

Activity & Program Guide June 2022 Face to Face & Virtual

SOAR Fox Cities, Inc. ~ 211 E. Franklin Street ~ Appleton, WI 54911



Office Hours: Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

*E-mail: info@soarfoxcities.com





Policies

To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form
- Acknowledgement Form from the Participant/Guardian Handbook

Note: *The Participant Information Form needs to be updated annually*. Throughout the course of the year changes may occur with conditions, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking When parking at our building during business hours, please use the parking stalls designated for 211 E. Franklin Visitors. If you park in other companies' stalls you risk being towed.

Inclement Weather Policy Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, SOAR FC staff will attempt to notify all participants who are <u>signed up for the program or service</u> of the closure. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check our website and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity.

Payment Policy We will NOT be able to collect payments at activities. Do not give staff your payment—we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the mail slot. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 122. If you are registering for an activity and tickets need to be picked up, feel free to send a self-addressed stamped envelope along with your payment, or pay an extra \$1.00 to have the tickets mailed to you, or stop by our office. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation Policy If you are unable to attend an event, you must cancel at least **5 days in advance**. If you do not cancel in advance you will be liable for the program fees - Please see enclosed notice regarding cancellation policy.

Notice SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

Volunteering

Did you know that the volunteer opportunities with SOAR are almost endless!? Aside from volunteering at programs, we LOVE it when members help out at special events. Occasionally we also have special office projects, like folding and stuffing mailings, that we need help with! If you want to learn about these and more opportunities, please call Ashley Gustafson, Community Engagement Director, at 920-731-9831, x114.

Some current needs are: special event committee members, assistant Coach for Special Olympics



Volunteer with SOAR today!





SOAR Fox Cities Board of Directors



Laura McCormick, President Heather Sorebo, Vice President Gary Weber, Treasurer Leigh Bolender, Secretary

Polly VandenBoogaard

Reg Wydeven Jonathan Pitzen

Bryan Mueller



Hello Friends of SOAR!

June! Can you believe we are six months into 2022!? This year is flying by!

June brings so many fun activities to SOAR - Camp Onaway, lots of summer fun activities and, of course, it means July is right around the corner. The weather lately has been great with the exception of a few storms, but remember what I called that last newsletter? Yup, liquid sunshine!

We are still keeping an eye on COVID-19 and any relevant spikes in cases, but for the most part we are hoping to start moving on with our lives. We will continue to remind you of the items listed below; however, will not be contact tracing.

The few things to remember include:

- If you're experiencing any symptoms of COVID-19, please stay home & do not attend SOAR activities.
- If do attend and are sick, please wear a mask.
- If you test positive for COVID-19, please advise us ASAP. We are still notifying others of potential exposure.
- If you test positive for COVID-19 you cannot attend any SOAR activities for 5 days from the day of the positive test.

If you would like to wear a mask at activities simply because you prefer to, please know we wholly support you in doing that! Masks do help reduce illness so if someone is more comfortable wearing a mask we support and encourage it!

As I mentioned above, July is right around the corner, and I'd be remiss if I didn't mention something that always happens in July - The Annual Golf Outing! This year's outing is on the calendar for Monday, July 18th and we're excited, again, to be at Royal St. Patrick's Golf Links in Wrightstown! Check out the SOAR website for more info!

I'm so excited that summer is finally here! I can't wait to see you all at our fun summer activities & hope your spring (if you can call it) is off to a great start! ~ Erin Schultz-Wege, Executive Director

SOAR Fox Cities Staff can be reached at 920.731.9831

Erin Schultz-Wege, Executive Director, x116 **Ashley Gustafson**, Director of Community Engagement, x114 Jolene Verstegen, Financial Administrator, x115 Julie Biesterveld, TBI Support Program Coord., x113 LeeAnn Stein, Director of Adult Programs, x112 Lindsay Wollerman, Fundraising & Grant Manager, x127 Lisa McCallister, Youth Services Manager, x110

Lisa Volkman, Special Olympics Coordinator, x109 Adult Program Coordinator, x109 Clare Buckley, TBI Support Program Navigator, x118 Heidi Zick, Family Programs & Community Resource Coordinator, x111 **Leah Quinn**, Member and Office Support Specialist, x100 Kari Much, Accounting Clerk, x122

Registering for all activities is required!

