



Activity & Program Guide

November 2022

Face to Face & Virtual

SOAR Fox Cities, Inc. ~ 211 E. Franklin Street Ste. A ~ Appleton, WI 54911



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Inserts: November Calendar at a Glance, PIF Renewal Form, Membership Renewal Form, Red Robin Fundraiser, S.O. Basketball Registration, Save the Date, SOAR Together



Office Hours: Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

*Phone: 920.731.9831

*Fax: 920.725.1531

*E-mail: info@soarfoxcities.com



Policies

To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form
- Acknowledgement Form from the Participant/Guardian Handbook

Note: ***The Participant Information Form needs to be updated annually.*** Throughout the course of the year changes may occur with conditions, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking When parking at our building during business hours, please use the parking stalls designated for 211 E. Franklin Visitors. If you park in other companies' stalls you risk being towed.

Inclement Weather Policy Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, SOAR FC staff will attempt to notify all participants who are signed up for the program or service of the closure. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check our website and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity.

Payment Policy We will NOT be able to collect payments at activities. Do not give staff your payment—we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the mail slot. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 109. If you are registering for an activity and tickets need to be picked up, feel free to send a self-addressed stamped envelope along with your payment, or pay an extra \$1.00 to have the tickets mailed to you, or stop by our office. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation Policy If you are unable to attend an event, you must cancel at least **5 days in advance**. If you do not cancel in advance you will be liable for the program fees - Please see enclosed notice regarding cancellation policy.

Notice SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

Volunteering

Did you know that the volunteer opportunities with SOAR are almost endless!? Aside from volunteering at programs, we LOVE it when members help out at special events. Occasionally we also have special office projects, like folding and stuffing mailings, that we need help with! If you want to learn about these and more opportunities, please call Ashley Gustafson, Community Engagement Director, at 920-731-9831, x114 or Volunteer Coordinator Angie Petit, x126

Some current needs are: special event committee members, assistant Coach for Special Olympics

Volunteer with SOAR today!





SOAR Fox Cities Board of Directors

Laura McCormick, *President*
Heather Sorebo, *Vice President*
Gary Weber, *Treasurer*
Leigh Bolender, *Secretary*

Polly VandenBoogaard Paul Meyer Reg Wydeven Jonathan Pitzen Bryan Mueller Julie King



Hello Friends of SOAR!

Can any of you really believe it's already time for the November newsletter?!? I hardly can! Truly where has this year gone?!

The month of November brings so many FUN things, and it means we're quickly approaching the holidays. On that note, you'll see this on the calendar, but I want to take this opportunity to remind you that **the SOAR offices will be closed during the week of Thanksgiving**. We're really excited to give the hardworking team at SOAR a break to spend time with their families! Please know that during this week staff won't be checking their emails and we will not regularly be checking voicemails. The whole team has been working so hard over the past year that we want everyone to take a break and use this time to relax. Everyone will be back to the office on

Monday, November 28th.

I also want to use this newsletter to provide a gentle reminder regarding COVID-19. I know we are all very much "over" it, for lack of a better, but the reality is that COVID-19 does still exist, and we want to be conscious of that fact. At this time, we're not requiring masks and aren't requiring you to report being sick, but we are asking that you kindly consider not attending a practice or activity if you are sick. OR if you are sick and feel like you must attend an activity, please consider wearing a mask. Please be advised that if you are visibly ill at an activity, SOAR staff may ask you to wear a mask and we will have some on hand should you need one. We understand masks aren't comfortable, but they help in reducing the spread of any sickness (not just COVID-19) and we want to keep YOU all healthy & happy!

As we enter the season of thankfulness and the holiday to celebrate it, I want to end this letter by reminding you all how thankful I am for YOU! As participants, volunteers, and supporters; you are all so absolutely amazing and I'm beyond thankful to have gotten to know you over the past several years! I wish you all the happiest of Thanksgiving holidays and look forward to touching base in December!

~ Erin Schultz-Wege, Executive Director

SOAR Fox Cities Staff can be reached at 920.731.9831

Erin Schultz-Wege, Executive Director, x116

Ashley Gustafson, Director of Community Engagement, x114

Jolene Verstegen, Financial Administrator, x115

Julie Biesterveld, TBI Support Program Coord., x113

LeeAnn Stein, Director of Adult Programs, x112

Lindsay O'Brien, Fundraising & Grant Manager, x127

Clare Buckley, TBI Support Program Navigator, x118

Angie Petit, Volunteer Coordinator, x126

Heidi Zick, Family Programs & Community Resource Coordinator, x111

Leah Quinn, Member and Office Support Specialist, x100

Kari Much, Accounting Clerk, x109

Angie Petit, Volunteer Coordinator, x126

Lisa McCallister, Youth Services Manager, x110

Jen Kalishek, Special Olympics, x122

VACANT, SRR Program Coordinator

Registering for all activities is required!

