



October 2024

Activity & Program Guide



IMPORTANT

Please remember: **Do not arrive more than 15 minutes before activities begin!** If you do, you will be asked to wait outside until the leader of that specific activity arrives. Other staff will not be allowed to let you inside the building unattended. Please plan ahead because we do not want anyone waiting outside in unsafe weather.

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Inserts: Corn Roast, Sensory Safety Day, Special Olympics Brat Fry



Activity Sign-Up Announcement

Classes have been filling up quickly and we understand that has been frustrating. While we're working on adding space & classes we're also trying things to make sign-up smoother. In an attempt to make signing-up for activities as fair as possible **we will still be sending out the hardcopy newsletter mid-month on Thursday evening, BUT we will be waiting until the following Monday at noon to post the electronic newsletter on the website.** At this same time is when we will send the newsletter email AND make sign-up live on our website. We thank you for your patience and understanding.

Office Hours: Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

Address: 211 E. Franklin St. Ste. A, Appleton, WI 54911

Phone: 920.731.9831 **E-mail:** info@soarfoxcities.com **Fax:** 920.725.1531

Website: www.soarfoxcities.com

Supported By:



Message from the Director~



Hello Friends of SOAR!
 It is officially pumpkin spice time of the year!!
 October! Who's excited!?!
 In my opinion it is the best time of the year and
 I'm so excited for all the activities happening
 this month!

Autumn brings many changes like the weather,
 leaves, and more! It seems that SOAR also regularly experiences many
 changes this time of year!! As you will see later in this newsletter, Ashley
 has left for greener pastures (quite literally) and Angie has been
 promoted to Director of Developmental & Engagement! Please now
 reach out to Angie with fundraising needs. This means we will also be
 hiring a new Family Programs & Community Education Coordinator so
 will welcome a new face soon!

Atop those exciting changes we have welcomed two additional staff to
 the Beyond the Classroom Program, Will & Abby! They will be spending
 much of their time at our *new* second location , which we are using in
 partnership with Appleton Area School District, but if you see them at
 other activities be sure to say hello!

As always, don't forget to check out all the fun things we have going on
 throughout the month of September! Of course my favorite include all
 things Halloween & Halloween movies, including Hocus Pocus, pumpkin
 painting, and Halloween crafts!!! Get your cozy fall sweaters and
 pumpkin spice ready! It's going to be a great month!

Please remember to check out the SOAR store! You can purchase your
 SOAR gear via the online store located on our website or by using this
 link: <https://soarfoxcities.com/soar-store/> We can't wait to see you
 sporting your SOAR gear around town!

Thank you all so much for being a part of SOAR as participants, donors,
 and volunteers!! YOU and your dedication make SOAR an amazing place
 to be!
 ~ Erin Schultz-Wege, Executive Director

SOAR Fox Cities Board of Directors

Heather Sorebo <i>President</i>	Julie King <i>Co-Vice President</i>	Reg Wydeven <i>Co-Vice President</i>	Gary Weber <i>Treasurer</i>	Leigh Bolender <i>Secretary</i>
Laura McCormick	Paul Meyer	Jonathan Pitzen	Polly Vanden-Boogaard	Bryan Mueller
Amy Steiner				

After-Hours Program Phones (for emergencies during events)
 Special Olympics Cell Phone: (920) 809-8923
 SRR Cell Phone: (920) 809-8923

Get in Touch!

(920) 731-9831 | info@soarfoxcities.com

Executive Director

Erin Schultz-Wege: x116
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Finance Manager

Vacant: x115

Accounting Clerk

Vacant: x109

Family & Community Education Program Coordinator

Vacant: x114

SOAR Policies

Participation: To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form (updated yearly)
- Acknowledgement Form from the Participant/Guardian Handbook

Note: The Participant Information Form needs to be updated annually. Throughout the course of the year changes may occur with conditions, allergies, emergency contacts, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking: When parking at our building during business hours, please use the **parking stalls designated for 211 E. Franklin Visitors**. If you park in other companies' stalls you risk being towed.

Inclement Weather: Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, staff will attempt to notify all participants who are signed-up for the program or service of the closure **via email & Facebook post**. Please understand that in many instances we cannot call everyone that is registered for an activity-there are simply too many. This is why it is vital that you have an up to date email on file with us. We **will ONLY post cancellations to Facebook or email about them**. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check your emails and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity.

Registration: We offer many ways to register for SOAR activities including signing-up through the SOAR website, calling and speaking to a staff during M-TH 9a-4:30pm office hours, mailing in a registration sheet via USPS mail, or stopping at our office window during office hours and speaking to a staff member in person. **We DO NOT accept registration via voicemail or email**. We will make every attempt to follow up on a voicemail or email, but please use the other options mentioned above to register for activities.

