



September 2025

Activity & Program Guide



Just a note:

SOAR office will be closing at 3:00pm on Thursday, August 21st, so staff can see everyone at the CORN ROAST!!

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Inserts: Dinner and Movie Menu, Board & Brush choices, Internet Safety Flyer, Brat Fry Flyer



SAVE THE DATE:

**6th Annual Amazing Fund-Racer
Saturday, Oct 18th, 2025**

A family friendly SOAR Fundraiser where teams work together to solve clues, tackle interactive challenges, and uncover hidden locations throughout the Fox Cities. It's a day full of adventure, fun, and heart ~ with proceeds directly benefiting programs that empower individuals with differing abilities.

Be on the lookout for more information in the October newsletter or check out our website now for more details.

Office Hours: Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

Address: 211 E. Franklin St. Ste. A, Appleton, WI 54911

Phone: 920.731.9831 **E-mail:** info@soarfoxcities.com **Fax:** 866-458-0456

Website: www.soarfoxcities.com

Supported By:



Message from the Director



Hello Friends of SOAR!

Can you believe it's already September? I feel like the year is flying by - and we're heading into my absolute favorite season... fall! I hope you all had a fantastic summer filled with sunshine, laughter, and maybe a few new memories with SOAR along the way.

We've got some amazing activities planned for this month, including Concert for a Cause practices, baking delicious fall-themed treats, and our first pumpkin patch trip of the year to Polly's Pumpkin Patch - a seasonal favorite for sure!

As we look ahead to our bowling season, I also want to give you a quick heads-up that some changes are coming. We've run into a few challenges with Sabre Lanes, and while we're working hard on solutions, we know adjustments will be needed. Jen will share details soon! Please keep an eye out—and begin preparing for a slightly different experience this year. We'll do our best to make the transition smooth and keep the fun rolling!

Lastly, a quick reminder as we approach cooler weather: if activities ever need to be canceled due to weather, we will post updates on **Facebook** and send out **emails**. Please make sure we have your **most up-to-date email address** so we can keep you in the loop. Unfortunately we cannot make phone calls because the volume of calls to be made is simply too much. Because of this **we will not make phone calls for cancellations. You must watch Facebook and your emails.**

Thank you for being part of the SOAR family—whether you're a participant, volunteer, donor, or all of the above. Here's to a season full of pumpkins, cozy fun, and new adventures!

~ Erin Schultz-Wege, Executive Director

SOAR Fox Cities Board of Directors

Heather Sorebo President	Julie King Co-Vice President	Reg Wydeven Co-Vice President	Gary Weber Treasurer	Leigh Bolender Secretary
Amy Steiner	Paul Meyer	Jonathan Pitzen	Polly Vanden-Boogaard	Bryan Mueller

"I can do things you cannot, you can do things I cannot: together we can do great things." -Mother Teresa

Get in Touch!

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SOAR Policies

Participation: To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form (updated yearly)
- Acknowledgement Form from the Participant/Guardian Handbook

Note: The Participant Information Form needs to be updated annually. Throughout the course of the year changes may occur with conditions, allergies, emergency contacts, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking: When parking at our building during business hours, please use the **parking stalls designated for 211 E. Franklin Visitors**. If you park in other companies' stalls you risk being towed.

Inclement Weather: Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, staff will attempt to notify all participants who are signed-up for the program or service of the closure **via email & Facebook post**. Please understand that in many instances we cannot call everyone that is registered for an activity-there are simply too many. This is why it is vital that you have an up to date email on file with us. We **will ONLY post cancellations to Facebook or email about them**. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check your emails and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity.

Registration: We offer many ways to register for SOAR activities including signing-up through the SOAR website, calling and speaking to a staff during M-TH 9a-4:30pm office hours, mailing in a registration sheet via USPS mail, or stopping at our office window during office hours and speaking to a staff member in person. **We DO NOT accept registration via voicemail or email**. We will make every attempt to follow up on a voicemail or email, but please use the other options mentioned above to register for activities.

Payment: We **DO NOT and WILL NOT collect payments at activities**. Do not give staff your payment-we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the black-colored lock/mail box outside the main entrance of the SOAR Offices. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 109. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation: If you are unable to attend an event, **you must cancel at least 5 days in advance. If you do not cancel in advance you will be liable for the program fees**. Please see enclosed notice regarding cancellation policy on the registration slip.

SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

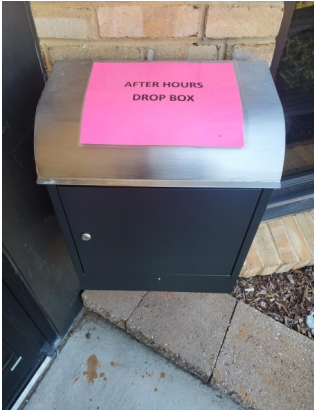
Volunteering

Volunteering at SOAR can look a variety of ways! We have many individual volunteering needs such as helping at our educational classes, fun outings, and recreational events. We also love having groups come in and give back. If your company, work, or club is looking for a fun way to make a difference you can volunteer as a group at SOAR!

If interested in learning more about volunteering please contact volunteer@soarfoxcities.com.

ANNOUNCEMENTS AND REMINDERS

We have a lock box outside of the SOAR Building!



When facing the main entrance of the building from the parking lot you will see a black box with a silver lid on the right side of the building doors. **This is the after-hours drop box where payments or paperwork can be left when SOAR is closed.** This includes before or after the hours of 9:00-4:30pm M-TH, or Fridays, Saturdays, and Sundays. Simply lift the silver top and drop your envelope into the opening. **We always recommend dropping things off to the office during office hours for the most security,** but we understand that not everyone's schedules allow for this. This lock box will be checked once a day by SOAR staff or the building manager. If you drop something off on Friday, or Thursday night, it may not be checked/received until Monday. Please call the office if you have questions.

We do NOT accept payments at activities

Friendly Reminder: DO NOT give coaches, volunteers, or SOAR staff payment or any SOAR document that need to be filled out/turned into the office while at practices or programs! We will NOT accept it!

All payment and forms must be turned in to the SOAR Office during office hours, mailed in, or dropped-off in the lock box. You can also go to soarfoxcities.com for payment and activity registration, or speak with a staff member on the phone. As a reminder: voicemails or emails will not be accepted as registration.

Please don't arrive more than 15 minutes early

Please remember **not to arrive any more than 15 minutes before activities begin!** If you do, you must wait outside the building until the leader of that specific activity arrives. **Other staff will not be allowed to let you inside the building unattended.** Please plan ahead because we do not want anyone waiting outside in unsafe weather.

A Successful 34th Annual Golf-Fore-Inclusion!!!!

We would like to extend a HUGE thank you to our Golf Fore Inclusion sponsors, volunteers, SOAR staff and ambassadors who put all hands on deck to help run a smooth and successful outing each year. From start to finish, their generosity and hard work help bring this event to life, and we are deeply grateful to have such a strong and compassionate community behind us! We are thrilled to announce this year we raised over \$40,000!!

Thank you sponsors!

Eagle Sponsor: Everdry Waterproofing

Birdie Sponsor: Interstate Batteries

Par Sponsors: Todd Steven & Associates, Appleton Axe

Coffee & Donut Sponsor: Lakeland Care

Prize Sponsors: BMO U.S., N&M Transfer Co., Inc., Adrienne Nelson & Family

Hole Sponsors: CoVantage Credit Union, Eagle Graphics, Edward Jones, Gardan, Guardian Life, Merit Financial, The Village Companies, The Detienne Family, The Van Nuland Family

Tee-Rific Sponsor: SOAR Board of Directors



Turn to the specific page number listed under the "page" column for all details needed for each activity.

Program Type KEY	
Youth Programs=Youth, Adult Education=AE, Family Programs =FAM, Community Inclusion: Adults 18+= Adult, Community Inclusion: Young Adults= 18-30	
Advocacy Programs=ADV PF=People First	

