



Activity & Program Guide

December 2022

Face to Face & Virtual

SOAR Fox Cities, Inc. ~ 211 E. Franklin Street Ste. A ~ Appleton, WI 54911

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Inserts: December Calendar at a Glance, S.O. Basketball Registration, 2023 Membership Renewal Forms, Holiday Party, Bell Ringing, S.O. Swimming



Office Hours: Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

*Phone: 920.731.9831

*Fax: 920.725.1531

*E-mail: info@soarfoxcities.com



Policies

To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form
- Acknowledgement Form from the Participant/Guardian Handbook

Note: ***The Participant Information Form needs to be updated annually.*** Throughout the course of the year changes may occur with conditions, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking When parking at our building during business hours, please use the parking stalls designated for 211 E. Franklin Visitors. If you park in other companies' stalls you risk being towed.

Inclement Weather Policy Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, SOAR FC staff will attempt to notify all participants who are signed up for the program or service of the closure. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check our website and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity.

Payment Policy We will NOT be able to collect payments at activities. Do not give staff your payment—we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the mail slot. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 109. If you are registering for an activity and tickets need to be picked up, feel free to send a self-addressed stamped envelope along with your payment, or pay an extra \$1.00 to have the tickets mailed to you, or stop by our office. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation Policy If you are unable to attend an event, you must cancel at least **5 days in advance**. If you do not cancel in advance you will be liable for the program fees - Please see enclosed notice regarding cancellation policy.

Notice SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

Volunteering

Did you know that the volunteer opportunities with SOAR are almost endless!? Aside from volunteering at programs, we LOVE it when members help out at special events. Occasionally we also have special office projects, like folding and stuffing mailings, that we need help with! If you want to learn about these and more opportunities, please call Ashley Gustafson, Community Engagement Director, at 920-731-9831, x114 or Volunteer Coordinator Angie Petit, x126

Some current needs are: special event committee members, assistant Coach for Special Olympics

Volunteer with SOAR today!





SOAR Fox Cities Board of Directors

Laura McCormick, *President*
Heather Sorebo, *Vice President*
Gary Weber, *Treasurer*
Leigh Bolender, *Secretary*

Polly VandenBoogaard Paul Meyer Reg Wydeven Jonathan Pitzen Bryan Mueller Julie King



Hello Friends of SOAR!

December....Can you believe I'm writing you in the December newsletter?! I can hardly believe it! Where has this year gone?

As always, we have so many fun things planned for the month of December, but I want to take one step back and remind you of our office closure in November. The SOAR offices will be closed during the week of Thanksgiving. There will no staff in the offices and all staff will be taking the week off to spend time with their families & loved ones. We appreciate your understanding as this is a gift from the board of directors and I to the SOAR Team in recognition of all their hard work and dedication through the last

several years. We will return to the office on Monday, November 28 at 9:00am. During this time the general voicemail will be checked; however we will not respond to any voicemails that are not an emergency.

I am also excited to share that we have hired a new Social, Recreation & Respite Coordinator! Her name is Amy and by the time you see this newsletter, many of you may have actually already met her! Amy started with SOAR on November 9th and attended the dance on November 11th. We're so excited to have Amy join our team and we think you will be too! Stay tuned to learn more about Amy and join her fun SRR events!

In closing, I look forward to seeing you all at the holiday events we're hosting throughout December! From our annual Holiday party to our annual Christmas Dance - It's all part of the greatest time of year and I love that we get to spend it with you! Thank you all for being a part of SOAR as participants, donors, and volunteers!! YOU and your dedication make this the best time of the year!

~ Erin Schultz-Wege, Executive Director

SOAR Fox Cities Staff can be reached at 920.731.9831

Erin Schultz-Wege, Executive Director, x116
Ashley Gustafson, Director of Community Engagement, x114
Jolene Verstegen, Financial Administrator, x115
Julie Biesterveld, TBI Support Program Coord., x113
LeeAnn Stein, Director of Adult Programs, x112
Lindsay O'Brien, Fundraising & Grant Manager, x127
Clare Buckley, TBI Support Program Navigator, x118
Angie Petit, Volunteer Coordinator, x126

Heidi Zick, Family Programs & Community Resource Coordinator, x111
Leah Quinn, Member and Office Support Specialist, x100
Kari Much, Accounting Clerk, x109
Angie Petit, Volunteer Coordinator, x126
Lisa McCallister, Youth Services Manager, x110
Jen Kalishek, Special Olympics, x122
VACANT, SRR Program Coordinator

Registering for all activities is required!

