



September 2024

Activity & Program Guide



IMPORTANT

Please remember: **Do not arrive more than 15 minutes before activities begin!** If you do, you must wait outside the building until the leader of that specific activity arrives. Other staff will not be allowed to let you inside the building unattended. Please plan ahead because we do not want anyone waiting outside in unsafe weather.

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Inserts: Bowling Registration, Board & Brush, Special Olympics Brat Fry, SRR Karaoke Night



Activity Sign-Up Announcement

Classes have been filling up quickly and we understand that has been frustrating. While we're working on adding space & classes we're also trying things to make sign-up smoother. In an attempt to make signing-up for activities as fair as possible **we will still be sending out the hardcopy newsletter mid-month on Thursday evening, BUT we will be waiting until the following Monday at noon to post the electronic newsletter on the website.** At this same time is when we will send the newsletter email AND make sign-up live on our website. We thank you for your patience and understanding.

Office Hours: Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

Address: 211 E. Franklin St. Ste. A, Appleton, WI 54911

Phone: 920.731.9831 **E-mail:** info@soarfoxcities.com **Fax:** 920.725.1531

Website: www.soarfoxcities.com

Supported By:



Message from the Director~



Hello Friends of SOAR!

Holy cow! It's the September newsletter!! Can you believe it!? With the weather we've been having these past few weeks, it certainly doesn't feel like Fall is just around the corner.

With September comes all things pumpkin spice and Autumnal! Who's excited!! Ok, we all

know I am, but I also don't want to rush the end of summer :)

On that note, you've all probably seen that we're starting to offer some additional programs with Jackie, our Community Inclusion Coordinator. Many of Jackie's activities are listed as "CI 18-30." So, you're probably asking what this means. We've heard from parents and participants that there is a lack of activities specifically for young adults ages 18-30. In response to that request, Jackie is developing and offering activities specifically for young adults that are between the ages of 18-30 years old. Because we'd like to ensure there are enough spots available for those young adults, we kindly ask that if you are older than 30 years old, you do not register for an activity listed as CI 18-30 within the two weeks of registration being open. After that, please call us to see if there are any spots open for that activity and, if there are, we can/will register you.

Please know that any other programs labeled 18+ can be registered for at any time. As always, please feel free to let us know if you have any questions!!

Also, with the holiday season approaching this is another friendly reminder about our SOAR store! You can purchase your SOAR gear via the online store located on our website or by using this link: <https://soarfoxcities.com/soar-store/> We can't wait to see you sporting your SOAR gear around town!

Here's looking forward to the having a great rest of the summer! Please be safe and stay cool!

~ Erin Schultz-Wege, Executive Director

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After-Hours Program Phones (for emergencies during events)

Special Olympics Cell Phone: (920) 809-8923
SRR Cell Phone: (920) 809-8923

Get in Touch!

(920) 731-9831 | info@soarfoxcities.com

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SOAR Policies

Participation: To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form (updated yearly)
- Acknowledgement Form from the Participant/Guardian Handbook

Note: The Participant Information Form needs to be updated annually. Throughout the course of the year changes may occur with conditions, allergies, emergency contacts, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking: When parking at our building during business hours, please use the **parking stalls designated for 211 E. Franklin Visitors**. If you park in other companies' stalls you risk being towed.

Inclement Weather: Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, staff will attempt to notify all participants who are signed-up for the program or service of the closure **via email & Facebook post**. Please understand that in many instances we cannot call everyone that is registered for an activity-there are simply too many. This is why it is vital that you have an up to date email on file with us. We **will ONLY post cancellations to Facebook or email about them**. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check your emails and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity.

Registration: We offer many ways to register for SOAR activities including signing-up through the SOAR website, calling and speaking to a staff during M-TH 9a-4:30pm office hours, mailing in a registration sheet via USPS mail, or stopping at our office window during office hours and speaking to a staff member in person. **We DO NOT accept registration via voicemail or email**. We will make every attempt to follow up on a voicemail or email, but please use the other options mentioned above to register for activities.

