



# Activity & Program Guide

April 2023

Face to Face

SOAR Fox Cities, Inc. ~ 211 E. Franklin Street Ste. A ~ Appleton, WI 54911



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**\*\*\*Friendly Reminder: DO NOT give coaches, volunteers, or SOAR staff payment, or any SOAR documents that need to be filled out/turned into the office, while at practices or programs! We will NOT accept it!**

All payment and forms must be turned in to the SOAR Office during office hours, mailed in, or dropped off. You can also go to [soarfoxcities.com](http://soarfoxcities.com) for payment and activity registration, or speak with a staff member on the phone.

**As a reminder: voicemails or emails will not be accepted as registration.**

**Office Hours:** Monday through Thursday, 9:00am-4:30pm **(Closed on Fridays)**

**\*Phone:** 920.731.9831, **\*Fax:** 920.725.1531, **\*E-mail:** [info@soarfoxcities.com](mailto:info@soarfoxcities.com),

**Website:** [www.soarfoxcities.com](http://www.soarfoxcities.com)



# Policies

To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form
- Acknowledgement Form from the Participant/Guardian Handbook

Note: ***The Participant Information Form needs to be updated annually.*** Throughout the course of the year changes may occur with conditions, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

**Parking** When parking at our building during business hours, please use the parking stalls designated for 211 E. Franklin Visitors. If you park in other companies' stalls you risk being towed.

**Inclement Weather Policy** Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, SOAR FC staff will attempt to notify all participants who are signed up for the program or service of the closure **via email & Facebook post**. **Please understand that in many instances we cannot call everyone that is registered for an activity—there are simply too many. This is why it is vital that you have an up to date email on file with us we will ONLY post cancellations to Facebook or email about them.** The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check your emails and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity.

**Payment Policy** We **DO NOT** and **WILL NOT** be able to collect payments at activities. Do not give staff your payment—we need to collect it at the office, via mail, or via our website, **PRIOR** to all activities. If you visit our office before/after hours, please deposit your labeled payments in the mail slot. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 109. If you are registering for an activity and tickets need to be picked up, feel free to send a self-addressed stamped envelope along with your payment, or pay an extra \$1.00 to have the tickets mailed to you, or stop by our office. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

**Cancellation Policy** If you are unable to attend an event, you must cancel at least **5 days in advance**. If you do not cancel in advance you will be liable for the program fees - Please see enclosed notice regarding cancellation policy.

# Volunteering

Did you know that the volunteer opportunities with SOAR are almost endless!? Aside from volunteering at programs, we LOVE it when members help out at special events. Occasionally we also have special office projects, like folding and stuffing mailings, that we need help with! If you want to learn about these and more opportunities, please call Ashley Gustafson, Community Engagement Director, at 920-731-9831, x114 or Volunteer Coordinator Angie Petit, x126

***Some current needs are: \*\*\*CAMP ONAWAY COUSELORS\*\*\* and a Special Olympics Softball Coach, and Special Olympics Swim volunteers***



*Volunteer with SOAR today!*





## SOAR Fox Cities Board of Directors

Laura McCormick, *President*  
Heather Sorebo, *Vice President*  
Gary Weber, *Treasurer*  
Leigh Bolender, *Secretary*

Polly VandenBoogaard Paul Meyer Reg Wydeven Jonathan Pitzen Bryan Mueller Julie King



Hello Friends of SOAR!

With all of the snow we've had lately it hardly feels like April, but the days are getting warmer which is surely a sign of Spring on its way!

As we look ahead to April, I'm excited for Spring and all of the Spring and summer events on the horizon. I only have a few reminders again this month so here goes!

We're still hiring for a few positions to include an SRR aide! If you know someone that is interested, please feel free to have them submit their application to me via email at [erin@soarfoxcities.com](mailto:erin@soarfoxcities.com).

- Please, please, please pay close attention to your emails!!! Especially on bad weather days! We will **ONLY SEND CANCELTION NOTICES VIA EMAIL!** We apologize for any inconvenience, but we do not have the ability to call everyone when something is canceled. Email is the fastest way for us to get the message out quickly.
- When registering **you must include an active email address that you or someone checks regularly.** If an activity is going to be cancelled, we will send the cancelation notice via email.
- Where else can you see if an activity has been canceled? Follow us on **Facebook** as we post all cancelations on Facebook. If the cancelation is because of a weather closure, we will post the closure to **Channels 5, 11 and 26**. Lastly, you can always call our offices and ask.
- As a general rule of thumb the decision to cancel an evening activity will be made by no later than 2pm the day of the activity. Some activity cancelations, like Special Olympics tournaments, are not our decision, but we will be the messengers.
- Please pay close attention to the "register by" dates in the newsletter. **We will NOT register anyone for any activity after the register by date.** This includes dances, family events, and other activities.

If you have any questions regarding where to learn more about activity cancelations and/or how we will notify you of cancelations, please feel free to contact us!

