



# July 2024

## Activity & Program Guide



### \*\*\*IMPORTANT\*\*\*

Please remember: **Do not arrive more than 15 minutes before activities begin!** If you do, you must wait outside the building until the leader of that specific activity arrives. Other staff will not be allowed to let you inside the building unattended. Please plan ahead because we do not want anyone waiting outside in unsafe weather.

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Inserts: Calendar at a Glance, Community Inclusion inserts: Dance 4 All, Theater Tuesday's and Wellness Walk Wednesday



### Activity Sign-Up Announcement

Classes have been filling up quickly and we understand that has been frustrating. While we're working on adding space & classes we're also trying things to make sign-up smoother. In an attempt to make signing-up for activities as fair as possible **we will still be sending out the hardcopy newsletter mid-month on Thursday evening, BUT we will be waiting until the following Monday at noon to post the electronic newsletter on the website.** At this same time is when we will send the newsletter email AND make sign-up live on our website. We thank you for your patience and understanding.

**Office Hours:** Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

**Address:** 211 E. Franklin St. Ste. A, Appleton, WI 54911

**Phone:** 920.731.9831    **E-mail:** info@soarfoxcities.com    **Fax:** 920.725.1531

**Website:** www.soarfoxcities.com

**Supported By:**



## Message from the Executive Director~



Hello Friends of SOAR!

Happy July friends!! I hope you've all had a great start to summer!

I, for one, have most definitely been enjoying the weather lately. Sun, warmth and soon it will be lake time!

With summer upon us it's time to get our sunscreen out and get ready to spend some time outside orrr at the ball park! Did you see, we're heading to a Timber Rattlers game? Check it out! We also have a lot of other fun events coming up so don't forget to check them out!

I'm excited to announce that we're also launching some programs specifically for young adults ages 18-30. A lot of the activities will mirror what we do with our general adult programming, but we've been asked to create some specific opportunities for young adults! That being said, if you're a young adult and have ideas, or what to share the things you love to do, please share them!!

One last announcement to tie up my July newsletter. Many of you know or chatted with Jolene, our Finance Manager, over the years and I wanted to share the news that Jolene has retired! We're excited for her and the journeys to come for her! We are currently working with a bookkeeping company, but if you have questions you can contact our offices, particularly me. We will be hiring for the position as well, but wanted to also take this opportunity to streamline some of our processes.

Another friendly reminder about our SOAR store! You can purchase your SOAR gear via the online store located on our website or by using this link: <https://soarfoxcities.com/soar-store/> We can't wait to see you sporting your SOAR gear around town!

Thank you all so much for being a part of SOAR as participants, donors, and volunteers!! YOU and your dedication make SOAR an amazing place to be! Here's looking forward to the sunshine-y summer months ahead!

~ Erin Schultz-Wege, Executive Director

### SOAR Fox Cities Board of Directors

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#### After-Hours Program Phones (for emergencies during events)

Special Olympics Cell Phone: (920) 809-8923  
SRR Cell Phone: (920) 809-8923

### Get in Touch!

(920) 731-9831 | [info@soarfoxcities.com](mailto:info@soarfoxcities.com)

#### Executive Director

Erin Schultz-Wege: x116  
[Erin@soarfoxcities.com](mailto:Erin@soarfoxcities.com)

#### Director of Adult Services

LeeAnn Stein: x112  
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#### Youth Services Manager

Lisa McCallister: x110  
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#### SRR Program Coordinator

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#### Community Inclusion Coordinator

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#### Special Olympics Coordinator

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#### Family & Community Education Program Coordinator

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#### TBI Support Program Navigator

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#### Beyond the Classroom Program Coordinator

Mandy Krug: x118  
[Mandy@soarfoxcities.com](mailto:Mandy@soarfoxcities.com)

#### Director of Community Engagement

Ashley Gustafson: x114  
[Ashley@soarfoxcities.com](mailto:Ashley@soarfoxcities.com)

#### Fundraising and Grant Manager

Lindsay O'Brien: x127  
[Lindsay@soarfoxcities.com](mailto:Lindsay@soarfoxcities.com)