- 1. Select the activities that fit your schedule.
- 2. Be sure to register 7 days (one week) before an activity that you want to attend, unless a specific registration date is noted in the description of the activity.
- Complete the enclosed registration form and return it to our SOAR office with payment. You can pay online at www.soarfoxcities.com, send a check, or stop at our office. Payment must be made prior to an activity.
- Note that dances require tickets for admission. Staff/caregivers attending need to get a complimentary ticket at the SOAR office.

A FEW ANNOUNCEMENTS AND UPDATES

Caregiver Fees

Hey Everyone! We just want to give you a quick heads up on some changes with Caregiver Fees. As some of you may have noticed, they've gone up for some activities. Please know this is because those activities include a meal or a ticket to an event (or into a building like the museum). In the past, especially in regards to meals, we would have asked that you pay for your own meal; however we have found that to be difficult & cumbersome during the fun of the activity. So, moving forward we've opted to increase the caregiver cost and cover the meals, tickets, etc. for the caregiver attending.

The additional cost will not be added to every event. For those events that do see an increase in caregiver cost, the additional cost has been determined using an average meal cost at the particular restaurant or location being visited. As always, please feel free to contact us with any questions! Thank you!!

Activity Arrival Time

Please do not arrive for activities more than 15 minutes before the activity is scheduled to start! If you do, we cannot guarantee the front doors of the building will be open, especially if the activity is after 4:00pm or on a weekend, or that someone will be available to let you in. As it gets warmer outside, this is IMPORTANT as we don't want you waiting out in the heat! We understand that those taking Valley Transit cannot always control this so please contact us with any questions! Thank you!

Did You Know!?

SOAR is still selling Kwik Trip Cards! For every card purchased directly from SOAR a percentage of the purchase is donated back to SOAR! How cool?! Interested in learning more? Call us at 920-731-9831 to purchase yours today!

