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Inserts: Calendar at a Glance, S.O. Basketball, S.O. Swim, Family Holiday Party

**ATTENTION:** We will be pausing the online newsletter/sign-up from 4:30pm on Thursday, December 21<sup>st</sup> until 9:00am on Tuesday, January 2<sup>nd</sup>.

The office will be closed so our staff can spend time with their families during the holidays.

We wish you a safe and joyful holiday season!



**Office Hours:** Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

**\*Phone:** 920.731.9831, **\*E-mail:** [info@soarfoxcities.com](mailto:info@soarfoxcities.com)

**Website:** [www.soarfoxcities.com](http://www.soarfoxcities.com), **\*Fax:** 920.725.1531

**Address:** 211 E. Franklin St. Ste. A, Appleton, WI 54911



# Policies

To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form (updated yearly)
- Acknowledgement Form from the Participant/Guardian Handbook

Note: ***The Participant Information Form needs to be updated annually.*** Throughout the course of the year changes may occur with conditions, allergies, emergency contacts, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

**Parking** When parking at our building during business hours, please use the parking stalls designated for 211 E. Franklin Visitors. If you park in other companies' stalls you risk being towed.

**Inclement Weather Policy** Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, SOAR FC staff will attempt to notify all participants who are signed-up for the program or service of the closure via email & Facebook post. **Please understand that in many instances we cannot call everyone that is registered for an activity-there are simply too many. This is why it is vital that you have an up to date email on file with us. We will ONLY post cancellations to Facebook or email about them.** The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check your emails and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity.

**Registration Policy** We offer many ways to register for SOAR activities including signing-up through the SOAR website, calling and speaking to a staff during M-TH 9a-4:30pm office hours, mailing in a registration sheet via USPS mail, or stopping at our office window during office hours and speaking to a staff member in person. We DO NOT accept registration via voicemail or email. We will make every attempt to follow up on a voicemail or email, but please use the other options mentioned above to register for activities.

**Payment Policy** We **DO NOT** and **WILL NOT** be able to collect payments at activities. Do not give staff your payment-we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the black-colored lock/mail box outside the main entrance of the SOAR Offices. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 109. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

**Cancellation Policy** If you are unable to attend an event, you must cancel at least **5 days in advance**. If you do not cancel in advance you will be liable for the program fees - Please see enclosed notice regarding cancellation policy on the registration slip.

# Volunteering

## Volunteering at SOAR can look a variety of ways!

The holiday season is upon us and we will need lots of volunteers for our upcoming holiday party and dances. In addition, the SOAR Open House is on November 28th. This event is great for companies, clubs, and all who have a passion for learning more and giving back. Volunteer opportunities are offered on site. If interested in learning more about any holiday volunteering please contact Angie at [angie@soarfoxcities.com](mailto:angie@soarfoxcities.com). We are also looking for a head swim coach for SOAR Special Olympics February-April 2024. Please email [jen@soarfoxcities.com](mailto:jen@soarfoxcities.com) or [angie@soarfoxcities.com](mailto:angie@soarfoxcities.com) if you are interested.





## SOAR Fox Cities Board of Directors

Laura McCormick, *President*  
Heather Sorebo, *Vice President*  
Gary Weber, *Treasurer*  
Leigh Bolender, *Secretary*

Polly VandenBoogaard   Paul Meyer   Reg Wydeven   Jonathan Pitzen   Bryan Mueller   Julie King



Hello Friends of SOAR!

December....Can you believe I'm writing you in the December newsletter?! I can hardly believe it! Where has this year gone?

As always, we have so many fun things planned for the month of December! Limo & Lights, Holiday themed Dinner & Movie, and, of course, the Family Holiday Party! I can't wait to see you all there!

On the note of December and holidays, I want to remind everyone of our office closure for the holidays. As we have every year, the SOAR offices will be closed over the Christmas and New Year's Holidays. **The exact dates the office will be closed are Friday, December 22 thru Monday, January 1, 2024. Our offices will re-open on Tuesday, January 2, 2024.** The SOAR Team will be taking this time to spend with their families and get some much-needed rest and relaxation. Please know that there will be no staff at the office during this time. Also, **we will be pausing program registration starting at 4:30pm on Thursday, January 21 thru Tuesday, January 2, 2024.** During this time, you can still mail in your registrations, but we will not process them until January 2. You will also not be able to access the online registration forms.

