



April 2025

Activity & Program Guide



IMPORTANT

Please remember: **Do not arrive more than 15 minutes before activities begin!** If you do, you must wait outside the building until the leader of that specific activity arrives. Other staff will not be allowed to let you inside the building unattended. Please plan ahead because we do not want anyone waiting outside in unsafe weather.

Inside this Issue:

<u>Note from Director & Contacts</u>	2
<u>Guidelines, Policies, & Volunteering</u>	3
<u>Announcements and Updates</u>	4
<u>Calendar at a Glance</u>	5
<u>Family Programs</u>	6
<u>Youth Program</u>	6
<u>Advocacy Programs</u>	7
<u>Community Inclusion (18-30)</u>	8-9
<u>Adult Programs</u>	10-11
<u>Special Olympics</u>	12
<u>Registration Slip</u>	13

Inserts: Track and Field, Board & Brush (18-30), Blizzard Bingo, Panera Bread Fundraiser

Reminder

If you have not turned in your mandatory **2025 Participant Information Form** yet, please do so **before** you attend activities. This information is needed to have the most current emergency and updated contact info on file. If you are unsure if you have filled out this form or need one please contact Christina at the office. This form can also be found on our website under "Become a Member".

Activity Sign-Up Announcement

Classes have been filling up quickly and we understand that has been frustrating. While we're working on adding space & classes we're also trying things to make sign-up smoother. In an attempt to make signing-up for activities as fair as possible **we will still be sending out the hardcopy newsletter mid-month on Thursday evening,** BUT we will be waiting until the **following Monday at noon to post the electronic newsletter on the website.** At this same time is when we will send the newsletter email AND make sign-up live on our website. We thank you for your patience and understanding.

Office Hours: Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

Address: 211 E. Franklin St. Ste. A, Appleton, WI 54911

Phone: 920.731.9831 **E-mail:** info@soarfoxcities.com **Fax:** 920.725.1531

Website: www.soarfoxcities.com

Supported By:



Message from the Director~



Hello SOAR Friends!

Can you believe we're already diving into the April newsletter? This year is zooming by, and the beautiful weather we've been having is making it feel more like Spring than ever before! Have you been out enjoying the sunshine yet?

Speaking of weather, I'm keeping my fingers crossed that the worst is behind us, but I do want to remind everyone about our weather policy. Typically, if the Appleton Area School District cancels school due to weather, the SOAR offices will be closed. If school's canceled on a day we're normally closed, like Friday, any scheduled activities will be canceled as well. If the weather worsens throughout the day, we may cancel afternoon/evening activities, with decisions usually made by noon.

When we do need to close or cancel activities due to weather, we'll notify you in multiple ways—through our Facebook page, local news channels 2 & 5, and email. Please make sure we have your current, active email address! Unfortunately, we can't call everyone for cancellations, so be sure to keep an eye on your inbox and our Facebook for updates.

Like I mentioned, fingers crossed this is the last time I have to mention snowy weather this year! Spring is here, and I am so ready for it!

Before I sign off, don't forget to check out our **SOAR Store**! You can grab your SOAR gear online through our website or directly here: <https://soarfoxcities.itemorder.com/shop/home/>

We can't wait to see you rocking your SOAR gear around town!

Thank you all so much for being such an important part of SOAR as participants, donors, and volunteers!

~ *Erin Schultz-Wege*, Executive Director

SOAR Fox Cities Board of Directors

Heather Sorebo <i>President</i>	Julie King <i>Co-Vice President</i>	Reg Wydeven <i>Co-Vice President</i>	Gary Weber <i>Treasurer</i>	Leigh Bolender <i>Secretary</i>
Amy Steiner	Paul Meyer	Jonathan Pitzen	Polly Vanden-Boogaard	Bryan Mueller

After-Hours Program Phones (for emergencies during events)

SRR Cell Phone: (920) 809-8923

Get in Touch!

(920) 731-9831 | info@soarfoxcities.com

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Family & Community Education Program Coordinator

Vacant: x114

Volunteer Coordinator

Vacant x126

SOAR Policies

Participation: To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form (updated yearly)
- Acknowledgement Form from the Participant/Guardian Handbook

Note: The Participant Information Form needs to be updated annually. Throughout the course of the year changes may occur with conditions, allergies, emergency contacts, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking: When parking at our building during business hours, please use the **parking stalls designated for 211 E. Franklin Visitors**. If you park in other companies' stalls you risk being towed.