Calendar-at-a-glance

June 2022

JUNE 2022

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Program Type KEY

Program Choice	Time	Page	Cost: member/ non-member/ Caregiver	IRIS Code	Staffed by:	Type KEY
Coffee Connections	10:30am-11:30am	6	FREE	-	Heidi	FAM
Games	5:30pm-7:30pm	9	\$10/\$20	F	Lisa V.	SRR
Baking Class	10:00am-12:00pm	9	\$20/\$40	F	LeeAnn	AE
Virtual BISG	5:30pm-6:30pm	9	FREE	-	Clare	ADV/TBI
Parent/Caregiver Happy Hour	6:00pm-7:00pm	6	FREE	-	Heidi	FAM
BISG Caregiver Chat	11:30am-1:00pm	9	FREE	-	Julie	ADV/TBI
Evening Craft	5:30pm-7:30pm	9	\$15/\$30	F	Lisa V.	SRR
Dance	6:30pm-8:30pm	9	\$10/\$20	F	Lisa V.	SRR
SOAR Together	6:00pm-8:00pm	6	FREE	-	Heidi	FAM
Dinner and the Fire	5:00pm-8:30pm	9	\$50/\$100/\$40	С	Lisa V.	SRR
TnT	6:30pm-8:00pm	8	FREE	-	Lisa M.	TnT
Youth Friday Fun Day	1:00pm-3:00pm	8	\$5 per participant	-	Lisa M.	Υ
Super Saturday	8:00am-5:30pm	10	\$75/\$150/\$60	С	Lisa V.	SRR
BISG In Person	6:00pm-7:30pm	9	FREE	-	Julie/Clare	ADV/TBI
Dinner and a Movie	5:00pm-9:00pm	10	\$40/\$80/\$30	С	Lisa V.	SRR
Make and Take	10:00am-12:00pm	10	\$20/\$40	F	LeeAnn	AE
Daytime Craft	10:00am-11:30am	10	\$15/\$30	F	LeeAnn	AE
Memory Café for IDD	6:00pm-7:30pm	7	FREE	-	Heidi	AGI
Baking Class	10:00am-12:00pm	10	\$20/\$40	F	LeeAnn	AE
	Coffee Connections Games Baking Class Virtual BISG Parent/Caregiver Happy Hour BISG Caregiver Chat Evening Craft Dance SOAR Together Dinner and the Fire TnT Youth Friday Fun Day Super Saturday BISG In Person Dinner and a Movie Make and Take Daytime Craft Memory Café for IDD	Coffee Connections 10:30am-11:30am Games 5:30pm-7:30pm Baking Class 10:00am-12:00pm Virtual BISG 5:30pm-6:30pm Parent/Caregiver Happy Hour 6:00pm-7:00pm BISG Caregiver Chat 11:30am-1:00pm Evening Craft 5:30pm-7:30pm Dance 6:30pm-8:30pm SOAR Together 6:00pm-8:00pm Dinner and the Fire 5:00pm-8:30pm TnT 6:30pm-8:00pm Youth Friday Fun Day 1:00pm-3:00pm Super Saturday 8:00am-5:30pm BISG In Person 6:00pm-7:30pm Dinner and a Movie 5:00pm-9:00pm Make and Take 10:00am-12:00pm Daytime Craft 10:00am-11:30am Memory Café for IDD 6:00pm-7:30pm	Coffee Connections 10:30am-11:30am 6 Games 5:30pm-7:30pm 9 Baking Class 10:00am-12:00pm 9 Virtual BISG 5:30pm-6:30pm 9 Parent/Caregiver Happy Hour 6:00pm-7:00pm 6 BISG Caregiver Chat 11:30am-1:00pm 9 Evening Craft 5:30pm-7:30pm 9 Dance 6:30pm-8:30pm 9 SOAR Together 6:00pm-8:00pm 6 Dinner and the Fire 5:00pm-8:30pm 9 TnT 6:30pm-8:00pm 8 Youth Friday Fun Day 1:00pm-3:00pm 8 Super Saturday 8:00am-5:30pm 10 BISG In Person 6:00pm-7:30pm 9 Dinner and a Movie 5:00pm-9:00pm 10 Make and Take 10:00am-12:00pm 10 Daytime Craft 10:00am-11:30am 10 Memory Café for IDD 6:00pm-7:30pm 7	Program Choice Time Page non-member/ Caregiver Coffee Connections 10:30am-11:30am 6 FREE Games 5:30pm-7:30pm 9 \$10/\$20 Baking Class 10:00am-12:00pm 9 \$20/\$40 Virtual BISG 5:30pm-6:30pm 9 FREE Parent/Caregiver Happy Hour 6:00pm-7:00pm 6 FREE BISG Caregiver Chat 11:30am-1:00pm 9 FREE Evening Craft 5:30pm-7:30pm 9 \$15/\$30 Dance 6:30pm-8:30pm 9 \$10/\$20 SOAR Together 6:00pm-8:00pm 6 FREE Dinner and the Fire 5:00pm-8:30pm 9 \$50/\$100/\$40 TnT 6:30pm-8:00pm 8 FREE Youth Friday Fun Day 1:00pm-3:00pm 8 \$5 per participant Super Saturday 8:00am-5:30pm 10 \$75/\$150/\$60 BISG In Person 6:00pm-7:30pm 9 FREE Dinner and a Movie 5:00pm-9:00pm 10 \$40/\$80/\$30 <tr< th=""><th>Program Choice Time Page non-member/ Caregiver IRIS Code Coffee Connections 10:30am-11:30am 6 FREE - Games 5:30pm-7:30pm 9 \$10/\$20 F Baking Class 10:00am-12:00pm 9 \$20/\$40 F Virtual BISG 5:30pm-6:30pm 9 FREE - Parent/Caregiver Happy Hour 6:00pm-7:00pm 6 FREE - BISG Caregiver Chat 11:30am-1:00pm 9 FREE - Evening Craft 5:30pm-7:30pm 9 \$15/\$30 F Evening Craft 5:30pm-7:30pm 9 \$10/\$20 F SOAR Together 6:30pm-8:30pm 9 \$10/\$20 F Dinner and the Fire 5:00pm-8:30pm 9 \$50/\$100/\$40 C TnT 6:30pm-8:30pm 8 FREE - Youth Friday Fun Day 1:00pm-3:00pm 8 \$5 per participant - Super Saturday 8:00am-5:30pm 10 \$75/\$150/\$60 <</th><th>Program Choice Time Page non-member/ Caregiver IRIS Code Staffed by: Coffee Connections 10:30am-11:30am 6 FREE - Heidi Games 5:30pm-7:30pm 9 \$10/\$20 F Lisa V. Baking Class 10:00am-12:00pm 9 \$20/\$40 F LeeAnn Virtual BISG 5:30pm-6:30pm 9 FREE - Clare Parent/Caregiver Happy Hour 6:00pm-7:00pm 6 FREE - Heidi BISG Caregiver Chat 11:30am-1:00pm 9 FREE - Julie Evening Craft 5:30pm-7:30pm 9 \$15/\$30 F Lisa V. Dance 6:30pm-8:30pm 9 \$10/\$20 F Lisa V. SOAR Together 6:00pm-8:30pm 9 \$50/\$100/\$40 C Lisa V. TnT 6:30pm-8:30pm 9 \$50/\$100/\$40 C Lisa V. Youth Friday Fun Day 1:00pm-3:00pm 8 \$5 per participant - Lisa M.<!--</th--></th></tr<>	Program Choice Time Page non-member/ Caregiver IRIS Code Coffee Connections 10:30am-11:30am 6 FREE - Games 5:30pm-7:30pm 9 \$10/\$20 F Baking Class 10:00am-12:00pm 9 \$20/\$40 F Virtual BISG 5:30pm-6:30pm 9 FREE - Parent/Caregiver Happy Hour 6:00pm-7:00pm 6 FREE - BISG Caregiver Chat 11:30am-1:00pm 9 FREE - Evening Craft 5:30pm-7:30pm 9 \$15/\$30 F Evening Craft 5:30pm-7:30pm 9 \$10/\$20 F SOAR Together 6:30pm-8:30pm 9 \$10/\$20 F Dinner and the Fire 5:00pm-8:30pm 9 \$50/\$100/\$40 C TnT 6:30pm-8:30pm 8 FREE - Youth Friday Fun Day 1:00pm-3:00pm 8 \$5 per participant - Super Saturday 8:00am-5:30pm 10 \$75/\$150/\$60 <	Program Choice Time Page non-member/ Caregiver IRIS Code Staffed by: Coffee Connections 10:30am-11:30am 6 FREE - Heidi Games 5:30pm-7:30pm 9 \$10/\$20 F Lisa V. Baking Class 10:00am-12:00pm 9 \$20/\$40 F LeeAnn Virtual BISG 5:30pm-6:30pm 9 FREE - Clare Parent/Caregiver Happy Hour 6:00pm-7:00pm 6 FREE - Heidi BISG Caregiver Chat 11:30am-1:00pm 9 FREE - Julie Evening Craft 5:30pm-7:30pm 9 \$15/\$30 F Lisa V. Dance 6:30pm-8:30pm 9 \$10/\$20 F Lisa V. SOAR Together 6:00pm-8:30pm 9 \$50/\$100/\$40 C Lisa V. TnT 6:30pm-8:30pm 9 \$50/\$100/\$40 C Lisa V. Youth Friday Fun Day 1:00pm-3:00pm 8 \$5 per participant - Lisa M. </th