Payment: We **DO NOT and WILL NOT collect payments at activities**. Do not give staff your payment-we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the black-colored lock/mail box outside the main entrance of the SOAR Offices. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 109. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation: If you are unable to attend an event, **you must cancel at least 5 days in advance. If you do not cancel in advance you will be liable for the program fees**. Please see enclosed notice regarding cancellation policy on the registration slip.

SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

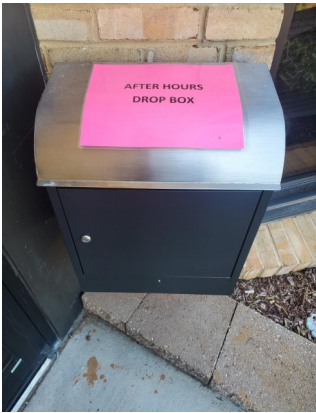
Volunteering

There are a wide variety of opportunities to volunteer at SOAR! We have regular needs for assistance with educational and recreational activities, such as cooking classes, craft nights, and field trips to places like movie theaters, Badger Sports Park, or Bay Beach. We also love to host group volunteer opportunities for companies and clubs!

If you're interested in learning more or getting started, please contact Brenda: brenda@soarfoxcities.com

ANNOUNCEMENTS AND REMINDERS

We have a lock box outside of the SOAR Building!



When facing the main entrance of the building from the parking lot you will see a black box with a silver lid on the right side of the building doors. **This is the after-hours drop box where payments or paperwork can be left when SOAR is closed.** This includes before or after the hours of 9:00-4:30pm M-TH, or Fridays, Saturdays, and Sundays. Simply lift the silver top and drop your envelope into the opening. **We always recommend dropping things off to the office during office hours for the most security,** but we understand that not everyone's schedules allow for this. This lock box will be checked once a day by SOAR staff or the building manager. If you drop something off on Friday, or Thursday night, it may not be checked/received until Monday. Please call the office if you have questions.

We do NOT accept payments at activities

Friendly Reminder: DO NOT give coaches, volunteers, or SOAR staff payment or any SOAR document that need to be filled out/turned into the office while at practices or programs! We will NOT accept it!

All payment and forms must be turned in to the SOAR Office during office hours, mailed in, or dropped-off in the lock box. You can also go to soarfoxcities.com for payment and activity registration, or speak with a staff member on the phone. As a reminder: voicemails or emails will not be accepted as registration.

Please don't arrive more than 15 minutes early

Please remember **not to arrive any more than 15 minutes before activities begin!** If you do, you must wait outside the building until the leader of that specific activity arrives. **Other staff will not be allowed to let you inside the building unattended.** Please plan ahead because we do not want anyone waiting outside in unsafe weather.

More respite time (AE and SRR)

On the last Wednesday of each month there will be a **back-to-back SRR activity and AE activity** with 30-60 minutes in between to allow caregivers more respite time. The activities will not always be the same kind (ie- crafts followed by baking), but will always be an SRR activity followed by an AE activity. Please note, it is NOT required that the participant signs-up for both classes if they only want to attend one of the two. Please call the office with any questions.

SOAR is selling Kwik Trip gift cards!

For every gift card purchased directly from SOAR, a percentage of the purchase is donated back! Stop by to purchase yours today!



Turn to the specific page number listed under the "page" column for all details needed for each activity.

Program Type KEY	
Youth Programs=Youth, Adult Programs =AE/SRR, Advocacy Programs=TBI/PF, Family Programs =FAM, Community Ed =CE, Community Inclusion= CI	

