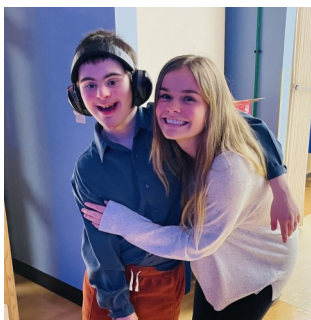




March 2025

Activity & Program Guide



IMPORTANT

Please remember: **Do not arrive more than 15 minutes before activities begin!** If you do, you must wait outside the building until the leader of that specific activity arrives. Other staff will not be allowed to let you inside the building unattended. Please plan ahead because we do not want anyone waiting outside in unsafe weather.

Inside this Issue:

<u>Note from Director & Contacts</u>	2
<u>Guidelines, Policies, & Volunteering</u>	3
<u>Announcements and Updates</u>	4
<u>Calendar at a Glance</u>	5
<u>Family Programs</u>	6
<u>Youth Program</u>	6
<u>Advocacy Programs</u>	7
<u>Community Inclusion (18-30)</u>	8
<u>Adult Programs</u>	9-10
<u>Special Olympics</u>	11
<u>Registration Slip</u>	13
<u>Inserts: Board & Brush (Young Adult), Track Registration Form</u>	

PROGRAM NAME CHANGE

The Adult SRR program will now be called **Community Inclusion: Adults 18+**. Your favorite SRR program activities will stay the same and will still be available to all adults 18 years and older, just under this new program name. They will still be found under the “Adult Programs” section of the newsletter, and will be indicated by code “Adult” in the calendar at a glance. **Community Inclusion: Young Adults will remain activities ONLY for participants ages 18-30.** These programs have their own section of the newsletter, and will be indicated by code “18-30” in the calendar at a glance.

Activity Sign-Up Announcement

Classes have been filling up quickly and we understand that has been frustrating. While we’re working on adding space & classes we’re also trying things to make sign-up smoother. In an attempt to make signing-up for activities as fair as possible **we will still be sending out the hardcopy newsletter mid-month on Thursday evening,** BUT we will be waiting until the **following Monday at noon to post the electronic newsletter on the website.** At this same time is when we will send the newsletter email AND make sign-up live on our website. We thank you for your patience and understanding.

Office Hours: Monday through Thursday,
9:00am-4:30pm **(Closed on Fridays)**

Address: 211 E. Franklin St. Ste. A, Appleton, WI 54911

Phone: 920.731.9831 **E-mail:** info@soarfoxcities.com **Fax:** 920.725.1531

Supported By:



Message from the Director~



Dear SOAR Participants & Families,

I hope this message finds you well and excited for all the fun ahead! We have some great updates to share, including a warm welcome to new team members, a small—but important—change to one of our program names, and a familiar face officially joining us full-time!

Welcome, Abby, Christina & Amay!

We're thrilled to introduce **Abby C. and Christina** to the SOAR team! They bring incredible passion and energy, and we know you'll love getting to know them. Be sure to say hello when you see them around!

We also have exciting news about **Amay Forbush**, our new **Accounting Clerk**! Amay originally joined us as a temp but officially became a full-time team member on **February 2**. We're so happy to have her on board permanently and will feature a full introduction in next month's newsletter!

A New Name, Same Great Program!

➡ Our **Adult SRR program** is getting a fresh new name:
Community Inclusion: Adults 18+

Don't worry—your favorite activities aren't going anywhere! Everything you love about the program remains the same, just under this updated name. You'll still find these activities listed in the **"Adult Programs"** section of the newsletter, and on the calendar at a glance, they'll be marked with the code **"Adult."**

For our **young adult participants (ages 18-30)**, **Community Inclusion: Young Adults** will continue to offer activities exclusively for this age group.

We appreciate your patience as we make this transition, and as always, our team is here if you have any questions.

Looking forward to seeing you all soon!

~ **Erin Schultz-Wege**, Executive Director

SOAR Fox Cities Board of Directors

Heather Sorebo <i>President</i>	Julie King <i>Co-Vice President</i>	Reg Wydeven <i>Co-Vice President</i>	Gary Weber <i>Treasurer</i>	Leigh Bolender <i>Secretary</i>
Amy Steiner	Paul Meyer	Jonathan Pitzen	Polly Vanden-Boogaard	Bryan Mueller

After-Hours Program Phones (for emergencies during events)
SRR Cell Phone: (920) 809-8923

Get in Touch!