1. Select the activities that fit your schedule.

2. **Be sure to register 7 days (one week) before an activity that you want to attend, unless a specific registration date is noted in the description of the activity.**

3. Complete the enclosed registration form and return it to our SOAR office with payment. You can pay online at www.soarfoxcities.com, send a check, or stop at our office. Payment must be made prior to an activity.

A FEW ANNOUNCEMENTS AND UPDATES (last updated June 2022)

Cancellation Contacts

To make sure we are able to get ahold of the appropriate individual(s) to the best of our ability when a program or activity is cancelled with short notice we have added a section to the online jot form, the yearly membership form, and the paper registration slip on the last page of the newsletter that asks for an e-mail and/or phone number specifically for when a cancellation occurs. This is important because a participant's emergency contact listed on file at SOAR is often different than the contact needed to notify for a cancellation as participants frequently have more than one housing staff, ride arrangement, or caregiver that they spend time with on a daily basis. In addition, some individuals are easier to get ahold of via e-mail, while others prefer a phone call. Let us know which communication platform works best for you in the event of a cancellation by filling this new section out when signing up for activities. We thank you for your help and understanding in advance!

Online Activity Sign-Up

We're encouraging everyone to sign up to receive the online newsletter! We always try to plan the delivery of the mailed newsletter to coincide with the delivery of the online newsletter, but we can't predict how long the postal service will take to deliver bulk mailings such as the newsletter. Unfortunately, it sometimes takes longer than preferred. When/if this is the case we encourage you to utilize the option of signing up for programs online through the SOAR website. If you need help with this process contact Leah by calling (920) 731-9831, ext. 100, or email leah@soarfoxcities.com and she can send you an e-mail of a document containing step-by-step written instructions with picture references. OR stop by the office for a hard copy during office hours M-TH 9am-4:30pm.

Activity Arrival Time

Please do not arrive for activities more than 15 minutes before the activity is scheduled to start! If you do, we cannot guarantee the front doors of the building will be open, especially if the activity is after 4:00pm or on a weekend, or that someone will be available to let you in. As it gets colder outside, this is IMPORTANT as we don't want you waiting out in the cold! We understand that those taking Valley Transit cannot always control this so please contact us with any questions! Thank you!

2023 SOAR Membership Renewal

As you know, the final few months of 2022 have arrived. This means that we need to start thinking about 2023 SOAR membership renewals! Even if all of your 2023 information is still the same as your 2022 information the 2023 participant information form (PIF) and the 2023 Membership Form are still required to be turned in along with the 2023 annual membership fee. Both of these forms are included in the inserts at the end of this newsletter. **One is on a dark shade of pink paper and the other is on a lighter shade of pink paper.** After filling out all of your updated information on both sides of each form please mail them to the office, fax, email, or drop them off at the office during business hours along with the \$25.00 membership fee. Please do not bring them to any activities outside of business hours such as Special Olympics to turn in as this creates the risk of forms getting lost during transportation back to our office. Thanks for your understanding and support. We hope to see you in 2023!

Address for mailing or drop off information:

SOAR Fox Cities, Ste A
211 E. Franklin St.
Appleton, WI 54911

Office Hours: M-Th, 9am-4:30pm

Main building doors are unlocked from 9am-4pm

“Buzz in” by ringing the doorbell between 4pm-4:30pm as the building doors automatically lock

Walk up the stairs to the left, take a right, and ring the bell at our window to let us know you are here!

Payment can be made with cash, check, or by going to soarfoxcities.com and clicking on “pay for activities” in the top right corner of the home screen.

If you turn in payment, the 2023 membership form, and the 2023 PIF in by January 1st 2023 (postmarked or turned in) your name will be entered into a raffle to win a prize!