Inclement Weather: Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, staff will attempt to notify all participants who are signed-up for the program or service of the closure **via email & Facebook post**. Please understand that in many instances we cannot call everyone that is registered for an activity-there are simply too many. This is why it is vital that you have an up to date email on file with us. We **will ONLY post cancellations to Facebook or email about them**. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check your emails and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity.

Registration: We offer many ways to register for SOAR activities including signing-up through the SOAR website, calling and speaking to a staff during M-TH 9a-4:30pm office hours, mailing in a registration sheet via USPS mail, or stopping at our office window during office hours and speaking to a staff member in person. **We DO NOT accept registration via voicemail or email**. We will make every attempt to follow up on a voicemail or email, but please use the other options mentioned above to register for activities.

Payment: We **DO NOT and WILL NOT collect payments at activities**. Do not give staff your payment-we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the black-colored lock/mail box outside the main entrance of the SOAR Offices. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 109. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation: If you are unable to attend an event, **you must cancel at least 5 days in advance. If you do not cancel in advance you will be liable for the program fees**. Please see enclosed notice regarding cancellation policy on the registration slip.

SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

Volunteering

There are a wide variety of opportunities to volunteer at SOAR! We have regular needs for assistance with educational and recreational activities, such as cooking classes, craft nights, and field trips to places like movie theaters, Badger Sports Park, or Bay Beach. We also love to host group volunteer opportunities for companies and clubs!

If interested in learning more about volunteering please contact volunteer@soarfoxcities.com.

ANNOUNCEMENTS AND REMINDERS

We have a lock box outside of the SOAR Building!



When facing the main entrance of the building from the parking lot you will see a black box with a silver lid on the right side of the building doors. **This is the after-hours drop box where payments or paperwork can be left when SOAR is closed.** This includes before or after the hours of 9:00-4:30pm M-TH, or Fridays, Saturdays, and Sundays. Simply lift the silver top and drop your envelope into the opening. **We always recommend dropping things off to the office during office hours for the most security,** but we understand that not everyone's schedules allow for this. This lock box will be checked once a day by SOAR staff or the building manager. If you drop something off on Friday, or Thursday night, it may not be checked/received until Monday. Please call the office if you have questions.

We do NOT accept payments at activities

Friendly Reminder: DO NOT give coaches, volunteers, or SOAR staff payment or any SOAR document that need to be filled out/turned into the office while at practices or programs! We will NOT accept it!

All payment and forms must be turned in to the SOAR Office during office hours, mailed in, or dropped-off in the lock box. You can also go to soarfoxcities.com for payment and activity registration, or speak with a staff member on the phone. As a reminder: voicemails or emails will not be accepted as registration.

Please don't arrive more than 15 minutes early

Please remember **not to arrive any more than 15 minutes before activities begin!** If you do, you must wait outside the building until the leader of that specific activity arrives. **Other staff will not be allowed to let you inside the building unattended.** Please plan ahead because we do not want anyone waiting outside in unsafe weather.

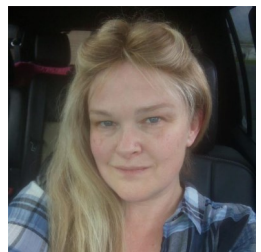
Meet Amay!

Hello! My name is Amay Forbush, I am the new Accounting Clerk here at SOAR. I have been with SOAR since November of 2024 and have enjoyed meeting and talking with many of you. In my time outside of SOAR I enjoy home renovating projects and spending time with my children.

My hobbies include: gardening and working out. I am most proud of my roses.

Favorite things: Coffee, dark mint chocolate, spending time with my Boxer, Rocky, and going to the ocean.

If Amay could be any animal she would be a dolphin.



Turn to the specific page number listed under the “page” column for all details needed for each activity.

