

Activity & Program Guide August 2023





IMPORTANT ANNOUNCEMENT!

Please remember: <u>Do not arrive more than 15 minutes</u>
<u>before activities begin!</u> If you do, you must wait outside the
building until the leader of that specific activity arrives.
Other staff will not be allowed to let you inside the building
unattended. Please plan ahead because we do not want
anyone waiting outside in unsafe weather.

Inside this Issue:

Guidelines/Policies, & Volunteering2
Agency News and Notes/Contacts3
Announcements and Updates4
SOAR Cash5
Calendar at a Glance6
Family Programs7
Aging and IDD Programs8
Youth, & Advocacy Programs9
Advocacy Cont., & Adult Programs10
Adult Programs Cont11
Special Olympics12
Registration Slip13
Inserts: Calendar at a Glance, Corn Roast, Memory Café, Kite Conference,

ATTENTION! This is a friendly reminder to use any SOARcash you may have purchased by its expiration date, December 31st, 2023.

Activity Sign-Up Announcement

Classes have been filling up quickly and we understand that has been frustrating. While we're working on adding space & more classes we're also trying new things to make sign-up smoother.

In an attempt to make signing-up for activities as fair as possible we will still be sending out the hard-copy newsletter mid-month on Thursday evening, BUT we will be waiting until the following Monday at noon to post the electronic newsletter on the website. At this same time is when we will send the newsletter email AND make sign-up live on our website. We thank you for your patience and understanding during this process.

Office Hours: Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

*Phone: 920.731.9831, *E-mail: info@soarfoxcities.com Website: www.soarfoxcities.com,*Fax: 920.725.1531 Address: 211 E. Franklin St. Ste. A, Appleton, WI 54911



Policies

To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form (updated yearly)
- Acknowledgement Form from the Participant/Guardian Handbook

Note: *The Participant Information Form needs to be updated annually*. Throughout the course of the year changes may occur with conditions, allergies, emergency contacts, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking When parking at our building during business hours, please use the parking stalls designated for 211 E. Franklin Visitors. If you park in other companies' stalls you risk being towed.

Inclement Weather Policy Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, SOAR FC staff will attempt to notify all participants who are <u>signed up for the program or service</u> of the closure <u>via email & Facebook post</u>. Please understand that in many instances we cannot call everyone that is registered for an activity- there are simply too many. This is why it is vital that you have an up to date email on file with us. We will ONLY post cancellations to Facebook or email about them. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check your emails and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity.

Registration Policy We offer many ways to register for SOAR activities including signing up through the SOAR website, calling and speaking to a staff during M-TH 9a-4:30pm office hours, mailing in a registration sheet via USPS mail, or stopping at our office window during office hours and speaking to a staff member in person. We DO NOT accept registration via voicemail or e-mail. We will make every attempt to follow up on a voicemail or e-mail, but please use the other options mentioned above to register for activities.

Payment Policy We **DO NOT** and **WILL NOT** be able to collect payments at activities. Do not give staff your payment- we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the black colored mail slot outside the main entrance of the SOAR Offices. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 109. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation Policy If you are unable to attend an event, you must cancel at least **5 days in advance**. If you do not cancel in advance you will be liable for the program fees - Please see enclosed notice regarding cancellation policy.

Volunteering

Volunteering at SOAR can look a variety of ways! We have many individual volunteering needs such as helping at our educational classes, fun outings, and recreational events. We will be needing many volunteers for our upcoming <u>Family Corn Roast</u> in August, and are currently in need of some <u>Special Olympics Bocce volunteers</u>. We also love having groups come in and give back. If your company, work, or club is looking for a fun way to make a difference you can volunteer as a group at SOAR! If you are interested or have questions, please **contact our Community Engagement**

Coordinator, Angie Petit, at angie@soarfoxcities.com





SOAR Fox Cities Board of Directors



Laura McCormick, President Heather Sorebo, Vice President Gary Weber, Treasurer Leigh Bolender, Secretary

Polly VandenBoogaard

Paul Meyer

Reg Wydeven Jonathan Pitzen

Bryan Mueller

Julie King



Hello Friends of SOAR!