September	Program Choice	Time	Page	member/non-member/caregiver	IRIS Code	Staffed By:	Type KEY	Class Capacity	Register By:
4	Coffee Connections	10:30am-11:30am	6	FREE	F	Angie	FAM	25	9/3
4	Wellness Walk Wednesday	8:45am-10:00am	8	FREE	C	Jackie	CI	10	9/2
4	Bingo	6:00pm-7:30pm	10	\$20/\$30	F	Amy	SRR	25	8/28
5	Baking Class	10:00am-12:00pm	10	\$30/\$60	F	LeeAnn	AE	7	8/29
9	No Bake	10:00am-11:30am	10	\$30/\$60	F	LeeAnn	AE	10	9/3
9	Picnic at the Park	11:00am-12:30pm	8	\$25/\$50	C	Jackie	CI	10	9/4
10	Story Time for Everyone	9:45am-10:45am	8	FREE	C	Jackie	CI	10	9/3
11	Dinner and Movie	5:00pm-8:00pm	10	\$40/\$80/\$30	C	Amy	SRR	25	9/4
11	Wellness Walk Wednesday	8:45am-10:00am	8	FREE	C	Jackie	CI	10	9/9
12	Baking Class	10:00am-12:00pm	10	\$30/\$60	F	LeeAnn	AE	7	9/5
12	Lunch and Learn Virtual	11:30am-12:30pm	6	FREE	C	Angie	Fam	25	9/11
12	Board & Brush	2:45pm-4:00pm	8	\$35/\$70	C	Jackie	CI	10	9/4
12	People First Thursday Edition	6:00pm-7:00pm	7	FREE	C	LeeAnn	PF	25	9/9
13	Dance	6:00pm-8:00pm	10	\$10/\$20	C	Amy	SRR	100	9/5
16	Legendairy Cookies 'N Creamery Visit	2:00pm-3:30pm	8	\$20/\$40	C	Jackie	CI	8	9/12
17	Story Time For Everyone	9:45am-10:45am	9	FREE	C	Jackie	CI	10	9/10
18	Wellness Walk Wednesday	8:45am-10:00am	9	FREE	C	Jackie	CI	10	9/16
18	Karaoke Night	6:00pm-7:30pm	10	\$20/\$30	F	Amy/Abby	SRR	25	9/11
21	Super Saturday– Waldvogel's Farm	11:00am-5:30pm	11	\$55/\$110/\$45	C	Amy/Abby	SRR	25	9/12
21	Farmer's Market	8:30am-10:00am	9	FREE	C	Jackie	CI	5	9/18
23	Make and Take	10:00am-12:00pm	11	\$30/\$60	F	LeeAnn	AE	7	9/16
24	Soups On	4:00pm-5:30pm	11	\$30/\$60	F	LeeAnn	AE	8	9/17
24	Story Time For Everyone	9:45am-10:45am	9	FREE	C	Jackie	CI	10	9/17
24	Mini But Mighty	9:00am-11:00am	6	FREE	C	Angie	Fam	10 Families or 15 Kids	9/23
25	Wellness Walk Wednesday	8:45am-10:00am	9	FREE	C	Jackie	CI	10	9/23
25	My Rights	4:00pm-5:30pm	11	\$15/\$30	F	LeeAnn	AE	8	9/18
25	Crafts	6:00pm-7:30pm	11	\$20/\$30	F	Amy	AE	25	9/18
26	TnT	6:30am-8:00pm	6	FREE	C	Lisa	Youth	-	-
26	Baking Class	10:00am-12:00pm	11	\$30/\$60	F	LeeAnn	AE	8	9/19
27	License to Cruise	3:00pm-5:00pm	9	\$10/\$22	C	Jackie	CI	5	9/24

Youth Programs

Program	Details	Skills
<p>TnT</p> <p>TnT school year starts tonight. We hope to see everyone and meet some new friends!</p>	<p>Thurs, September 26th 6:30-8:00pm</p> <p><u>First Congregational United Church of Christ</u></p> <p>FREE</p> <p>No Register by Date</p>	<p>Relationship building, communication, appropriate behavior for group setting, team work, turn taking, patience and acceptance.</p>

For more info on Youth Programs contact Lisa: Lisa@soarfoxcities.com or (920) 731-9831 x110



