



August 2024

Activity & Program Guide



IMPORTANT

Please remember: **Do not arrive more than 15 minutes before activities begin!** If you do, you must wait outside the building until the leader of that specific activity arrives. Other staff will not be allowed to let you inside the building unattended. Please plan ahead because we do not want anyone waiting outside in unsafe weather.

Inside this Issue:

Note from Director & Contacts	2
Guidelines, Policies, & Volunteering	3
Announcements and Updates	4
Calendar at a Glance	5
Family Programs	6
Youth Program	6
Advocacy Programs	7
Young Adult Programs	8-9
Adult Programs	10-11
Special Olympics	12
Registration Slip	13

Inserts: Corn Roast, Sensory Safety Day, Special Olympics Brat Fry



Activity Sign-Up Announcement

Classes have been filling up quickly and we understand that has been frustrating. While we're working on adding space & classes we're also trying things to make sign-up smoother. In an attempt to make signing-up for activities as fair as possible **we will still be sending out the hardcopy newsletter mid-month on Thursday evening, BUT we will be waiting until the following Monday at noon to post the electronic newsletter on the website.** At this same time is when we will send the newsletter email AND make sign-up live on our website. We thank you for your patience and understanding.

Office Hours: Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

Address: 211 E. Franklin St. Ste. A, Appleton, WI 54911

Phone: 920.731.9831 **E-mail:** info@soarfoxcities.com **Fax:** 920.725.1531

Website: www.soarfoxcities.com

Supported By:



Message from the Director~



Hello Friends of SOAR!
 Here we are...August! August brings some of my favorite activities including the Corn Roast!
 August also signals that summer breaks are coming to an end (yes...I'm sorry to bring that up), but it means Fall is right around the corner!

Before I end our summer too soon, I want to talk about some of the new programs you've been seeing in the newsletter. These programs are being done by Jackie Suter, Community Inclusion Coordinator and many, but not all, are geared toward younger participants ages 18-30 years old. Pages 8 and 9 are titled Young Adults (18-30) and we do ask that only participants in that age bracket register. If all spots within each young adults activity do not fill up, we will open registrations to ALL Adults. I also want to clarify that Adult Programs are open to ALL adults 18 or older and are labeled 18+ in the newsletter. We realize it may be a little confusing, but we've heard the call and are trying to expand local programming for young adults as there is a gap. Many of the programs currently being offered to young adults are or will be replicated to or from Adult programs because we realize they are equally popular with our adults that are over the age of 30. As always, please know that you can call our offices with any questions you might have. We're happy to assist you!

Another friendly reminder about our SOAR store! You can purchase your SOAR gear via the online store located on our website or by using this link: <https://soarfoxcities.com/soar-store/> We can't wait to see you sporting your SOAR gear around town!

Last, but certainly not least, thank you all so much for being a part of SOAR as participants, donors, and volunteers!! YOU and your dedication make SOAR an amazing place to be!

Erin Schultz-Wege, Executive Director

SOAR Fox Cities Board of Directors

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After-Hours Program Phones (for emergencies during events)

Special Olympics Cell Phone: (920) 809-8923
 SRR Cell Phone: (920) 809-8923

Get in Touch!

(920) 731-9831 | info@soarfoxcities.com

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Finance Manager - Vacant

SRR Program Aide

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SOAR Policies

Participation: To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form (updated yearly)
- Acknowledgement Form from the Participant/Guardian Handbook

Note: The Participant Information Form needs to be updated annually. Throughout the course of the year changes may occur with conditions, allergies, emergency contacts, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking: When parking at our building during business hours, please use the **parking stalls designated for 211 E. Franklin Visitors**. If you park in other companies' stalls you risk being towed.

Inclement Weather: Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, staff will attempt to notify all participants who are signed-up for the program or service of the closure **via email & Facebook post**. Please understand that in many instances we cannot call everyone that is registered for an activity-there are simply too many. This is why it is vital that you have an up to date email on file with us. We **will ONLY post cancellations to Facebook or email about them**. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check your emails and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity.

Registration: We offer many ways to register for SOAR activities including signing-up through the SOAR website, calling and speaking to a staff during M-TH 9a-4:30pm office hours, mailing in a registration sheet via USPS mail, or stopping at our office window during office hours and speaking to a staff member in person. **We DO NOT accept registration via voicemail or email**. We will make every attempt to follow up on a voicemail or email, but please use the other options mentioned above to register for activities.

