



October 2025

Activity & Program Guide



Participants: We want to hear from you!!

Return the survey at the end of the newsletter and share your SOAR story to help us celebrate our 70th Anniversary in 2026!

Your feedback will enter you into a raffle to win a SOAR swag package!!

Inside this Issue:

Note from Director & Contacts	2
Guidelines, Policies, & Volunteering	3
Announcements and Updates	4
Calendar at a Glance	5
Family Programs	6
Youth Program	6
Advocacy Programs	7
Community Inclusion (18-30)	8-9
Adult Programs	10-12
Special Olympics	13
Registration Slip	15

Inserts: 18-30 Board and Brush, Chilis menu, Adult Board and Brush, Dinner and Movie Menu, Super Saturday Menu, Concert For A Cause, Family Tailgate Event, SOAR story Survey



Thank you to everyone who made it out to yet another successful Corn Roast!!! We had a great time and loved seeing all the smiles and amazing dance moves!

We hope you enjoyed yourselves & made some fun memories! We are grateful to be a part of such a wonderful community!

Office Hours: Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

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Phone: 920.731.9831 **E-mail:** info@soarfoxcities.com **Fax:** 866-458-0456

Website: www.soarfoxcities.com

Supported By:



Message from the Director~



Hello Friends of SOAR!

Can you believe we're already in October? This is hands-down my favorite month of the year! I love everything about it - Halloween, cozy nights, and all things pumpkin spice. October has that magical balance: warm, sunny days that are perfect for enjoying the outdoors and cooler nights that practically beg for bonfires with friends, family, and a mug of something warm in hand.

And if that weren't enough, October is jam-packed with fun at SOAR! We've got caramel apples and scary movies (nothing more than PG13!), a Harry Potter night, and even a Disney Villains night. Plus - not one, but two! - opportunities to enjoy dinner and a show at the PAC, where the performance is none other than *Beauty and the Beast*.

Of course, October is also the home of our Annual Fund-Racer fundraising event, one of our biggest and most exciting events of the year. We invite everyone and anyone to join us -it's a community-based road race and celebration you don't want to miss!

Before I sign off, a quick reminder: as the weather turns cooler (and sometimes unpredictable), please keep in mind our weather policy. If the Appleton Area School District cancels school due to weather, SOAR offices will also close. If it's a day we're not usually open, like Friday, then any activities scheduled for that day will also be canceled. If weather worsens as the day goes on, we'll make a call about afternoon or evening activities by noon. Updates will always be posted on our Facebook page, shared with local news channels 2 & 5, and sent via email - so please make sure we have your current email on file.

Thank you, as always, for being part of SOAR - as participants, donors, and volunteers. October is about community, joy, and a little bit of magic... and we're grateful to share it with you.

Happy October (and Happy Halloween!),

~ Erin Schultz-Wege, Executive Director

SOAR Fox Cities Board of Directors

Heather Sorebo President	Julie King Co-Vice President	Reg Wydeven Co-Vice President	Gary Weber Treasurer	Leigh Bolender Secretary
Amy Steiner	Paul Meyer	Jonathan Pitzen	Polly Vanden-Boogaard	Bryan Mueller

"People working together in a strong community with a shared goal and a common purpose can make the impossible possible." - Tom Vilsack

Get in Touch!

(920) 731-9831 | info@soarfoxcities.com

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SOAR Policies

Participation: To be considered as a participant of SOAR Fox Cities, Inc.'s programs and/or services, the following forms will need to be filled out, updated and kept in the participant's file:

- Participant Information Form (updated yearly)
- Acknowledgement Form from the Participant/Guardian Handbook

Note: The Participant Information Form needs to be updated annually. Throughout the course of the year changes may occur with conditions, allergies, emergency contacts, behaviors, etc. and it is very important that SOAR Fox Cities, Inc. staff is aware of all of these changes. It is a safety precaution for all involved including the participant, staff and volunteers. Please call the office (920-731-9831) with any changes.

Parking: When parking at our building during business hours, please use the **parking stalls designated for 211 E. Franklin Visitors**. If you park in other companies' stalls you risk being towed.

Inclement Weather: Out of concern for safety, bad weather occasionally forces the closing of a SOAR Fox Cities, Inc. program or service. If it becomes necessary to close SOAR Fox Cities, Inc. for any reason, staff will attempt to notify all participants who are signed-up for the program or service of the closure **via email & Facebook post**. Please understand that in many instances we cannot call everyone that is registered for an activity-there are simply too many. This is why it is vital that you have an up to date email on file with us. We **will ONLY post cancellations to Facebook or email about them**. The program or service may be re-scheduled. Please watch local news channels (WBAY, WFRV, WLUK), check your emails and Facebook pages for real time updates on cancellations. Most day-of cancellations will be made by 2:00pm the day of the activity.

Registration: We offer many ways to register for SOAR activities including signing-up through the SOAR website, calling and speaking to a staff during M-TH 9a-4:30pm office hours, mailing in a registration sheet via USPS mail, or stopping at our office window during office hours and speaking to a staff member in person. **We DO NOT accept registration via voicemail or email**. We will make every attempt to follow up on a voicemail or email, but please use the other options mentioned above to register for activities.

