



Activity & Program Guide

May 2023

Face to Face

SOAR Fox Cities, Inc. ~ 211 E. Franklin Street Ste. A ~ Appleton, WI 54911



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*****Friendly Reminder: DO NOT give coaches, volunteers, or SOAR staff payment, or any SOAR documents that need to be filled out/turned into the office, while at practices or programs! We will NOT accept it!**

All payment and forms must be turned in to the SOAR Office during office hours, mailed in, or dropped off. You can also go to soarfoxcities.com for payment and activity registration, or speak with a staff member on the phone.

REMINDER: Voicemails and/or emails will NOT be accepted as registration.

Office Hours: Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

***Phone:** 920.731.9831, ***E-mail:** info@soarfoxcities.com,

Website: www.soarfoxcities.com, ***Fax:** 920.725.1531



Policies

To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form
- Acknowledgement Form from the Participant/Guardian Handbook

Note: ***The Participant Information Form needs to be updated annually.*** Throughout the course of the year changes may occur with conditions, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking When parking at our building during business hours, please use the parking stalls designated for 211 E. Franklin Visitors. If you park in other companies' stalls you risk being towed.

Inclement Weather Policy Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, SOAR FC staff will attempt to notify all participants who are signed up for the program or service of the closure **via email & Facebook post**. **Please understand that in many instances we cannot call everyone that is registered for an activity—there are simply too many. This is why it is vital that you have an up to date email on file with us we will ONLY post cancellations to Facebook or email about them.** The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check your emails and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity.

Payment Policy We **DO NOT** and **WILL NOT** be able to collect payments at activities. Do not give staff your payment—we need to collect it at the office, via mail, or via our website, **PRIOR** to all activities. If you visit our office before/after hours, please deposit your labeled payments in the mail slot. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 109. If you are registering for an activity and tickets need to be picked up, feel free to send a self-addressed stamped envelope along with your payment, or pay an extra \$1.00 to have the tickets mailed to you, or stop by our office. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation Policy If you are unable to attend an event, you must cancel at least **5 days in advance**. If you do not cancel in advance you will be liable for the program fees - Please see enclosed notice regarding cancellation policy.

Volunteering

Did you know that the volunteer opportunities with SOAR are almost endless!? Aside from volunteering at programs, we LOVE it when members help out at special events. Occasionally we also have special office projects, like folding and stuffing mailings, that we need help with! If you want to learn about these and more opportunities, please call Volunteer Coordinator Angie Petit, x126

Some current needs are: ***CAMP ONAWAY COUSELORS and a Special Olympics Softball Coach, Special Olympics Swim volunteers, and volunteers for the monthly dances***



Volunteer with SOAR today!





SOAR Fox Cities Board of Directors

Laura McCormick, *President*
Heather Sorebo, *Vice President*
Gary Weber, *Treasurer*
Leigh Bolender, *Secretary*

Polly VandenBoogaard Paul Meyer Reg Wydeven Jonathan Pitzen Bryan Mueller Julie King



Hello Friends of SOAR!

I think Spring is finally here! Who is excited!?! I know I am - Spending much of this past weekend outside was amazing. It was so nice and I know I'm more than ready to welcome warm weather!

Looks like May is going to be a GREAT month! LOTS of cooking classes and a trip to the NEW Zoo! How fun! Basketball and swimming will have wrapped up by the time you see this note, but track and field will have started and, soon, we'll be seeing our softball and t-ball teams hit the fields.

As we move into summer and more outdoor activities and practices there are a few things I want to remind you of, especially because we know this means more weather related cancellations!

- Please, please, please pay close attention to your emails!!! Especially on bad weather days! We will **ONLY SEND CANCELTION NOTICES VIA EMAIL!** Email is the fastest way for us to get the message out quickly. How can you make sure you're getting our emails?! Easy peasy — Make sure info@soarfoxcities.com and jen@soarfoxcities.com are added to your email contacts. If you happen to find one of our emails in your junk mail, please mark it as not junk (typically done by right-clicking). On that note, please always double check your junk mail box. On occasion our emails might land there.
 - When registering **you must include an active email address that you or someone checks regularly.** If an activity is going to be cancelled, we will send the cancelation notice via email.
 - Where else can you see if an activity has been canceled? Follow us on **Facebook** as we post all cancellations on Facebook.
 - As a general rule of thumb the decision to cancel an evening activity will be made by no later than 2pm the day of the activity. Some activity cancellations, like Special Olympics tournaments, are not our decision, but we will be the messengers.
- If you're wondering if an activity will be canceled, please know you can always call us! If you have any questions regarding where to learn more about activity cancellations and/or how we will notify you of cancellations, please feel free to contact us!