Payment: We **DO NOT and WILL NOT collect payments at activities**. Do not give staff your payment-we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the black-colored lock/mail box outside the main entrance of the SOAR Offices. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 109. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation: If you are unable to attend an event, **you must cancel at least 5 days in advance. If you do not cancel in advance you will be liable for the program fees**. Please see enclosed notice regarding cancellation policy on the registration slip.

SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

Volunteering

There is a wide variety of opportunities to volunteer at SOAR! We have regular needs for assistance with educational and recreational activities. We often need chaperones for fun outings. We also love to host group volunteer opportunities for companies and clubs!

We are currently looking for volunteers to assist with our summer Special Olympics, including Bocce Ball, Softball, or T-ball. You do not need prior knowledge of sports, just willingness to show up and help out!

If you're interested in learning more or getting started, please contact Brenda: brenda@soarfoxcities.com

ANNOUNCEMENTS AND REMINDERS

Thank you Ashley, Welcome Angie!

After nine years with SOAR, our Director of Community Engagement Ashley Gustafson is moving on to greener pastures... literally. Ashley will be following a lifelong dream of moving to her family farm, but unfortunately for us, it means her time at SOAR has come to an end. We would like to extend our sincerest thanks to Ashley for her hard work and dedication that has helped grow our fundraising program to where it is today. She has truly been an integral part of the team and put the FUN in fundraising for many years. While she will be dearly missed by our SOAR community, we wish her the best of luck in her future endeavors!

With that said, we are excited to announce a familiar face will be taking her place! Angie Petit, former Volunteer Coordinator and Family and Community Education Coordinator, is SOAR's new Director of Development and Engagement! Angie has been with SOAR since 2022 and is an incredible asset to the team. Whether launching new parent support groups, organizing community-wide awareness events, or advocating for inclusive employment opportunities, Angie lives our mission of Empowering People with Differing Abilities. Prior to her time with SOAR, she had experience in fundraising, advocacy, and education through other agencies and personal efforts. We are so excited to welcome her to the Development team!

All future fundraising inquiries can be directed to: Angie@soarfoxcities.com | (920) 731-9831 x 111

Fifth Annual Amazing Fund-Racer COMING SOON!

On **Saturday, October 19**, form your team of champions and compete in SOAR's fifth Annual Amazing Fund-Racer! The Amazing Fund-Racer is a community-wide event based off the CBS show The Amazing Race, where teams earn points by **solving riddles, finding hidden locations, and completing challenges** that test your skills and smarts all across the Fox Cities. Challenges are submitted in the Mobile App Goosechase, where you can see a real-time leaderboard during the race. The three teams with the most points at the end of the event will win prizes, including **\$500 Grand Prize** for first place! All funds raised support the SOAR programs YOU love!



Details

- Saturday, October 19, 1:00-6:00pm
- Registration: \$100/Team
- Starting and Ending at The Bar on Lynndale– Appleton
- Teams can be any size but must fit in ONE vehicle
- Must have vehicle and smart phone to participate

Sponsorships are available!

Sponsors receive unique visibility and recognition as mission stops during the event! **Teams will complete a challenge relating to YOUR business and products, providing in-depth engagement between sponsors and participants!** Several different sponsorship opportunities are available starting at \$200, and each sponsorship package provides opportunities for recognition and visibility.



For More Information, contact Angie: Angie@soarfoxcities.com | (920) 731-9831 x 111

Or Visit: <https://soarfoxcities.com/amazing-fund-racer/>

Turn to the specific page number listed under the "page" column for all details needed for each activity.

Program Type KEY	
Youth Programs=Youth, Adult Programs =AE/SRR, Advocacy Programs=TBI/PF, Family Programs =FAM, Community Ed =CE, Community Inclusion (Young Adult)= CI	