Payment: We **DO NOT and WILL NOT collect payments at activities**. Do not give staff your payment-we need to collect it at the office, via mail, or via our website, PRIOR to all activities. If you visit our office before/after hours, please deposit your labeled payments in the black-colored lock/mail box outside the main entrance of the SOAR Offices. We encourage your use of envelopes. For any questions regarding bills/invoices, please ask for extension 109. Watch our online calendar for advance planning of activities to fit your budget, and meet registration deadlines.

Cancellation: If you are unable to attend an event, **you must cancel at least 5 days in advance. If you do not cancel in advance you will be liable for the program fees**. Please see enclosed notice regarding cancellation policy on the registration slip.

SOAR Fox Cities, Inc. and its Programs are not responsible for accidents or injuries that may occur to participants or attendees during activities. SOAR Fox Cities, Inc., its employees and volunteers are not liable for any and all claims demands, losses, damages, actions, rights of action of whatever kind or nature arising out of, in consequence of, or on account of any injuries or incidents which may occur due to participation in a SOAR activity.

Volunteering

Volunteering at SOAR can look a variety of ways! We have many individual volunteering needs such as helping at our educational classes, fun outings, and recreational events. We also love having groups come in and give back. If your company, work, or club is looking for a fun way to make a difference you can volunteer as a group at SOAR!

If interested in learning more about volunteering please contact volunteer@soarfoxcities.com.

ANNOUNCEMENTS AND REMINDERS

We have a lock box outside of the SOAR Building!



When facing the main entrance of the building from the parking lot you will see a black box with a silver lid on the right side of the building doors. **This is the after-hours drop box where payments or paperwork can be left when SOAR is closed.** This includes before or after the hours of 9:00-4:30pm M-TH, or Fridays, Saturdays, and Sundays. Simply lift the silver top and drop your envelope into the opening. **We always recommend dropping things off to the office during office hours for the most security,** but we understand that not everyone's schedules allow for this. This lock box will be checked once a day by SOAR staff or the building manager. If you drop something off on Friday, or Thursday night, it may not be checked/received until Monday. Please call the office if you have questions.

We do NOT accept payments at activities

Friendly Reminder: DO NOT give coaches, volunteers, or SOAR staff payment or any SOAR document that need to be filled out/turned into the office while at practices or programs! We will NOT accept it!

All payment and forms must be turned in to the SOAR Office during office hours, mailed in, or dropped-off in the lock box. You can also go to soarfoxcities.com for payment and activity registration, or speak with a staff member on the phone. As a reminder: voicemails or emails will not be accepted as registration.

Sixth Annual Amazing Fund-Racer COMING SOON!

On **Saturday, October 18**, form your team of champions and compete in SOAR's fifth Annual Amazing Fund-Racer! The Amazing Fund-Racer is a community-wide event based off the CBS show The Amazing Race, where teams earn points by **solving riddles, finding hidden locations, and completing challenges** that test your skills and smarts all across the Fox Cities. Challenges are submitted in the Mobile App Goosechase, where you can see a real-time leaderboard during the race. The three teams with the most points at the end of the event will win prizes, including **\$500 Grand Prize** for first place! All funds raised support the SOAR programs YOU love!



Details

- Saturday, October 18, 1:00-6:00pm
- Registration: \$100/Team
- Starting and Ending at The American Legion– Appleton
- Teams can be any size but must fit in ONE vehicle
- Must have vehicle and smart phone to participate

Sponsorships are available!

Sponsors receive unique visibility and recognition as mission stops during the event! **Teams will complete a challenge relating to YOUR business and products, providing in-depth engagement between sponsors and participants!** Several different sponsorship opportunities are available starting at \$200, and each sponsorship package provides opportunities for recognition and visibility.



For More Information, contact Angie: Angie@soarfoxcities.com | (920) 731-9831 x 111

Or Visit: <https://soarfoxcities.com/amazing-fund-racer/>

Turn to the specific page number listed under the “page” column for all details needed for each activity.

Program Type KEY									
Youth Programs=Youth, Adult Education=AE, Family Programs =FAM, Community Inclusion: Adults 18+= Adult, Community Inclusion: Young Adults= 18-30 Advocacy Programs=ADV PF=People First									

