!!



Coffee Connections! With Erin **Wednesday, November 3rd, 10:30am-11:30am**

This is a support group for parents, guardians and caregivers looking to explore current trends and topics of interest.

We' will meet in the Lower Level Activity Room at the SOAR Offices and continue to reconnect in a post-COVID world!

If you are not on the Coffee Connections mailing list, but would like to be, please email Erin at erin@soarfoxcities.com

Family (F)

Make sure you tune-in to Facebook this month to check out the SOAR staff in **Facebook Live events!!!**

Join us on the following dates at 10:00am to see what your friends at SOAR are up to:

November 2nd, 4th, 9th, 11th, 16th, 18th, 23rd, 30th

This is FREE!

Did You Know!?

SOAR is still selling Kwik Trip Cards! For every card purchased directly from SOAR a percentage of the purchase is donated back to SOAR!

How cool?!

Interested in learning more?

Call us at 920-731-9831 to purchase yours today!

SOAR Fox Cities - where YOUTH fit in!

Kidz Klub—Kidz Klub is a collaborative after-school program between SOAR Fox Cities and area school districts which targets children in Elementary Schools. Kidz Klub is a peer-to-peer social group for youth with and without disabilities held at a school within the participating school district.

Teen Stop—Teen Stop has the same collaboration as described above for Kids Klub, but focuses on Middle School aged children. Neenah School district is currently using this after-school program for middle school. Great games and activities are planned by middle school peers. Held during the school year only.

TnT—Youth ages 13-23 from any Fox Cities school district can come and meet new people, try fun group games, trivia questions and laughs. This positive interaction between peers allows them to gain exposure to each other, which leads to understanding and results in acceptance for each person involved. All teen participants take part in large and small group activities such as singing, sharing and games, engage in cooperative learning experiences and have opportunities for leadership development. Held 6:30-8:00pm at First Congregational United Church of Christ, 724 E South River St., Appleton. There is no cost for this program.

Special Olympics—Did you know Special Olympics begins at age 8?? Please see the Special Olympics section in this newsletter for sports offered by SOAR Fox Cities, and become part of the 3rd largest Special Olympics agency in the state of Wisconsin!! SOAR Fox Cities offers 7 sports throughout the year.

People First—SOAR encourages and trains individuals, including youth, to speak up and advocate for themselves. There is a meeting once a month. **See details below!**



Quick Reference

Youth Services Manager: Lisa McCallister, 920-731-9831 x110, lisa@soarfoxcities.com

If you are a TEEN or a young adult (through age 23), join TnT! With Lisa M.

- **TnT - In Person - Thursday, November 4th—6:30pm - 8:00pm**

We will be meeting in the SOAR Parking Lot if it's nice, or basement if icky weather.

Meet with friends and have fun playing games and team building activities.

Cost: FREE

- **TnT- In Person— Thursday, November 18th—6:30pm - 8:00pm**

We will be meeting in the SOAR Parking Lot if it's nice, or basement if icky weather.

Meet with friends and have fun playing games and team building activities.

Cost: FREE

People First Fox Cities with LeeAnn

6:00pm-7:15pm at SOAR Building Lower Level or on Zoom

Fee: FREE

- **Tues., Nov. 9th**

The group encourages and trains individuals to speak up and advocate for themselves. Join us in-person or via Zoom.

Register by November 1st

Virtual Brain Injury Support Group Caregiver Chats with Julie/Clare

10:00am-11:30am, at Rivertyme Bistro

Fee: FREE

- **Thurs., Nov. 18th** Meeting intended for caregivers of brain injury survivors to gain support and community.

Brain Injury Support Group with Julie/Clare

Brain Injury support group meetings are for brain injury survivors and supporters.
Fee: FREE

- **Wed., Nov. 10th - Virtual - 5:30pm-6:30pm on Zoom**
- **Mon., Nov. 22nd - In Person - 6:00pm-7:30pm location– UWO Fox Valley Campus**

Dinner and Bingo with Paula

5:30pm-8:30pm, SOAR Building Lower Level

Fee: \$25 per member/ \$50 per non-member/\$15 per caregiver

- **Tues. Nov. 2nd** We will have tater tot casserole, fruit, dessert and then play bingo.

Register by November 1st

Household Chores with LeeAnn

4:00pm-5:00pm, SOAR Board Room in the SOAR Building

Fee: \$30 for members/ \$40 for non-members for the series, OR \$10 for members/\$20 non-members per class

- **Tues., Nov. 2nd, 9th, and 16th**
Topics include: November 2nd-Laundry, November 9th-Cleaning Basics, November 16th-Kitchen Food Safety and Sanitation

Register by October 26th

Healthy Cooking Class with LeeAnn

4:00pm-5:30pm at the SOAR Building lower level

Fee: \$30/\$45

- **Wed., Nov. 3rd, 10th, 17th**
3 week series– you will make your own dinner each class.

