



Activity & Program Guide

October 2022

Face to Face & Virtual

SOAR Fox Cities, Inc. ~ 211 E. Franklin Street Ste. A ~ Appleton, WI 54911



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Inserts: October Calendar at a Glance, Fundraiser, Participant Survey, Angie Bio, Intern Bio, Cuff Farms

Office Hours: Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

*Phone: 920.731.9831

*Fax: 920.725.1531

*E-mail: info@soarfoxcities.com



Policies

To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form
- Acknowledgement Form from the Participant/Guardian Handbook

Note: ***The Participant Information Form needs to be updated annually.*** Throughout the course of the year changes may occur with conditions, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking When parking at our building during business hours, please use the parking stalls designated for 211 E. Franklin Visitors. If you park in other companies' stalls you risk being towed.

Inclement Weather Policy Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, SOAR FC staff will attempt to notify all participants who are signed up for the program or service of the closure. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check our website and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity.

Payment Policy We will NOT be able to collect payments at activities. Do not give staff your payment—we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the mail slot. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 109. If you are registering for an activity and tickets need to be picked up, feel free to send a self-addressed stamped envelope along with your payment, or pay an extra \$1.00 to have the tickets mailed to you, or stop by our office. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation Policy If you are unable to attend an event, you must cancel at least **5 days in advance**. If you do not cancel in advance you will be liable for the program fees - Please see enclosed notice regarding cancellation policy.

Notice SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

Volunteering

Did you know that the volunteer opportunities with SOAR are almost endless!? Aside from volunteering at programs, we LOVE it when members help out at special events. Occasionally we also have special office projects, like folding and stuffing mailings, that we need help with! If you want to learn about these and more opportunities, please call Ashley Gustafson, Community Engagement Director, at 920-731-9831, x114 or Volunteer Coordinator Angie Petit, x126

Some current needs are: special event committee members, assistant Coach for Special Olympics

Volunteer with SOAR today!





SOAR Fox Cities Board of Directors

Laura McCormick, *President*
Heather Sorebo, *Vice President*
Gary Weber, *Treasurer*
Leigh Bolender, *Secretary*

Polly VandenBoogaard Paul Meyer Reg Wydeven Jonathan Pitzen Bryan Mueller



Hello Friends of SOAR!

October is here!! YAY!!! Not only do I love the Autumn time of year, but I absolutely love October! It is probably my favorite month! What is your favorite month!

Guess what I get to announce with this newsletter?! We have a NEW Special Olympics Coordinator! Her name is Jen Kalishek and she started on Monday, September 12th. We are BEYOND excited to have Jen on our team and we know you are going to love her! Learn more about Jen on the Special Olympics page of the newsletter as she's shared a little bit about herself with us! You can also find her contact information on that page and learn more about what's coming up for Special Olympics.

We are still working to hire a Social, Recreation & Respite (SR&R) Program Coordinator so please watch for updates!

Since I have you as a captive audience, I want to draw your attention to is the location of the Halloween Dance! **The October Dance is going to be held at Sabre Lanes in Menasha!** We know the Halloween Dance is one of our most popular throughout the year so decided to take it into a bigger space so we can welcome everyone. Make sure to come dressed your best as this is a costume party!

The changing leaves are bringing changes around SOAR so please welcome Jen, enjoy the Halloween Dance at Sabre Lanes, and have a GREAT Fall season!

~ Erin Schultz-Wege, Executive Director

SOAR Fox Cities Staff can be reached at 920.731.9831

Erin Schultz-Wege, Executive Director, x116
Ashley Gustafson, Director of Community Engagement, x114
Jolene Verstegen, Financial Administrator, x115
Julie Biesterveld, TBI Support Program Coord., x113
LeeAnn Stein, Director of Adult Programs, x112
Lindsay O'Brien, Fundraising & Grant Manager, x127
Clare Buckley, TBI Support Program Navigator, x118
Angie Petit, Volunteer Coordinator, x126

Heidi Zick, Family Programs & Community Resource Coordinator, x111
Leah Quinn, Member and Office Support Specialist, x100
Kari Much, Accounting Clerk, x109
Angie Petit, Volunteer Coordinator, x126
Lisa McCallister, Youth Services Manager, x110
Jen Kalishek, Special Olympics, x122
VACANT, SRR Program Coordinator

Registering for all activities is required!