Program Type KEY
Youth Programs=Youth, Advocacy Programs=PF, Family Programs =FAM,
Adult Education= AE, Community Inclusion: Adults 18+ = Adult
Community Inclusion (Young Adult)= 18-30

April	Program Choice	Time	Page	member/non-member/caregiver	IRIS-Code	Staffed By:	Type KEY	Class Capacity	Register By:
4/1-6/3	Y-Fit	11:00-11:45am	8	\$42 for all 10 classes or \$6 per class	C	Jackie	18-30	12	1 week before class
2	Coffee Connections	10:30-11:30am	6	FREE	-	Angie	FAM	25	4/2
2,9,16	Personal Hygiene	4:00-5:15pm	10	\$30/\$50	F	LeeAnn	AE	8	3/26
3	Baking Class	10:00-12:00pm	10	\$36/\$70	F	LeeAnn	AE	8	3/27
5	Super Saturday: Good Company/EAA	11:00-4:30pm	10	\$96/\$180/\$80	C	Abby	Adult	25	3/26
7,14,21,28	Book Club	10:30-12:00pm	8	FREE	C	Jackie	18-30	6	Day Before
7	No Bake	10:00-11:30am	10	\$36/\$70	F	LeeAnn	AE	12	3/31
7	Blizzard Bingo	6:00-7:30pm	10	\$20/person, 5 & under Free	C	Angie/ Abby	FAM/ ADULT	75	3/31
8	People First	6:00-7:00pm	7	Free	F	LeeAnn	PF	20	n/a
9	Board & Brush	3:00-4:00pm	8	\$35/\$70/\$20	C	Jackie	18-30	12	4/7
2,9,16 23,30	Wellness Walk Wednesday	9:00-10:00am	8	FREE	C	Jackie	18-30	10	Day Before
10	Coffee Shop Visit– Il Bar	11:00-12:00pm	8	\$21/\$50	C	Jackie	18-30	6	4/8
10	TnT	6:30-8:00pm	6	FREE	-	Lisa	Youth	NA	4/10
10	Lunch and Learn	11:30-12:30pm	6	FREE	-	Angie	FAM	25	4/10
11	Dance	6:00-8:00pm	10	\$10/\$20	C	Abby	Adult	100	3/5
15,22,29	Healthy Cooking Class	4:00-5:30pm	10	\$96/\$175	F	LeeAnn	AE	8	4/8
16	Yoga at Be.	4:30-5:30pm	9	\$35/\$70	C	Jackie	18-30	12	4/14
16	Dinner and a Movie	5:00-8:00pm	11	\$42/\$80/\$30	C	Abby	Adult	25	4/9
17	Baking Class	10:00-12:00pm	11	\$36/\$70	F	LeeAnn	AE	8	4/10
21	Make and Take	10:00-11:30am	11	\$36/\$70	F	LeeAnn	AE	8	4/14
21	Games	6:00-7:30pm	11	\$24/\$30	F	Abby	Adult	25	4/16
23	Coffee Shop Visit– Il Bar	11:00-12:00pm	9	\$21/\$50	C	Jackie	18-30	6	4/21
24	Confident Women	5:00-6:15pm	11	BYOM	C	LeeAnn	AE	12	4/17
24	TnT	6:30-8:00pm	6	FREE	-	Lisa	Youth	NA	4/24
28	Soups On	10:30-12:00pm	11	\$36/\$70	F	LeeAnn	AE	8	4/21
28	Crafts	6:00-7:30pm	11	\$24/\$30	F	Abby	Adult	25	4/23
29	Mini but Mighty	9:00-11:00am	6	FREE	-	Angie	FAM	10 Families/ 15 Kids	4/28
30	The Fire	3:00-4:00pm	9	\$45/\$90/\$35	C	Jackie	18-30	10	4/28

Youth Programs

Program	Details	Skills
TnT with Lisa Spring is better with friends! Young adults 13-23 with and without disabilities can come meet new people and play new games with friends!	Thurs, April 10, 6:30-8:00pm <u>First Congregational Church</u> 724 E. South River St., Appleton FREE No Registration Date	Communication, friendships, relationship building, creative thinking, decision making and independent thinking
TnT with Lisa Q: What type of bow can never be tied or untied? A: Rainbow	Thurs, April 24, 6:30-8:00pm <u>First Congregational Church</u> 724 E. South River St., Appleton FREE No Registration Date	Communication, friendships, relationship building, creative thinking, decision making and independent thinking

For more info on Youth Programs contact Lisa: Lisa@soarfoxcities.com or (920) 731-9831 x110