~ Erin Schultz-Wege, Executive Director

SOAR Fox Cities Staff can be reached at 920.731.9831

Erin Schultz-Wege, Executive Director, x116
Ashley Gustafson, Director of Community Engagement, x114
Jolene Verstegen, Financial Administrator, x115
LeeAnn Stein, Director of Adult Programs, x112
Lindsay O'Brien, Fundraising & Grant Manager, x127
Clare Buckley, TBI Support Program Navigator, x118
Angie Petit, Volunteer Coordinator, x126

Heidi Zick, Family Programs & Community Resource Coordinator, x111
Leah Quinn, Member and Office Support Specialist, 100
Kari Much, Accounting Clerk, x109
Lisa McCallister, Youth Services Manager, x110
Jen Kalishek, Special Olympics, x122
Amy Uecke, SRR Program Coordinator x113

Registering for all activities is required!

1. Select the activities that fit your schedule.
2. **Be sure to register for each activity that you want to attend by the "register by" date listed, unless there is no specific registration date noted in the description of the activity.**
3. Complete the enclosed registration form and return it to our SOAR office with payment, or you can pay and register online at www.soarfoxcities.com, send a check, or stop at our office. Payment must be made prior to an activity.

A FEW ANNOUNCEMENTS AND REMINDERS

Cancellation Contacts

To make sure we are able to get ahold of the appropriate individual(s) to the best of our ability when a program or activity is cancelled we have added a section to the online jot form, the yearly membership form, and the paper registration slip on the last page of the newsletter that asks for an e-mail and/or phone number specifically for when a cancellation occurs. This is important because a participant's emergency contact listed on file at SOAR is often different than the contact needed to notify for a cancellation as participants frequently have more than one housing staff, ride arrangement, or caregiver that they spend time with on a daily basis. In addition, some individuals are easier to get ahold of via e-mail, while others prefer a phone call. Let us know which communication platform works best for you in the event of a cancellation by filling this new section out when signing up for activities. We thank you for your help and understanding in advance!

Online Activity Sign-Up

We're encouraging everyone to sign up to receive the online newsletter! We always try to plan the delivery of the mailed newsletter to coincide with the delivery of the online newsletter, but we can't predict how long the postal service will take to deliver bulk mailings such as the newsletter. Unfortunately, it sometimes takes longer than preferred. When/if this is the case we encourage you to utilize the option of signing up for programs online through the SOAR website. If you need help with this process contact Leah by calling (920) 731-9831, ext. 100, or email leah@soarfoxcities.com and she can send you an e-mail of a document containing step-by-step written instructions with picture references. OR stop by the office for a hard copy during office hours M-TH 9am-4:30pm. **These instructions are also on our website when you click on "Member Info.," and then click on "Register and Pay for Activities."**

Activity Arrival Time

Please do not arrive for activities more than 15 minutes before the activity is scheduled to start! If you do, we cannot guarantee the front doors of the building will be open, especially if the activity is after 4:00pm or on a weekend, or that someone will be available to let you in. As it gets colder/warmer outside, this is IMPORTANT as we don't want you waiting out in the cold/heat! We understand those taking Valley Transit cannot always control this so please contact us with any questions! Thank you!

Calendar-at-a-glance

May 2023

Turn to the specific page number listed under the "page column" for all details needed for each activity.

Program Type KEY

Youth Programs=Youth , Adult Programs =AE/SRR,
Advocacy Programs/TBI =ADV ,
Family Programs =FAM, Community Ed =CE,
Aging/Intellectual Developmental Disability=AGI

May	Program Choice	Time	Page	Cost: member/ non-member/ caregiver	IRIS Code	Staffed by:	Type KEY
2	Baking	10:00am-12:00pm	10	\$30/\$60	F	LeeAnn	AE
3	Games	5:30pm-8:00pm	10	\$20/\$30	F	Amy	SRR
3	Coffee Connections	10:30am-11:30am	6	FREE	-	Heidi	FAM
4	Make and Take	10:00am-11:30am	10	\$25/\$50	F	LeeAnn	AE
6	Lunch and New Zoo	11:30am-5:00pm	10	\$80/\$160/\$65	C	Amy	SRR
8	Pedestrian Safety	4:15pm-5:30pm	11	\$20/\$40	F	LeeAnn	AE
9	People First Fox Cities	6:00am-7:15am	9	FREE	-	LeeAnn	ADV/ PF
9	Parent/Caregiver Happy Hour	6:00pm-7:00pm	6	FREE	-	Heidi	FAM
9	Lunch 101	11:00am-1:00pm	11	\$30/\$60	F	LeeAnn	AE
10	Bingo	5:30pm-8:00pm	11	\$20/\$30	F	Amy	SRR
10	Memory Café at SOAR	3:30pm-5:00pm	7	FREE	-	Heidi	AGI
10	Virtual BISG (Brain Injury Support Group)	5:30pm-6:30pm	10	FREE	-	Clare	ADV/ TBI
11	TnT	6:30pm-8:00pm	9	FREE	-	Lisa	Y
12	Adult Dance	6:00pm-8:00pm	11	\$10/\$20	F	Amy	SRR
15	Baking	10:00am-12:00pm OR 1:00pm-3:00pm	11	\$30/\$60	F	LeeAnn	AE
17	Dinner and Movie	5:00pm-8:00pm	11	\$40/\$80	F	Amy	SRR
17	Memory Café at Oneida Heights	3:00pm-4:30pm	7	FREE	-	Heidi	AGI
18	"No-Bake" Class	1:00pm-2:30pm	11	\$30/\$60	F	LeeAnn	AE
18	People First Fox Cities	5:00pm-7:30pm	9	FREE	-	LeeAnn	ADV/ PF
22	BISG at St. Elizabeth's	6:00pm-7:00pm	10	FREE	-	Sasha St. John	AGI
25	Craft	5:30pm-8:00pm	11	\$20/\$40	F	Amy	SRR
25	TnT	6:30pm-8:00pm	9	FREE	-	Lisa	Y
31	Dinner and Bingo	5:00pm-8:00pm	11	\$40/\$80	F	Amy	SRR