1. Select the activities that fit your schedule.
2. **Be sure to register 7 days (one week) before an activity that you want to attend, unless a specific registration date is noted in the description of the activity.**
3. Complete the enclosed registration form and return it to our SOAR office with payment. You can pay online at www.soarfoxcities.com, send a check, or stop at our office. Payment must be made prior to an activity.

A FEW ANNOUNCEMENTS AND UPDATES (last updated June 2022)

Cancellation Contacts

To make sure we are able to get ahold of the appropriate individual(s) to the best of our ability when a program or activity is cancelled with short notice we have added a section to the online jot form, the yearly membership form, and the paper registration slip on the last page of the newsletter that asks for an e-mail and/or phone number specifically for when a cancellation occurs. This is important because a participant's emergency contact listed on file at SOAR is often different than the contact needed to notify for a cancellation as participants frequently have more than one housing staff, ride arrangement, or caregiver that they spend time with on a daily basis. In addition, some individuals are easier to get ahold of via e-mail, while others prefer a phone call. Let us know which communication platform works best for you in the event of a cancellation by filling this new section out when signing up for activities. We thank you for your help and understanding in advance!

Online Activity Sign-Up

We're encouraging everyone to sign up to receive the online newsletter! We always try to plan the delivery of the mailed newsletter to coincide with the delivery of the online newsletter, but we can't predict how long the postal service will take to deliver bulk mailings such as the newsletter. Unfortunately, it sometimes takes longer than preferred. When/if this is the case we encourage you to utilize the option of signing up for programs online through the SOAR website. If you need help with this process contact Leah by calling (920) 731-9831, ext. 100, or email leah@soarfoxcities.com and she can send you an e-mail of a document containing step-by-step written instructions with picture references. OR stop by the office for a hard copy during office hours M-TH 9am-4:30pm.

Activity Arrival Time

Please do not arrive for activities more than 15 minutes before the activity is scheduled to start! If you do, we cannot guarantee the front doors of the building will be open, especially if the activity is after 4:00pm or on a weekend, or that someone will be available to let you in. As it gets colder outside, this is IMPORTANT as we don't want you waiting out in the heat! We understand that those taking Valley Transit cannot always control this so please contact us with any questions! Thank you!

Calendar-at-a-glance

October 2022

October	Program Choice	Time	Page	Cost: member/ non-member/ caregiver	IRIS Code	Staffed by:	Type KEY
4	Dinner and Movie	4:30p-9:00p	8	\$40/\$80/\$30	C	Heidi/Kari	SRR
5	Coffee Connections	10:30am-11:30am	6	FREE	-	Heidi	FAM
6	TnT	6:30pm-8:00pm	7	FREE	-	Lisa	TnT
11	Evening Craft	5:30pm-7:30pm	8	\$15/\$30	F	Leah/Kari	SRR
11	People First	6:00pm-7:00pm	8	FREE	-	LeeAnn	ADV
11	Parent/Caregiver Happy Hour	6:00pm-7:00pm	6	FREE	-	Heidi	FAM
12	Make and Take	1:00pm-3:00pm	8	\$20/\$40	F	LeeAnn	AE
12	Virtual BISG	5:30pm-6:30pm	8	FREE	-	Julie/Clare	ADV/TBI
13	Baking Class	10:00am-12:00pm	8	\$15/\$30	F	LeeAnn	AE
Oct. 13th, 20th, 27th, Nov. 3rd, 10th, 17th	Safe and Free	5:30pm-7:30pm	9	No Cost-Courtesy of Living Well Grant	-	LeeAnn/Ginger	AE
14	SRR Halloween Dance	6:00pm-8:00pm	9	\$10/\$20	F	Amy/Thom	SRR
20	BISG at NSG	5:00pm-6:00pm	8	FREE	-	Julie/Clare	ADV/TBI
20	TnT	6:30pm-8:00pm	7	FREE	-	Lisa	TnT
24	BISG at UWO	6:00pm-7:30pm	8	FREE	-	Julie/Clare	ADV/TBI
25	Personal Finance: Checking Accounts	4:00pm-5:30pm	9	\$10/\$20	F	LeeAnn	AE
26	Baking Class	1:00pm-3:00pm	9	\$20/\$40	F	LeeAnn	AE
26	Grief Class	4:00pm-5:00pm	9	\$10/\$20	F	LeeAnn	AE
27	Halloween Lunch	11:30am-1:30pm	9	\$25/\$50	F	LeeAnn	AE



