



Activity & Program Guide

May 2022

Face to Face & Virtual

SOAR Fox Cities, Inc. ~ 211 E. Franklin Street ~ Appleton, WI 54911



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Inserts: May Calendar at a Glance, AIDD Program, S.O. Bocce Registration, S.O. Softball Registration, KITE Conference Registration, Mall of America 2022, May Memory Café, Spring Community Fundraisers

Office Hours: Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

*Phone: 920.731.9831

*Fax: 920.725.1531

*E-mail: info@soarfoxcities.com



Policies

To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form
- Acknowledgement Form from the Participant/Guardian Handbook

Note: ***The Participant Information Form needs to be updated annually.*** Throughout the course of the year changes may occur with conditions, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking When parking at our building during business hours, please use the parking stalls designated for 211 E. Franklin Visitors. If you park in other companies' stalls you risk being towed.

Inclement Weather Policy Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, SOAR FC staff will attempt to notify all participants who are signed up for the program or service of the closure. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check our website and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity.

Payment Policy We will NOT be able to collect payments at activities. Do not give staff your payment—we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the mail slot. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 122. If you are registering for an activity and tickets need to be picked up, feel free to send a self-addressed stamped envelope along with your payment, or pay an extra \$1.00 to have the tickets mailed to you, or stop by our office. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation Policy If you are unable to attend an event, you must cancel at least **5 days in advance**. If you do not cancel in advance you will be liable for the program fees - Please see enclosed notice regarding cancellation policy.

Notice SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

Volunteering

Did you know that the volunteer opportunities with SOAR are almost endless!? Aside from volunteering at programs, we LOVE it when members help out at special events. Occasionally we also have special office projects, like folding and stuffing mailings, that we need help with! If you want to learn about these and more opportunities, please call Ashley Gustafson, Community Engagement Director, at 920-731-9831, x114.

Some current needs are: special event committee members, assistant Coach for Special Olympics



Volunteer with SOAR today!





SOAR Fox Cities Board of Directors

Bryan Mueller, *President*
Laura McCormick, *Vice President*
Gary Weber, *Treasurer*
Heather Sorebo, *Secretary*

Polly VandenBoogaard

Paul Meyer

Mark Robinson

Reg Wydeven

Leigh Bolender

Jonathan Pitzen



Hello Friends of SOAR!

May is here! Well, actually it's just around the corner, but because this is the May newsletter, I'm saying May is here! I do hope, though, that May is dryer than April has been thus far...Liquid sunshine (aka: rain) is important, but I could use some sunny spring days!

In the last newsletter I announced that we'll no longer be requiring masks at activities or inside the SOAR building, and that IS STILL THE CASE; however, I want to remind you of a few things:

- If you're experiencing any symptoms of COVID-19, please stay home & do not attend SOAR activities.
- If you do attend and are sick, please wear a mask.
- If you test positive for COVID-19, please advise us ASAP. We are still notifying others of potential exposure.
- If you test positive for COVID-19 you cannot attend any SOAR activities for 5 days from the day of the positive test.

If you would like to wear a mask at activities simply because you prefer to, please know we wholly support you in doing that! As you may have heard in the news, there are new variants of COVID-19 presenting every day and our top priority is keeping you healthy and safe. Masks do help reduce illness so if someone is more comfortable wearing a mask we support and encourage it!

We also want to ask that you be extra careful in monitoring your symptoms. You can refresh your memory on what they are here: www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.com.

I'm excited that we're working our way back to providing all our fun activities during this uncertainty! Exciting times are ahead, and we cannot wait to see your smiling faces!! Have a GREAT May everyone & welcome to Spring!

~ Erin Schultz-Wege, Executive Director

SOAR Fox Cities Staff can be reached at 920.731.9831

Erin Schultz-Wege, Executive Director, x116

Ashley Gustafson, Director of Community Engagement, x114

Jolene Verstegen, Financial Administrator, x115

Julie Biesterveld, TBI Support Program Coord., x113

LeeAnn Stein, Director of Adult Programs, x112

Lindsay Wollerman, Fundraising & Grant Manager, x127

Lisa McCallister, Youth Services Manager, x110

Lisa Volkman, Special Olympics Coordinator, x109

Adult Program Coordinator, x109

Clare Buckley, TBI Support Program Navigator, x118

Heidi Zick, Family Programs & Community Resource Coordinator, x111

Leah Quinn, Member and Office Support Specialist, x100

Kari Much, Accounting Clerk, x122

Registering for all activities is required!

