

Activity & Program Guide March 2022 Face to Face & Virtual

SOAR Fox Cities, Inc. ~ 211 E. Franklin Street ~ Appleton, WI 54911



Office Hours: Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

*E-mail: info@soarfoxcities.com





Policies

To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form
- Acknowledgement Form from the Participant/Guardian Handbook

Note: *The Participant Information Form needs to be updated annually*. Throughout the course of the year changes may occur with conditions, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking When parking at our building during business hours, please use the parking stalls designated for 211 E. Franklin Visitors. If you park in other companies' stalls you risk being towed.

Inclement Weather Policy Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, SOAR FC staff will attempt to notify all participants who are <u>signed up for the program or service</u> of the closure. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check our website and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity.

Payment Policy We will NOT be able to collect payments at activities. Do not give staff your payment—we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the mail slot. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 122. If you are registering for an activity and tickets need to be picked up, feel free to send a self-addressed stamped envelope along with your payment, or pay an extra \$1.00 to have the tickets mailed to you, or stop by our office. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation Policy If you are unable to attend an event, you must cancel at least **5 days in advance**. <u>If you do not cancel in advance you will be liable for the program fees - Please see enclosed notice regarding cancellation policy.</u>

Notice SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

Volunteering

Did you know that the volunteer opportunities with SOAR are almost endless!? Aside from volunteering at programs, we LOVE it when members help out at special events. Occasionally we also have special office projects, like folding and stuffing mailings, that we need help with! If you want to learn about these and more opportunities, please call Ashley Gustafson, Community Engagement Director, at 920-731-9831, x114.

Some current needs are: special event committee members, assistant Coach for Special Olympics



Volunteer with SOAR today!







SOAR Fox Cities Board of Directors

Bryan Mueller, President Laura McCormick, Vice President Gary Weber, Treasurer Heather Sorebo, Secretary

Polly VandenBoogaard

Paul Meyer Mark Robinson Reg Wydeven

Leigh Bolender

Jonathan Pitzen



Hello Friends of SOAR!

How exciting that it is March already!? The days have already started getting longer and warmer - Soon, we'll be seeing flowers & wearing shorts!

As I talk about the changes in the seasons, I'm also happy to talk about some changes to programs and what the year ahead looks like. As you'll see in this newsletter SOAR Together sessions are back & we've added a Parent Happy Hour! We hope to see you there! As I announced in the February newsletter, Lisa V. will also be leading our SRR Programs - Many of you have seen her at the dances already and now you'll be seeing her in more places! She's got great plans and some new, fresh ideas for SRR so keep an eye out for new adventures & new trips with friends. For our parents out there, we'll also be launching a new youth program. Keep

your eyes peeled for updates and opportunities.

With all the fun changes we're seeing we cannot forget about some of the serious matters at hand - COVID 19 is still a concern (but hopefully not for long!) and with that basketball was postponed and we are looking at how swimming may be affected. We continue to monitor the situation closely, but are asking that you keep a close eye on your emails and the SOAR Facebook page. ALL cancelations of programs, sports, and otherwise will be announced via email and Facebook. If a program is canceled all those registered by the "register by" date in the newsletter will receive a phone call! This cancelation policy also applies to weather cancelations!

I also want to take this opportunity to remind folks that masks are still required at ALL SOAR programs. This includes programs held at the SOAR building AND those in the community like the dances and other outings. The only time a mask is not required is if the activity is held outside. Please remember, if you test positive for COVID-19 you cannot attend programs until after the mandatory quarantine. Please let staff know if you tested positive and we'll provide any information you need to move forward.