Coffee Connections with Heidi

Wednesday, May 3rd, 10:30am-11:30am, Fee: FREE

Join us for the May Parent Support Group Meeting at the **SOAR Building, lower level**. Enjoy hot coffee, a pastry and fruit while we support one another and discuss our successes, challenges, or goals.

We kindly ask that you RSVP for this morning event by calling

SOAR at (920)731-9831, ext. 111 , or via email at

heidi@soarfoxcities.com by May 2nd

Happy Hour/Parent to Parent Night with Heidi

Tuesday, May 9th, 6:00pm-7:00pm, Fee: FREE

Enjoy an evening out with other parents and caregivers at **Meade Street Bistro**, as we support each other and discuss issues we are facing and successes we have had. Did you know that the state reimbursement aid for special education has declined from 66% in 1980 to 30% today? Presenters from Fox Cities Advocates for Public Education (FCA4PE) will break down some of the complexities of K-12 school funding and show you why your voice is needed to improve state budgets for our local schools. This session will not be dry, focusing only on budgets, the realities behind the numbers will be addressed. Come prepared to feel empowered with knowledge. More about FCA4PE's issue and advocacy work can be found at: <https://bit.ly/3DqpDUj> or on Facebook. Light snacks will be provided at the beginning of the presenters.

**We kindly ask that you register with SOAR by May 8th,
by calling (920)731-9831 ext. 111 , or e-mailing heidi@soarfoxcities.com.**

Did You Know!?

SOAR is still selling Kwik Trip Cards! For every gift card purchased directly from SOAR a percentage of the purchase is donated back to SOAR!
Call us at 920-731-9831 or stop by the office to purchase yours today!

Memory Café-at SOAR with Heidi

Wednesday, May 10th, 3:30pm-5:00pm, Fee: FREE

Our specialized memory café is a place for individuals 35 and older with intellectual and developmental disabilities and memory problems, or dementia, and their caregiver, to meet others in their similar situation.

Share experiences, make friends, find support, and enjoy fun activities. Participants should attend with a caregiver. If this would not be possible, please speak with Heidi, Aging & IDD Coordinator.

Held at the SOAR Building, Lower Level. See insert for details!

Call or e-mail Heidi to register at (920) 731-9831, ext.111,

heidi@soarfoxcities.com by May 3rd

Memory Café-Oneida Heights with Heidi

Wednesday, May 17th, 3:00pm-4:30pm, Fee: FREE

Our specialized memory café is a place for individuals 35 and older with intellectual and developmental disabilities and memory problems, or dementia, and their caregiver, to meet others in their similar situation.

Share experiences, make friends, find support, and enjoy fun activities. Participants should attend with a caregiver. If this would not be possible, please speak with Heidi, Aging & IDD Coordinator.

Held at Oneida Heights Community Room. See insert for details!

Call or e-mail Heidi to register at (920) 731-9831, ext.111,

heidi@soarfoxcities.com to by May 10th

Have you turned in your 2023 SOAR Membership Renewal Forms and payment yet? If you have not and would like to obtain 2023 Membership:

Leah can send you the 2023 Membership Form and 2023 Participant Information Form to fill out and return to SOAR with the annual \$25.00 membership renewal fee.

(\$25.00 per 1 member, or \$65.00 per family membership-up to 4 people-please note: this must be 4 family members and cannot be 4 members of a group home, etc.)

Call (920)731-9831, ext. 100, or email leah@soarfoxcities.com for questions!

OR go to soarfoxcities.com, click on “Member Info.,” and then click on “Become a Member,” to submit your updated forms through our website. You can also pay online but clicking on “pay for activities in the top right corner of the home page of our soarfoxcities.com.

Donations Needed!

SOAR thru Summer needs your help:

During the summer, we have a building full of teens and pre-teens who take part in great learning activities, crafts and fieldtrips.

(To learn more about SOAR Thru Summer, check out page 9!)