1. Select the activities that fit your schedule.
2. **Be sure to register 7 days (one week) before an activity that you want to attend, unless a specific registration date is noted in the description of the activity.**
3. Complete the enclosed registration form and return it to our SOAR office with payment. You can pay online at www.soarfoxcities.com, send a check, or stop at our office. Payment must be made prior to an activity.

A FEW ANNOUNCEMENTS AND UPDATES (last updated June 2022)

Cancellation Contacts

To make sure we are able to get ahold of the appropriate individual(s) to the best of our ability when a program or activity is cancelled with short notice we have added a section to the online jot form, the yearly membership form, and the paper registration slip on the last page of the newsletter that asks for an e-mail and/or phone number specifically for when a cancellation occurs. This is important because a participant's emergency contact listed on file at SOAR is often different than the contact needed to notify for a cancellation as participants frequently have more than one housing staff, ride arrangement, or caregiver that they spend time with on a daily basis. In addition, some individuals are easier to get ahold of via e-mail, while others prefer a phone call. Let us know which communication platform works best for you in the event of a cancellation by filling this new section out when signing up for activities. We thank you for your help and understanding in advance!

Online Activity Sign-Up

We're encouraging everyone to sign up to receive the online newsletter! We always try to plan the delivery of the mailed newsletter to coincide with the delivery of the online newsletter, but we can't predict how long the postal service will take to deliver bulk mailings such as the newsletter. Unfortunately, it sometimes takes longer than preferred. When/if this is the case we encourage you to utilize the option of signing up for programs online through the SOAR website. If you need help with this process contact Leah by calling (920) 731-9831, ext. 100, or email leah@soarfoxcities.com and she can send you an e-mail of a document containing step-by-step written instructions with picture references. OR stop by the office for a hard copy during office hours M-TH 9am-4:30pm.

Activity Arrival Time

Please do not arrive for activities more than 15 minutes before the activity is scheduled to start! If you do, we cannot guarantee the front doors of the building will be open, especially if the activity is after 4:00pm or on a weekend, or that someone will be available to let you in. As it gets colder outside, this is IMPORTANT as we don't want you waiting out in the cold! We understand that those taking Valley Transit cannot always control this so please contact us with any questions! Thank you!

2023 SOAR Membership Renewal

As you know, the final few months of 2022 have arrived. This means that we need to start thinking about 2023 SOAR membership renewals! Even if all of your 2023 information is still the same as your 2022 information the 2023 participant information form (PIF) and the 2023 Membership Form are still required to be turned in along with the 2023 annual membership fee. Both of these forms are included in the inserts at the end of this newsletter. **One is on a dark shade of pink paper and the other is on a lighter shade of pink paper.** After filling out all of your updated information on both sides of each form please mail them to the office, fax, email, or drop them off at the office during business hours along with the \$25.00 membership fee. Please do not bring them to any activities outside of business hours such as Special Olympics to turn in as this creates the risk of forms getting lost during transportation back to our office. Thanks for your understanding and support. We hope to see you in 2023!

Address for mailing or drop off information:

SOAR Fox Cities, Ste A
211 E. Franklin St.
Appleton, WI 54911

Office Hours: M-Th, 9am-4:30pm

Main building doors are unlocked from 9am-4pm

“Buzz in” by ringing the doorbell between 4pm-4:30pm as the building doors automatically lock

Walk up the stairs to the left, take a right, and ring the bell at our window to let us know you are here!

Fax: 920.725.1531 P: 920.731.9831

Payment can be made with cash, check, or by going to soarfoxcities.com and clicking on “pay for activities” in the top right corner of the home screen.

If you turn in payment, the 2023 membership form, and the 2023 PIF in by January 1st 2023 (postmarked or turned in) your name will be entered into a raffle to win a