1. Select the activities that fit your schedule.
2. **Be sure to register 7 days (one week) before an activity that you want to attend, unless a specific registration date is noted in the description of the activity.**
3. Complete the enclosed registration form and return it to our SOAR office with payment. You can pay online at www.soarfoxcities.com, send a check, or stop at our office. Payment must be made prior to an activity.
4. Note that dances require tickets for admission. Staff/caregivers attending need to get a complimentary ticket at the SOAR office.



Coffee Connections with Heidi

Wednesday, May 4th, 10:30am-11:30am, Fee: FREE



Join other parents and caregivers of individuals with differing abilities for a cup of coffee and light snack while we support each other and discuss issues we are facing and successes we have had. We will be discussing the recent changes and updates with the new SR&R program here at SOAR with the new coordinator Ms. Lisa V! Privacy is always maintained in our group. **No need to register**, just come on down to our **SOAR Offices**

Lower Level Activity Room! Any questions, reach out to Heidi via email

Heidi@soarfoxcities.com or by phone at (920)731-9831, ext. 111.



Happy Hour with Heidi

Tuesday, May 10th, 6pm-7pm, Fee: FREE



Enjoy an evening out at **Meade Street Bistro** with other parents and caregivers as we support each other and discuss issues we are facing and successes we have had. We have a quiet secluded part of the restaurant to ourselves, so please know we try to protect privacy as best we can. Feel free to purchase a drink and/or food to enjoy while we chat! **No need to register**. Any questions, reach out to Heidi via email at

Heidi@soarfoxcities.com or by phone at (920)731-9831, ext. 111.

SOAR Together with Heidi

Monday, May 16th, 6:00pm-8:00pm, Fee: FREE

Are you having a difficult time finding resources or assistance for your loved one with anxiety, depression, or mental health struggles? Join us at **The Mad Apple Burger and Billiard Co.** to talk with professionals that want to help, by giving us tips on how to help our loved ones, as well as sharing the services they provide that are covered by most IRIS, Family Care companies, and most insurances.

We will have a server dedicated to us, so feel free to buy yourself a beverage and dinner while we are learning. (You are responsible for your own food and beverage.)

Register with Heidi by May 9th.

In addition, please feel free to reach out to Heidi with any questions or if there is a topic you feel would benefit our community from learning more about via email

Heidi@soarfoxcities.com or by phone at (920)731- 9831, ext. 111.

A FEW ANNOUNCEMENTS AND UPDATES

Caregiver Fees

Hey Everyone! We just want to give you a quick heads up on some changes with Caregiver Fees. As some of you may have noticed, they've gone up for some activities. Please know this is because those activities include a meal or a ticket to an event (or into a building like the museum). In the past, especially in regard to meals, we would have asked that you pay for your own meal; however we have found that to be difficult & cumbersome during the fun of the activity. So, moving forward we've opted to increase the caregiver cost and cover the meals, tickets, etc. for the caregiver attending.

The additional cost will not be added to every event. For those events that do see an increase in caregiver cost, the additional cost has been determined using an average meal cost at the particular restaurant or location being visited. As always, please feel free to contact us with any questions! Thank you!!

Activity Arrival Time

Please do not arrive for activities more than 15 minutes before the activity is scheduled to start! If you do, we cannot guarantee the front doors of the building will be open, especially if the activity is after 4:00pm or on a weekend, or that someone will be available to let you in. As it gets warmer outside, this is IMPORTANT as we don't want you waiting out in the heat! We understand that those taking Valley Transit cannot always control this so please contact us with any questions! Thank you!

Did You Know!?