Family Programs

Program	Details	Skills
<p>Coffee Connections</p> <p>Parents and caregivers join us for morning snacks and conversation, connecting with others going through a similar journey!</p>	<p>Wed, September 4th 10:30-11:30am</p> <p><u>SOAR, Lower Level</u></p> <p>FREE</p> <p>Capacity limit: 25</p> <p>Register by September 3rd</p>	<p>Networking, resources, vulnerability to share experiences, active listening, building relationships</p>
<p>Lunch and Learn Virtual Support Group</p> <p>Join us for our Virtual Support group. A great chance to network with other caregivers on a similar journey from the comfort of your home or office.</p>	<p>Thurs, September 12th 11:30-12:30pm</p> <p><u>Virtual</u></p> <p>FREE</p> <p>Capacity limit: 25</p> <p>Register by September 11th</p>	<p>Networking, resources, vulnerability, and compassion</p>
<p>Mini but Mighty</p> <p>Join us for Storytime, activities, networking, and lots of sensory-regulating fun! A great opportunity to meet, mingle, and support other caregivers on a similar journey! This support group is designed to allow your differently-abled child 5 years old and younger and siblings to come with you and create connections of their own. Let's learn, grow, and empower together!</p>	<p>Tuesday, September 24th 9:00-11:00am</p> <p><u>Sensory Club</u></p> <p><u>976 American Dr. STE. 8, Neenah</u></p> <p>FREE</p> <p>Capacity limit: 10 Families or 15 kids</p> <p>Register by September 23rd</p>	<p>Networking, social skills, resources, parallel and joint play, communication, vulnerability, and compassion.</p>

For more info on Family Programs contact Angie: Angie@soarfoxcities.com or (920) 731-9831 x111

Advocacy Programs

Program	Details	Skills
<p>People First Fox Cities with LeeAnn</p> <p>Amanda Hernandez will be the guest speaker talking about the FoodShare program and Feeding America.</p>	<p>Thurs, September 12th 6:00pm-7:00pm</p> <p>No Fee Capacity Limit: 25 Register by September 9th</p>	<p>Self Advocacy, communication, negotiation, confidence, appreciation, social and presenting skills, and voting.</p>
<p>Virtual TBI Support Group with Clare</p> <p>A great chance to network with other survivors, loved ones and caregivers on a similar journey from the comfort of your home or office.</p>	<p>Thurs, September 12th 5:00-6:00pm</p> <p><u>Zoom</u> FREE No Register by Date</p>	<p>Networking, resources, vulnerability to share experiences, active listening, building relationships, offering support, and compassion.</p>
<p>St. Elizabeth's TBI Support Group with Clare</p> <p>Join our in person support group to share stories, meet TBI survivors, loved ones and caregivers. We discuss success stories, share struggles and answer any questions people may have regarding the road to recovery.</p>	<p>Mon, September 30th 6:00-7:00pm</p> <p><u>St. Elizabeth's Hospital</u> 1506 S. Oneida St, Appleton 2nd Floor, Conference Room 1 & 2 FREE No Register by Date</p>	<p>Networking, resources, vulnerability to share experiences, active listening, building relationships and offering support</p>

For More info on People First, contact LeeAnn: LeeAnn@soarfoxcities.com or (920) 731-9831

For More info on People First, contact Clare: Clare@soarfoxcities.com or (920) 585-7820

Young Adults (Ages 18-30)