August is here! Can you believe it!? The summer seems to be going fast, but I hope you're enjoying it and having a little fun in the sun!

Speaking of fun, the annual corn roast is coming up on August 24th! We hope you'll join us for a fun evening with dancing, games and, of course, corn, at Pierce Park from 6pm-8pm. Registration is required in advance so please be sure to register by **7/19/23**. The cost of the Corn Roast is \$7 when you register by 7/19/23. The cost to attend without advance registration is \$15.00 at the door and we'll invoice

you.

The fun doesn't stop with the Corn Roast, though! Join us at the Milwaukee County Zoo for Super Sunday, Badger Sports Park for Mini Golf, and we've added some extra cooking and baking classes! August is turning out to be an awesome month and we can't wait to see you!

I also want to highlight and expand a bit on the message included on the front page of the newsletter related to drop-offs/arrivals for activities. Please do not drop off or arrive for any activity more than 15 minutes before the activity is scheduled to start. If you do arrive more than 15 minutes before an activity, you will be required to wait outside, especially when the activity is happening after our normal business hours. We apologize for any inconvenience this may cause, but often the coordinators for afterhours programs do not arrive to the building more than 15 minutes before the activity for setup. This means there is no one in the building and/or available to supervise the participant until the program coordinator arrives. We understand that you might see folks around the building, but they are likely employees of the other agencies in the building or working in a different program. Please know this is for the safety of the participants! We definitely don't want anyone waiting outside in poor weather or getting hurt. As always, please feel free to contact us at the office if you have any questions! Thanks everyone & I hope you all enjoy the rest of summer!!

Please do not drop off or arrive for any activity more than 15 minutes before than 15 minutes before an activity more than 15 minutes before the activity for setup. This means there our normal business hours.

Erin Schultz-Wege, Executive Director, x116 **Ashley Gustafson**, Director of Community Engagement, x114

Jolene Verstegen, Finance Manager, x115
LeeAnn Stein, Director of Adult Services, x112
Lindsay O'Brien, Fundraising & Grant Manager, x127
Clare Buckley, TBI Support Program Navigator, x118
Angie Petit, Community Engagement Coordinator, x126

Heidi Zick, Family Programs & Community Resource Coordinator, x111

Leah Quinn, Member and Office Support Specialist, x100

Kari Much, Accounting Clerk, x109

Lisa McCallister, Youth Services Manager, x110

Jen Kalishek, Special Olympics, x122

Amy Uecke, SRR Program Coordinator x113

SOAR Fox Cities Staff can be reached at 920.731.9831

Registering for all activities is required!

- 1. Select the activities that fit your schedule.
- 2. Be sure to register for each activity that you want to attend by the "register by" date listed, unless there is no specific registration date noted in the description of the activity.
- 3. Complete the enclosed registration form and return it to our SOAR office with payment, or you can pay and register online at www.soarfoxcities.com, send a check, or stop at our office. Payment must be made prior to an activity.

A FEW ANNOUNCEMENTS AND REMINDERS

We have a new lock box outside of the SOAR Building!



When facing the main entrance of the building from the parking lot you will see a black colored lock/mail box on the right side of the building doors. This is the <u>after-hours</u> drop box where payments or paperwork can be left if needing to drop-off after or before the hours of 9am-4:30pm M-TH, or over the weekend when SOAR is closed Fridays, Saturday, and Sundays. Simply lift the silver top and drop your



envelope into the opening. We always recommend dropping things off to the office during office hours for the most security, but we understand that not everyone's schedules allow for this. This lock box will be checked once a day. So if you drop something off on Friday, or Thursday night, it may not be checked/received until Monday. This will be checked by the building manager or by a SOAR staff if she is unavailable.