Payment: We **DO NOT and WILL NOT collect payments at activities**. Do not give staff your payment-we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the black-colored lock/mail box outside the main entrance of the SOAR Offices. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 109. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation: If you are unable to attend an event, **you must cancel at least 5 days in advance. If you do not cancel in advance you will be liable for the program fees**. Please see enclosed notice regarding cancellation policy on the registration slip.

SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

Volunteering

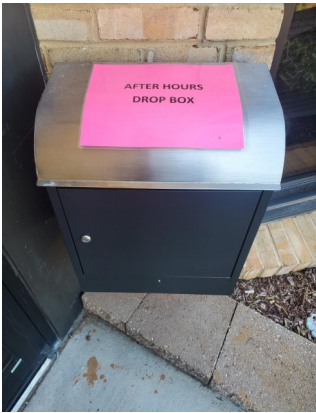
There is a wide variety of opportunities to volunteer at SOAR! We have regular needs for assistance with educational and recreational activities. We often need chaperones for fun outings. We also love to host group volunteer opportunities for companies and clubs!

We are currently looking for volunteers to assist with our summer Special Olympics, including Bocce Ball, Softball, or T-ball. You do not need prior knowledge of sports, just willingness to show up and help out!

If you're interested in learning more or getting started, please contact Brenda: brenda@soarfoxcities.com

ANNOUNCEMENTS AND REMINDERS

We have a lock box outside of the SOAR Building!



When facing the main entrance of the building from the parking lot you will see a black box with a silver lid on the right side of the building doors. **This is the after-hours drop box where payments or paperwork can be left when SOAR is closed.** This includes before or after the hours of 9:00-4:30pm M-TH, or Fridays, Saturdays, and Sundays. Simply lift the silver top and drop your envelope into the opening. **We always recommend dropping things off to the office during office hours for the most security,** but we understand that not everyone's schedules allow for this. This lock box will be checked once a day by SOAR staff or the building manager. If you drop something off on Friday, or Thursday night, it may not be checked/received until Monday. Please call the office if you have questions.

We do NOT accept payments at activities

Friendly Reminder: DO NOT give coaches, volunteers, or SOAR staff payment or any SOAR document that need to be filled out/turned into the office while at practices or programs! We will NOT accept it!

All payment and forms must be turned in to the SOAR Office during office hours, mailed in, or dropped-off in the lock box. You can also go to soarfoxcities.com for payment and activity registration, or speak with a staff member on the phone. As a reminder: voicemails or emails will not be accepted as registration.

Please don't arrive more than 15 minutes early

Please remember **not to arrive any more than 15 minutes before activities begin!** If you do, you must wait outside the building until the leader of that specific activity arrives. **Other staff will not be allowed to let you inside the building unattended.** Please plan ahead because we do not want anyone waiting outside in unsafe weather.

More respite time (AE and SRR)

On the last Wednesday of each month there will be a **back-to-back SRR activity and AE activity** with 30-60 minutes in between to allow caregivers more respite time. The activities will not always be the same kind (ie–crafts followed by baking), but will always be an SRR activity followed by an AE activity. Please note, it is NOT required that the participant signs-up for both classes if they only want to attend one of the two. Please call the office with any questions.

SOAR is selling Kwik Trip gift cards!

For every gift card purchased directly from SOAR, a percentage of the purchase is donated back! Stop by to purchase yours today!



Turn to the specific page number listed under the "page" column for all details needed for each activity.

Program Type KEY	
Youth Programs=Youth, Adult Programs =AE/SRR, Advocacy Programs=TBI/PF, Family Programs =FAM, Community Ed =CE, Community Inclusion (Young Adult)= CI	