Program	Details	Skills
 <p>Wellness Walk Wednesday Join Jackie for wellness walk Wednesdays! We will be walking the Heritage Parkway Trail in Little Chute.</p>	<p>Weds, September 4th - 8:45-10:00am <u>Park at parking lot at 201 Sanitorium Rd</u> No Fee Capacity limit=10 Register By September 2nd</p>	<p>Communication, relationship building, creative thinking, being in a group setting, physical strength, balance, cooperation, and coordination.</p>
 <p>Picnic at the Park Join Jackie and Friends for a picnic at the park! We will be eating jimmy johns, chips and having juice!</p>	<p>Mon, September 9th - 11:00am-12:30pm <u>Meet at SOAR then we will walk to City Park</u> Fee: \$25member/\$50 non member Capacity limit=10 Register By September 4th</p>	<p>Communication, being in a group setting, public behaviors, making friends, physical strength, cooperation and coordination.</p>
 <p>Story Time for Everyone Join us for Storytime for everyone! This story time is designed for all ages and stages of life to gather together to sing, rhyme, hear stories, and visit. <i>This is led by the Neenah Public Library, but will be located at Valley VNA Senior Center.</i></p>	<p>Tues, September 10th 9:45am-10:45am <u>Valley VNA Senior Center 1535 Lyon Dr, Neenah, WI 54956</u> No Fee Capacity limit=10 Register by September 3rd</p>	<p>Social skills, following directions, behavior in a public setting, communication, building relationships</p>
 <p>Wellness Walk Wednesday We will be walking Heritage Parkway Trail.</p>	<p>Weds, September 11th - 8:45-10:00am <u>Park at parking lot at 201 Sanitorium Rd</u> No Fee Capacity limit=10 Register By September 9th</p>	<p>Communication, being in a group setting, public behaviors, making friends, physical strength, and coordination.</p>
 <p>Board & Brush Join Jackie at Board & Brush to make a fun fall board design! They will provide all the materials and instruct you step-by-step to create a beautiful sign perfect for the fall season! You will choose between 7 designs. Return your choice to SOAR or Jackie by 9/4/24!</p>	<p>Thurs, September 12th 2:45-4:00pm <u>109 N Durkee St, Appleton, WI 54911</u> Fee: \$35 member/\$70 non-member Capacity limit: 10 Register by September 4th</p>	<p>Social skills, following directions, behavior in a public setting, communication and building relationships.</p>
 <p>Legendairy Cookies 'N Creamery Visit You scream, I scream we all scream for ICE CREAM! Come join Jackie and friends for a delicious treat! We will walk together to Legendairy Cookies 'N Creamery, where we will pick out a yummy ice cream cookie sandwich of your choice! Drop off and pick up at SOAR.</p>	<p>Mon, September 16th 2:00pm-3:30pm <u>Meet at SOAR then we will walk together!</u> Fee: \$20member/ \$40 non-member Capacity limit=8 Register by September 12th</p>	<p>Social skills, following directions, behavior in a public setting, communication, building relationships,.</p>

For More info on Community Inclusion, contact Jackie: Jackie@soarfoxcities.com or (920) 731-9831 x 109

Young Adults Continued (Ages 18–30)

Program	Details	Skills
 <p>Story Time For Everyone Join us for Storytime for everyone! This story time is designed for all ages and stages of life to gather together to sing, rhyme, hear stories, and visit. <i>This is led by the Neenah Public Library, but will be located at Valley VNA Senior Center.</i></p>	<p>Tues, September 17th - 9:45-10:45am <u>Valley VNA Senior Center 1535 Lyon Dr, Neenah, WI 54956</u> No Fee Capacity limit=10 Register By September 10th</p>	<p>Social skills, following directions, behavior in a public setting, communication, building relationships.</p>
 <p>Wellness Walk Wednesday Join Jackie for wellness walk Wednesdays! We will be walking the Heritage Parkway Trail in Little Chute.</p>	<p>Weds, September 18th - 8:45-10:00am <u>Park at parking lot at 201 Sanitorium Rd</u> No Fee Capacity limit=10 Register By September 16th</p>	<p>Communication, being in a group setting, public behaviors, making friends, physical strength, and coordination.</p>
 <p>Farm Market Come see what the Appleton Farm Market is all about! So many vendors to see, food to eat, and crafts to look at! While this activity is free, please bring money if you plan to purchase from vendors!</p>	<p>Sat September 21st - 8:30-10:00am <u>MEET AT SOAR- then we will walk to College Ave together</u> FREE. Bring money if participant plans to purchase from vendors! Capacity limit=5 Register by September 18th</p>	<p>Communication, following directions, be in a group setting, building relationships, making decisions, helping others (empathy), taking turns, and public behaviors.</p>
 <p>Story Time For Everyone Join us for Storytime for everyone! This story time is designed for all ages and stages of life to gather together to sing, rhyme, hear stories, and visit. <i>This is led by the Neenah Public Library, but will be located at Valley VNA Senior Center.</i></p>	<p>Tues, September 24th - 9:45-10:45am <u>Valley VNA Senior Center 1535 Lyon Dr, Neenah, WI 54956</u> No Fee Capacity limit=10 Register By September 17h</p>	<p>Social skills, following directions, behavior in a public setting, communication, building relationships.</p>
 <p>Wellness Walk Wednesday Join Jackie for wellness walk Wednesdays! We will be walking the Heritage Parkway Trail in Little Chute.</p>	<p>Weds, September 25th - 8:45-10:00am <u>Park at parking lot at 201 Sanitorium Rd</u> No Fee Capacity limit=10 Register By September 23rd</p>	<p>Communication, being in a group setting, public behaviors, making friends, physical strength, and coordination.</p>
 <p>License to Cruise Come kick off Octoberfest weekend with an awesome classic car show! Complete with about 400 classic cars, live music and great food, you won't want to miss one of Appleton's largest car shows. Please bring extra money if you plan to purchase food!</p>	<p>Friday, September 27th - 3:00-5:00pm <u>Meet at SOAR- then walk to College Ave together!</u> Fee: \$10 member/ \$22 non-member Capacity Limit: 5 Register By September 24th</p>	<p>Social skills, following directions, behavior in a public setting, communication, building relationships, understanding of money/change.</p>