Please call the office if you have questions. (920)731-9831.

***Friendly Reminder: DO NOT give coaches, volunteers, or SOAR staff payment or any SOAR documents that need to be filled out/turned into the office while at practices or programs! We will NOT accept it!

All payment and forms must be turned in to the SOAR Office during office hours, mailed in, or dropped off in the lock box. You can also go to soarfoxcities.com for payment and activity registration, or speak with a staff member on the phone.

As a reminder: voicemails or emails will not be accepted as registration.

Are you in need of adult diapers or feminine care products?

If so, please contact LeeAnn, Director of Adult Services, with specific feminine care product preferences and/or the specific diaper size needed.

Thank you Kimberly Clark Diaper Bank!

LeeAnn Stein: leeann@soarfoxcities.com, (920)731-9831 ext: 112

IMPORTANT ANNOUNCEMENT!

Please remember not to arrive any more than 15 minutes before activities begin! If you do, you must wait outside the building until the leader of that specific activity arrives. Other staff will not be allowed to let you inside the building unattended. Please plan ahead because we do not want anyone waiting outside in unsafe weather.

SOAR Cash!

ATTENTION! This is a friendly reminder to use any SOARcash you may have purchased by its expiration date, December 31st, 2023.

Good News!

We are bringing back SOARcash!

For those of you that are not familiar with SOARcash, it's a form of financial assistance created to allow those with the financial need to access more or new activities.

SOARcash Funds have been made available to those in need starting June 1, 2023!

What would you need to do to get assistance?

Stop in the SOAR office or call for a SOARcash Application. Forms are available via email or USPS mail.

Complete the application, and return it to us for review.

Once accepted, you will pay \$25 to receive \$100 in SOARcash or \$15 to receive \$50 in SOARcash

A maximum of \$100 SOARcash can be applied for at this time.

We ask that only individuals who truly need the help right now, apply. We hope that this will help people stay more active, use this opportunity to try a new program, or join an activity that they have missed due to lack of funds.

Note: The SOARcash application is different from the Camp Scholarship application. Both can be applied for.



Calendar-at-a-glance August 2023

Turn to the specific page number listed under the "page column" for all details needed for each activity.

Program Type KEY

Youth Programs=YTnT , Adult Programs =AE/SRR, Advocacy Programs=TBI/PF

Family Programs =FAM, Community Ed =CE,
Aging/Intellectual Developmental Disability=AGI

August	Program Choice	Time	Page	Cost: member/ non-member/ caregiver	IRIS Code	Staffed By:	Type KEY	Class Capacity	Register By:
2	Coffee Connections	10:30am-11:30am	7	FREE	-	Heidi	FAM	20	8/1
2	Bingo	6:00pm-7:30pm	10	\$20/\$30	F	Amy	SRR	25	7/26
3rd, and 10th	Healthy Cooking (choose the 3rd or the 10th, not both)	11:30am-1:00pm	10	\$60/\$120	F	LeeAnn	AE	8	7/27
6	Super Sunday-Milwaukee Zoo	8:00am-4:30pm	10	\$105/\$160/\$70	С	Amy	SRR	25	7/27
7	Make and Take	10:00am-12:00pm	10	\$30/\$60	F	LeeAnn	AE	10	7/31
8	Games	5:30pm-7:15pm	10	\$20/\$30	F	Amy	SRR	25	8/1
9	Virtual BISG	5:30pm-6:30pm	9	FREE	-	Clare	ADV/ TBI	-	-
10	People First	6:00pm-7:15pm	10	FREE	-	LeeAnn	ADV	-	8/1
10	TnT	6:30pm-8:00pm	9	FREE	-	Lisa	Υ	-	-
11	SRR Adult Dance	6:00pm-8:00pm	10	\$10/\$20	F	Amy	SRR	100	8/3
15	Dinner and Movie	4:00pm-8:30pm	11	\$40/\$80/\$30	С	Amy	SRR	25	8/8
16	Oneida Heights Memory Café	3:00pm-4:30pm	8	FREE	-	Heidi	AGI	20	8/9
17	Baking	10:00am-12:00pm OR 1:00pm- 3:00pm	11	\$30/\$60	F	LeeAnn	AE	6 per class	8/10
17	In Person BISG at Neuroscience	5:00pm-6:00pm	9	FREE	-	Clare/ Julie Fiel	ADV/ TBI	-	-
22	Make and Take	10:00am-12:00pm	11	\$30/\$60	F	LeeAnn	AE	8	8/15
23	"No-Bake" Class	3:30pm-5:00pm	11	\$30/\$60	F	LeeAnn	AE	8	8/16
23	Craft	6:00pm-7:30pm	11	\$20/\$30	F	Amy	SRR	25	8/16
24	Annual Corn Roast	5:30pm-8:00pm	7	\$7 per person, \$15 without advance registeration	С	Heidi	FAM	350	7/17
28	In Person BISG at St. E's	6:00pm-7:00pm	9	FREE	-	Clare/ Leah	ADV/ TBI	-	-
29	Make and Take	10:00am-11:30am	11	\$30/\$60	F	LeeAnn	AE	8	8/22
29	Badger Sports Park Mini Golf	5:30pm-7:30pm	11	\$25/\$50/\$15	С	Amy	SRR	25	8/22
30	"No-Bake" Class	10:00am-11:30am	11	\$30/\$60	F	LeeAnn	AE	8	8/23