~ Erin Schultz, Executive Director

SOAR Fox Cities Staff can be reached at 920.731.9831

Erin Schultz, Executive Director, x116 Ashley Gustafson, Director of Community Engagement, x114 Jolene Verstegen, Financial Administrator, x115 Julie Biesterveld, TBI Support Program Coord., x113 LeeAnn Stein, Director of Adult Programs, x112 Lindsay Wollerman, Fundraising & Grant Manager, x127 Lisa McCallister, Youth Services Manager, x110

Lisa Volkman, Special Olympics Coordinator, x109 Adult Program Coordinator, x109 Clare Buckley, TBI Support Program Navigator, x118 Heidi Zick, Family Programs & Community Resource Coordinator, x111 Leah Quinn, Member and Office Support Specialist, x100 Kari Much, Accounting Clerk, x122

Registering for all activities is required!

- 1. Select the activities that fit your schedule.
- 2. Be sure to register 7 days (one week) before an activity that you want to attend, unless a specific registration date is noted in the description of the activity.
- Complete the enclosed registration form and return it to our SOAR office with payment. You can pay online at www.soarfoxcities.com, send a check, or stop at our office. Payment must be made prior to an activity.
- Note that dances require tickets for admission. Staff/caregivers attending need to get a complimentary ticket at the SOAR office.

A FEW ANNOUNCEMENTS AND UPDATES

Caregiver Fees

Hey Everyone! We just want to give you a quick heads up on some changes with Caregiver Fees. As some of you may have noticed, they've gone up for some activities. Please know this is because those activities include a meal or a ticket to an event (or into a building like the museum). In the past, especially in regard to meals, we would have asked that you pay for your own meal; however we have found that to be difficult & cumbersome during the fun of the activity. So, moving forward we've opted to increase the caregiver cost and cover the meals, tickets, etc. for the caregiver attending.

The additional cost will not be added to every event. For those events that do see an increase in caregiver cost, the additional cost has been determined using an average meal cost at the particular restaurant or location being visited. As always, please feel free to contact us with any questions! Thank you!!

Activity Arrival Time

Please do not arrive for activities more than 15 minutes before the activity is scheduled to start! If you do, we cannot guarantee the front doors of the building will be open, especially if the activity is after 4:00pm or on a weekend, or that someone will be available to let you in. As it gets colder outside, this is IMPORTANT as we don't want you waiting out in the cold! We understand that those taking Valley Transit cannot always control this so please contact us with any questions! Thank you!

Did You Know!?

SOAR is still selling Kwik Trip Cards! For every card purchased directly from SOAR a percentage of the purchase is donated back to SOAR! How cool?! Interested in learning more? Call us at 920-731-9831 to purchase yours today!