#### Finance Manager

Vacant: x115

#### SRR Program Aide

Leslie DeStefano  
[Leslie@soarfoxcities.com](mailto:Leslie@soarfoxcities.com)

#### Member & Office Support Specialist

Hannah Armstrong: x100  
[Hannah@soarfoxcities.com](mailto:Hannah@soarfoxcities.com)

#### Volunteer Coordinator

Brenda Hostettler: x126  
[Brenda@soarfoxcities.com](mailto:Brenda@soarfoxcities.com)

# SOAR Policies

**Participation:** To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form (updated yearly)
- Acknowledgement Form from the Participant/Guardian Handbook

Note: The Participant Information Form needs to be updated annually. Throughout the course of the year changes may occur with conditions, allergies, emergency contacts, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

**Parking:** When parking at our building during business hours, please use the **parking stalls designated for 211 E. Franklin Visitors**. If you park in other companies' stalls you risk being towed.

**Inclement Weather:** Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, staff will attempt to notify all participants who are signed-up for the program or service of the closure **via email & Facebook post**. Please understand that in many instances we cannot call everyone that is registered for an activity-there are simply too many. This is why it is vital that you have an up to date email on file with us. We **will ONLY post cancellations to Facebook or email about them**. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check your emails and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity.

**Registration:** We offer many ways to register for SOAR activities including signing-up through the SOAR website, calling and speaking to a staff during M-TH 9a-4:30pm office hours, mailing in a registration sheet via USPS mail, or stopping at our office window during office hours and speaking to a staff member in person. **We DO NOT accept registration via voicemail or email**. We will make every attempt to follow up on a voicemail or email, but please use the other options mentioned above to register for activities.

**Payment:** We **DO NOT and WILL NOT collect payments at activities**. Do not give staff your payment-we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the black-colored lock/mail box outside the main entrance of the SOAR Offices. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 109. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

**Cancellation:** If you are unable to attend an event, **you must cancel at least 5 days in advance. If you do not cancel in advance you will be liable for the program fees**. Please see enclosed notice regarding cancellation policy on the registration slip.

*SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.*

## Volunteering

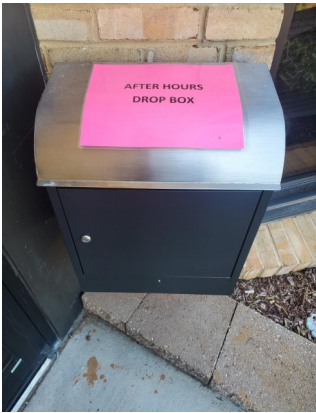
There is a wide variety of opportunities to volunteer at SOAR! We have regular needs for assistance with educational and recreational activities. We often need chaperones for fun outings. We also love to host group volunteer opportunities for companies and clubs!

We are currently looking for volunteers to assist with our summer Special Olympics, including Bocce Ball, Softball, or T-ball. You do not need prior knowledge of sports, just willingness to show up and help out!

If you're interested in learning more or getting started, please contact Brenda: [brenda@soarfoxcities.com](mailto:brenda@soarfoxcities.com)

# ANNOUNCEMENTS AND REMINDERS

## **We have a lock box outside of the SOAR Building!**



When facing the main entrance of the building from the parking lot you will see a black box with a silver lid on the right side of the building doors. **This is the after-hours drop box where payments or paperwork can be left when SOAR is closed.** This includes before or after the hours of 9:00-4:30pm M-TH, or Fridays, Saturdays, and Sundays. Simply lift the silver top and drop your envelope into the opening. **We always recommend dropping things off to the office during office hours for the most security,** but we understand that not everyone's schedules allow for this. This lock box will be checked once a day by SOAR staff or the building manager. If you drop something off on Friday, or Thursday night, it may not be checked/received until Monday. Please call the office if you have questions.

## **We do NOT accept payments at activities**

Friendly Reminder: DO NOT give coaches, volunteers, or SOAR staff payment or any SOAR document that need to be filled out/turned into the office while at practices or programs! We will NOT accept it!

**All payment and forms must be turned in to the SOAR Office during office hours, mailed in, or dropped-off in the lock box.** You can also go to [soarfoxcities.com](http://soarfoxcities.com) for payment and activity registration, or speak with a staff member on the phone. As a reminder: voicemails or emails will not be accepted as registration.