Family Programs

Program	Details	Skills
Coffee Connections Join us for morning snacks and conversation, connecting with others going through a similar journey!	Wed, April 2, 10:30-11:30am SOAR Building, Lower Level FREE Capacity limit: 25 No Registration Date	Networking, resources, vulnerability to share experiences, active listening, building relationships
Lunch and Learn Virtual Support Group Join us for our Virtual Support group. A great chance to network with other caregivers on a similar journey from the comfort of your home or office.	Thurs, April 10, 11:30-12:30pm <u>Virtual</u> FREE Capacity limit: 25 Register by 4/10	Networking, resources, vulnerability and compassion
Mini but Mighty Join us for story time, activities, networking, and lots of sensory-regulating fun! This support group is designed to allow your differently-abled child 5 years old and younger and siblings to come with you and create connections of their own.	Tues, April 29, 9:00-11:00am <u>Sensory Club: 976 American Dr. Neenah</u> FREE Capacity limit: 10 families, 15 kids Register by 4/28	Networking, social skills, resources, parallel and joint play, communication, vulnerability, and compassion

For more info on Family Programs contact Angie: Angie@soarfoxcities.com or (920) 731-9831 x111

Advocacy Programs

Program	Details	Skills
People First Fox Cities with LeeAnn Social 5:00 - 5:50pm at McDonald's then the meeting will be at the Menasha Library on the main floor.	Tues, April 8, 6:00-7:00pm <u>Menasha Library:</u> 440 1st St., Menasha FREE Capacity limit= 20 No Registration Date	Self Advocacy, social skills, communication, community resources and building relationships
Virtual TBI Support Group with Clare A great chance to network with other survivors, loved ones and caregivers on a similar journey from the comfort of your home or office.	Thurs, April 10, 5:00-6:00pm <u>Zoom</u> FREE No Registration Date	Networking, resources, vulnerability to share experiences, active listening, building relationships, offering support
St. Elizabeth's TBI Support Group with Clare Join our in person support group to share stories, meet TBI survivors, loved ones and caregivers. We discuss success stories, share struggles and answer any questions people may have regarding the road to recovery.	Mon, April 28, 6:00-7:00pm <u>St. Elizabeth's Hospital</u> 1506 S. Oneida St., Appleton 2nd Floor, Conference Room 1 & 2 FREE No Registration Date	Networking, resources, vulnerability to share experiences, active listening, building relationships, offering support

For more info on People First, contact LeeAnn: LeeAnn@soarfoxcities.com or (920) 731-9831 x112

For more info on TBI Support Groups, contact Clare: Clare@soarfoxcities.com or (920) 585-7820

Did You Know?

SOAR offers Community Education Presentations that provide information and raise awareness on disability-related topics. We have a variety of educational presentations for adults and youth, and will customize our outreach efforts to the specific needs, sensitivities, and levels of awareness within each group!

If you would like to schedule a speaker, please contact us at (920) 731-9831 or email info@soarfoxcities.com

Community Inclusion (Young Adult 18-30)

Program	Details	Skills
 Y-Fit Join Jackie and friends for a fun and fitness-filled experience! Each class we have a new set of exercises designed to keep you active and entertained. You can register for the entire 10-week program or choose the sessions that fit your schedule. We look forward to seeing you there!	Tuesdays, April 1- June 3, 11:00-11:45am <u>YMCA Fox Cities:</u> 218 E. Lawrence St. Fee: \$42 for 10 classes or \$6 per class Capacity limit= 12 Register by Date 1 week before scheduled class	Communication, relationship building, creative thinking, being in a group setting, physical strength, balance, cooperation, and coordination
 Book Club Come join Jackie at the new library! We will be looking for books, reading, discussing what we are reading with peers, and signing up for library cards if you would like one to check out books!	Mondays, April 7, 14, 21, 28, 10:30-12:00pm <u>Appleton Public Library :</u> 200 N Appleton St. Fee: FREE Capacity limit= 6 Register by day before scheduled date	Communication, relationship building, creative thinking, being in a group setting, and cooperation
 Board & Brush Follow step-by-step instructions to create a beautiful sign perfect for the Spring/Easter season! You will choose between 10 designs! (see insert in newsletter)	Wednesday, April 9, 3:00-4:00pm <u>Board & Brush Appleton:</u> 109 N Durkee St Fee: \$35 member/ \$70 non-member/ \$20 Caregiver Capacity limit= 12 Register by 4/7	Social skills, following directions, behavior in a public setting, communication, building relationships, creativity
 Wellness Walk Wednesday Wellness Walk Wednesdays are back!! Come join Jackie and friends while getting your steps in. We will be walking the Heritage Parkway Trail in Little Chute. Dress for the weather! I will only cancel if it rains. Communication will be sent out via email and a Facebook post!	Wednesdays, April 2, 9, 16, 23, 30 9:00-10:00am <u>Heritage Parkway Trail:</u> Park at parking lot at 201 Sanitorium Rd, Little Chute FREE Capacity limit= 10 Register by day before scheduled walk	Communication, relationship building, creative thinking, being in a group setting, physical strength, balance, cooperation, and coordination
 Coffee Shop Visit- Il Bar Dine with friends at Il Bar. Menu includes: Hot chocolate, coffee, milk, fruit smoothies, chillers, pressed sandwiches, & flatbread pizzas!	Thurs, April 10, 11:00-12:00pm <u>Il Bar:</u> 324 E College Ave, Appleton FEE: \$21 member/\$50 nonmember Capacity limit= 6 Register by 4/8	Social skills, decision making, following directions, behavior in a public setting, communication, building relationships