Coffee Connections with Heidi



Wednesday, October 5th 10:30am-11:30am,

Fee: FREE

Join other parents and caregivers for a cup of coffee and light snack while we support each other and discuss issues we are facing and successes we have had. This will be held at the **SOAR Building in the Lower Level Activity Room**. For questions or more details please contact

Heidi by calling (920) 731-9831 ext 111,

or e-mail heidi@soarfoxcities.com

Register by: Thurs., October 27th

Parent/Caregiver Happy Hour with Heidi

Tuesday, October 11th, 6:00pm-7:00pm, Fee: FREE

Enjoy an evening out with other parents and caregivers at **Meade Street Bistro** as we support each other and discuss issues we are facing and successes we have had. Feel free to purchase a drink and/or food to enjoy while we chat!

We kindly ask that you RSVP for this evening by calling SOAR at (920) 731-9831 ext. 111 or via e-mail at heidi@soarfoxcities.com. Register by: Thurs., October 10th

SOAR Fox Cities - where YOUth fit in!

SOAR Thru Summer Camp—We are so excited to announce that our first SOAR Thru Summer Camp located on the second floor of the SOAR Building in our new Youth Club House has been a success on the “fun-scale!” This is an all day camp held June through August on Mondays through Fridays for youth with varying abilities to meet new friends and have fun with some awesome camp counselors. This summer we filled our time exploring the Appleton area’s outdoor and indoor events such as the zoo, a community drum circle, Altitude Trampoline Park, the outdoor splash pad, Pinot’s Pallet, and so much more! In addition to field trips, we played so many exciting activities in our on-site Youth Club House such as making ice-cream from scratch, cooling down with relaxing movies, and getting messy with science projects and art activities. Check out the SOAR Facebook Page to see lots of fun pictures from the first year of SOAR Thru Summer Camp! We can’t wait to see what is instore next!

Teen Stop—Teen Stop has the same collaboration as described above for Kids Klub, but focuses on Middle School aged children. Neenah School district is currently using this after-school program for middle school. Great games and activities are planned by middle school peers. Held during the school year only.

TnT—Youth ages 13-23 from any Fox Cities school district can come and meet new people, try fun group games, trivia questions and laughs. This positive interaction between peers allows them to gain exposure to each other, which leads to understanding and results in acceptance for each person involved. All teen participants take part in large and small group activities such as singing, sharing and games, engage in cooperative learning experiences and have opportunities for leadership development. There is no cost for this program. This is held 6:30-8:00pm at First Congregational United Church of Christ, 724 E South River St., Appleton. There is no cost for this program.



Quick Reference

Youth Services Manager: Lisa McCallister, 920-731-9831 x110, lisa@soarfoxcities.com

If you are a TEEN or a young adult (through age 23), join TnT! with Lisa M.

- **TnT - In Person - Thurs, October 6th**

6:30pm - 8:00pm, at The First Congregational United Church of Christ, 724 E South River St., Appleton.

Fee: FREE

~Fall is in the air and nothing is more warm than friends we get to see when we get together every other week. Hope to see you there!

- **TnT - In Person - Thurs., October 20th**

6:30pm-8:00pm, at the First Congregational United Church of Christ, 724 E South River St., Appleton.

Fee: FREE

~Enjoy fun games and activities that encourage teamwork and communication.



People First Fox Cities with LeeAnn

6:00pm-7:00pm, Menasha Public Library

Fee: FREE

- **Tues., October 11th**—A group that encourages and trains individuals to speak up and advocate for themselves. Everyone is welcome!

Brain Injury Support at NSG (Neuroscience Group)

Meeting intended for survivors of brain injury and their loved ones to gain support and community

5:00pm-6:00pm, Neuroscience Group on Calumet St. Appleton

Fee: FREE

- **Thurs., Oct. 20th**—5:00pm-6:00pm with Julie and Clare (In-Person)
- **Wed., Oct 12th**-5:30pm-6:30pm with Julie and Clare (zoom/virtual)

Brain Injury Support Group at UWO with Julie/Clare

Brain Injury Support Group meetings are for brain injury survivors and supporters.

