

Activity & Program Guide July 2023





Inside this Issue:
Guidelines/Policies, & Volunteering2
Agency News and Notes/Contacts3
Announcements and Updates4
SOAR Cash5
Calendar at a Glance6
Family Programs7
Aging and IDD Programs8
Youth, & Advocacy Programs9
Advocacy Cont., & Adult Programs10
Adult Programs Cont11
Special Olympics12
Registration Slip13 Inserts: Calendar at a Glance, Lambeau
Field Memory Cafe

ATTENTION!

The SOAR Office will be closed on Monday, July 3rd and Tuesday, July 4th for the holiday.

The SOAR Office will also be closed on Monday, July 17th for SOAR's Annual Golf Outing Fundraiser.

Activity Sign-Up Announcement

Classes have been filling up quickly and we understand that has been frustrating. While we're working on adding space & more classes we're also trying new things to make sign-up smoother.

In an attempt to make signing-up for activities as fair as possible we will still be sending out the hardcopy newsletter mid-month on Thursday evening, BUT we will be waiting until the following Monday at noon to post the electronic newsletter on the website. At this same time is when we will send the newsletter email AND make sign-up live on our website. We thank you for your patience and understanding during this process.

Office Hours: Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

*Phone: 920.731.9831, *E-mail: info@soarfoxcities.com Website: www.soarfoxcities.com, *Fax: 920.725.1531 Address: 211 E. Franklin St. Ste. A, Appleton, WI 54911



Policies

To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form (updated yearly)
- Acknowledgement Form from the Participant/Guardian Handbook

Note: *The Participant Information Form needs to be updated annually*. Throughout the course of the year changes may occur with conditions, allergies, emergency contacts, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking When parking at our building during business hours, please use the parking stalls designated for 211 E. Franklin Visitors. If you park in other companies' stalls you risk being towed.

Inclement Weather Policy Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, SOAR FC staff will attempt to notify all participants who are signed up for the program or service of the closure via email & Facebook post. Please understand that in many instances we cannot call everyone that is registered for an activity—there are simply too many. This is why it is vital that you have an up to date email on file with us. We will ONLY post cancelations to Facebook or email about them. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check your emails and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity.

Registration Policy We offer many ways to register for SOAR activities including signing up through the SOAR website, calling and speaking to a staff during M-TH 9a-4:30pm office hours, mailing in a registration sheet via USPS mail, or stopping at our office window during office hours and speaking to a staff member in person. We DO NOT accept registration via voicemail or e-mail. We will make every attempt to follow up on a voicemail or e-mail, but please use the other options mentioned above to register for activities.

Payment Policy We **DO NOT** and **WILL NOT** be able to collect payments at activities. Do not give staff your payment—we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the black colored mail slot outside the main entrance of the SOAR Offices. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 109. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation Policy If you are unable to attend an event, you must cancel at least **5 days in advance**. If you do not cancel in advance you will be liable for the program fees - Please see enclosed notice regarding cancellation policy.

Volunteering

Coordinator Angie Petit at angie@soarfoxcities.com

Volunteering at SOAR can look a variety of ways! We have many individual volunteering needs such as helping at our classes, outings, and events. We will be needing many volunteers for our upcoming summer <u>Golf Outing Fundraiser</u> in July and <u>Family Corn Roast</u> in August. We also love having groups come in and give back. If your company, work, or club is looking for a fun way to make a difference look no further and volunteer as a group at SOAR! If you are interested or have questions, please **contact our Volunteer**





SOAR Fox Cities Board of Directors



Laura McCormick, President Heather Sorebo, Vice President Gary Weber, Treasurer Leigh Bolender, Secretary

Polly VandenBoogaard Paul Meyer

Reg Wydeven Jonathan Pitzen

Bryan Mueller

Julie King



Hello Friends of SOAR!

July!? Yup, I said July! It is time for the July newsletter! I know it already seems like summer is here, with the hot weather we had in early June, but the fun in the sun is just beginning!

We all know summer brings some of our favorite events, both for participants and fundraising. Mark your calendars for July 17th for our annual golf outing! We will, once again, be out on the links at Royal St. Pat's in Wrightstown having a blast and raising

some money to support our mission!

I'm a month early on this one, but the annual corn roast is also coming up in August! August 24th to be exact. We hope you'll join us for a fun evening with dancing, games and, of course, corn at Pierce Park from 6pm-8pm.