To make the summer run smoothly, we use a lot of supplies and snacks. Below is a list of things we need for this

coming summer. Please consider donating something from this list to SOAR thru Summer Camp if you are looking for a way to support SOAR. We thank you in advance, and appreciate your generosity!



Here's what is needed:

- snacks: boxes of goldfish crackers,
Cheeze-Its, mini muffins, popcorn,
bags of cereal
- oil-based sharpies
- student bus passes
- paint-any color
- bags of balloons

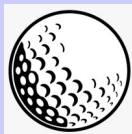
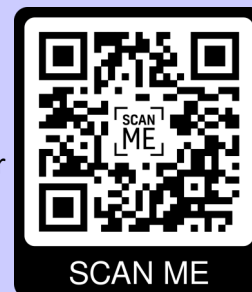


**For questions or inquiries please contact Lisa McCallister
by calling (920)731-9831 ext: 110, or e-mail lisa@soarfoxcities.com**

Support SOAR's 32nd Annual Golf Outing!

Our 32nd Annual Golf Outing will be held on Monday, July 17 at Royal St. Patrick's Golf Links! **If you are not a golfer but would like to support our largest fundraiser of the year,** consider donating a bag of your favorite coffee to SOAR for our "Coffee Lover" raffle basket! Every year SOAR creates dozens of raffle and auction packages for our golf outing, and your donations make a huge difference! You can drop off your bag of coffee at the SOAR office between now and June 22. Thanks for your support!

In addition, scan this QR code with your phone to be lead to SOAR's donation/wish-list page on our SOAR website for a list of updated and current donation needs. We appreciate any and all of your generous and time, energy, and donations whether big or small. **For questions about donations, specifically coffee or raffle donations, please contact Lindsay O'Brien at Lindsay@soarfoxcities.com**



SOAR Fox Cities - where YOUTH fit in!

SOAR Thru Summer Camp(STS)—We are so excited to announce that our first SOAR Thru Summer Camp (2022) located on the second floor of the SOAR Building in our new Youth Club House has been a success on the “fun-scale!” This is an all day camp held June through August on Mondays through Fridays for youth with varying abilities to meet new friends and have fun with some awesome camp counselors. We filled our time exploring the Appleton area’s outdoor and indoor events such as the zoo, a community drum circle, Altitude Trampoline Park, the outdoor splash pad, Pinot’s Pallet, and so much more! In addition to field trips, we took part in so many exciting activities in our on-site Youth Club House such as making ice-cream from scratch, cooling down with relaxing movies, and getting messy with science projects and art activities. Check out the SOAR Facebook Page to see lots of fun pictures from the first year of SOAR Thru Summer Camp! We can’t wait to see what is instore for next summer!

Teen Stop—Teen Stop has the same collaboration as described above for Kids Klub, but focuses on Middle School aged children. Neenah School district is currently using this after-school program for middle school. Great games and activities are planned by middle school peers. Held during the school year only.

TnT—Youth ages 13-23 from any Fox Cities school district can come and meet new people, try fun group games, trivia questions and laughs. This positive interaction between peers allows them to gain exposure to each other, which leads to understanding and results in acceptance for each person involved. All teen participants take part in large and small group activities such as singing, sharing and games, engage in cooperative learning experiences and have opportunities for leadership development. There is no cost for this program. This is held 6:30-8:00pm at First Congregational United Church of Christ, 724 E South River St., Appleton. There is no cost for this program.



Quick Reference

Youth Services Manager: Lisa McCallister, 920-731-9831 x110, lisa@soarfoxcities.com

If you are a TEEN or a young adult (ages 13 through age 23) join TnT—with Lisa!

• TnT - In Person - Thurs., May 11th

6:30pm - 8:00pm, at The First Congregational United Church of Christ, 724 E South River St., Appleton.

Fee: FREE, ~It's always a fun time at TnT. Tonight will be no different, come and see friends and share some laughs.

• TnT - In Person - Thurs., May 25th

6:30pm-8:00pm, at the First Congregational United Church of Christ, 724 E South River St., Appleton.

Fee: FREE, ~The last TnT of the school year. Summer will come with one TnT a month so get to

• People First Fox Cities with LeeAnn

6:00pm-7:15pm, SOAR Building, First Floor Board Room

Fee: FREE

Tues., May 9th-A group that encourages and trains individual to speak up and advocate for themselves. Everyone is welcome! Our guest speaker is Megan Zimmerman from NAMI. She will be talking about mental health.

Register by May 2nd

• 5:00pm-7:30pm, SOAR Building, Lower Level

Fee: FREE

Thurs., May 18th-A group that encourages and trains individual to speak up and advocate for themselves. Everyone is welcome! We will be discussing RIGHTS.