It is also membership time! Remember to submit your membership forms and payment by December 31<sup>st</sup> (post-marked is fine) for your chance to win a \$50!

In closing, I look forward to seeing you all at the holiday events we're hosting throughout December! From our annual Holiday party to our annual Christmas Dance - It's all part of the greatest time of year and I love that we get to spend it with you! Thank you all for being a part of SOAR as participants, donors, and volunteers!! YOU and your dedication make this the best time of the year!

~ Erin Schultz-Wege, Executive Director

**SOAR Fox Cities, Inc (920)731-9831**

Erin Schultz-Wege, Executive Director, x116, [erin@soarfoxcities.com](mailto:erin@soarfoxcities.com)  
Ashley Gustafson, Director of Community Engagement, x114, [ashley@soarfoxcities.com](mailto:ashley@soarfoxcities.com)  
Jolene Versteegen, Finance Manager, x115, [jolene@soarfoxcities.com](mailto:jolene@soarfoxcities.com)  
LeeAnn Stein, Director of Adult Services, x112, [leeann@soarfoxcities.com](mailto:leeann@soarfoxcities.com)  
Lindsay O'Brien, Fundraising & Grant Manager, x127, [lindsay@soarfoxcities.com](mailto:lindsay@soarfoxcities.com)  
Clare Buckley, TBI Support Program Navigator, [clare@soarfoxcities.com](mailto:clare@soarfoxcities.com)  
Angie Petit, Community Engagement Coordinator, x126, [angie@soarfoxcities.com](mailto:angie@soarfoxcities.com)  
Mandy Krug, Beyond the Classroom Program Coordinator, x118, [mandy@soarfoxcities.com](mailto:mandy@soarfoxcities.com)  
Leah Quinn, Member and Office Support Specialist, x100, [leah@soarfoxcities.com](mailto:leah@soarfoxcities.com)  
Kari Much, Accounting Clerk, x109, [kari@soarfoxcities.com](mailto:kari@soarfoxcities.com)  
Lisa McCallister, Youth Services Manager, x110, [lisa@soarfoxcities.com](mailto:lisa@soarfoxcities.com)  
Jen Kalishek, Special Olympics Coordinator, x122, [jen@soarfoxcities.com](mailto:jen@soarfoxcities.com)  
Amy Uecke, SRR Program Coordinator x113, [amy@soarfoxcities.com](mailto:amy@soarfoxcities.com)  
Leslie DeStephano, SRR Program Aide, [leslie@soarfoxcities.com](mailto:leslie@soarfoxcities.com)

Special Olympics Off-Site Cell Phone: (920)809-8923





## **A FEW ANNOUNCEMENTS AND REMINDERS**

### **We have a new lock box outside of the SOAR Building!**



When facing the main entrance of the building from the parking lot you will see a black-colored lock/mail box on the right side of the building doors. This is the **after-hours** drop box where payments or paperwork can be left if needing to drop-off after or before the hours of **9am-4:30pm M-TH**, or over the weekend when **SOAR is closed Fridays, Saturdays, and Sundays**. **Simply lift the silver top and drop your**



**envelope into the opening.** We always recommend dropping things off to the office during office hours for the most security, but we understand that not everyone's schedules allow for this. This lock box will be **checked once a day**. So if you drop something off on Friday, or Thursday night, it may not be checked/received until Monday. This will be checked by the building manager or by a SOAR staff member.

**Please call the office if you have questions at (920)731-9831**

**\*\*\*Friendly Reminder: DO NOT give coaches, volunteers, or SOAR staff payment or any SOAR document that need to be filled out/turned into the office while at practices or programs! We will NOT accept it!**

All payment and forms must be turned in to the SOAR Office during office hours, mailed in, or dropped-off in the lock box. You can also go to [soarfoxcities.com](http://soarfoxcities.com) for payment and activity registration, or speak with a staff member on the phone.