September	Program Choice	Time	Page	member/non-member/caregiver	IRIS-Code	Staffed By:	Type KEY	Class Capacity	Register By:
2,9,16,23,30	Y-Fit	11:00-11:45	8	\$42/\$84	C	Jackie	18-30	12	8/26
3	Coffee Connections	10:30-11:30am	6	FREE	-	Jillian	FAM	25	-
3	Coffee Shop- IL Bar	11:00am-12:00pm	8	\$21/\$42	C	Jackie	18-30	8	8/29
3	Bingo	6:00-7:30pm	9	\$24/\$30	F	Abby	Adult	25	8/27
8,15,29	Book Club	10:30am-12:00pm	8	FREE	C	Jackie	18-30	8	Friday before
8	No Bake Class	10:00-11:30am	9	\$36/\$72	F	LeeAnn	AE	12	9/2
9	People First Fox Cities	6:00-7:00pm	7	FREE	C	LeeAnn	ADV-PF	15	9/8
10	Dinner and a Movie	4:30-8:00pm	9	\$42/\$84/\$9**	C	Abby	Adult	25	9/1
10	My Rights	4:00-5:30pm	9	\$24/\$48	F	LeeAnn	AE	10	9/3
11	Baking Class	10:00am-12:00pm	9	\$36/\$72	F	LeeAnn	AE	8	9/4
11	Lunch and Learn (VIRTUAL)	11:30am-12:30pm	6	FREE	-	Jillian	FAM	25	9/11
11	Internet Safety	6:00-7:30pm	6/9	FREE	-	Jillian/ LeeAnn	FAM/ AE	35	9/8
12	Dance	6:00-8:00pm	9	\$10/\$20	C	Abby	Adult	100	9/9
15	Make and Take	10:00-11:30am	10	\$36/\$72	F	LeeAnn	AE	8	9/8
9/16 & 9/23 OR 9/30 & 10/7	Healthy Cooking	4:00-5:30 pm	10	\$72/\$144	F	LeeAnn	AE	8	9/9
9/17 & 9/24	Safe & Free	4:00-5:30pm	10	\$30/\$60	F	LeeAnn	AE	10	9/10
17	IL Bar & Board and Brush	11:00am-1:00pm	8	\$42/\$84 +BYOM for IL Bar	C	Jackie	18-30	10	9/15
17	Glass Fusing Class	6:00-7:00pm	10	\$30/\$36	F	Abby	Adult	25	9/10
18	Baking Class	10:00am-12:00pm	10	\$36/\$72	F	LeeAnn	AE	8	9/11
18	Confident Women	5:00-6:30pm	10	BYOM	C	LeeAnn	AE	10	9/11
24	Gardening Workshop	6:00-7:30pm	11	\$30/\$36	F	Abby	Adult	25	9/17
25	TnT	6:30-8:00pm	6	FREE	Y	Lisa	Youth	N/A	N/A
27	Super Saturday- Pizza and Polly's	11:30am-5:00pm	11	\$105/\$210/\$95	C	Abby	Adult	24	9/17
30	Mini But Mighty	9:00-11:00am	6	FREE	C	FAM	Jillian	10 Families/ 15 Children (including Siblings)	9/29

**** Caregiver is \$9 plus they will pay for their own meal at the event**

Youth Programs

Program	Details	Skills
TnT with Lisa Young adults 13-23 with and without disabilities can come meet new people and play new games with	Thurs, Sept 25, 6:30-8:00pm <u>First Congregational Church</u> 724 E. South River St., Appleton FREE No Registration Date	Communication, friendships, relationship building, creative thinking, decision making and independent thinking

For more info on Youth Programs contact Lisa: Lisa@soarfoxcities.com or (920) 731-9831 x110

Family Programs

Program	Details	Skills
Coffee Connections Join us for some morning snacks and networking with other caregivers on a similar journey.	Wed, Sept 3, 10:30-11:30am SOAR Building, Lower Level FREE Capacity limit: 25 No Registration Date	Networking, resources vulnerability and compassion
Lunch and Learn Virtual Support Group Join us for our Virtual Support group. A great chance to network with other caregivers on a similar journey from the comfort of your home or office.	Thurs, Sept 11, 11:30-12:30pm <u>Virtual</u> FREE Capacity limit: 25 No Registration Date	Networking, resources vulnerability and compassion
Internet Safety Join us for an evening of learning about internet safety with Cody Lerum from the Appleton Police Department. We will learn about how to stay safe online and caregivers will receive tips on how to keep their loved ones safe online.	Thurs, Sept 11, 6:00-7:30pm <u>Location:</u> SOAR Lower Level FREE Capacity limit: 35 Register by Sept 8	Networking, resources, social skills, communication, decision making, critical thinking
Mini but Mighty Join us for story time, activities, networking, and lots of sensory-regulating fun! This support group is designed to allow your differently-abled child 5 years old and younger and siblings to come with you and create connections of their own.	Tues, Sept 30, 9:00-11:00am <u>Sensory Club: 976 American Dr. Neenah</u> FREE Capacity limit: 10 families, 15 kids Register by Sept 29	Networking, social skills, resources, parallel and joint play, communication, vulnerability and compassion