For more info on CI: Young Adults, contact Jackie: Jackie@soarfoxcities.com or (920) 731-9831 x121

Community Inclusion (Young Adult 18-30)

Program	Details	Skills
 Yoga at Be. Learn new yoga poses, improve flexibility, and boost your balance in a fun, welcoming atmosphere. Once registered, you will need to complete the waiver that Be. kindly requests. Jackie will send the link to parents or caregivers to fill it out via email. We can't wait to see you there!	Wednesday, April 16, 4:30-5:30pm <u>Be. Holistic Center</u> : 1309 S. Oneida St, Appleton Fee: \$35 member/ \$70 non-member Capacity limit= 12 Register by 4/14	Communication, relationship building, creative thinking, being in a group setting, physical strength, balance, cooperation, and coordination
 Coffee Shop Visit - Il Bar Dine with friends at Il Bar. Menu includes: Hot chocolate, coffee, milk, fruit smoothies, chillers, pressed sandwiches, & flatbread pizzas!	Wednesday, April 23, 11:00-12:00pm <u>Meet at:</u> 324 E College Ave, Appleton, WI 54911 Fee: \$21 Member/ \$50 Non-member Capacity limit= 6 Register by 4/21	Social skills, decision making, following directions, behavior in a public setting, communication, building relationships
 The Fire Join Jackie and friends creating beautiful pieces of art at The Fire! We will have a selection of pottery to pick, you paint however you want. Come join the fun!	Wednesday, April 30, 3:00-4:00pm <u>The Fire Studio</u> : 230 E College Ave, Appleton Fee: \$45 Member/ \$90 Non-Member/ \$35 Caregiver Capacity limit= 10 Register by 4/28	Social skills, following directions, creativity, behavior in a public setting, communication, building relationships



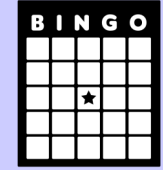
Reminder: Program Name Change

The **Adult SRR program** will now be called **Community Inclusion: Adults 18+**. Your favorite SRR program activities will stay the same and will still be available to **all adults 18 years and older**, just under this new program name. They will still be found under the "Adult Programs" section of the newsletter.

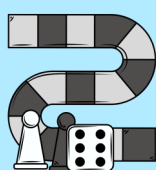
Community Inclusion: Young Adults will remain activities ONLY for participants ages 18-30.

For more info on CI: Young Adults, contact Jackie: Jackie@soarfoxcities.com or (920) 731-9831 x121

Adult Programs (AE & CI: Adults)