August	Program Choice	Time	Page	member/non-member/caregiver	IRIS Code	Staffed By:	Type KEY	Class Capacity	Register By:
1	Baking	10:00am-12:00pm	10	\$35/\$70	F	LeeAnn	AE	8	7/25
1,8,15	Dance 4 All	3:00am- 3:45pm	8	FREE	F	Jackie	CI	10	-
3	Sensory Friendly Safety Day	10:00am-2:00pm	6	FREE	C	Angie	FAM	100	8/1
5	No Bake Evening Edition	6:00pm-7:30am	10	\$35/\$70	F	LeeAnn	AE	12	7/29
6,13,20	Y Fit Summer Class	10:45am-12:00pm	8	FREE	C	Jackie	CI	10	-
6	Theater Tuesday	1:00pm-3:00pm	8	\$11/\$22	C	Jackie	CI	10	7/30
7	Wellness Walk Wednesday	8:45am-10:00am	8	FREE	C	Jackie	CI	10	7/31
7	Coffee Connections	10:30am-11:30am	6	FREE	-	Angie	FAM	25	8/6
7	Grand Chute Fire Dept CPR/ First Aid Class & Tour	4:45pm-6:30pm	8	FREE	C	Jackie	CI	25	8/1
7	Bingo	6:00pm-7:30pm	10	\$20/\$30	F	Amy	SRR	25	8/1
8	Lunch and Learn- Virtual	11:30-12:30pm	6	FREE	-	Angie	Fam	25	8/7
8	Virtual TBI Support Group	5:00pm-6:00pm	7	FREE	-	Clare	TBI	-	-
8	TnT	6:30pm-8:00pm	7	FREE	F	Lisa	Youth	25	-
8	Badger Sports Park	5:45pm-8:00pm	8	\$25/\$50/\$15	C	Jackie	CI	20	8/8
9	Dance	6:00pm-8:00pm	10	\$10/\$20	C	Amy	SRR	100	8/1
10, 24	Splash Pad	9:00am-10:00am	6	FREE	C	Lisa	Youth	-	-
12	No Bake	10:00am-11:30am	10	\$35/\$70	F	LeeAnn	AE	10	8/5
13	Theater Tuesday	1:00pm-3:00pm	8	\$11/\$22	C	Jackie	CI	10	8/6
14	Wellness Walk Wednesday	8:45am-10:00am	9	FREE	C	Jackie	CI	10	8/7
14	Dinner and Movie	5:00pm-8:00pm	10	\$40/\$80/\$30	C	Amy	SRR	25	8/7
15	Baking	10:00am-12:00pm	10	\$35/\$70	F	LeeAnn	AE	8	8/8
15	Confident Women	5:00pm-8:00pm	11	BYOM	C	LeeAnn	AE	20	8/8
19	Make and Take	10:00am-11:30am	11	\$35/\$70	F	LeeAnn	AE	8	8/12
20	Theater Tuesday	1:00pm-3:00pm	9	\$11/\$22	C	Jackie	CI	10	8/13
20,27	Healthy Cooking	4:00pm-5:30pm	11	\$60/\$120	F	LeeAnn	AE	8	8/13
21	Games	6:00pm-7:30pm	11	\$20/\$30	F	Amy	SRR	25	8/14
21	Wellness Walk Wednesday	8:45am-10:00am	9	FREE	C	Jackie	CI	10	8/14
22	Corn Roast	5:30pm-8:00pm	6	\$7/person	C	Angie	Fam	300	8/15
26	TBI Group at St. Elizabeths	6:00pm-7:00pm	7	FREE	C	Clare	TBI	-	-
27	Theater Tuesday	1:00pm-3:00pm	9	\$11/\$22	C	Jackie	CI	10	8/20
27	Mini but Mighty	9:00am-11:00am	6	FREE	C	Angie	FAM	10 Families	8/26
28	Wellness Walk Wednesday	8:45am-10:00am	8	FREE	C	Jackie	CI	10	8/21
28	Crafts	6:00pm-7:30pm	11	\$20/\$30	F	Amy	AE	25	8/21
29	Timber Rattlers Game	5:15pm-10:30pm	9	\$50/\$100/\$25	C	Jackie	CI	25	8/15
31	Super Saturday- Bay Beach	10:00am-4:00pm	11	\$80/\$160/\$70	C	Amy	SRR	25	8/22

Youth Programs

Program	Details	Skills
<p>Splash Pad</p> <p>City of Neenah Parks and Rec department open the splash pad early and sets this time aside for individuals living with differing abilities and their families. This is not a SOAR staffed event, so please come with families or caregivers. Enjoy the sun and summer!</p>	<p>Wed, August 10th & 24th, 9:00-10:00am</p> <p><u>Washington Park Splash Pad in Neenah</u> FREE No Register by Date</p>	<p>Community knowledge, being in a group setting, turn taking, public behaviors.</p>
<p>TnT</p> <p>Q: What goes up when the rain comes down?</p> <p>A: Umbrellas</p>	<p>Thurs, August 8th 6:30-8pm</p> <p><u>SOAR Lower Level</u> FREE No Register by Date</p>	<p>Communication, relationship building, creative thinking, decision making, being in a group setting and learning how to take turns!</p>

For more info on Youth Programs contact Lisa: Lisa@soarfoxcities.com or (920) 731-9831 x110