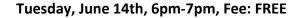
Coffee Connections with Heidi



Wednesday, June 1st, 10:30am-11:30am, Fee: FREE

Join other parents and caregivers of individuals with differing abilities for a cup of coffee and light breakfast treat while we support each other and discuss issues we are facing and successes we have had. We will be talking with Jennifer Schimmelpfenning from Synergy home care of the Fox Valley about respite options and caregiving opportunity they offer! Privacy is always maintained in our group. No need to register, just come on down to our SOAR Offices Lower Level Activity Room! Any questions, reach out to Heidi via email Heidi@soarfoxcities.com or by phone at (920)731-9831, ext. 111.

Parent/Caregiver Happy Hour with Heidi





Enjoy an evening out at **Meade Street Bistro** with other parents and caregivers as we support each other and discuss issues we are facing and successes we have had. We have a quiet secluded part of the restaurant to ourselves, so please know we try to protect privacy as best we can. Feel free to purchase a drink and/or food to enjoy while we chat! **No need to register.** Any questions, reach out to Heidi via email at Heidi@soarfoxcities.com or by phone at **(920)731-9831, ext. 111.**



SOAR Together with Heidi

Monday, June 20th, 6:00pm-8:00pm, Fee: FREE



Have you heard about the partnership between SOAR and Fox Valley

Memory Project? Come learn all about it as well as aging and dementia and how it

affects those with intellectual and developmental disabilities differently.