October	Program Choice	Time	Page	member/non-member/caregiver	IRIS-Code	Staffed By:	Type KEY	Class Capacity	Register By:
1	IL Bar + Board & Brush	11:00am-1:00pm	8	\$42/\$84	C	Jackie	18-30	10	9/29
1	Coffee Connections	10:30-11:30am	6	FREE	-	Jillian	FAM	25	10/1
1 & 8	Safe and Free	4:00-5:30pm	10	\$30/\$60	F	LeeAnn	AE	10	9/24
1	Bingo	6:00-7:30pm	10	\$24/\$30	F	Abby	Adult	25	9/24
2	Baking Class	10:00am-12:00pm	10	\$36/\$72	F	LeeAnn	AE	8	9/25
2	Fire Safety	4:00-5:30pm	10	\$24/\$48	F	LeeAnn	AE	10	9/25
6	No Bake	10:00-11:30am	10	\$36/\$72	F	LeeAnn	AE	12	9/29
6	Chili's & Soda Bar	11:00am-1:00pm	8	\$42/\$84	C	Jackie	18-30	10	10/2
8	Caramel Apples & Scary Movie	6:00-8:00pm	8	\$24/\$48	F	Jackie	18-30	20	10/6
8	Dinner and a Movie	4:30-8:00pm	10	\$42/\$84/\$9**	C	Abby	Adult	25	10/1
9	Lunch and Learn	11:30am-12:30pm	6	FREE	-	Jillian	FAM	25	10/9
9	TnT	6:30-8:00pm	6	FREE	Y	Lisa	Youth	NA	NA
10	Dance	6:00-8:00pm	11	\$10/\$20	C	Abby	Adult	100	10/7
12	Family Tailgate	12:00-2:00pm	6	\$7per person/5 and under Free	-	Jillian	FAM	40	10/2
13	Make and Take	10:00-11:30am	11	\$36/\$72	F	LeeAnn	AE	8	10/6
14	People First Fox Cities	6:00-7:00pm	7	FREE	C	LeeAnn	ADV/ PF	15	10/13
15	The Fire & IL Bar Coffee Shop	11:00am-1:00pm	8	\$42/\$84	C	Jackie	18-30	10	10/13
15	Harry Potter Party	5:00-7:30pm	11	\$24/\$48	F	Abby	Adult	25	10/8
16	Baking Class	10:00am-12:00pm	11	\$36/\$72	F	LeeAnn	AE	8	10/9
16	Holiday Budgeting	4:00-5:30pm	11	\$24/\$48	F	LeeAnn	AE	10	10/9
21	Concert for a Cause Performance Show starts at 5:15pm	4:45-6:45pm	9/10	FREE	-	Jackie/ Abby	-	NA	NA
22	Board & Brush: Adult Edition	4:00-6:00pm	12	\$42/\$84	C	Abby	Adult	25	10/20
22	Pizza + Beauty & The Beast @ PAC	5:00-11:00pm	9	\$126/\$242	C	Jackie	18-30	17	10/15
23	TnT	6:30-8:00pm	6	FREE	Y	Lisa	Youth	NA	NA
25	Super Saturday- Good Company + Beauty and The Beast @ PAC	4:30-11:00pm	12	\$126/\$252/\$115	C	Abby	Adult	24	10/15
28	Mini But Mighty	9:00-11:00am	6	FREE	-	Jilian	FAM	10 families or 15 kids (including siblings)	10/27
29	Disney Villains Night	6:00-7:30pm	12	\$24/\$48	F	Abby	Adult	25	10/22
29	Candle Bar	11:30am-1:30pm	9	\$42/\$84	C	Jackie	18-30	12	10/27

**** Caregiver fee is \$9 plus they will choose their meal ahead of time and pay at the event**

Youth Programs

Program	Details	Skills
TnT with Lisa Welcome back to the best night of the week. Join us at TnT for games and laughs! Ages 13-23	Thurs, Oct 9, 6:30-8:00pm First Congregational Church 724 E. South River St., Appleton FREE No Registration Date	Communication, decision making, critical thinking, following directions, being in a group setting, making friends and building relationships, responsibility for actions
TnT with Lisa Join the group as we make memories at TnT.	Thurs, Oct 23, 6:30-8:00pm First Congregational Church 724 E. South River St., Appleton FREE No Registration Date	Communication, decision making, critical thinking, following directions, being in a group setting, making friends and building relationships, responsibility for actions

For more info on Youth Programs contact Lisa: Lisa@soarfoxcities.com or (920) 731-9831 x110

Family Programs

Program	Details	Skills
Coffee Connections Join us for some morning snacks and networking with other caregivers on a similar journey.	Wed, Oct 1, 10:30-11:30am SOAR Building, Lower Level FREE Capacity limit: 25 No Registration Date	Networking, resources, vulnerability and compassion
Lunch and Learn Virtual Support Group Join us for our Virtual Support group. A great chance to network with other caregivers on a similar journey from the comfort of your home or office.	Tues, Oct 9, 11:30-12:30pm Virtual FREE Capacity limit: 25 Register by Oct 9	Networking, resources, vulnerability and compassion
Family Tailgate Join us for a pre-Packer game tailgate at SOAR! There will be yard games, lunch, and tons of fun! Bring your own chair to tailgate and dress for the weather as we will be outside.	Sun, Oct 12, 12:00pm-2:00pm SOAR Fox Cities Cost: \$7 per person/ 5 and under FREE Capacity limit: 40 Register by Oct 2	Communication, decision making, being in a group setting, following directions, networking, making friends and building relationships
Mini but Mighty Join us for Storytime, activities, networking, and lots of sensory-regulating fun! This support group is designed to allow your differently-abled child 5 years old and younger and siblings to come with you and create connections of their own.	Tues, Oct 28, 9:00-11:00am Sensory Club: 976 American Dr. Neenah FREE Capacity limit: 10 families, 15 kids Register by Oct 27	Networking, social skills, resources, parallel and joint play, communication, vulnerability, and compassion.