SOAR is still selling Kwik Trip Cards! For every card purchased directly from SOAR a percentage of the purchase is donated back to SOAR! How cool?!
Interested in learning more? Call us at 920-731-9831 to purchase yours today!

Calendar-at-a-glance

May 2022

Program Type KEY

Youth Programs=TnT/Y , Adult Programs =AE/SRR,
 Advocacy Programs/TBI =ADV ,
 Family Programs =F, Community Ed =CE,
 Aging/Intellectual Developmental Disability=AGI

May	Program Choice	Time	Page	Cost: member/ non-member/ Caregiver	IRIS Code	Staffed by:	Type KEY
3	Art	10:00am-11:30am	9	\$15/\$30	F	LeeAnn	AE
4	Coffee Connections	10:30am-11:30am	6	FREE	-	Heidi	FAM
4 or 11	Let's Cook	4:00pm-5:30pm	9	\$20/\$40	F	LeeAnn	AE
5	TnT	6:30pm-8:00pm	8	FREE	-	Lisa M.	Y
6	SRR Dance	6:30pm-8:30pm	9	\$10/\$20	F	Lisa V.	SRR
10	Happy Hour	6:00pm-7:00pm	6	FREE	-	Heidi	FAM
10	Dinner and Bingo	5:30pm-8:00pm	9	\$25/\$50/\$15	F	Lisa V.	SRR
10	People First Fox Cities	6:00pm-7:00pm	8	FREE	-	LeeAnn	ADV/PF
11	Virtual BISG	5:30pm-6:30pm	9	FREE	-	Clare	ADV/TBI
12	Baking Class	10:00am-12:00pm	10	\$20/\$40	F	LeeAnn	AE
13	GB Blizzard Game-Super Hero	4:00pm-11:00pm	10	\$90/\$180/\$60	C	Lisa V.	SRR
16	SOAR Together	6:00pm-8:00pm	6	FREE	-	Heidi	FAM
17	Scrapbooking	3:30pm-5:00pm	10	\$15/\$30	F	LeeAnn	AE
17	Dinner and Movie	5:00pm-9:00pm	10	\$40/\$80/\$30	C	Lisa V.	SRR
19	Baking Class	10:00am-12:00pm	10	\$20/\$40	F	LeeAnn	AE
19	BISG Caregiver Chat	11:30am-1:00pm	9	FREE	-	Julie	ADV/TBI
19	TnT	6:30pm-8:00pm	8	FREE	-	Lisa M.	Y
21	KITE Conference	9:00am-1:30pm	7	\$10 per person	F	Heidi	FAM
23	In Person BISG	6:00pm-7:30pm	9	FREE	-	Julie/Clare	ADV/TBI
24	Craft	5:30pm-7:00pm	10	\$15/\$30	F	Lisa V.	SRR
25	Memory Café for IDD	6:00pm-7:30pm	7	FREE	-	Heidi	AGI
25 and 26	33rd Annual Wisconsin Conference on Brain Injury (Zoom)	8:30am-3:00pm	9	varies	-	Julie	TBI
31	Games	5:30pm-7:00pm	10	\$10/\$20	F	Lisa V.	SRR

Join us for KITE Conference 2022! With Heidi

Saturday, May 21st, 9am-1:30pm at FVTC Campus

\$10 per person, register by May 14th

Join speakers, panelists, and other families as we focus on
“Pulling Back the Curtain on Living with a Disability!”

*****See insert for registration information.**



Memory Café for IDD Community with Heidi

Wednesday, May 25th, 6:00pm-7:30pm, Fee: FREE

Join us for Memory Café at **Abby Bank**. This specialized memory café is a place specifically for individuals 35 and older with intellectual and developmental disabilities and memory problems, or dementia, and their caregivers, to meet others in their similar situation.

Register by May 20th.

*****See insert for specific information about this month!**



SOAR Fox Cities - where YOUth fit in!

Kidz Klub—Kidz Klub is a collaborative after-school program between SOAR Fox Cities and area school districts which targets children in Elementary Schools. Kidz Klub is a peer-to-peer social group for youth with and without disabilities held at a school within the participating school district.

