



# Activity & Program Guide

April 2022

## Face to Face & Virtual

SOAR Fox Cities, Inc. ~ 211 E. Franklin Street ~ Appleton, WI 54911



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Inserts: April Calendar at a Glance, Memory Café, Passion Play, SOAR Participant Survey, Spread the Word, Flick and Float, Track and Field, SOAR Ambassador Volunteers, Conference

Office Hours: Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

\*Phone: 920.731.9831

\*Fax: 920.725.1531

\*E-mail: [info@soarfoxcities.com](mailto:info@soarfoxcities.com)



# Policies

To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form
- Acknowledgement Form from the Participant/Guardian Handbook

Note: ***The Participant Information Form needs to be updated annually.*** Throughout the course of the year changes may occur with conditions, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

**Parking** When parking at our building during business hours, please use the parking stalls designated for 211 E. Franklin Visitors. If you park in other companies' stalls you risk being towed.

**Inclement Weather Policy** Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, SOAR FC staff will attempt to notify all participants who are signed up for the program or service of the closure. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check our website and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity.

**Payment Policy** We will NOT be able to collect payments at activities. Do not give staff your payment—we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the mail slot. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 122. If you are registering for an activity and tickets need to be picked up, feel free to send a self-addressed stamped envelope along with your payment, or pay an extra \$1.00 to have the tickets mailed to you, or stop by our office. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

**Cancellation Policy** If you are unable to attend an event, you must cancel at least **5 days in advance**. If you do not cancel in advance you will be liable for the program fees - Please see enclosed notice regarding cancellation policy.

**Notice** SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

# Volunteering

Did you know that the volunteer opportunities with SOAR are almost endless!? Aside from volunteering at programs, we LOVE it when members help out at special events. Occasionally we also have special office projects, like folding and stuffing mailings, that we need help with! If you want to learn about these and more opportunities, please call Ashley Gustafson, Community Engagement Director, at 920-731-9831, x114.

***Some current needs are: special event committee members, assistant Coach for Special Olympics***



*Volunteer with SOAR today!*





## SOAR Fox Cities Board of Directors

Bryan Mueller, *President*  
Laura McCormick, *Vice President*  
Gary Weber, *Treasurer*  
Heather Sorebo, *Secretary*

Polly VandenBoogaard

Paul Meyer

Mark Robinson

Reg Wydeven

Leigh Bolender

Jonathan Pitzen



Hello Friends of SOAR!

Who is ready for spring!?! Me! Pick me!! I'm so excited to be talking about April. It means warmer weather, longer days and, soon, summer afternoons in the sun. I don't know about you, but after this winter, I'm looking forward to it.

I have an announcement in this newsletter that I think you're all very much looking forward to — NO MORE MASKS!!! Yay! As the COVID-19 numbers continue to decrease while the numbers of people who have been vaccinated increase, we're excited to finally drop the mask requirement at SOAR functions. We will be continuing to watch the state of things with positive COVID numbers, but we have our fingers crossed this is a permanent change.

We do want to remind everyone, though, that if you prefer to wear a mask at activities, we wholly support your decision to do so. There is still a lot of uncertainty with COVID-19 and masks do help reduce illness so if someone is more comfortable wearing a mask we support and encourage it!

With the removal of the mask requirement, we want to ask that you be extra careful if you're experiencing any COVID-like symptoms. You can refresh your memory on what they are here: [www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.com](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.com) If you are experiencing any symptoms, please do not come to SOAR activities. If you test positive for COVID-19 you cannot attend programs until after the mandatory quarantine period. If you do test positive or have close contact with someone who has tested positive, please contact the SOAR team.

I'm excited to see this "shift in gears" and am looking forward to actually SEEING everyone's faces!! Like I said above, our fingers are crossed that this is a permanent change and that, soon, COVID will be a thing of the past! Have a GREAT April everyone & welcome to Spring!