For more info on Family Programs contact Jillian: Jillian@soarfoxcities.com or (920) 731-9831 x126

Advocacy Programs

Program	Details	Skills
People First Fox Cities with LeeAnn The group encourages and trains individuals to speak up and advocate for themselves. The meeting will be at the Menasha Library 6-7 pm. We will meet in the Fox River Room on the 1st floor. Speaker will be from Valley Transit, discussing the new WISGO fare system.	Tues, Oct 14, 6:00-7:00pm <u>Location:</u> Menasha Library- 440 1st St. Menasha FREE Capacity limit= 15 Register by Oct 13	Self Advocacy, social skills, communication, community resources and building relationships
Virtual TBI Support Group with Clare A great chance to network with other survivors, loved ones and caregivers on a similar journey from the comfort of your home or office.	Thurs, Oct 9, 5:00-6:00pm <u>Zoom</u> FREE No Registration Date	Networking, resources, vulnerability to share experiences, active listening, building relationships, offering support
St. Elizabeth's TBI Support Group with Clare Join our in person support group to share stories, meet TBI survivors, loved ones and caregivers. We discuss success stories, share struggles and answer any questions people may have regarding the road to recovery.	Mon, Oct 27, 6:00-7:00pm <u>St. Elizabeth's Hospital</u> 1506 S. Oneida St., Appleton 2nd Floor, Conference Room 1 & 2 FREE No Registration Date	Networking, resources, vulnerability to share experiences, active listening, building relationships, offering support

For more info on People First, contact LeeAnn: LeeAnn@soarfoxcities.com or (920) 731-9831 x112

For more info on TBI Support Groups, contact Clare: Clare@soarfoxcities.com or (920) 585-7820

Did You Know?

SOAR offers Community Education Presentations that provide information and raise awareness on disability-related topics. We have a variety of educational presentations for adults and youth, and will customize our outreach efforts to the specific needs, sensitivities, and levels of awareness within each group!

If you would like to schedule a speaker, please contact us at (920) 731-9831 or email info@soarfoxcities.com

Community Inclusion (Young Adult 18-30)

Program	Details	Skills
 IL Bar + Board & Brush Enjoy lunch with friends at IL Bar! IL Bar will be BRING YOUR OWN MONEY! Once we are finished with lunch & drinks, we will take a short WALK and head to Board & Brush to create our signs. See insert for choices!	Wed, Oct 1, 11:00am-1:00pm <u>Location:</u> DROP OFF: IL Bar- 324 E College Ave PICK UP: Board & Brush- 109 N Durkee St. Fee: \$42 member/ \$84 non-member *BRING OWN MONEY FOR IL BAR* Capacity limit= 10 Register by Sept 29	Social skills, decision making, following directions, behavior in a public setting, communication, building relationships, critical thinking, budgeting
 Chili's & Soda Bar We will enjoy lunch at Chili's. Please see insert to decide what you would like before hand. After lunch, we will walk next door to grab a drink at The Soda Bar! PLEASE BRING MONEY FOR SODA BAR IF YOU WOULD LIKE TO PURCHASE SOMETHING. Drinks range from \$3-\$5.	Mon, Oct 6, 11:00am-1:00pm <u>Location:</u> Chili's- 1170 N Casaloma Dr, Appleton 54913 Fee: \$42 member/ \$84 non-member *BRING OWN MONEY FOR SODA BAR* Capacity limit= 10 Register by Oct 2	Social skills, decision making, following directions, behavior in a public setting, communication, building relationships, critical thinking, budgeting
 Caramel Apples & Scary Movie Come make & enjoy a caramel apple with all the toppings! We also will be watching a SCARY movie. Movie will be rated PG-13.	Wed, Oct 8, 6:00-8:00pm <u>Location:</u> SOAR Lower Level Fee: \$24 member/ \$48 non-member Capacity limit= 20 Register by Oct 6	Communication, decision making, critical thinking, following directions, being in a group setting, making friends and building relationships, responsibility for actions
 The Fire & IL Bar Coffee Shop We will start at The Fire Studio, where you'll choose from a variety of pottery pieces and spend time painting your own unique designs. Whether you're a beginner or a seasoned artist, staff will be on hand to assist with techniques and inspiration. Once the artwork is complete and set aside for firing, the group will head over to IL Bar Coffee Shop, just a short walk away, to enjoy some handcrafted drinks, sandwiches, or light bites. Please note: participants will need to bring their own money for any purchases at the coffee shop.	Wed, Oct 15, 11:00am-1:00pm <u>Location:</u> DROP OFF: The Fire Studio- 230 E College Ave PICK UP: IL Bar- 324 E College Ave Fee: \$42 member/ \$84 non-member *BRING OWN MONEY FOR IL BAR* Capacity limit= 10 Register by Oct 13	Communication, decision making, critical thinking, following directions, being in a group setting, making friends and building relationships, responsibility for actions, budgeting

For more info on CI: Young Adults, contact Jackie: Jackie@soarfoxcities.com or (920) 731-9831 x121

Community Inclusion (Young Adult 18-30)

Program	Details	Skills
 Pizza + Beauty & The Beast at the PAC We will enjoy some pizza before we WALK over to the PAC together. Please dress for the weather! There will be 1 intermission during the performance. Please bring money if you plan to purchase any food/drink at the PAC or souvenir.	Wed, Oct 22, 5:00-11:00pm <u>Location:</u> DROP OFF and PICK UP at SOAR Fee: \$126 member/ \$242 non-member/ **No Caregiver spots available Capacity= 17 Register by Oct 15	Communication, decision making, critical thinking, following directions, being in a group setting, making friends and building relationships, responsibility for actions, budgeting if bringing extra money
 Candle Bar Come make your own candle! They have a selection of over 100 fragrances to mix & match if you would like. Their candles are made of natural soy wax. Once poured, candles typically take 30-50 minutes to cool. During this time, participants can feel free to shop the selection of self-care products, home fragrance collection & more or play some games! If you plan to purchase anything, please bring extra spending money!	Wed, Oct 29, 11:30am-1:30pm <u>Location:</u> Nana's Apothecary- 1117 N Badger Ave Suite B, Appleton 54914 Fee: \$42 member/ \$84 non-member Capacity limit= 12 Register by Oct 27	Social skills, decision making, following directions, behavior in a public setting, communication, building relationships, budgeting
 Concert for A Cause Join us on PERFORMANCE DAY! Family and friends are welcome to attend and cheer on our amazing SOAR singers that have been working hard since August!	Tues, Oct 21 Singers: 4:45-6:45pm Audience: Show starts at 5:15pm <u>Location:</u> Appleton North High School- 5000 N Ballard Rd, Appleton 54913 FREE *Donations will be collected for SOAR* No Need to Register	Social skills, following directions, behavior in a public setting, communication, building relationships, creativity