Teen Stop—Teen Stop has the same collaboration as described above for Kids Klub, but focuses on Middle School aged children. Neenah School district is currently using this after-school program for middle school. Great games and activities are planned by middle school peers. Held during the school year only.

TnT—Youth ages 13-23 from any Fox Cities school district can come and meet new people, try fun group games, trivia questions and laughs. This positive interaction between peers allows them to gain exposure to each other, which leads to understanding and results in acceptance for each person involved. All teen participants take part in large and small group activities such as singing, sharing and games, engage in cooperative learning experiences and have opportunities for leadership development. Held 6:30-8:00pm at First Congregational United Church of Christ, 724 E South River St., Appleton. There is no cost for this program.

Special Olympics—Did you know Special Olympics begins at age 8?? Please see the Special Olympics section in this newsletter for sports offered by SOAR Fox Cities, and become part of the 3rd largest Special Olympics agency in the state of Wisconsin!! SOAR Fox Cities offers 7 sports throughout the year.

People First—SOAR encourages and trains individuals, including youth, to speak up and advocate for themselves. There is a meeting once a month. *See details below!*



Quick Reference

Youth Services Manager: Lisa McCallister, 920-731-9831 x110, lisa@soarfoxcities.com

If you are a TEEN or a young adult (through age 23), join TnT! with Lisa M.

- **TnT - In Person - Thursday, May 5th - 6:30pm - 8:00pm**
We will be meeting in the SOAR Building, Lower Level., Fee: FREE
Welcome Spring (and hopefully warmer weather)! We will do what we do best, have fun and work on team work!
- **TnT - In Person - Thursday, May 19th - 6:30pm-8:00pm**
We will meet in the SOAR Building, Lower Level., Cost: FREE
More fun! Let's laugh and enjoy the company of friends. Since "Spring" should be here, if it's nice we will be outdoors again.

People First with LeeAnn

6:00pm-7:00pm at Menasha Public Library, Lower Level-Gegan Room-(440 First St., Menasha)
Fee: FREE

- **Tues., May 10th**
A group that encourages and trains individuals to speak up and advocate for themselves. Everyone is welcome! This will be the Police Office Appreciation Night.



Brain Injury Support Group Caregiver Chats with Julie

11:30am-1:00pm, Rivertyme Bistro

Fee: FREE

- **Thurs., May 19th**—Meeting intended for caregivers of brain injury survivors to gain support and community.

Brain Injury Support Group with Julie/Clare

Brain Injury support group meetings are for brain injury survivors and supporters.

Fee: FREE

- **Wed., May 11th**—Virtual—5:30pm-6:30pm—via Zoom (**with Clare**)
- **Mon., May 23rd**—In Person—6:00pm-7:30pm—at the UWO Fox Valley Campus (**Julie/Clare**)

33rd Annual Wisconsin Conference on Brain Injury with Julie

8:30am-3:00pm, virtual on Zoom

Fee: cost varies

- **Wed., May 25th and Thurs., May 26th** For conference details and registration visit www.TBIFoxCities.com

Art with LeeAnn

10:00am-11:30am, SOAR Building, Lower Level

Fee: \$15 member/\$30 non-member

- **Tues., May 3rd**— How to dry flowers and create framed art with them.

Register by April 26th**Let's Cook with LeeAnn**

4:00pm-5:30pm, SOAR Building, Lower Level

Fee: \$20 member/\$40 non-member (cost per session as this is NOT a series)

- **Wed., May 4th OR Wed., May 11th**— Choose which night you would like to attend. You'll make your own dinner.

-May 4th: Southwest burrito bowl..... **Register by April 27th**-May 11th: Chicken Manicotti..... **Register by May 3rd****Dance with Lisa V.**

6:30pm-8:30pm, Salvation Army Menasha (1525 Appleton Rd. Menasha)

Fee: \$10 per member/\$20 per non-member/\$0 caregiver (ticket still required)

- **Fri., May 6th**— We will have a dance to celebrate everybody's birthday all in 1 day! Tickets are required for participants AND caregivers, but caregivers are free. Please do not arrive before 6:00pm.