~ Erin Schultz, Executive Director

## SOAR Fox Cities Staff can be reached at 920.731.9831

Erin Schultz, Executive Director, x116

Ashley Gustafson, Director of Community Engagement, x114

Jolene Verstegen, Financial Administrator, x115

Julie Biesterveld, TBI Support Program Coord., x113

LeeAnn Stein, Director of Adult Programs, x112

Lindsay Wollerman, Fundraising & Grant Manager, x127

Lisa McCallister, Youth Services Manager, x110

Lisa Volkman, Special Olympics Coordinator, x109

Adult Program Coordinator, x109

Clare Buckley, TBI Support Program Navigator, x118

Heidi Zick, Family Programs & Community Resource Coordinator, x111

Leah Quinn, Member and Office Support Specialist, x100

Kari Much, Accounting Clerk, x122

## Registering for all activities is required!

1. Select the activities that fit your schedule.
2. **Be sure to register 7 days (one week) before an activity that you want to attend, unless a specific registration date is noted in the description of the activity.**
3. Complete the enclosed registration form and return it to our SOAR office with payment. You can pay online at [www.soarfoxcities.com](https://www.soarfoxcities.com), send a check, or stop at our office. Payment must be made prior to an activity.
4. Note that dances require tickets for admission. Staff/caregivers attending need to get a complimentary ticket at the SOAR office.



## **A FEW ANNOUNCEMENTS AND UPDATES**

### **Caregiver Fees**

Hey Everyone! We just want to give you a quick heads up on some changes with Caregiver Fees. As some of you may have noticed, they've gone up for some activities. Please know this is because those activities include a meal or a ticket to an event (or into a building like the museum). In the past, especially in regard to meals, we would have asked that you pay for your own meal; however we have found that to be difficult & cumbersome during the fun of the activity. So, moving forward we've opted to increase the caregiver cost and cover the meals, tickets, etc. for the caregiver attending.

The additional cost will not be added to every event. For those events that do see an increase in caregiver cost, the additional cost has been determined using an average meal cost at the particular restaurant or location being visited. As always, please feel free to contact us with any questions! Thank you!!

### **Activity Arrival Time**

Please do not arrive for activities more than 15 minutes before the activity is scheduled to start! If you do, we cannot guarantee the front doors of the building will be open, especially if the activity is after 4:00pm or on a weekend, or that someone will be available to let you in. As it gets colder outside, this is IMPORTANT as we don't want you waiting out in the cold! We understand that those taking Valley Transit cannot always control this so please contact us with any questions! Thank you!

### **Did You Know!?**

SOAR is still selling Kwik Trip Cards! For every card purchased directly from SOAR a percentage of the purchase is donated back to SOAR! How cool?!  
Interested in learning more? Call us at 920-731-9831 to purchase yours today!



# Calendar-at-a-glance

## April 2022

### Program Type KEY

Youth Programs=TnT/Y , Adult Programs =AE/SRR,  
 Advocacy Programs/TBI =ADV ,  
 Family Programs =F, Community Ed =CE,  
 Aging/Intellectual Developmental Disability=Aging/IDD