Program	Details	Skills
 Personal Hygiene with LeeAnn We'll be discussing personal hygiene, bathing, hair, nail and skin care, oral health, and clothing care.	Wed, April 2, 9,16, 4:00-5:15pm <u>SOAR 1st Floor Boardroom</u> Fee: \$30 member/ \$50 non-member Capacity limit= 8 Register by 3/26	Personal hygiene, laundry, organizing, planning, following directions, self confidence, being in a group setting, following directions, decision making
 Baking Class with LeeAnn You'll be making Raspberry Bars.	Thursday, April 3, 10:00-12:00pm <u>SOAR Lower Level</u> Fee: \$36 member/ \$70 non-member Capacity limit= 8 Register by 3/27	Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
 Super Saturday– Good Company and EAA Museum Tour Join us as we eat lunch at Good Company and then journey to Oshkosh to tour the EAA Museum! Remember to bring some money, if you would like to buy some souvenirs. Drop off at Good Company and Pick up at SOAR.	Saturday, April 5, 11:00-4:30pm Drop Off: <u>Good Company:</u> 110 N Richmond St, Appleton Pick up: <u>SOAR Fox Cities</u> Fee: \$96 member/ \$180 non-member / \$80 Caregiver Capacity limit= 25 Register by 3/26	Communications, following directions, be in a group setting, making friends and building relationships. Responsibility for money (if buying extra stuff)
 No Bake with LeeAnn You'll be making Lemon Blueberry Dessert	Mon, April 7, 10:00-11:30am <u>SOAR Lower Level</u> Fee: \$36 member/ \$70 non-member Capacity limit= 12 Register by 3/31	Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
 Blizzard BINGO Come play BINGO with the Green Bay Blizzard Football Players! (see insert in newsletter)	Mon, April 7, 6:00-7:30pm <u>Appleton Public Library:</u> 200 N Appleton St. Fee: \$ 20/person - 5 years and under Free Capacity limit= 75 Register by 3/31	Communication, turn taking, follow directions, being in a group setting in the community, making friends and relationship building
 Dance with Abby Let's Dance!	Fri, April 11, 6:00-8:00 pm <u>St. Mary's Menasha</u> - 528 2nd St, Menasha Fee: \$10 member/ \$20 non-member Capacity limit= 100 Register by 3/5	Communication, decision making, critical thinking, Following directions, being in a group setting, making friends and building relationships
 Healthy Cooking with LeeAnn Healthy Cooking is a 3 week cooking and nutritional education class. Each night you will prepare your own dinner.	Tues, April 15, 22, 29, 4:00-5:30pm <u>SOAR Lower Level</u> Fee: \$96 member/ \$150 non-member Capacity limit= 8 Register by 4/8	Meal preparation, planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation

Adult Programs (continued)

Program	Details	Skills
 Dinner & A Movie with Abby Enjoy Pizza followed by a movie in our own theater (Hollywood Cinema)! Bring money for popcorn if you'd like. Drop off and pick up on the movie side of building.	Wed, April 16, 5:00-8:00pm <u>Hollywood Cinema</u> - 513 Westhill Blvd Appleton Fee: \$42 member/ \$80 non-member / \$30 Caregiver Capacity limit= 25 Register by 4/9	Communications, following directions, be in a group setting, making friends and building relationships. Responsibility for money (if buying extra snacks)
 Baking Class with LeeAnn You'll be making a coconut poke cake.	Thurs, April 17, 10:00-12:00pm <u>SOAR Lower Level</u> Fee: \$36 member/ \$70 non-member Capacity limit= 8 Register by 4/10	Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
 Make & Take with LeeAnn You'll be making Reuben Bake.	Mon, April 21, 10:00-11:30am <u>SOAR Lower Level</u> Fee: \$36 member/ \$70 non-member Capacity limit= 8 Register by 4/14	Meal preparation, planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
 Games with Abby All gamers welcome! A small snack will be provided.	Mon, April 21, 6:00-7:30pm <u>SOAR Lower Level</u> Fee: \$24 member/ \$30 non-member Capacity limit= 25 Register by 4/16	Communication, decision making, critical thinking, following directions, being in a group setting, making friends and building relationships
 Confident Women with LeeAnn Enjoy dinner with your girlfriends.	Thurs, April 24, 5:00-6:15pm <u>Panera Bread</u> : 3320 W. College Ave. Appleton Fee: BYOM Capacity limit= 12 Register by 4/17	Social skills, decision making, following directions, behavior in a public setting, communication, building relationships
 Soups on with LeeAnn You'll be making Zuppa Toscana	Mon, April 28, 10:30-12:00pm <u>SOAR Lower Level</u> Fee: \$36 member/ \$70 non-member Capacity limit= 8 Register by 4/21	Meal preparation, planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
 Crafts with Abby Join us for some spring crafts! A small snack will be provided.	Mon, April 28, 6:00-7:30pm <u>SOAR Lower Level</u> Fee: \$24 member/ \$30 non-member Capacity limit= 25 Register by 4/23	Fine motor skills, creativity, following directions, communication, making friends, problem solving

For more info on Adult Education, contact LeeAnn: LeeAnn@soarfoxcities.com or (920) 731-9831 x112

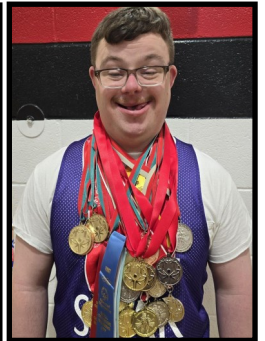
For more info on Community Inclusion: Adults 18+, contact Abby: Abby@soarfoxcities.com or (920) 731-9831 x130

Special Olympics ^{updates}

EXCITING NEWS!