Adult Programs (Ages 18+)

Program	Details	Skills
 <p>Bingo</p> <p>Lots of Bingo Fun!</p>	<p>Weds, September 4th- 6:00-7:30pm SOAR Lower Level Fee: \$20 member/ \$30 non-member Capacity limit=25 Register By August 28th</p>	<p>Communication, decision making, critical thinking, Following directions, being in a group setting, making friends and building relationships.</p>
 <p>Baking Class</p> <p>You'll be making a classic Apple Pie!</p>	<p>Thurs, September 5th - 10:00-12:00pm SOAR Lower Level Fee: \$30 member/ \$60 non-member Capacity limit=7 Register by August 29th</p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation</p>
 <p>'No Bake'</p> <p>You'll be making a Cannoli Cake.</p>	<p>Mon, September 9th - 10:00-11:30pm SOAR Lower Level Fee: \$30 member/ \$60 non-member Capacity limit=10 Register by September 3rd</p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety and sanitation.</p>
 <p>Dinner and Movie</p> <p>Enjoy Pizza followed by a movie in our own theater (Hollywood Cinema)! Bring money for popcorn if you'd like. Drop off and pick up on the movie side of building.</p>	<p>Weds, September 11th - 5:00-8:00pm Marcus Hollywood Cinema 513 Westhill Blvd Appleton Fee: \$40 member/ \$80 non-member/ Caregiver \$30 Capacity limit=25 Register by September 4th</p>	<p>Communications, following directions, be in a group setting, making friends and building relationships. Responsibility for money (if buying extra snacks.)</p>
 <p>Baking Class</p> <p>You'll be making Dutch Apple Pie!</p>	<p>Thurs, September 12th - 10:00-12:00pm SOAR Lower Level Fee: \$30 member/ \$60 non-member Capacity limit=7 Register by September 5th</p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation</p>
 <p>Dance</p> <p>Lets Dance!</p>	<p>Fri, September 13th - 6:00-8:00pm St Mary's Menasha Fee: \$10 member/ \$20 non-member Capacity limit=100 Register by September 5th</p>	<p>Communication, following directions, Be in a group setting, building relationships, making decisions and helping others (empathy.)</p>
 <p>Karaoke Night</p> <p>Join us for a night of fun sing-along! Bust out those tunes and be prepared to sing your hearts out.</p>	<p>Weds, September 18th - 6:00-7:30pm SOAR Lower Level Fee: \$20 member/ \$30 non-member Capacity limit=25 Register by September 11th</p>	<p>Communication, decision making, critical thinking, following directions, being in a group setting, making friends and building relationships.</p>

For More info on Adult Education, contact LeeAnn: LeeAnn@soarfoxcities.com or (920) 731-9831

For More info on SRR contact Amy: Amy@soarfoxcities.com or (920) 585-7820

Adult Programs Continued (Ages 18+)