With all these exciting opportunities coming up there is something I want to keep you updated on. We recognize that activities have been filling up quickly...SUPER quickly in fact, and we realize it can be disappointing when you don't get to attend the activities you want to. We are continuing to work on a few things in an effort to fix this. The announcement in last month's newsletter is one of those efforts, but I also wanted to let you know that the Board and I are working hard on another solution that involves more space and more staff! Please stay tuned as we'll continue to provide updates. In the meantime, please also be patient with the team. We are doing everything we can to create more activities and ensure signup is as fair as possible.

As we jump headfirst into July, I'm looking forward to seeing you all at our summer activities! Stay tuned for exciting things to come!

~ Erin Schultz-Wege, Executive Director

SOAR Fox Cities Staff can be reached at 920.731.9831

Erin Schultz-Wege, Executive Director, x116

Ashley Gustafson, Director of Community Engagement, x114

Jolene Verstegen, Financial Administrator, x115

LeeAnn Stein. Director of Adult Services, x112

Lindsay O'Brien, Fundraising & Grant Manager, x127

Clare Buckley, TBI Support Program Navigator, x118

Angie Petit, Volunteer Coordinator, x126

Heidi Zick, Family Programs & Community Resource Coordinator, x111

Leah Quinn, Member and Office Support Specialist, x100

Kari Much, Accounting Clerk, x109

Lisa McCallister, Youth Services Manager, x110

Jen Kalishek, Special Olympics, x122

Amy Uecke, SRR Program Coordinator x113

Registering for all activities is required!

- 1. Select the activities that fit your schedule.
- 2. Be sure to register for each activity that you want to attend by the "register by" date listed, unless there is no specific registration date noted in the description of the activity.
- 3. Complete the enclosed registration form and return it to our SOAR office with payment, or you can pay and register online at www.soarfoxcities.com, send a check, or stop at our office. Payment must be made prior to an activity.

A FEW ANNOUNCEMENTS AND REMINDERS

We have a new lock box outside of the SOAR Building!



When facing the main entrance of the building from the parking lot you will see a black colored lock/mail box on the right side of the building doors. This is the <u>after-hours</u> drop box where payments or paperwork can be left if needing to drop-off after or before the hours of <code>9am-4:30pm M-TH</code>, or over the weekend when <code>SOAR</code> is closed Fridays, <code>Saturday</code>, and <code>Sundays</code>. Simply lift the



silver top and drop your envelope into the opening. We always recommend dropping things off to the office during office hours for the most security, but we understand that not everyone's schedules allow for this. This lock box will be checked once a day. So if you drop something off on Friday, or Thursday night it may not be checked/received until Monday. This will be checked by the building manager or by a SOAR staff if she is unavailable.

Please call the office if you have questions. (920)731-9831.

***Friendly Reminder: DO NOT give coaches, volunteers, or SOAR staff
payment, or any SOAR documents that need to be filled out/turned into the office, while at practices
or programs! We will NOT accept it!

All payment and forms must be turned in to the SOAR Office during office hours, mailed in, or dropped off in the lock box. You can also go to soarfoxcities.com for payment and activity registration, or speak with a staff member on the phone.

As a reminder: voicemails or emails will not be accepted as registration.

Are you in need of adult diapers or feminine care products?

If so, please contact LeeAnn, director of adult services, with specific feminine care product preferences and/or the specific diaper size needed.

Thank you Kimberly Clark Diaper Bank!

LeeAnn Stein: leeann@soarfoxcities.com, (920)731-9831 ext: 112

Did You Know!?

SOAR is still selling Kwik Trip Cards! For every gift card purchased directly from SOAR a percentage of the purchase is donated back to SOAR!

Call us at (920)-731-9831 or stop by the office to purchase yours today!

SOAR Cash!

Good News!

We are bringing back SOARcash!

For those of you that are not familiar with SOARcash, it's a form of financial assistance created to allow those with the financial need to access more or new activities.

SOARcash Funds have been made available to those in need starting June 1st!

What would you need to do to get assistance?

Stop in the SOAR office or call for a SOARcash Application. Forms are available via email or USPS mail.

Complete the application, and return it to us for review.

Once accepted, you will pay \$25 to receive \$100 in SOARcash or \$15 to receive \$50 in SOARcash

A maximum of \$100 SOARcash can be applied for at this time.

We ask that only individuals who truly need the help right now, apply. We hope that this will help people stay more active, use this opportunity to try a new program or join an activity that they have missed due to lack of funds.