(920) 731-9831 | info@soarfoxcities.com

Executive Director

Erin Schultz-Wege: x116
Erin@soarfoxcities.com

Director of Adult Services

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LeeAnn@soarfoxcities.com

Youth Services Manager

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Lisa@soarfoxcities.com

Community Connections Coordinator

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Community Inclusion: Adult & Beyond the Classroom

Abby Cheesebro X130
Abby@soarfoxcities.com

Community Inclusion: Young Adult Coordinator

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Jackie@soarfoxcities.com

Special Olympics Coordinator

Jen Kalishek: x122
Jen@soarfoxcities.com

TBI Support Program Navigator

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Clare@soarfoxcities.com

Beyond the Classroom Coordinators

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Mandy@soarfoxcities.com

Abby Miller: x131
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Director of Development & Engagement

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Lindsay@soarfoxcities.com

Volunteer Coordinator

Brenda Hostettler: x126
Brenda@soarfoxcities.com

Accounting Clerk

Amay Forbush: x109
Amay@soarfoxcities.com

Member & Office Support Specialist

Christina Propson: x100
Christina@soarfoxcities.com

Family & Community Education Program Coordinator

Vacant: x114

SOAR Policies

Participation: To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form (updated yearly)
- Acknowledgement Form from the Participant/Guardian Handbook

Note: The Participant Information Form needs to be updated annually. Throughout the course of the year changes may occur with conditions, allergies, emergency contacts, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking: When parking at our building during business hours, please use the **parking stalls designated for 211 E. Franklin Visitors**. If you park in other companies' stalls you risk being towed.

Inclement Weather: Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, staff will attempt to notify all participants who are signed-up for the program or service of the closure **via email & Facebook post**. Please understand that in many instances we cannot call everyone that is registered for an activity-there are simply too many. This is why it is vital that you have an up to date email on file with us. We **will ONLY post cancellations to Facebook or email about them**. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check your emails and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity.

Registration: We offer many ways to register for SOAR activities including signing-up through the SOAR website, calling and speaking to a staff during M-TH 9a-4:30pm office hours, mailing in a registration sheet via USPS mail, or stopping at our office window during office hours and speaking to a staff member in person. **We DO NOT accept registration via voicemail or email**. We will make every attempt to follow up on a voicemail or email, but please use the other options mentioned above to register for activities.

Payment: We **DO NOT and WILL NOT collect payments at activities**. Do not give staff your payment-we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the black-colored lock/mail box outside the main entrance of the SOAR Offices. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 109. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation: If you are unable to attend an event, **you must cancel at least 5 days in advance. If you do not cancel in advance you will be liable for the program fees**. Please see enclosed notice regarding cancellation policy on the registration slip.

SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

Volunteering

There are a wide variety of opportunities to volunteer at SOAR! We have regular needs for assistance with educational and recreational activities, such as cooking classes, craft nights, and field trips to places like movie theaters, Badger Sports Park, or Bay Beach. We also love to host group volunteer opportunities for companies and clubs!

If you're interested in learning more or getting started, please contact our volunteer coordinator:
volunteer@soarfoxcities.com

ANNOUNCEMENTS AND REMINDERS

We do NOT accept payments at activities

Friendly Reminder: DO NOT give coaches, volunteers, or SOAR staff payment or any SOAR document that need to be filled out/turned into the office while at practices or programs! We will NOT accept it!

All payment and forms must be turned in to the SOAR Office during office hours, mailed in, or dropped-off in the lock box. You can also go to soarfoxcities.com for payment and activity registration, or speak with a staff member on the phone. As a reminder: voicemails or emails will not be accepted as registration.

Please don't arrive more than 15 minutes early

Please remember **not to arrive any more than 15 minutes before activities begin!** If you do, you must wait outside the building until the leader of that specific activity arrives. **Other staff will not be allowed to let you inside the building unattended.** Please plan ahead because we do not want anyone waiting outside in unsafe weather.



Meet Miss Abby!

Hello! My name is Abby Cheesebro, I am a recent graduate of UW Oshkosh and the new Beyond the Classroom Instructor. I have been part of the amazing SOAR team for a little over 6 months as our Community Inclusion: Adults Coordinator and am excited to expand my role at SOAR! I truly love helping others and bringing joy into our participant's lives with what I get to do every day! A little bit about me is that I love dogs, watching movies/binging tv shows, and enjoy spending time with my family and friends!