6:00pm-7:30pm, UWO FV Campus

Fee: FREE

- **Mon., Oct. 24th**

Dinner and Movie with Kari and Heidi

4:30pm-9:00pm, Funset Boulevard for pizza(3916 W College Ave, Appleton, WI 54914), Hollywood Theater for a movie(513 N Westhill Blvd, Appleton, WI 54914)

Fee: \$40 member/\$80 non-member/\$30 caregiver

- **Tues, Oct. 4th**— Drop off at Funset Boulevard for a pizza dinner. Then we will walk over to the Hollywood theater that is attached to Funset Boulevard to see a movie. Pick up at Hollywood Theater. Bring your own money if you would like your own snack at the movie theater.

Register by Sept. 23rd

Evening Craft with Leah/Kari

5:30pm-7:30pm, SOAR Building, Lower Level

Fee: \$15 member/\$30 non-member

- **Tues., Oct. 11th**— We will make a Halloween craft and have a small Halloween treat.

Register by Oct. 4th

Make and Take with LeeAnn

1:00pm-3:00pm, SOAR Building, Lower Level

Fee: \$20 member/\$40 non-member

- **Wed., Oct. 12th**— You'll be making a ham and swiss quiche.

Register by Oct. 5th

Baking Class with LeeAnn

10:00am-12:00pm, SOAR Building, Lower Level

Fee: \$15 member/\$30 non-member

- **Thurs., Oct. 13th**—You'll be making Pecan Pull-Apart Bread

Register by Oct. 6th

Did You Know!?

SOAR is still selling Kwik Trip Cards! For every gift card purchased directly from SOAR a percentage of the purchase is donated back to SOAR! Call us at 920-731-9831 to purchase yours today!

Safe and Free with LeeAnn

5:30pm-7:30pm, SOAR Building, First Floor Board Room

Fee: No cost-Courtesy of Living Well Grant

- **Dates and Topics covered:** Oct. 13-Knowing Yourself and Getting Involved in your Community
Oct. 20th- Rights, Rules and Responsibilities
Oct. 27 Communication
Nov. 3 Safety
Nov. 10 Abuse Awareness
Nov. 17th Dating and Intimate Relationships

Register by Oct. 6th

SRR Dance with Amy and Thom (volunteers)

6:00pm-8:00pm, Sabre Lanes Ballroom, 1330 Midway Rd. Menasha, WI 54952

Fee: \$10 member/\$20 non-member/\$0 caregiver (but caregivers still need to register)

- **Fri., Oct. 14th**—Let's have a spooky, but not too scary, Halloween dance together! Wear your Halloween costume for a night of dancing and snacks.

No tickets needed but please register on time

Register by Oct. 6th

Personal Finance: Checking Accounts with LeeAnn

4:00pm-5:30pm, SOAR Building, SOAR Lower Level

Fee: \$10 member/\$20 non-member

- **Tues., Oct. 25th**—Learn how to use a checking account, write a check, record transactions in a check register, and reconcile a bank statement.

Register by Oct. 18th

Baking Class with LeeAnn

1:00pm-3:00pm, SOAR Building, Lower Level

Fee: \$20 member/\$40 non-member

- **Wed., Oct. 26th**—Cookie of the month: Pumpkin Chocolate Chip

Register by Oct. 19th

Grief Class with LeeAnn

4:00pm-5:00pm, SOAR Building, Lower Level

Fee: \$10 member/\$20 non-member

Wed., Oct. 26th—Participants will engage in a discussion about different stages of grief they may encounter with the death of a loved one or friend. Healthy coping strategies will be explained and practiced.

Register by Oct. 19th

Halloween Lunch with LeeAnn

11:30am-1:30pm SOAR Building, Lower Level

Fee: \$25 member/\$50 non-member

- **Thurs., Oct. 27th** – A spooktakular event. A frightful lunch will be served, followed by games and fun. Dress up in a costume if you desire!

Register by Oct. 20th



Special Olympics Updates

Special Olympics is dedicated to empowering individuals with intellectual disabilities to become physically fit, productive and respected members of society through sports training and competition. The sports we offer give our athletes a safe and fun environment to grow their self-confidence, keep a steady social life and practice healthy living by being active. We also have opportunities for coaching and volunteering - please contact Jen Kalishek for info by e-mailing Jen@soarfoxcities.com or (920) 731-9831 ext. 122



Hello SOAR Friends!