Program	Details	Skills
 <p>Super Saturday– Waldvogel’s Farm We will meet at SOAR at 11:00 and have pizza before taking a bus to & from the farm. Pumpkin included! Dress for the weather. Bring cash if you want extra snacks (caramel apples, etc).</p>	<p>Sat, September 21st - 11:00am-5:30pm <u>N7416 County Road I, Juneau WI 53039</u> Fee: \$55 member/ \$110 non-member/ \$45 caregiver Capacity limit=25 Register by September 12th</p>	<p>Social skills, following directions, behavior in a public setting, communication, building relationships</p>
 <p>Make and Take You'll be making a quiche!</p>	<p>Mon, August 23rd - 10:00-12:00pm <u>SOAR Lower Level</u> Fee: \$30 member/ \$60 non-member Capacity limit=7 Register by September 16th</p>	<p>Planning, fine motor, recipe reading/comprehension, kitchen safety and sanitation.</p>
 <p>Soups On You'll be making Wonton Soup!</p>	<p>Tues, September 24th - 4:00-5:30pm <u>SOAR Lower Level</u> Fee: \$30 member/ \$60 non-member Capacity limit=8 Register by September 17th</p>	<p>Planning, fine motor, recipe reading/comprehension, kitchen safety and sanitation.</p>
 <p>My Rights This class will explore your rights. When people understand their rights, they have better lives.</p>	<p>Weds, Wednesday 25th - 4:00– 5:30pm <u>SOAR 1st Floor Board Room</u> \$15 member/ \$30 non-member Capacity Limit: 8 Register by September 18th</p>	<p>Communication, Social Skills and Rights.</p>
 <p>Crafts Fall Craft Fun!</p>	<p>Weds, September 25th - 6:00-7:30pm <u>SOAR Lower Level</u> Fee: \$20 member/ \$30 non-member Capacity Limit: 25 Register By September 18th</p>	<p>Fine motor skills, creativity, following directions, communication, making friends, problem solving.</p>
 <p>Baking You'll be making Focaccia Bread!</p>	<p>Thurs, September 26th - 10:00-12:00pm <u>SOAR Lower Level</u> Fee: \$30 member/ \$60 non-member Capacity limit=8 Register by September 19th</p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation</p>

Special Olympics updates:

The 2024 bowling registration is in THIS newsletter! Be sure to sign up ASAP, as bowling is our most popular sport. We have a few changes to announce this season. Be sure to read the below changes:

- 1.) Sabre Lanes is opening early on Mondays so we can split into two practices groups. On the registration form, please select which practice time you'd prefer, and we will do our best to accommodate; *please note, your spot in that time frame is not guaranteed and is pending the number of bowlers we have. Because Valley Transit will stop running by 6pm, our bus athletes will get priority in the early practice session. Please watch your emails for confirmation from Jen before the season begins.*
- 2.) Bowlers will receive a NEW uniform t-shirt this year and it is included in your bowling fee. These shirts are made to order so please circle your shirt size on the registration form. *Soar will NOT have extra shirts on hand; they are made to order for those that register for the season.* Please note, the old gray uniform shirts will no longer be used for bowling.
- 3.) In previous years, \$5 was collected at the end of the season for the bowling pizza party. This year bowlers must sign up for the pizza party when registering for the season. *However, this year we will only bowl 2 games at practices instead of 3, so the bowling fee is not increasing to include your shirt and pizza party. The cost of the shirt and the \$5 pizza party fee is included in your total fee.*
- 4.) SOWI listened to your requests! There will be a Regional bowling competition this year in addition to the State tournament. Please see dates and locations on the registration form. Athletes hoping to advance to State, must compete at the Regional competition.



Our softball and bocce teams competed at the District Tournament, August 3rd Appleton. Way to go, athletes! Good luck to those advancing to the Fall Games in September!

Check out the insert at the end of the newsletter with details about our first ever SO Brat Fry! Stop by Festival Foods Brat Stand (1200 W. Northland Ave) on Sunday, August 25th to get lunch or dinner from your SO Coordinator, Jen, and fellow athletes & coaches! All money raised will come back to our SO program! If you're interested in helping out, contact Jen!



IMPORTANT: When completing an SO registration, please complete the form in its entirety! SOAR may have your email address or phone number, but our coaches may not be able to look them up if an emergency occurs at practice or a tournament. ALWAYS list the athlete's emergency contact name and phone number! An email is required as that is how we communicate with everyone during the season. Thank you for your cooperation!