April	Program Choice	Time	Page	Cost member/ non-member/ Caregiver	IRIS Code	Staffed by:	Type KEY
3	Sunday Funday	1:00pm-5:30pm	9	\$35/\$70/\$15	C	Lisa V.	SRR
5	All Rise! The Passion Play	6:40pm-9:00pm	6	FREE	-	Heidi	FAM
6	Coffee Connections	10:30am-11:30am	6	FREE	-	Heidi	FAM
6, 13, 20	Healthy Cooking	4:00pm-5:30pm	9	\$60/\$120	F	LeeAnn	AE
7	TnT	6:30pm-8:00pm	8	FREE	-	Lisa M.	Y
8	SRR Dance	6:30pm-8:30pm	9	\$10/\$20	F	Lisa V.	SRR
12	Dinner and Bingo	5:30pm-8:30pm	9	\$25/\$50/\$15	F	Lisa V.	SRR
12	Parent/Caregiver Happy	6:00pm-7:00pm	6	FREE	-	Heidi	FAM
12	People First	6:00pm-7:00pm	8	FREE	-	LeeAnn	ADV/PF
13	Virtual BISG	5:30pm-6:30pm	9	FREE	-	Julie/Clare	ADV/TBI
13	Games	5:00pm-7:00pm	9	\$10/\$20	F	Lisa V.	SRR
14	Baking Class	10:00am-12:00pm	10	\$20/\$40	F	LeeAnn	AE
18	SOAR Together	6:00pm-8:00pm	7	FREE	-	Heidi	FAM
19	Daytime Craft	1:00pm-2:30pm	10	\$15/\$30	F	LeeAnn	AE
21	Baking Cookie of the Month	10:00am-12:00pm	10	\$20/\$40	F	LeeAnn	AE
21	TnT	6:30pm-8:00pm	8	FREE	-	Lisa M.	Y
21	BISG Caregiver Chat	11:30am-1:00pm	9	FREE	-	Julie	ADV/TBI
23	Family Flick and Float	1:00pm-3:00pm	7	\$10 per person	C	Heidi/Angie	FAM
25	In Person BISG	6:00pm-7:30pm	9	FREE	-	Julie/Clare	ADV/TBI
26	TnT Cookie Decorating	4:45pm-6:00pm	8	\$25 per person	F	Lisa M./Angie	Y
26	Dinner and Movie	5:00pm-9:00pm	10	\$35/\$70/\$15	C	Lisa V.	SRR
26	Make and Take	10:00am-12:00pm	10	\$20/\$40	F	LeeAnn	AE
27	Memory Café for Aging/IDD	6:00pm-7:30pm	7	FREE	-	Heidi	AGI
28	Evening Craft	5:30p-7:00p	10	\$15/\$30	F	Lisa V.	SRR



## Coffee Connections with Heidi

Wednesday, April 6th, 10:30am-11:30am, Cost: FREE



Join other parents and caregivers of individuals with differing abilities for a cup of coffee and light breakfast treats while we support each other and discuss issues we are facing along with successes we have had recently. Privacy is always maintained in our group. No need to register, just come on down to our **SOAR Offices Lower Level Activity Room! No need to register.** Any questions, reach out to Heidi via email [Heidi@soarfoxcities.com](mailto:Heidi@soarfoxcities.com) or by phone at (920)731-9831, ext. 111.



## Happy Hour with Heidi

Tuesday, April 12th, 6pm-7pm, Cost: FREE



Enjoy an evening out at **Meade Street Bistro** with other parents and caregivers as we get to know one another while supporting each other through our concerns and successes. We have a quiet secluded part of the restaurant to ourselves, so please know we try to protect privacy as best we can. Feel free to purchase a drink and/or locally-sourced food to enjoy while we chat! **No need to register.** Any questions, reach out to Heidi via email at [Heidi@soarfoxcities.com](mailto:Heidi@soarfoxcities.com) or by phone at (920)731-9831, ext. 122.

## SOAR Together with Heidi

Monday, April 18th, 6:00pm-8:00pm, Cost: FREE

Join us at The Mad Apple Burger and Billiard Co. for Prevention 102, the second of our 2-part series being done by Korey Hokenson from the Sexual Assault Crisis Center. Do not worry if you missed Part 1, you may still attend to learn important information; **just register for Prevention 102 by April 11th!** Please feel free to reach out to Heidi if there is a topic you feel would benefit our community from learning more about. We will have a server dedicated to us, so feel free to buy yourself a beverage and dinner while we are learning. (You are responsible for your own food and beverage.) See you there! Any questions, reach out to Heidi via email [Heidi@soarfoxcities.com](mailto:Heidi@soarfoxcities.com) or by phone at (920)731- 9831, ext. 122.

## All Rise! The Passion Play with Heidi

Xavier Fine Arts Theater(1600 W. Prospect Ave. Appleton, 54914), 6:40pm-9:00pm

Enjoy a free performance of the powerful musical drama retelling the timeless story of the New Testament in a new, exciting stage production appropriate for all ages.

See insert for more information. **Register by March 31st.**

## Family Flick and Float with Heidi and Angie

Saturday, April 23rd, 1:00pm-3:00pm

Come float with us at the pool while watching a family friendly flick! Snack and drinks provided.