Note: The SOARcash application is different from the Camp Scholarship application. Both can be applied for.



Calendar-at-a-glance

July 2023

Turn to the specific page number listed under the "page column" for all details needed for each activity.

Program Type KEY

Youth Programs=Youth, Adult Programs =AE/SRR,
Advocacy Programs=TBI/PF
Family Programs =FAM, Community Ed =CE,
Aging/Intellectual Developmental Disability=AGI

July	Program Choice	Time	Page	Cost: member/ non-member/ caregiver	IRIS Code	Staffed By:	Type KEY	Class Capacity	Register By:
6	Bingo	5:30pm-7:00pm	10	\$20/\$30	F	Amy	SRR	25	6/29
10	Baking	10:00am-12:00pm	10	\$30/\$60	F	LeeAnn	AE	12	7/5
11	People First Fox Cities	5:00pm-6:30pm	10	\$5/\$10	-	LeeAnn	ADV/ PF	20	6/29
11	Happy Hour	6:00pm-7:00pm	7	FREE	-	Heidi	FAM	20	7/10
12	SOAR Memory Café	3:30pm-5:00pm	8	FREE	-	Heidi	AGI	20	7/5
12	Virtual BISG	5:30pm-6:30pm	9	FREE	-	Clare	ADV/ TBI	-	-
12	Dinner and Movie	5:30pm-8:00pm	10	\$40/\$80	F	Amy	SRR	25	7/5
14	Adult Dance	6:00pm-8:00pm	10	\$10/\$20	F	Amy	SRR	100	7/6
15	Family Lambeau Trip	10:00am-2:00pm	7	\$60/\$120	С	Heidi	FAM	70	6/29
7/18, 7/25, 8/1	Healthy Cooking Class Series	4:00pm-5:30pm	10	\$90/\$150	F	LeeAnn	AE	8	7/11
19	Oneida Heights Memory Café	3:00pm-4:30pm	8	FREE	-	Heidi	AGI	20	7/12
19	Games	5:30pm-7:00pm	10	\$20/\$30	F	Amy	SRR	25	7/12
20	Baking	10:00am-12:00pm OR 1:00pm- 3:00pm	10	\$30/\$60	F	LeeAnn	AE	6 per class	7/13
20	In Person BISG at Neuroscience	5:00pm-6:00pm	9	FREE	-	Clare, and Julie Fiel	ADV/ TBI	-	-
20	TnT	6:30pm-8:00pm	9	FREE	-	Lisa	Youth	-	-
24	"No-Bake" Class	10:30am-12:00pm	11	\$30/\$60	F	LeeAnn	AE	14	7/17
24	In Person BISG at St. E's	6:00pm-7:00pm	9	FREE	-	Clare	ADV/ TBI	-	-
26	Craft	5:30pm-7:00pm	11	\$20/\$30	F	Amy	SRR	25	7/19
27	Baking	10:00am-12:00pm	11	\$30/\$60	F	LeeAnn	AE	8	7/20
29	Super Saturday/Tour of Lambeau	10:00am-3:30pm	11	\$95/\$190/\$80	С	Amy	SRR	25	7/20

A friendly reminder to please make sure you register for programs by the "register by" date listed in the right hand column. Thank you!

Coffee Connections with Heidi

July Coffee Connections is canceled. We look forward to meeting next time, and we thank you for understanding!

Happy Hour/Parent to Parent Night with Heidi

Tuesday, July 11th 6:00pm-7:00pm, Fee: FREE Capacity Limit: 20

Enjoy an hour with other parents, grandparents, and caregivers, of loved ones with differing abilities where you can discuss your latest struggles and successes, at Meade Street Bistro. Feel free to purchase a drink and/or food to enjoy while we chat, on your own bill. We kindly ask that you register with SOAR for this evening so we have enough seats reserved, by July 10th, by calling (920)731-9831 ext. 111, or emailing heidi@soarfoxcities.com.

Meade Street Bistro: 2729 N Meade St. Appleton, WI 54911

Family Lambeau Trip

Saturday, July 15th 10:00am-2:00pm
Fee: \$60/member, \$120/non-member, Capacity Limit: 70

Join SOAR Family Programs for a Classic Tour of Lambeau, a Scavenger Hunt through the Hall of Fame, and a brief history of the Packer's Uniform and buffet lunch at the field. Please notify Heidi of any dietary restrictions. As this is a family event, individuals should attend with a caregiver or staff. Must have own transportation to and from Lambeau and arrive NO LATER than 9:45 am.