Calendar-at-a-glance

December 2022

December	Program Choice	Time	Page	Cost: member/ non-member/ caregiver	IRIS Code	Staffed by:	Type KEY
1	TnT	6:30pm-8:00pm	9	FREE	-	Lisa	TnT
5	Scrapbooking	3:00pm-5:00pm	10	\$15/\$30	F	LeeAnn	AE
6	Baking	10:00am-12:00pm OR 1:00pm-3:00pm	10	\$20/\$40	F	LeeAnn	AE
6	Bell Ringing	4:30pm-8:30pm	8	FREE	-	Heidi	FAM
7	Coffee Connections	10:30am-11:30am	7	FREE	-	Heidi	FAM
8th OR 15th Pick one or the other.	Baking	10:00am-12:00pm	10	\$20/\$40	F	LeeAnn	AE
10 (Saturday)	Dance	1:00pm-3:00pm	10	\$10/\$20	F	Thom/Amy Volunteers	SRR
12	Christmas Lunch	11:30am-2:00pm	11	\$25/\$50	F	LeeAnn	AE
12	Craft	5:30pm-7:30pm	11	\$15/\$30	F	Leah/Kari	SRR
13	People First	Contact LeeAnn if you don't remember what shift you signed up for.	10	BYOM	-	LeeAnn	ADV
13	Parent/Caregiver Happy Hour	6:00pm-7:00pm	7	FREE	-	Heidi	FAM
14	Brunch and Bingo	10:00am-12:00pm	11	\$25/\$50	F	Sara/Jillian	SRR
14	Virtual BISG	5:30pm-6:30pm	10	FREE	-	Julie/Clare	ADV/TBI
14	Grief Class	4:00pm-5:30pm	11	\$15/\$30	F	LeeAnn	AE
15	BISG at NSG	5:00pm-6:00pm	10	FREE	-	Julie/Clare	ADV/TBI
15	Christmas Party	6:00pm-8:00pm	8	\$15/\$30	C	Heidi	FAM
15	TnT	6:30pm-8:00pm	9	FREE	-	Lisa M.	TnT
19	BISG at St. Elizabeth	6:00pm-7:30pm	10	FREE	-	Julie/Clare	ADV/TBI
20	Dinner and Movie	4:30pm-8:30pm	11	\$40/\$80/\$30	C	Heidi/Kari	SRR

SOAR Offices will be CLOSED for the holidays from Friday, December 23rd thru January 2nd, 2023.

The office will re-open at 9:00am on Tuesday, January 3rd.

We wish you all the merriest of holiday seasons!

Coffee Connections with Heidi

Wednesday, December 7th, 10:30am-11:30am, Fee: FREE

Join other parents and caregivers for a cup of coffee and light snack while we support each other and discuss issues we are facing and successes we have had. This will be held at the **SOAR Building in the Lower Level Activity**

Room. For questions or more details please contact Heidi by calling (920) 731-9831 ext 111, or e-mail heidi@soarfoxcities.com



Parent/Caregiver Happy Hour with Heidi

Tuesday, December 13th, 6:00pm-7:00pm, Fee: FREE

Enjoy an evening out with other parents and caregivers at **Meade Street Bistro** as we support each other and discuss issues we are facing and successes we have

had. Feel free to purchase a drink and/or food to enjoy while we chat!

We kindly ask that you RSVP for this evening by calling SOAR at (920)731-9831 ext. 111 or e-mail heidi@soarfoxcities.com.

Register by: Mon., December 12th

Did You Know!?

SOAR is still selling Kwik Trip Cards! For every gift card purchased directly from SOAR a percentage of the purchase is donated back to SOAR! Call us at 920-731-9831 to purchase yours today!

Christmas Party with Heidi

Thursday, December 15th, 6:00pm-8:00pm

Fee: \$15 member/\$30 non-member

Join us at the Fox Club for our family Christmas Party!

Register by: Thursday, December 8th

**See insert for details. For questions please contact Heidi by calling
(920) 731-9831 ext 111,
or e-mail heidi@soarfoxcities.com**



Bell Ringing with Heidi

Tuesday, December 6th 4:30pm-8:30pm

Fee: FREE

SOAR families, let's gather for a night of volunteering by ringing bells and spreading holiday cheer! We will be ringing bells at multiple locations across the Fox Valley from 5:00pm-6:00 pm.

After bell ringing, come back to the SOAR Building to warm up with a bowl of chili, cookies, and a beverage from 6pm-7:30 pm.

See flyer for full details and how to register!

Contact Heidi if interested at heidi@soarfoxcities.com or by calling (920)731-9831 ext 111



SOAR Fox Cities - where YOUTh fit in!

SOAR Thru Summer Camp—We are so excited to announce that our first SOAR Thru Summer Camp located on the second floor of the SOAR Building in our new Youth Club House has been a success on the “fun-scale!” This is an all day camp held June through August on Mondays through Fridays for youth with varying abilities to meet new friends and have fun with some awesome camp counselors. This summer we filled our time exploring the Appleton area’s outdoor and indoor events such as the zoo, a community drum circle, Altitude Trampoline Park, the outdoor splash pad, Pinot’s Pallet, and so much more! In addition to field trips, we played so many exciting activities in our on-site Youth Club House such as making ice-cream from scratch, cooling down with relaxing movies, and getting messy with science projects and art activities. Check out the SOAR Facebook Page to see lots of fun pictures from the first year of SOAR Thru Summer Camp! We can’t wait to see what is instore next!

Teen Stop—Teen Stop has the same collaboration as described above for Kids Klub, but focuses on Middle School aged children. Neenah School district is currently using this after-school program for middle school. Great games and activities are planned by middle school peers. Held during the school year only.