More about Miss Abby:

Dream job as a child: Veterinarian for small animals

Three things Abby can't live without: Energy drinks/Coffee, my Phone, and Fuzzy Blankets

If Abby ran away to the circus, she would be: Trapeze or Aerial Performer.



Meet Christina!

Hello! My name is Christina Propson, I am the new Member and Office Support Specialist here at SOAR. I am very new to the team but you may have seen me before volunteering at activities in the past and loved it! I have been in the medical field for the last 20 years and am excited to start this new journey with all of you! My family consists of my husband, daughter, cat, leopard gecko, and fish.

Favorite things: Coffee, being a mom, and listening to boy band music

Hobbies: Gardening and cuddling any animals

If Christina ran away to the circus, she would be: The lion tamer, or any of the fun animal activities



Turn to the specific page number listed under the “page” column for all details needed for each activity.

Program Type KEY
Youth Programs=Youth, Advocacy Programs=PF, Family Programs =FAM,
Adult Education= AE, Community Inclusion: Adults 18+ = Adult
Community Inclusion (Young Adult)= 18-30

March	Program Choice	Time	Page	member/non-member/caregiver	IRIS-Code	Staffed By:	Type KEY	Class Capacity	Register By:
3	No Bake	10:00-11:30am	9	\$35/\$70	F	LeeAnn	AE	12	2/24
3,10,17,24	Book Club	10:30-12:00pm	8	Free	C	Jackie	18-30	6	2/27
4	Y-Fit	11:00-11:45am	8	\$5 per class	C	Jackie	18-30	15	3/3
5	Coffee Connections	10:30-11:30am	6	Free	-	Angie	FAM	25	3/5
5	Bingo	6:00-7:30pm	9	\$20/\$30	F	Abby	Adult	25	2/26
5	Board & Brush: Young Adult Edition	3:00-4:00pm	8	\$35/\$70	C	Jackie	18-30	10	2/27
6	Baking Class	10:00-12:00pm	9	\$35/\$70	F	LeeAnn	AE	8	2/27
10	Make and Take	10:00-11:30am	9	\$35/\$70	F	LeeAnn	AE	8	3/3
11	Y-Fit	11:00-11:45am	8	\$5 per class	C	Jackie	18-30	15	3/10
12	Dinner and a Movie	5:00-8:00pm	9	\$40/\$80/\$30	C	Abby	Adult	25	3/5
13	Lunch and Learn	11:30-12:30pm	6	Free	-	Angie	FAM	25	3/12
13	Coffee Shop - IL Bar	11:00-12:15pm	8	\$30/\$50	C	Jackie	18-30	6	3/11
13	TnT	6:30-8:00pm	6	Free	-	Lisa	Youth	NA	3/13
14	Dance	6:00-8:00pm	9	\$10/\$20	C	Abby	Adult	100	3/5
17	Games	6:00-7:30pm	10	\$20/\$30	F	Abby	Adult	25	3/10
18	Y-Fit	11:00-11:45	8	\$5 per class	C	Jackie	18-30	15	3/17
20	Baking Class	10:00-12:00pm	10	\$35/\$70	F	LeeAnn	AE	8	3/13
20	Badger Sports Park	6:00-8:00pm	8	\$35/\$70	C	Jackie	18-30	16	3/18
24	Crafts	6:00-7:30pm	10	\$20/\$30	F	Abby	Adult	25	3/17
25	Mini but Mighty	9:00-11:00am	6	Free	-	Angie	FAM	10 Families or 15 kids	3/24
25	Soups On	4:00-5:30pm	10	\$25/\$50	F	LeeAnn	AE	8	3/18
26	Harry Potter Marathon	11:00-2:00pm	8	\$20/\$40	F	Jackie	18-30	10	3/24
26	Board and Brush: All Adults Edition	4:30-5:45pm	10	\$35/\$70	C	Abby	Adult	15	3/19
27	TnT	6:30-8:00pm	6	Free	-	Lisa	Youth	NA	3/27
29	Super Saturday– Brunch, Green Bay Stadium Tour & Hall of Fame	10:00-4:15pm	10	\$70/\$140/\$65	C	Abby	Adult	25	3/19

Reminder: Program Name Change

The Adult SRR program will now be called Community Inclusion: Adults 18+. Your favorite SRR program activities will stay the same and will still be available to all adults 18 years and older, just under this new program name. They will still be found under the “Adult Programs” section of the newsletter, and will be indicated by code “Adult” in the calendar at a glance. Community Inclusion: Young Adults will remain activities ONLY for participants ages 18-30.