~ Erin Schultz-Wege, Executive Director

## SOAR Fox Cities Staff can be reached at 920.731.9831

Erin Schultz-Wege, Executive Director, x116  
Ashley Gustafson, Director of Community Engagement, x114  
Jolene Verstegen, Financial Administrator, x115  
VACANT TBI Support Program Coord.  
LeeAnn Stein, Director of Adult Programs, x112  
Lindsay O'Brien, Fundraising & Grant Manager, x127  
Clare Buckley, TBI Support Program Navigator, x118  
Angie Petit, Volunteer Coordinator, x126

Heidi Zick, Family Programs & Community Resource Coordinator, x111  
Leah Quinn, Member and Office Support Specialist, x100  
Kari Much, Accounting Clerk, x109  
Lisa McCallister, Youth Services Manager, x110  
Jen Kalishek, Special Olympics, x122  
Amy Uecke, SRR Program Coordinator x113

## Registering for all activities is required!

1. Select the activities that fit your schedule.
2. **Be sure to register for each activity that you want to attend by the "register by" date listed, unless there is no specific registration date noted in the description of the activity.**
3. Complete the enclosed registration form and return it to our SOAR office with payment, or you can pay and register online at [www.soarfoxcities.com](http://www.soarfoxcities.com), send a check, or stop at our office. Payment must be made prior to an activity.

## **A FEW ANNOUNCEMENTS AND UPDATES**

### **Cancellation Contacts**

To make sure we are able to get ahold of the appropriate individual(s) to the best of our ability when a program or activity is cancelled we have added a section to the online jot form, the yearly membership form, and the paper registration slip on the last page of the newsletter that asks for an e-mail and/or phone number specifically for when a cancellation occurs. This is important because a participant's emergency contact listed on file at SOAR is often different than the contact needed to notify for a cancellation as participants frequently have more than one housing staff, ride arrangement, or caregiver that they spend time with on a daily basis. In addition, some individuals are easier to get ahold of via e-mail, while others prefer a phone call. Let us know which communication platform works best for you in the event of a cancellation by filling this new section out when signing up for activities. We thank you for your help and understanding in advance!

### **Online Activity Sign-Up**

We're encouraging everyone to sign up to receive the online newsletter! We always try to plan the delivery of the mailed newsletter to coincide with the delivery of the online newsletter, but we can't predict how long the postal service will take to deliver bulk mailings such as the newsletter. Unfortunately, it sometimes takes longer than preferred. When/if this is the case we encourage you to utilize the option of signing up for programs online through the SOAR website. If you need help with this process contact Leah by calling (920) 731-9831, ext. 100, or email [leah@soarfoxcities.com](mailto:leah@soarfoxcities.com) and she can send you an e-mail of a document containing step-by-step written instructions with picture references. OR stop by the office for a hard copy during office hours M-TH 9am-4:30pm. These instructions are also on our website!

### **Activity Arrival Time**

Please do not arrive for activities more than 15 minutes before the activity is scheduled to start! If you do, we cannot guarantee the front doors of the building will be open, especially if the activity is after 4:00pm or on a weekend, or that someone will be available to let you in. As it gets colder outside, this is IMPORTANT as we don't want you waiting out in the cold! We understand those taking Valley Transit cannot always control this so please contact us with any questions! Thank you!



# Calendar-at-a-glance

## April 2023

*\*Turn to the specific page number listed under the "page column" for all details needed for each activity.\**

### Program Type KEY

Youth Programs=Youth , Adult Programs =AE/SRR,  
Advocacy Programs/TBI =ADV ,  
Family Programs =FAM, Community Ed =CE,  
Aging/Intellectual Developmental Disability=AGI