Join us at **The Mad Apple Burger and Billiard Co.** We will have a server dedicated to us, so feel free to buy yourself a beverage and dinner while we are learning.

(You are responsible for your own food and beverage.)

Register with Heidi by June 13th

In addition, please feel free to reach out to Heidi with any questions or if there is a topic you feel would benefit our community from learning more about by emailing

Heidi@soarfoxcities.com or by phone at (920)731- 9831, ext. 111.

Memory Café for IDD Community with Heidi

Wednesday, June 29th, 6:00pm-7:30pm, Fee: FREE

This specialized memory café is a place specifically for individuals 35 and older with intellectual and developmental disabilities and memory problems, or dementia, and their caregivers, to meet others in their similar situation.

See insert for specific information about this month!

Register by June 22th



Mark your Calendars for the following Splash Pad dates!

June 15th and June 29th from 9:00am to 10:00am

At Washington Park

Please note that a parent/caregiver needs to stay for the entire duration with the participant and it is not a drop-off/pick-up activity.

Contact Lisa M. for details at lisa@soarfoxcities.com or by calling (920)731-9831 ex:110







SOAR Fox Cities - where YOUth fit in!

Kidz Klub—Kidz Klub is a collaborative after-school program between SOAR Fox Cities and area school districts which targets children in Elementary Schools. Kidz Klub is a peer-to-peer social group for youth with and without disabilities held at a school within the participating school district.

Teen Stop—Teen Stop has the same collaboration as described above for Kids Klub, but focuses on Middle School aged children. Neenah School district is currently using this after-school program for middle school. Great games and activities are planned by middle school peers. Held during the school year only.

TnT—Youth ages 13-23 from any Fox Cities school district can come and meet new people, try fun group games, trivia questions and laughs. This positive interaction between peers allows them to gain exposure to each other, which leads to understanding and results in acceptance for each person involved. All teen participants take part in large and small group activities such as singing, sharing and games, engage in cooperative learning experiences and have opportunities for leadership development. Held 6:30-8:00pm at First Congregational United Church of Christ, 724 E South River St., Appleton. There is no cost for this program.

Special Olympics—Did you know Special Olympics begins at age 8?? Please see the Special Olympics section in this newsletter for sports offered by SOAR Fox Cities, and become part of the 3rd largest Special Olympics agency in the state of Wisconsin!! SOAR Fox Cities offers 7 sports throughout the year.

People First—SOAR encourages and trains individuals, including youth, to speak up and advocate for themselves. There is a meeting once a month. **See details below!**



Quick Reference

Youth Services Manager: Lisa McCallister, 920-731-9831 x110, lisa@soarfoxcities.com

If you are a TEEN or a young adult (through age 23), join TnT! with Lisa M.

TnT - In Person - Thursday, June 23rd - 6:30pm - 8:00pm

We will be meeting in the SOAR Building, Lower Level.,

Fee: FREE

Summer fun with friends! Team building and silly games!

• Youth Friday Funday - In Person - Friday, June 24th - 1:00pm-3:00pm with Lisa M.

Wittmann Park (920 Airport Rd. Fox Crossing 54952)

Cost: \$5.00 per participant (member and non-member)

Together with Fox Crossing Park and Rec, we will offer a chance to explore Fox Crossing parks. Join us for traditional park games and a few twists on old classics.

See insert for more details

Register by: June 17th













Brain Injury Support Group Caregiver Chats with Julie

11:30am-1:00pm, Rivertyme Bistro

Fee: FREE

• Thurs., June 16th-Meeting intended for caregivers of brain injury survivors to gain support and community.

Brain Injury Support Group with Julie/Clare

Brain Injury support group meetings are for brain injury survivors and supporters.

Fee: FREE

- Wed., June 8th—Virtual—5:30pm-6:30pm—via Zoom (with Clare)
- Mon., June 27th—In Person—6:00pm-7:30pm—at the UWO Fox Valley Campus (Julie/Clare)

Register by June 23rd

Games with Lisa V.