## **Please don't arrive more than 15 minutes early**

Please remember **not to arrive any more than 15 minutes before activities begin!** If you do, you must wait outside the building until the leader of that specific activity arrives. **Other staff will not be allowed to let you inside the building unattended.** Please plan ahead because we do not want anyone waiting outside in unsafe weather.

## **More respite time (AE and SRR)**

On the last Wednesday of each month there will be a **back-to-back SRR activity and AE activity** with 30-60 minutes in between to allow caregivers more respite time. The activities will not always be the same kind (ie–crafts followed by baking), but will always be an SRR activity followed by an AE activity. Please note, it is NOT required that the participant signs-up for both classes if they only want to attend one of the two. Please call the office with any questions.

## **SOAR is selling Kwik Trip gift cards!**

For every gift card purchased directly from SOAR, a percentage of the purchase is donated back! Stop by to purchase yours today!



*\*Turn to the specific page number listed under the "page" column for all details needed for each activity.\**

<b>Program Type KEY</b>	
<b>Youth Programs=Youth, Adult Programs =AE/SRR, Advocacy Programs=TBI/PF, Family Programs =FAM, Community Ed =CE, Community Inclusion= CI</b>	

July	Program Choice	Time	Page	member/non-member/caregiver	IRIS Code	Staffed By:	Type KEY	Class Capacity	Register By:
2	Theater Tuesday	1:00pm-3:30pm	8	\$11/\$22/\$7	C	Jackie	CL	12	6/25
3	Coffee Connections	10:30am- 11:30am	6	FREE	F	Angie	FAM	25	7/2
3,10,17,31	Wellness Walk Wednesday	8:45am-10:00am	8	FREE	C	Jackie	CI	10	6/25
8	No Bake	10:00pm-11:30am	8	\$35/\$70	F	LeeAnn	AE	12	7/1
9	People First Fox Cities	5:30pm-7:00pm	7	\$10	C	LeeAnn	AE	25	7/2
9	Theater Tuesday	1:00pm-3:30pm	8	\$11/\$22/\$7	C	Jackie	CI	12	7/2
10	Bingo	6:00pm-7:30pm	8	\$20/\$30	C	Amy	AE	25	7/2
10,24	Splash Pad	9:00am-10:00am	6	FREE	-	Lisa	Youth	-	-
11	Lunch and Learn	11:30am-12:30pm	6	FREE	-	Angie	Fam	25	7/10
11	Baking	10:00am-12:00pm	8	\$35/\$70	F	LeeAnn	AE	8	7/2
11	Virtual TBI Group	5:00-6:00pm	7	FREE	-	Clare	TBI	-	-
12	Dance	6:00pm-8:00pm	8	\$10/\$20	F	Amy	AE	100	7/2
13	Timber Rattlers Game	3:45pm-10:30pm	8	\$65/\$130/\$30	C	Amy	SRR	25	6/27
16,23,30	Healthy Cooking	4:00pm-5:30pm	9	\$90/\$180	F	LeeAnn	AE	8	7/9
16	Theater Tuesday	1:00pm-3:30pm	9	\$11/\$22/\$7	C	Jackie	CI	12	7/9
17	Dinner and Movie	5:00pm-8:00pm	9	\$40/\$80/\$30	C	Amy	AE	25	7/10
18	Baking	10:00am-12:00pm	9	\$35/\$70	F	LeeAnn	AE	8	7/11
18	Dance 4 All	3:00pm-3:45pm	9	FREE	F	Jackie	CI	10	7/11
18	TnT	6:30pm-8:00pm	6	FREE	F	Lisa	Youth	-	-
22	Make and Take	10:00am-12:00pm	9	\$35/\$70	F	LeeAnn	AE	8	7/22
24	Games	6:00pm-7:30pm	9	\$20/\$30	F	Amy	Youth	25	7/17
29	TBI Group at St. Elizabeths	6:00pm-7:00pm	7	FREE	C	Clare	TBI	-	-
30	Mini but Mighty SOARers	9:00am-11:00am	6	FREE	C	Angie	Fam	10 Families or 15 Kids	7/29
30	Theater Tuesday	1:00pm-3:30pm	9	\$14/\$28/\$10	F	Jackie	CI	12	7/23
31	Crafts	6:00pm-7:30pm	9	\$20/\$30	F	Amy	AE	25	7/24