April	Program Choice	Time	Page	Cost: member/ non-member/ caregiver	IRIS Code	Staffed by:	Type KEY
5	Coffee Connections	10:30am-11:30am	7	FREE	-	Heidi	FAM
5	Bingo	5:30pm-7:30pm	11	\$20/\$30	F	Amy	SRR
6	Baking Class-Savory	1:00pm-3:00pm	11	\$30/\$60	F	LeeAnn	AE
6	SOAR Together	6:00pm-8:00pm	7	FREE	-	Heidi	FAM
11	People First	6:00pm-7:15pm	10	FREE	-	LeeAnn	ADV
11	Happy Hour	6:00pm-7:00pm	7	FREE	-	Heidi	FAM
12	Virtual BISG (Brain Injury Support Group)	5:30pm-6:30pm	11	FREE	-	Clare	ADV/ TBI
12	Make and Take	10:00am-11:30am	11	\$30/\$60	F	LeeAnn	AE
12	Games	5:30pm-7:30pm	11	\$15/\$30	F	Amy	SRR
12	Memory Café at SOAR	3:30pm-5:00pm	8	FREE	-	Heidi	AGI
13	Baking Class	10:00am-12:00pm	11	\$30/\$60	F	LeeAnn	AE
13	People First-Thursdays Edition	6:00pm-7:15pm	10	FREE	-	LeeAnn	ADV
13	TnT	6:30pm-8:00pm	10	FREE	-	Lisa	Youth
14	Adult Dance	6:00pm-8:00pm	12	\$10/\$20	F	Amy	SRR
4/17, 4/24, 5/1	Healthy Relationships	5:30pm-7:00pm	12	\$25/\$50	F	LeeAnn	AE
4/18, 4/25, 5/2	Healthy Cooking Series	4:00pm-5:30pm	12	\$90/\$120	F	Amy	AE
19	Cookie Decorating	5:45pm-7:00pm	12	\$35	F	Sara/Jillian	Youth
19	Memory Café at Oneida Heights	3:00pm-4:30pm	8	FREE	-	Heidi	AGI
20	Make and Take	10:00am-12:00pm	12	\$30/\$60	F	LeeAnn	AE
20	In Person-BISG (Brain Injury Support Group) at Neuroscience	5:00pm-6:00pm	11	FREE	-	Clare	ADV/ TBI
24	In Person-BISG (Brain Injury Support Group) at St. E's	6:00pm-7:00pm	11	FREE	-	Clare	ADV/ TBI
25	Dinner and Movie	4:30pm-9:00pm	12	\$40/\$80/\$30	C	Amy	SRR
26	Craft	5:30pm-7:30pm	12	\$25/\$50	F	Amy	SRR
26	Sewing Class	3:30pm-5:00pm	12	\$25/\$50	F	LeeAnn	AE
27	TnT	6:30pm-8:00pm	10	FREE	-	Lisa	Youth

# **SOAR Camp Onaway Announcements!**

Camp Onaway 2023 dates will be **Tues., June 6th through Sat., June 10th.**

Please contact LeeAnn or Lisa if you have questions.

**Camp Applications and camp fees are due by Monday, May 15, 2023**

**LeeAnn Stein:** (920)731-9831, ext. 112, [leeann@soarfoxcities.com](mailto:leeann@soarfoxcities.com)

**Lisa McCallister:** (920)731-9831, ext. 110, [lisa@soarfoxcities.com](mailto:lisa@soarfoxcities.com)



**Have you turned in your 2023 SOAR Membership Renewal Forms and payment yet? If you have not and would like to obtain 2023 Membership:**

Leah can send you the 2023 Membership Form and 2023 Participant Information Form to fill out and return to SOAR with the annual \$25.00 membership renewal fee.

(\$25.00 per 1 member, or \$65.00 per family membership-up to 4 people-please note: this must be 4 family members and cannot be 4 members of a group home, etc.)

**Call (920)731-9831, ext. 100, or email [leah@soarfoxcities.com](mailto:leah@soarfoxcities.com) for questions!**

**OR** go to [soarfoxcities.com](http://soarfoxcities.com), click on "Member Info.," and then click on "Become a Member," to submit your updated forms through our website. You can also pay online but clicking on "pay for activities in the top right corner of the home page of our [soarfoxcities.com](http://soarfoxcities.com).

**\*\*Obtaining SOAR Membership allows you to sign-up for activities ( INCLUDING CAMP ONAWAY ).**

## **Did You Know!?**

SOAR is still selling Kwik Trip Cards! For every gift card purchased directly from SOAR a percentage of the purchase is donated back to SOAR!

Call us at 920-731-9831 or stop by the office to purchase yours today!

## Coffee Connections with Heidi

**Wednesday, April 5th, 10:30am-11:30am, Fee: FREE**

**Join us for the April Parent Support Group Meeting at the SOAR Building, lower level!**

Come learn about Project SAFE Response and how it provides first responders with information to assist in responding to wandering or crisis calls involving community members with dementia, autism, or other cognitive impairment that may cause them to wander or have communication barriers. We will learn from an officer from the Appleton Police Department as well as other departments in the Valley as they are available. Join us for hot coffee, a pastry and fruit. **We kindly ask that you RSVP for this morning event by calling**

**SOAR at (920)731-9831, ext. 111 , or via email at**

**heidi@soarfoxcities.com by April 4th.**

## Happy Hour/Parent to Parent Night with Heidi

**Tuesday, April 11th, 6:00pm-7:00pm, Fee: FREE**

Enjoy an evening out with other parents and caregivers at **Meade Street Bistro** as we support each other and discuss issues we are facing and successes we have had. Come learn about Project SAFE Response and how it provides first responders with information to assist in responding to wandering or crisis calls involving community members with dementia, autism, or other cognitive impairment that may cause them to wander or have communication barriers. We will learn from an officer from the Appleton Police Department as well as other departments in the Valley as they are available. Feel free to purchase a drink and/or food to enjoy while we chat!