TnT—Youth ages 13-23 from any Fox Cities school district can come and meet new people, try fun group games, trivia questions and laughs. This positive interaction between peers allows them to gain exposure to each other, which leads to understanding and results in acceptance for each person involved. All teen participants take part in large and small group activities such as singing, sharing and games, engage in cooperative learning experiences and have opportunities for leadership development. There is no cost for this program. This is held 6:30-8:00pm at First Congregational United Church of Christ, 724 E South River St., Appleton. There is no cost for this program.



Quick Reference

Youth Services Manager: Lisa McCallister, 920-731-9831 x110, lisa@soarfoxcities.com

If you are a TEEN or a young adult (through age 23), join TnT! with Lisa

- **TnT - In Person - Thurs, Dec. 1st**

6:30pm - 8:00pm, at The First Congregational United Church of Christ, 724 E South River St., Appleton.

Fee: FREE

~Warm up with some laughs at TnT!

- **TnT - In Person - Thurs., Dec.15th**

6:30pm-8:00pm, at the First Congregational United Church of Christ, 724 E South River St., Appleton.

Fee: FREE

~This is the last meeting before time off before the holidays and time off of school. Come enjoy the time with friends!



YOUTH PROGRAMS (Y)



People First Fox Cities with LeeAnn

Woodman's: 595 N. Westhill Blvd. Appleton, WI

Fee: BYOM

- **Tues., December 13th**-Holiday Service Project! *Contact LeeAnn if you do not remember which shift you signed up for.

Brain Injury Support at NSG (Neuroscience Group)

Brain injury support group meetings are intended for brain injury survivors and their loved ones to gain support and community.

Located at Neuroscience Group on Calumet St. Appleton

Fee: FREE

- **Thurs., Dec. 15th**—5:00pm-6:00pm with Julie and Clare (In-Person)
- **Wed., Dec. 14th**—5:30pm-6:30pm with Julie and Clare (zoom/virtual)

Brain Injury Support Group at St. Elizabeth with Julie/Clare

Brain Injury Support Group meetings are for brain injury survivors and supporters.

6:00pm-7:30pm

Fee: FREE

- **Mon., Dec. 19th**-Contact Julie or Clare for meeting room details.

Scrapbooking with LeeAnn

3:00pm-5:00pm, SOAR Building, Lower Level

Fee: \$15 member/\$30 non-member

- **Mon. Dec. 5th**— We'll be scrapbooking! We will have all the supplies to design your pages and limited page protectors. All you need to bring is your pictures and the size of your photo album.

Register by Nov. 28th

Baking with LeeAnn

****10:00am-12:00pm OR 1:00pm-3:00pm (Pick one or the other.)****

SOAR Building, Lower Level

Fee: \$20 member/\$40 non-member

Tues. Dec. 6th— Pick a time that works best for you! You will be making Cranberry Brie Bites.

Register by Dec. 1st

Baking with LeeAnn-(Pick only one of the classes to attend)

SOAR Building, Lower Level

Fee: \$20 member/\$40 non-member

- **Thurs. Dec. 8th** –Sugar cookies, you will be learning how to roll out cookie dough and make cut-outs. 10am-12:00pm **OR** 1:00pm-3:00pm

OR

- **Thurs. Dec. 15th**— Peanut butter white-chocolate drops (no-bake cookies), 10:00am-12:00pm

Register by Dec. 1st

SRR Dance with Thom and Amy (volunteers!)

1:00pm-3:00pm



******LOCATED AT ST. MARY'S ELEMENTARY SCHOOL MENASHA (SCHOOL GYM)******

Fee: \$10 member/\$20 non-member

- **SATURDAY, Dec. 10th**-Santa will be there! Wear your best winter holiday outfit and join us for snacks and dancing! As always, caregivers are free but still need to register.

Register by Dec. 1st

Christmas Lunch with LeeAnn

11:30am-2:00pm, SOAR Building, Lower Level

Fee: \$25 member/\$50 non-member

- **Mon. Dec. 12th**—Enjoy a holiday dinner followed by games and a craft.

Register by Dec. 5th**Craft with Leah and Kari**

5:30pm-7:30pm, SOAR Building, Lower Level

Fee: \$15 member/\$30 non-member

- **Mon. Dec. 12th**—You will make winter holiday crafts while enjoying a light holiday treat!

Register by Dec. 5th**Brunch and Bingo with Sara and Jillian**

10:00am-12:00pm, SOAR Building, Lower Level

Fee: \$25 member/\$50 non-member

- **Wed. Dec. 14th**—Enjoy brunch with your peers while playing a few fun games of Bingo. Prizes will be awarded to the winners!