# Youth Programs

Program	Details	Skills
<b>Splash Pad</b> City of Neenah Parks and Rec department open the splash pad early and sets this time aside for individuals living with differing abilities and their families. This is not a SOAR staffed event, so please come with families or caregivers. Enjoy the sun and summer!	<b>Wed, July 10th &amp; 24th, 9:00-10:00am</b>  Washington Park Splash Pad in Neenah FREE <b>No Register by Date</b>	Community knowledge, being in a group setting, turn taking, public behaviors.
<b>TnT</b> Half way through the summer, time goes fast. Join us tonight for some Fun!	<b>Thurs, July 18th, 6:30-8pm</b>  SOAR Lower Level FREE <b>No Register by Date</b>	Communication, relationship building, creative thinking, decision making, being in a group setting and learning how to take turns!

**For more info on Youth Programs contact Lisa:** [Lisa@soarfoxcities.com](mailto:Lisa@soarfoxcities.com) or (920) 731-9831 x110



# Family Programs

Program	Details	Skills
<b>Coffee Connections</b> Parents and caregivers join us for morning snacks and conversation, connecting with others going through a similar journey!	<b>Wed, July 3rd 10:30-11:30am</b>  SOAR Building, Lower Level FREE Capacity limit: 25 <b>Register by July 2nd</b>	Networking, resources, vulnerability to share experiences, active listening, building relationships
<b>Lunch and Learn Virtual Support Group</b> Join us for our NEW Virtual Support group. A great chance to network with other caregivers on a similar journey from the comfort of your home or office.	<b>Thurs, July 11th 11:30-12:30pm</b>  <u>Virtual</u> FREE Capacity limit: 25 <b>Register by July 7th</b>	Networking, resources, vulnerability, and compassion
<b>Mini but Mighty</b> Join us for story time, activities, networking, and lots of sensory-regulating fun! A great opportunity to meet, mingle, and support other caregivers on a similar journey!	<b>Tues, July 30th, 9:00-11:00am</b>  <u>Sensory Club</u> 976 American Dr. STE. 8, Neenah FREE Capacity limit: 10 Families, 15 kids <b>Register by July 29th</b>	Networking, social skills, resources, parallel and joint play, communication, vulnerability, and compassion.

**For more info on Family Programs contact Angie:** [Angie@soarfoxcities.com](mailto:Angie@soarfoxcities.com) or (920) 731-9831 x111

# Advocacy Programs

Program	Details	Skills
<p><b>People First Fox Cities with LeeAnn</b></p> <p>People First Annual Picnic</p>	<p><b>Tues, July 9th 5:30pm-7:00pm</b></p> <p>Fee: \$10.00 per person Capacity Limit: 25 <b>Register By July 2nd</b></p>	<p>Communication, being in a group setting, public behaviors, making friends and decision making.</p>
<p><b>Virtual TBI Support Group with Clare</b></p> <p>Join us for our TBI Virtual Support Group. This group includes TBI survivors, loved ones and caregivers. Sign in from the comfort of your home or office.</p>	<p><b>Thurs, July 11th, 5:00-6:00pm</b></p> <p><u>Zoom</u> FREE <b>No Register by Date</b></p>	<p>Networking, resources, vulnerability to share experiences, active listening, building relationships, offering support, and compassion.</p>
<p><b>St. Elizabeth's TBI Support Group with Clare</b></p> <p>Brain Injury Support Group meetings are for brain injury survivors and supporters to connect and learn from one another!</p>	<p><b>Mon, July 29th, 6:00-7:00pm</b></p> <p><u>St. Elizabeth's Hospital</u> 1506 S. Oneida St., Appleton 2nd Floor, Conference Room 1 &amp; 2 FREE</p>	<p>Networking, resources, vulnerability to share experiences, active listening, building relationships and offering support</p>