For more info on Family Programs contact Jillian: Jillian@soarfoxcities.com or (920) 731-9831 x126

Advocacy Programs

Program	Details	Skills
People First Fox Cities with LeeAnn The group encourages and trains individuals to speak up and advocate for themselves. The meeting will be at the Menasha Library 6-7 pm. We will meet in the Fox River Room on the 1st floor.	Tues, Sept 9, 6:00-7:00pm <u>Location:</u> Menasha Library Address: 440 1st St., Menasha FREE Capacity limit= 15 Register by Sept 8	Self Advocacy, social skills, communication, community resources and building relationships
Virtual TBI Support Group with Clare A great chance to network with other survivors, loved ones and caregivers on a similar journey from the comfort of your home or office.	Thurs, Sept 11, 5:00-6:00pm <u>Zoom</u> FREE No Registration Date	Networking, resources, vulnerability to share experiences, active listening, building relationships, offering support
St. Elizabeth's TBI Support Group with Clare Join our in person support group to share stories, meet TBI survivors, loved ones and caregivers. We discuss success stories, share struggles and answer any questions people may have regarding the road to recovery.	Mon, Sept 29, 6:00-7:00pm <u>St. Elizabeth's Hospital</u> 1506 S. Oneida St., Appleton 2nd Floor, Conference Room 1 & 2 FREE No Registration Date	Networking, resources, vulnerability to share experiences, active listening, building relationships, offering support

For more info on People First, contact LeeAnn: LeeAnn@soarfoxcities.com or (920) 731-9831 x112

For more info on TBI Support Groups, contact Clare: Clare@soarfoxcities.com or (920) 585-7820

Did You Know?

SOAR offers Community Education Presentations that provide information and raise awareness on disability-related topics. We have a variety of educational presentations for adults and youth, and will customize our outreach efforts to the specific needs, sensitivities, and levels of awareness within each group!

If you would like to schedule a speaker, please contact us at (920) 731-9831 or email info@soarfoxcities.com

Community Inclusion (Young Adult 18-30)

Program	Details	Skills
 Y-Fit It's back! Join Jackie and friends for a fun and fitness-filled experience! Each class we have a new set of exercises designed to keep you active and entertained. We look forward to seeing you there!	Tuesdays, Sept 2, 9, 16, 23, & 30 11:00-11:45am <u>Location:</u> YMCA Fox Cities - 218 E Lawrence St, Appleton Fee: \$42 member/ \$84 non-member Capacity limit= 12 Register by August 26	Communication, relationship building, creative thinking, being in a group setting, physical strength, balance, cooperation, and coordination
 Coffee Shop- IL Bar Dine with friends at IL Bar. Menu includes: Hot chocolate, coffee, milk, fruit smoothies, chillers, pressed sandwiches, & flatbread pizzas!	Wed, Sept 3, 11:00am-12:00pm <u>Location:</u> 324 E College Ave, Appleton Fee: \$21 member/ \$42 non-member Capacity limit= 8 Register by August 29	Social skills, decision making, following directions, behavior in a public setting, communication, building relationships
 Book Club Come join Jackie at the new library! We will be looking for books, reading, discussing what we are reading with peers, and signing up for library cards if you would like one to check out books!	Mondays, Sept 8, 15, & 29 (no book club on 9/22) 10:30am-12:00pm <u>Location:</u> 200 N Appleton St, Appleton Fee: FREE Capacity limit= 8 Register by FRIDAY before event	Communication, finding books, reading, relationship building, creative thinking, being in a group setting, and cooperation
 IL Bar and Board & Brush Enjoy lunch with friends at IL Bar! IL Bar will be BRING YOUR OWN MONEY! Once we are finished with lunch & drinks, we will take a short WALK and head to Board & Brush to create our signs. See insert for choices!	Wed, Sept 17, 11:00am-1:00pm <u>Location:</u> DROP OFF: IL Bar- 324 E College Ave, Appleton PICK UP: Board & Brush- 109 N Durkee St, Appleton Fee: \$42 member/ \$84 non-member (BYOM for IL BAR) Capacity limit= 10 Register by Sept 15	Social skills, decision making, following directions, behavior in a public setting, budgeting, communication, building relationships, critical thinking