Register by Dec. 7th**Grief Class with LeeAnn**

4:00pm-5:30pm, SOAR Building, First Floor Board Room

Fee: \$15 member/\$30 non-member

- **Wed. Dec. 14th**—The holidays can be a hard time when you are grieving the loss of a loved one. Come find strategies for coping with grief during the holidays. You'll also be making a keepsake ornament to remember your loved one.

Register by Dec. 7th**Dinner and Movie with Heidi and Kari**

4:30pm-8:30pm, SOAR Building, Lower Level

Fee: \$40 member/\$80 non-member/\$30 caregiver

- **Tues. Dec. 20th**—We will have dinner together at the SOAR Building and decorate cookies while we watch the new Santa Clause holiday movie. Wear your favorite winter holiday themed pajamas to be comfortable and festive!

Register by Dec 13th**We still have your missing jacket and sweatshirt!**

Are you missing a blue zipper sweatshirt, size XL that you left in the SOAR building, or a two-tone Columbia Women's jacket, size XL? If one or both of these items are yours please stop by the SOAR offices to pick them up during office hours Monday through Thursday between 9am-4:30pm. We have had these for a while and would like to get them back to their correct owners as the weather cools down!



Special Olympics Updates

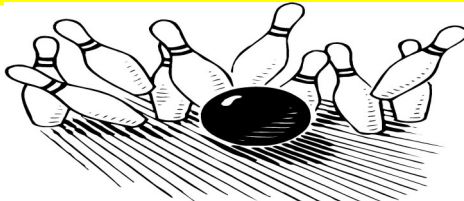
Special Olympics is dedicated to empowering individuals with intellectual disabilities to become physically fit, productive, and respected members of society through sports training and competition. The sports we offer give our athletes a safe and fun environment to grow their self-confidence, keep a steady social life and practice healthy living by being active. We also have opportunities for coaching and volunteering.

For more information on our program, please contact our Special Olympics Coordinator, Jen Kalishek By e-mailing jen@soarfoxcities.com or calling (920) 731-9831 ext. 122

ATTENTION: We are in need of a swim coach for our 2023 season! The season will be Mid-January through Mid-April. Coaches must pass a background check, become Class A Certified with Special Olympics, and preferably be lifeguard certified, or are willing to be certified. If you're interested, please contact Jen ASAP!

We are now accepting registration for the 2023 Swim Season! Please see the insert at the end of the newsletter to sign up for the upcoming season. All registration forms should be returned to the office upon completion. **Please note, practice days, times, and location is to be determined at this time. Once it has been finalized, athletes will be notified.**

The 2022 Bowling Season has 3 weeks off due to a remodel at Sabre Lanes. **We will not have bowling practice again until Monday November 14th.** Please watch your emails and Facebook for any schedule updates and/or changes.



The next sports seasons will be Basketball and Basketball Skills:

Registration is NOW open- Please see the insert at the end of the newsletter to sign up for the upcoming season!

Participants, Caregivers & Parents - **PLEASE BE SURE TO KEEP AN EYE ON YOUR EMAILS DURING SPORTS SEASONS!** Our PRIMARY means of communication are email and social media. We apologize, but we cannot call every single caregiver, parent, or athlete (there simply aren't enough hours in the day) & email/social media is the quickest way to communicate changes in practices, updates, and more. If your email is NOT up to date, please let Jen know!

Is your medical information with SOWI up to date?

- If your medical exam is near expiration or you're not sure, please email Jen to double check.
- You cannot participate in Special Olympics activities if your medical is not up to date or if you cannot prove you have been vaccinated.
- All athletes must also have a COVID-19 Participant Release Form and Communicable Disease Participant Waiver on file with SOWI. If you have not signed each of these please contact Jen.

Reminder! Our cancellation policy is:

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there will be no credit given, only in rare instances will exceptions be granted.

If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.

If cancelling (or no-show) for a part of a series, no credit will be given.

If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

- 1. Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waiting list and gives another participant the opportunity to join the activity.
- 2. Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option. **Thank you for your understanding, patience, and support!**



***Phone/email to contact if CANCELLATION occurs: *Participant Name _____**

Date of Activity	Activity Name	Cost

Submit total amount due to: **Registration and Payment required prior to activities.** **Total:** _____

SOAR Fox Cities Pay by cash, check (# _____), or on-line.