REMINDER FOR SINGERS:

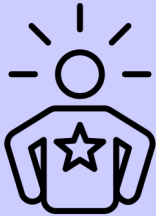
Concert for a Cause LAST Practice

Thurs, Oct 16th @ Appleton North 9:15-10:45 am

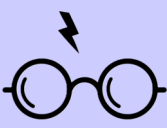


For more info on CI: Young Adults, contact Jackie: Jackie@soarfoxcities.com or (920) 731-9831 x121

Adult Programs (AE & CI: Adults)

Program	Details	Skills
 Safe & Free with LeeAnn Safe and Free is curriculum designed to teach topics and skills of self advocacy, safety and independent living. October is a 2 week series is on safety at home and in the community.	Wed, Oct 1 & 8, 4:00-5:30pm <u>Location:</u> SOAR 1st Floor Board Room Fee: \$30 member/ \$60 non-member Capacity limit= 10 Register by Sept 24	Safety, self exploration, self confidence, communication, decision making, critical thinking, following directions, community resources, being in a group setting, making friends and building relationships
 Bingo with Abby Come win big at BINGO! A small snack will be provided.	Wed, Oct 1, 6:00-7:30pm <u>Location:</u> SOAR Lower Level Fee: \$24 member/ \$30 non-member Capacity limit= 25 Register by Sept 24	Fine motor skills, following directions, communication, making friends, problem solving
 Baking Class with LeeAnn You'll be making German chocolate brownies. Brownies with a layer of coconut and pecans.	Thurs, Oct 2, 10:00am-12:00pm <u>Location:</u> SOAR Lower Level Fee: \$36 member/ \$72 non-member Capacity limit= 8 Register by Sept 25	Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
 Fire Safety with LeeAnn October is Fire Prevention month. Do you know what to do if there is a fire? Do you know what is the leading cause of home fires? Do you know how to use a fire extinguisher and where they are located in your home?	Thurs, Oct 2, 4:00-5:30pm <u>Location:</u> SOAR 1st Floor Boardroom Fee: \$24 member/ \$48 non-member Capacity limit= 10 Register by Sept 25	Fire safety, fire prevention equipment and how to keep it in working condition, communication and critical thinking
 No Bake with LeeAnn You'll be making Drumstick Dessert. A cream cheese layer topped with chocolate and peanuts on a waffle cone crust.	Mon, Oct 6, 10:00-11:30am <u>Location:</u> SOAR Lower Level Fee: \$36 member/ \$72 non-member Capacity limit= 12 Register by Sept 29	Planning, following directions, use of equipment and tools, measurements, kitchen safety and sanitation
 Dinner and a Movie with Abby Join us at El Azteca for dinner before WALKING over to Valley Grand Cinema for a movie! Make sure to dress for the weather and bring money if you want to purchase snacks/drinks. **Caregiver fee is now \$9 PLUS they will buy their own dinner.	Wed, Oct 8, 4:30-8:00pm <u>Location:</u> El Azteca (Appleton East Location)- N474 Eisenhower Dr, Appleton 54915 Fee: \$42 member/ \$84 non-member/ \$9**Caregiver Capacity limit= 25 Register by Oct 1	Communications, following directions, be in a group setting, making friends and building relationships. Responsibility for money if buying extra snacks

Adult Programs (continued)

Program	Details	Skills
 Dance with Abby Let's Dance! We are back at St. Mary's! NOT THE PARK!	Fri, Oct 10, 6:00-8:00pm <u>Location:</u> St. Mary's Menasha- 528 2nd St., Menasha Fee: \$10 member/ \$20 non-member Capacity limit= 100 Register by Oct 7	Communication, decision making, critical thinking, Following directions, being in a group setting, making friends and building relationships
 Make & Take with LeeAnn You'll be making Sloppy Joe casserole. A spin on sloppy joes with pasta.	Mon, Oct 13, 10:00-11:30am <u>Location:</u> SOAR Lower Level Fee: \$36 member/ \$72 non-member Capacity limit= 8 Register by Oct 6	Meal preparation, planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
 Harry Potter Party with Abby Join us for a night of fun trivia, creating your own wand and potion, and more! Make sure to come dressed as your favorite character!	Wed, Oct 15, 5:00-7:30pm <u>Location:</u> SOAR Lower Level Fee: \$24 member/ \$48 non-member Capacity limit= 25 Register by Oct 8	Fine motor skills, following directions, communication, making friends, problem solving
 Baking Class with LeeAnn You'll be making pumpkin bread.	Thurs, Oct 16, 10:00am-12:00pm <u>Location:</u> SOAR Lower Level Fee: \$36 member/ \$72 non-member Capacity limit= 8 Register by Oct 9	Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
 Holiday Budgeting Are you concerned how you are going to buy fidgets and cover holiday expenses? This class will discuss priorities, how to make a budget and creative ways to help keep you on a budget. We'll even get you started on a gift to give.	Thurs, Oct 16, 4:00-5:30pm <u>Location:</u> SOAR 1st Floor Boardroom Fee: \$24 member/ \$48 non-member Capacity limit= 10 Register by Oct 9	Budgeting, problem solving, shopping, community resources and giving
 Concert for a Cause Join us on PERFORMANCE DAY! SHOW STARTS AT 5:15PM. Family and friends are welcome to attend and cheer on our amazing SOAR singers that have been working hard since August!	Tues, Oct 21 Singers: 4:45-6:45pm Audience: Show starts at 5:15pm <u>Location:</u> Appleton North High School- 5000 N Ballard Rd, Appleton 54913 FREE *Donations will be collected for SOAR* No Need to Register	Social skills, following directions, behavior in a public setting, communication, building relationships, creativity