**As a reminder: voicemails or emails will not be accepted as registration.**

### **\*Drop-Off and Pick-Up Note**

Please remember **not to arrive any more than 15 minutes before activities begin!** If you do, you must wait outside the building until the leader of that specific activity arrives. **Other staff will not be allowed to let you inside the building unattended.** Please plan ahead because we do not want anyone waiting outside in unsafe weather.

### **More Respite Time Offered (AE and SRR)—(Not in Nov./Dec. 2023)**

Starting September 2023, on the last Wednesday of each month, there will be a back-to-back SRR activity and AE activity with 30-60 minutes in between, to allow caregivers more respite time. The classes might not always be craft (SRR) and baking (AE), like they will be the first time (in September), but will always be an SRR activity followed by an AE activity. Please note, it is NOT required that the participant signs-up for both classes if they only want to attend one of the two. Please call the office with any questions. **This will not apply to Nov/Dec 2023.**

## **A FEW ANNOUNCEMENTS AND REMINDERS, Continued...**

**ATTENTION:** We will be **pausing** the online newsletter/sign-up from 4:30pm on Thursday, December 21<sup>st</sup> until 9:00am on Tuesday, January 2<sup>nd</sup>. The office will be closed during this time for the holiday season.

**This is a friendly reminder to use any SOARcash you may have purchased by its expiration date, December 31st, 2023.**

### **\*\*\*Activity Sign-Up Announcement\*\*\***

Classes have been filling up quickly and we understand that has been frustrating. While we're working on adding space & more classes we're also trying new things to make sign-up smoother.

In an attempt to make signing-up for activities as fair as possible we will still be sending out the hard-copy newsletter mid-month on Thursday evening, BUT we will be waiting until the following Monday at noon to post the electronic newsletter on the website. At this same time is when we will send the newsletter email AND make sign-up live on our website. We thank you for your patience and understanding during this process.

**Did You Know!?** SOAR is still selling Kwik Trip Cards! For every gift card purchased directly from SOAR a percentage of the purchase is donated back to SOAR! Stop by to purchase yours today!

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## **Meet Leslie!**



My name is Leslie DeStefano. I have been married to my wonderful husband for 20 years and we have an 18 year old daughter. We have 3 dogs, a Belgian Malinois, a pit mix, and a cute little 6lb chihuahua. I grew up in Florida and moved to Virginia in my early 20's. We recently moved to Appleton for my husband's job and have been here since the end of June. I have 8 brothers and sisters and I am the exact middle child. I am super extroverted and love people which is why I am super excited to work at SOAR as the SRR Program Aide!

# Calendar-at-a-glance

## December 2023

*\*Turn to the specific page number listed under the "page column" for all details needed for each activity.\**

### Program Type KEY

Youth Programs=YTnT , Adult Programs =AE/SRR,  
Advocacy Programs=TBI/PF  
Family Programs =FAM, Community Ed =CE,  
Aging/Intellectual Developmental Disability=AGI

Dec.	Program Choice	Time	Page	Cost: member/ non-member/ caregiver	IRIS Code	Staffed By:	Type KEY	Class Capacity	Register By:
1	SRR Holiday Dance	6:00pm-8:00pm	9	\$10/\$20	F	Amy	SRR	100	11/27
4	"No-Bake" Class	10:00am-11:30am	9	\$30/\$60	F	LeeAnn	AE	12	12/4
5	Bingo	6:00pm-7:30pm	9	\$20/\$30	F	Amy	SRR	25	11/28
6	Handling Holiday Stress	4:00pm-5:15pm	9	\$15/\$30	F	LeeAnn	AE	8	11/29
6	Coffee Connections	10:30am-11:30am	7	FREE	-	Erin	FAM	20	12/4
7 OR 21	Baking (choose one)	10:00am-12:00pm	9	\$30/\$60	F	LeeAnn	AE	8	11/30
9	People First WI Board Meeting	9:30am-12:00pm	9	FREE	-	LeeAnn	ADV-PF	-	-
12	Baking	10:00am-12:00pm	10	\$30/\$60	F	LeeAnn	AE	8	12/5
12	People First Fox Cities	TBD	9	BYOM	-	LeeAnn	ADV-PF	-	12/11
12	Games	6:00pm-7:30pm	10	\$20/\$30	F	Amy	SRR	25	12/5
13	Grief Class	4:00pm-5:15pm	10	\$15/\$30	F	LeeAnn	AE	8	12/6
14	Virtual BISG	5:00pm-6:00pm	8	FREE	-	Clare	TBI/ ADV	-	-
14	Family Holiday Party	6:00pm-8:00pm	7	\$10/\$20	C	Ashley	FAM	150	12/7
14	TnT	6:30pm-8:00pm	8	FREE	-	Lisa	Youth	-	-
16	Super Saturday-Dinner, Limo, Lights	4:30pm-8:45pm	10	\$80/\$160/\$65	C	Amy	SRR	20	12/7
18	Make and Take	10:00am-11:30am	10	\$30/\$60	F	LeeAnn	AE	8	12/11
18	BISG at St. E's	6:00pm-7:30pm	8	FREE	-	Clare	TBI/ ADV	-	-
19	Soups On!	11:00am-12:30pm	10	\$30/\$60	F	LeeAnn	AE	8	12/12
20	Dinner and Movie	5:30pm-8:00pm	10	\$40/\$80	F	Amy	SRR	25	12/13