October	Program Choice	Time	Page	member/non-member/caregiver	IRIS Code	Staffed By:	Type KEY	Class Capacity	Register By:
1	Caramel Apples & Halloweentown	1:00pm-3:00pm	8	\$20/\$30	F	Jackie	CI	12	9/26
1,8,15,22,29	Y-Fit Class	10:45am-11:45am	8	\$40 for 10 weeks or \$5 per class	C	Jackie	CI	12	9/26
2	Bingo	6:00pm-7:30pm	9	\$20/\$30	F	Abby	SRR	25	9/25
2	Coffee Connections	10:30am-11:30am	6	FREE	C	Angie	FAM	25	10/1
2,9,16	Safe and Free	4:30pm-5:45pm	9	\$30/\$60	F	LeeAnn	AE	10	9/26
2	Know Yourself	4:30pm-5:45pm	9	\$15/\$30	F	LeeAnn	AE	10	9/26
3	Halloween Craft & Movie	1:00pm-2:30pm	8	\$20/\$30	F	Jackie	CI	12	10/1
3	Baking Class	Pick either 9:30am -11:30 am or 10:30 am - 12:30pm	9	\$35/\$70	F	LeeAnn	AE	4 per shift	9/27
3,10,17	Healthy Relationships 1	4:00pm-5:15pm	9	\$25/\$50	F	LeeAnn	AE	10	9/27
3	Confident Women Dinner	6:00pm-7:30pm	9	BYOM	C	LeeAnn	AE	10	9/26
5	Spooktacular Pool Party	12:30pm-2:00pm	9	\$30/\$60	F	Abby	SRR	25	9/27
8	Just Dance Party	1:00pm-3:00pm	8	\$15/\$25	F	Jackie	CI	10	10/7
8	People First	6:00pm-7:00pm	7	FREE	C	LeeAnn	PF	-	-
9	Part of your Community	4:30pm-5:45pm	10	\$15/\$30	F	LeeAnn	AE	10	10/2
9	Games	6:00pm-7:30pm	10	\$20/\$30	F	Abby	SRR	25	10/2
10	Lunch & Learn	11:30am-12:30pm	6	FREE	C	Angie	FAM	25	10/9
10	TnT	6:30pm-8:00pm	6	FREE	-	Lisa	YOUTH	-	-
11	Dance	6:00pm-8:00pm	10	\$10/\$20	C	Abby	SRR	100	10/2
14	No Bake	10:00am-11:30am	10	\$35/\$70	F	LeeAnn	AE	8	10/7
15	Soups On	4:00pm-5:30pm	10	\$35/\$70	F	LeeAnn	AE	8	10/8
16	Pumpkin Painting & Hocus Pocus	3:00pm-5:00pm	8	\$20/\$30	F	Jackie	CI	10	10/9
16	Voting	4:30pm-5:45pm	10	\$15/\$30	F	LeeAnn	AE	10	10/9
16	Dinner & Movie	5:00pm-8:00pm	10	\$40/\$80/\$30	C	Abby	SRR	25	10/9
17	Baking Class	10:00am-12:00pm	10	\$35/\$70	F	LeeAnn	AE	12	10/10
17	Halloween Craft & Movie	1:00pm-3:00pm	8	\$20/\$30	F	Jackie	CI	12	10/9
17	Friends	4:00pm-5:15pm	11	\$15/\$30	F	LeeAnn	AE	10	10/10
23	Crafts	6:00pm-7:30pm	11	\$20/\$30	F	Abby	SRR	25	10/16
24	TnT	6:30pm-8:00pm	6	FREE	-	Lisa	YOUTH	-	-
26	Super Saturday– Green Bay Gamblers	3:00pm-10:30pm	11	\$80/\$140/\$60	C	Abby	SRR	25	10/16
28	Make and Take	10:00am-12:00pm	11	\$35/\$70	F	LeeAnn	AE	10	10/21
29	Mini But Mighty	9:00am-11:00am	6	FREE	C	Angie	FAM	10 families or 15 kids total (including siblings)	10/28
29	Cooking Class	4:00pm-5:30pm	11	\$30/\$60	F	LeeAnn	AE	8	10/22
30	Ice "Scream" Social	6:00pm-7:30pm	11	\$15/\$30	F	Abby	SRR	25	10/23
31	Halloween Lunch	11:00am-1:00pm	11	\$30/\$60	F	LeeAnn	AE	25	10/24

Youth Programs

Program	Details	Skills
TnT TnT provides educational, social and recreational activities for youth ages 13-23 years with and without disabilities!	Thurs, October 10th & 24th 6:30-8pm <u>First Congregational United Church of Christ</u> FREE No Register by Date	Relationship building, communication, appropriate behavior for group setting, team work, turn taking, patience and acceptance.

For more info on Youth Programs contact Lisa: Lisa@soarfoxcities.com or (920) 731-9831 x110



Family Programs

Program	Details	Skills
Coffee Connections Parents and caregivers of adults, join us for morning snacks and conversation, connecting with others going through a similar journey!	Wed, October 2nd 10:30-11:30am <u>SOAR, Lower Level</u> FREE Capacity limit: 25 Register October 1st	Networking, resources, vulnerability to share experiences, active listening, building relationships
Lunch and Learn Virtual Support Group Join us for our Virtual Support group. A great chance to network with other caregivers on a similar journey from the comfort of your home or office.	Thurs, October 10th 11:30-12:30pm <u>Virtual</u> FREE Capacity limit: 25 Register by October 9th	Networking, resources, vulnerability, and compassion
Mini but Mighty Join us for Storytime, activities, networking, and lots of sensory-regulating fun! A great opportunity to meet, mingle, and support other caregivers on a similar journey! This support group is designed to allow your differently-abled child 5 years old and younger and siblings to come with you and create connections of their own. Let's learn, grow, and empower together!	Tuesday, October 29th 9:00-11:00am <u>Sensory Club</u> <u>976 American Dr. STE. 8, Neenah</u> FREE Capacity limit: 10 Families, 15 kids Register by October 28th	Networking, social skills, resources, parallel and joint play, communication, vulnerability, and compassion.