**\*\*See insert for more details.\*\***



## Memory Café for Aging/IDD Community with Heidi

Wednesday, April 27th, 6:00pm-7:30pm

Join us for our first Memory Café! This memory café is a place specifically for individuals 35 and older with intellectual and developmental disabilities, and memory problems, or dementia, and their caregivers, to meet others in a similar situation.

**\*\*See insert for more details\*\***





# SOAR Fox Cities - where YOUTH fit in!

**Kidz Klub**—Kidz Klub is a collaborative after-school program between SOAR Fox Cities and area school districts which targets children in Elementary Schools. Kidz Klub is a peer-to-peer social group for youth with and without disabilities held at a school within the participating school district.

**Teen Stop**—Teen Stop has the same collaboration as described above for Kids Klub, but focuses on Middle School aged children. Neenah School district is currently using this after-school program for middle school. Great games and activities are planned by middle school peers. Held during the school year only.

**TnT**—Youth ages 13-23 from any Fox Cities school district can come and meet new people, try fun group games, trivia questions and laughs. This positive interaction between peers allows them to gain exposure to each other, which leads to understanding and results in acceptance for each person involved. All teen participants take part in large and small group activities such as singing, sharing and games, engage in cooperative learning experiences and have opportunities for leadership development. Held 6:30-8:00pm at First Congregational United Church of Christ, 724 E South River St., Appleton. There is no cost for this program.

**Special Olympics**—Did you know Special Olympics begins at age 8?? Please see the Special Olympics section in this newsletter for sports offered by SOAR Fox Cities, and become part of the 3rd largest Special Olympics agency in the state of Wisconsin!! SOAR Fox Cities offers 7 sports throughout the year.

**People First**—SOAR encourages and trains individuals, including youth, to speak up and advocate for themselves. There is a meeting once a month. **See details below!**



## Quick Reference

Youth Services Manager: Lisa McCallister, 920-731-9831 x110, [lisa@soarfoxcities.com](mailto:lisa@soarfoxcities.com)

**If you are a TEEN or a young adult (through age 23), join TnT! with Lisa M.**

- **TnT - In Person - Thursday, April 7th - 6:30pm - 8:00pm**

We will be meeting in the SOAR Building, Lower Level., Cost: FREE

Welcome Spring (and hopefully warmer weather)! We will do what we do best, have fun and work on team work!

- **TnT - In Person - Thursday, April 21st - 6:30pm-8:00pm**

We will meet in the SOAR Building, Lower Level., Cost: FREE

More fun! Let's laugh and enjoy the company of friends. Since "Spring" should be here, if it's nice we will be outdoors again.

- **TnT- Cookie Decorating - In Person -Tues., April 26th - 4:45pm-6:00pm (with Angie)**

We will meet in the SOAR Building, Lower Level., Cost: \$25 per person

Learn how to decorate custom cookies from a professional baker. Each participant will take home 4 designer cookies with a flower and animal theme that they decorate themselves by following step by step directions.

**Register by April 19th**

## People First with LeeAnn

6:00pm-7:00pm at Menasha Library Lower Level-Gegan Room-440 First St., Menasha  
Cost: FREE

- **Tues., April 12th**

A group that encourages and trains individuals to speak up and advocate for themselves. Everyone is welcome! We will be making cards for the area's Police Department.



**Brain Injury Support Group Caregiver Chats with Julie**

11:30am-1:00pm, at Rivertype Bistro

Fee: FREE

- **Thurs., April. 21st**—Meeting intended for caregivers of brain injury survivors to gain support and community.

**Brain Injury Support Group with Julie/Clare**

Brain Injury support group meetings are for brain injury survivors and supporters.

Fee: FREE

- **Wed., April 13th**—Virtual—5:30pm-6:30pm—via Zoom
- **Mon., April 25th**—In Person—6:00pm-7:30pm—at the UWO Fox Valley Campus

**Sunday Funday with Lisa V.**

1:00pm-5:30pm

Hearthstone Historic House Museum (625 W. Prospect Ave., Appleton 54911),

Sangria's (215 S. Memorial Dr. Appleton 54911)

Fee: \$35 member/\$70 non-member/\$15 caregiver

- **Sun., April 3rd**—Tour the first house to have electricity in Appleton! We will visit the 1800's and then walk to Sangria's to have dinner. Please dress for the weather. Drop off at the Hearthstone and pick up at Sangria's.