Register by May 11th

Virtual BISG with Clare

5:30pm-6:30pm, on Zoom

Fee: FREE

- **Wed., May 10th**— Brain Injury Support Group meetings are for brain injury survivors and supporters. Please e-mail Clare with any questions at clare@soarfoxcities.com or call (920) 585-7820

In-Person BISG at St. Elizabeth with Sasha St. John

6:00pm-7:00pm, at St. Elizabeth Hospital 1506 South Oneida St. Appleton, 2nd Floor, Conference Room 1 and 2

Fee: FREE

- **Mon., May 22nd**- Brain Injury Support Group meetings are for brain injury survivors and supporters. Please e-mail Clare with any questions at clare@soarfoxcities.com or call (920) 585-7820. **Masks are required in the lobby only.**

In-Person BISG at Neuroscience

***IMPORTANT UPDATES/CHANGES:** -TBI Support Group at Neuroscience is **CANCELED** for the month of May due to conflicting schedules. We apologize for the change in schedule this month but Clare will be out of the office from May 11th-31st so if you have any questions or concerns please contact the Soar Office to leave her a message (920) 731-9831, otherwise Clare will respond when she returns to the office. Support Group Meetings will return to regularly scheduled dates in June.

Baking with LeeAnn

10:00am-12:00pm, SOAR Building, Lower Level

Fee: \$30 member/\$60 non-member

- **Tues., May 2nd**— You'll be making caramel apple muffins!

Register by April 25th

Games with Amy

5:30pm-8:00pm, SOAR Building, Lower Level

Fee: \$20 member/\$30 non-member

- **Wed., May 3rd**— Enjoy a variety of fun games!

Register by April 26th

Make and Take with LeeAnn

10:00am-11:30am, SOAR Building, Lower Level

Fee: \$25 member/\$50 non-member

- **Thurs., May 4th**— Staff Favorite: Guacamole and Chips—join us as we make Leah's favorite guacamole!

Register by April 26th

Lunch and NEW Zoo with Amy

11:30am-5:00pm

SOAR Building, Lower Level, AND The New Zoo-4418 Reforestation Road, Green Bay, WI 54313

Fee: \$80 member/\$160 non-member/\$65 caregiver

Sat., May 6th—Drop off at the SOAR Building for lunch (subs, chips and cookies). Then take a bus to the New Zoo for a tour and a chance to feed the animals. This event will require a significant amount of walking on gravel or woodchip trails (**part of the trail may not be wheelchair accessible**). Consider bringing sunscreen, a water bottle, and wear comfortable shoes and layers as it may be warm/cold at times. Bring your own money for the gift shop if interested. We will take a bus back to the SOAR Building for pick up.

Register by April 21st

Pedestrian Safety with LeeAnn

4:15pm-5:30pm, SOAR Building, First Floor Board Room

Fee: \$20 member/\$40 non-member

- **Mon., May 8th**— We'll be talking about pedestrian rules and safety tips. Then we'll head out for a walk to practice what we learned. **Register by May 1st**

Lunch 101 with LeeAnn

11:00am-1:00pm, SOAR Building, Lower Level

Fee: \$30 member/\$60

- **Tues., May 9th**— Learn what makes a healthy lunch. You'll be making two lunches: one to enjoy during class, and one to pack in a bento box, (that you get to keep) for the next day. **Register by May 1st**

Bingo with Amy

5:30pm-8:00pm, SOAR Building, Lower Level

Fee: \$20 member/\$30 non-member

Wed., May 10th— Let's have some fun playing BINGO!**Register by May 3rd****Dance with Amy**

6:00pm-8:00pm

******LOCATED AT ST. MARY'S ELEMENTARY SCHOOL MENASHA (SCHOOL GYM)******528 2nd St. Menasha, WI 54952

Fee: \$10 member/\$20 non-member/\$0 caregiver (caregivers are free but still need to register)

Fri., May 12th—Dance the night away! We will have light snacks.**Register by May 5th****Baking with LeeAnn**10:00am-12:00pm **OR** 1:00pm-3:00pm (choose 1 or the other), SOAR Building, Lower Level

Fee: \$30 member/\$60 non-member

- **Mon., May 15th**— You'll be making Pumpkin Dump Cake. **Register by May 8th**

Dinner and Movie with Amy

5:00pm-8:00pm, SOAR Building, Lower Level

Fee: \$40 member/\$80 non-member

- **Wed. May 17th**— Share some good food while watching a funny movie!

Register by May 10th**"No-Bake" Class with LeeAnn**

1:00pm-2:30pm, SOAR Building, Lower Level

Fee: \$30 member/\$60 non-member

- **Thurs., May 18th**— You'll be making Cherries in the Snow, dessert. **Register by May 11th**

Craft with Amy

5:30pm-8:00pm, SOAR Building, Lower Level

Fee: \$20 member/\$40 non-member

- **Thurs., May 25th**— Come and get creative with us! **Register by May 18th**

Dinner and Bingo with Amy

5:00pm-8:00pm, SOAR Building, Lower Level

Fee: \$40 member/\$80 non-member

- **Wed., May 31st**— Enjoy even more bingo this month—plus dinner!