5:30pm-7:30pm, SOAR Building, Second Floor Volunteer Room Fee: \$10 members/\$20 non-members

• Mon., June 6th -Let's play games with friends!

Register by May 25th

Baking with LeeAnn

10:00am-12:00pm, SOAR Building, Lower Level

Fee: \$20 member/\$40 non-member

• Thurs., June 2nd– You will be baking sour cream coffee cake.

Register by May 26th

Evening Craft with Lisa V.

5:30pm-7:30pm, SOAR Building, Lower Level

Fee: \$15 member/\$30 non-member

• Thurs., June 16th– Enjoy making a fun craft with friends!

Register by June 9th

Dance with Lisa V.

6:30pm-8:30pm, Salvation Army Menasha (1525 Appleton Rd. Menasha)
Fee: \$10 per member/\$20 per non-member/\$0 caregiver
(tickets and registration still required for caregivers even though caregivers are free)



• Fri., June 17th- Rock around the clock! Be ready for a sock hop!

Register by June 15th

Dinner and The Fire with Lisa V.

5:00pm-8:30pm, Drop off at SOAR Building Lower Level, Pick up at The Fire (230 E. College Ave, Appleton, WI 54911)

Fee: \$50 member/\$100 non-member/\$40 caregiver

• Tues. June 21st-We will have dinner at the SOAR Building in the lower level and then walk to The Fire to make a special project! Pick up at The Fire at 8:30pm.

Register by June 16th

Super Saturday with Lisa V.

8:00am-5:30pm, Drop off and pick up at The SOAR Building Fee: \$75 member/\$150 non-member/\$60 caregiver

• Sat., June 25th— Drop off at the SOAR Building so we can take a bus to the Henry Vilas Zoo in Madison, WI and have a picnic lunch. We will leave at 8:00am from SOAR and return for a 5:30pm pick up at SOAR.

Register by June 17th

Dinner and a Movie with Lisa V.

5:00pm-9:00pm, Drop off at El Azteca (N474 Eisenhower Dr. Appleton, WI 54915), Pick up at Valley Grand Theater (W3091 Van Roy Rd. Appleton, WI 54915)
Fee: \$40 member/\$80 non-member/\$30 caregiver

Too. 410 mombon,400 non mombon,400 caregiver

Tues., June 28th
 — We will have dinner at El Azteca and then walk to the Valley Grand
 Theater together for a movie. Bring your own money if you would like snacks at the movie
 theater.

Register by June 21st

Make and Take with LeeAnn

10:00am-12:00pm, SOAR Building, Lower Level Fee: \$20 member/\$40 non-member

• Tues., June 28th-You will be making chicken spaghetti that you can take home and enjoy. This dish freezes well.

Register by June 21st

Daytime Craft with LeeAnn

10:00am-11:30am, SOAR Building, Lower Level Fee: \$15 member/\$30 non-member

• Wed. June 29th – You will be making a patriotic wreath.

Register by June 22nd

Baking with LeeAnn

10:00am-12:00pm, SOAR Building, Lower Level

Fee: \$20 member/\$40 non-member

• Thurs., June 30th— Cookie of the month: Turtle Brownie Bites

Register by June 23rd

Do you need assistance signing up for SOAR activities online using a computer or a phone? Contact Leah by calling (920) 731-9831, ext 100, or email leah@soarfoxcities.com and she can send you an email of step by step written instructions and pictures, or stop by the office for a hard copy!







Special Olympics Updates

Special Olympics is dedicated to empowering individuals with intellectual disabilities to become physically fit, productive and respected members of society through sports training and competition. The sports we offer give our athletes a safe and fun environment to grow their self-confidence, keep a steady social life and practice healthy living by being active. We have opportunities for coaching, please contact Lisa V. for info!

Hey Special Olympians....Did you know???

As we are gearing up for summer sports, keep in mind that Special Olympics of WI is bringing back the three-day extravaganza celebration of State competitions! July 29-30-31, in Waukesha, WI. Athletes can compete in 1 sport only. This competition will include an opening ceremony Friday night, full day competitions Saturday and Sunday, and Saturday night entertainment! Mark your calendars...and caregivers, I will be looking for volunteers to join us! Housing will be either in the dorms or a hotel (we're waiting for SOWI to confirm). As we get closer, I will get you the details!