**Register by March 3rd****Healthy Cooking Series with LeeAnn**

4:00pm-5:30pm, SOAR Building, Lower Level

Fee: \$60 member/\$120 non-member

- **Wed., April 6th, 13th, and 20th**— A three week series with nutrition education. Each night you will make your own dinner. **Please note: When signing up for this class, you are signing up for all 3 classes for a total of \$60.00 (cannot register for individual classes).**

**Register by March 25th****Dance with Lisa V.**

6:30pm-8:30pm, at Salvation Army Menasha (1525 Appleton Rd. Menasha)

Fee: \$10 member/\$20 non-member



- **Fri., April 8th**— We will have a "Spring Fling" themed dance!

**Dinner and Bingo with Lisa V.**

5:30pm-8:30pm, SOAR Building, Lower Level

Fee: \$25 member/\$50 non-member/\$15 caregiver

- **Tues., April., 12th**— Let's play bingo and have dinner together! Dinner will be Sloppy Joe's, chips, a pickle, and a surprise dessert.

**Register by April 1st****Games with Lisa V.**

5:00pm-7:00pm SOAR Building, Second Floor Volunteer Room

Fee: \$10 per member/\$20 per non-member

- **Wed., April 13th**— Let's play games with friends!

**Register by April 7th**

**Baking with LeeAnn**

10:00am-12:00pm, at SOAR Building, Lower Level

Fee: \$20 member/\$40 non-member

- **Thurs., April 14th** We will make lemon poppy seed pound cake.

**Register by April 7th****Daytime Crafts with LeeAnn**

1:00pm-2:30pm, SOAR Building, Lower Level

Fee: \$15 member/\$30 non-member

- **Tues., April 19th**– You'll be making a beaded suncatcher.

**Register by April 12th****Baking Cookie of the Month with LeeAnn**

10:00am-12:00pm, SOAR Building, Lower Level

Fee: \$20 member/\$40 non-member

- **Thurs., April 21st**– Easter Buttons!

**Register by April 14th****Dinner and a Movie with Lisa V.**

5:00pm-9:00pm

Tom's Drive-In (701 East Wisconsin Ave. Appleton 54911), and Marcus Hollywood Cinema (513 N. Westhill Blvd. Appleton, WI 54911)

Fee: \$35 member/\$70 non-member/\$15 caregiver

- **Tues., April 26th**– Drop off at Tom's Drive-In for dinner where we will all eat together. After dinner we will walk to the movie theater to see a movie. Please dress for the weather and bring your own money if you would like to buy snacks at the theater.

**Register by April 15th****Make and Take with LeeAnn**

10:00am-12:00pm, SOAR Building, Lower Level

Fee: \$20 member/\$40 non-member

- **Tues., April 26th**– You'll be making enchiladas that you can take home and enjoy or freeze for another day.

**Register by April 19th****Evening Craft with Lisa V.**

5:30pm-7:00pm SOAR Building, Second Floor Volunteer Room

FEE: \$15 member/\$30 non-member

- **Thurs., April. 28th**– You will be making a Spring craft!

**Register by April 21st**



# Special Olympics Updates

Special Olympics is dedicated to empowering individuals with intellectual disabilities to become physically fit, productive and respected members of society through sports training and competition. The sports we offer give our athletes a safe and fun environment to grow their self-confidence, keep a steady social life and practice healthy living by being active. We have opportunities for coaching, please contact Lisa V. for info!

**\*\*Please see the Spread the Word insert as well as the Track and Field insert for details on upcoming events!\*\***



## Is your medical information with SOWI up to date??

If your medical exam is near expiration or you're not sure, please email Lisa at [lisav@soarfoxcities.com](mailto:lisav@soarfoxcities.com) to double check. You cannot take part in Special Olympics activities or compete if your medical is not up to date or if you cannot prove you have been vaccinated. All athletes must also have a COVID-19 form and waiver on file with SOWI. If you have not signed each of these please contact Lisa V. -  
(920) 731-9831 **EXT: 109**



**Reminder! Our cancellation policy is:**

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there will be no credit given, only in rare instances will exceptions be granted.