**For More info on People First, contact LeeAnn:** LeeAnn@soarfoxcities.com or (920) 731-9831

**For More info on People First, contact Clare:** Clare@soarfoxcities.com or (920) 585-7820

# Adult Programs (AE, SRR & CI)

Program	Details	Skills
 <p><b>Theater Tuesday</b> Come watch Trolls Band Together. Your ticket even includes complimentary popcorn!</p>	<p><b>Tues, July 2nd 1:00pm-3:30pm</b> <b>Marcus Hollywood Cinema 513 N Westhill Blvd.</b> Fee: \$11 member/ \$22 Non-member/ Caregiver \$7 Capacity limit: 12 <b>Register by June 25th</b></p>	<p>Communication, being in a group setting, public behaviors, making friends, decision making.</p>
 <p><b>Wellness Walk Wednesday with Jackie</b> We will be walking 3 different trails in the Fox Valley! This is an 8 week program.</p>	<p><b>Weds, July 3rd, 10th, 17th &amp; 31st 8:45-10:15am</b> <b>1300 E Newberry St, Appleton–Telulah Park</b> No Fee Capacity limit=10 <b>Register by June 25th</b></p>	<p>Communication, being in a group setting, public behaviors, making friends, physical strength, and coordination.</p>
 <p><b>‘No Bake’ with LeeAnn</b> You'll be making Berry Icebox cake!</p>	<p><b>Mon, July 8th, 10:00-11:30am</b> SOAR Building, Lower Level Fee: \$35 member/ \$70 non-member Capacity limit=12 <b>Register by July 1st</b></p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation.</p>
 <p><b>Theater Tuesday With Jackie</b> We will be seeing the Spongebob Squarepants Movie! Tickets include complimentary popcorn.</p>	<p><b>Tues, July 9th, 1:00-3:30pm</b> <b>Marcus Hollywood Cinema 513 N Westhill Blvd</b> Fee: \$11 member/ \$22 non-member /Caregiver \$7 Capacity limit=12 <b>Register by July 2nd</b></p>	<p>Communication, being in a group setting, making friends, and decision making.</p>
 <p><b>Bingo</b> Bingo Fever– Come Play!</p>	<p><b>Weds, July 10th, 10:00-12:00pm</b> SOAR lower Level Fee: \$20 member/ \$30 non-member Capacity limit: 25 <b>Register by July 2nd</b></p>	<p>Communication, decision making, critical thinking. Following directions, being in a group setting, making friends and building relationships.</p>
 <p><b>Baking Class</b> This is a savory baking class, you will be making Italian Puff Pastries!</p>	<p><b>Thurs, July 11th, 10:00-12:00pm</b> SOAR Building, Lower Level Fee: \$35 member/ \$70 non-member Capacity limit=8 <b>Register by June 10th</b></p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety and sanitation.</p>
 <p><b>Dance</b> Enjoy the dance at Fritsch Park– Music, Food, outdoor games– In a great setting!</p>	<p><b>Friday, July 12th 6:00-8:00pm</b> 1651 Sandy Lane Menasha– Fritsch Fee: \$10member/ \$20 non-member Capacity limit=100 <b>Register by July 2nd</b></p>	<p>Communication, following directions, be in a group setting, building relationships and making decisions.</p>
 <p><b>Timber Rattlers Game</b> Join us for a Star Wars themed night at the T-Rats Stadium! Enjoy dinner (hotdogs, burgers &amp; brats) followed by fireworks.</p>	<p><b>Sat, July 13th, 3:45-10:30pm</b> <b>3:45pm drop off at SOAR, Pickup at SOAR</b> Fee: \$65 member/ \$130 non-member/ \$30 Caregiver Capacity limit=25 <b>Register by June 27th</b></p>	<p>Communications, following directions, be in a group setting, making friends and building relationships.</p>

**For more info on Adult Education, contact LeeAnn:** LeeAnn@soarfoxcities.com or (920) 731-9831 x112

**For more info on SRR, contact Amy:** amy@soarfoxcities.com or (920) 731-9831 x113

**For more information on Community Inclusion & Young Adult Programs, contact Jackie:** Jackie@soarfoxcities.com or (920) 731-9831 x109