Family Programs

Program	Details	Skills
<p>Sensory Friendly Safety Day</p> <p>Join us for a day of exploring first responders vehicles and interacting with fireman in an understanding environment with high and low sensory areas!</p>	<p>Sat, August 3rd 10:00am-2:00pm</p> <p><u>Fox Crossing Station 40</u> FREE Capacity limit: 100 Register by August 1st</p>	<p>Safety, communication, advocacy, building relationships, resources, public health.</p>
<p>Coffee Connections</p> <p>Parents and caregivers join us for morning snacks and conversation, connecting with others going through a similar journey!</p>	<p>Wed, August 7th 10:30-11:30am</p> <p><u>SOAR, Lower Level</u> FREE Capacity limit: 25 Register by August 6th</p>	<p>Networking, resources, vulnerability to share experiences, active listening, building relationships</p>
<p>Lunch and Learn Virtual Support Group</p> <p>Join us for our NEW Virtual Support group. A great chance to network with other caregivers on a similar journey from the comfort of your home or office.</p>	<p>Thurs, August 8th 11:30-12:30pm</p> <p><u>Virtual</u> FREE Capacity limit: 25 Register by August 7th</p>	<p>Networking, resources, vulnerability, and compassion</p>
<p>Corn Roast</p> <p>Calling all PARTY ANIMALS to our Annual Family Corn Roast. Wear your favorite animal print because it is going to be a roaring good time with tons of good food. See inserts for more details.</p>	<p>Thurs, August 22nd 11:30-12:30pm</p> <p><u>Pierce Park</u> \$7/Person Capacity limit: 300 Register by August 15th</p>	<p>Communication, networking, social skills, resources, waiting in line, public behaviors, and building relationships.</p>
<p>Mini but Mighty</p> <p>Join us for story time, activities, networking, and lots of sensory-regulating fun! A great opportunity to meet, mingle, and support other caregivers on a similar journey!</p>	<p>Tuesday, August 27th 9:00-11:00am</p> <p><u>Sensory Club</u> <u>976 American Dr. STE. 8, Neenah</u> FREE Capacity limit: 10 Families, 15 kids Register by August 26th</p>	<p>Networking, social skills, resources, parallel and joint play, communication, vulnerability, and compassion.</p>

For more info on Family Programs contact Angie: Angie@soarfoxcities.com or (920) 731-9831 x111



Advocacy Programs

Program	Details	Skills
<p>People First Fox Cities with LeeAnn</p> <p>Meet at 5pm if you want to eat dinner before the meeting (bring your own money.) Meeting starts at 6pm, we'll be discussing Valley Transits new hours and its impact.</p>	<p>Tues, August 13th 6:00pm-7:00pm</p> <p>Bring your own money Capacity Limit: 20 No Register by Date</p>	<p>Self Advocacy, communication, negotiation, confidence, appreciation, social and presenting skills, and voting.</p>
<p>Virtual TBI Support Group with Clare</p> <p>A great chance to network with other survivors, loved ones and caregivers on a similar journey from the comfort of your home or office.</p>	<p>Thurs, August 8th 5:00-6:00pm</p> <p><u>Zoom</u> FREE No Register by Date</p>	<p>Networking, resources, vulnerability to share experiences, active listening, building relationships, offering support, and compassion.</p>
<p>St. Elizabeth's TBI Support Group with Clare</p> <p>Join our in person support group to share stories, meet TBI survivors, loved ones and caregivers. We discuss success stories, share struggles and answer any questions people may have regarding the road to recovery.</p>	<p>Mon, August 26th 6:00-7:00pm</p> <p><u>St. Elizabeth's Hospital</u> 1506 S. Oneida St, Appleton 2nd Floor, Conference Room 1 & 2 FREE No Register by Date</p>	<p>Networking, resources, vulnerability to share experiences, active listening, building relationships and offering support</p>

For More info on People First, contact LeeAnn: LeeAnn@soarfoxcities.com or (920) 731-9831

For More info on People First, contact Clare: Clare@soarfoxcities.com or (920) 585-7820

Young Adults (Ages 18–30)