**If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.**

If cancelling (or no-show) for a part of a series, no credit will be given.

If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

- 1. Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waiting list and gives another participant the opportunity to join the activity.
- 2. Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option. **Thank you for your understanding, patience, and support!**



**Participant Name** \_\_\_\_\_

Date of Activity	Activity Name	Cost

Submit total amount due to:  
SOAR Fox Cities  
211 E Franklin St., Suite A  
Appleton, WI 54911

Registration and Payment required prior to activities.  
  
Pay by cash, check (# \_\_\_\_\_), or on-line.

Total: \_\_\_\_\_

## **April 2022 Calendar at a Glance**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 Sunday Funday!	4	5 -All Rise! Passion Play	6 -Coffee Connections -Healthy Cooking	7 -TnT	8 -SRR Dance	9
10	11	12 -Happy Hour -People First -Dinner & Bingo	13 -Healthy Cooking -Games -Virtual BISG	14 -Baking	15	16
17	18 -SOAR Together	19 -Daytime Craft	20 -Healthy Cooking	21 -Baking Cookie of the Month -TnT -BISG Caregiver Chat	22	23 -Family Flick and Float
24	25 -In Person BISG	26 -Make and Take -Dinner & Movie -TnT Cookie Decorating	27 -Memory Cafe	28 -Evening Craft	29	30





**SOAR SPRING FAMILY EVENT**

# **FLICK AND FLOAT**

**COME FLOAT WHILE WATCHING A  
FAMILY FRIENDLY FLICK  
FUN FOR THE WHOLE FAMILY, SNACKS PROVIDED.**

**JOIN US AT SWIMTASTICS  
1420 UNIVERSITY DRIVE  
MENASHA WI 54952**

**SATURDAY, APRIL 23, 2022**

**1:00-3:00 PM**

**COST \$10.00 PER PERSON**

**MUST REGISTER WITH SOAR BY  
CALLING (920)731-9831 OR ONLINE AT  
[WWW.SOARFOXCITIES.COM](http://WWW.SOARFOXCITIES.COM)  
BY APRIL 14, 2022.**

**\*SINCE THIS IS A FAMILY  
EVENT, YOU MUST  
REGISTER WITH A  
FAMILY MEMBER OR  
CAREGIVER.**





# JOIN OUR MEMORY CAFE CELEBRATE EARTH DAY

**Wednesday, April 27  
6-7:30 pm**

The memory café is a place for individuals 35 and older with intellectual and developmental disabilities and memory problems, or dementia, and their caregivers, to meet others in a similar situation.

Share experiences, make friends, find information and support, and enjoy an activity while we celebrate Earth Day!

Each participant should register and attend with a caregiver. If this would not be possible, please reach out to Heidi Zick to discuss options. Register by April 22 by calling Heidi at (920)731-9831 or via email at [heidi@soarfoxcities.com](mailto:heidi@soarfoxcities.com).







# ALL RISE!

THE NORTHEAST WISCONSIN PASSION PLAY

**Tuesday, April 5 ~ 7:00-9:00 pm**

**Free event, no tickets needed, but  
registration is required by March 31.**

**\*Arrive at 6:40. The show starts  
promptly at 7 pm.**

**\*Since this is a family event,  
you must attend with a family  
member or caregiver.**

Let us know if you need  
wheelchair seating, along  
with the type of wheelchair.

**Questions or concerns?**

Contact Heidi at SOAR at  
(920)731-9831 or  
[heidi@soarfoxcities.com](mailto:heidi@soarfoxcities.com)

All Rise!, the Northeast Wisconsin Passion Play is a powerful musical retelling the timeless story of the New Testament in a new, exciting state production appropriate for all ages. Witness the calling of the apostles, the miracle at the wedding at Cana, the triumphal entry into Jerusalem and our Lord's passion, crucifixion and glorious resurrection.