211 E Franklin St., Suite A

Appleton, WI 54911

If you use IRIS, Lakeland Care, Includa, CLTS, or Community Care please check this box ☐

Please provide billing name & contact info: _____

December 2022 Calendar at a Glance

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 -TnT	2	3
4	5 -Scrapbooking	6 -Baking -Bell Ringing	7 -Coffee Connections	8 -Baking	9	10 -Dance
11	12 -Christmas Lunch -SRR Craft	13 -People First -Parent/Caregiver Happy Hour	14 -Brunch and Bingo -Virtual BISG -Grief Class	15 -Baking -BISG at NSG -Christmas Party -TnT	16	17
18	19 -BISG at St. Elizabeth	20 -Dinner and Movie	21	22	23	24
25	26	27	28	29	30	31

SOAR Offices will be CLOSED from Friday, November 18th thru Friday, November 25!

Please know there will be no staff at the offices and voicemails will be check intermittently. We're excited to give the SOAR team the week off to spend with their families and loved ones!

The office will re-open at 9:00am on Monday, November 28. We wish you the happiest of Thanksgiving Holidays!



Holiday P A R T Y



DECEMBER 15



6 - 8 PM

**The Fox Club at Timber Rattlers Stadium
2400 N Casaloma Dr, Appleton, WI, 54913**

Join SOAR staff, participants and families for an evening of fun activities, a nacho/taco bar, and holiday music!

Special guests will be joining us!

Registration, including names of all attending, & payment are due no later than December 8!

\$15 per person-members/\$25 per person-nonmembers (This applies to participants, family members, caregivers, or others.)

- Anyone who attends without registering in advance, will be invoiced. * For questions, please call Heidi at (920) 731-9831, ext. 111, or email heidie@soarfoxcities.com.

Upon registration, your name(s) will be placed on the guest list.

You will check-in at the registration table where you will receive your tickets food/beverage. Please print names below:



Amount Enclosed: \$ _____

**This is a family event. Please register with
a family member or caregiver.**





RING THE BELLS



TUESDAY, DECEMBER 6, 2022, 5-7:30 PM

SOAR families, let's gather for a night of volunteering by ringing the bells and spreading holiday cheer! We will be ringing bells at multiple locations across the Fox Valley from 5:00-6:00 pm. After bell ringing, come back to SOAR to warm up with a bowl of chili, cookies, and a beverage from 6-7:30 pm.

This is a family event. Please register with a family member, caregiver, partner, or small group you would like to volunteer with at the location. You will need your own transportation to ring bells and to/from SOAR as well.

Register with Heidi to choose your group's location by phone at 920-731-9831 or email her to give you a call at heidi@soarfoxcities.com. You must register no later than Nov. 28.



SOAR Fox Cities 2023 Special Olympics Basketball

Athlete Name: _____ DOB: _____
 Emergency Contact Name: _____ Phone: _____
 Email: _____ Cancellation Contact: _____

Basketball teams fill up quickly – Limited space is available!

For questions contact Jen at 920-731-9831 x 122 or via email at jen@soarfoxcities.com

*Please review and **circle** your team preference below. If a team name is not circled, you will be placed on the team in which you played last year. New athletes will be placed with the team that is most appropriate.*

Team Name	Team Description	Practice Location	Practice Time	Coach	Tentative Start Date
Basketball Skills	Adults Basketball Basics	McKinley Elementary 1125 E. Taft Ave Appleton, WI 54915	Mondays 6:15-6:45pm (30 minutes)	Terri	1/9/2023
Ravens	Youth/Young Adult	McKinley Elementary 1125 E. Taft Ave Appleton, WI 54915	Mondays 7:00 - 8:00pm	Doug / Stephanie	1/9/2023
Hawks	Young Adult/Adult	Foster Elementary 305 W. Foster St. Appleton, WI 54915	Mondays 6:15-7:15pm	Gary / Alan	1/9/2023
Bandits	Adult Team	Foster Elementary 305 W. Foster St. Appleton, WI 54915	Mondays 7:30 - 8:30pm	Tom / Dan S.	1/9/2023
Vultures	Adult Team	Janet Berry Elementary 3601 W. Tellulah Ave. Appleton, WI 54915	Wednesdays 6:15-7:15pm	Stan / Rick	1/11/2023
Eagles	Adult-High Level Team	Janet Berry Elementary 3601 W. Tellulah Ave. Appleton, WI 54915	Wednesdays 7:30-8:30pm	Dale / Brian	1/11/2023

**Please note, the dates above are tentative. Jen will contact participants if there are any changes.*

COST: Team Basketball (circle team above) \$60 for SOAR Members, \$80 for non-members

SKILLS COST: \$40 for SOAR Members, \$60 for non-members

UNIFORM Jersey Size: _____ **Does the athlete need shorts? Y / N** **Shorts Size:** _____