Parent/Caregiver Happy Hour with Heidi

August Happy Hour is canceled. We look forward to meeting next time, and we thank you for understanding!

Coffee Connections With Heidi

Wednesday, August 2nd, 10:30am-11:30am, Fee: FREE Capacity Limit: 20

Join us for the August Parent Support Group Meeting in the SOAR Building's lower level, for coffee, a pastry, and fruit, while we support one another and discuss our successes and struggles. We kindly ask that you RSVP for this morning's meeting. Please do so by calling SOAR at (920) 731-9831 or via email at heidi@soarfoxcities.com, by August 1st.

Annual Corn Roast With Heidi

Thursday, August 24th, 5:30pm-8:00pm
Fee: \$7 per person, \$15 if you show up without registering
Join us for another a-MAIZE-ing night as we dance the night away like
Superheroes! In addition to good food, we will have activities, games,
music, and prizes! Get ready in your best Superhero gear and put on
your dancing shoes, because this is an event you don't want to miss! It
is fun for all ages! Everyone has a superhero inside them waiting to be
discovered! The cost is \$7/person. MUST pay and register by
August 17th. If you arrive without registering and paying, you will
be sent a \$15 invoice after the Corn Roast.

See insert for more details!

Pierce Park: 1035 West Prospect Ave. Appleton, WI 54914







SOAR Memory Café is with Heidi

SOAR Memory Café, in August, is cancelled. We look forward to meeting next time, and we thank you for understanding!

Memory Café-Oneida Heights with Heidi

Wednesday, August 16th, 3:00pm-4:30pm, Fee: FREE Capacity Limit: 20

Our specialized memory café is a place for individuals 35 and older with intellectual and developmental disabilities and memory problems, or dementia, and their caregiver, to meet others in their similar situation. Share experiences, make friends, find support, and enjoy fun activities. Participants should attend with a caregiver. If this wouldn't be possible, please speak with Heidi, Aging & IDD Coordinator.

Held at Oneida Heights Community Room
525 N. Oneida St. Appleton, WI 54911 See insert for
details! Call or e-mail Heidi to register at (920) 731-9831,
ext.111 or heidi@soarfoxcities.com by August 9th.

Did You Know!?

SOAR is still selling Kwik Trip Cards! For every gift card purchased directly from SOAR a percentage of the purchase is donated back to SOAR!

Call us at 920-731-9831 or stop by the office to purchase yours today!