**\*Depending on COVID protocols at the time,  
masks may be required by Xavier.**



## 2022 K.I.T.E. Conference Registration Form

**INSTRUCTIONS:** Register by mail or online at: <https://www.signupgenius.com/go/70A054FAEA62EAAF94-kite>  
Payment must be made online at [soarfoxcities.com](https://www.soarfoxcities.com) or you may pay by check. Return payments and registration forms to:  
SOAR Fox Cities, Inc., Attn: Kite Conference, 211 E. Franklin Street, Suite A, Appleton, WI, 54911

### ATTENDEE INFORMATION

Name (first & last)			
Address			
Phone Number		Email	

### BREAKOUT SESSION SELECTION

#### 1<sup>st</sup> BREAKOUT SESSIONS (10:00 am – 10:50 am) \*Please select one:

☐ **1A: Parent to Parent Panel:** Parents will pull back the curtain on parenting a child with a disability. Hear firsthand from a group of parents as they candidly share experiences, perspectives, and advice. **Presented by:** Harriet Redman, Executive Director of WisconSibs

☐ **1B: Self-Care for the Caregiver:** As caregivers we may frequently hear of the importance of self-care, but it can be illusive! What does self care mean? Why is it so important when I have so many other things I need to do? What exactly does practicing self-care look like in real terms? Join us and find out more. **Presented by:** Heather Flick, MS, and Susan Kazik, MSW, CAPSW, Caregiver Coaches, RCI REACH Program, Mosaic Family Health

☐ **1C: Introduction to Dementia with IDD:** Dementia is an age-associated condition that affects and diminishes an individual's quality of life. Learn how dementia may appear differently in adults with intellectual and developmental disabilities. Identify the early signs of dementia and rule out other causes of age-related decline. **Presented by:** Heidi Zick, Affiliated Regional Trainer with NTG, Aging/IDD Coordinator, Fox Valley Memory Project, and Family Program and Community Education Resource Coordinator, SOAR Fox Cities, Inc.

#### 2<sup>nd</sup> BREAKOUT SESSIONS (11:00 am – 11:50 am) \*Please select one:

☐ **2A: Sibling Panel:** Siblings will share what life is like growing up with a brother or sister with a disability. Hear firsthand from a group of siblings as they candidly share experiences, perspectives, and advice. **Presented by:** Harriet Redman, Executive Director of WisconSibs

☐ **2B: How to Forgive in an Unforgiving World:** As a parent of a child with special health needs and a professional who works with families, Markle knows how anger and bitterness can seep into life and others' lives. We have had so many opportunities for people to wound us on our journey. Sometimes we come to crossroads: "Do I want to hang onto my anger and bitterness or is there another way?" Explore what forgiveness is and steps you can take to become more forgiving and get rid of some of the ick. **Presented by:** Tim Markle, introduced by Kirsten Cooper

☐ **2C: Respite Care:** Could you use a little respite or break from caregiving? Not sure how to find it or how to pay for it? Respite care has been shown to have a positive impact on many individual and family outcomes, including reduced stress, decreased fatigue, increased family quality of life, reduced social isolation, and improved relationships. Find out more about how to make this happen for you in this session. **Presented by:** Lisa Schneider, Executive Director, Respite Care Association of Wisconsin

**Please complete a separate registration form for each person attending.**

**PAYMENT** \*Please make checks payable to SOAR Fox Cities & return completed form & payment to:  
SOAR Fox Cities, Attn: Kite Conference, 211 E. Franklin Street, Suite A, Appleton, WI 54911

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☐ X \$10.00 per person = \$ \_\_\_\_\_ **TOTAL enclosed**

If you have any questions, please contact Heidi Zick at SOAR Fox Cities:  
Email: [heidi@soarfoxcities.com](mailto:heidi@soarfoxcities.com) Phone: 920-731-9831 ext. 111

# 2022 SOAR-Special Olympics Track & Field

**Practices:** MONDAYS & WEDNESDAYS: 5:30 - 6:30 pm.

**Location: NEW!!!** Xavier Middle School 2626 N. Oneida St Appleton

Athlete Name: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email for weekly info on practices: \_\_\_\_\_