Program	Details	Skills
 <p>Dance 4 All We will teach inclusive, adaptive, and integrated dance. Class will start July 18th- August 22 with fun themes each week! The final week, participants will perform at the corn roast! Only 10 spots available!</p>	<p>Thurs, August 1st, 8th and 15th 3:00-3:45am <u>SOAR Lower Level</u> No Fee Capacity limit=10 No Register by date</p>	<p>Communication, relationship building, creative thinking, being in a group setting, physical strength, balance, cooperation, and coordination.</p>
 <p>Y Fit Summer Class Register for each day individually!</p>	<p>Tues, August 6th, 13th and 20th 10:45-12:00pm <u>218 E Lawrence St Appleton</u> No Fee Capacity limit=10 No Register By Date</p>	<p>Communication, being in a group setting, public behaviors, making friends, physical strength, cooperation and coordination.</p>
 <p>Theater Tuesday Join us for theater Tuesday! We will be seeing Shrek! Your ticket will include complimentary-size popcorn. If you would like more snacks/candy, you are welcome to bring your own money.</p>	<p>Tues, August 6th 1:00-3:00pm <u>Marcus Hollywood Cinema 513 N Westhill Blvd, Appleton</u> Fee: \$11 member/ \$22 non-member Capacity limit=10 Register by July 30th</p>	<p>Communication, being in a group setting, public behaviors, making friends, decision making.</p>
 <p>Wellness Walk Wednesday We will be walking three different trails throughout the Fox Valley. This is part of the eight week program. This week we will be walking the Heritage Parkway Trail.</p>	<p>Weds, August 7th 8:45-10:00am <u>Park at parking lot at 201 Sanitorium Rd</u> No Fee Capacity limit=10 Register By July 31st</p>	<p>Communication, being in a group setting, public behaviors, making friends, physical strength, and coordination.</p>
 <p>Grand Chute Fire Dept Come meet the Grand Chute Fire Fighters! They will teach general CPR and first aid. After the class, they will give us a tour of the station!</p>	<p>Weds, August 7th 4:45-6:30pm <u>2250 Grand Chute Blvd, Grand Chute</u> No Fee Capacity limit: 25 Register by August 1st</p>	<p>Communication, following directions, be in a group setting, building relationships, making decisions, helping others (empathy), taking turns, and public behaviors.</p>
 <p>Badger Sports Park Unlimited pizza & soda for 1 hour. Includes a card pre loaded for activities such as; laser tag, mini bowling, laser maze , and swiper games. Weather depending we will have access to outdoor attractions. Feel free to bring more money for other activities! Drop off & pick at Badger Sports park.</p>	<p>Thurs, August 8th, 5:45-8:00pm <u>3600 E Evergreen Dr, Appleton</u> Fee: \$20member/ \$50 non-member / \$15 caregiver Capacity limit=20 Register by August 1st</p>	<p>Communication, following directions, be in a group setting, building relationships, making decisions, helping others (empathy), taking turns, and public behaviors.</p>
 <p>Theater Tuesday Join us for theater Tuesday! We will be seeing The Lego Movie! Your ticket will include complimentary-size popcorn. If you would like more snacks/ candy, you are welcome to bring your own money.</p>	<p>Tues, August 13th 1:00-3:00pm <u>Marcus Hollywood Cinema 513 N Westhill Blvd, Appleton</u> Fee: \$11 member/ \$22 non-member Capacity limit=10 Register by August 6th</p>	<p>Communication, following directions, be in a group setting, building relationships and making decisions.</p>

Young Adults Continued (Ages 18-30)

Program	Details	Skills
 <p>Wellness Walk Wednesday We will be walking three different trails throughout the fox valley. This is part of the eight week program. This week we will be walking the Lutz Park Trail in Little Chute.</p>	<p>Weds , August 14th 8:45-10:00am <u>1320 S Lutz Dr, Appleton</u> No Fee Capacity limit=10 Register By August 7th</p>	<p>Communication, being in a group setting, public behaviors, making friends, physical strength, and coordination.</p>
 <p>Theater Tuesday Join us for theater Tuesday! We will be seeing Wonder Park! Your ticket will include complimentary-size popcorn. If you would like more snacks/ candy, you are welcome to bring your own money.</p>	<p>Tues, August 20th 1:00-3:00pm <u>Marcus Hollywood Cinema 513 N Westhill Blvd, Appleton</u> Fee: \$11 member/ \$22 non-member Capacity limit=10 Register by August 13th</p>	<p>Communication, being in a group setting, public behaviors, making friends, decision making.</p>
 <p>Wellness Walk Wednesday We will be walking three different trails throughout the fox valley. This is part of the eight week program. This week we will be walking the Telulah Park Trail.</p>	<p>Weds, August 21st 8:45-10:00am <u>1300 E Newberry St, Appleton,</u> No Fee Capacity limit=10 Register By August 14th</p>	<p>Communication, being in a group setting, public behaviors, making friends, physical strength, and coordination.</p>
 <p>Theater Tuesday Join us for theater Tuesday! We will be seeing Sing 2! Your ticket will include complimentary-size popcorn. If you would like more snacks/candy, you are welcome to bring your own money.</p>	<p>Tues, August 27th 1:00-3:00pm <u>Marcus Hollywood Cinema 513 N Westhill Blvd, Appleton</u> Fee: \$11 member/ \$22 non-member Capacity limit=10 Register by August 20th</p>	<p>Communication, following directions, be in a group setting, building relationships, making decisions, helping others (empathy), taking turns, and public behaviors.</p>
 <p>Wellness Walk Wednesday We will be walking three different trails throughout the fox valley. This is part of the eight week program. This week we will be walking the Heritage Parkway Trail .</p>	<p>Weds, August 28th 8:45-10:00am <u>Park at parking lot at 201 Sanitorium Rd</u> No Fee Capacity limit=10 Register By August 21st</p>	<p>Communication, following directions, be in a group setting, building relationships, making decisions, helping others (empathy), taking turns, and public behaviors.</p>
 <p>Timber Rattlers Game Take me out to the ball game! An evening at T-Rats Stadium! Meet at Soar at 5:15 pm, BUS WILL LEAVE AT 5:40. We will travel by bus to the stadium for a 6:40pm game! For dinner we will enjoy brats, burgers, hot dogs & more! After the game, there will be fireworks! We will head back to SOAR for pick up at 10:30.</p>	<p>Thurs, August 29th 5:15-10:30pm <u>Timber Rattlers Stadium</u> Fee: \$50 member/ \$100 non-member / Caregiver \$25 Capacity limit=25 Register by August 15th</p>	<p>Communication, following directions, be in a group setting, building relationships and making decisions.</p>