See flyer for more details. Register by: Saturday, June 29th

Lambeau Field Atrium: 1265 Lombardi Avenue, Green Bay, WI

54304

Memory Café-at SOAR with Heidi

Wednesday, July 12th, 3:30pm-5:00pm, Fee: FREE

Capacity Limit: 20

Our specialized memory café is a place for individuals 35 and older with intellectual and developmental disabilities and memory problems, or dementia, and their caregiver, to meet others in their similar situation. Share experiences, make friends, find support, and enjoy fun activities. Participants should attend with a caregiver. If this would not be possible, please speak with Heidi, Aging & IDD Coordinator.

Held at the SOAR Building, Lower Level. See insert for details.

Call or e-mail Heidi to register at (920) 731-9831, ext.111,

heidi@soarfoxcities.com by July 5th

Memory Café-Oneida Heights with Heidi

Wednesday, July 19th, 3:00pm-4:30pm, Fee: FREE
Capacity Limit: 20

Our specialized memory café is a place for individuals 35 and older with intellectual and developmental disabilities and memory problems, or dementia, and their caregiver, to meet others in their similar situation. Share experiences, make friends, find support, and enjoy fun activities. Participants should attend with a caregiver. If this wouldn't be possible, please speak with Heidi, Aging & IDD Coordinator.

Held at Oneida Heights Community Room

525 N. Oneida St. Appleton, WI 54911 See insert for details!

Call or e-mail Heidi to register at (920) 731-9831, ext.111,

heidi@soarfoxcities.com to by July 12th

SOAR Fox Cities - where YOUth fit in!

SOAR Thru Summer(STS)—We are so excited to announce that our first SOAR Thru Summer Experience (2022) located on the second floor of the SOAR Building in our new Youth Club House has been a success on the "fun-scale!" This is an all day event held June through August on Mondays through Fridays for youth with varying abilities to meet new friends and have fun with some awesome counselors. We filled our time exploring the Appleton area's outdoor and indoor events such as the zoo, a community drum circle, Altitude Trampoline Park, the outdoor splash pad, Pinot's Pallet, and so much more! In addition to field trips, we took part in so many exciting activities in our on-site Youth Club House such as making ice-cream from scratch, cooling down with relaxing movies, and getting messy with science projects and art activities. Check out the SOAR Facebook Page to see lots of fun pictures from the first year of SOAR Thru Summer! We can't wait to see what is instore for round two this summer(2023)!

Teen Stop—Teen Stop focuses on Middle School aged children. Neenah School district is currently using this after-school program for middle school. Great games and activities are planned by middle school peers. Held during the school year only.

TnT—Youth ages 13-23 from any Fox Cities school district can come and meet new people, try fun group games, trivia questions and laughs. This positive interaction between peers allows them to gain exposure to each other, which leads to understanding and results in acceptance for each person involved. All teen participants take part in large and small group activities such as singing, sharing, games, engaging in cooperative learning experiences and having opportunities for leadership development. There is no cost for this program. This is held at the SOAR Building during the summer from 6:30-8:00pm. There is no cost for this program.

If you are a TEEN or a young adult (ages 13 through age 23) join TnT—with Lisa!

TnT - In Person

6:30pm - 8:00pm, at The SOAR Building, Lower Level, OR SOAR Parking Lot Fee: FREE.

Thurs., July 20th-Come join us for a night to hang out with friends!

Virtual BISG with Clare

5:30pm-6:30pm, on Zoom

Fee: FREE

 Wed., July 12th

— Brain Injury Support Group meetings are for brain injury survivors and supporters. Please e-mail Clare with any questions at clare@soarfoxcities.com or call (920) 585-7820

In-Person BISG at Neuroscience with Clare, and Julie Fiel

5:00pm-6:00pm, at Neuroscience Group, 445 W Calumet St. Appleton, WI 54915 Fee: FREE

 Thurs., July 20th- Brain Injury Support Group meetings are for brain injury survivors and supporters. Please e-mail Clare with any questions at clare@soarfoxcities.com or call (920) 585-7820. Masks required.

In-Person BISG at St. Elizabeth's with Clare

6:00pm-7:00pm, at St. Elizabeth Hospital 1506 South Oneida St. Appleton 54915, 2nd Floor, Conference Room 1 and 2

Fee: FREE

 Mon., July 24th- Brain Injury Support Group meetings are for brain injury survivors and supporters. Please e-mail Clare with any questions at clare@soarfoxcities.com or call (920) 585-7820.