Calendar-at-a-glance

November 2022

November	Program Choice	Time	Page	Cost: member/ non-member/ caregiver	IRIS Code	Staffed by:	Type KEY
1	Savings Account	4:00pm-5:30pm	9	\$10/\$20	F	LeeAnn	AE
2	Coffee Connections	10:30am-11:30am	7	FREE	-	Heidi	FAM
2, 9, 16	Healthy Cooking Class	4:00pm-5:30pm	9	\$60/\$120	F	LeeAnn	AE
3, 10	SOAR Together	6:00pm-8:00pm	7	FREE	-	Heidi	FAM
3	TnT	6:30pm-8:00pm	8	FREE	-	Lisa	TnT
7	Craft	5:30pm-7:30pm	9	\$15/\$30	F	Leah/Kari	SRR
8	Make and Take	10:00am-12:00pm	9	\$20/\$40	F	LeeAnn	AE
8	People First Fox Cities	6:00pm-7:00pm	9	FREE	-	LeeAnn	ADV
8	Parent/Caregiver Happy Hour	6:00pm-7:00pm	7	FREE	-	Heidi	FAM
9	Virtual BISG	5:30pm-6:30pm	9	FREE	-	Julie/Clare	ADV/TBI
10	Baking Class	10:00am-12:00pm or 1:30pm-3:30pm	10	\$20/\$40	F	LeeAnn	AE
15	Baking Class	10:00am-12:00pm	10	\$20/\$41	F	LeeAnn	AE
15	Dinner and Movie	4:30pm-9:00pm	10	\$40/\$80/\$30	C	Kari/Heidi	SRR
17	BISG at NSG	5:00pm-6:00pm	9	FREE	-	Julie/Clare	ADV/TBI
17	TnT	6:30pm-8:00pm	8	FREE	-	Lisa	TnT
28	BISG at UWO	6:00pm-7:30pm	9	FREE	-	Julie/Clare	ADV/TBI

SOAR Offices will be CLOSED from Friday, November 18th thru Friday, November 25!

Please know there will be no staff at the offices and voicemails will be check intermittently. We're excited to give the SOAR team the week off to spend with their families and loved ones!

The office will re-open at 9:00am on Monday, November 28. We wish you the happiest of Thanksgiving Holidays!



Coffee Connections with Heidi



Wednesday, November 2nd

10:30am-11:30am, Fee: FREE

Join other parents and caregivers for a cup of coffee and light snack while we support each other and discuss issues we are facing and successes we have had. This will be held at the **SOAR Building in the Lower Level Activity**

Room. For questions or more details please contact Heidi by calling (920) 731-9831 ext 111, or e-mail heidi@soarfoxcities.com

Parent/Caregiver Happy Hour with Heidi

Tuesday, November 8th, 6:00pm-7:00pm, Fee: FREE

Enjoy an evening out with other parents and caregivers at **Meade Street Bistro** as we support each other and discuss issues we are facing and successes we have had. Feel free to purchase a drink and/or food to enjoy while we chat!

We kindly ask that you RSVP for this evening by calling SOAR at (920)731-9831 ext. 111 or via e-mail at heidi@soarfoxcities.com.

Register by: Mon., November 7th

SOAR Together with Heidi

Thursday, November 3rd, and 10th

6:00pm-8:00pm, Fee: FREE

See Insert for details. For questions please contact Heidi by calling (920) 731-9831 ext 111, or e-mail heidi@soarfoxcities.com

SOAR Fox Cities - where YOUTh fit in!

SOAR Thru Summer Camp—We are so excited to announce that our first SOAR Thru Summer Camp located on the second floor of the SOAR Building in our new Youth Club House has been a success on the “fun-scale!” This is an all day camp held June through August on Mondays through Fridays for youth with varying abilities to meet new friends and have fun with some awesome camp counselors. This summer we filled our time exploring the Appleton area’s outdoor and indoor events such as the zoo, a community drum circle, Altitude Trampoline Park, the outdoor splash pad, Pinot’s Pallet, and so much more! In addition to field trips, we played so many exciting activities in our on-site Youth Club House such as making ice-cream from scratch, cooling down with relaxing movies, and getting messy with science projects and art activities. Check out the SOAR Facebook Page to see lots of fun pictures from the first year of SOAR Thru Summer Camp! We can’t wait to see what is instore next!

Teen Stop—Teen Stop has the same collaboration as described above for Kids Klub, but focuses on Middle School aged children. Neenah School district is currently using this after-school program for middle school. Great games and activities are planned by middle school peers. Held during the school year only.