Adult Programs (Ages 18+)

Program	Details	Skills
 <p>Baking You'll be making chocolate zucchini bread.</p>	<p>Thurs, August 1st 10:00-12:00pm SOAR Lower Level Fee: \$35 member/ \$70 non-member Capacity limit=8 Register by July 25th</p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation</p>
 <p>'No Bake' Evening Edition You'll be making Eclair Torte!</p>	<p>Mon, August 5th 6:00-7:30pm SOAR Lower Level Fee: \$35 member/ \$70 non-member Capacity limit=12 Register by July 29th</p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation.</p>
 <p>Bingo Bingo was his name "O"</p>	<p>Weds, August 7th 6:00-7:30pm SOAR Lower Level Fee: \$20 member/ \$30 non-member Capacity limit=25 Register By August 1st</p>	<p>Communication, decision making, critical thinking, Following directions, being in a group setting, making friends and building relationships.</p>
 <p>Dance Come Dance the night away at Fritsch Park!</p>	<p>Friday, August 9th 6:00-8:00pm 1651 Sandy Lane Menasha-Fritsch Park Fee: \$10 member/ \$20 non-member Capacity limit=100 Register by August 1st</p>	<p>Communication, following directions, be in a group setting, building relationships and making decisions.</p>
 <p>'No Bake' You'll be making Butterscotch Pretzel bars that are made with peanuts and peanut butter.</p>	<p>Mon, August 12th 10:00-11:30pm SOAR Lower Level Fee: \$35 member/ \$70 non-member Capacity limit=10 Register by August 5th</p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety and sanitation.</p>
 <p>Dinner and Movie Enjoy Pizza followed by a movie in our own theater (Hollywood Cinema)! Bring money for popcorn if you'd like. Drop off and pick up on the movie side of building.</p>	<p>Weds, August 14th 5:00-8:00pm Marcus Hollywood Cinema 513 Westhill Blvd Appleton Fee: \$40 member/ \$80 non-member/ Caregiver \$30 Capacity limit=25 Register by August 7th</p>	<p>Communications, following directions, be in a group setting, making friends and building relationships. Responsibility for money (if buying extra snacks.)</p>
 <p>Baking You'll be making Cornflake Cookies!</p>	<p>Thurs, August 15th 10:00-12:00pm SOAR Lower Level Fee: \$35 member/ \$70 non-member Capacity limit=8 Register by August 8th</p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation</p>

For more info on Adult Education, contact LeeAnn: LeeAnn@soarfoxcities.com or (920) 731-9831 x112

Adult Programs Continued (Ages 18+)