REMINDER FOR SINGERS:

Concert for a Cause Practices

Wed, Sept 3 @ SOAR 1:00pm-2:15 pm

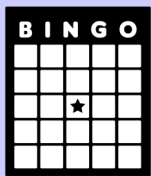
Thurs, Sept 19 @ Appleton North 11:00am-12:15pm

Tues, Sept 30 @ Appleton North 3:45pm-5:00pm



For more info on CI: Young Adults, contact Jackie: Jackie@soarfoxcities.com or (920) 731-9831 x121

Adult Programs (AE & CI: Adults)

Program	Details	Skills
 Bingo with Abby Come win big at BINGO! A small snack will be provided.	Wed, Sept 3, 6:00-7:30pm <u>Location:</u> SOAR Lower Level Fee: \$24 member/ \$30 non-member Capacity limit= 25 Register by August 27	Fine motor skills, following directions, communication, making friends, problem solving.
 No Bake with LeeAnn You'll be making Heath Bar Pie.	Mon, Sept 8, 10:00-11:30am <u>Location:</u> SOAR Lower Level Fee: \$36 member/ \$72 non-member Capacity limit= 12 Register by Sept 2	Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
 Dinner & a Movie with Abby Join us at El Azteca for dinner before WALKING over to Valley Grand Cinema for a movie! Make sure to dress for the weather and bring money if you want to purchase snacks/drinks. *see insert for menu options	Wed, Sept 10, 4:30-8:00pm <u>Location:</u> El Azteca (Appleton East Location- N474 Eisenhower Dr, Appleton 54915) Fee: \$42 member/ \$84 non-member/ **Caregiver fee is now \$9 PLUS they will buy their own dinner. Capacity limit= 25 Register by Sept 1	Communications, following directions, be in a group setting, making friends and building relationships, responsibility for money (if buying extra snacks)
 My Rights with LeeAnn Explore your rights. When people understand their rights, they have better lives.	Wed, Sept 10, 4:00-5:30pm <u>Location:</u> SOAR 1st Floor Boardroom Fee: \$24 member/ \$48 non-member Capacity limit= 10 Register by Sept 3	Self Advocacy, social skills, communication, community resources rights and responsibilities
 Baking with LeeAnn You'll be making Apple Snickerdoodle Cake.	Thurs, Sept 11, 10:00am-12:00pm <u>Location:</u> SOAR Lower Level Fee: \$36 member/ \$72 non-member Capacity limit= 8 Register by Sept 4	Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
 Internet Safety with LeeAnn Join us for an evening of learning about internet safety with Cody Lerum from the Appleton Police Department. We will learn about how to stay safe online and caregivers will receive tips on how to keep their loved ones safe online.	Thurs, Sept 11, 6:00-7:30pm <u>Location:</u> SOAR Lower Level Fee: FREE Capacity limit= 35 Register by Sept 8	Internet safety, resources, social skills, communication, decision making and critical thinking.
 Dance with Abby Let's Dance! We are back at St. Mary's! NOT THE PARK!	Fri, Sept 12, 6:00-8:00pm <u>Location:</u> St. Mary's Menasha- 528 2nd St. Menasha Fee: \$10 member/ \$20 non-member Capacity limit= 100 Register by Sept 9	Communication, decision making, critical thinking, Following directions, being in a group setting, making friends and building relationships

Adult Programs (continued)