# Adult Programs (Continued)

Program	Details	Skills
 <p><b>Theater Tuesday</b> Come watch Paw Patrol: the Mighty Movie. Your ticket even includes complimentary popcorn!</p>	<p><b>Tues, July 16th 1:00-3:30pm</b> <b>Marcus Hollywood Cinema 513 N Westhill Blvd</b> Fee: \$11 member/ \$22 non-member/ Caregiver \$7 Capacity Limit: 12 <b>Register by July 9th</b></p>	<p>Communications, following directions, be in a group setting, making friends and building relationships. Responsibility for money (if they buy extras)</p>
 <p><b>Healthy Cooking Class</b> This is a three week series that will focus on in-season foods.</p>	<p><b>July 16th, 23rd, 30th 4:00-5:30pm</b> SOAR Lower Level Fee: \$90 member/ \$180 non-member Capacity limit=8 <b>Register by July 9th</b></p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation, and nutrition education.</p>
 <p><b>Dinner &amp; Movie</b> Enjoy pizza and a new movie release! Bring money for popcorn if you'd like.</p>	<p><b>Weds, July 17th 5:00– 8:00pm</b> <b>Hollywood Cinema– Drop off/ Pick up movie side of building</b> \$40 member/ \$80 non-member/ caregiver \$30 Capacity Limit: 25 <b>Register by July 10th</b></p>	<p>Following directions, communication, making friends and building relationships Responsibility for money if they buy extra snacks!</p>
 <p><b>Baking</b> You'll be making "Mounds" cake, similar ingredients as the candy bar.</p>	<p><b>Thurs, July 18th 10:00am-12:00pm</b> SOAR Lower Level Fee: \$35 member/ \$70 non-member Capacity Limit: 8 <b>Register by July 11th</b></p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety, and sanitation.</p>
 <p><b>Dance 4 All</b> We will teach inclusive, adaptive, and integrated dance. Class will start July 18th- August 22 with fun themes each week. The final week, participants will perform at the corn roast! There are only 10 spots available.</p>	<p><b>Thurs, July 18th 3:00-3:45pm</b> FREE SOAR Lower Level Capacity Limit: 10 <b>Register By July 11th</b></p>	<p>Communication, Relationship Building. Creative thinking, physical strength, balance and being in a group setting.</p>
 <p><b>Make and Take</b> You'll be making a Ham &amp; Asparagus Strata!</p>	<p><b>Mon, July 22nd 10:00-12:00pm</b> Fee: \$35member/ \$70 non member SOAR Lower Level Capacity Limit: 8 <b>Register By July 22nd</b></p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety, and sanitation!</p>
 <p><b>Games</b> Come enjoy Monopoly, Sorry, Uno and much more!</p>	<p><b>Weds, July 24th, 6:00-7:30pm</b> Fee: \$20 member/ \$30 non-member Capacity limit=25 <b>Register by July 17th</b></p>	<p>Communication, following directions, being in a group setting, making friends, following directions and building relationships.</p>
 <p><b>Theater Tuesday</b> Come watch Deadpool and Wolverine! Your ticket even includes complimentary popcorn!</p>	<p><b>Tues, July 30th, 6:00-7:30pm</b> Fee: \$20 member/ \$30 non-member Capacity limit=25 <b>Register by July 17th</b></p>	<p>Communication, being in a group setting, making friends, and decision making.</p>
 <p><b>Crafts</b> Lets make something colorful!</p>	<p><b>Weds, July 31st 6:00-7:30pm</b> SOAR Lower Level Fee: \$20member/ \$30 non-member Capacity Limit: 25 <b>Register by July 24th</b></p>	<p>Communication, being in a group setting, public behaviors, making friends, physical strength, and coordination.</p>

## Special Olympics updates:

**The 2024 bowling registration will be in the next newsletter! Be sure to sign up ASAP, as bowling is our most popular sport!**

By the time you see this newsletter, our track season will be over. The District Meet was a huge success, and we have 15 athletes advancing to the 2024 Summer Games. Congrats all!