Program	Details	Skills
 <p>Confident Women</p> <p>Bring a lawn chair or blanket and enjoy food trucks (BYOM) or a packed meal. The Dweebs (party band) will be performing hits from the 60's to today. The concert goes until 8:30pm. You are welcome to stay until the end! We recommended those being picked up to leave by 8pm to avoid congestion. <i>This event is weather pending.</i></p>	<p>Thurs, August 15th 5:00-8:00pm <u>Jones park, Appleton (drop off S. Rocky Bleier Run)</u> Fee: Bring your own money or meal/snacks! Capacity Limit: 20 Register by August 8th</p>	<p>Social skills, building relationships, decision making, handling money, public behaviors.</p>
 <p>Make and Take</p> <p>You'll be making an artichoke, shrimp pasta salad.</p>	<p>Mon, August 19th 10:00-11:30am <u>SOAR Lower Level</u> Fee: \$35 member/ \$70 non-member Capacity limit=8 Register by August 12th</p>	<p>Planning, fine motor, recipe reading/ comprehension, kitchen safety and sanitation.</p>
 <p>Healthy Cooking</p> <p>This is a two week cooking series that will focus on in-season foods.</p>	<p>Tues, August 20th, 27th 4:00- 5:30pm <u>SOAR Lower Level</u> \$60 member/ \$120 non-member Capacity Limit: 8 Register by August 13th</p>	<p>Following directions, communication, making friends and building relationships Responsibility for money if they buy extra snacks!</p>
 <p>Games</p> <p>All Gamers Welcome!</p>	<p>Weds, August 21st 6:00-7:30pm <u>SOAR Lower Level</u> Fee: \$20 member/ \$30 non-member Capacity Limit: 25 Register by August 14th</p>	<p>Communication, decision making, critical thinking, following directions, being in a group setting, making friends and building relationships</p>
 <p>Crafts</p> <p>Come make a fall Craft!</p>	<p>Weds, August 28th 6:00-7:30pm <u>SOAR Lower Level</u> Fee: \$20 member/ \$30 non-member Capacity Limit: 25 Register By August 21st</p>	<p>Fine motor skills, creativity, following directions, communication, making friends, problem solving.</p>
 <p>Super Saturday at Bay Beach</p> <p>Join us for a day at Bay Beach! <u>Bring your own lunch!</u> Please arrive to SOAR at 10am. We will leave SOAR at 10:15 and travel by bus to Bay Beach. We have a covered pavilion that we will have access to all day. Please bring additional money if you would like to purchase snacks or souvenirs. <i>Plan to be outside all day, and plan accordingly (sunscreen, ChapStick etc.)</i> Bus will return to SOAR at 4pm.</p>	<p>Sat, August 31st 10:00-4:00pm <u>Meet at SOAR</u> Fee: \$80member/ \$160 non member / \$70 caregiver Capacity Limit: 25 Register By August 22nd</p>	<p>Communication, Following directions, Be in a group setting, building relationships, making decisions.</p>

Special Olympics updates:

The 2024 bowling registration is in THIS newsletter! Be sure to sign up ASAP, as bowling is our most popular sport. We have a few changes to announce this season. Be sure to read the below changes:

- 1.) Sabre Lanes is opening early on Mondays so we can split into two practices groups. On the registration form, please select which practice time you'd prefer, and we will do our best to accommodate; *please note, your spot in that time frame is not guaranteed and is pending the number of bowlers we have. Because Valley Transit will stop running by 6pm, our bus athletes will get priority in the early practice session. Please watch your emails for confirmation from Jen before the season begins.*
- 2.) Bowlers will receive a NEW uniform t-shirt this year and it is included in your bowling fee. These shirts are made to order so please circle your shirt size on the registration form. *Soar will NOT have extra shirts on hand; they are made to order for those that register for the season.* Please note, the old gray uniform shirts will no longer be used for bowling.
- 3.) In previous years, \$5 was collected at the end of the season for the bowling pizza party. This year bowlers must sign up for the pizza party when registering for the season. *However, this year we will only bowl 2 games at practices instead of 3, so the bowling fee is not increasing to include your shirt and pizza party. The cost of the shirt and the \$5 pizza party fee is included in your total fee.*
- 4.) SOWI listened to your requests! There will be a Regional bowling competition this year in addition to the State tournament. Please see dates and locations on the registration form. Athletes hoping to advance to State, must compete at the Regional competition.



Our Summer Sports have begun! Softball, t-ball, and bocce are going strong! The softball and bocce teams will participate in the District Tournament, Saturday August 3rd at Appleton Memorial Park. Come cheer them on!



IMPORTANT: When completing an SO registration, please complete the form in its entirety! SOAR may have your email address or phone number, but our coaches may not be able to look them up if an emergency occurs at practice or a tournament. ALWAYS list the athlete's emergency contact name and phone number! An email is required as that is how we communicate with everyone during the season. Thank you for your cooperation!

For more info on Special Olympics contact Jen: Jen@soarfoxcities.com or (920) 731-9831 x122

Reminder! Our cancellation policy is:

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there will be no credit given, only in rare instances will exceptions be granted.

If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.

If cancelling (or no-show) for a part of a series, no credit will be given. If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

1. Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waitlist and gives another participant the opportunity to join the activity.

2. Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option.

Thank you for your understanding, patience, and support!