People First Fox Cities with LeeAnn

5:00pm-6:30pm, City Park in Appleton

Fee: \$5member/\$10 non-member, capacity limit=20

• Tues., July 11th- This is our summer picnic! You must register to attend.

Register by June 29th

Bingo with Amy

5:30pm-7:00pm, SOAR Building, Lower Level, capacity limit=25

Fee: \$20 member/\$30 non-member

• Thurs., July 6th- Let's have loads of bingo fun!

Register by June 29th

Baking with LeeAnn

10:00am-12:00pm, SOAR Building, Lower Level

Fee: \$30 member/\$60 non-member, capacity limit=12

• Mon., July 10th- You'll be making Mississippi Mud Pie.

Register by July 5th

Dinner and Movie with Amy

5:30pm-8:00pm, SOAR Building, Lower Level, capacity limit=25

Fee: \$40 member/\$80 non-member

• Wed., July 12th- Join us for dinner and a movie at the SOAR Building!

Register by July 5th

Dance with Amy

6:00pm-8:00pm, capacity limit=100



****LOCATED AT JEFFERSON PARK 915 3RD ST. MENASHA, WI 54952*****

Fee: \$10 member/\$20 non-member/\$0 caregiver (caregivers are free but still need to register) **Fri., July 14th-**Enjoy dancing outside in the pavilion at Jefferson Park! Please, no alcohol or smoking.

Register by July 6th

Healthy Cooking Class Series with LeeAnn

4:00pm-5:30pm, SOAR Building, Lower Level

Fee: \$90 member/\$150 non-member capacity limit=8

Tues., July 18th, July 25th, and Aug. 1st—This will be a 3 week series where you will make your dinner each evening.

Register by July 11th

Games with Amy

5:30pm-7:00pm, SOAR Building, Lower Level

Fee: \$20 member/\$30 non-member, capacity limit=25

• Wed., July 19th- Enjoy some fun board games!

Register by July 12th

Baking with LeeAnn

10:00am-12:00pm <u>OR</u> 1:00pm-3:00pm, SOAR Building, Lower Level Fee: \$30 member/\$60 non-member, **capacity limit=6 per class**

• Thurs., July 20th– You'll be making bread. Choose which time works best for you.

Register by July 13th

"No-Bake" Class with LeeAnn

10:30am-12:00pm, SOAR Building, Lower Level

Fee: \$30 member/\$60 non-member, capacity limit=12

• Mon., July 24th-You'll be making no-bake Strawberry Mousse.

Register by July 17th

Craft with Amy

5:30pm-7:00pm, SOAR Building, Lower Level

Fee: \$20 member/\$30 non-member, capacity limit=25

• Wed., July 26th- Crafting fun!

Register by July

Baking with LeeAnn

10:00am-12:00pm, SOAR Building, Lower Level

Fee: \$30 member/\$60 non-member, capacity limit=8

• Thurs., July 27th – You'll be making a grab and go breakfast or a snack that freezes.

Register by July 20th

Super Saturday/Tour of Lambeau Field with Amy

10:00am-3:30pm,

Fee: \$95 member/\$190 non-member/\$80 caregiver, capacity limit=25

• Sat., July 29th— We will experience Lambeau up close and personal. Drop off at SOAR for a 10 am departure as we take a bus to go behind the scenes to see Lambeau in a whole new way. We will eat lunch there (brats or burgers, chips, and soda) and see some new spaces. We might even catch a glimpse of a Packer or two! Pick up at The SOAR Building at 3:30 pm.

Register by July 20th





Check out the photos above of these neat adaptable ice-skates from SOAR's Meet, Greet, and Eat event! How cool?! Thank you, "Options for Independent Living" for letting us borrow your awesome equipment!

Special Olympics Updates

Special Olympics is dedicated to empowering individuals with intellectual disabilities to become physically fit, productive, and respected members of society through sports training and competition. The sports we offer give our athletes a safe and fun environment to grow their self-confidence, keep a steady social life and practice healthy-living by being active. We also have opportunities for coaching and volunteering.

For more information on our program, please contact our Special Olympics Coordinator, Jen Kalishek, by e-mailing jen@soarfoxcities.com

By the time you see this newsletter, track season will be over! The season has flown by, and once the weather finally cooperated, it was a great season! We had 25 track athletes compete in Ashwaubenon for the District Meet, and 14 are heading to the Summer Games! Next up, softball, tee-ball, and bocce!