Youth Programs

Program	Details	Skills
TnT with Lisa Young adults 13-23 with and without disabilities can come meet new people and play new games with	Thurs, March 13, 6:30-8:00pm <u>First Congregational Church</u> 724 E. South River St., Appleton FREE No Registration Date	Communication, friendships, relationship building, creative thinking, decision making and independent thinking.
TnT with Lisa Young adults 13-23 with and without disabilities can come meet new people and play new games with	Thurs, March 27, 6:30-8:00pm <u>First Congregational Church</u> 724 E. South River St., Appleton FREE No Registration Date	Communication, friendships, relationship building, creative thinking, decision making and independent thinking.

For more info on Youth Programs contact Lisa: Lisa@soarfoxcities.com or (920) 731-9831 x110

Family Programs

Program	Details	Skills
Coffee Connections Parents and caregivers of adults, join us for morning snacks and conversation, connecting with others going through a	Wed, March 5, 10:30-11:30am SOAR Building, Lower Level FREE Capacity limit: 25 No Registration Date	Networking, resources, vulnerability to share experiences, active listening, building relationships
Lunch and Learn Virtual Support Group Join us for our Virtual Support group. A great chance to network with other caregivers on a similar journey from the comfort of your home or office.	Thurs, March 13, 11:30-12:30pm <u>Virtual</u> FREE Capacity limit: 25 Register by 3/12	Networking, resources, vulnerability to share experiences, active listening, building relationships
Mini but Mighty Families of children with disabilities five and under, join us for story time, a sensory-related activity, and time for caregivers to connect while their children play at the	Tues, March 25, 9:00-11:00am <u>Sensory Club: 976 American Dr. Neenah</u> FREE Capacity limit: 10 families, 15 kids Register by 3/24	Networking, social skills, resources, parallel and joint play, communication, vulnerability, and compassion.

For more info on Family Programs contact Angie: Angie@soarfoxcities.com or (920) 731-9831 x111

Advocacy Programs

Program	Details	Skills
Virtual TBI Support Group with Clare A great chance to network with other survivors, loved ones and caregivers on a similar journey from the comfort of your home or office.	Thurs, March 13, 5:00-6:00pm Zoom FREE No Registration Date	Networking, resources, vulnerability to share experiences, active listening, building relationships, offering support
St. Elizabeth's TBI Support Group with Clare Join us for our in person TBI support group at St. Elizabeth's Hospital. A great chance to network with other survivors and caregivers on a similar journey.	Mon, March 24, 6:00-7:00pm <u>St. Elizabeth's Hospital</u> 1506 S. Oneida St., Appleton 2nd Floor, Conference Room 1 & 2 FREE No Registration Date	Networking, resources, vulnerability to share experiences, active listening, building relationships, offering support



Please Note: There is **NO** People First Fox Cities with LeeAnn in March.

For more info on People First, contact LeeAnn: LeeAnn@soarfoxcities.com or (920) 731-9831 x112

For more info on TBI Support Groups, contact Clare: Clare@soarfoxcities.com or (920) 585-7820

Did You Know?

SOAR offers Community Education Presentations that provide information and raise awareness on disability-related topics. We have a variety of educational presentations for adults and youth, and will customize our outreach efforts to the specific needs, sensitivities, and levels of awareness within each group!