Calendar-at-a-glance

March 2022

Program Type KEY

March	Program Choice	Time	Page	Cost member/ non-member/ Caregiver	IRIS Code	Staffed by:	Type KEY
1	Games	5:00pm-7:00pm	9	\$10/\$20	F	Lisa V.	SRR
2	Coffee Connections	10:30am-11:30am	6	FREE	-	Heidi	F
3	Day Time Craft	1:00pm-2:30pm	9	\$15/\$30	F	LeeAnn	AE
8	Baking Class	1:00pm-3:00pm	9	\$20/\$40	F	LeeAnn	AE
8	Happy Hour	6:00pm-7:00pm	6	FREE	-	Heidi	F
8	People First Fox Cities	6:00pm-7:00pm	8	FREE	-	LeeAnn	ADV
9	Grief Class	4:00pm-5:00pm	9	\$10/\$20	F	LeeAnn	AE
9	Virtual BISG	5:30pm-6:30pm	9	FREE	-	Julie/Clare	ADV/TBI
10	Baking Class	10:00am-12:00pm	9	\$20/\$40	F	LeeAnn	AE
10	Night Time Craft	5:00pm-7:00pm	10	\$15/\$30	F	Lisa V.	SRR
10	TnT	6:30pm-8:00pm	8	FREE	-	Lisa M.	Y
15	Dinner and Bingo	5:30pm-8:30pm	10	\$25/\$50/\$15	F	Lisa V.	SRR
15, 22, 29	Cooking Basics (Series)	4:00pm-5:30pm	10	\$60/\$120	F	LeeAnn	AE
16, 23, 30	Healthy Cooking (Series)	4:00pm-5:30pm	10	\$60/\$120	F	LeeAnn	AE
17	BISG Caregiver Chat	11:30am-1:00pm	10	FREE	-	Julie	ADV/ TBI
17	Lunch Bunch	11:00am-1:00pm	10	\$25/\$50	F	LeeAnn	
17, 24, 31	Healthy Relationships (Series)	4:30pm-5:30pm	10	\$30/\$60	F	LeeAnn	AE
18	Dance-(Erin go Bragh Theme)	6:30pm-8:30pm	11	\$10/\$20	F	Lisa V.	SRR
21	SOAR Together	6:00pm-8:00pm	6	FREE	- Heid		F
22	Sugar Bush Maple Sugar Family Program	10:00am-1:30pm	6	\$5.00 per person plus cost of your meal	- Heidi		F
24	Soups On!	10:00am-12:00pm	11	\$20/\$40	F	LeeAnn	AE
24	TnT	6:30pm-8:00pm	8	FREE	-	Lisa M.	Y
26	Saturday Spree!	9:30am-3:30pm	11	\$80/\$160/\$70	С	Lisa V.	SRR
28	BISG- In Person	6:00pm-7:30pm	9	FREE	-	Julie/Clare	ADV/TBI
29	Dinner and Movie	5:00pm-9:00pm	11	\$35/\$70/\$15	С	Lisa V.	SRR
29	Community Conversation	6:00pm-8:00pm	7	FREE	-	Heidi	Aging/ IDD
31	Virtual Community Conversations	4:00pm-6:00pm	7	FREE	-	Heidi	Aging/ IDD

Coffee Connections with Heidi

Wednesday, March 2nd, 10:30am-11:30am



Join parents and caregivers of individuals with disabilities for a cup of coffee and light snack while we support each other and discuss issues we are facing as well as successes we have had. No need to register, just come on down to our **SOAR Offices, Lower Level Activity Room!** Any questions, reach out to Heidi via email Heidi@soarfoxcities.com or by phone at (920)731-9831, ext. 111.

Happy Hour with Heidi

Tuesday, March, 8th, 6pm-7pm

Enjoy an evening out with other parents and caregivers with children of differing abilities as we support each other and discuss issues we are facing, as well as success we have had. Feel free to purchase a drink/food while we chat. This will be held at **Meade Street Bistro** (back room). Any questions, reach out to Heidi via email Heidi@soarfoxcities.com or by phone at (920)731-9831, ext. 111.













SOAR Together with Heidi

Monday, March 21st, 6:00pm-8:00pm

Bringing back our educational evenings with a variety of topics, we will begin meeting the third Monday of every month at **The Mad Apple Burger and Billiard Co.** Join us as Attorneys, Reg Wydeven and Jon Fischer from McCarty Law will discuss special needs planning using trusts, WisPact, and ABLE accounts. Please feel free to reach out to Heidi if there is a topic you feel would benefit our community to learn more about. We will have a server dedicated to us, so feel free to buy yourself a beverage and dinner while we are learning. **(You are responsible for your own food and beverage.)** See you there! To register (or if questions), reach out to Heidi via email Heidi@soarfoxcities.com or by phone at (920)731-9831, ext. 111.

Register by: March 14th

***Please see insert for details and information about the Sugar Bush



Maple Syrup Family Program with Heidi on Tuesday, March 22nd 10am-1:30pm ***



Community Conversation – Aging/IDD with Heidi

Tuesday, March 29th, 6pm-8pm, FREE

Please join us at Miron Construction for an evening of conversation around aging and individuals with intellectual and developmental disabilities in our community! We will be having an informal discussion about how we can identify and better meet the needs of these individuals in our community over coffee and light dessert!

Register by March 21st by emailing Heidi at Heidi@soarfoxcities.com.