For more info on Family Programs contact Angie: Angie@soarfoxcities.com or (920) 731-9831 x111

Advocacy Programs

Program	Details	Skills
<p>People First Fox Cities with LeeAnn</p> <p>The group encourages and trains individuals to speak up and advocate for themselves. Everyone is welcome! While the Menasha Library is being renovated we will be meeting at the McDonald's Menasha (3rd & Racine)</p>	<p>Tues, October 8th 6:00pm-7:00pm</p> <p>No Fee No Capacity Limit No Register by Date</p>	<p>Self Advocacy, communication, negotiation, confidence, appreciation, social and presenting skills, and voting.</p>
<p>Virtual TBI Support Group with Clare</p> <p>A great chance to network with other survivors, loved ones and caregivers on a similar journey from the comfort of your home or office.</p>	<p>Thurs, October 10th 5:00-6:00pm</p> <p><u>Zoom</u> FREE No Register by Date</p>	<p>Networking, resources, vulnerability to share experiences, active listening, building relationships, offering support, and compassion.</p>
<p>St. Elizabeth's TBI Support Group with Clare</p> <p>Join our in person support group to share stories, meet TBI survivors, loved ones and caregivers. We discuss success stories, share struggles and answer any questions people may have regarding the road to recovery.</p>	<p>Mon, October 28th 6:00-7:00pm</p> <p><u>St. Elizabeth's Hospital</u> 1506 S. Oneida St, Appleton 2nd Floor, Conference Room 1 & 2 FREE No Register by Date</p>	<p>Networking, resources, vulnerability to share experiences, active listening, building relationships and offering support</p>

For More info on People First, contact LeeAnn: LeeAnn@soarfoxcities.com or (920) 731-9831

For More info on People First, contact Clare: Clare@soarfoxcities.com or (920) 585-7820

Young Adults (Ages 18-30)




Program	Details	Skills
 <p>Caramel Apples & Halloweentown Come make & enjoy a caramel apple bar & a Halloween classic, "Halloweentown"!</p>	<p>Tues, October 1st 1:00pm-3:00pm <u>SOAR Lower Level</u> Fee: \$20/\$30 Capacity limit=12 Register By September 26th</p>	<p>Fine motor skills, creativity, following directions, communication, making friends, being in a group setting, problem solving.</p>
 <p>Y-Fit Class Join Jackie and friends for a fun and fitness-filled experience! Our Y-fit class is returning, with a new set of exercises each week designed to keep you active and entertained. You can register for the entire 10-week program or choose the sessions that fit your schedule. We look forward to seeing you there!</p>	<p>Tues, October 1st, 8th, 15th, 22nd, & 29th 10:45am-11:45am <u>Appleton YMCA 211 E Lawrence St., Appleton, WI 54911</u> Fee: \$40 for 10 weeks OR \$5 per class Capacity limit=12 Register By September 26th</p>	<p>Communication, relationship building, creative thinking, being in a group setting, physical strength, balance, cooperation, and coordination.</p>
 <p>Halloween Craft & Movie Get ready for a spooktacular time! Join us for a spooky Halloween craft and dive into a spooky funny film, "Haunted Mansion"! Don't miss out on the fun!</p>	<p>Thurs, October 3rd 1:00pm-2:30pm <u>SOAR Lower Level</u> Fee: \$20/\$30 Capacity limit=12 Register by October 1st</p>	<p>Fine motor skills, creativity, following directions, communication, making friends, being in a group setting, problem solving.</p>
 <p>Just Dance Party Show off your best dance skills with a Just Dance party!</p>	<p>Tues, October 8th 1:00-3:00pm <u>SOAR Lower Level</u> Fee: \$15/\$25 Capacity limit=10 Register By October 7th</p>	<p>Cardio, creativity, following directions, communication, making friends, being in a group setting, problem solving.</p>
 <p>Pumpkin painting & Hocus Pocus Get ready for a bewitching good time! Join us for a spooktacular Halloween celebration where we'll be painting pumpkins and enjoying the timeless Halloween favorite, "Hocus Pocus"! Don't miss out on the festive fun!</p>	<p>Weds, October 16th 3:00-5:00pm <u>SOAR lower level</u> Fee: \$20 member/\$30 non member Capacity limit: 10 Register by October 9th</p>	<p>Fine motor skills, creativity, following directions, communication, making friends, being in a group setting, problem solving.</p>
 <p>Halloween Craft & Movie Get ready for a spooktacular time! Join us for a Halloween craft and dive into a spooky funny film, "Hocus Pocus 2"! Don't miss out on the fun!</p>	<p>Thurs, October 17th 1:00pm-3:00pm <u>SOAR lower level</u> Fee: \$20/\$30 Capacity limit=12 Register by October 9th</p>	<p>Fine motor skills, creativity, following directions, communication, making friends, being in a group setting, problem solving.</p>