TnT—Youth ages 13-23 from any Fox Cities school district can come and meet new people, try fun group games, trivia questions and laughs. This positive interaction between peers allows them to gain exposure to each other, which leads to understanding and results in acceptance for each person involved. All teen participants take part in large and small group activities such as singing, sharing and games, engage in cooperative learning experiences and have opportunities for leadership development. There is no cost for this program. This is held 6:30-8:00pm at First Congregational United Church of Christ, 724 E South River St., Appleton. There is no cost for this program.



Quick Reference

Youth Services Manager: Lisa McCallister, 920-731-9831 x110, lisa@soarfoxcities.com

If you are a TEEN or a young adult (through age 23), join TnT! with Lisa

- **TnT - In Person - Thurs, November 3rd**

6:30pm - 8:00pm, at The First Congregational United Church of Christ, 724 E South River St., Appleton.

Fee: FREE

~Welcome to November everyone! TnT will meet to hangout and have fun while the weather outside turns colder.

- **TnT - In Person - Thurs., November 17th**

6:30pm-8:00pm, at the First Congregational United Church of Christ, 724 E South River St., Appleton.

Fee: FREE

~The group will get together and have some fun with games and team building activities.



People First Fox Cities with LeeAnn

6:00pm-7:00pm, Menasha Public Library, Gegan Room
Fee: FREE

- **Tues., November 8th**—A group that encourages and trains individuals to speak up and advocate for themselves. Everyone is welcome!

Brain Injury Support at NSG (Neuroscience Group)

Brain injury support group meetings are intended for brain injury survivors and their loved ones to gain support and community.

Located at Neuroscience Group on Calumet St. Appleton
Fee: FREE

- **Thurs., Nov. 17th**—5:00pm-6:00pm with Julie and Clare (In-Person)
- **Wed., Nov. 9th**—5:30pm-6:30pm with Julie and Clare (zoom/virtual)

Brain Injury Support Group at UWO with Julie/Clare

Brain Injury Support Group meetings are for brain injury survivors and supporters.
6:00pm-7:30pm, UWO FV Campus

Fee: FREE

- **Mon., Nov. 28th**

Savings Accounts with LeeAnn

4:00pm-5:30pm, SOAR Building, 1st Floor Board Room
Fee: \$10 member/\$20 non-member

- **Tues, Nov. 1st**— Personal Finance Series: Savings Accounts

Register by Oct. 25th

Healthy Cooking Class with LeeAnn

4:00pm-5:30pm, SOAR Building, Lower Level
Fee: \$60 member/\$120 non-member

- **Wed., Nov. 2nd, 9th, and 16th**— A three week series with nutrition education. Each night you will make your own dinner.

Register by Oct. 26th

Craft with Leah/Kari

5:30pm-7:30pm, SOAR Building, Lower Level
Fee: \$15 member/\$30 non-member

- **Mon. Nov. 7th**— You will make a Thanksgiving and Fall related craft and eat a light treat.

Register by Oct. 31st

Make and Take with LeeAnn

10:00am-12:00pm, SOAR Building, Lower Level
Fee: \$20 member/\$40 non-member

- **Tues, Nov. 8th**—You'll be making Turkey Tetrazine to take home and enjoy.

Register by Nov. 1st

Did You Know!?

SOAR is still selling Kwik Trip Cards! For every gift card purchased directly from SOAR a percentage of the purchase is donated back to SOAR! Call us at 920-731-9831 to purchase yours today!

Baking Class with LeeAnn

10:00am-12:00pm **OR** 1:30pm-3:30pm, SOAR Building, Lower Level

Fee: \$20 member/\$40 non-member

- **Thurs., Nov. 10th**—Choose the time that works best for you. You'll be make a cranberry jelly role.

Register by Nov. 3rd

Baking Class with LeeAnn

10:00am-12:00pm, SOAR Building, Lower Level

Fee: \$20 member/\$41 non-member

- **Tues., Nov. 15th** —You will be making apricot bars.

Register by Nov. 8th

Dinner and Movie with Kari/Heidi

4:30pm-9:00pm, Drop off at El Azteca (N474 Eisenhower Drive, Appleton) and Pick up at Valley Grand Theater (W3091 Van Roy Road, Appleton)

Fee: \$40 member/\$80 non-member/\$30 caregiver

- **Tues., Nov. 15th**—We will eat dinner together at El Azteca and then walk across the parking lot to Valley Grand Theater to see a movie. Dress for the weather, and bring your own money if you want snacks at the movie theater.