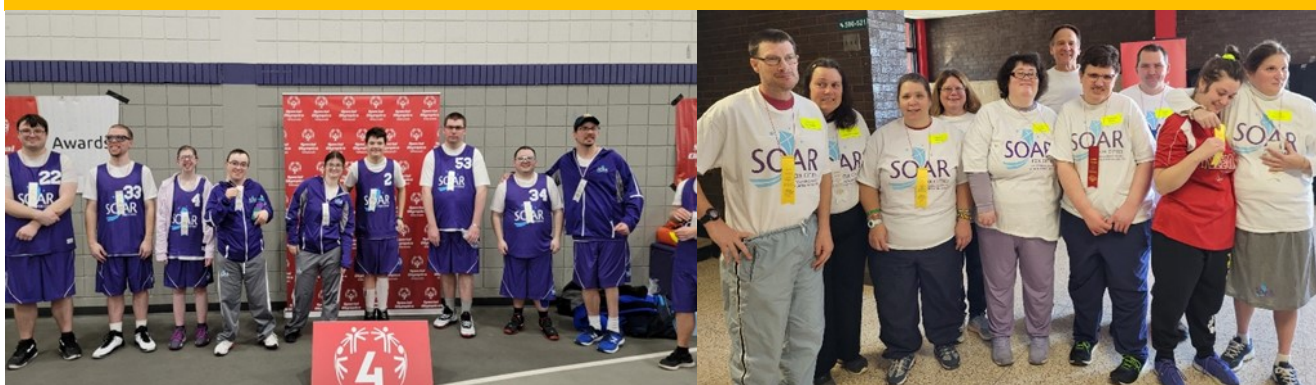
Register by May 25th

Special Olympics Updates

Special Olympics is dedicated to empowering individuals with intellectual disabilities to become physically fit, productive, and respected members of society through sports training and competition. The sports we offer give our athletes a safe and fun environment to grow their self-confidence, keep a steady social life and practice healthy living by being active. We also have opportunities for coaching and volunteering.

For more information on our program, please contact our Special Olympics Coordinator, Jen Kalishek, by e-mailing jen@soarfoxcities.com or calling (920) 731-9831, ext. 122

By the time you see this newsletter, basketball and swim will be over! The Ravens and Vultures, along with 7 of our basketball skills athletes, and 6 of our swimmers have advanced to the State Spring Games! Congratulations to everyone on an incredible season! We can't wait to share the results with you!



Attention: Summer sports registration is now open—Check the inserts at the end of this newsletter to register for softball and tee ball! Please note: We are currently looking for a new softball coach. Please contact us if you're interested!



Is your medical packet up to date with SOWI?

They expire every 3 years- Please contact Jen if you're unsure.

You cannot participate in Special Olympics without an up-to-date medical as well as a Communicable Disease Waiver. Please note, if your medical expires during a sports season that you are playing in, the new medical must be submitted before the season's deadline!

Please note: Borrowed jerseys will be distributed for each season (if necessary) but MUST be returned at the end of the season or participants will be charged the full cost of the uniform. If you borrowed one from a previous year, it should also be returned as soon as possible. Thank you for your cooperation!

ATTENTION - PLEASE KEEP AN EYE ON YOUR EMAILS DURING SPORTS SEASONS! Our primary means of communication are email and social media. We apologize, but we cannot call every single caregiver, parent, or athlete. E-mail/social media is the quickest way to communicate changes. If your email is NOT up to date, please let Jen know! *Athletes that do not attend events/practices/games with a family member should also always carry identification in the event of an emergency.*

Reminder! Our cancellation policy is:

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there will be no credit given, only in rare instances will exceptions be granted.

If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.

If cancelling (or no-show) for a part of a series, no credit will be given.

If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

- 1. Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waiting list and gives another participant the opportunity to join the activity.
- 2. Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option. **Thank you for your understanding, patience, and support!**



***Email to contact if CANCELLATION occurs:** _____ ***Participant Name** _____

Date of Activity	Activity Name	Cost

Submit total amount due to: **Registration and Payment required prior to activities.** **Total:** _____

SOAR Fox Cities
211 E Franklin St., Suite A
Appleton, WI 54911

Pay by cash, check (# _____), or on-line.