I am incredibly excited to introduce you to Jen Kalishek, the NEW Special Olympics Coordinator for SOAR Fox Cities! Jen started with SOAR on September 12th and we are so excited for her to join our team!

Jen has lived in the Fox Valley for four years, originally born and raised in Gladstone, Michigan. She has a degree from Central Michigan University and has worked for The Down Syndrome Association of Wisconsin as well as Special Olympics Michigan.

Jen is the eighth of nine children and enjoys spending time with her large family, especially her younger brother Dan and her many nieces and nephews. When she's not visiting Michigan she enjoys cooking, baking, and crafting. She is an avid reader and loves being out on the water.

Jen's email address is jen@soarfoxcities.com and her phone number is 920-731-9831 x112.

REMINDER!!!

Bowling started on Monday, September 12th and will end on Monday, December 12th! Practices are scheduled from 4:30-6:00pm at Sabre Lanes in Menasha! Registration is now CLOSED!

The next sports seasons will be Basketball and Basketball Skills! Please watch future newsletters for information and registration forms!

Participants, Caregivers & Parents - **PLEASE BE SURE TO KEEP AN EYE ON YOUR EMAILS DURING SPORTS SEASONS!** Our PRIMARY means of communication are email and social media!! We apologize, but we cannot call every single caregiver, parent, or athlete (there simply aren't enough hours in the day) & email/social media is the quickest way to communicate changes in practices, updates, and more!!! If your email is NOT up to date, please let us know!



Is your medical information with SOWI up to date??

If your medical exam is near expiration or you're not sure, **please email Erin at erin@soarfoxcities.com to double check.** You cannot take part in Special Olympics activities or compete if your medical is not up to date or if you cannot prove you have been vaccinated. All athletes must also have a COVID-19 form and waiver on file with SOWI. If you have not signed each of these please contact Erin - (920) 731-9831 **EXT: 116**

Reminder! Our cancellation policy is:

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there will be no credit given, only in rare instances will exceptions be granted.

If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.

If cancelling (or no-show) for a part of a series, no credit will be given.

If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

- 1. Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waiting list and gives another participant the opportunity to join the activity.
- 2. Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option. **Thank you for your understanding, patience, and support!**



***Phone/email to contact if CANCELLATION occurs: *Participant Name _____**

Date of Activity	Activity Name	Cost

Submit total amount due to: **Registration and Payment required prior to activities.** **Total: _____**

SOAR Fox Cities
211 E Franklin St., Suite A
Appleton, WI 54911

Pay by cash, check (# _____), or on-line.

If you use IRIS, Lakeland Care, Includa, CLTS, or Community Care please check this box ☐

Please provide billing name & contact info: _____

October 2022 Calendar at a Glance

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
						<u>1</u>
<u>2</u>	<u>3</u>	<u>4</u> -Dinner and Movie	<u>5</u> -Coffee Connections	<u>6</u> -TnT	<u>7</u>	<u>8</u>
<u>9</u>	<u>10</u>	<u>11</u> -Evening Craft -Parent/Caregiver Happy Hour -People First Fox Cities	<u>12</u> -Make and Take -Virtual BISG	<u>13</u> -Baking -Safe and Free -Cuff Farms	<u>14</u> -SRR Halloween Dance	<u>15</u>
<u>16</u>	<u>17</u>	<u>18</u>	<u>19</u>	<u>20</u> -Safe and Free -BISG at NSG -TnT	<u>21</u>	<u>22</u>
<u>23</u>	<u>24</u> -BISG at UWO	<u>25</u> -Personal Finance: Checking Accounts	<u>26</u> -Baking -Grief Class	<u>27</u> -Safe and Free -Halloween Lunch	<u>28</u>	<u>29</u>
<u>30</u>	<u>31</u>	<u>1</u>	<u>2</u>	<u>3</u> -Safe and Free	<u>4</u>	<u>5</u>

*The last two dates for the "Safe and Free" series are on November 10th and November 17th.

*The Healthy Cooking Classes that are on October 3rd and October 10th are part of the Healthy Cooking Series that began on September 26th.

Welcome SOAR Interns!



Hello SOAR Members!

My name is Sara Allison, I am a Social Work graduate student from UW-Green Bay interning with SOAR Fox Cities until May. While working with SOAR, I will be involved with the Youth and Parent programing, specifically Teens & Transitioning Youth. I recently graduated from Benedictine University in Lisle, IL with a bachelor's degree in Psychology and a minor in Social Work and Sociology. While at Benedictine University, I played softball

for all 4 years. After graduating from UWGB, I will start my career as a High School Social Worker. I am very excited to meet and get to know everyone over the next 9 months!