## **Coffee Connections With Erin**

**Wednesday, Dec. 6th, 10:30am-11:30am, Fee: FREE**

**Capacity Limit: 20**

Join us for hot coffee, a pastry, and fruit, at the SOAR Building, Lower Level, where you will have time to talk with other parents, grandparents, and caregivers going through similar situations, caring for loved ones with differing abilities.

**Please RSVP by calling SOAR at (920) 731-9831 ext. 116 or email [erin@soarfoxcities.com](mailto:erin@soarfoxcities.com), by Dec 4th.**

**Skills:** communication, vulnerability to share experiences, active listening, being in a group setting, building relationships

## **Family Holiday Party**

**Thursday, December 14th, 6:00pm-8:00pm**

**Fee: \$10 members/ \$20 non-members/\$0 ages 5 and under**

**Capacity Limit: 150**

Join us for this holiday family event of food, crafts, photos with Santa and Mrs. Claus, and more, at the Fox Club, located above the Timber Rattlers Stadium. Participants must attend with a family member or caregiver due to this being a family event. See insert for more details.

**Please register using the registration form at the end of the newsletter by Dec 7th.** When registering, please indicate everyone that is planning to attend. The amount paid should equal the number of attendees as it is \$10 per member/person attending (5 & under free).

**Skills:** Communication, teamwork, taking turns, waiting in line/waiting your turn, decision making, critical thinking, creative thinking, following directions, being in a group setting, taking food from a buffet, eating with friends, making friends, and building relationships

**SOAR Thru Summer (STS)-** We are so excited to announce that our second SOAR Thru Summer Experience (2023) located on the second floor of the SOAR Building in our Youth Clubhouse has been a success on the “fun-scale!” This is an all day event held June through August on Mondays through Fridays for youth with varying abilities to meet new friends and have fun with some awesome counselors. We filled our time exploring the Appleton area’s outdoor and indoor events such as the zoo, a community drum circle, Altitude Trampoline Park, the outdoor splash pad, Pinot’s Pallet, and so much more! In addition to field trips, we took part in so many exciting activities in our on-site Youth Clubhouse such as making ice-cream from scratch, cooling down with relaxing movies, and getting messy with science projects and art activities. Check out the SOAR Facebook Page to see lots of fun pictures!

**Teen Stop-** Teen Stop focuses on Middle School aged children. Neenah School district is currently using this after-school program for middle school. Great games and activities are planned by middle school peers. Held during the school year only.

**TnT-** Youth ages 13-23 from any Fox Cities school district can come and meet new people, try fun group games, trivia questions and laughs. This positive interaction between peers allows them to gain exposure to each other, which leads to understanding and results in acceptance for each person involved. All teen participants take part in large and small group activities such as singing, sharing, games, engaging in cooperative learning experiences and having opportunities for leadership development. This is held at the SOAR Building during the summer from 6:30pm-8:00pm. Starting in September TnT will take place at The First Congregational Church on E. South River St. There is no cost for this program.