**We kindly ask that you register with SOAR by April 10th, for this evening so we have enough seats reserved, by calling (920)731-9831 ext. 111 , or e-mailing heidi@soarfoxcities.com. (Meade Street Bistro: 2729 N Meade St. Appleton, WI 54911)**

## SOAR Together with Heidi

**Thursday, April 6th, 6:00pm-8:00pm, Fee: FREE**

**Join us for the April Parent Support Group Meeting at the SOAR Building, lower level!**

Did you know that the state reimbursement aid for special education has declined from 66% in 1980 to 30% today? Presenters from Fox Cities Advocates for Public Education (FCA4PE) will break down some of the complexities of K-12 school funding and show you why your voice is needed to improve state budgets for our local schools. This session will not be dry, focusing only on budgets, the realities behind the numbers will be addressed. If you vote, pay property taxes, have students in school, or care at all about education, it is important to know about school funding and the special education funding aid. This is a non-partisan issue. Please see flyer for more details.

**We kindly ask that you RSVP for this morning event.**

**Please do so by calling SOAR at (920)731-9831, ext. 111 , or via email at**

**heidi@soarfoxcities.com by April 4th.**

## Memory Café-at SOAR with Heidi

**Wednesday, April 12th, 3:30pm-5:00pm, Fee: FREE**

Our specialized memory café is a place for individuals 35 and older with intellectual and developmental disabilities and memory problems, or dementia, and their caregiver, to meet others in their similar situation.

Share experiences, make friends, find support, and enjoy fun activities. Participants should attend with a caregiver. If this would not be possible, please speak with Heidi, Aging & IDD Coordinator. See flyer for more

specific details. **Held at the SOAR Building, lower level. See insert for details!**

**Call or e-mail Heidi to register at (920) 731-9831, ext.111,**

**heidi@soarfoxcities.com by April 5th.**

## Memory Café-Oneida Heights with Heidi

**Wednesday, April 19th, 3:00pm-4:30pm, Fee: FREE**

Our specialized memory café is a place for individuals 35 and older with intellectual and developmental disabilities and memory problems, or dementia, and their caregiver, to meet others in their similar situation.

Share experiences, make friends, find support, and enjoy fun activities. Participants should attend with a caregiver. If this would not be possible, please speak with Heidi, Aging & IDD Coordinator.

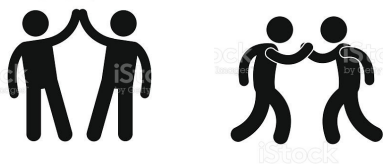
**Held at Oneida Heights Community Room. See insert for details!**

**Call or e-mail Heidi to register at (920) 731-9831, ext.111,**

**heidi@soarfoxcities.com to by April 12th.**



SOAR Fox Cities, Inc. would like to send a big THANK-YOU to Mackenzie Berlowski, a SOAR participant, as we recognize her thoughtful and generous donation to SOAR, and to Special Olympics! Instead of asking for birthday presents at her birthday party she chose to ask each guest to make a donation. This money was given to SOAR Fox Cities, Inc., and to Special Olympics Wisconsin! We are so grateful for all our participants and their kind hearts, and would like to specifically recognize Mackenzie for her compassionate gift to the community!





## **Donations Needed!**

### ***SOAR thru Summer needs your help:***

During the summer, we have a building full of teens and pre-teens who take part in great learning activities, crafts and fieldtrips. **(To learn more about SOAR Thru Summer Camp, check out page 10!)**

To make the summer run smoothly, we use a lot of supplies and snacks.

Below is a list of things we need for this coming summer. Please consider donating something from this list to SOAR thru Summer Camp if you are looking for a way to support SOAR.

We thank you in advance, and appreciate your generosity!

### **Here's what is needed:**

-Snacks: examples: boxes of goldfish crackers, Cheez-Its,

mini muffins, popcorn,  
bags of cereal

-Oil-based sharpies

-Student bus passes

-Paint--any colors

-Bags of balloons



**For questions or inquiries please contact Lisa McCallister by  
calling (920)731-9831 ext: 110, or e-mail  
[lisa@soarfoxcities.com](mailto:lisa@soarfoxcities.com)**

# SOAR Fox Cities - where YOUTh fit in!

**SOAR Thru Summer Camp**—We are so excited to announce that our first SOAR Thru Summer Camp located on the second floor of the SOAR Building in our new Youth Club House has been a success on the “fun-scale!” This is an all day camp held June through August on Mondays through Fridays for youth with varying abilities to meet new friends and have fun with some awesome camp counselors. We filled our time exploring the Appleton area’s outdoor and indoor events such as the zoo, a community drum circle, Altitude Trampoline Park, the outdoor splash pad, Pinot’s Pallet, and so much more! In addition to field trips, we played so many exciting activities in our on-site Youth Club House such as making ice-cream from scratch, cooling down with relaxing movies, and getting messy with science projects and art activities. Check out the SOAR Facebook Page to see lots of fun pictures from the first year of SOAR Thru Summer Camp! We can’t wait to see what is instore for next summer!