SOAR Fox Cities - where YOUth fit in!

SOAR Thru Summer(STS)- We are so excited to announce that our first SOAR Thru Summer Experience (2022) located on the second floor of the SOAR Building in our new Youth Clubhouse has been a success on the "fun-scale!" This is an all day event held June through August on Mondays through Fridays for youth with varying abilities to meet new friends and have fun with some awesome counselors. We filled our time exploring the Appleton area's outdoor and indoor events such as the zoo, a community drum circle, Altitude Trampoline Park, the outdoor splash pad, Pinot's Pallet, and so much more! In addition to field trips, we took part in so many exciting activities in our on-site Youth Clubhouse such as making ice-cream from scratch, cooling down with relaxing movies, and getting messy with science projects and art activities. Check out the SOAR Facebook Page to see lots of fun pictures from the first year of SOAR Thru Summer! We can't wait to see what is instore for round two this summer(2023)!

Teen Stop- Teen Stop focuses on Middle School aged children. Neenah School district is currently using this after-school program for middle school. Great games and activities are planned by middle school peers. Held during the school year only.

TnT- Youth ages 13-23 from any Fox Cities school district can come and meet new people, try fun group games, trivia questions and laughs. This positive interaction between peers allows them to gain exposure to each other, which leads to understanding and results in acceptance for each person involved. All teen participants take part in large and small group activities such as singing, sharing, games, engaging in cooperative learning experiences and having opportunities for leadership development. This is held at the SOAR Building during the summer from 6:30-8:00pm. There is no cost for this program.

If you are a TEEN or a young adult (ages 13 through age 23) join TnT—with Lisa!

• TnT - In Person

6:30pm - 8:00pm, at The SOAR Building, Lower Level, OR SOAR Parking Lot Fee: FREE.

Thurs., Aug. 10th-This will be the last Summer meeting of the year, cross your fingers for nice weather!

Virtual BISG with Clare

5:30pm-6:30pm, on Zoom

Fee: FREE

 Wed., Aug. 9th

— Brain Injury Support Group meetings are for brain injury survivors and supporters. Please e-mail Clare with any questions at clare@soarfoxcities.com.

In-Person BISG at Neuroscience with Clare and Julie Fiel

5:00pm-6:00pm, at Neuroscience Group, 445 W Calumet St. Appleton, WI 54915 Fee: FREE

• **Thurs.**, **Aug. 17th-** Brain Injury Support Group meetings are for brain injury survivors and supporters. Please e-mail Clare with any questions at clare@soarfoxcities.com.

In-Person BISG at St. Elizabeth's with Clare

6:00pm-7:00pm, at St. Elizabeth Hospital, 1506 South Oneida St. Appleton 54915, 2nd Floor, Conference Room 1 and 2

Fee: FREE

• **Mon., Aug. 28th-** Brain Injury Support Group meetings are for brain injury survivors and supporters. We will have a special guest, Leah Quinn, leading an art-as-therapy session. Please email Clare with any questions at clare@soarfoxcities.com.

People First with LeeAnn

6:00pm-7:15pm, SOAR Building

Fee: FREE

 Thurs., Aug. 10th- A group that encourages and trains individuals to speak up and advocate for themselves. Everyone is welcome.
 Register by August 1st

Bingo with Amy

6:00pm-7:30pm, SOAR Building, Lower Level

Fee: \$20 member/\$30 non-member, capacity limit=25

• Wed., Aug. 2nd- We will enjoy bingo with lots of great prizes.

Register by July 26th

Healthy Cooking Series with LeeAnn

11:30am-1:00pm, SOAR Building, Lower Level

Fee: \$60 member/\$120 non-member, capacity limit=8

• Thurs. Aug. 3rd, and Thurs., Aug. 10th- This will be a two class series. Both weeks you will make your own lunch and have a nutrition education lesson.