For More info on Community Inclusion, contact Jackie: Jackie@soarfoxcities.com or (920) 731-9831 x 121

Adult Programs (Ages 18+)

Program	Details	Skills
 <p>Bingo You can't spell Bingo without an "I." So make sure to bring your A game!</p>	<p>Weds, October 2nd 6:00-7:30pm SOAR Lower Level Fee: \$20 member/ \$30 non-member Capacity limit=25 Register By September 25th</p>	<p>Communication, decision making, critical thinking, Following directions, being in a group setting, making friends and building relationships.</p>
 <p>Safe & Free This series will include all 3 classes: Know Yourself, Be Part of Your Community and Voting.</p>	<p>Weds, October 2nd, 9th, & 16th 4:30-5:45pm SOAR Lower Level Fee: \$30 member/ \$60 non-member Capacity limit=10 Register by September 26th</p>	<p>Self exploration, self confidence, communication, decision making, critical thinking, following directions, community resources, being in a group setting, making friends and building relationships.</p>
 <p>Know Yourself This class will help you identify your strengths, what you like and build your confidence to try new things. You can take the individual classes or sign up for the Oct. Safe and Free series of 3 classes.</p>	<p>Weds, October 2nd 4:30-5:45pm SOAR Board Room Fee: \$15 member/ \$30 non-member Capacity limit=10 Register by September 26th</p>	<p>Self exploration, self confidence, communication, decision making, critical thinking, following directions, being in a group setting, making friends and building relationships.</p>
 <p>Baking You'll be making a pumpkin angel food cake with ginger cream frosting.</p>	<p>Thurs, October 3rd <i>Pick either 9:30am -11:30am or 10:30am -12:30pm</i> SOAR Lower Level Fee: \$35 member/ \$70 non-member Capacity limit=4 Per Class Register by September 27th</p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation</p>
 <p>Healthy Relationships We'll be talking about the type of relationships you have with people. Are they family, friends, professionals, acquaintances or strangers.</p>	<p>Thurs, October 3rd, 10th & 17th 4:00pm-5:15pm SOAR Board Room Fee: \$25 member/ \$50 non-member Capacity limit=10 Register by September 27th</p>	<p>Types of relationships, establishing boundaries, respecting for others boundaries, characteristics of healthy and unhealthy relationships.</p>
 <p>Confident Women Dinner Enjoy dinner while meeting and getting to know other women.</p>	<p>Thurs, October 3rd 6:00-7:30pm Red Robin Fee: Bring your own money! Capacity limit=10 Register by September 26th</p>	<p>Self confidence, communication, decision making, social skills, money handling, making friends and building relationships.</p>
 <p>Spooktacular Pool Party Enjoy some Halloween fun while swimming with friends. There will be some spooktacular surprises in store! Make sure to have those waivers!</p>	<p>Sat, October 5th 12:30-2:00pm Swimtastics - 1420 University Dr, Menasha, WI 54952 Fee: \$30member/ \$60 non-member Capacity limit=25 Register by September 27th</p>	<p>Communication, decision making, critical thinking, Following directions, being in a group setting, making friends and building relationships.</p>

Adult Programs Continued (Ages 18+)