If you would like to schedule a speaker, please contact us at (920) 731-9831 or email info@soarfoxcities.com

Community Inclusion (Young Adult 18-30)

Program	Details	Skills
 Book Club Come join Jackie at the new library! We will be looking for books, reading, discussing what we are reading with peers, and signing up for library cards if you would like to check out books!	Mondays, March 3, 10, 17, 18, 10:30-12:00pm <u>200 N Appleton St, Appleton, WI 54911</u> Fee: Free Capacity limit= 6 Register by 2/27	Communication, relationship building, creative thinking, being in a group setting, and cooperation.
 Y-Fit Join Jackie and friends for a fun and fitness-filled experience! Each class we have a new set of exercises designed to keep you active and entertained. We look forward to seeing you there!	Tuesdays, March 4, 11, 18, 11:00-11:45am <u>Downtown YMCA: 218 E. Lawrence St. Appleton, WI</u> Fee: \$5 per class Capacity limit= 15 Register by Day Before Scheduled Class	Communication, relationship building, creative thinking, being in a group setting, physical strength, balance, cooperation, and coordination.
 Board & Brush Follow step-by-step instructions to create a beautiful sign perfect for the holiday season! You will choose between 11 designs!	Wednesday, March 5, 3:00-4:00pm <u>Board & Brush: 109 N. Durkee St, Appleton</u> Fee: \$35 member/ \$70 non-member Capacity limit= 10 Register by 2/27	Social skills, following directions, behavior in a public setting, communication, building relationships, creativity
 Coffee Shop- IL Bar Dine with friends at IL Bar. Menu includes: Hot chocolate, coffee, milk/juice/sodas, chillers, pressed sandwiches, & flatbread pizzas!	Thursday, March 13, 11:00-12:15pm <u>324 E. College Ave, Appleton, WI 54911</u> Fee: \$30 member/ \$50 non-member Capacity limit= 6 Register by 3/11	Social skills, following directions, behavior in a public setting, communication, building relationships
 Badger Sports Park Come enjoy have some fun at Badger Sports Park! We will have unlimited pizza and soda for 1 hour. You will get a fun card pre loaded with some money for activities! Activities include-laser tag, mini bowling, and laser maze. Feel free to bring more money for other activities!	Thursday, March 20, 6:00-8:00pm <u>3600 E Evergreen Dr, Appleton, WI 54913</u> Drop off and pick at Badger Sports park. Fee: \$35 member/ \$70 non-member Capacity limit= 16 Register by 3/18	Communication, following directions, be in a group setting, building relationships, making decisions, helping others (empathy), taking turns, and public behaviors.
 Harry Potter Marathon Any Harry Potter super fans?! Let's kick off the HP marathon with the 1st movie, 'Harry Potter and the Sorcerer's Stone'. We will be enjoying pizza while we watch the movie!	Wednesday, March 26, 11:00-2:00pm <u>SOAR Lower Level</u> Fee: \$20 member/ \$40 non-member Capacity limit= 10 Register by 3/24	Communication, decision making, following directions, being in a group setting, making friends and building relationships

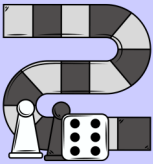
For more info on CI: Young Adults, contact Jackie: Jackie@soarfoxcities.com or (920) 731-9831 x121

Adult Programs (AE & CI: Adults 18+)

Program	Details	Skills
 No Bake with LeeAnn You'll be making a no bake apple pie.	Monday, March 3, 10:00-11:30am <u>SOAR Lower Level</u> Fee: \$35 member/ \$70 non-member Capacity limit= 12 Register by 2/24	Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
 Bingo with Abby Come win big at BINGO! A small snack will be provided.	Wednesday, March 5, 6:00-7:30pm <u>SOAR Lower Level</u> Fee: \$20 member/ \$30 non-member Capacity limit= 25 Register by 2/26	Fine motor skills, following directions, communication, making friends, problem solving.
 Baking Class with LeeAnn You'll be making Spanakopita. Spinach and cheese puffs	Thursday, March 6, 10:00-12:00pm <u>SOAR Lower Level</u> Fee: \$35 member/ \$70 non-member Capacity limit= 8 Register by 2/27	Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
 Make and Take with LeeAnn You'll be making a Breakfast Bake	Monday, March 10, 10:00-11:30am <u>SOAR Lower Level</u> Fee: \$35 member/ \$70 non-member Capacity limit= 8 Register by 3/3	Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
 Dinner & a Movie with Abby Enjoy Pizza followed by a movie in our own theater (Hollywood Cinema)! Bring money for popcorn if you'd like. Drop off and pick up on the movie side of building.	Wednesday, March 12, 5:00-8:00pm <u>Hollywood Cinema:</u> 513 Westhill Blvd, Appleton Fee: \$40 member/ \$80 non-member/ \$30 caregiver Capacity limit= 25 Register by 3/5	Communications, following directions, be in a group setting, making friends and building relationships. Responsibility for money (if buying extra snacks.)
 Dance with Abby Let's Dance!	Friday, March 14, 6:00-8:00pm <u>St. Mary's: 528 2nd St. Menasha</u> Fee: \$10 member/ \$20 non-member Capacity limit= 100 Register by 3/5	Communication, decision making, critical thinking, Following directions, being in a group setting, making friends and building relationships