Register by Nov. 8th

We have your missing jacket and sweatshirt!

Are you missing a blue zipper sweatshirt, size XL that you left in the SOAR building, or a two-tone Columbia Women's jacket, size XL? If one or both of these items are yours please stop by the SOAR offices to pick them up during office hours Monday through Thursday between 9am-4:30pm. We have had these for a while and would like to get them back to their correct owners as the weather cools down!



Special Olympics Updates

Special Olympics is dedicated to empowering individuals with intellectual disabilities to become physically fit, productive, and respected members of society through sports training and competition. The sports we offer give our athletes a safe and fun environment to grow their self-confidence, keep a steady social life and practice healthy living by being active. We also have opportunities for coaching and volunteering.

For more information on our program, please contact our Special Olympics Coordinator, Jen Kalishek By e-mailing jen@soarfoxcities.com or calling (920) 731-9831 ext. 122



The 2022 Bowling Season is under way!

Practices are going strong on Mondays at Sabre Lanes in Menasha.

For this season's schedule, contact Jen.

The next sports seasons will be Basketball and Basketball Skills:

Registration is NOW open- Please see the insert at the end of the newsletter to sign up for the upcoming season!

Participants, Caregivers & Parents - **PLEASE BE SURE TO KEEP AN EYE ON YOUR EMAILS DURING SPORTS SEASONS!** Our PRIMARY means of communication are email and social media. We apologize, but we cannot call every single caregiver, parent, or athlete (there simply aren't enough hours in the day) & email/social media is the quickest way to communicate changes in practices, updates, and more. If your email is NOT up to date, please let Jen know!

Is your medical information with SOWI up to date?

- If your medical exam is near expiration or you're not sure, please email Jen to double check.
- You cannot participate in Special Olympics activities if your medical is not up to date or if you cannot prove you have been vaccinated.
- All athletes must also have a COVID-19 Participant Release Form and Communicable Disease Participant Waiver on file with SOWI. If you have not signed each of these please contact Jen.

Special Olympics (SO)

Reminder! Our cancellation policy is:

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there will be no credit given, only in rare instances will exceptions be granted.

If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.

If cancelling (or no-show) for a part of a series, no credit will be given.

If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

- 1. Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waiting list and gives another participant the opportunity to join the activity.
- 2. Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option. **Thank you for your understanding, patience, and support!**



***Phone/email to contact if CANCELLATION occurs: *Participant Name _____**

Date of Activity	Activity Name	Cost

Submit total amount due to: **Registration and Payment required prior to activities.** **Total: _____**

SOAR Fox Cities
211 E Franklin St., Suite A
Appleton, WI 54911

Pay by cash, check (# _____), or on-line.

If you use IRIS, Lakeland Care, Includa, CLTS, or Community Care please check this box ☐

Please provide billing name & contact info: _____

November 2022 Calendar at a Glance

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 -Savings Accounts	2 -Coffee Connections -Healthy Cooking Series	3 -TnT -SOAR Together	4	5
6	7 -Craft	8 -Make and Take -People First Fox Cities -Parent/Caregiver Happy Hour	9 -Healthy Cooking Series -Virtual BISG	10 -Baking Class -SOAR Together	11	12
13	14	15 -Baking Class -Dinner and Movie	16 -Healthy Cooking Series	17 -BISG at NSG -TnT	18	19
20 SOAR OFFICE CLOSED	21 SOAR OFFICE CLOSED	22 SOAR OFFICE CLOSED	23 SOAR OFFICE CLOSED	24 <i>Thanksgiving Day</i> SOAR OFFICE CLOSED	25 SOAR OFFICE CLOSED	26 SOAR OFFICE CLOSED
27	28 -BISG at UWO	29	30			

SOAR Fox Cities 2023 Special Olympics Basketball

Athlete Name: _____ DOB: _____
 Emergency Contact Name: _____ Phone: _____
 Email: _____ Cancellation Contact: _____

Basketball teams fill up quickly – Limited space is available!