SOAR Special Olympics athlete, Brett Schultz, will be an Ambassador for the Special Olympics Wisconsin Jersey Mike's Special Day of Giving! Visit Brett at the Darboy location of Jersey Mike's (W3216 County KK Suite 103) on the Day of Giving, March 26th as he represents Special Olympics Wisconsin and SOAR Fox Cities. Brett has been involved in our Special Olympics Program since 2010 and currently competes in basketball, track & field, and softball. Way to go, Brett!

All proceeds from this event go to Special Olympics Wisconsin



We attended the District Basketball Tournament on Sunday, March 2nd and it was an incredible day! Our skills athletes kicked things off and did awesome in their individual competitions. In team basketball, the Bandits, Ravens, & Eagles all took first place in their divisions! The Vultures took a second place and the Falcons and Hawks took third.

Congratulations everyone!



Upcoming SO Events:

SOAR Hawks vs. Appleton North Fundraiser Game: Saturday, March 15th, 10:00am, Appleton North

Northern Sectionals: Sunday, March 16th, UW Steven's Point

Spread the Word to End the Word Fundraiser Game: Saturday, March 15th, 12:00pm, Kimberly High

District Swim Meet: Saturday, March 22nd, Neenah Middle School

Spring Games: April 11-April 13th, UW Oshkosh



GET INVOLVED!

We are always looking for volunteers for Special Olympics, in all sports. Contact SO Coordinator, Jen Kalishek, if you're interested in getting involved:

Jen Kalishek | jen@soarfoxcities.com | 920-731-9831 ext. 122

Reminder! Our cancellation policy is:

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there will be no credit given, only in rare instances will exceptions be granted.

If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.

If cancelling (or no-show) for a part of a series, no credit will be given. If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

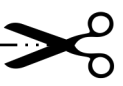
In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

1. Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waitlist and gives another participant the opportunity to join the activity.

2. Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option.

Thank you for your understanding, patience, and support!

----- 
*Participant Name _____

*Email to contact if CANCELLATION occurs: _____

Date of Activity	Activity Name	Cost

Submit total amount due to:

SOAR Fox Cities

211 E Franklin St., Suite A
Appleton, WI 54911

Registration and Payment required prior to activities.

Pay by cash, check (# _____), or online.

Total: _____

If you use IRIS, Lakeland Care, Inclusa, CLTS, or Community Care please check this box

Please provide billing name & contact info:

☐



JOIN US FOR BLIZZARD



BINGO

★ **PARTY** ★

MEET THE GREEN BAY
BLIZZARD FOOTBALL
PLAYERS AS THEY PLAY
BINGO WITH YOU!



MONDAY APRIL 7TH

6:00 PM - 7:30 PM



APPLETON PUBLIC LIBRARY

225 N ONEDIA ST. COMMUNITY ROOM B AND C (ON SECOND FLOOR)

PLAY BINGO WITH BLIZZARD FOOTBALL PLAYERS!

COST: 20.00 PER PERSON

5 AND UNDER FREE

REGISTRATION REQUIRED BY MARCH 31, 2025

THIS IS A JOINT SPECIAL EVENT FOR THE FAMILY AND COMMUNITY INCLUSION PROGRAM

QUESTIONS PLEASE REACH OUT TO ANGIE OR ABBY AT

ANGIE@SOARFOXCITIES.COM OR

ABBY@SOARFOXCITIES.COM





FUNDRAISING NIGHT



Let's raise some dough for SOAR!

**April 24, 2025
4:00pm to 8:00pm
3320 W College Ave, Appleton WI**

Use code **FUND4U** at panerabread.com, in the Panera App,
or at the kiosk in-cafe.

Online orders placed all day at your event cafe will count towards your total sales.