Register by May 1st**Dinner and Bingo with Lisa V.**

5:30pm-8:00pm, SOAR Building, Lower Level

Fee: \$25 member/\$50 non-member/\$15 caregiver

- **Tues. May 10th**—Let's play bingo, win some prizes, and enjoy a great meal with friends!

Register by May 5th

Baking Class with LeeAnn

10:00am-12:00pm, SOAR Building, Lower Level

Fee: \$20 member/\$40 non-member

- **Thurs., May 12th**– You'll be making apricot bread.

Register by May 5th**GB Blizzard Game-Super Heroes with Lisa V.**

4:00pm-11:00pm, Resch Center (drop off and pick up at SOAR Building)

Fee: \$90 member/\$180 non-member/\$60 caregiver

- **Fri., May 13th**– We will have dinner at D2 next to the Resch Center, then we will enjoy watching the Green Bay Blizzard Game, while dressed as your favorite super hero! Prizes will be awarded for best costume. There will be a special 5th quarter to go on the field and get autographs from the players! Bring your own money for snacks during the game. Drop off at the SOAR Building by 4pm, and pick up at the SOAR Building at 11pm.

Register by May 9th**Scrapbooking with LeeAnn**

3:30pm-5:00pm, SOAR Building, First Floor Board Room

Fee: \$15 member/\$30 non-member

- **Tues., May 17th**- Bring your pictures. We will have the materials to make and decorate pages for your album.

Register by May 10th**Dinner and a Movie with Lisa V.**

5:00pm-9:00pm, drop off at El Azteca, pick up at Valley Grand Theater

Fee: \$40 member/\$80 non-member/\$30 caregiver

- **Tues., May 17th** – Drop off at El Azteca to eat dinner together. Then we will walk across the parking lot to Valley Grand Theater to see a movie. Dress for the weather and bring your own money if you want your own snacks at the theater.

Register by May 12th**Baking with LeeAnn**

10:00am-12:00pm, SOAR Building, Lower Level

Fee: \$20 member/\$40 non-member

- **Thurs., May 19th**– Mexican wedding cookies!

Craft with Lisa V.

5:30pm-7:00pm SOAR Building, Lower Level

FEE: \$15 member/\$30 non-member

- **Tues., May 24th**-Let's make a fun craft with friends!

Register by May 19th**Games with Lisa V.**

5:30pm-7:00pm, SOAR Building, Lower Level

Fee: \$10 member/\$20 non-member

- **Tues., May 31st**– Play games with friends, meet new people, and fun for all!

Register by May 20th

Special Olympics Updates

Special Olympics is dedicated to empowering individuals with intellectual disabilities to become physically fit, productive and respected members of society through sports training and competition. The sports we offer give our athletes a safe and fun environment to grow their self-confidence, keep a steady social life and practice healthy living by being active. We have opportunities for coaching, please contact Lisa V. for info!

Hey Special Olympians.....Did you know???

Special Olympics (SO)

As we are gearing up for summer sports, keep in mind that Special Olympics of WI is bringing back the three-day extravaganza celebration of State competitions! July 29-30-31, in Waukesha, WI. Athletes can compete in 1 sport only. This competition will include an opening ceremony Friday night, full day competitions Saturday and Sunday, and Saturday night entertainment! Mark your calendars...and caregivers, I will be looking for volunteers to join us! Housing will be either in the dorms or a hotel (we're waiting for SOWI to confirm). As we get closer, I will get you the details!

Softball/T-ball is open for registration. Please see the insert.

Bocce registration is open for registration. Please see the insert.



It's Special Olympics Wisconsin's 50th Anniversary!

Celebrate a half-century of memories—join the **#sowi50 Social Media Challenge**.

1. Dust off your photo albums and dive into your video archives to find images from past Special Olympics events and programming.
2. Post these memories on your social media outlets and use the hashtags **#sowi50** and **#inclusion**. Don't forget to tag our SOWI socials too!
3. Challenge three friends to share their own memories over the past 50 years.

Look how far we've come. Let's see how far we can go—together.