For questions contact Jen at 920-731-9831 x 122 or via email at jen@soarfoxcities.com

*Please review and **circle** your team preference below. If a team name is not circled, you will be placed on the team in which you played last year. New athletes will be placed with the team that is most appropriate.*

Team Name	Team Description	Practice Location	Practice Time	Coach	Tentative Start Date
Basketball Skills	Adults Basketball Basics	McKinley Elementary 1125 E. Taft Ave Appleton, WI 54915	Mondays 6:15-6:45pm (30 minutes)	Terri	1/9/2023
Ravens	Youth/Young Adult	McKinley Elementary 1125 E. Taft Ave Appleton, WI 54915	Mondays 7:00 - 8:00pm	Doug / Stephanie	1/9/2023
Hawks	Young Adult/Adult	Foster Elementary 305 W. Foster St. Appleton, WI 54915	Mondays 6:15-7:15pm	Gary / Alan	1/9/2023
Bandits	Adult Team	Foster Elementary 305 W. Foster St. Appleton, WI 54915	Mondays 7:30 - 8:30pm	Tom / Dan S.	1/9/2023
Vultures	Adult Team	Janet Berry Elementary 3601 W. Tellulah Ave. Appleton, WI 54915	Wednesdays 6:15-7:15pm	Stan / Rick	1/11/2023
Eagles	Adult-High Level Team	Janet Berry Elementary 3601 W. Tellulah Ave. Appleton, WI 54915	Wednesdays 7:30-8:30pm	Dale / Brian	1/11/2023

**Please note, the dates above are tentative. Jen will contact participants if there are any changes.*

COST: Team Basketball (circle team above) \$60 for SOAR Members, \$80 for non-members

SKILLS COST: \$40 for SOAR Members, \$60 for non-members

UNIFORM Jersey Size: _____ **Does the athlete need shorts? Y / N** **Shorts Size:** _____

**Note: Athletes with unpaid fees from previous sports and/or uniform rental fee will not be able to participate until fees are paid.*



REGISTRATION AND PAYMENT DEADLINE: DECEMBER 21, 2022

MEDICAL DEADLINE: FEBRUARY 13, 2023



For Office Use Only: Amount: _____ Check _____ Cash _____ Paid On-Line _____ Date _____



BECOME A MEMBER TODAY!

Join or Renew!

It's that time of year again - secure or renew your membership to SOAR TODAY! Being a member of SOAR offers exclusive & AWESOME benefits! Become a member now & learn more!!

2023 Membership Rates

Membership Type	SOAR Membership Rate	* ALL memberships (w/ payment) post-marked by 12/31/21 will be entered to win a \$50 Kwik Trip Card!!!
Individual	\$25	* ALL memberships (w/ payment) post-marked by 12/31/21 will also receive a FREE SOAR gift!!
Family (up to 4 members)	\$65	

What does it mean to be a SOAR Member? It means a lot of things, like being part of an inclusive, accepting community - but we know you really want to know - what's in it for you?! We get it, so here's what your annual membership gets you!

Discounted pricing on activities!	Discounted camp rates!
A mailed monthly newsletter!	Consideration for the SOARCash assistance**
Priority in receiving promotional tickets like Packers, Timber Rattlers, and Brewers Tickets!	
NEW! An exclusive invite to <u>Annual Listening Sessions</u> where YOU can provide your opinions on programming, activities, and what you'd like to see SOAR offer in the future!	
NEW! An exclusive opportunity to join either the <u>Member Advisory</u> or <u>Family Advisory Committee</u> to give your input on programming & guide SOAR into the future! (MUST be a member to participate)!	

****SOARCash assistance is based on fund availability & income needs when available.**

Take some time NOW to complete and return the attached membership form!

Watch your mailboxes for our Annual Appeal! Our Annual Appeal is another opportunity to support SOAR separate from membership! NOW is more important than ever to show your SOAR Support!

Membership Includes:

- Discounted pricing on activities!
- Discounted camp rates!
- A mailed monthly newsletter!
- Consideration for SOARCash Assistance!**
- Priority in receiving promotional tickets (i.e. Packers, Brewers)!
- NEW! Invite to Annual Agency Listening Sessions.
- NEW! Opportunity to join the Member Advisory or Family Advisory Committee (ONLY available to members)!

SOARCash assistance is based on fund availability & income needs when the funds are available



2023 SOAR Fox Cities Membership Form Join or Renew Today!!

To become a member of SOAR Fox Cities or renew your membership please complete the following form.