Register by July 27th

Super Sunday at the Milwaukee Zoo with Amy

8:00am-4:30pm, SOAR Building, Lower Level, capacity limit=25

Fee: \$105 member/\$160 non-member/\$70 caregiver

Sunday, Aug. 6th- Join us for a fun-filled day at the Milwaukee Zoo. We will take a tram to experience monkeys, elephants, lions and more. We will eat lunch at the Flamingo cafe (included in cost), and have time to walk around and visit the gift shop. Bring money for souvenirs and snacks. Also remember to dress accordingly, there will be walking! Bring sunscreen & water. Dropoff and pick-up will be at the SOAR Building.

Make and Take with LeeAnn

10:00am-12:00pm, SOAR Building, Lower Level

Fee: \$30 member/\$60 non-member capacity limit=10

• Mon., Aug. 7th- You'll be making a Summer vegetable pizza.

Register by July 31st

Games with Amy

5:30pm-7:15pm, SOAR Building, Lower Level

Fee: \$20 member/\$30 non-member, capacity limit=25

• Tues. Aug. 8th- Join us for some new board games!

Register by August 1st

Adult Dance with Amy

6:00pm-8:00pm, capacity limit=100

**** AT ST. MARY'S, 528 2ND ST. MENASHA, WI 54952*****

Fee: \$10 member/\$20 non-member/\$0 caregiver (caregivers are free but still need to register)

• Fri., Aug. 11th- We are back at St. Mary's to boogie the night away!

Register by August 3rd

Dinner and Movie with Amy

4:00pm-8:30pm, El Azteca/Valley Grand Cinema

Fee: \$40 member/\$80 non-member/\$30 caregiver, capacity limit=25

Baking with LeeAnn

10:00am-12:00pm OR 1:00pm-3:00pm, SOAR Building, Lower Level Fee: \$30 member/\$60 non-member, **capacity limit=6 per class**

• **Thurs. Aug. 17th–** Sign up for the morning class or afternoon class. Please choose one or the other, not both. You'll be making Chocolate Zucchini Cake. **Register by August 10th**

Make and Take with LeeAnn

10:00am-12:00pm, SOAR Building, Lower Level Fee: \$30 member/\$60 non-member, capacity limit=8

• Tues., Aug. 22nd- You'll be making Zucchini Corn Crustless Quiche.

Register by August 15th

"No-Bake" Class with LeeAnn

3:30pm-5:00pm, SOAR Building, Lower Level

Fee: \$30 member/\$60 non-member, capacity limit=8

• Wed., Aug. 23rd- You'll be making Peanut Pretzel Bars.

Register by August 16th

Crafts with Amy

6:00pm-7:30pm, SOAR Building, Lower Level

Fee: \$20 member/\$30 non-member, capacity limit=25

• Wed., Aug. 23rd- Enjoy making a fun craft.

Register by August 16th

Make and Take with LeeAnn

10:00am-11:30am, SOAR Building, Lower Level Fee: \$30 member/\$60 non-member, capacity limit=8

• Tues., Aug. 29th- You'll be making Mexican Sweet Corn Salad.

Register by August 22nd

Mini Golf with Amy

5:30pm-7:30pm, Badger Sports Park, 3600 E. Evergreen Dr. Appleton, WI 54913 Fee: \$25 member/\$50 non-member/\$15 caregiver, **capacity limit=25**

Tues., Aug. 29th

 — Drop off and pick up at Badger Sports Park. We will eat pizza and play mini golf.
 Register by August 22nd

"No Bake" Class with LeeAnn

10:00am-11:30am, SOAR Building, Lower Level Fee: \$30 member/\$60 non-member, capacity limit=8

Wed., Aug. 30th

– You'll be making 7 Layered Salad.

Register by August 23rd

Special Olympics Updates

Special Olympics is dedicated to empowering individuals with intellectual disabilities to become physically fit, productive, and respected members of society through sports training and competition. The sports we offer give our athletes a safe and fun environment to grow their self-confidence, keep a steady social life, and practice healthy-living by being active. We also have opportunities for coaching and volunteering.