**Note: Athletes with unpaid fees from previous sports and/or uniform rental fee will not be able to participate until fees are paid.*



REGISTRATION AND PAYMENT DEADLINE: DECEMBER 21, 2022

MEDICAL DEADLINE: FEBRUARY 13, 2023



For Office Use Only: Amount: _____ Check _____ Cash _____ Paid On-Line _____ Date _____

2023 SOAR Fox Cities Special Olympics Swimming Registration



Athlete Name: _____ DOB: _____

Emergency Contact Name: _____ Phone: _____

Email (required): _____ Cancellation Contact: _____

I have previously competed in: ____Front Crawl ____Backstroke ____ Butterfly ____Breaststroke

I'd like to learn the following: ____Front Crawl ____Backstroke ____ Butterfly ____Breaststroke

____ I will compete in the District Swim Meet on Sunday, March 12th in Oshkosh.

____ I will not compete in the District Swim Meet.

____ If I qualify, I will compete in the State Meet April 14th-16th in Oshkosh.

____ I will not compete in the State Meet.

**Please note, athletes can only compete in ONE sport during tournaments. If you are registered for swim and basketball, you cannot compete in both sports, but you can attend and participate in practices for both sports.*

Practices:

Date and time to be determined! Jen will notify athletes ASAP. We are hoping to begin in January but at the latest, the beginning of February.

**Required: All participants must have a swimsuit, cover-up, towel, and flip flops or sandals.*

Fee: \$70 for SOAR members | \$90 for non-members

Registration Deadline:

Medical Deadline: February 27th, 2023

For Office Use Only: Amount: _____ Check _____ Cash _____ Paid On-Line _____ Date _____



BECOME A MEMBER TODAY!

Join or Renew!

It's that time of year again - secure or renew your membership to SOAR TODAY! Being a member of SOAR offers exclusive & AWESOME benefits! Become a member now & learn more!!

2023 Membership Rates

Membership Type	SOAR Membership Rate	* ALL memberships (w/ payment) post-marked by 12/31/21 will be entered to win a \$50 Kwik Trip Card!!!
Individual	\$25	
Family (up to 4 members)	\$65	* ALL memberships (w/ payment) post-marked by 12/31/21 will also receive a FREE SOAR gift!!

What does it mean to be a SOAR Member? It means a lot of things, like being part of an inclusive, accepting community - but we know you really want to know - what's in it for you?! We get it, so here's what your annual membership gets you!

Discounted pricing on activities!	Discounted camp rates!
A mailed monthly newsletter!	Consideration for the SOARCash assistance**
Priority in receiving promotional tickets like Packers, Timber Rattlers, and Brewers Tickets!	
NEW! An exclusive invite to <u>Annual Listening Sessions</u> where YOU can provide your opinions on programming, activities, and what you'd like to see SOAR offer in the future!	
NEW! An exclusive opportunity to join either the <u>Member Advisory</u> or <u>Family Advisory Committee</u> to give your input on programming & guide SOAR into the future! (MUST be a member to participate)!	

****SOARCash assistance is based on fund availability & income needs when available.**

Take some time NOW to complete and return the attached membership form!

Watch your mailboxes for our Annual Appeal! Our Annual Appeal is another opportunity to support SOAR separate from membership! NOW is more important than ever to show your SOAR Support!

Membership Includes:

- Discounted pricing on activities!
- Discounted camp rates!
- A mailed monthly newsletter!
- Consideration for SOARCash Assistance!**
- Priority in receiving promotional tickets (i.e. Packers, Brewers)!
- NEW! Invite to Annual Agency Listening Sessions.
- NEW! Opportunity to join the Member Advisory or Family Advisory Committee (ONLY available to members)!

SOARCash assistance is based on fund availability & income needs when the funds are available



2023 SOAR Fox Cities Membership Form Join or Renew Today!!

To become a member of SOAR Fox Cities or renew your membership please complete the following form.

Please return this form with payment to

SOAR FOX CITIES

211 E. Franklin St., Suite A, Appleton, WI 54911

Name(s): _____

Address: _____

City: _____ State: _____

Zip Code: _____ County: _____

Primary Phone: _____

Phone to be called when a SOAR activity is cancelled:

Primary Email: _____

Email to be sent when a SOAR activity is cancelled:

Group Home (If applicable): _____

Choose Your Membership (Check One):

- ☐ \$25 Individual Membership
- ☐ \$65 Family Membership (*up to 4 members – Does not apply to group homes*)

*Pay using cash, check, credit/debit or online at
www.soarfoxcities.com/member-info*

Let Us Know:

- ☐ I would like to receive a monthly newsletter in the mail (one per family).
- ☐ I would like to receive a monthly newsletter via e-mail.
- ☐ I do not want my name to be published in membership reports.