**Teen Stop**—Teen Stop has the same collaboration as described above for Kids Klub, but focuses on Middle School aged children. Neenah School district is currently using this after-school program for middle school. Great games and activities are planned by middle school peers. Held during the school year only.

**TnT**—Youth ages 13-23 from any Fox Cities school district can come and meet new people, try fun group games, trivia questions and laughs. This positive interaction between peers allows them to gain exposure to each other, which leads to understanding and results in acceptance for each person involved. All teen participants take part in large and small group activities such as singing, sharing and games, engage in cooperative learning experiences and have opportunities for leadership development. There is no cost for this program. This is held 6:30-8:00pm at First Congregational United Church of Christ, 724 E South River St., Appleton. There is no cost for this program.



## Quick Reference

Youth Services Manager: Lisa McCallister, 920-731-9831 x110, [lisa@soarfoxcities.com](mailto:lisa@soarfoxcities.com)

## If you are a TEEN or a young adult (through age 23), join TnT! with Lisa

- **TnT - In Person - Thurs., April 13th**

6:30pm - 8:00pm, at The First Congregational United Church of Christ, 724 E South River St., Appleton.

Fee: FREE, ~Let’s have fun!

- **TnT - In Person - Thurs., April 27th**

6:30pm-8:00pm, at the First Congregational United Church of Christ, 724 E South River St., Appleton.

Fee: FREE, ~TnT is the place to be!

- **People First with LeeAnn**

6:00pm-7:15pm, Menasha Library, Lower Level-Gegan Room, 440 First St. Menasha 54952

Fee: FREE

**Tues., April 11th**—The group will be working on a service project for Police Officer Appreciation Week.

**Register by: April 10th**

- **People First –Thursday Edition with LeeAnn**

6:00pm-7:15pm, SOAR Lower Level

Fee: FREE

**Thurs. April 13th**—We’ve invited a local weather man to join us as we talk about Spring weather emergencies. What is the difference between a watch and a warning? What do we do in case of a weather emergency? How can we prepare for a weather emergency?

**Register by: April 10th**

**Virtual BISG with Clare**

5:30pm-6:30pm, on Zoom

Fee: FREE

- **Wed., April 12th**– Brain Injury Support Group meetings are for brain injury survivors and supporters. Please e-mail Clare with any questions at [clare@soarfoxcities.com](mailto:clare@soarfoxcities.com) or call (920) 585-7820

**In-Person BISG at Neuroscience Group with Clare**

5:00pm-6:00pm

Located at Neuroscience Group on 445 W. Calumet St. Appleton 54915

Fee: FREE

- **Thurs., April 20th**- Brain Injury Support Group meetings are for brain injury survivors and supporters. **Masks are required.** Please e-mail Clare with any questions at [clare@soarfoxcities.com](mailto:clare@soarfoxcities.com) or call (920) 585-7820

**In-Person BISG at St. Elizabeth with Clare**

6:00pm-7:00pm, at St. Elizabeth Hospital 1506 South Oneida St. Appleton, 2nd Floor, Conference Room 1 and 2

Fee: FREE

- **Mon., April 24th**- Brain Injury Support Group meetings are for brain injury survivors and supporters. Please e-mail Clare with any questions at [clare@soarfoxcities.com](mailto:clare@soarfoxcities.com) or call (920) 585-7820. **Masks are required in the lobby only.**

**Bingo with Amy**

5:30pm-7:30pm, SOAR Building, Lower Level

Fee: \$20 member/\$30 non-member

- **Wed., April 5th**– We will be playing lots of bingo! That means lots of fun and prizes!

**Register by March 29th****Baking-Savory with LeeAnn**

1:00pm-3:00pm, SOAR Building, Lower Level

Fee: \$30 member/\$60 non-member

- **Thurs., March 6th**– You'll be making sausage and mushroom stovepipes.

**Register by March 30th****Make and Take with LeeAnn**

10:00am-11:30am, SOAR Building, Lower Level

Fee: \$30 member/\$61 non-member

- **Wed., April 12th**– Staff Favorite: You'll be making Amy's favorite Pineapple Pretzel Salad.

**Register by April 5th****Games with Amy**

5:30pm-7:30pm, SOAR Building, Lower Level

Fee: \$15 member/\$30 non-member

- **Wed., April 12th**– Get your game on! We will be playing a variety of games.

**Register by April 5th****Baking Class with LeeAnn**

10:00am-12:00pm, SOAR Building, Lower Level

Fee: \$30 member/\$60 non-member

**Thurs., April 13th**—You'll be making a coconut pecan coffee cake.**Register by April 5th**

**Dance with Amy**

6:00pm-8:00pm

**\*\*\*\*LOCATED AT ST. MARY'S ELEMENTARY SCHOOL MENASHA (SCHOOL GYM)\*\*\*\***528 2nd St. Menasha, WI 54952

Fee: \$10 member/\$20 non-member/\$0 caregiver (no tickets, but you still need to register)



- **Fri., April 14th**—Join us for snacks and dancing!