For more information on our program, please contact our Special Olympics Coordinator, Jen Kalishek, by e-mailing jen@soarfoxcities.com

The 2023 Summer Games at UW-Whitewater were a success! Jen, your SO Coordinator, went on her first overnight with SOAR and it was a blast! We brought home many medals and ribbons, survived the heat, and even danced all night at the Disney-themed dance. We want to extend a massive thank you to Coach Brian, Coach Mary Ann, Coach Dale, and all the parents that were there to help and ensure things went smoothly. We couldn't have done it without our wonderful volunteers!

Now, onto our summer sports! If you'd like to watch either of our softball teams or bocce teams play this summer, contact Jen for the schedule!



Attention: The bowling registration is in THIS newsletter! Registration will be open throughout the month of August, as the season will begin in early fall. Registrations must be submitted by the deadline! Please note: We are always looking for volunteers for all sports- if you're interested, contact Soar!



Is your medical packet up to date with SOWI?

They expire every 3 years- Please contact Jen if you're unsure.
You cannot participate in Special Olympics without an up-to-date medical as well as a Communicable Disease Waiver. Please note, if your medical expires during a sports season that you are playing in, the new medical must be submitted before the season's deadline!

ATTENTION - PLEASE KEEP AN EYE ON YOUR EMAILS DURING SPORTS SEASONS! Our primary means of communication are email and social media. We apologize, but we cannot call every single caregiver, parent, or athlete. Email/social media is the quickest way to communicate changes. If your email is NOT up to date, please let Jen know! Athletes that do not attend events/practices/games with a family member should also always carry identification in the event of an emergency.

Reminder! Our cancellation policy is:

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there with be no credit given, only in rare instances will exceptions be granted.

If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.

If cancelling (or no-show) for a part of a series, no credit will be given. If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

- **1.** Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waitlist and gives another participant the opportunity to join the activity.
- **2.** Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option.

		understanding, patience, and support!	
C		CANCELLATION occurs: *Participant Name	
	Date of Activity	Activity Name	Cost
9	Submit total amount due	to: Registration and Payment required prior to activities. Total:	
	SOAR Fox Cities 211 E Franklin St. Appleton, WI 549	if you use inis, takerand care, inclusa, ctrs, or community care please theth the	his box

August 2023 Calendar at a Glance

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		-Coffee Connections -Bingo	2	3 -Healthy Cooking	4	5
6 -Milwaukee Zoo/Super Sunday	7 -Make and Take	-Games	9 -Virtual BISG	-Healthy Cooking -People First -TnT	-SRR Adult Dance	12
13	14	-Dinner and Movie	-Oneida Heights Memory Cafe	-Baking -BISG at Neuroscience	18	19
20	21	-Make and Take	-"No Bake" Class -Craft	-Corn Roast	25	26
27	-BISG at St. E's	-Make and Take -Badger Sports Park Mini Golf	30 -"No Bake" Class	31		

⁻ Parent/Caregiver Happy Hour is canceled in August 2023.

⁻SOAR Memory Café is canceled in August 2023.



Unleash Your Inner Superhero!

SOAR Fox Cities Annual Corn Roast!

Thursday, August 24, 2023, 5:30-8:00 PM

Registration starts at 5:30 PM, Meal starts at 6:00 PM

Location: Pierce Park, 1035 W. Prospect Ave., Appleton

Theme: Unleash Your Inner Superhero

Join us for another a-MAIZE-ing night as we dance the night away like Superheroes! In addition to good food, we will have activities, games, music, and prizes! Get ready in your best Superhero gear and put on your dancing shoes, because this is an event you don't want to miss! It is fun for all ages! Everyone has a superhero inside them waiting to be discovered!