### If you are a TEEN or a young adult (ages 13 through age 23) join TnT —with Lisa!

**Skills:** teamwork, acceptance, critical thinking, creative thinking, decision making, socialization, forming friendships, communication

- **TnT - In Person**

6:30pm - 8:00pm, at The First Congregational Church, 724 E. South River St., Appleton, WI  
Fee: FREE,

**Thurs., Dec. 14th—** Let’s hangout and have some fun during the holiday season!

### Virtual BISG (Brain Injury Support Group) with Clare

5:00pm-6:00pm, on Zoom

Fee: FREE

- **Thurs., Dec. 14th—** PLEASE NOTE: THIS IS THE NEW TIME AND DATE GOING FORWARD. Please email Clare with any questions at [clare@soarfoxcities.com](mailto:clare@soarfoxcities.com) or call Clare at (920) 585-7820.

### In-Person BISG at St. Elizabeth’s with Clare

6:00pm-7:30pm, at St. Elizabeth Hospital, 1506 South Oneida St. Appleton 54915, 2nd Floor, Conference Room 1 and 2

Fee: FREE

- **Mon., Dec. 18th-** This will be our HOLIDAY PARTY (more details to come!).  
\*PLEASE NOTE: this particular meeting will not be held on the last Monday of the month as Christmas falls on the last Monday in December. Going forward, St. Elizabeth's meetings are always held on the last Monday of each month and will be from 6pm-7pm.

### In-Person BISG at Neuroscience with Clare, and Julie Feil

- \*PLEASE NOTE there will not be a Neuroscience Group meeting for the month of December.





**People First WI Board Meeting with LeeAnn**

9:30am-12:00pm, on Zoom  
 Fee: FREE

**Skills:** self-advocacy, communication, confidence, negotiation

- **Sat., Dec. 9th**– This is the quarterly board meeting.

**People First Fox Cities with LeeAnn**

Time TBD, Woodman's, Appleton, WI  
 Fee: Bring your own money

**Skills:** volunteerism, communication, confidence, negotiation

- **Tues., Dec. 12th**– Contact LeeAnn to determine your shift and location.

**Register by Dec. 11th**

**Adult Dance with Amy/Leslie**

6:00pm-8:00pm, **capacity limit=100**



**Skills:** communication, following directions, group settings, building relationships, making decisions, team work, helping others (empathy)

**AT ST. MARY'S, 528 2ND ST. MENASHA, WI 54952**

Fee: \$10 member/\$20 non-member/\$0 caregiver (caregivers still need to register, for a headcount)

- **Fri., Dec. 1st**– Enjoy dancing, music, and holiday cheer! A big “thank you” to The Knights of Columbus for sponsoring this dance!

**Register by Nov. 27th**

**No-Bake with LeeAnn**

10:00am-11:30am, SOAR Building, Lower Level  
 Fee: \$30 member/\$60 non-member, **capacity limit=12**

**Skills:** planning, following directions, use of equipment/tools, kitchen safety and sanitation

- **Mon. Dec. 4th**– You'll be making Peppermint Oreo Lush.

**Register by Dec. 4th**

**Bingo with Amy/Leslie**

6:00pm-7:30pm, SOAR Building, Lower Level  
 Fee: \$20 member/\$30 non-member, **capacity limit=25**

**Skills:** communication, decision making, critical thinking, following directions, group settings, making friends, building relationships

- **Tues., Dec. 5th**– Enjoy some competitive and fun bingo games!

**Register by Nov. 28th**

**Handling Holiday Stress with LeeAnn**

4:00pm-5:15pm, SOAR Building, First Floor Board Room  
 Fee: \$15 member/\$30 non-member, **capacity limit=8**

**Skills:** identifying signs of stress, stress reduction techniques

- **Wed., Dec. 6th**– Learn relaxation techniques and strategies for reducing stress.