Adult Programs (continued)

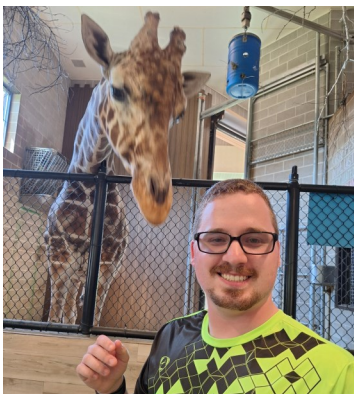
Program	Details	Skills
 Board & Brush: Adult Edition with Abby Join us as we create a beautiful sign perfect for the fall/spooky season! Both pick up and drop off will be at Board and Brush!	Wed, Oct 22, 4:00-6:00pm <u>Location:</u> Board & Brush- 109 N. Durkee St, Appleton, 54911 Fee: \$42 member/ \$84 non-member Capacity limit= 25 Register by Oct 20	Social skills, following directions, behavior in a public setting, communication, building relationships, creativity
 Super Saturday- Good Company and Beauty & The Beast with Abby Join us as we watch Disney's Beauty and the Beast at the PAC! We will be eating lunch at Good Company before WALKING over to the PAC. Please make sure to dress for the weather and bring money for snacks/souvenirs! DROP OFF WILL BE AT GOOD COMPANY AND PICK UP WILL BE AT SOAR!	Sat, Oct 25, 4:30-11:00pm <u>Location:</u> DROP OFF: Good Company- 110 N Richmond St, Appleton 54912 PICK UP: SOAR Building Fee: \$126 member/ \$252 non-member/ \$115 Caregiver Capacity limit= 24 Register by Oct 15	Communication, decision making, critical thinking, Following directions, being in a group setting, making friends and building relationships
 Disney Villains Night with Abby Join us for a night of fun trivia, music, and snacks! Make sure to come dressed in your best villains costume!	Wed, Oct 29, 6:00-7:30pm <u>Location:</u> SOAR Lower Level Fee: \$24 member/ \$48 non-member Capacity limit= 25 Register by Oct 22	Fine motor skills, following directions, communication, making friends, problem solving

REMINDER FOR SINGERS:

Concert for a Cause LAST Practice



Thurs, Oct 16th @ Appleton North 9:15-10:45 am



Great memories made on a recent Super Saturday New Zoo outing!!

Lots of smiles & friendships made!

For more info on Adult Education, contact LeeAnn: LeeAnn@soarfoxcities.com or (920) 731-9831 x112

For more info on Community Inclusion: Adults 18+, contact Abby: Abby@soarfoxcities.com or (920) 731-9831 x130

Special Olympics ^{updates}

IMPORTANT: BOWLING

Bowling registration is only open for a very short time period due to the delays in planning. If you were unable to sign up by 9/10 and still want to participate, scores must be submitted to SOWI by 10/1. Those that would like to register late and still participate, please contact Jen.

Congratulations to the athletes that competed at the 2025 Fall Games!

In softball, The High Flyers finished 2nd place in their softball division with two wins and one loss. Bocce brought home many medals— The Rolling Stones, Strikers, and Powerballers all took a 1st place in their divisions, while the Hot Shots came in 2nd, and the Long Shots came in 4th. Way to go everyone, and thank you coaches for an incredible season!



Corn-hole coming SOON! Watch for the registration in the next newsletter!

Upcoming SO Events:

2025 Regional Bowling Tournament: October 19th, Sabre Lanes, Menasha
2025 State Bowling Tournament: December 7th, Dale's Weston Lanes, Wausau



GET INVOLVED!

We are always looking for volunteers for Special Olympics, in all sports. Contact SO Coordinator, Jen Kalishek, if you're interested in getting involved or for more info on SO.

Jen Kalishek | jen@soarfoxcities.com | 920-731-9831 ext. 122

Reminder! Our cancellation policy is:

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there will be no credit given, only in rare instances will exceptions be granted.

If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.

If cancelling (or no-show) for a part of a series, no credit will be given. If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

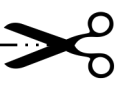
In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons including:

1. Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waitlist and gives another participant the opportunity to join the activity.

2. Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option.

Thank you for your understanding, patience, and support!