#sowi50 #inclusion



Is your medical information with SOWI up to date??

If your medical exam is near expiration or you're not sure, **please email Lisa at lisav@soarfoxcities.com Monday-Thursday 8am-3pm to double check.** You cannot take part in Special Olympics activities or compete if your medical is not up to date or if you cannot prove you have been vaccinated. All athletes must also have a COVID-19 form and waiver on file with SOWI. If you have not signed each of these please contact Lisa V. - (920) 731-9831 **EXT: 109**

Reminder! Our cancellation policy is:

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there will be no credit given, only in rare instances will exceptions be granted.

If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.

If cancelling (or no-show) for a part of a series, no credit will be given.

If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

- 1. Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waiting list and gives another participant the opportunity to join the activity.
- 2. Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option. **Thank you for your understanding, patience, and support!**



Participant Name _____

Date of Activity	Activity Name	Cost

Submit total amount due to: **Registration and Payment required prior to activities.** **Total:** _____

SOAR Fox Cities
211 E Franklin St., Suite A
Appleton, WI 54911

Pay by cash, check (# _____), or on-line.

If you use IRIS, Lakeland Care, Inclusa, CLTS, or Community Care please check this box ☐

Please provide name & contact info: _____

May 2022 Calendar at a Glance

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 -Art	4 -Coffee Connections -Let's Cook	5 -TnT	6 -SR&R Dance	7 -SOWI Swim Meet -PFWI Board Meeting
8	9	10 -Happy Hour -Dinner & Bingo -People First	11 -Virtual BISG -Let's Cook	12 -Baking	13 -SR&R Green Bay Blizzard Game	14
15	16 -SOAR Together	17 -scrap-booking	18	19 -TnT -BISG Caregiver Chat -Baking	20	21 -KITE Conference
22	23 -In Person BISG	24 -SRR Craft	25 -33 rd Annual Wisconsin Conference on Brain Injury -Memory Café for IDD	26 -33 rd Annual Wisconsin Conference on Brain Injury	27	28
29	30 -Memorial Day	31 -SR&R Games				



One Great Give

May 2-7, 2022

One Great Give is an annual event in downtown Appleton where businesses come together to give back to nonprofits! This year, **Bowl Ninety-One has generously selected SOAR** as their partner agency for the event!

From May 2-7, stop by Bowl Ninety-One for some delicious ramen, pho, or innovative signature dishes, and **10% of your purchase will be donated back to SOAR!**

We are so grateful for this scrumptious support from an amazing small business, and hope to see you there throughout the week!

Bowl Ninety-One

100 E College Ave
Appleton, WI 54911



Menu
↩

Do the Truffle Shuffle!

Time Community Theater Fundraiser

The Goonies | Saturday, May 28th | 7:00-10:00PM



The Team at Nestle Freedom Distribution Center is screening the Goonies at the Time Community Theater on behalf of SOAR Fox Cities! 100% of ticket profits and a chunk of concession sales will go to SOAR! Enjoy this classic movie while supporting a great cause!

Admission: \$5/Ticket

Doors open: 6:30PM

Address: 445 N Main St, Oshkosh, WI 54901

Purchase Tickets at the door (cash) or online





SOAR Fox Cities - Special Olympics 2022 Softball

Registration Deadline is Tues. May 23rd, 2022

Season runs May 31st- July 26th TUESDAYS 5:15-6:30pm

**St. Pius Church/School Softball diamond - 500 W. Marquette St.
Appleton, WI**

Fee: \$60 Member / \$80 Non-member

PRACTICE SCHEDULE:

May 31

June 7, 14, 21, 28

July 5, 12, 19, 26

DISTRICT: July 9, STATE: July 29-30-31

Athlete's Name: _____

Emergency Contact Name: _____

Best number for info on practices: _____

Email: _____

Uniform size: Jersey _____ Pants _____

**_____ I will compete in the district tournament – July 9th – Appleton Memorial
Park**

**_____ I will compete at State (extra fees may apply) – July 29-30-31 – Waukesha,
WI**

Office Use Only: Amount _____ Check _____ Cash _____ Date _____

SOAR Fox Cities Special Olympics BOCCE

Practices: Tuesdays, 5:15pm – 6:30pm.