Program	Details	Skills
 Make & Take with LeeAnn You'll be making Chicken Tzatziki, the Mediterranean flavor of Tzatziki sauce with chicken and rice.	Mon, Sept 15, 10:00-11:30am <u>Location:</u> SOAR Lower Level Fee: \$36 member/ \$72 non-member Capacity limit= 8 Register by Sept 8	Meal preparation, planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
 Healthy Cooking with LeeAnn Healthy Cooking is a 2 week cooking and nutritional education class. Each night you will prepare your own dinner with recipes featuring in-season produce.	Tues, Sept 16 & 23 OR Sept 30 & Oct 7, 4:00-5:30pm <u>Location:</u> SOAR Lower Level Fee: \$72 member/ \$144 non-member Capacity limit= 8 Register by Sept 9 <i>*Please only sign up for 1 of the 2 sessions</i>	Meal preparation, planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
 Safe & Free with LeeAnn Safe and Free is curriculum designed to teach topics and skills of self advocacy, safety and independent living. September is a 2 week series on understanding yourself and the importance of being part of your community.	Wed, Sept 17 & 24, 4:00-5:30pm <u>Location:</u> SOAR 1st Floor Boardroom Fee: \$30 member/ \$60 non-member Capacity limit= 10 Register by Sept 10	Self exploration, self confidence, communication, decision making, critical thinking, following directions, community resources, being in a group setting, making friends and building relationships
 Glass Fusing Class with Abby Participants will design and assemble their glass art at our event and will leave with us for fusing. Abby will reach out after the projects have been fused, approximately two weeks after the event, for pickup!	Wed, Sept 17, 6:00-7:00pm <u>Location:</u> SOAR Lower Level Fee: \$30 member/ \$36 non-member Capacity limit= 25 Register by Sept 10	Communication, decision making, critical thinking, following directions, being in a group setting, making friends and building relationships
 Baking with LeeAnn You'll be making Caprese Bread. A bread made with mozzarella cheese, sun dried tomatoes and basil.	Thurs, Sept 18, 10:00am-12:00pm <u>Location:</u> SOAR Lower Level Fee: \$36 member/ \$72 non-member Capacity limit= 8 Register by Sept 11	Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
 Confident Women with LeeAnn Get to know other women over dinner.	Thurs, Sept 18, 5:00-6:30pm <u>Location:</u> Chipotle- 111 N. Mall Dr. Appleton Fee: Bring Your Own Money Capacity limit= 10 Register by Sept 11	Self confidence, social skills, decision making, money handling, communication and relationship building

Adult Programs (continued)

Program	Details	Skills
 Gardening Workshop with Abby Join us for a night of gardening! We will be decorating and planting our own pots!	Wed, Sept 24, 6:00-7:30pm <u>Location:</u> SOAR Lower Level Fee: \$30 member/ \$36 non-member Capacity limit= 25 Register by Sept 17	Communication, decision making, critical thinking, following directions, being in a group setting, making friends and building relationships
 Super Saturday- Pizza and Polly's Join us for lunch at Pizza Ranch and then we will head to Polly's Pumpkin Patch for some wagon rides, pumpkins, mini golf, farm animals, and more! <i>Please make sure to dress for the weather and bring extra money for snacks/souvenirs!</i> Drop-off will be at Pizza Ranch and pick-up will be at SOAR!	Sat, Sept 27, 11:30am-5:00pm <u>Location:</u> DROP OFF: <u>Pizza Ranch</u> - 5450 W Integrity Way, Grand Chute - <i>Bus ride to Polly's Pumpkin Patch</i> PICK UP: <u>SOAR Building</u> Fee: \$105 member/ \$210 non-member/ \$95 Caregiver Capacity limit= 24 Register by Sept 17	Communications, following directions, be in a group setting, making friends and building relationships, responsibility for money (if buying extra stuff)

REMINDER FOR SINGERS:

Concert for a Cause Practices

Wed, Sept 3 @ SOAR 1:00pm-2:15 pm

Thurs, Sept 19 @ Appleton North 11:00am-12:15pm

Tues, Sept 30 @ Appleton North 3:45pm-5:00pm



“Share our similarities, celebrate our differences.”
– M. Scott Peck



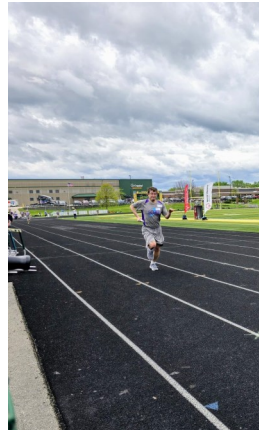
For more info on Adult Education, contact LeeAnn: LeeAnn@soarfoxcities.com or (920) 731-9831 x112

For more info on Community Inclusion: Adults 18+, contact Abby: Abby@soarfoxcities.com or (920) 731-9831 x130

Special Olympics ^{updates}



One of our very own Special Olympians, Carl Pohjola, qualified for the USA Games with his impressive times for the 800m run in track and field this year. Carl ran the 800 in only 03:24.38 at the 2025 District Meet, then advanced to the 2025 Summer Games and beat that time with 03:14.89! Talk about FAST! After being nominated to join Team Wisconsin for the USA Games, Carl recently attended a Selection Camp to meet the other nominees, coaches, and learn more about the games that will be held in Minnesota in June 2026. A random drawing was held for the athletes joining Team Wisconsin and while Carl's name was not drawn, he deserves a huge shout-out. Carl has been a Special Olympian for almost 30 years and annually participates in basketball, track and field, and bowling. Carl has attended MANY state tournaments and has earned an extensive collection of ribbons and medals. Win or lose, Carl exemplifies determination, positivity, perseverance, and so much more. We would like to congratulate Carl on this huge accomplishment and thank him for jumping at the opportunity to represent SOAR Fox Cities, Inc. and Team Wisconsin in the USA Games. We are all very proud of you!