----- 
*Participant Name _____

*Email to contact if CANCELLATION occurs: _____

☐ Check box if already registered online or by telephone

Date of Activity	Activity Name	Cost

Total: _____

Submit total amount due to:
SOAR Fox Cities
211 E Franklin St., Suite A
Appleton, WI 54911

**Registration and Payment required
prior to activities.**
Pay by cash, check (# _____)
or online.

If you use IRIS, Lakeland Care, Inclusa, CLTS, or
Community Care please check this box ☐
Please provide billing name & contact info:

Board & Brush With Jackie

This activity is for participants 18-30 years of age

Join Jackie at Board & Brush to make a fun board design! They will provide all the materials and help instruct you step by step to create a beautiful sign perfect for the season! Below are the designs available. Please choose which design you would like to create. You may cut the bottom portion off and mail into SOAR, return in person to SOAR or feel free to call or email Jackie your choice. If you choose to email, please include the name of participant **AND** design choice.

Email Jackie at: Jackie@soarfoxcities.com

Phone: 920-731-9831 x 121

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For Jackie's B&B
on 10/1/25

****Mail to SOAR Fox Cities 211 E. Franklin St. Suite A, Appleton WI, 54911**

OR hand into the office to Jackie BY SEPTEMBER 29TH

Name of participant: _____

Design choice: _____



Chili's With Jackie

Please select which lunch option you would like to eat at Chili's. After you decided, please mail, email, or call the SOAR office with your choice.

- | | |
|--|---|
| <p>Triple Dipper: Select three appetizers
1 and enjoy! Served with dipping sauces.</p> <p>Crispy Chicken Crispers Combo: (can pick honey chipotle or nashville hot chicken too) Chicken tenders served with white cheddar mac & cheese, fries, house-made ranch and 2 dipping sauces.
2</p> <p>Oldtimer With Cheese: Burger with cheddar, pickles, lettuce, tomato, diced red onions, mustard.
3</p> <p>Quesadilla Explosion Salad: Your choice of protein, cheese, tomatoes, corn salsa, tortilla strips, cilantro with citrus-balsamic. Topped with our cheese quesadillas. Dressing served on the side.
4</p> | <p>Chicken Back Ranch Quesadillas:
5 Chicken, shredded cheese, chile spices, bacon, house-made ranch. Served with pico, sour cream, ranch.</p> <p>Chipotle Fresh Mex Bowl:
6 Grilled chicken, pico de gallo, shredded lettuce, Mexican rice, corn salsa, house-made guacamole, shredded cheese, tortilla strips, cilantro, drizzled with chipotle pesto & house-made ranch.</p> <p>Crispy Chicken Sandwich:
7 Hand-breaded crispy chicken, mayo, and pickles on a brioche bun.</p> |
|--|---|



For Jackie's Chili's
on 10/6/25

**Mail to SOAR Fox Cities 211 E. Franklin St. Suite A, Appleton WI, 54911
OR hand into the office to Jackie **BY OCTOBER 2ND**

Name of participant: _____

Meal choice: _____

Board & Brush With Abby

Join Abby at Board & Brush to make a fun summer board design! They will provide all the materials and help instruct you step by step to create a beautiful sign perfect for the start of the summer season! Below are the designs available. Please choose which design you would like to create. You may cut the bottom portion off and mail into SOAR, return in person to SOAR or feel free to email Abby (abby@soarfoxcities.com) your choice. If you choose to email, please include the name of participant **AND** design choice.

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**Board and Brush - Mail to SOAR Fox Cities 211 E. Franklin St. Suite A, Appleton WI, 54911
OR hand into the office to Abby **BY MONDAY, OCTOBER 20TH**

Name of participant: _____

Design choice: _____



El Azteca with Abby C

Join Abby at El Azteca to enjoy a meal before heading to a movie at Valley Grand Cinema! Please choose one of the options to eat and add comments to how you want it specifically customized. Please also list any allergies. We will order drinks when we get there!

- 1 **Cheeseburger:** served with lettuce, tomato, onions, and french fries
- 2 **Taco Salad:** Crispy shell flour tortilla with melted cheese sauce, covered with lettuce, cheese, tomato, guacamole, sour cream, and pico de gallo - with marinated chicken
- 3 **Enchiladas Suizas:** Three chicken enchiladas topped with cheese and green sauce. Served with beans, lettuce, tomatoes and sour cream
- 4 **Burrito Azteca:** Large flour tortilla filled with your favorite meat, topped with lettuce, tomato, red sauce, sour cream and cheese. - with chicken/beef Served with Mexican rice and beans.
- 5 **Chimichangas:** Stuffed with your favorite meat, topped with cheese sauce, lettuce, sour cream, guacamole, and pico de gallo - with Chicken or Beef. Served with rice and refried beans
- 6 **Cheese Quesadilla or Grilled Quesadilla:** Your choice of chicken, steak or pork on a flour torilla, served with lettuce and sour cream.
- 7 **Pollo Poblano:** Chicken breast with poblano pepper strips, mushrooms and shredded cheese, rice, lettuce, tomatoes and Mexican rice.
- 8 **Tacos al carbon (3):** Three steak or chicken tacos in soft flour tortillas with cheese dip inside, served with Mexican rice and refried beans, lettuce and pico de gallo.
- 9 **Nachos Fajitas:** Bed of crispy corn tortillas with grilled chicken, grilled beef with sautéed onions, tomatoes, bell peppers, white and yellow cheese, beans, garnished with lettuce, guacamole and sour cream.
- 10 **Queso Fundido:** Melted cheese with Mexican sausage, mushrooms and flour tortillas on the side



**Dinner and a Movie - Bring to SOAR Fox Cities 211 E. Franklin St. Suite A, Appleton WI, 54911
OR email to Abby (abby@soarfoxcities.com) **BY SEPTEMBER 29TH**

Name of participant: _____

Choice Number: _____

Allergies/Accommodations: _____



Good Company with Abby

Join Abby at Good Company to enjoy a meal before heading to the PAC for Beauty and the Beast!