Adult Programs (continued)

Program	Details	Skills
 Games with Abby All gamers welcome! A small snack will be provided.	Monday, March 17, 6:00-7:30pm <u>SOAR Lower Level</u> Fee: \$20 member/ \$30 non-member Capacity limit= 25 Register by 3/10	Communication, decision making, critical thinking, following directions, being in a group setting, making friends and building relationships
 Baking Class with LeeAnn You'll be making Cherry Dump Bars	Thursday, March 20, 10:00-12:00pm <u>SOAR Lower Level</u> Fee: \$35 member/ \$70 non-member Capacity limit= 8 Register by 3/13	Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
 Crafts with Abby Join us for some spring crafts! A small snack will be provided.	Monday, March 24, 6:00-7:30pm <u>SOAR Lower Level</u> Fee: \$20 member/ \$30 non-member Capacity limit= 25 Register by 3/17	Fine motor skills, creativity, following directions, communication, making friends, problem solving.
 Soups On with LeeAnn You'll be making Chinese Chicken Soup.	Tuesday, March 25, 4:00-5:30pm <u>SOAR Lower Level</u> Fee: \$25 member/ \$50 non-member Capacity limit= 8 Register by 3/18	Meal preparation, planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
 Board & Brush Adult Edition with Abby Join us as we create a beautiful sign perfect for the spring season! Both pick up and drop off will be at Board and Brush!	Wednesday, March 26, 4:30-5:45pm <u>Board & Brush: 109 N Durkee St, Appleton</u> Fee: \$35 member/ \$70 non-member Capacity limit= 15 Register by 3/19	Social skills, following directions, behavior in a public setting, communication, building relationships, creativity
 Super Saturday: Brunch, Green Bay Stadium Tour, & Hall of Fame with Abby Join us as we tour Lambeau! We will have a brunch at SOAR and then head to Green Bay for shopping and tours of the stadium and the Hall of Fame. Please remember that the stadium is cashless , so if you want to purchase anything, have another payment method! Also, it is A LOT of walking , so make sure to plan for that!	Saturday, March 29, 10:00am-4:15pm <u>SOAR Lower Level- then- Green Bay Stadium</u> 1265 Lombardi Ave, Green Bay *Dropoff & Pickup at SOAR Fee: \$70 member/ \$140 non-member/ \$65 Caregiver Capacity limit= 25 Register by 3/19	Communications, following directions, be in a group setting, making friends and building relationships. Responsibility for money (if buying extra stuff.)

For more info on Adult Education, contact LeeAnn: LeeAnn@soarfoxcities.com or (920) 731-9831 x112

For more info on Community Inclusion: Adults 18+, contact Abby: Abby@soarfoxcities.com or (920) 731-9831 x 130

Special Olympics ^{updates}

Special Olympics Fundraiser Games:

We are excited to announce two of our local high schools will be hosting their annual fundraiser games against SOAR. We are extremely grateful for the generosity they give to our program each year. Cheer on our teams and join in the fun—all proceeds are donated back to our Special Olympics Program!

SOAR Hawks vs. Appleton North Lightning —Saturday, March 15th, 10:00am at Appleton North

SOAR Ravens vs. Kimberly Allstars— Saturday, March 22nd (time TBD) at Kimberly High



Upcoming Tournaments:

District Basketball (Skills & Team Basketball) —Sunday, March 2nd, Neenah Middle School

Northern Sectionals — Sunday, March 16th, UW Steven's Point

District Swim Meet — Saturday, March 22nd, Neenah Middle School

Spring Games — April 11-April 13th, UW Oshkosh

Track Registration is now open! The form can be found at the end of this newsletter. *Register by April 1st.* It is important to note that athletes competing in the season must have a current medical on file by April 15th.

Athletes that want to compete in a relay MUST be able to attend all tournaments for the season.



GET INVOLVED!