Please return this form with payment to

SOAR FOX CITIES

211 E. Franklin St., Suite A, Appleton, WI 54911

Name(s): _____

Address: _____

City: _____ State: _____

Zip Code: _____ County: _____

Primary Phone: _____

Phone to be called when a SOAR activity is cancelled:

Primary Email: _____

Email to be sent when a SOAR activity is cancelled:

Group Home (If applicable): _____

Choose Your Membership (Check One):

- ☐ \$25 Individual Membership
- ☐ \$65 Family Membership (*up to 4 members – Does not apply to group homes*)

*Pay using cash, check, credit/debit or online at
www.soarfoxcities.com/member-info*

Let Us Know:

- ☐ I would like to receive a monthly newsletter in the mail (one per family).
- ☐ I would like to receive a monthly newsletter via e-mail.
- ☐ I do not want my name to be published in membership reports.

This form can also be filled out online at soarfoxcities.com. Just click on "Member Info.," then click on "Become a Member," and scroll to the bottom of the page and click on "2023 Membership Form."



Participant Information

2023 Participant Information Form

It is mandatory that this form be filled in/updated each year and turned in to the SOAR office whether the participant is a member or non-member.

Please print legibly, and send completed form to

SOAR Fox Cities, Inc., 211 E. Franklin St., Suite A, Appleton, WI 54911 or email to leah@soarfoxcities.com

Group/Apartment/Foster/Adult Home Name, if any: _____

Participant's Full Legal Name: _____

Nickname (ex: Bob, Bobby, Rob), if any: _____

Address: _____

City, State, Zip: _____

County: _____

Place(s) of Employment: _____

Phone/s: _____

Primary Phone: _____

Participant Cell Phone: _____

E-mail Address: _____

Participant Email: _____

Date of Birth: _____

Gender (Circle One):

Male

Female

Prefer to self-describe: _____

Prefer not to answer

School attending (if applicable): _____

EMERGENCY CONTACT – PERSON TO BE CONTACTED FIRST IN AN EMERGENCY:

Name: _____

Relationship: _____

Cell Phone: _____

*Phone (Day): _____

(Evening): _____

SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of actions of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

Living Situation (check one):

___ lives independently

___ lives with parent/sibling/relative. Their name/s & phone are: _____

___ foster home. Name & phone: _____

___ adult family home. Name & phone: _____

___ apartment program. Name & phone: _____

___ group home. Name & phone: _____

___ other: _____

CANCELLATION CONTACT-PERSON TO BE CONTACTED WHEN A SOAR ACTIVITY IS CANCELLED:

Name: _____

E-Mail: _____

Phone: _____

Do you prefer: e-mail OR phone (circle one)

Caregiver or Support Staff name and phone*: _____

Email: _____

Guardian & Payee Information

___ I am my own guardian

___ I have Long-Term Care Funds (please circle one):

IRIS Lakeland Care CLTS

Community Care Inclusa

___ My guardian is: _____

(address) _____

(name) _____

email & phone are: _____

My Payee/Fiscal Agent/Care Manager/Consultant's

(e-mail) _____

(phone) _____

Continue on other side →

MEDICAL CONDITIONS

Check/circle all that apply

- ☐ Autism Spectrum Disorder
- ☐ Brain Injury
- ☐ Down Syndrome
- ☐ Fragile X Syndrome

- ☐ Hearing/Vision Impaired
- ☐ Intellectual Disability
- ☐ Mental Health
- ☐ Prader Willie's
- ☐ Physically disabled
*Uses wheelchair, walker, other: _____

- ☐ Other :
- ☐ Seizure Disorder
type:
aura:
other:
_____vagal nerve stim.
Magnet location: _____

Please note assistance or other accommodations needed, including an interpreter if necessary.

Is there anything we should know about the person's:

- ☐ Speech/Communication
- ☐ Chewing/Swallowing
- ☐ Toileting/Incontinence
- ☐ Wandering/Eloping

Please list any ALLERGIES—Non Food and/or Food Related: -

NOTE: If this person has severe diet restrictions, we recommend that you send a bag lunch along.

BEHAVIOR PROGRAM Please indicate if there is a behavior procedure you wish SOAR staff to follow or attach the behavior sheet if you have one.

RESPONSIVENESS Does participant respond independently to emergency situations (fire alarms/drills)? Yes ___ No ___

SOCIAL APPROPRIATENESS/INTERACTIONS WITH OTHERS Is there anything SOAR staff should know about personal interactions?

For agency funding/reporting purposes, the following information is needed.

No names/identifying information is ever shared.