Attention: The bowling registration will be in the next newsletter! Registration will be open throughout the month of August, as the season will begin in early fall. Registrations must be submitted by the deadline! <u>Please note</u>: We are always looking for volunteers for all sports- if you're interested, contact SOAR!







Is your medical packet up to date with SOWI?

They expire every 3 years- Please contact Jen if you're unsure.

You cannot participate in Special Olympics without an up-to-date medical as well as a Communicable Disease Waiver. Please note, if your medical expires during a sports season that you are playing in, the new medical must be submitted before the season's deadline!

Please note: Borrowed jerseys will be distributed for each season (if necessary) but MUST be returned at the end of the season or participants will be charged the full cost of the uniform. If you borrowed one from a previous year, it should also be returned as soon as possible. Thank you for your cooperation!

ATTENTION - PLEASE KEEP AN EYE ON YOUR EMAILS DURING SPORTS SEASONS! Our primary means of communication are email and social media. We apologize, but we cannot call every single caregiver, parent, or athlete. email/social media is the quickest way to communicate changes. If your email is NOT up to date, please let Jen know! **Athletes that do not attend events/practices/games with a family member should also always carry identification in the event of an emergency.**

Reminder! Our cancellation policy is:

Appleton, WI 54911

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there with be no credit given, only in rare instances will exceptions be granted.

If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.

If cancelling (or no-show) for a part of a series, no credit will be given.

If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

- **1.** Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waiting list and gives another participant the opportunity to join the activity.
- 2. Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option. Thank you for your understanding, patience, and support!

*Email to contact if CANCELLATION occurs:						
Date of Activity	Activity Name	Cost				
ıbmit total amount due	to: Registration and Payment required prior to activities. Total	al:				
SOAR Fox Cities	Pay by cash, check (#), or on-line.					
SOAR Fox Cities 211 E Franklin St.	· · · · · · · · · · · · · · · · · · ·	k this ba				

Please provide billing name & contact info:

July 2023 Calendar at a Glance

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6 -Bingo	7	8
9	10 -Baking	11 -People First Fox Cities -Parent Happy Hour	12 -SOAR Memory Café -Virtual BISG -Dinner & Movie	13	14 -SRR Adult Dance	15 -Family Lambeau Trip
16	17	18 -Healthy Cooking Class Series	-Oneida Heights Memory Café -Games	-Baking -BISG at Neuroscience -TnT	21	22
23	24 -"No-Bake" Class -In Person BISG at St. E's	25 -Healthy Cooking Class Series	26 -Craft	27 -Baking	28	29 -SRR Tour of Lambeau Field
30	31	1 -Healthy Cooking Class Series				

^{**}Please note that Coffee Connections is canceled this month.**

AIDD Memory Cafe celebrates

Show & Tell, Paper And a land

> July 12, 3-4:30 pm AR Lower Level



Bring something special in a paper bag that you want to "Show & Tell" with the group. We will also have fun making paper bag puppets!

> URTLES, SNAKES, & DERS OH, MY!

July 19, 3-4:30 pm Oneida Heights Outdoor Garden

Join us for a fun time learning about tortoises, snakes, lizards, tarantulas, and an owl from MToxins!

Each participant should register and attend with a caregiver that helps them. Register by calling Heidi at (920)731-9831 or via email at heidi@soarfoxcities.com.

This project is supported in part by grant number 90ADPI0068 from the U.S. Administration for Community Living, DHHS, Washington, D.C. 20201, and through the generosity of the David L. and Rita E. Nelson Family Fund.



JULY 15, 2023 LET'S TOUR

LAMBEAU

Join SOAR Family Programs for a Classic Tour of Lambeau field, a Scavenger Hunt through the Hall of Fame, a brief history of the Packers' Uniform and Lunch at the field

Burgers, Brats, and the fixings will be served as a buffet lunch. Please let Heidi at SOAR know if there are any special dietary restrictions.

Questions/Concerns? Contact: Heidi Zick

- 920-731-9831
- www.soarfoxcities.com



- \$60/person for Members OR \$120/person for Nonmembers
- Arrive at Lambeau Atrium NO later than 9:45 am
- Must have own transportation to and from Lambeau.
- As this is a family event, individuals must attend with a caregiver or staff.
- Register no later than June 29, 2023.

10 AM TO 2 PM

Lambeau Field Atrium 1265 Lombardi Avenue Green Bay, WI 54304