Please choose one of the options to eat and add comments to how you want it specifically customized. Please also list any allergies. We will order drinks when we get there!

- 1 Honey Mustard Chicken Salad:** Tasty honey mustard grilled chicken, cheddar cheese, onions, and cucumbers on a bed of greens. Served with a side of honey mustard dressing
- 2 Tenderloin Steak Sandwich:** Choice tenderloin smothered in sautéed mushrooms and onions, then covered with melted mozzarella cheese with french fries
- 3 Chicken Bacon Cheddar Sandwich:** Our fried chicken breast, topped with melted cheddar cheese, applewood smoked bacon strips, and mayo, served on our fresh toasted bun with french fries
- 4 Burbank Bacon Burger:** American cheese, Applewood smoked bacon, tomato and mayo with french fries
- 5 Chicken Bacon Ranch Wrap:** Grilled chicken strips, bacon, cheddar cheese, lettuce, and ranch sauce wrapped in a flour tortilla shell with french fries
- 6 Chicken Quesadilla:** Chicken, colby jack cheese and pico de gallo with sour cream.
- 7 Chicken Alfredo:** Our tender grilled chicken strips smothered in creamy alfredo sauce served over a bed of fettuccine and covered with melted parmesan cheese. Served with our house salad with choice of dressing and warm bread.
- 8 Tortellini:** Small ring shaped pasta stuffed with cheese, then covered with our creamy alfredo sauce. Served with our house salad with choice of dressing and warm bread.



**Super Saturday- Bring to SOAR Fox Cities 211 E. Franklin St. Suite A, Appleton WI, 54911

OR email to Abby (abby@soarfoxcities.com) **BY OCTOBER 15TH**

Name of participant: _____

Choice Number: _____

Allergies/Accommodations: _____



**OCTOBER
21**

CONCERT *for a Cause*

**STARTS
5:15PM**

Appleton North Auditorium: 5000 N Ballard Rd, Appleton

Appleton North High School is partnering with SOAR for their annual concert for a cause! This is a FREE event, but all donations collected at the performance will be donated back to the SOAR programs you know and love! In addition, they have invited some of our incredible SOAR singers to perform alongside their students for two songs!

Come cheer on our SOAR singers and support these incredible students who have spent their semester learning about SOAR's mission!

Questions?

Abby: (920) 731-9831 x130 or Abby@soarfoxcities.com

Jackie: (920) 731-9831 x121 or Jackie@soarfoxcities.com





JOIN US FOR A

TAILGATE

PARTY



WHEN:
SUNDAY, OCTOBER
12TH
12:00PM-2:00PM

WHERE:
SOAR FOX CITIES
PARKING LOT
211 E FRANKLIN
STREET



COST: \$7 PER PERSON
5 AND UNDER FREE



**COME JOIN THE FAMILY PROGRAM FOR YARD GAMES
AND LUNCH BEFORE WE HEAD HOME TO WATCH THE
GREEN BAY PACKERS PLAY THE CINCINNATI BENGALS!**

★ ★ ★ **REGISTRATION IS REQUIRED** ★ ★ ★
AND DUE BY OCTOBER 2ND

**THIS IS A FAMILY EVENT - YOU MUST REGISTER
WITH A FAMILY MEMBER/CAREGIVER**

***THIS IS AN OUTDOOR EVENT - BRING YOUR OWN LAWN
CHAIR AND DRESS FOR THE WEATHER! WE WILL NOT BE
SHOWING THE PACKER GAME AT SOAR FOX CITIES.**

QUESTIONS: CONTACT JILLIAN AT JILLIAN@SOARFOXCITIES.COM OR 920-731-9831 X126

Share your SOAR Story!

We want to hear from YOU!

Next year, SOAR is celebrating its 70th Anniversary, and we need YOUR help! Throughout the year, we would love to share stories from our participants and families, because YOU are what makes SOAR so great. Whether you've been involved since the beginning or are brand new, we would love to hear your favorite memories from SOAR.

If you are willing to share your story with us, please return this form to the SOAR Office in person or by mail by October 1! Everyone who participates will be entered into a raffle to win a SOAR Swag package!



Scan to complete this form online:

Full Name:

Email: _____ **Phone:** _____

I am a: ☐ SOAR Participant ☐ Family Member ☐ Other _____

How long have you been involved in SOAR:

Please answer the following questions to be entered into our SOAR Swag Raffle!

Winner will be announced on October 8.

What are your favorite programs or activities and why?

What impact has SOAR made in your life?

What is your favorite memory of SOAR?

What are you excited for in the future/what are your dreams for SOAR?

By returning this form, you acknowledge that your answers may be shared on SOAR marketing materials, social media, website, events, and newsletter along with your first name.