See insert for T-Ball Registration details





It's Special Olympics Wisconsin's 50th Anniversary!

Celebrate a half-century of memories—join the #sowi50 Social Media Challenge.

- 1. Dust off your photo albums and dive into your video archives to find images from past Special Olympics events and programming.
- 2. Post these memories on your social media outlets and use the hashtags #sowi50 and #inclusion. Don't forget to tag our SOWI socials too!
- 3. Challenge three friends to share their own memories over the past 50 years.

Look how far we've come. Let's see how far we can go-together.





Is your medical information with SOWI up to date??

If your medical exam is near expiration or you're not sure, please email Lisa at lisav@soarfoxcities.com Monday-Thursday 8am-3pm to double check. You cannot take part in Special Olympics activities or compete if your medical is not up to date or if you cannot prove you have been vaccinated. All athletes must also have a COVID-19 form and waiver on file with SOWI. If you have not signed each of these please contact Lisa V. - (920) 731-9831 EXT: 109

Reminder! Our cancellation policy is:

Appleton, WI 54911

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there with be no credit given, only in rare instances will exceptions be granted.

If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist If we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.

If cancelling (or no-show) for a part of a series, no credit will be given.

If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

- **1.** Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waiting list and gives another participant the opportunity to join the activity.
- 2. Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option. Thank you for your understanding, patience, and support!

Participant Name		***Phone/email to contact if cancellation oc			occurs:
Date of Activity	Activity Name				Cost
ubmit total amount due SOAR Fox Cities	to: Registrat	ion and Payment requ	uired <u>prior</u> to activities.	Total: _	
211 E Franklin St.	Suite A Pav	by cash, check (#). or on-line.		

Please provide name & contact info: ______

If you use IRIS, Lakeland Care, Inclusa, CLTS, or Community Care please check this box

June 2022 Calendar at a Glance

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 -Coffee Connections	2 -Baking	3	4
5	6 -Games	7	8 -Virtual BISG	9	10	11
12	13	14 -Happy Hour	15	16 -BISG Caregiver Chats -Evening Craft	17 -Dance	18
19	20 -SOAR Together	21 -Dinner and the Fire	22	23 -TnT	24 -Youth Friday Funday	25 -Super Saturday
26	27 -BISG in Person	28 -Dinner and a Movie -Make and Take	29 -Daytime Craft -Memory Cafe	30 -Baking		

FRIDAY FUN DAYS WITH SOAR FOX CITIES Ages 8-16

We are excited to be teaming up with Fox Crossing Parks and Recreation to offer this exciting opportunity to explore Fox Crossing parks and enjoy some time outside. Programs are geared to youth ages 8 and older with developmental disabilities. Youth ages 7 and under may attend with a parent/guardian.

WITTMANN PARK FUN DAY WITH SOAR (Ages 8+)
Join us for an afternoon of park games! Games
will include all-time favorites like tag as well as
some new twists on old classics. Bring a water
bottle and running shoes.

Friday - June 24 1:0Ŏ-3:00PM Class # 205500-01

Location: Wittmann Park (920 Airport Rd.)

FEE: \$5

Registration Deadline, June 17

**Registration thru Fox Crossing Park and Rec!





Register

https://www.foxcrossingwi.gov/departments/parks-and-recreation/online-registration/



COFFEE CONNECTIONS,

1st Wednesday of each month, 10:30-11:30 am, SOAR Lower Level

*June 1, August 3, Sept 7
*Coffee and bakery provided

HAPPY HOUR.

2nd Tuesday of each month, 6:00-7:00 pm, Meade Street Bistro

*June 14, July 12, August 9, Sept 13

*Purchase own food/drink

Join parents of individuals with intellectual and developmental disabilities as we meet to support and help one another, while also discussing topics as they pertain to our lives and those of our loved ones'.

→ SOAR Together: Education Series

3rd Monday of each month, 6:00-8:00pm, The Mad Apple Burger & Billiard, Co.