25%

**of net sales will
be donated.**

Bring this flyer or show a digital copy to your
cashier when ordering at the cafe to ensure your
organization gets a portion of the net sales



*20% fundraiser: Up to 20% of net sales from your designated and registered fundraising event will be donated to your approved organization. Minimum sales of \$100 on the specified date, time and location required to receive 20% donation. 25% fundraiser: Up to 25% of net sales from your designated and registered fundraising event will be donated to your approved organization. Minimum sales of \$150 on the specified date, time and location required to receive 25% donation. General terms: Details on percentage of net sales to be donated and the minimum sales requirement will be provided during the event registration process. Fundraising events available only at participating US bakery-cafes. Fundraising event details and available dates and times for fundraising events will vary by bakery-cafe. Gift card purchases, catering orders, and orders placed on third party delivery sites are excluded and will not count towards the total net sales from your designated fundraising event. This offer will be void if flyer is distributed in or near the participating bakery-cafe on the night of the event. Fundraising events may be cancelled without notice due to abuse, error, fraud, computer error, electronic or technical malfunctions, or other unforeseen or unintended circumstances. Other restrictions may apply. For more information on how our fundraising events work, please visit: <https://fundraising.panerabread.com/faq>.

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Board & Brush With Jackie

This activity is for participants 18-30 years of age

Join Jackie at Board & Brush to make a fun board design! They will provide all the materials and help instruct you step by step to create a beautiful sign perfect for the holiday season! Below are the designs available. Please choose which design you would like to create. You may cut the bottom portion off and mail into SOAR, return in person to SOAR or feel free to call or email Jackie your choice. If you choose to email, please include the name of participant **AND** design choice.

Email Jackie at: Jackie@soarfoxcities.com

Phone: 920-731-9831 x 121

1



4



7



2



5



8



3



6



9



10



**Mail to SOAR Fox Cities 211 E. Franklin St. Suite A, Appleton WI, 54911

OR hand into the office to Jackie **BY APRIL 2ND**

Name of participant: _____

Design choice: _____

2025 SOAR Special Olympics Track & Field Registration

Practices: Mondays & Wednesdays 5:30-6:30pm **athletes should attend both weekly practices*

Practice Location: Xavier Middle School (2626 N. Oneida St. Appleton)

Head Coach: Brian G

First Practice Date: April 16

Medical Deadline: April 15 **athletes competing in the season tournaments MUST have an active medical packet in by this date. SOWI does not accept late medicals!*

Fee: \$75 Member / \$95 Non-member

PLEASE COMPLETE EVERYTHING BELOW THIS LINE:

Athlete Name: _____

Athlete Phone Number (if different than emergency contact): _____

Athlete Email (if different than emergency contact): _____

Emergency Contact Name (Required): _____

Emergency Contact Phone (Required): _____

Emergency Contact Email (Required): _____

**Please note: At least one email address is REQUIRED as that is how we will relay information about the season, cancellations, tournament information, etc.*

Uniform Shirt (Please circle one): XS / S/ M/ L/ XL/ 2X/ 3X/ 4X.

Uniform Shorts (Please circle one): XS / S/ M/ L/ XL/ 2X/ 3X/ 4X.

Please check here if athlete already has gray track shirt and shorts: ____

(same uniform previously used for track, bocce, and bowling)

Registration Deadline: April 2

Send form and payment to:

SOAR Fox Cities

211 E. Franklin St. Suite A

Appleton WI 54911



Please check the lines that apply:

____ I would like to do the same events as I have done previously.

List events here: _____

____ I would like to try new events:

List events here: _____

***ATTENTION: Athletes competing in relays MUST be able to attend ALL tournaments!**

____ I am new and unsure of the events offered.

____ I **will** compete in the District Meet, May 17 at
Ashwaubenon High School:

____ I **will** compete in the State Summer Games, June 5-7, in
Whitewater if I qualify.

____ I will **NOT** compete and will only attend practices.

Events Offered

TRACK EVENTS

50-meter Run, 100-meter Run, 200-meter Run, 400-meter Run, 800-meter Run, 1500-meter Run, 3000-meter Run
25-meter Walk, 100-meter Walk, 200-meter Walk, 400-meter Walk, 800-meter Walk, 1500-meter Walk
25-meter Assisted Run (non-advancing event)
50-meter Developmental Run (non-advancing event)
25-meter Wheelchair, 30-meter Wheelchair Slalom, 100-meter Wheelchair, 200-meter Wheelchair
25-meter Motorized Wheelchair Obstacle, 30-meter Motorized Wheelchair Slalom, 50-meter Motorized Wheelchair Slalom

FIELD EVENTS

Long Jump – Standing
Long Jump – Running
Mini Javelin
Softball Throw
Shot Put