Program	Details	Skills
 <p>Part of your Community We'll discuss why being part of the community is important and identify new things you may want to try to do. You can sign up for individual classes or take the 3 week Safe and Free Oct. series.</p>	<p>Wed, October 9th 4:30-5:45pm SOAR Board Room Fee: \$15 member/ \$30 non-member Capacity limit=10 Register by October 2nd</p>	<p>Community resources, communication, decision making, critical thinking, following directions, being in a group setting, making friends and building relationships.</p>
 <p>Games All gamers welcome!</p>	<p>Wed, October 9th 6:00-7:30pm SOAR Lower Level Fee: \$20 member/ \$30 non-member Capacity limit=25 Register by October 2nd</p>	<p>Communication, decision making, critical thinking, following directions, being in a group setting, making friends and building relationships</p>
 <p>Dance Lets Dance!</p>	<p>Fri, October 11th 6:00-8:00pm St Mary's Menasha Fee: \$10 member/ \$20 non-member Capacity limit=100 Register by October 2nd</p>	<p>Communication, following directions, Be in a group setting, building relationships, making decisions and helping others (empathy.)</p>
 <p>No Bake You'll be making Energy Bites. Theses bites are full of oats, seeds, coconut and peanut butter.</p>	<p>Mon, October 14th 10:00-11:30am SOAR lower level Fee: \$35 member/ \$70 non-member Capacity limit= 8 Register by October 7th</p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation.</p>
 <p>Soups On You'll be making Corn Chowder for dinner.</p>	<p>Tues, October 15th 4:00-5:30pm SOAR Lower Level Fee: \$35 member/ \$70 non-member Capacity limit=8 Register by October 8th</p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation.</p>
 <p>Voting Election day is Nov 5th - Are you ready to vote! We'll discuss why it's important to vote, who can vote and how to find out what is on your ballot and who your representatives are. You can sign up for the individual class or the 3 week Safe and Free Oct. series.</p>	<p>Weds, October 16th 4:30-5:45pm SOAR Lower Level Fee: \$15 member/ \$30 non-member Capacity limit=10 Register by October 9th</p>	<p>Voting rights and responsibilities, communication, decision making, critical thinking, following directions, being in a group setting, My Vote website.</p>
 <p>Dinner and Movie Enjoy Pizza followed by a movie in our own theater (Hollywood Cinema)! Bring money for popcorn if you'd like. Drop off and pick up on the movie side of building.</p>	<p>Weds, October 16th 5:00-8:00pm Marcus Hollywood Cinema 513 Westhill Blvd Appleton Fee: \$40 member/ \$80 non-member/ Caregiver \$30 Capacity limit=25 Register by October 9th</p>	<p>Communications, following directions, be in a group setting, making friends and building relationships. Responsibility for money (if buying extra snacks.)</p>
 <p>Baking You'll be making apple bites!</p>	<p>Thurs, October 17th 10:00-12:00pm SOAR Lower Level Fee: \$35 member/ \$70 non-member Capacity limit=12 Register by October 10th</p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation</p>

Adult Programs Continued (Ages 18+)

Program	Details	Skills
 <p>Friends We'll be talking about friendships, what makes a good friend and how to make friends</p>	<p>Thurs, October 17th 4:00-5:15pm SOAR Board Room Fee: \$15 member/ \$30 non-member Capacity= 10 Register by October 10th</p>	<p>Communication, decision making, critical thinking, following directions, being in a group setting, making friends and building relationships.</p>
 <p>Crafts Join us in making some spook-tacular fall crafts!</p>	<p>Weds, October 23rd 6:00-7:30pm SOAR Lower Level Fee: \$20 member/ \$30 non-member Capacity limit=25 Register by October 16th</p>	<p>Fine motor skills, creativity, following directions, communication, making friends, problem solving.</p>
 <p>Super Saturday– Green Bay Gamblers Join us for a Green Bay Gamblers Hockey game! Make sure to dress for the weather and bring extra money if you would like snacks at the game. Let's go gamblers!</p>	<p>Sat, October 26th 3:00-10:30pm Meet at SOAR & we'll bus to the game 820 Armed Forces Dr, Green Bay Fee: \$80 member/\$140non-member/ \$60 caregiver Capacity limit=25 Register by October 16th</p>	<p>Communication, decision making, critical thinking, Following directions, being in a group setting, making friends and building relationships.</p>
 <p>Make and Take You'll be making a chicken broccoli braid.</p>	<p>Mon, October 28th 10:00-12:00pm SOAR lower level Fee: \$35 member/ \$70 non-member Capacity limit= 10 Register by October 21st</p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation.</p>
 <p>Cooking Class A one time class. You will prepare your own meal after a nutrition education session.</p>	<p>Tues, October 29th 4:00-5:30pm SOAR Lower Level Fee: \$30 member/ \$60 non-member Capacity limit=10 Register by September 30th</p>	<p>Meal preparation, planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation</p>
 <p>Ice "Scream" Social Join us for a deliciously spooky night filled with tricks and treats!</p>	<p>Weds, October 30th 6:00-7:30pm SOAR Lower Level Fee: \$15 member/ \$30 non-member Capacity limit=25 Register by October 23rd</p>	<p>Communication, decision making, critical thinking, Following directions, being in a group setting, making friends and building relationships.</p>
 <p>Halloween Lunch Enjoy a spooktacular lunch and games. Dress up if you wish!</p>	<p>Thurs, October 31st 11:00-1:00pm SOAR lower level Fee: \$30 member/ \$60 non-member Capacity limit=25 Register by October 24th</p>	<p>Communication, decision making, critical thinking, Following directions, being in a group setting, making friends and building relationships.</p>