**Register by Nov. 29th**

**Baking with LeeAnn**

10:00am-12:00pm, SOAR Building, Lower Level  
 Fee: \$30 member/\$60 non-member, **capacity limit=8**

**Skills:** planning, following directions, equipment/tools, kitchen safety/sanitation

- **Thurs., Dec. 7th OR 21st**– You'll be making bars. On Dec. 7th it's magic bars (graham cracker, coconut, chocolate and walnuts) or choose cake mix bars (white cake mix, chocolate and peanut butter chips) on Dec. 21.

**Register by Nov. 30th**

**Baking with LeeAnn**

10:00pm-12:00pm, SOAR Building, Lower Level  
 Fee: \$30 member/\$60 non-member, **capacity limit=8**  
 • **Tues., Dec. 12th**—You'll be making banana cake.

**Skills:** planning, following directions, use of equipment/tools, kitchen safety and sanitation

**Register by Dec. 5th**

**Games with Amy**

6:00pm-7:30pm, SOAR Building, Lower Level  
 Fee: \$20 member/\$30 non-member, **capacity limit=25**

**Skills:** communication, decision making, critical thinking, following directions, group setting, acceptance, sportsmanship, problem solving, active listening, relationships

• **Tues., Dec. 12th**— Let's play some games with friends!

**Register by Dec. 5th**

**Grief Class with LeeAnn**

4:00pm-5:15pm, SOAR Building, First Floor Board Room  
 Fee: \$15 member/\$30 non-member, **capacity limit=8**

**Skills:** Offers support and hope, discuss the stages of grief and coping skills

• **Wed., Dec. 13th**— The holidays can be a hard time, when your grieving the lost of a loved one. Come find strategies for coping with grief during the holidays.

**Register by Dec. 6th**

**Super Saturday-Dinner, Limo, and Lights with Amy/Leslie**

4:30pm-8:45pm, 110 N Richmond St., Appleton, WI  
 Fee: \$80 member/\$160 non-member/\$65 caregiver  
**capacity limit=20**

**Skills:** Communications, following directions, be in a group setting, making friends and building relationships

• **Sat., Dec. 16th**— We will enjoy dinner at Good Company and then take a limo tour of the light displays at various Fox Valley homes. Drop off at Good Company, pick up at The SOAR building.

**Register by Dec. 7th**

**Make and Take with LeeAnn**

10:00am-11:30am, SOAR Building, Lower Level  
 Fee: \$30 member/\$60 non-member, **capacity limit=8**

**Skills:** Planning, following directions, attention to details, use of equipment and tools, kitchen safety and sanitation, try new foods

• **Mon., Dec. 18th**— You'll be making southwest chicken casserole.

**Register by Dec. 11th**

**Soups On! with LeeAnn**

11:00am-12:30pm, SOAR Building, Lower Level  
 Fee: \$30 member/\$60 non-member, **capacity limit=8**

**Skills:** Planning, following directions, attention to details, use of equipment and tools, kitchen safety and sanitation, try new foods

• **Tues., Dec. 19th**— Come for lunch; you'll be making sausage tortellini soup

**Register by Dec. 12th**

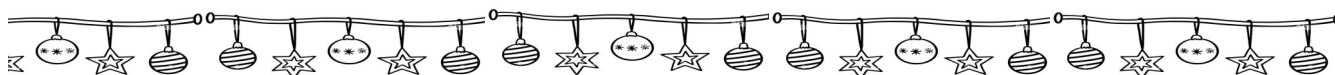
**Dinner and Movie with Amy/Leslie**

5:30pm-8:00pm, SOAR Building, Lower Level  
 Fee: \$40 member/\$80 non-member  
**capacity limit=25**

**Skills:** Communication, following directions, group settings, making friends, building relationships

• **Wed., Dec. 20th**—Enjoy a Polar Express themed night with Pizza!

**Register by Dec. 13th**



# Special Olympics Updates

Special Olympics is dedicated to empowering individuals with intellectual disabilities to become physically fit, productive, and respected members of society through sports training and competition. The sports we offer give our athletes a safe and fun environment to **grow their self-confidence, keep a steady social life, and practice healthy-living by being active.** We also have opportunities for coaching and volunteering.