*June 20, July 25, August 22

These evenings are arranged to educate parents, selfadvocates, relatives, and caregivers about important topics as they relate to intellectual and developmental disabilities.

Education topics include:

- Dementia
- Early Diagnostic Screen for Dementia (EDSD)
- Guardianship & Supported-Decision Making
- Mental Health
- Online Safety

FOR QUESTIONS OR COMMENTS, CONTACT HEIDI AT (920)731-9831 OR HEIDI@SOARFOXCITIES.COM

SOAR FOX CITIES T-BALL!

SOAR Fox Cities 211 E. Franklin St. Appleton, WI 54911

Registration Deadline is Thurs. June 16, 2022

Athlete's Name:	
Emergency Contact Name:	
Emergency Phone:	·
Best number for info on practices:	
Email:	

Location: St. Pius X Church & School (500 W. Marquette St, Appleton, WI 54911)

Tuesdays 6:45-7:30pm

Season runs Tuesday June 21 thru Tuesday July 26 (6 weeks)

Fee: \$30 Member / \$50 Non-member

Tuesday	JUNE 21	6:30-7:30PM
Tuesday	JUNE 28	6:30-7:30PM
Tuesday	JULY 5	6:30-7:30PM
Tuesday	JULY 12	6:30-7:30PM
Tuesday	JULY 19	6:30-7:30PM
Tuesday	JULY 26	6:30-7:30PM



Crafting for SOAR

Sunday June 12; 12-6pm

Join us for a day of crafting at the Fire in Downtown Appleton! Make any of their pottery painting, mosaic, or glass fusing projects, mention you are there for SOAR, and 30% of your project cost will be donated!

The Fire art studio offers people of all ages the opportunity to explore their creative side. Whether you're a confident artist or feel a bit shy about expressing your creative side, they'll help you feel comfortable and inspired. They provide everything from simple painting projects to a chance to create your own vision!

No appointment necessary, stop by anytime Sunday, June 12th, and have some fun while showing SOAR support!

The Fire

230 E College Ave Appleton, WI 54911







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The Fire

230 E College Ave
Appleton, WI 54911
*This is not a SOAR Staffed Event



MEMORY CAFE ART DAY

JUNE 29, 2022~6:00-7:30 PM

The memory café is a place for individuals 35 and older with intellectual and developmental disabilities <u>and</u> memory problems, or dementia, and their caregivers, to meet others in a similar situation.

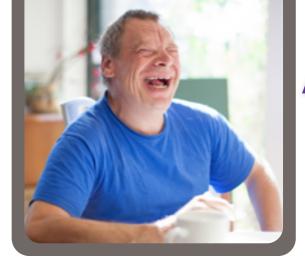
Share experiences, make friends, find information and support, and enjoy an activity! Leah Quinn will be joining us from SOAR to help you express your thoughts and memories based on creative exploration through art media.

Each participant must register and should attend with a caregiver. If this would not be possible, please reach out to Heidi Zick to discuss options.

Register by June 24 by calling Heidi at (920)731-9831 or via email at heidi@soarfoxcities.com.







Aging and Intellectual & Developmental Disability Program

Helping people with IDD and their caregivers to navigate the dementia journey

A partnership between:





Program offerings will include:

- Specialized Memory Café
- Educational opportunities to help you manage behavioral symptoms of dementia in the context of an IDD diagnosis
- Training on the use of the Early Detection Screen for Dementia (EDSD) tool developed specifically for the IDD population
- Aging & IDD Newsletter
- Aging and IDD Coalition
- Support and Resources

FREE Upcoming Spring and Summer Events!

- Specialized IDD Memory Café last Wednesday of the month, 6-7:30 pm
 - o April 27, May 25, June 29, July 27, August 31
- SOAR Together Education Evening Series Mondays, 6-8:00 pm at The Mad Apple Burger and Billard Co.; Meal & Beverage not included.
 - o Dementia I June 20
 - Dementia II July 25
 - Early Detection Screener for Dementia (EDSD) August 22
- Webinars Thursdays, 10-11:00 am
 - o Dementia I July 14
 - o Dementia II August 4
 - Early Detection Screen for Dementia (EDSD) September 8

Caregivers and professionals welcome at all trainings!

Contact Heidi at SOAR (920)731-9831 to learn more and to register!