Register by October 27th

Games with Paula

5:30pm-7:00pm in the SOAR Building, Lower Level

Fee: \$10 member/\$20 non-member

- **Mon., Nov. 8th** Join friends for a fun night of games!

Register by November 4th

Dinner and Movie with Paula

5:00pm-9:00pm Drop off at El Azteca N474 Eisenhower Dr. Appleton, pick up at Valley Grand Cinema
 Fee: \$35 for members or \$70 for non-member, \$30 for caregiver

- **Tues., Nov. 9th** We will have dinner and walk to the theater. Please dress for the weather. Bring your own money for concessions at the theater.

Register by November 4th

Baking Class with LeeAnn

10:00am-12:00pm at the SOAR Building, Lower Level or via Zoom
 Fee: \$10 for members/\$20 for non-members/\$15 for caregivers

- **Thurs. Nov. 11th** You will be making pistachio bars

Register by November 4th

Virtual Games with LeeAnn

3:00pm-4:00pm via Zoom
 Fee: FREE

Thurs., Nov. 11th We will be playing UNO.

Register by November 10th

Dance with Paula

6:30pm-8:30pm at The Salvation Army 1525 Appleton Rd. Menasha
 Fee: \$10 member/\$20 non-member

- **Fri., Nov. 19th** Enjoy light refreshments and dancing at the Thanksgiving themed dance! Masks required regardless of vaccination status. **DO NOT ARRIVE BEFORE 6pm!!!** Participant tickets and caregiver tickets are required. Caregiver tickets are free but still require sign up/registration to obtain a head count.

Register by November 10th

Craft with Paula

5:30pm-7:00pm, SOAR Building, Lower Level
 Fee: \$15 member/\$30 non-member/\$15 caregiver

Mon., Nov. 15th We will make a Thanksgiving themed craft.

Register by November 11th

Make and Take with LeeAnn

10:00am-11:30am SOAR Building, Lower Level
 Fee: \$10 member/\$20 non-members

- **Tues., Nov. 16th** Baked Mac 'n' Cheese

Register by November 9th

Art Class with LeeAnn

10:00am-11:30am in the SOAR Building, Lower Level
FEE: \$10 member/\$20 non-member

- **Thurs., Nov. 18th** You'll be making a fleece pillow.

Register by November 11th

Virtual Games With LeeAnn

3:00pm-4:00pm on Zoom
Fee: FREE

- **Thurs., Nov. 18th** You will be playing "Name 5"

Register by November 17th

Super Saturday with Paula

11:00am-5:00pm at Sabre Lanes Menasha
Fee: \$75 for members/\$100 for non-members, \$60 for caregivers

Sat., Nov. 20th Drop off at Sabre Lanes, Menasha where we will bowl 2 games. We will then take a bus to Pizza Ranch for lunch and then to Valley Grand Cinema for a movie. Pick up is at Valley Grand Cinema! Bring your own money if you want concessions at the movie theater.

Register by November 16th

Dinner and Craft with Paula

5:30pm-8:30pm, SOAR Building, Lower Level
Fee: \$30 for members/\$60 non-members/\$25 for caregivers

Mon., Nov. 22nd We will have brats, macaroni and cheese, veggie, fruit, and dessert.



We are grateful for all of our friends at SOAR!

If, or however you, celebrate Thanksgiving, we wish you a happy holiday from all of us here at SOAR!

SOAR offices are closed Thursday, November 25th & Friday, November 26th

Special Olympics Updates

Special Olympics is dedicated to empowering individuals with intellectual disabilities to become physically fit, productive and respected members of society through sports training and competition. The sports we offer give our athletes a safe and fun environment to grow their self-confidence, keep a steady social life and practice healthy living by being active. We have opportunities for coaching, please contact Lisa V. for info!



SOAR Basketball fans!

2021-22 Special Olympics Basketball!

I am hopeful that we will be back to teams Basketball this year! Fingers crossed, I am planning for Mondays and Wednesdays and have gyms reserved for both days starting the week of

January 10, 2022.

Please see the insert for 2022

Basketball Registration Form!

Please see second insert for SOAR in the Christmas Parade (Special Olympians & ALL can join)!!

Not sure if your SO medical is up to date?

Call or e-mail me and we can find out!

Lisa V. 920-731-9831, ext 109 or lisav@soarfoxcities.com



Is your medical information with SOWI up to date??