**Register by April 7th****Cookie Decorating with Sara/Jillian**

5:45pm-7:00pm SOAR Building, Lower Level

Fee: \$35 members AND non-members

**Wed., April 19th**—Decorate spring themed cookies - and not any ordinary cookies! These will be works of art to look like flowers, animals or other spring time favorites.

**Register by April 12th****Dinner and Movie with Amy**

4:30pm-9:00pm, El Azteca (N474 Eisenhower Dr. Appleton), and The Grand Valley Theater (W3091 Van Roy Rd. Appleton)

SOAR Building, Lower Level

Fee: \$40 member/\$80 non-member/\$30 caregiver

- **Tues., April 25th**— Drop off for dinner at El Azteca at 4:30pm. We will eat dinner together and then walk across the parking lot to The Grand Valley Theater to see a movie. Pick up at the movie theater at 9:00pm. Bring your own money if you would like to buy snacks\* at the movie theater.

\*No alcohol purchases allowed during this SOAR activity

**Register by April 13th****Craft with Amy**

5:30pm-7:30pm, SOAR Building, Lower Level

Fee: \$25 member/\$50 non-member

- **Wed., April 26th**— Come create colorful Spring crafts!

**Register by April 19th****Healthy Relationships with LeeAnn**

5:30pm-7:00pm, SOAR Building, Lower Level

Fee: \$25 member/\$50 non-member

- **Mon., April 17th, April 24th, and May 1st** —A three week series that will cover relationship basics: communication and boundaries

**Register by April 10th****Healthy Cooking Series with LeeAnn**

4:00pm-5:30pm, SOAR Building, Lower Level

Fee: \$90 member/\$120 non-member

- **Tues., April 18th, April 25th, and May 2nd**—A three week cooking series with nutrition education. Each night you will make your own dinner.

**Register by April 11th****Make and Take with LeeAnn**

10:00am-12:00pm, SOAR Building, Lower Level

Fee: \$30 member/\$60 non-member

- **Thurs., April 20th** —You'll be making southwest Shephard's Pie—a twist on the classic. You'll make it and be able to take it home for a meal for later on.

**Register by April 13th****Sewing Class with LeeAnn**

3:30pm-5:00pm, SOAR Building, Lower Level

Fee: \$25 member/\$50 non-member

- **Wed., April 26th**— Learn the basics of sewing like mending a seam, sewing a button, fusing a hem, etc. You will be practicing your skills on a fun project and end up with an owl pillow.

**Register by April 19th**



# Special Olympics Updates

Special Olympics is dedicated to empowering individuals with intellectual disabilities to become physically fit, productive, and respected members of society through sports training and competition. The sports we offer give our athletes a safe and fun environment to grow their self-confidence, keep a steady social life and practice healthy living by being active. We also have opportunities for coaching and volunteering.

**For more information on our program, please contact our Special Olympics Coordinator, Jen Kalishek, by e-mailing [jen@soarfoxcities.com](mailto:jen@soarfoxcities.com) or calling (920) 731-9831, ext. 122**

**The 2023 Swim Season is finally underway! Practices are taking place weekly at Appleton West and our new coaches are awesome! We are still in need of volunteers for the season; please contact Jen ASAP if you'd like to help!**

**Attention: Summer sports registration will begin soon! We are currently looking for a new softball coach. Please contact us if you're interested!**



**Is your medical packet up to date with SOWI?  
They expire every 3 years- Please contact Jen if you're unsure.**

**You cannot participate in Special Olympics without an up-to-date medical as well as a Communicable Disease Waiver. Please note, if your medical expires during a sports season that you are playing in, the new medical must be submitted before the season's deadline!**

*Please note: Borrowed jerseys will be distributed for each season (if necessary) but **MUST** be returned at the end of the season or participants will be charged the full cost of the uniform. If you borrowed one from a previous year, it should also be returned as soon as possible. Thank you for your cooperation!*

**Participants, Caregivers & Parents - PLEASE BE SURE TO KEEP AN EYE ON YOUR EMAILS DURING SPORTS SEASONS!**

**We will ONLY communicate cancellations via email and social media.** We apologize, but we cannot call every single caregiver, parent, or athlete (there simply aren't enough hours in the day) & email/social media is the quickest way to communicate changes in practices, updates, and more. If your e-mail is NOT up to date, please let Jen know! ***Athletes that do not attend events/practices/games with a family member should also always carry identification in the event of an emergency.***

**Reminder! Our cancellation policy is:**

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there will be no credit given, only in rare instances will exceptions be granted.

**If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.**

If cancelling (or no-show) for a part of a series, no credit will be given.