We are always looking for volunteers for Special Olympics, in all sports. Please contact SO Coordinator, Jen, if you're interested in getting involved:

Jen Kalishek | jen@soarfoxcities.com | 920-731-9831 ext. 122

Reminder! Our cancellation policy is:

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there will be no credit given, only in rare instances will exceptions be granted.

If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.

If cancelling (or no-show) for a part of a series, no credit will be given. If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

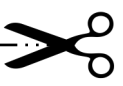
In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

1. Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waitlist and gives another participant the opportunity to join the activity.

2. Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option.

Thank you for your understanding, patience, and support!

----- 
*Participant Name _____

*Email to contact if CANCELLATION occurs: _____

Date of Activity	Activity Name	Cost

Submit total amount due to:

SOAR Fox Cities

211 E Franklin St., Suite A
Appleton, WI 54911

Registration and Payment required prior to activities.

Pay by cash, check (# _____), or online.

Total: _____

If you use IRIS, Lakeland Care, Inclusa, CLTS, or Community Care please check this box

Please provide billing name & contact info:

☐

2025 SOAR Special Olympics Track & Field Registration

Practices: Mondays & Wednesdays 5:30-6:30pm **athletes should attend both weekly practices*

Practice Location: Xavier Middle School (2626 N. Oneida St. Appleton)

Head Coach: Brian G

First Practice Date: April 16

Medical Deadline: April 15 **athletes competing in the season tournaments MUST have an active medical packet in by this date. SOWI does not accept late medicals!*

Fee: \$75 Member / \$95 Non-member

PLEASE COMPLETE EVERYTHING BELOW THIS LINE:

Athlete Name: _____

Athlete Phone Number (if different than emergency contact): _____

Athlete Email (if different than emergency contact): _____

Emergency Contact Name (Required): _____

Emergency Contact Phone (Required): _____

Emergency Contact Email (Required): _____

**Please note: At least one email address is REQUIRED as that is how we will relay information about the season, cancellations, tournament information, etc.*

Uniform Shirt (Please circle one): XS / S/ M/ L/ XL/ 2X/ 3X/ 4X.

Uniform Shorts (Please circle one): XS / S/ M/ L/ XL/ 2X/ 3X/ 4X.

Please check here if athlete already has gray track shirt and shorts: ____

(same uniform previously used for track, bocce, and bowling)

Registration Deadline: April

Send form and payment to:

SOAR Fox Cities

211 E. Franklin St. Suite A

Appleton WI 54911



Please check the lines that apply:

____ I would like to do the same events as I have done previously.

 List events here: _____

____ I would like to try new events:

 List events here: _____

***ATTENTION: Athletes competing in relays MUST be able to attend ALL tournaments!**

____ I am new and unsure of the events offered.

____ I **will** compete in the District Meet, May 17 at
Ashwaubenon High School:

____ I **will** compete in the State Summer Games, June 5-7, in
Whitewater if I qualify.

____ I will **NOT** compete and will only attend practices.

Events Offered

TRACK EVENTS

50-meter Run, 100-meter Run, 200-meter Run, 400-meter Run, 800-meter Run, 1500-meter Run, 3000-meter Run
25-meter Walk, 100-meter Walk, 200-meter Walk, 400-meter Walk, 800-meter Walk, 1500-meter Walk
25-meter Assisted Run (non-advancing event)

50-meter Developmental Run (non-advancing event)

25-meter Wheelchair, 30-meter Wheelchair Slalom, 100-meter Wheelchair, 200-meter Wheelchair

25-meter Motorized Wheelchair Obstacle, 30-meter Motorized Wheelchair Slalom, 50-meter Motorized Wheelchair Slalom

FIELD EVENTS

Long Jump – Standing

Long Jump – Running

Mini Javelin

Softball Throw

Shot Put



Board & Brush With Jackie

This activity is for participants 18-30 years of age

Join Jackie at Board & Brush to make a fun board design! They will provide all the materials and help instruct you step by step to create a beautiful sign perfect for the holiday season! Below are the designs available. Please choose which design you would like to create. You may cut the bottom portion off and mail into SOAR, return in person to SOAR or feel free to email Jackie your choice. If you choose to email, please include the name of participant **AND** design choice.

Email Jackie at: Jackie@soarfoxcities.com

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****Mail to SOAR Fox Cities 211 E. Franklin St. Suite A, Appleton WI, 54911**

OR hand into the office to Jackie BY FEBRUARY 27TH

Name of participant: _____

Design choice: _____