If you use IRIS, Lakeland Care, Includa, CLTS, or Community Care please check this box ☐

Please provide billing name & contact info: _____

May 2023 SOAR Calendar at a Glance

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 -Baking	3 -Games -Coffee Connections	4 -Make & Take	5	6 -Lunch & New Zoo
7	8 -Pedestrian Safety	9 -Lunch 101 -People First Fox Cities -Parent/Caregiver Happy Hour	10 -Bingo -Virtual BISG -SOAR Memory Cafe	11 -TnT	12 -Adult Dance	13
14	15 -Baking	16	17 -Dinner & Movie -Oneida Heights Memory Cafe	18 -“No-Bake” Class -People First Fox Cities	19	20
21	22 -BISG at St. Elizabeth’s	23	24	25 -Craft -TnT	26	27
28	29	30	31 -Dinner & Bingo			

*****The 3rd part of the April Healthy Cooking Series and the April Healthy Relationships Series will be on May 1st, as stated in the April Newsletter.**



Dine to Donate

May 1-7, 2023

From Monday, May 1 to Sunday, May 7, ACOCA Coffee will donate 10% of all sales to SOAR! Beyond their fabulous coffee, ACOCA has a shiny new kitchen and a tasty menu match. Stop by for sandwiches, bowls, fancy toast, waffles, and much more! We are beyond grateful for the generosity of this incredible local business, and hope that you'll stop by to support ACOCA and SOAR the first week of May!

Hours:

Monday --- 7am - 5pm
Tuesday --- Closed
Wednesday --- 7am - 5pm
Thursday --- 7am - 5pm
Friday --- 7am - 5pm
Saturday --- 7am - 5pm
Sunday --- 7am - 5pm

Location:

500 W College Ave,
Appleton, WI 54911

Website:

www.acocacoffee.com



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Location:

500 W College Ave,
Appleton, WI 54911

Website:

www.acocacoffee.com

2023 SOAR Special Olympics Softball Registration

Practices: Mondays 5:00pm-6:30pm

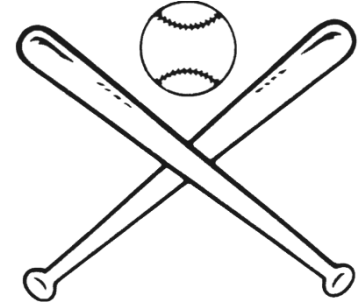
Practice Location: St. Pius Church/School Softball Diamond
(500 Marquette St. Appleton)

In Search of Head Coach & Volunteers!

First Practice Date: June 12th

Medical Deadline: July 10th

Fee: \$65 Member / \$ 85 Non-member



PLEASE COMPLETE EVERYTHING BELOW THIS LINE:

Athlete Name: _____ DOB: _____

Athlete Phone Number: _____ Athlete Email: _____

Emergency Contact Name (Required): _____

Emergency Contact Phone (Required): _____

Emergency Contact Email (Required): _____

****Please note: At least one email address is REQUIRED as that is how we will relay information about the season, cancellations, tournament information, etc.***

Uniform Size (Please circle one for jersey & shorts/pants)

JERSEY: XS / S/ M/ L/ XL/ 2X/ 3X/ 4X.

SHORTS/PANTS: XS / S/ M/ L/ XL/ 2X/ 3X/ 4X.

Registration Deadline: MAY 31ST!

Send form and payment to:

SOAR Fox Cities

211 E. Franklin St. Suite A

Appleton WI 54911

Please check the lines that apply:

___ I **will** compete in the District Meet August 5th at Appleton Memorial Park.

___ I **will** compete in the State Outdoor Games September 8-10th in Whitewater if I qualify.

**Please note: These are also the dates for bocce tournaments; athletes participating in both sports can only compete for softball OR bocce, but not both sports.*

___ I **will not** compete.

2023 SOAR Special Olympics Tee Ball Registration

Practices: Mondays 6:45pm-7:30pm

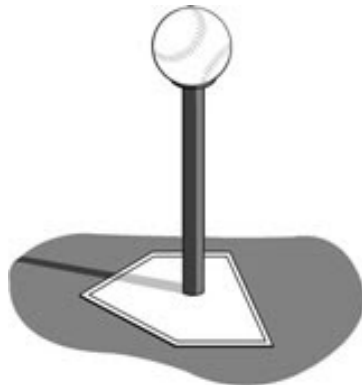
Practice Location: St. Pius Church/School Softball Diamond
(500 Marquette St. Appleton)

Coach: Gary W

First Practice Date: June 12th

Medical Deadline: July 10th

Fee: \$35 Member / \$ 55 Non-member



PLEASE COMPLETE EVERYTHING BELOW THIS LINE:

Athlete Name: _____ DOB: _____

Athlete Phone Number: _____ Athlete Email: _____

Emergency Contact Name (Required): _____

Emergency Contact Phone (Required): _____

Emergency Contact Email (Required): _____

****Please note: At least one email address is REQUIRED as that is how we will relay information about the season, cancellations, tournament information, etc.***

Registration Deadline:

MAY 31ST!