May 31 – July 26, 2022

Location: St. Pius School-500 W. Marquette St
Appleton, WI 54911 (by the Oak tree)

FEE: \$60 Member / \$80 Non-member

Registration deadline: May 23, 2022

Expired medicals will prevent participation.

To check your medical or any questions contact Lisa at:

lisav@soarfoxcities.com or 920-731-9831 X 109

Practice Schedule:

May 31

June 7, 14, 21, 28

July 5, 12, 19 and 26th

DISTRICT July 9th Appleton

STATE July 29-30 & 31 Waukesha



Athlete Name: _____

Emergency Contact name: _____

Best number to call for practices: _____

Email for practices: _____

_____ Size shirt I need. Shorts size I need _____

_____ I **WILL** compete in the District Meet – July 9th
(Appleton Memorial Park)

_____ I **WILL NOT** compete in the District meet. **NOTE:**
YOU MUST attend the District meet to advance to state

_____ If I qualify, I **WILL** compete in the State competition –
July 29-30-31 Waukesha, WI (there will be additional
charges for this)

_____ I **WILL NOT** compete in the State Outdoor Sports
Tournament

FEE: \$60 Member / \$80 Non-member

FOR OFFICE USE ONLY:

Amount received _____

Check NO. _____ Cash _____ Online _____ Date _____



Aging and Intellectual & Developmental Disability Program

Helping people with IDD and their caregivers to navigate the dementia journey

A partnership between:



Program offerings will include:

- Specialized Memory Café
- Educational opportunities to help you manage behavioral symptoms of dementia in the context of an IDD diagnosis
- Training on the use of the Early Detection Screen for Dementia (EDSD) tool developed specifically for the IDD population
- Aging & IDD Newsletter
- Aging and IDD Coalition
- Support and Resources

Upcoming Spring and Summer Events!


- Specialized IDD Memory Café - last Wednesday of the month, 6-7:30 pm
 - April 27, May 25, June 29, July 27, August 31
- SOAR Together Education Evening Series - Mondays, 6-8:00 pm at The Mad Apple Burger and Billiard Co.; Meal & Beverage not included.
 - Dementia I - June 20
 - Dementia II - July 25
 - Early Detection Screener for Dementia (EDSD) - August 22
- Webinars - Thursdays, 10-11:00 am
 - Dementia I - July 14
 - Dementia II - August 4
 - Early Detection Screen for Dementia (EDSD) - September 8

Caregivers and professionals welcome at all trainings!

Contact Heidi at SOAR (920)731-9831 to learn more and to register!

This project is supported, in part by grant number 90ADPI0068, from the U.S. Administration for Community Living, DHHS, Washington, D.C. 20201.

Brought to
you by:



SPRING SHOWERS BRING MAY FLOWERS MEMORY CAFE

Wednesday, May 25, 2022

6-7:30 pm

This specialized memory café is a place for individuals 35 and older with intellectual and developmental disabilities and memory problems, or dementia, and their caregivers, to meet others in their similar situation.

Share experiences, make friends, find information and support, and enjoy an activity with May flowers!

*Each participant should register and attend with a caregiver. You will get location when you register. If this would not be possible, please reach out to Heidi to discuss options. Register by May 20 by calling Heidi at (920)731-9831 or via email at heidi@soarfoxcities.com.

NEW ! NEW ! NEW ! NEW ! NEW ! NEW !

August 6-7, 2022

Mall of America! Minnesota trip!



- Drop off and pick up at the SOAR building
- Fun road trip with planned stops along the way
- Shop in the largest Mall in the Mid-West
- Spend the afternoon at the Aquarium
- Fun for 4 new friends or 4 old friends
- Hotel with a swimming pool!
- Cost includes all expenses, just bring money to shop!

*Registration should be by those that are independent and mobile...there is a lot of riding, walking and moving around.