*Participant Name _____

*Email to contact if CANCELLATION occurs: _____

Date of Activity	Activity Name	Cost

Submit total amount due to: **Registration and Payment required prior to activities.** **Total:** _____

SOAR Fox Cities

Pay by cash, check (# _____), or online.

211 E Franklin St., Suite A
Appleton, WI 54911

If you use IRIS, Lakeland Care, Inclusa, CLTS, or Community Care please check this box

Please provide billing name & contact info:





SOAR
FOX CITIES
EMPOWERING PEOPLE
WITH DIFFERING ABILITIES


CORN ROAST




5:30 PM


AUG
22ND

8:00 PM

 **Pierce Park**
1035 W. Prospect Ave., Appleton

 **Theme: Party Animals**
Come dressed in your favorite animal print and be ready to party!

 **\$7 per person**
5 years and under FREE
(This applies to participants, family members, caregivers, or others.)

 **Registration is required**
no walk ups allowed!

 **Activities:**
Tri-Shaw Bike Rides
Food, DJ, and Dancing
Ice cream truck
Glitter Tattoos and Photo Booth
Interactive Resource Tables, Prizes, and MUCH MORE!

Registration (including names of all attending) and Payment is due August 15th
****This is a family event you MUST register with a caregiver or family member****

Questions: Email angie@soarfoxcities.com or call 920-731-9831 x111



SOAR FOX CITIES SENSORY FRIENDLY SAFETY DAY

SATURDAY, AUG 3

10:00 AM - 2:00 PM

Pop in any time!

FOX CROSSING STATION 40

1326 Cold Springs Road
Neenah, WI 54956

FREE TO ATTEND

Registration required to receive a safety kit



WHAT TO EXPECT:

- HIGH AND LOW SENSORY AREAS
- INTERACTIVE SAFETY ACTIVITIES
- RESOURCE TABLES
- INTERACT WITH FIRST RESPONDERS AND THEIR VEHICLES IN A SAFE, UNDERSTANDING ENVIRONMENT
- RSVP TO RECEIVE A SAFETY KIT
- THIS IS A FAMILY EVENT PLEASE REGISTER WITH A CAREGIVER

SPONSORED BY



QUESTIONS? CONTACT ANGIE PETIT: ANGIE@SOARFOXCITIES.COM OR 920-731-9831

BRAT FRY

Support SOAR Special Olympics



Sunday, August 25th
10am - 6pm

All proceeds go to Soar's Special Olympics program



Festival Foods Brat Stand
1200 W. Northland Ave.
Appleton, 54914



2024 SOAR Special Olympics Bowling Registration

Practice Location: Sabre Lanes/Bowlero- 1330 Midway Rd. Menasha, 54952

First Practice Date: September 16th

Medical Deadline: October 1st

Bowling Fee: \$95 Member / \$125 Non-member

This season, the fee includes 2 games of bowling per week, weekly shoe rental, the end of season pizza party, and a 2024 bowling t-shirt: Athletes keep their shirt!

Registration Deadline: Aug 31!

Send form and payment to:
SOAR Fox Cities
211 E. Franklin St. Suite A
Appleton WI 54911



PLEASE COMPLETE EVERYTHING BELOW THIS LINE:

Athlete Name: _____

Athlete Phone Number (if different than emergency contact): _____

Athlete Email (if different than emergency contact): _____

Emergency Contact Name (Required): _____

Emergency Contact Phone (Required): _____

Emergency Contact Email (Required): _____

****Please note: At least one email address is REQUIRED as that is how we will relay information about the season, cancellations, tournament information, etc.!***

NEW! All Registered bowlers will receive a new 2024 bowling shirt! Circle your size below:

Youth: XS / S / M / L / XL

Adult XS / S / M / L / XL / 2X / 3X / 4X

**We will no longer be using the grey bowling shirts from previous years.*

NEW! Please select your preferred practice session.

____ Monday 4:00-5:15 pm

____ Monday 5:30- 6:45pm

If you do not have a time preference, please check both options. **This is not a guaranteed slot into the session; please watch your emails to receive a confirmation from Jen before the season begins.*

Please check all that apply:

____ I **will** compete in the Regional Competition October 19th at Sabre Lanes.

____ I **will** compete in the State Tournament December 7-8th in Wausau if I qualify.

**Please note: Additional fees may apply for SO State qualifiers.*

____ I will **NOT** compete and will only attend practices.

____ I **will** participate in the end of the season pizza party on December 2nd.

This includes 2 slices of pizza, 2 sodas, & cookie. Please note, the alley does NOT offer gluten free pizza.

____ I will **not** participate in the end of the season pizza party on the last day of practice.