Send form and payment to:

SOAR Fox Cities

211 E. Franklin St. Suite A

Appleton WI 54911

SOAR FAMILY TIMBER RATTTLERS STAR WARS NIGHT

\$35

MEMBER/
\$60
NONMEMBER

SATURDAY,
3
JUNE

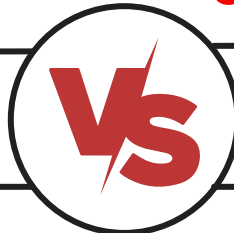


5-6:40-EAT

6:40-GAME TIME



**TIMBER
RATTTLERS**



**PEORIA
CHIEFS**



NEUROSCIENCE GROUP FIELD AT FOX CITIES STADIUM

2400 N Casaloma Dr, Appleton, WI 54913

- Dress as your favorite Star Wars character! Pics taken with characters!
- Parking lot opens around 4:10 pm. Parking is \$6/car that you pay on your own.
- We'll meet at 4:45 pm at the front entrance where I will check you off and hand your family their wristbands and tickets to enter.
- We were only able to reserve 10 handicap accessible seats, so please let us know if you need one of these seats.
- Tailgate - Picnic meal served from 5-6:40 pm with Grilled Chicken Breasts, BBQ Pulled Pork, and Cher-Make Hot Dogs. 2 drinks come with your meal (soda, water, etc.).*
- This is a family event so participants must come with a family member or caregiver. We do not know when game will end and there are fireworks after, so we are unable to give an end time.
- Please speak with Heidi if you have dietary restrictions, questions, or concerns at heidi@soarfoxcities.com or by phone (920)731-9831.

Register and pay no later than May 4.

*Alcoholic beverages are not served at SOAR Events. If the participant is over 21, and caregiver/family member is present, it is at their discretion if they would like to provide an alcoholic beverage at the game.

AGING & IDD PROGRAM

HELPING PEOPLE WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES AND
THEIR CAREGIVERS TO NAVIGATE THE DEMENTIA JOURNEY

A partnership between:



For more information, or to
schedule an appointment,
contact Heidi at:
(920) 731-9831 or
heidi@soarfoxcities.com

SPECIALIZED IDD MEMORY CAFÉ –

- SOAR LL Activity Room,
May 10, 3:30-5 pm
- Oneida Heights Community
Room, May 17, 3 - 4:30 pm

EARLY DETECTION SCREEN FOR DEMENTIA (EDSD) TOOL

- Developed specifically for the
IDD population
- Best to do a baseline screen
at 35-40 years old, then
yearly for changes

AGING/IDD RESOURCE HOURS –

- Stop in to get your
questions answered and
discuss concerns
- SOAR, 2nd Floor
Volunteer Room
- May 2, 3-4:00 pm
- May 18, 1-2:00 pm

This project is supported, in part by grant number 90ADPI0068, from the U.S.
Administration for Community Living, DHHS, Washington, D.C. 20201, and
through the generosity of the David L. and Rita E. Nelson Family Fund.

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Spring Flowers MEMORY CAFE



Wednesday, May 10 - 3:30-4:30 pm

SOAR Fox Cities, Lower Level Activity Room-

Spring Showers... We will be talking about all things weather related, including how we can stay safe at home, out in public, and while at the SOAR building.

Wednesday, May 17 - 3:00-4:30 pm

Oneida Heights, Community Room

525 N. Oneida St, Appleton-

...Bring May Flowers. We will be creating a fun project with flower pots, and having fun with flowers.

Each participant should register and attend with a caregiver that helps them. Register by calling Heidi at (920)731-9831 or via email at heidi@soarfoxcities.com.

This project is supported, in part by grant number 90ADPI0068, from the U.S. Administration for Community Living, DHHS, Washington, D.C. 20201, and through the generosity of the David L. and Rita E. Nelson Family Fund.





**INCLUSIVE
SAFETY DAY**
SATURDAY MAY 20TH
10:00am-3:00pm
FOX VALLEY METRO
200 W. MCKINLEY AVE
LITTLE CHUTE 54140

**ENJOY INTERACTING WITH FIRST RESPONDERS IN A
SAFE AND UNDERSTANDING ENVIRONMENT**



INTERACTIVE RESOURCE TABLES



HIGH AND LOW SENSORY AREAS



PRESENTATIONS FOR CAREGIVERS

**BROUGHT TO YOU BY THE
PARTNERSHIP OF
FOX VALLEY METRO
AND
SOAR FOX CITIES**

**PLEASE RSVP WITH THE NUMBER IN YOUR PARTY
OR CALL WITH QUESTIONS AT 920-731-9831
ANGIE@SOARFOXCITES.COM OR HEIDI@SOARFOXCITES.COM
OR SCAN TO REGISTER**



REGISTER TODAY

CHALLENGER LEAGUE

FLAG Football designed for children with Special Needs

Online Registration for the Challenger League is now open!
We hope you can join us for the upcoming season of football.

Online Registration: www.foxvalleypopwarner.org

- Open to Boys and Girls with Special Needs in 2nd thru 12th Grades (as of September)
- Registration Fees covered by FVPW (players play free-of-charge)
- Games played at Challenger Field (Plamann Park Appleton)
- Saturdays – September 9th – October 14th at approx. 1:30pm
- For more information on the Challenger Football League:
 - Website: www.foxvalleypopwarner.org
 - Facebook: www.facebook.com/challengerleaguefootball/
 - Phone: 920-738-1948