Virtual Community Conversation-Aging/IDD with Heidi

Thursday, March 31st, 4pm-6pm, FREE, Via Zoom

Please join us virtually for a conversation around aging and individuals with intellectual and developmental disabilities in our community! We will be having an informal discussion about how we can identify and better meet the needs of these individuals in our community! **Register by March 21st.**

Register via zoom: https://bit.ly/3rdZ4Mg (This link is for March 31st only)



SOAR Camp Onaway 2022 Dates are: June 7-11!!

Please check the box on the registration slip located on page 13 to let us know if you would like to be sent Camp 2022 information.



SOAR Fox Cities - where YOUth fit in!

Kidz Klub—Kidz Klub is a collaborative after-school program between SOAR Fox Cities and area school districts which targets children in Elementary Schools. Kidz Klub is a peer-to-peer social group for youth with and without disabilities held at a school within the participating school district.

Teen Stop—Teen Stop has the same collaboration as described above for Kids Klub, but focuses on Middle School aged children. Neenah School district is currently using this after-school program for middle school. Great games and activities are planned by middle school peers. Held during the school year only.

TnT—Youth ages 13-23 from any Fox Cities school district can come and meet new people, try fun group games, trivia questions and laughs. This positive interaction between peers allows them to gain exposure to each other, which leads to understanding and results in acceptance for each person involved. All teen participants take part in large and small group activities such as singing, sharing and games, engage in cooperative learning experiences and have opportunities for leadership development. Held 6:30-8:00pm at First Congregational United Church of Christ, 724 E South River St., Appleton. There is no cost for this program.

Special Olympics—Did you know Special Olympics begins at age 8?? Please see the Special Olympics section in this newsletter for sports offered by SOAR Fox Cities, and become part of the 3rd largest Special Olympics agency in the state of Wisconsin!! SOAR Fox Cities offers 7 sports throughout the year.

People First—SOAR encourages and trains individuals, including youth, to speak up and advocate for themselves. There is a meeting once a month. **See details below!**



Quick Reference

Youth Services Manager: Lisa McCallister, 920-731-9831 x110, lisa@soarfoxcities.com

If you are a TEEN or a young adult (through age 23), join TnT! with Lisa M.

TnT - In Person - Thursday, March 10th - 6:30pm - 8:00pm

We will be meeting in the SOAR Building, Lower Level.

Happy Spring! Let's have fun with friends and if, by chance, it is warm we will head outside.

Cost: FREE

• TnT - In Person - Thursday, March 24th - 6:30pm-8:00pm

We will meet in the SOAR Building, Lower Level.

More fun! Let's laugh and enjoy the company of friends.

Cost: FREE

People First Fox Cities with LeeAnn

6:00pm-7:00pm at Menasha Library Lower Level-Gegan Room-440 First St., Menasha OR via Zoom Cost: FREE

Tues., March. 8th

A group that encourages and trains individuals to speak up and advocate for themselves.

Everyone is welcome! Guest speaker is from the Menasha Library! Please note the location change. Masks are required in the library, and please no food or beverages.

People First Wisconsin Board Meeting is Saturday, March 19th at 9:30am-12:00pm via Zoom. Contact LeeAnn for more information and for the Zoom link.*

Brain Injury Support Group Caregiver Chats with Julie

11:30am-1:00pm, at Rivertyme Bistro

Fee: FREE

• Thurs., March. 17th-Meeting intended for caregivers of brain injury survivors to gain support and community.

Brain Injury Support Group with Julie/Clare

Brain Injury support group meetings are for brain injury survivors and supporters.

Fee: FREE

- Mon., March 28th—In Person 6:00pm-7:30pm at the UWO Fox Valley Campus
- Wed., March 9th— Virtual 5:30pm-6:30pm— On Zoom

Games with Lisa V.

5:00pm-7:00pm, SOAR Building, Lower Level Fee: \$10 member/\$20 non-members

• Tues., March. 1st- Games with friends!