**IMPORTANT: When completing an SO registration for ANY sports season, please complete the form in its entirety! I realize SOAR may have your email address or phone number, but our coaches may not be able to look them up if an emergency occurs at practice or a tournament. ALWAYS list the athlete's emergency contact name and phone number. An email is required as that is how we communicate with everyone during the season.**



**SO Volunteers Needed:** : We are always looking for more coaches and volunteers for our SO Program. Please note: all positions are volunteer positions which are unpaid. If you'd like to get involved, please contact Jen if you're interested: [Jen@soarfoxcities.com](mailto:Jen@soarfoxcities.com)

**Reminder! Our cancellation policy is:**

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there will be no credit given, only in rare instances will exceptions be granted.

**If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.**

If cancelling (or no-show) for a part of a series, no credit will be given. If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

**1.** Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waitlist and gives another participant the opportunity to join the activity.

**2.** Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option.

**Thank you for your understanding, patience, and support!**

\*Participant Name \_\_\_\_\_

\*Email to contact if CANCELLATION occurs: \_\_\_\_\_

Date of Activity	Activity Name	Cost

Submit total amount due to: **Registration and Payment required prior to activities.** **Total:** \_\_\_\_\_

SOAR Fox Cities

Pay by cash, check (# \_\_\_\_\_), or online.

211 E Franklin St., Suite A  
Appleton, WI 54911

**If you use IRIS, Lakeland Care, Inclusa, CLTS, or Community Care please check this box**

Please provide billing name & contact info:

\_\_\_\_\_



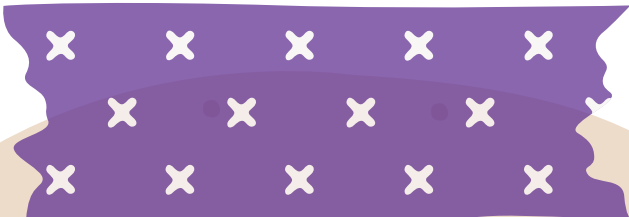
Meet our new employee

COMMUNITY INCLUSION  
COORDINATOR

For young adults age 18-30



Jackie Suter



About me

Hi participants! I'm Jackie Suter, the new community inclusion coordinator at SOAR, Fox Cities. Before joining this team, I spent the past six years teaching 7th and 8th grade EBD/special education. When I'm not at work, you'll find me spending time with my husband and three kids, keeping us on our toes. I love baking, outdoor adventures, watching movies, and anything to do with sports.

I am looking forward to connecting with everyone and planning exciting activities for young adults to enjoy!

**MY MOTTO**  
Be kind

- FUN FACTS:**
- I'm obsessed with the color green
  - I hate ketchup!
  - My all time favorite movie is How the Grinch Stole Christmas





**\*\*THIS EVENT IS FOR  
ADULTS  
AGES 18-30!\*\***



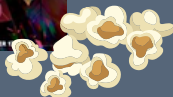
**JOIN US FOR THEATER TUESDAY**

# TROLLS BAND TOGETHER

JULY 2ND | 1:00 - 3:30 PM  
HOLLYWOOD CINEMA THEATER  
513 N WESTHILL BLVD, APPLETON, WI  
54914

\$11.00 FOR MEMBER/\$22 FOR NONMEMBER  
YOUR TICKET WILL INCLUDE COMPLIMENTARY-  
SIZE POPCORN  
THE MOVIE WILL BE 1 HOUR AND 31 MINUTES  
LONG

ANY QUESTIONS?  
CONTACT JACKIE  
(920) 731-9831  
JACKIE@SOARFOXCITIES.COM





**\*\*THIS EVENT IS FOR  
ADULTS  
AGES 18-30!\*\***



**JOIN US FOR THEATER TUESDAY**

# THE SPONGEBOB SQUARPANTS MOVIE

JULY 9TH | 1:00 - 3:30 PM  
HOLLYWOOD CINEMA THEATER  
513 N WESTHILL BLVD, APPLETON, WI  
54914

\$11.00 FOR MEMBER/\$22 FOR NONMEMBER  
YOUR TICKET WILL INCLUDE COMPLIMENTARY-  
SIZE POPCORN  
THE MOVIE WILL BE 1 HOUR AND 27 MINUTES  
LONG