Registration & Cost (Registration, including names of all attending, & payment due August 17)

- \$7 per person (This applies to participants, family members, caregivers, staff, or others.)
- Children under 6 years old are free.
- ⇒ Anyone who attends without registering in advance will be invoiced \$15/person.
- ⇒ Corn Roast Volunteers Needed! Contact Angie, Volunteer Coordinator, at (920) 731-9831 ext. 126 or volunteer@soarfoxcities.com for more information or to sign up to volunteer.

Come dressed as your favorite Superhero! Or in your favorite Superhero gear!

- \Rightarrow Wear your favorite Flash, Donatello, Wonder Woman or another Superhero costume!
- ⇒ DC, Marvel, Teenage Mutant Ninja Turtles, Paw Patrol, Xena Warrior Princess, etc.

SOAR Fox Cities' Annual Corn Roast Registration

Upon registration, your name(s) will be placed on the guest list. At the Corn Roast, you will check-in at the registration table where you will receive your wristband(s).

\$7 per person (Participants, family members, caregivers, staff, others) X # of people attending:					
Please print ALL first and last name(s):					
	-				
Children under 6 years old are free. Please print first and last name(s):					

Total Amount Enclosed: \$_____

Registration (including names of all attending) and Payment due August 17,

whether online, via USPS, or in person. Submit registration and payment to: SOAR Fox Cities, 211 E. Franklin Street, Suite A,



SOAR Fox Cities Special Olympics 2023 Bowling

Season: Sept. 18 - Dec. 4, 2023

Location-Sabre Lanes Menasha (1330 Midway Rd)

Mondays- 4:30-6:00pm

Head Coach: Dawn S.

- Please be on time each week for practice and plan to be picked up promptly by 6:00pm.
- If you are unsure if your SOWI medical forms are up to date, please contact Jen to verify: 920-731-9831 x 122 or via email jen@soarfoxcities.com
- MEDICAL DEADLINE: SEPT. 25TH

SEASON FEES:

\$95 for SOAR members / \$125 non-members (fees include 3 games per practice & shoe rental)

Please make checks payable to:

SOAR Fox Cities 211 E. Franklin St. Appleton, WI 54911 Registration Deadline is Mon. Sept 11

2023 Bowling Registration

Athlete Name:
Athlete Phone:
Athlete Email:
Emergency Contact Name:
Emergency Contact Ph:
Emergency Contact Email:

PLEASE NOTE: <u>ALL INFORMATION ON THIS PAGE MUS</u>
BE COMPLETED. AN EMAIL ADDRESS IS REQUIRED AS
WE WILL SEND ALL SEASON INFO (SCHEDULES, CAN-
CELLATIONS, TOURNAMENT INFO) VIA EMAIL!

PLEASE ANSWER THE FOLLOWING:
1. Do you have a SOAR bowling shirt for competitions? (gray with purple trim): Y / N
2. If you need a shirt, circle your size: S M L XL 2XL 3XL
3. If you qualify, will you compete in the State Tournament Dec. 2 & 3 in Wausau? Y / N
Office Use Only: AmountCheck Cash Online 3rd Party Funding Date

Aging & IDD Memory Cafe Presents:

A PICNIC

WEDNESDAY, AUGUST 9, 2023

This month's Memory Cafe at SOAR HAS BEEN CANCELLED!

WEDNESDAY, AUGUST 16, 2023

3-4:30 pm at Oneida Heights, 525 N. Oneida St, Appleton

Join us for a picture-perfect day filled with sunshine, laughter, and a delightful picnic. We will enjoy ice-cold lemonade and some picnic foods while playing some fun games and delightful conversation.



This project is supported in part by grant number 90ADPI0068 from the U.S. Administration for Community Living, DHHS, Washington, D.C. 20201, and through the generosity of the David L. and Rita E. Nelson Family Fund.

SAVETHE DATE K.I.T.E. Conference

SATURDAY | SEPTEMBER 23, 2023

9:00-2:00 PM

Sibshop and Respite will be provided.

*STAY TUNED FOR MORE INFORMATION.