Register by February 21st

Daytime Craft with LeeAnn

1:00pm-2:30pm, SOAR Building, Lower Level

Fee: \$15 member/\$30 non-member

• Thurs., March 3rd- You will make a St. Patrick's Day craft.

Register by February 24th

Baking with LeeAnn

1:00pm-3:00pm SOAR Building, Lower Level Fee: \$20 per member/\$40 per non-member

• Tues., March 8th- Cooking of the month: Pistachio Thumb Prints

Register by March 1st

Grief Class with LeeAnn

4:00pm-5:00pm, SOAR Building, First Floor Board Room Fee: \$10 for members/\$20 for non-members

Wed., March 9th
 — Participants will engage in a discussion about different stages of grief they may
 encounter with the death of a loved one or friend. Healthy coping strategies will be explained and
 practiced.

Register by March 3rd

Baking Class with LeeAnn

10:00am-12:00pm, SOAR Building, Lower Level

Fee: \$20 members/\$40 non-members

Thurs., March 10th

Think Spring! You'll be making Florida Pie!

Register by March 7th

Evening Craft with Lisa V.

5:00pm-7:00pm SOAR Building, Second Floor Volunteer Room

Fee: \$15 member/\$30 non-member

• Thurs., March 10th-You will make an Easter craft.

Register by March 1st

Dinner and Bingo with Lisa V.

5:30-8:30pm, SOAR Building, First Floor Board Room Fee: \$25 member/\$50 non-member/\$15 caregiver

• Tues., March 15th— A healthy dinner and bingo!

Register by March 7th

Cooking Basics with LeeAnn

4:00pm-5:30pm SOAR Building, Lower Level FEE: \$60 member/\$120 non-member

Tues., March. 15th, 22nd, and 29th-This series, the recipes will have fewer ingredients and
emphasize basic cooking and safety skills in the kitchen. Each week the participants will prepare
their own meal.

Register by March 8th

Healthy Cooking with LeeAnn

4:00pm-5:30pm, SOAR Building, Lower Level

Fee: \$60 member/\$120 non-member

• Wed., March 16th, 23rd, and 30th-A three-week series with nutrition education. Each night you will make your own dinner. Please make sure you can attend all 3 classes.

Register by March 9th

Healthy Relationships with LeeAnn

4:30pm-5:30pm, SOAR First Floor Board Room or via Zoom

Fee: \$30 for members/\$60 for non-members

• Thurs., March 17th, 24th, and 31st Topics will include: public vs. private behaviors and places, and types of relationships and boundaries. Please make sure you area able to attend all 3 classes.

Register by March 8th

Lunch Bunch with LeeAnn

11:00am-1:00pm, SOAR Building, Lower Level

Fee: \$25 member/\$50 non-member

• Thurs., March 17th— A St. Patrick's Lunch: We will have (reubens or hot ham and cheese) and play some games and do a craft. Don't forget to wear your green!

Register by March 10th

















Dance (Erin go Bragh) with Lisa V.

6:30pm-8:30pm, Salvation Army Menasha 1525 Appleton Rd. Menasha, WI 54952 Fee: \$10 member/\$20 non-member



• Fri., March 18th-Wear your green, and let's celebrate the Irish in all of us!

MASKS AND TICKETS ARE REQUIRED. PLEASE DO NOT ARRIVE BEFORE 6PM

Register by March 17th

Soups On! with LeeAnn

10:00am-12:00pm, SOAR Building, Lower Level Fee: \$20 per member/\$40 per non-member

• Thurs. March. 24th – Make and Take! You'll be making chicken dumpling soup.

Register by March 17th

Dinner and Movie with Lisa V.

5:00pm-9:00pm

Fee: \$35 members/\$70 non-members/\$15 caregivers

Tues., March 29th Drop off at El Azteca for dinner (N474 Eisenhower Dr. Appleton, WI 54915) Then we will walk to the Marcus Valley Grand Cinema (please dress for the weather and wear a mask) to watch a movie. **Bring your own money if you would like snacks at the theater.** Pick up at the movie theater W3091 Van Roy Rd. Appleton, WI 54915.