IMPORTANT: BOWLING

We know everyone is anxious to start the bowling season and wish we had better news for you, but we are still ironing out details to hopefully get the bowling balls rolling soon. IF we can secure a bowling alley with dates, times, and affordable prices to fit us all, we will get the word out as quickly as possible. Continue to submit your bowling interest forms until 8-31. Thank you for your patience!

Our 3 softball teams and 7 bocce teams competed at the 2025 District Tournament on August 2nd at Appleton Memorial Park. It was a hot and sunny day and the athletes absolutely played their hearts out! Congratulations to the High Flyers who won both of their games and took a 1st place in their division and automatically advance to state. The Foxes finished with a 3rd in their division and the Sluggers took 4th. 5 of our bocce teams are also advancing to State: The Hot Shots, Powerballers, Strikers, Long Shots, & Rolling Stones! Congratulations athletes and good luck at the 2025 Fall Games!

Upcoming SO Events:

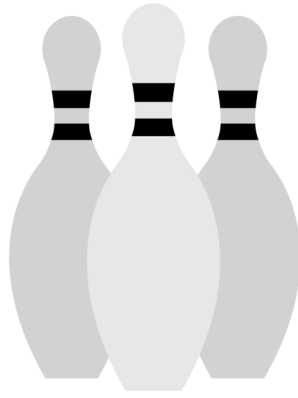
Fall Games: September 6-7th, Woodside Dells Sports Complex, WI Dells
2nd Annual SOAR Special Olympics Brat Fry: September 14th, Festival Foods, W3195 Van Roy Rd.
2025 Regional Bowling Tournament: October 19th, Sabre Lanes, Menasha
2025 State Bowling Tournament: December 7th, Dale's Weston Lanes, Wausau



GET INVOLVED!

We are always looking for volunteers for Special Olympics, in all sports. Contact SO Coordinator: Jen Kalishek, if you're interested in getting involved or for more info on SO.

Jen Kalishek | jen@soarfoxcities.com | 920-731-9831 ext. 122



2025 SOAR Special Olympics Bowling Interest Form

Due to the purchase of Sabre Lanes by Bowlero, Jen has been negotiating with them for months to make this bowling season happen at a cost that is reasonable for our athletes. Because of this, we ask you to fill out the form below to ensure you are on the mailing list to receive the registration once the season is confirmed. Thank you for your patience during this time.

You can return this form to the office via drop off, postal mail, or secure drop box. You can also email the below information to jen@soarfoxcities.com, if you choose not to return the form.

Athlete Name: _____

Street Address: _____

City, State, Zip Code: _____

Please check here if you wish to receive the bowling registration via email instead: ☐

*If the above email option is selected, please provide the email address you'd like the registration to be sent to: _____

*****Please submit by August 31*****

Reminder! Our cancellation policy is:

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there will be no credit given, only in rare instances will exceptions be granted.

If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.

If cancelling (or no-show) for a part of a series, no credit will be given. If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

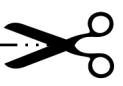
In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

1. Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waitlist and gives another participant the opportunity to join the activity.

2. Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option.

Thank you for your understanding, patience, and support!

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*Participant Name _____

*Email to contact if CANCELLATION occurs: _____

☐ Check box if already registered online or by telephone

Date of Activity	Activity Name	Cost

Total: _____

Submit total amount due to:
SOAR Fox Cities
211 E Franklin St., Suite A
Appleton, WI 54911

**Registration and Payment required
prior to activities.**
Pay by cash, check (# _____)
or online.

If you use IRIS, Lakeland Care, Inclusa, CLTS, or
Community Care please check this box ☐
Please provide billing name & contact info:



El Azteca with Abby C

Join Abby at El Azteca to enjoy a meal before heading to a movie at Valley Grand Cinema! Please choose one of the options to eat and add comments to how you want it specifically customized. Please also list any allergies. We will order drinks when we get there!