If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

1. Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waiting list and gives another participant the opportunity to join the activity.
2. Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option. **Thank you for your understanding, patience, and support!**



\*Email to contact if CANCELLATION occurs: \_\_\_\_\_

\*Participant Name \_\_\_\_\_

Date of Activity	Activity Name	Cost

Submit total amount due to:

**Registration and Payment required prior to activities.**

**Total:** \_\_\_\_\_

SOAR Fox Cities

211 E Franklin St., Suite A

Appleton, WI 54911

Pay by cash, check (# \_\_\_\_\_), or on-line.

If you use IRIS, Lakeland Care, Includa, CLTS, or Community Care please check this box ☐

Please provide billing name & contact info: \_\_\_\_\_



# ALL RISE!

THE NORTHEAST WISCONSIN PASSION PLAY

**Tuesday, March 28 ~ 7:00-9:00 pm**

**Free event, no tickets needed, but registration is required by March 21!**

**\*Arrive at 6:40. The show starts promptly at 7 pm.**

**\*Since this is not a SOAR Staff event, you must attend with a family member or caregiver.**

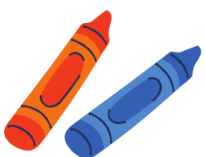
Let us know if you need wheelchair seating, along with the type of wheelchair.

### **Questions or concerns?**

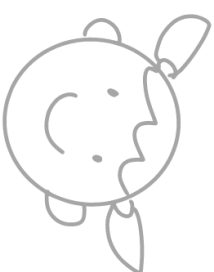
Contact Heidi at SOAR at (920)731-9831 or [heidi@soarfoxcities.com](mailto:heidi@soarfoxcities.com)

All Rise!, the Northeast Wisconsin Passion Play is a powerful musical retelling the timeless story of the New Testament in a new, exciting state production appropriate for all ages. Witness the calling of the apostles, the miracle at the wedding at Cana, the triumphal entry into Jerusalem and our Lord's passion, crucifixion and glorious resurrection.

**\*Depending on COVID protocols at the time, masks may be required by Xavier.**



**JOIN US FOR  
SOAR**



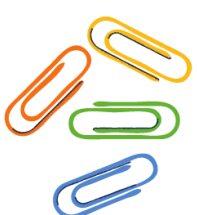
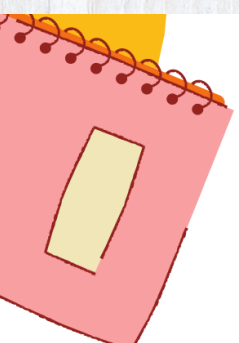
# TOGETHER

**THURSDAY, APRIL 6, 2023 ~ 6-8:00 PM**  
**SOAR LOWER LEVEL ACTIVITY ROOM**

**Did you know that the state reimbursement aid for special education has declined from 66% in 1980 to 30% today?**

Presenters from Fox Cities Advocates for Public Education (FCA4PE) will break down some of the complexities of K-12 school funding and show you why your voice is needed to improve state budgets for our local schools. This session will not be dry, focusing only on budgets, the realities behind the numbers will be addressed. Come prepared to feel empowered with knowledge. More about FCA4PE's issue and advocacy work can be found at: <https://bit.ly/3DqpdUj> or on Facebook.

Light snacks and refreshments will be served. Please register for this event at SOAR as seating is limited. Questions or comments, please contact Heidi via email at [Heidi@soarfoxcities.com](mailto:Heidi@soarfoxcities.com) or by phone (920)731-9831.



## April 2023 SOAR Calendar at a Glance

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5 -Coffee Connections -Bingo	6 -Baking Class-Savory -SOAR Together	7	8
9	10	11 -People First -Happy Hour	12 -Virtual BISG -Make and Take -Games -Memory Café-SOAR	13 -Baking Class -People First-Thursday Edition -TnT	14 -Adult Dance	15
16	17 -Healthy Relationships	18 -Healthy Cooking	19 -Cookie Decorating -Memory Café-Oneida Heights	20 -Make and Take -In Person BISG at Neuroscience	21	22
23	24 -Healthy Relationships -In Person BISG at St. E's	25 -Healthy Cooking -Dinner & Movie	26 -Craft -Sewing Class	27 -TnT	28	29
30						

-The third class of the Healthy Relationships Series will be on Monday, May 1<sup>st</sup>.

-The third class of the Healthy Cooking Series will be on Tuesday, May 2<sup>nd</sup>.