Choose one in each column:

Race (Choose one)	Ethnicity (Choose one if applicable)	Gender Identity (Choose those applicable)	Individual's income level range (not Family) (Choose one)
White/Caucasian	Hispanic	Female	<\$12,144
Black/African-American	Hmong	Male	\$12,145-\$15,792
Asian		Trans-male	\$15,793-\$20,040
American Indian/Alaskan Native		Trans-female	\$20,041-\$24,288
Native Hawaiian/Pacific Islander		Non-Binary	>\$24,288
Multiple Races		Other:	

___ **YES! I want to receive fundraising communication from SOAR Fox Cities!** (complete or circle one)
Send via email: _____ OR send via postal mail only.



A Partner Organization of United Way Fox Cities. Supported by the Community Foundation for the Fox Valley Region, individuals and corporate donors.

Red Robin® will give

**20% OF FOOD SALES
BACK TO**

Organization Name

Show this flyer or simply mention the fundraiser to your server to have your sales counted. If ordering online, please follow these instructions:

- 1 Start your order at order.redrobin.com and select the restaurant below.
- 2 In the menu, go to the category labeled "Fundraisers (To-Go Only)."
- 3 Open "Spirit Night (To-Go) Fundraiser."
- 4 Add organization name to the Special Instructions in the Spirit Night item, then add it to cart. **Note: if you add the item prior to entering your information, you can still edit it from your cart.**
- 5 Add your meal items and check out.
- 6 Arrive at Red Robin, pull into a pickup spot and call the phone number on the sign. A Team Member will bring your order to your car.

SPIRIT NIGHT DETAILS

Red Robin Restaurant Name/Address/State/ZIP

Date

Time

Donation based on Dine-in and To-Go food sales only.
Excludes delivery orders, alcohol and tax.

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Red Robin

Aging and Intellectual & Developmental Disability Program

Helping people with IDD and their caregivers to navigate the dementia journey

A partnership between: **Program offerings include:**



For more information, or to schedule an appointment, contact Heidi at:
(920) 731-9831 or
heidi@soarfoxcities.com

- Specialized Memory Café
- Resource Hours - Stop in to get your questions answered and discuss concerns
- Schedule an appointment at your convenience
- Educational opportunities to help you manage behavioral symptoms of dementia in the context of an IDD diagnosis
- Training on the Early Detection Screen for Dementia (EDSD) tool developed specifically for the IDD population
- Aging & IDD Newsletter
- Aging and IDD Coalition
- Support and Resources

Upcoming Fall Events!

- Specialized IDD Memory Café - Contact Heidi for more info.
- Aging/IDD Resource Hours - Stop in to discuss your Aging concerns and questions while your loved one is at Adult Ed programming
 - September 20: 10 am - 12 pm
 - October 12: 1-3 pm; October 19: 9-11 am
 - November 9: 4-5:30 pm; November 15 10 am - 12 pm
- Webinars - 2nd Thursday of the month, 10:00 am - 11:30 am - Register with link below.
 - Aging - October 13 - bit.ly/Aging1013
 - Dementia - November 10 - <https://bit.ly/Dementia1110>
 - Early Detection Screen for Dementia (EDSD)-December 8- <https://bit.ly/EDSD1208>

Caregivers and professionals welcome at all trainings!

www.FoxValleyMemoryProject.org/aging-and-idd-program/

Let's Talk About Rights

SOAR Together Series: A guide for families and guardians

November 3 and 10, 2022

6-8:00 pm

**SOAR Building,
Lower Level Activity Room**

As a family member or guardian, you are often the first person who helps the person in your life think about what they want for their future. Often as parents and guardians, you may want to protect them from being hurt or taken advantage. This can often end up not allowing the person to learn about their rights and how to make good choices. This guide will help you learn more about the rights for the person in your life and think about how to have conversations about rights and talk about ways to support the person.

Join Heidi at our November SOAR Together series where we will go through the WI Board for People with Developmental Disabilities Living Well *Let's Talk about Rights: Guide for Families and Guardians*. We will work through the guide together and discuss the rights and how we can support our loved ones together. Light refreshments and snacks will be served.



Please register for the series through SOAR no later than October 27 to ensure we have enough booklets and food. Please reach out to Heidi with any questions or concerns at heidi@soarfoxcities.com or by phone at 920-731-9831, ext. 122.

Save the Date!



What: The Great Country Pumpkin Party

Where: Country Inn & Suites Appleton
355 N. Fox River Dr.
(next to Fox River Mall)

When: Thursday, October 27th, 2022
4:00pm – 7:00pm

Event Contact: Jennifer Streubel
920-830-3240 - GreatCountryPumpkin@gmail.com