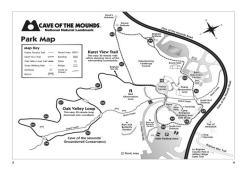
Register by March 17th

Saturday Spree (at Cave of the Mounds) with Lisa V.

9:30am-3:30pm, drop off and pick up at SOAR Building 211 E. Franklin St. Appleton, WI 54911 Fee: \$80 member/\$160 non-member/\$70 caregivers

Sat. March. 26th
 — We will meet at the SOAR Building and ride the bus to go tour one of the largest caves in Wisconsin. Wear your walking shoes as you are sure to get your steps in! Dress for the temps (caves are about 50 degrees Fahrenheit). Bring a water bottle and don't forget to wear your mask. We will eat lunch at Culvers on our way! Pick up at the SOAR Building at 3:30pm.

Please note that the caves at Cave of the Mounds are not wheel-chair accessible. The rest of the property is, though







Register by March 17th

Special Olympics Updates

Special Olympics is dedicated to empowering individuals with intellectual disabilities to become physically fit, productive and respected members of society through sports training and competition. The sports we offer give our athletes a safe and fun environment to grow their self-confidence, keep a steady social life and practice healthy living by being active. We have opportunities for coaching, please contact Lisa V. for info!













SOAR SO Swimming Fans!

Practices: Mondays, 4:00 - 5:30 pm. First practice is March 7th.

Location: Badger Pool-Located at West High School 610 Badger Ave. Appleton, WI

Please call or e-mail Lisa Volkman with questions

lisav@soarfoxcities.com, EXT: 109

Is your medical information with SOWI up to date??

If your medical exam is near expiration or you're not sure, please email Lisa at lisav@soarfoxcities.com to double check. You cannot take part in Special Olympics activities or compete if your medical is not up to date or if you cannot prove you have been vaccinated. All athletes must also have a COVID-19 form and waiver on file with SOWI. If you have not signed each of these please contact Lisa V. -

(920) 731-9831 **EXT: 109**

















Reminder! Our cancellation policy is:

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there with be no credit given, only in rare instances will exceptions be granted.

If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist If we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.

If cancelling (or no-show) for a part of a series, no credit will be given.

If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

- **1.** Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waiting list and gives another participant the opportunity to join the activity.
- 2. Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option. Thank you for your understanding, patience, and support!

Participant Name _		Checkmark the box to the right for camp info. >>>>>		
Date of Activity	Activity Name		Cos	

Submit total amount due to:
SOAR Fox Cities
211 E Franklin St., Suite A
Appleton, WI 54911

Cultura it total and accorded to a

.

Pay by cash, check (#),	or on-line.
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March 2022 Calendar at a Glance

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 -Games	2 -Coffee Connections	3 -Daytime Craft	4	5
6	7	8 -Baking Class -Happy Hour -People First Fox Cities	9 -Virtual BISG -Grief Class	10 -Baking Class -Nighttime Craft -TnT	11	12
13	14	15 -Dinner and Bingo -Cooking Basics	16 -Healthy Cooking	-BISG Caregiver Chats -Healthy Relationships -Lunch Bunch	18 -Dance	19
20	21 -SOAR Together	22 -Cooking Basics	23 -Healthy Cooking	24 -Healthy Relationships -Soups On! -TnT	25	26 -Super Saturday/Sa turday Spree! -Sugar Bush Maple Syrup
27	28 -BISG In- Person	-Cooking Basics -Dinner and Movie -Community Conversation Aging/IDD	30 -Healthy Cooking -Memory Cafe	31 -Healthy Relationships -Virtual Community Conversation Aging/IDD		

Come Support SOAR at these fun community events!



BOWLING FUN-DRAISER!