For more information on our program, please contact our Special Olympics Coordinator, Jen Kalishek, by emailing [jen@soarfoxcities.com](mailto:jen@soarfoxcities.com), or call (920)731-9831 ext: 122

## **ATTENTION:**

**We are looking for a swim coach for our 2024 season! The season will run from February-April 2024 with weekly practices. Coaches should be lifeguard certified. Please contact Jen if you're interested!**

The 2024 bowling season is underway! Weekly scores are being submitted to see who will qualify for the State Tournament 2<sup>nd</sup> - 3<sup>rd</sup> at Dales Weston Lanes in Wausau. Below are photos of our Halloween celebration.



***\*Attention: At the end of this newsletter, you'll find the insert for the 2024 basketball season. Teams fill up fast so please register ASAP! All information regarding the season will be sent out via email after registration closes. Please note, an additional tournament date has been added to the list and will be held Saturday, January 20<sup>th</sup>, 2024 in Neenah.***

**Reminder! Our cancellation policy is:**

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there will be no credit given, only in rare instances will exceptions be granted.

**If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.**

If cancelling (or no-show) for a part of a series, no credit will be given.  
If eligible, only credits will be given. No refunds will be given.

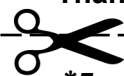
IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

- 1. Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waitlist and gives another participant the opportunity to join the activity.
- 2. Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option.

**Thank you for your understanding, patience, and support!**



**\*Email to contact if CANCELLATION occurs:** \_\_\_\_\_ **\*Participant Name** \_\_\_\_\_

Date of Activity	Activity Name	Cost

Submit total amount due to: **Registration and Payment required prior to activities.** **Total:** \_\_\_\_\_  
SOAR Fox Cities Pay by cash, check (# \_\_\_\_\_), or online.  
211 E Franklin St., Suite A **If you use IRIS, Lakeland Care, Inclusa, CLTS, or Community Care please check this box**  
Appleton, WI 54911 **Please provide billing name & contact info:** ☐



# December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 -SRR Adult Dance	2
3	4 -"No-Bake" Class	5 -Bingo	6 -Handling Holiday Stress -Coffee Connections	7 -Baking	8	9 -People First WI Board Meeting
10	11	12 -Baking -Games -People First Fox Cities	13 -Grief Class	14 -Virtual BISG -Family Holiday Party -TnT	15	16 -Super Saturday Dinner and Lights
17	18 -Maken and Take -BISG at St. E's	19 -Soup's On!	20 -Dinner and a Movie	21 -Baking	22	23
24	25	26	27	28	29	30
31						

# 2024 SOAR Fox Cities Special Olympics Swimming Registration



Athlete Name: \_\_\_\_\_ Athlete Phone: \_\_\_\_\_

Athlete Email: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email (required): \_\_\_\_\_

I have previously competed in: \_\_\_\_ Front Crawl \_\_\_\_ Backstroke \_\_\_\_ Butterfly \_\_\_\_ Breaststroke

I'd like to learn the following: \_\_\_\_ Front Crawl \_\_\_\_ Backstroke \_\_\_\_ Butterfly \_\_\_\_ Breaststroke

\_\_\_\_ I will compete in the District Swim Meet on Sunday, March 23rd in Neenah.

\_\_\_\_ I will not compete in the District Swim Meet.

\_\_\_\_ If I qualify, I will compete in the State Meet April 12<sup>th</sup>-14<sup>th</sup> in Oshkosh.

\_\_\_\_ I will not compete in the State Meet.

*\*Please note, athletes can only compete in ONE sport during tournaments. If you are registered for swim and basketball, you cannot compete in both sports, but you can attend and participate in practices for both sports.*

## Important:

**More details to be determined!** We are currently looking for a new head coach for the season. If you are interested, or know someone that is, please notify SOAR asap!

Once a coach is found and details with the school are finalized, Jen will notify registered athletes ASAP. We are hoping to begin in January but at the latest, the beginning of February again.