For More info on Adult Education, contact LeeAnn: LeeAnn@soarfoxcities.com or (920) 731-9831 x112

For More info on SRR contact Amy: Amy@soarfoxcities.com or (920) 731-9831 x113

Special Olympics updates:

Our first ever SO Brat Fry was a success! On Sunday, August 25th we raised \$1350 for our SO program! Thank you to the coaches, parents, and athletes that spent all day in the heat with Jen- we couldn't have done this without you! Thanks to everyone that stopped by; we look forward to making this an annual SO tradition!



While we are prepping this newsletter, the Fall Games are approaching! SOAR has 4 bocce teams and 1 softball team competing- congratulations on advancing, we can't wait to see how you do in the Dells!



Help Wanted: Jen is looking for volunteers for the 2025 Swim Season! Please contact her if you're interested!

IMPORTANT: When completing an SO registration, please complete the form in its entirety! SOAR may have your email address or phone number, but our coaches may not be able to look them up if an emergency occurs at practice or a tournament. ALWAYS list the athlete's emergency contact name and phone number! An email is required as that is how we communicate with everyone during the season. Thank you for your cooperation!

For more info on Special Olympics contact Jen: Jen@soarfoxcities.com or (920) 731-9831 x122

Reminder! Our cancellation policy is:

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there will be no credit given, only in rare instances will exceptions be granted.

If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.

If cancelling (or no-show) for a part of a series, no credit will be given. If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

1. Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waitlist and gives another participant the opportunity to join the activity.

2. Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option.

Thank you for your understanding, patience, and support!

*Participant Name _____

*Email to contact if CANCELLATION occurs: _____

Date of Activity	Activity Name	Cost

Submit total amount due to:

SOAR Fox Cities
211 E Franklin St., Suite A
Appleton, WI 54911

Registration and Payment required prior to activities.

Pay by cash, check (# _____), or online.

Total: _____

If you use IRIS, Lakeland Care, Inclusa, CLTS, or Community Care please check this box

Please provide billing name & contact info:



Red Robin® will give

**20% OF FOOD SALES*
BACK TO**

SOAR FOX CITIES

**Show this flyer or simply mention the fundraiser to
your server to have your sales counted.**

FUNDRAISER DETAILS

N. 109 Stoneybrook Rd., Appleton, WI 54915

October 3, 2024*

If ordering online, please follow these instructions:

- 1** Start your order at order.redrobin.com and select the restaurant above.
- 2** In the menu, go to the category labeled "Fundraisers (To-Go Only)" and click on that item.
- 3** Click the "add" button, and then "add to bag."
- 4** Add your meal items and check out.
- 5** Arrive at Red Robin, come in, say hi, grab your food and be on your way! If your location has curbside pick-up, we can bring it to your car too!

*Fundraiser during restaurant operating hours. Visit redrobin.com and find this location to view hours. Donation based on all eligible net dine-in and to-go food sales only. Excludes sales from catering (at select locations), 3rd party ordering and delivery sites, alcohol, gift cards, retail, tax and gratuity. Offer void if flyer is distributed in or near the restaurant during fundraiser day & hours.

Red Robin.

SOAR PRESENTS



SPOOKTACULAR

POOL PARTY

SWIMTASTICS

1420 UNIVERSITY DR, MENASHA, WI 54952
Saturday | 5 October, 2024 | 12:30 - 2:00pm

Must sign waiver to swim!

Enjoy swimming music, and more!

LMSWIM , INC.
WAIVER OF CLAIMS/RELEASE OF LIABILITY/HOLD HARMLESS

PLEASE READ CAREFULLY BEFORE SIGNING.
THIS IS A RELEASE OF LIABILITY AND WAIVER OF LEGAL RIGHTS.

I hereby represent that I am the adult participant or the parent/legal guardian/duly authorized representative of the Swimtastic Fox Cities, Inc. ("Swimtastic") participant(s) listed below (the "Participant(s)"). I understand that swimming and/or activities related to swimming are inherently dangerous activities that involve the risk of serious injury or death.