If your medical exam is near expiration or you're not sure, please email Lisa at lisav@soarfoxcities.com to double check. You cannot take part in Special Olympics activities or compete if your medical is not up to date!! All athletes must also have a COVID-19 form and waiver on file with SOWI. If you have not signed each of these please contact Lisa V. immediately! **EXT: 109**

Reminder! Our cancellation policy is:

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there will be no credit given, only in rare instances will exceptions be granted.

If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.

If cancelling (or no-show) for a part of a series, no credit will be given.

If eligible, only credits will be given. No refunds will be given.


IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

1. Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waiting list and gives another participant the opportunity to join the activity.
2. Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option.

Thank you for your understanding, patience, and support!

 Participant Name _____

Date of Activity	Activity Name	Cost
	Please remember to ONLY REGISTER FOR ONE SESSION A DAY TO ALLOW OTHER MEMBERS AN OPPORTUNITY TO ATTEND. THANK YOU!	

Submit total amount due to:

SOAR Fox Cities
211 E Franklin St., Suite A
Appleton, WI 54911

Registration and Payment required prior to activities.

Pay by cash, check (# _____), or on-line.

Total: _____

SOAR Fox Cities Special Olympics 2022 Basketball

Athlete Name: _____

Uniform Size: _____

Emergency Contact Name: _____

Phone: _____

Email: _____



Please review and **circle the team** that fits your needs. If a team name is not circled, you will be placed on the team in which you played last year. New athletes will be placed with the team that is most appropriate.

All communication is done via e-mail.

Schedules can be e-mailed. Contact Lisa V to get one. Limited space is available!

Team Name	Team Description	Practice Location	Practice Time	Coach	Start
Basketball Skills	Adults Basketball basics	McKinley Elementary 1125 E. Taft Ave Appleton, WI 54915	Mon 6:15-6:45 pm (30 minutes)	Terri	Jan 10, 2022
Ravens	Youth/Young Adult	McKinley Elementary 1125 E. Taft Ave Appleton, WI 54915	Mon 7:00-8:00 pm	Doug/ Stephanie	Jan 10, 2022
Hawks	Young Adult/Adult	Foster Elementary 305 W. Foster St. Appleton, WI 54915	Mon 6:15-7:15 pm	Gary/Alan	Jan 10, 2022
Bandits	Adult Team	Foster Elementary 305 W. Foster St. Appleton, WI 54915	Mon 7:30-8:30 pm	Tom/Dan S.	Jan 10, 2022
Vultures	Adult team	Janet Berry Elem. 3601 W. Tellulah Ave. Appleton, WI 54915	Wed 6:15-7:15 pm	Stan/Rick	Jan 12, 2022
Eagles	Adult-High Level Team	Janet Berry Elem. 3601 W. Tellulah Ave. Appleton, WI 54915	Wed 7:30-8:30pm	Dale/Brian	Jan 12, 2022

REGISTRATION and PAYMENT DEADLINE DEC 21, 2021—



Call or e-mail Lisa to see if your Medical is up to date!

COST: \$60 for SOAR Members, \$80 for non-members

SKILLS COST: \$40 for SOAR Members, \$60 for non-members

For Office Use Only: Amount: _____ Check _____ Cash _____ Paid On-Line _____ Date _____



CALLING ALL SOAR SPECIAL OLYMPIANS!!!!

Have you gotten a **GOLD**, **SILVER** or **BRONZE** medal in the past three years?
Have several of them?

This is your chance to wear them all and show Appleton what SOAR Special Olympians are made of!

We have been asked to be in the Appleton Christmas Parade!

Tuesday, November 23, 2021

If you want to be a part of this fantastic and fun event you **MUST** commit to an informational meeting and to the parade by signing the form below and returning it to Lisa V. by NOV 11, 2021

.....

Name: _____

E-mail: _____

Size for warm up suit if you do not have one:

Jacket: _____ Pants: _____

Authorization for pictures and or television if aired, Parent or guardian

Signature: _____

SOAR November 2021 Calendar at a Glance

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 SO bowling 4:30pm-6pm	2 Household Chores Dinner &Bingo	3 Healthy Cooking Coffee Connections	4 TnT In-Person	5	6
7	8 SO bowling 4:30pm-6pm Games	9 Household Chores People First Dinner & Movie	10 Healthy Cooking Virtual BISG	11 Baking Class Virtual Games	12	13
14	15 SO bowling 4:30pm-6pm Craft	16 Make & Take Household Chores	17 Healthy Cooking	18 BISG Caregiver Chat Art Class Virtual Games TnT In- Person	19 Dance	20 Super Saturday
21	22 Dinner & Craft NO BOWLING TONIGHT In-Person BISG	23 Christmas Parade 6pm	24	25	26	27
28	29 SO bowling 4:30pm-6pm	30				