# SOAR FAMILY TIMBER RATTTLERS STAR WARS NIGHT

**\$35**

MEMBER/  
\$60  
NONMEMBER

SATURDAY,  
**3**  
JUNE

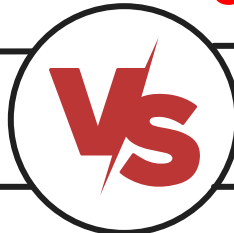


**5-6:40-EAT**

**6:40-GAME TIME**



**TIMBER  
RATTTLERS**



**PEORIA  
CHIEFS**



**NEUROSCIENCE GROUP FIELD AT FOX CITIES STADIUM**

2400 N Casaloma Dr, Appleton, WI 54913

- Dress as your favorite Star Wars character! Pics taken with characters!
- Parking lot opens around 4:10 pm. Parking is \$6/car that you pay on your own.
- We'll meet at 4:45 pm at the front entrance where I will check you off and hand your family their wristbands and tickets to enter.
- We were only able to reserve 10 handicap accessible seats, so please let us know if you need one of these seats.
- Tailgate - Picnic meal served from 5-6:40 pm with Grilled Chicken Breasts, BBQ Pulled Pork, and Cher-Make Hot Dogs. 2 drinks come with your meal (soda, water, etc.).\*
- This is a family event so participants must come with a family member or caregiver. We do not know when game will end and there are fireworks after, so we are unable to give an end time.
- Please speak with Heidi if you have dietary restrictions, questions, or concerns at [heidi@soarfoxcities.com](mailto:heidi@soarfoxcities.com) or by phone (920)731-9831.

**Register and pay no later than May 4.**

\*Alcoholic beverages are not served at SOAR Events. If the participant is over 21, and caregiver/family member is present, it is at their discretion if they would like to provide an alcoholic beverage at the game.

# **SWIMTASTIC SWIM SCHOOL IS SELLING SHIRTS FOR THE MONTH OF APRIL \$10.00 EACH**

SHIRTS CAN BE PURCHASED AT BOTH

**SWIMTASTIC  
1420 UNIVERSITY DRIVE  
MENASHA, WI 54952**

**AND**

**SOAR FOX CITIES  
211 E FRANKLIN STREET  
APPLETON, WI 54911**



**ALL PROCEEDS GO TO  
SOAR FOX CITIES**





# FOX VALLEY WHEELCHAIR WASH



*Entertainment  
by Neil & Morgan  
Acoustic*

## Options for Independent Living is Highlighting Adaptive Recreation

### Equipment

- Freedom Trax
- Track Chair
- Electronic Assist Recumbent Trike
- Firefly Electric Scooter Attachment

## Power/Manual Wheelchairs, Walkers, and Scooters are Welcome! *Free Admission!*

- 2 Free Meal Tickets to the Brat Fry for Each Registration. Additional tickets are \$5
- Nurse/CNA Assisted Transfers
- Wheelchair Safety Inspection
- Valley Transit will demo the Quantum system

**Wash Now!**

**Friday, April 28th, 2023  
11:00 a.m. - 3:00 p.m.**

**Visit Us @ NuMotion  
920 N Westhill Blvd.  
Appleton, WI 54914**

**Please Register with Alyson Johnson  
920-288-7095  
Reservations are required.**

**nu motion™**  
Mobility starts here.

**LSS** Lutheran Social Services  
of Wisconsin and Upper Michigan, Inc.

**ALS** **Valley Transit**  
ASSOCIATION CONNECTING THE FOX CITIES

**easterseals**  
Wisconsin

**options**  
for independent living inc.



Memory Cafes celebrate

# Earth Day



**Wednesday, April 12 - 3:30-4:30 pm**

**SOAR Fox Cities, Lower Level Activity Room-**

Reduce, Reuse, Recycle! This weeks memory cafe will be focused on items that can be recycled and different things we can do with these items!

Register by April 6.

**Wednesday, April 19 - 3:00-4:30 pm**

**Oneida Heights, Community Room-**

We will learn how Earth Day was the brainchild of a Wisconsin Senator as well as some other important facts. We will create sensory items using recycled materials. Register by April 13.

Each participant should register and attend with a caregiver that helps them. Register by calling Heidi at (920)731-9831 or via email at [heidi@soarfoxcities.com](mailto:heidi@soarfoxcities.com).

This project is supported, in part by grant number 90ADPI0068, from the U.S. Administration for Community Living, DHHS, Washington, D.C. 20201, and through the generosity of the David L. and Rita E. Nelson Family Fund.



# AGING & IDD PROGRAM

HELPING PEOPLE WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES AND  
THEIR CAREGIVERS TO NAVIGATE THE DEMENTIA JOURNEY

A partnership between:



For more information, or to  
schedule an appointment,  
contact Heidi at:  
(920) 731-9831 or  
heidi@soarfoxcities.com

## SPECIALIZED IDD MEMORY CAFÉ –

- SOAR LL Activity Room,  
April 8, 3:30-5 pm
- Oneida Heights Community  
Room, April 15, 3 - 4:30 pm

## EARLY DETECTION SCREEN FOR DEMENTIA (EDSD) TOOL

- Developed specifically for the  
IDD population
- Best to do a baseline screen  
at 35-40 years old, then  
yearly for changes

This project is supported, in part by grant number 90ADPI0068, from the U.S.  
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## AGING/IDD RESOURCE HOURS –

- Stop in to get your  
questions answered and  
discuss concerns
- SOAR, 2nd Floor  
Volunteer Room
- April 13, 10-11:30 am;  
April 25, 3-4:30 pm

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