IN CONSIDERATION OF SWIMTASTIC'S GRANTING PERMISSION TO PARTICIPATE IN SWIM LESSONS AND/OR RELATED ACTIVITIES, I AGREE, FOR MYSELF, THE PARTICIPANT(S), AND OUR HEIRS, SUCCESSORS, EXECUTORS, ADMINISTRATORS, PERSONAL REPRESENTATIVES AND/OR ANYONE ELSE CLAIMING BY OR THROUGH ANY OF US (COLLECTIVELY, THE "RELEASING PARTIES"), TO FULLY AND FOREVER RELEASE AND HOLD HARMLESS SWIMTASTIC AND SWIMTASTIC FOX CITIES , INC., THEIR OFFICERS, DIRECTORS, SHAREHOLDERS, EMPLOYEES, AFFILIATES, AGENTS, INSTRUCTORS AND REPRESENTATIVES (COLLECTIVELY, THE "RELEASED PARTIES") FROM ANY AND ALL CLAIMS, LOSSES, DAMAGES (DIRECT, PUNITIVE OR OTHERWISE), LIABILITIES, ACTIONS, CAUSES OF ACTION, DEMANDS, SUITS, COSTS, EXPENSES AND/OR FEES (COLLECTIVELY, THE "CLAIMS") ARISING OUT OF OR IN ANY MANNER RELATED TO SWIMMING, SWIM LESSONS, OR ANY OTHER SWIMTASTIC ACTIVITIES OR FUNCTIONS AND/OR THE PARTICIPATION IN AND/OR OBSERVING SWIMMING AND/OR SWIM LESSONS AND/OR THE USE OF ANY POOL, LOCKER ROOM OR ANY OTHER SWIMTASTIC FACILITIES, EVEN IF ALL OR ANY PART OF THE CLAIMS RESULT FROM, OR ARE CAUSED BY THE NEGLIGENCE, ACTS, OMISSIONS AND/OR OTHER FAULT OF THE RELEASED PARTIES.

THE RELEASING PARTIES WAIVE ANY AND ALL CLAIMS THEY MAY HAVE AGAINST THE RELEASED PARTIES, EVEN IF CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE, ACTS, OMISSIONS AND/OR OTHER FAULT OF THE RELEASED PARTIES. I UNDERSTAND THAT I AM WAIVING AND GIVING UP IMPORTANT LEGAL RIGHTS AND IT IS MY INTENTION TO DO SO.

I authorize Swimtastic Swim School to have me or any Participant(s) treated in any medical emergency and I agree to pay all costs and expenses associated with medical care and/or transportation for me or any Participant.

I hereby grant full permission to the Released Parties to use any photographs, images, videotapes, motion pictures, recordings or any other record of Participant involved in Swimtastic's activities or any event related to the business activities of Swimtastic and its affiliates in perpetuity, in any and all media now or hereafter existing.

I have read, understand and agree with this document. If any portion of this document is determined to be invalid, illegal, against public policy or unenforceable, such determination shall not affect the validity, legality or enforceability of any other part of this document, the remainder of which shall be and remain valid and enforceable.

Date

Signature of Parent/Legal Guardian/Representative of Participant(s) (or Participant if Participant is 18 years or older)

Print Name

Number and Street Address

City, State, Zip

Email Address

Phone Number

PLEASE PRINT THE BELOW INFORMATION FOR EACH PARTICIPANT

	<u>Participant's Name</u>	<u>Birthdate</u>	<u>Age</u>
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____



SOAR SPECIAL OLYMPICS NEW SPORT SURVEY

We are thinking of adding a new sport to our roster and would love your input! Below are all the sports Special Olympics Wisconsin offers- those without a line next them are the sports Soar already participates in. Using the lines, choose up to 3 you may be interested in. Write a 1 next to your top choice, a 2 next to your 2nd choice, and a 3 next to your 3rd choice.

Winter Sports:

- Alpine Skiing _____
- Cross Country Skiing _____
- Snowboarding _____
- Snowshoe Racing _____

Spring Sports:

- 3v3 Basketball _____
- Basketball skills _____
- Swimming _____
- Team Basketball _____

Summer Sports:

- Track & Field _____
- Cornhole _____
- Powerlifting _____
- Soccer _____
- Tennis _____

Fall Sports:

- Bocce _____
- Bowling _____
- Flag Football _____
- Golf _____
- Softball & Tee Ball _____
- Volleyball _____

**RETURN YOUR COMPLETED SURVEY TO JEN BY
NOVEMBER 1ST FOR THE CHANCE TO WIN A
KWIK TRIP GIFT CARD & SOAR SHIRT!**

ATHLETE NAME: _____



Ice "Scream" Social

Join us for a deliciously spooky
night filled with tricks and treats!

OCTOBER 30 2024

**SOAR Lower Level
6:00 pm to 7:30 pm**

<https://soarfoxcities.com/>