For more info on Special Olympics contact Jen: Jen@soarfoxcities.com or (920) 731-9831 x122

Reminder! Our cancellation policy is:

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there will be no credit given, only in rare instances will exceptions be granted.

If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.

If cancelling (or no-show) for a part of a series, no credit will be given. If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

1. Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waitlist and gives another participant the opportunity to join the activity.

2. Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option.

Thank you for your understanding, patience, and support!

*Participant Name _____

*Email to contact if CANCELLATION occurs: _____

Date of Activity	Activity Name	Cost

Submit total amount due to: **Registration and Payment required prior to activities.** **Total:** _____

SOAR Fox Cities

Pay by cash, check (# _____), or online.

211 E Franklin St., Suite A
Appleton, WI 54911

If you use IRIS, Lakeland Care, Inclusa, CLTS, or Community Care please check this box

Please provide billing name & contact info:



NEW

JOIN US!!

KARAOKE

night



*A night of
sing-along
Fun*

Wednesday, September 18th

SOAR Fox Cities Lower Level
Activity Room

6:00 pm to 7:30 pm

To register please contact:

(920) 731- 9831

abby@soarfoxcities.com



BRAT FRY

Support SOAR Special Olympics



Sunday, August 25th
10am - 6pm

All proceeds go to Soar's Special Olympics program



Festival Foods Brat Stand
1200 W. Northland Ave.
Appleton, 54914





Board & Brush With Jackie

This activity is for participants 18-30 years of age

Join Jackie at Board & Brush to make a fun fall board design! They will provide all the materials and help instruct you step by step to create a beautiful sign perfect for the fall season! Below are the designs available.

Please choose which design you would like to create. You may cut the bottom portion off and mail into SOAR, return in person to SOAR or feel free to email Jackie your choice. If you choose to email, please include the name of participant **AND** design choice.



**Mail to SOAR Fox Cities 211 E. Franklin St. Suite A, Appleton WI, 54911

OR hand into the office to Jackie **BY SEPTEMBER 5TH**

Name of participant: _____

Design choice: _____

2024 SOAR Special Olympics Bowling Registration

Practice Location: Sabre Lanes/Bowlero- 1330 Midway Rd. Menasha, 54952

First Practice Date: September 16th

Medical Deadline: October 1st

Bowling Fee: \$95 Member / \$125 Non-member

This season, the fee includes 2 games of bowling per week, weekly shoe rental, the end of season pizza party, and a 2024 bowling t-shirt: Athletes keep their shirt!

Registration Deadline: Aug 31!

Send form and payment to:
SOAR Fox Cities
211 E. Franklin St. Suite A
Appleton WI 54911



PLEASE COMPLETE EVERYTHING BELOW THIS LINE:

Athlete Name: _____

Athlete Phone Number (if different than emergency contact): _____

Athlete Email (if different than emergency contact): _____

Emergency Contact Name (Required): _____

Emergency Contact Phone (Required): _____

Emergency Contact Email (Required): _____

****Please note: At least one email address is REQUIRED as that is how we will relay information about the season, cancellations, tournament information, etc.!***

NEW! All Registered bowlers will receive a new 2024 bowling shirt! Circle your size below:

Youth: XS / S / M / L / XL

Adult XS / S / M / L / XL / 2X / 3X / 4X

**We will no longer be using the grey bowling shirts from previous years.*

NEW! Please select your preferred practice session.

____ Monday 4:00-5:15 pm

____ Monday 5:30- 6:45pm

If you do not have a time preference, please check both options. **This is not a guaranteed slot into the session; please watch your emails to receive a confirmation from Jen before the season begins.*

Please check all that apply:

____ I **will** compete in the Regional Competition October 19th at Sabre Lanes.

____ I **will** compete in the State Tournament December 7-8th in Wausau if I qualify.

**Please note: Additional fees may apply for SO State qualifiers.*

____ I will **NOT** compete and will only attend practices.

____ I **will** participate in the end of the season pizza party on December 2nd.

This includes 2 slices of pizza, 2 sodas, & cookie. Please note, the alley does NOT offer gluten free pizza.

____ I will **not** participate in the end of the season pizza party on the last day of practice.