Contact Lisa V for more information @

lisav@soarfoxcities.com or 920-731-9831 x 109

2022 K.I.T.E. Conference Registration Form – Pulling Back the Curtain on Living with a Disability May 21, 2022, 9 am-1:30 pm, Fox Valley Technical College

INSTRUCTIONS: Register by mail or online at: bit.ly/kite2022 You may also return this registration form and payment to: SOAR Fox Cities, Inc., Attn: Kite Conference, 211 E. Franklin Street, Suite A, Appleton, WI, 54911

ATTENDEE INFORMATION

Name (first & last)			
Address			
Phone Number		Email	

Join us for KITE Conference 2022! This year we are focusing on families and individuals, and “pulling back the curtain on living with a disability!”

9:00-9:45am.....Welcome & Keynote: People First Self-Advocacy Panel
10:00-10:50am.....Breakout Session I
10:50-11:00am.....Break
11:00-11:50am.....Breakout Session II
11:50pm-12:30pm.....Lunch
12:30-1:30pm.....Networking Time-Exhibitor Scavenger Hunt



BREAKOUT SESSION SELECTION



1st BREAKOUT SESSIONS (10:00 am – 10:50 am) *Please select one:

- ☐ **1A: Parent to Parent Panel:** Parents will pull back the curtain on parenting a child with a disability. Hear firsthand from a group of parents as they candidly share experiences, perspectives, and advice. **Presented by:** Harriet Redman, Executive Director of WisconSibs
- ☐ **1B: Self-Care for the Caregiver:** As caregivers we may frequently hear of the importance of self-care, but it can be illusive! What does self care mean? Why is it so important when I have so many other things I need to do? What exactly does practicing self-care look like in real terms? Join us and find out more. **Presented by:** Heather Flick, MS, and Susan Kazik, MSW, CAPSW, Caregiver Coaches, RCI REACH Program, Mosaic Family Health
- ☐ **1C: Introduction to Dementia with IDD:** Dementia is an age-associated condition that affects and diminishes an individual's quality of life. Learn how dementia may appear differently in adults with intellectual and developmental disabilities. Identify the early signs of dementia and rule out other causes of age-related decline. **Presented by:** Heidi Zick, Affiliated Regional Trainer with NTG, Aging/IDD Coordinator, Fox Valley Memory Project, and Family Program and Community Education Resource Coordinator, SOAR Fox Cities, Inc.

2nd BREAKOUT SESSIONS (11:00 am – 11:50 am) *Please select one:

☐ **2A: Sibling Panel:** Siblings will share what life is like growing up with a brother or sister with a disability. Hear firsthand from a group of siblings as they candidly share experiences, perspectives, and advice. **Presented by:** Harriet Redman, Executive Director of WisconSibs

☐ **2B: How to Forgive in an Unforgiving World:** As a parent of a child with special health needs and a professional who works with families, Markle knows how anger and bitterness can seep into life and others' lives. We have had so many opportunities for people to wound us on our journey. Sometimes we come to crossroads: "Do I want to hang onto my anger and bitterness or is there another way?" Explore what forgiveness is and steps you can take to become more forgiving and get rid of some of the ick. **Presented by:** Tim Markle, introduced by Kirsten Cooper

☐ **2C: Respite Care:** Could you use a little respite or break from caregiving? Not sure how to find it or how to pay for it? Respite care has been shown to have a positive impact on many individual and family outcomes, including reduced stress, decreased fatigue, increased family quality of life, reduced social isolation, and improved relationships. Find out more about how to make this happen for you in this session. **Presented by:** Lisa Schneider, Executive Director, Respite Care Association of Wisconsin

Please complete a separate registration form for each person attending.

PAYMENT *Please make checks payable to SOAR Fox Cities & return completed form & payment to:
SOAR Fox Cities, Attn: Kite Conference, 211 E. Franklin Street, Suite A, Appleton, WI 54911

☐ X \$10.00 per person = \$ _____ **TOTAL enclosed**

If you have any questions, please contact Heidi Zick at SOAR Fox Cities:
Email: heidi@soarfoxcities.com Phone: 920-731-9831 ext. 111