*\*Required: All participants must have a swimsuit, cover-up, towel, and flip flops or sandals.*

**Fee: \$70 for SOAR members | \$90 for non-members**

**Registration Deadline: January 12<sup>th</sup>, 2024**

**Medical Deadline: February 1st, 2024**

For Office Use Only: Amount: \_\_\_\_\_ Check \_\_\_\_\_ Cash \_\_\_\_\_ Paid On-Line \_\_\_\_\_ Date \_\_\_\_\_



## SOAR Fox Cities Special Olympics 2024 Basketball

- Please be on time for practice and plan to be picked up **promptly by the end of practice.**
- If you are unsure if your SOWI medical forms are up to date, please contact Jen to verify: 920-731-9831 x 122 or via email (jen@soarfoxcities.com). Your medical must be current to compete!
- **MEDICAL DEADLINE: FEBRUARY 1ST.**

Please make checks payable to:

SOAR Fox Cities  
211 E. Franklin St.  
Appleton, WI 54911

**Registration  
Deadline is  
January 2nd!**

### **SEASON FEES:**

**\$65 for SOAR members / \$ 85 non-members**  
***(additional SO tournament fees may incur)***

### **SKILLS FEE:**

**\$45 for Soar Members / \$65 for non-members**

**PLEASE NOTE: ALL INFORMATION ON THIS SHEET MUST BE COMPLETED!**  
**AN EMAIL ADDRESS IS REQUIRED AS WE WILL SEND ALL SEASON INFO**  
**(SCHEDULES, CANCELLATIONS, TOURNAMENT INFO) VIA EMAIL!**

Office Use Only: Amount \_\_\_\_\_ Check \_\_\_\_\_ Cash \_\_\_\_\_ Online \_\_\_\_\_  
3rd Party Funding \_\_\_\_\_ Date \_\_\_\_\_

## 2024 Basketball Registration

Athlete Name: \_\_\_\_\_

Athlete Phone: \_\_\_\_\_

Athlete Email: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Ph: \_\_\_\_\_

Emergency Contact Email: \_\_\_\_\_

Please circle the team below that fits your needs. If a team is not circled, you will be placed on the most appropriate team.

Team Name	Team Description	Practice Location	Practice Time	Coach	Start Date
<b>Basketball Skills</b>	Youth Skills	TBD (Appleton)	Thurs 6:15-7:15pm	Doug / Pete	1/11/24
<b>Basketball Skills</b>	Adult Skills	Foster	Thurs 6:15-7:15pm	Terri / Gary	1/11/24
<b>Ravens</b>	Youth / Young Adult	Foster	Tues 6:15-7:15pm	Stephanie / Brenden / Emma	1/9/24
<b>Hawks</b>	Young Adult	McKinley	Mon 6:15-7:15pm	Gary / Allen	1/8/24
<b>Bandits</b>	Adult Team	McKinley	Mon 7:15-8:15pm	Dan / Brian	1/8/24
<b>Vultures</b>	Adult Team	Janet Berry	Weds 6:15-7:15pm	Stan / Rick	1/10/24
<b>Eagles</b>	Adult High Skill Level Team	Janet Berry	Weds 7:15-8:15pm	Dale / Jerry	1/10/24

**PLEASE ANSWER ALL OF THE FOLLOWING (Unless registering for basketball skills)**

- 1) Will you join your team and compete in the season tournaments? Y / N  
Neenah Invitational: Saturday, January 20th  
District Tournament (Neenah): Sunday, March 5  
Northern Sectional (UW- Steven's Point): Sunday, March 17  
State Spring Games (UW- Oshkosh): April 12-14<sup>th</sup>
- 2) If you are competing, do you have Soar basketball shorts? Y / N
- 3) If you need shorts, please circle your size: S M L XL 2X 3X 4X
- 4) If you are competing, please circle your jersey size: S M L XL 2X 3X 4X

*\*Uniforms will be lent out for the season and MUST be returned or a fee will apply.*

# FAMILY HOLIDAY PARTY



- Food
- Activity stations
- Santa and Mrs. Claus

This is a family event please register with family member or caregiver



**DEC 14  
2023**

**6:00PM - 8:00PM**

The Fox Club  
2400 N. Casaloma Dr.  
Appleton, WI 54913



**10.00 PER MEMBER  
20.00 PER NON-MEMBER  
5 AND UNDER FREE  
REGISTER BY DEC 7TH**



Please call or email Angie with questions at [angie@soarfoxcities.com](mailto:angie@soarfoxcities.com) or 920-731-9831 x126