Hello SOAR Members!

My name is Jillian Jakubowski, and I will be completing my internship at SOAR Fox Cities until May of 2023. I am very excited to work at SOAR! I recently graduated from UW-Whitewater in May of 2022 with my Bachelor's degree in Social Work, and I am currently attending UW-Green Bay to receive my Master of Social Work degree. During my time at UW-Whitewater, I completed a case management internship at St. Coletta of Wisconsin, working with and assisting adults with

varying abilities. I am currently employed by SSM Health, where I conduct play therapy sessions with toddlers and young children who are on the autism spectrum. I also assist in running the Exceptional Athletes team at Green Bay Elite Cheer Co., Shining Stars!

Some things I enjoy doing outside of work include exercising, playing with my nieces and nephews, and spending time with my cat, Baxter. I look forward to what this year at SOAR brings, and I cannot wait to get to know everyone!

Hello SOAR Friends!

My name is Angie and I have recently been hired as the Volunteer Coordinator for SOAR Fox Cities! Before my role as volunteer coordinator, you may have seen me around the SOAR offices because I completed an internship here last Spring where I was involved with program activities, fundraising, and community outreach. Prior to working at SOAR, I was an Educational Interpreter for the Deaf for over 15 years. I love to work with the Deaf community and wanted to diversify and expand the population of the differently abled that I can support. I decided to go back to college as a non-traditional student and earn a second degree. I now attend UW-Oshkosh in the Human Services Leadership program focusing on non-profits and the differently abled and will graduate May 2023. I am so excited to be here at SOAR. I have met so many new friends and look forward to meeting more. My life motto is “this world is made for everyone to enjoy” and centers around my passion for inclusive environments.



Angie Petit

Volunteer Coordinator

920-731-9831 x126

www.soarfoxcities.com



Hello SOAR Friends!

My name is Angie and I have recently been hired as the Volunteer Coordinator for SOAR Fox Cities! Before my role as volunteer coordinator, you may have seen me around the SOAR offices because I completed an internship here last Spring where I was involved with program activities, fundraising, and community outreach. Prior to working at SOAR, I was an Educational Interpreter for the Deaf for over 15 years. I love to work with the Deaf community and wanted to diversify and expand the population of the differently abled that I can support. I decided to go back to college as a non-traditional student and earn a second degree. I now attend UW-Oshkosh in the Human Services Leadership program focusing on non-profits and the differently abled and will graduate May 2023. I am so excited to be here at SOAR. I have met so many new friends and look forward to meeting more. My life motto is “this world is made for everyone to enjoy” and centers around my passion for inclusive environments.



Angie Petit

Volunteer Coordinator

920-731-9831 x126

www.soarfoxcities.com





SOAR FOX CITIES' 3RD ANNUAL *Amazing* **FUND-RACER**

FAST-PACED, COMMUNITY-WIDE ROAD RALLY



Presented by



Saturday

**October 15th
2022**

Starting & Ending at Sabre Lanes in Menasha
Challenges throughout the Fox Cities!

*Teams earn points by answering riddles,
finding locations, submitting photos, and
completing interactive challenges at
locations across the Fox Cities!*

Prizes will be awarded to the top 3 teams!

Check-In 12:00pm | Race 1:00-5:00pm | Final Challenge & Celebration 5:00-6:00pm



\$100/team

1 team per vehicle.
The size of your team is up to you,
but we recommend 3-5 players.

**REGISTER OR
SPONSOR
HERE**



FOR MORE INFORMATION OR TO REGISTER

www.soarfoxcities.com/amazing-fund-racer/

ashley@soarfoxcities.com

920-731-9831 ext. 114

Aging and Intellectual & Developmental Disability Program

Helping people with IDD and their caregivers to navigate the dementia journey

A partnership between: **Program offerings include:**



For more information, or to schedule an appointment, contact Heidi at:
(920) 731-9831 or
heidi@soarfoxcities.com

- Specialized Memory Café
- Resource Hours - Stop in to get your questions answered and discuss concerns
- Schedule an appointment at your convenience
- Educational opportunities to help you manage behavioral symptoms of dementia in the context of an IDD diagnosis
- Training on the Early Detection Screen for Dementia (EDSD) tool developed specifically for the IDD population
- Aging & IDD Newsletter
- Aging and IDD Coalition
- Support and Resources

Upcoming Fall Events!