Uniform size required: \_\_\_\_\_ Head Coach: Brian Gass

**First practice is MAY 2, 2022**

**Fee: \$70 Member / \$90 Non-member**

**Registration Deadline: April 28th**

Send form and payment to:

SOAR Fox Cities

211 E. Franklin St. Suite A

Appleton, WI 54911



\_\_\_\_\_ I **will** compete in the District Meet May 21

\_\_\_\_\_ If I qualify, I **will** compete in the State meet July 29-30-31

**Have questions? Call or e-mail Lisa Volkman, Special Olympics Program Coordinator**

**920-731-9831, X 109 or lisav@soarfoxcities.com All Med Forms and Vaccination records must be in by May 1, 2022.**

**PLEASE PLAN TO ATTEND BOTH PRACTICES EACH WEEK!**

**May 2, 9, 16 & 23      June 6 & 13**

Please check the line that applies to you.

\_\_\_\_\_ I would like to do the same events as I have done previously.

\_\_\_\_\_ I would like to try new events.

\_\_\_\_\_ I am new and unsure of the events offered.

**For Office Use Only:** Amount received \_\_\_\_\_ Check No. \_\_\_\_\_ Cash \_\_\_\_\_ Online \_\_\_\_\_ Date \_\_\_\_\_



## IT'S TIME FOR THE SPREAD THE WORD TO END THE WORD RALLY WEEK AND BASKETBALL GAME!

Please come support Kimberly High School students as they take on local Special Olympics Ravens athletes at the annual Spread the Word to End the Word basketball game!

**What:** Basketball game between KHS All Stars and The Ravens Special Olympics.  
Concessions, raffles, games, and t-shirt sales (\$10.00 per shirt) will be available at this event. All proceeds donated to local agencies supporting people with disabilities (SOAR, Special Olympics)

**When:** Saturday, April 2nd at 12:00 PM  
(Free and open to the public!!!)

**Where:** Kimberly High School gymnasium



## **WANTED: SOAR AMBASSADORS**

**We are seeking SOAR Ambassadors to help  
raise awareness of our mission!**

WHO: Ambassadors can be participants, family members, volunteers, and supporters of SOAR

WHAT: Volunteer time to help spread the word about SOAR, share impact stories, and serve as agency representatives at fundraisers and events

**Want to learn more about becoming a  
SOAR Ambassador? Join us for an  
upcoming informational session:**

- IN-PERSON: Thursday, April 7th, 10:00-11:00am at SOAR Fox Cities (1st Floor Board Rm)
- IN-PERSON: Monday, April 11th, 5:30-6:30pm at SOAR Fox Cities (1st Floor Board Rm)
- VIRTUAL: Wednesday, April 13th, 11:30am-12:30pm via Zoom

*\*Refreshments will be provided for in-person sessions.*

**Registration is required. For questions or to  
register, please contact Ashley:  
ashley@soarfoxcities.com or 920-731-9831 x114**



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# Share your SOAR Story!

## We want to hear from YOU!

We love to hear from our participants and families about their experience with SOAR! Not only does it help us understand what YOUR favorite parts of SOAR are, but personal stories help us share our mission with the community and reach new people who may be nervous to attend their first program.

If you are willing to share your story with us, please return this form to the SOAR Office in person or by mail by April 6<sup>th</sup>! Everyone who participates will be entered into a raffle to win a SOAR Swag package!

Full Name: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

I am a: ☐ SOAR Participant ☐ Family Member ☐ Other \_\_\_\_\_

How long have you been involved in SOAR: \_\_\_\_\_

**Please answer the following questions to be entered into our SOAR Swag Raffle!**

**Winner will be announced on April 11.**

What are your favorite programs or activities and why?

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What are you most excited for this year at SOAR and why?

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What impact has SOAR made in your life?

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These answers may be shared on SOAR marketing materials, social media, website, and newsletter, but SOAR will not share your name without your permission. May we use your name in marketing materials?

☐ Yes ☐ No, I would like to remain anonymous