This form can also be filled out online at soarfoxcities.com. Just click on "Member Info.," then click on "Become a Member," and scroll to the bottom of the page and click on "2023 Membership Form."



Participant Information

2023 Participant Information Form

It is mandatory that this form be filled in/updated each year and turned in to the SOAR office whether the participant is a member or non-member.

Please print legibly, and send completed form to

SOAR Fox Cities, Inc., 211 E. Franklin St., Suite A, Appleton, WI 54911 or email to leah@soarfoxcities.com

Group/Apartment/Foster/Adult Home Name, if any: _____

Participant's Full Legal Name: _____

Nickname (ex: Bob, Bobby, Rob), if any: _____

Address: _____

City, State, Zip: _____

County: _____

Place(s) of Employment: _____

Phone/s: _____

Primary Phone: _____

Participant Cell Phone: _____

E-mail Address: _____

Participant Email: _____

Date of Birth: _____

Gender (Circle One):

Male

Female

Prefer to self-describe: _____

Prefer not to answer

School attending (if applicable): _____

EMERGENCY CONTACT – PERSON TO BE CONTACTED FIRST IN AN EMERGENCY:

Name: _____

Relationship: _____

Cell Phone: _____

*Phone (Day): _____

(Evening): _____

SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of actions of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

Living Situation (check one):

___ lives independently

___ lives with parent/sibling/relative. Their name/s & phone are: _____

___ foster home. Name & phone: _____

___ adult family home. Name & phone: _____

___ apartment program. Name & phone: _____

___ group home. Name & phone: _____

___ other: _____

CANCELLATION CONTACT-PERSON TO BE CONTACTED WHEN A SOAR ACTIVITY IS CANCELLED:

Name: _____

E-Mail: _____

Phone: _____

Do you prefer: e-mail OR phone (circle one)

Caregiver or Support Staff name and phone*: _____

Email: _____

Guardian & Payee Information

___ I am my own guardian

___ I have Long-Term Care Funds (please circle one):

IRIS Lakeland Care CLTS

Community Care Inclusa

___ My guardian is: _____

(address) _____

(name) _____

email & phone are: _____

My Payee/Fiscal Agent/Care Manager/Consultant's

(e-mail) _____

(phone) _____

Continue on other side →

MEDICAL CONDITIONS

Check/circle all that apply

- ☐ Autism Spectrum Disorder
- ☐ Brain Injury
- ☐ Down Syndrome
- ☐ Fragile X Syndrome

- ☐ Hearing/Vision Impaired
- ☐ Intellectual Disability
- ☐ Mental Health
- ☐ Prader Willie's
- ☐ Physically disabled
*Uses wheelchair, walker, other: _____

- ☐ Other :
- ☐ Seizure Disorder
type:
aura:
other:
_____vagal nerve stim.
Magnet location: _____

Please note assistance or other accommodations needed, including an interpreter if necessary.

Is there anything we should know about the person's:

- ☐ Speech/Communication
- ☐ Chewing/Swallowing
- ☐ Toileting/Incontinence
- ☐ Wandering/Eloping

Please list any ALLERGIES—Non Food and/or Food Related: -

NOTE: If this person has severe diet restrictions, we recommend that you send a bag lunch along.

BEHAVIOR PROGRAM Please indicate if there is a behavior procedure you wish SOAR staff to follow or attach the behavior sheet if you have one.

RESPONSIVENESS Does participant respond independently to emergency situations (fire alarms/drills)? Yes ___ No ___

SOCIAL APPROPRIATENESS/INTERACTIONS WITH OTHERS Is there anything SOAR staff should know about personal interactions?

For agency funding/reporting purposes, the following information is needed.

No names/identifying information is ever shared.

Choose one in each column:

Race (Choose one)	Ethnicity (Choose one if applicable)	Gender Identity (Choose those applicable)	Individual's income level range (not Family) (Choose one)
White/Caucasian	Hispanic	Female	<\$12,144
Black/African-American	Hmong	Male	\$12,145-\$15,792
Asian		Trans-male	\$15,793-\$20,040
American Indian/Alaskan Native		Trans-female	\$20,041-\$24,288
Native Hawaiian/Pacific Islander		Non-Binary	>\$24,288
Multiple Races		Other:	

___ **YES! I want to receive fundraising communication from SOAR Fox Cities!** (complete or circle one)
Send via email: _____ OR send via postal mail only.



A Partner Organization of United Way Fox Cities. Supported by the Community Foundation for the Fox Valley Region, individuals and corporate donors.