Saturday, February 19, 2022; 12:00-4:00pm

Sabre Lanes: 1330 Midway Road, Menasha

Sabre Lanes is generously hosting a February FUNdraiser to benefit SOAR Fox Cities! **Make a minimum \$5 donation and get unlimited bowling and shoes!** Advance registration is not required, simply come between 12:00-4:00 for the fun! **100% of donations go to SOAR!**



Noodles For Good!

Wednesday, February 23, 2022; 4:00-8:00pm

Noodles & Company: 3719 E Calumet St, Appleton

Dine to Donate at East Appleton Noodles & Company for SOAR Fox Cities! **25% of your purchase will be donated back to SOAR!** For your purchase to count, **dine-in and mention SOAR** at checkout OR place an **order online, enter code** "GIVING25" in coupon code box, and hit "Apply". Look for the red check for confirmation and proceed to checkout!



Paint and Sip for SOAR!

Wednesday, March 9, 2022; 7:00-9:00pm

Pinot's Palette: 226 E College Ave, Appleton

Cost: \$35

Join us for a night of **painting at Pinot's Palette**, with \$10 of your registration going directly to SOAR! In this two-hour guided class, **you will paint a beautiful painting**, sure to be a hit in your home, office, or as a gift! Space is limited, don't miss out on this fun night supporting SOAR!

See the painting & register here:

www.pinotspalette.com/appleton/event/595058



Disability Advocacy Day of Action! March 16, 2022 Virtually on Zoom

Join us!

Disability Day of Action is a virtual event focused on connecting
Disability Advocates with their legislators to talk about issues that
matter to them. Attendees are expected to participate in the morning
briefing and call their legislators in the afternoon.



iDía de Acción de Abogacía de la Discapacidad!

16 de marzo de 2022

Virtualmente en Zoom

El Día de Acción de Discapacidad es un evento virtual enfocado en conectar a los defensores de la discapacidad con sus legisladores para hablar sobre temas que les importan. Se espera que los asistentes participen en la sesión informativa de la mañana y llamen a sus legisladores por la tarde.



WWW.SURVIVALCOALITIONWI.ORG

Time for a hike and breakfast together!



Join us for a morning hike through
1000 Islands Environmental Center
to learn the process of collecting
tree sap and turning it into maple
syrup. We will get to witness the entire process
from start to finish! We will have a guided hike
and tapping demonstration. We'll also tour the
Sugar Shack!

Afterwards, we will head for brunch at Chefo's Pancake House in Kimberly!
We will have the back room set up for our group to enjoy each other's company over pancakes or brunch food of your choice!



Date: Saturday, March 26, 2022 Time: 10:00 am

Where: Meet for hike at 1000 Islands Environmental Center,
1000 Beaulieu Ct, Kaukauna, WI, 54130
Brunch after at Chefo's Pancake House, 760 W Kimberly Ave, Kimberly, WI,
54136

This is a family event, so participants must attend with a family member or staff. You must register no later than March 23, 2022 with \$5/person for the Maple Syrup Program at 1000 Islands.

Bring your own money to pay for brunch at the restaurant.

Dress appropriately for the weather!

Masks are required.

Do you have a loved one with an intellectual or developmental disability in our community age 35 or older?



Are you a caregiver or healthcare worker serving this population or working alongside them?

Please join us for an evening of conversation around Aging and Individuals with Intellectual and Developmental Disabilities in our community! We will be having an informal discussion about how

we can identify and better meet the needs of these individuals in our community over coffee and light desserts!





When:

Tuesday, March 29, 2022 6:00-8:00 pm Registration begins at 5:30 pm

Where:

Miron Construction 1471 McMahon Drive Neenah, WI 54956 (Wenzler 1 Meeting Room)

Limited seating is available, so please register no later than March 18 by calling (920) 731-9831 or by emailing Heidi@soarfoxcities.com.

Need respite?

Sign up for Dinner & a Movie 5-9 PM through SOAR at (920) 731-9831

Can't attend in-person? Join us virtually!

Thursday, March 31

4:00 - 6:00 pm

Register here for the link: https://bit.ly/3rdZ4Mg