ANY QUESTIONS?  
CONTACT JACKIE  
(920) 731-9831  
JACKIE@SOARFOXCITIES.COM





JOIN US FOR THEATER TUESDAY

# PAW PATROL: THE MIGHTY MOVIE

JULY 16TH | 1:00 - 3:30 PM  
HOLLYWOOD CINEMA THEATER  
513 N WESTHILL BLVD, APPLETON, WI  
54914

\$11.00 FOR MEMBER/\$22 FOR NONMEMBER  
YOUR TICKET WILL INCLUDE COMPLIMENTARY-  
SIZE POPCORN  
THE MOVIE WILL BE 1 HOUR AND 35 MINUTES  
LONG



ANY QUESTIONS?  
CONTACT JACKIE  
(920) 731-9831  
JACKIE@SOARFOXCITIES.COM





**\*\*THIS EVENT IS FOR**  
**ADULTS**  
**AGES 18-30!\*\***



**JOIN US FOR THEATER TUESDAY**

# DEADPOOL & WOLVERINE

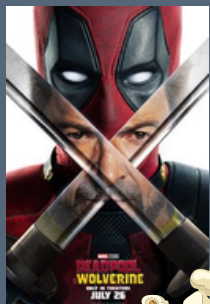
JULY 30TH | 1:00 - 3:30 PM  
HOLLYWOOD CINEMA THEATER  
513 N WESTHILL BLVD, APPLETON, WI  
54914

\$14 FOR MEMBER/\$28 FOR NONMEMBER

**\*\*THIS MOVIE IS RATED R\*\***

YOUR TICKET WILL INCLUDE COMPLIMENTARY-  
SIZE POPCORN  
THE MOVIE WILL BE 2 HOURS AND 7 MINUTES  
LONG

ANY QUESTIONS?  
CONTACT JACKIE  
(920) 731-9831  
JACKIE@SOARFOXCITIES.COM





# Wellness Walk Wednesdays



## Join Jackie for walks around the fox valley!

- This event is for SOAR participants, age 18-30
- We will rotate between three different locations
- We will start Wednesday, July 3rd - August 28th (Note: **NO walk on July 24th** - Jackie will be out of office)
- 8:45am - 10:15am
- 10 spots available for participants each week
- We will keep track of steps with pedometers
- If weather is not cooperating, we will communicate cancelation through email & Facebook posts!



REGISTER TODAY!

Jackie@soarfoxcities.com 

(920) 731-9831 



## Dance 4 All Class

*-This class is for participants within the age of 18-30 years-*

**Please join us,** we will teach inclusive, adaptive, and integrated dance classes designed for people with disabilities. Dance classes are offered in many dance themes and types and will serve people of every age, height, size and ability. This will be open for 12 participants!

**Dance 4 All** desires to make people of all abilities feel welcome in dance, everyone should have the opportunity to feel the power and joy of dance.

### **Dance 4 All Benefits:**

- ✚ Enhance motivation & create a sense of well-being
- ✚ Improve physical strength and balance
- ✚ Refresh emotional state
- ✚ An increase in confidence, cooperation, strength and coordination

### **What to expect during class:**

- ✚ A safe space to build and foster friendships
- ✚ 45 minutes of fun upbeat dancing,
- ✚ Staff that is ready to meet the individual needs of its students taking into account their emotional maturity, attention span, and developmental stage.

# YOU ARE INVITED TO .....

## DANCE WITH US!

REFLECTIONS OF GRACE WILL HOLD  
"DANCE 4 ALL" ON THURSDAY'S  
7/18, 7/25, 8/1, 8/8, 8/15

3:00-3:45 pm at SOAR (limit 12, ages 18-30)

You will then take the stage and share our dance at SOAR's  
Corn Roast on 8/22!!

**There is no cost to participate** thanks to the SAC Developmental Disabilities Fund of the Community Foundation of the Fox Valley. Please register with Soar.

"DANCE 4 ALL" WE will teach inclusive, adaptive, and integrated dance classes designed for people with disabilities. Dance classes are offered in many dance themes and types and will serve people of every age, height, size and ability. **Any questions about the class, 920-410-8080, [reflecionsofgraceschool@gmail.com](mailto:reflecionsofgraceschool@gmail.com), ["Dance 4 All"](#)**