- 1 **Cheeseburger:** served with lettuce, tomato, onions, and french fries
- 2 **Taco Salad:** Crispy shell flour tortilla with melted cheese sauce, covered with lettuce, cheese, tomato, guacamole, sour cream, and pico de gallo - with marinated chicken
- 3 **Enchiladas Suizas:** Three chicken enchiladas topped with cheese and green sauce. Served with beans, lettuce, tomatoes and sour cream
- 4 **Burrito Azteca:** Large flour tortilla filled with your favorite meat, topped with lettuce, tomato, red sauce, sour cream and cheese. - with chicken/beef Served with Mexican rice and beans.
- 5 **Chimichangas:** Stuffed with your favorite meat, topped with cheese sauce, lettuce, sour cream, guacamole, and pico de gallo - with Chicken or Beef. Served with rice and refried beans
- 6 **Cheese Quesadilla or Grilled Quesadilla:** Your choice of chicken, steak or pork on a flour torilla, served with lettuce and sour cream.
- 7 **Pollo Poblano:** Chicken breast with poblano pepper strips, mushrooms and shredded cheese, rice, lettuce, tomatoes and Mexican rice.
- 8 **Tacos al carbon (3):** Three steak or chicken tacos in soft flour tortillas with cheese dip inside, served with Mexican rice and refried beans, lettuce and pico de gallo.
- 9 **Nachos Fajitas:** Bed of crispy corn tortillas with grilled chicken, grilled beef with sautéed onions, tomatoes, bell peppers, white and yellow cheese, beans, garnished with lettuce, guacamole and sour cream.
- 10 **Queso Fundido:** Melted cheese with Mexican sausage, mushrooms and flour tortillas on the side



**Dinner and a Movie - Bring to SOAR Fox Cities 211 E. Franklin St. Suite A, Appleton WI, 54911
OR email to Abby (abby@soarfoxcities.com) **BY SEPTEMBER 1ST**

Name of participant: _____

Choice Number: _____

Allergies/Accommodations: _____



Board & Brush With Jackie

This activity is for participants 18-30 years of age

Join Jackie at Board & Brush to make a fun board design! They will provide all the materials and help instruct you step by step to create a beautiful sign perfect for the season! Below are the designs available. Please choose which design you would like to create. You may cut the bottom portion off and mail into SOAR, return in person to SOAR or feel free to call or email Jackie your choice. If you choose to email, please include the name of participant **AND** design choice.

Email Jackie at: Jackie@soarfoxcities.com

Phone: 920-731-9831 x 121

1



5



2



4



6



3



For Jackie's B&B
on 9/17/25

****Mail to SOAR Fox Cities 211 E. Franklin St. Suite A, Appleton WI, 54911**

OR hand into the office to Jackie BY SEPTEMBER 10TH

Name of participant: _____

Design choice: _____

INTERNET SAFETY

THURSDAY, SEPTEMBER 11TH 6:00–7:30PM

SOAR FOX CITIES: 211 E. FRANKLIN ST. APPLETON



DETAILS:

- Cost: FREE
- *Registration is REQUIRED by Monday, September 8th*
- *A snack will be provided for all attendees*
- Contact: info@soarfoxcities.com or 920-731-9831

CLASS TOPIC:
INTERNET SAFETY

TARGET AUDIENCE:
CAREGIVERS AND PARTICIPANTS

PRESENTER:
OFFICER LERUM, APPLETON POLICE
DEPARTMENT

http://



Join us for an evening with Officer Lerum from the Appleton Police Department where we talk about how to keep ourselves and our loved ones safe while navigating the internet. Topics discussed will be social media, dating sites, how to keep personal information safe, and more. Learn about both the advantages and disadvantages of the technology our loved ones have access to.

FOR QUESTIONS PLEASE CONTACT JILLIAN AT [JILLIAN@SOARFOXCITIES.COM](mailto:jillian@soarfoxcities.com) OR 920-731-9831 X126

BRAT FRY

Support SOAR Special Olympics



Sunday, September 14th
10am - 6pm

All proceeds raised for Soar's Special Olympics program



Festival Foods Brat Stand
W3195 Van Roy Rd.
Appleton, WI 54915