- Specialized IDD Memory Café - Contact Heidi for more info.
- Aging/IDD Resource Hours - Stop in to discuss your Aging concerns and questions while your loved one is at Adult Ed programming
 - September 20: 10 am - 12 pm
 - October 12: 1-3 pm; October 19: 9-11 am
 - November 9: 4-5:30 pm; November 15 10 am - 12 pm
- Webinars - 2nd Thursday of the month, 10:00 am - 11:30 am
 - Aging - October 13
 - Dementia - November 10
 - Early Detection Screen for Dementia (EDSD) - December 8

Caregivers and professionals welcome at all trainings!

www.FoxValleyMemoryProject.org/aging-and-idd-program/



Join our SOAR Family Programs at

All is Calm

at the Performing Arts Center

Sunday, November 27, 2022, 4 pm - 8:15 pm

\$50 members/ \$80 nonmembers, Register by Oct. 19

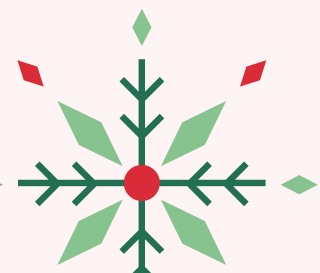
**Limited availability; cost per person includes dinner & show;*

**please specify if you need a wheelchair-accessible seat*

Join us for dinner at Good Company at 4 pm, followed by the show "All is Calm" at the Performing Arts Center at 6:30 pm. We will walk three blocks to the theater from Good Company, so please make sure that you are dressed appropriately for the weather. This is a family program, so please attend with a family member or caregiver.

About *All is Calm*: The Western Front, Christmas, 1914. Out of the violence a silence, then a song. A German soldier steps into No Man's Land singing "Stille Nacht." Thus begins an extraordinary night of camaraderie, music, peace. A remarkable true story, told in the words and songs of the men who lived it.

*For questions or concerns, please contact Heidi at (920)731-9831 ext 111 or heidi@soarfoxcities.com.



SOAR Fox Cities Fall Family Night at Cuff Farms

Join us for a private pumpkin picking event
on the farm!

OCTOBER 13 • THURSDAY • 4:30 PM - 7:30 PM
CUFF FARMS: N2299 LEDGE HILL RD,
HORTONVILLE

Cost: \$22/Members \$35/Non-members
Age 2 and under are Free

Please register by Thursday, October 6th. No
payments will be accepted at the door.

We'll ride the wagon to the field and each
person will be able to pick a pumpkin, colored
corn, mini pumpkins, and gourds! (There is one
wagon ride to the field leaving at 5:00PM)

After returning from the field, we will enjoy
dinner, play on the straw-bales, hike the corn
maze and try other fun farm games/activities!

What to bring: A pillowcase or bag for
pumpkins and items you pick!

Please dress accordingly as we will be walking
in the field to pick pumpkins!

Registration for Fall Fun at Cuff Farms:

Number of people attending (This is a family event so
please come with a caregiver or family member):

Please print names below:

Children under 2 years old are free. Please print names
below:

Total Amount Enclosed:
\$ _____

Share your SOAR Story!

We want to hear from YOU!

We love to hear from our participants and families about their experience with SOAR! Not only does it help us understand what YOUR favorite parts of SOAR are, but personal stories help us share our mission with the community and reach new people who may be nervous to attend their first program.

If you are willing to share your story with us, please return this form to the SOAR Office in person or by mail by October 10th! Everyone who participates will be entered into a raffle to win a SOAR Swag package!

Full Name: _____

Email: _____ Phone: _____

I am a: ☐ SOAR Participant ☐ Family Member ☐ Other _____

How long have you been involved in SOAR: _____

Please answer the following questions to be entered into our SOAR Swag Raffle!

Winner will be announced on October 13.

What is your favorite part about coming to SOAR and why?

What was your favorite SOAR activity this year and why?

What impact has SOAR made in your life?

These answers may be shared on SOAR marketing materials, social media, website, and newsletter, but SOAR will not share your name without your permission. May we use your name in marketing materials?

☐ Yes ☐ No, I would like to remain anonymous