



April 2026

Activity & Program Guide



IMPORTANT

The page “SOAR Policies” has been moved and is now viewable on our website under the “Monthly Newsletter” tab. This information can also be found in your SOAR Participant Handbook.

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Inserts: Board & Brush with Jackie, Board & Brush with Abby, Blizzard Bingo, Family Educational Series, Wisconsibs Intro, Sibshops, Sibcamp, and Sibcamp Counselor, My Housing Choice Education & Input session, After School Program info, Caregiver Survey



Attention Caregivers!!!!

Help us celebrate 70 years of SOAR by highlighting your loved one’s journey through the years!

See survey at the end of the newsletter and **return it by April 17th** for a chance to win a prize!!!!

Office Hours: Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

Address: 211 E. Franklin St. Ste. A, Appleton, WI 54911

Phone: 920.731.9831 **E-mail:** info@soarfoxcities.com **Fax:** 866-458-0456

Website: www.soarfoxcities.com

Supported By:



Message from the Director~



Hello Friends of SOAR!

As we turn the corner toward spring, there’s a fresh sense of energy here at SOAR. With new programs beginning, familiar favorites returning, and a full calendar ahead, our team has been busy preparing for a season filled with connection, learning, and fun.

April is shaping up to be an especially active month, so be sure to check out everything that’s coming up - there truly is something for everyone!

Here are a few highlights:

My Housing Choice – Coming in April

We’re looking forward to hosting a My Housing Choice meeting in April. These gatherings are an important space for learning, sharing, and exploring future housing possibilities together. Please check out the included flyer for more details. While this is not a program of SOAR, it’s one we’re proud to support.

70th Anniversary SOAR Merch – Limited Time!

To celebrate SOAR’s 70th Anniversary, we’ve launched special anniversary merchandise in our online store! These items will only be available for a limited time, so be sure to grab yours while they last.

Visit the SOAR Store: <https://soar-store.printful.me/>

Camp Onaway Applications Are Open

Camp season is right around the corner, and excitement is already building! Applications for Camp Onaway are now open.

If you attended last year, you should have received a packet directly. If you didn’t receive one and would like to register, please call the SOAR office and ask for LeeAnn. She’ll make sure you get what you need.

Thank you for being part of the SOAR community and for the many ways you support and uplift one another. We’re grateful to be on this journey together.

Warmly,

~ Erin Schultz-Wege, Executive Director

SOAR Fox Cities Board of Directors

Heather Sorebo <i>President</i>	Julie King <i>Co-Vice President</i>	Reg Wydeven <i>Co-Vice President</i>	Gary Weber <i>Treasurer</i>	Leigh Bolender <i>Secretary</i>
Amy Steiner	Paul Meyer	Jonathan Pitzen	Polly Vanden-Boogaard	Bryan Mueller

“ Everything is better together!” ~ Unknown

Get in Touch!

(920) 731-9831 | info@soarfoxcities.com

Executive Director

Erin Schultz-Wege: x116
Erin@soarfoxcities.com

Associate Executive Director of Financial & Operations

Carol Vande Velden: x115
Carol@soarfoxcities.com

Director of Adult Services

LeeAnn Stein: x112
LeeAnn@soarfoxcities.com

Director of Youth Services

Lisa McCallister: x110
Lisa@soarfoxcities.com

Community Connections Coordinator

Amy Uecke: x113
Amy@soarfoxcities.com

Community Inclusion: Adult & Beyond the Classroom

Abby Cheesebro X130
Abby@soarfoxcities.com

Community Inclusion: Young Adult Coordinator

Jackie Suter: x121
Jackie@soarfoxcities.com

Special Olympics Coordinator

Jen Kalishek: x122
Jen@soarfoxcities.com

TBI Support Program Navigator

Clare Buckley: x124
Clare@soarfoxcities.com

Manager of School Collaborations

Mandy Krug: x118
Mandy@soarfoxcities.com

Evolve Manager

Abby Miller: x131
AbbyM@soarfoxcities.com

Director of Development & Engagement

Angie Petit: x111
Angie@soarfoxcities.com

Director of Marketing & Community Relationships

Lindsay O’Brien: x127
Lindsay@soarfoxcities.com

Accounting Clerk

Amay Forbush: x109
Amay@soarfoxcities.com

Member & Office Support Specialist

Christina Propson: x100
Christina@soarfoxcities.com

Community Resource & Engagement Coordinator

Jillian Jakubowski: x126
Jillian@soarfoxcities.com

ANNOUNCEMENTS AND REMINDERS

We have a lock box outside of the SOAR Building!

When facing the main entrance of the building from the parking lot you will see a black box with a silver lid on the right side of the building doors. **This is the after-hours drop box where payments or paperwork can be left when SOAR is closed.** This includes before or after the hours of 9:00-4:30pm M-TH, or Fridays, Saturdays, and Sundays. Simply lift the silver top and drop your envelope into the opening. **We always recommend dropping things off to the office during office hours for the most security,** but we understand that not everyone's schedules allow for this. This lock box will be checked once a day by SOAR staff or the building manager. If you drop something off on Friday, or Thursday night, it may not be checked/received until Monday. Please call the office if you have questions.

We do NOT accept payments at activities

Friendly Reminder: DO NOT give coaches, volunteers, or SOAR staff payment or any SOAR document that need to be filled out/turned into the office while at practices or programs! We will NOT accept it!

All payment and forms must be turned in to the SOAR Office during office hours, mailed in, or dropped-off in the lock box. You can also go to soarfoxcities.com for payment and activity registration, or speak with a staff member on the phone. As a reminder: voicemails or emails will not be accepted as registration.

Please don't arrive more than 15 minutes early

Please remember **not to arrive any more than 15 minutes before activities begin!** If you do, you must wait outside the building until the leader of that specific activity arrives. **Other staff will not be allowed to let you inside the building unattended.** Please plan ahead because we do not want anyone waiting outside in unsafe weather.



Evolve 365: Day Service Program



**There are still spots open in our new, year round day service program!
Evolve 365 is community based and works on independent living skills daily!**



- Evolve 365 is for young adults 18-30. The program runs with a 1:4 staff ratio.
- Participants can register anywhere from 1-5 days, for full days or half days.
- Evolve 365 is \$33/hour. Third party funding accepted.



Questions? Interested in registering? Contact Abby Miller: abbym@soarfoxcities.com or 920-731-9831 x 131

Turn to the specific page number listed under the "page" column for all details needed for each activity.

Program Type KEY
 Youth Programs=Youth, Adult Education=AE, Family Programs =FAM, Advocacy Programs=ADV
 Community Inclusion: Adults 18+= Adult Community Inclusion: Young Adults= 18-30

April	Program Choice	Time	Page	member/non-member/caregiver	IRIS-Code	Staffed By:	Type KEY	Class Capacity	Register By:
1	No Bake Class	10:00-11:30am	8	\$36/\$72	F	LeeAnn	AE	12	3/26
2, 9, 30	Family Educational Series	6:00-7:30pm	5	FREE	-	Jillian	FAM	25	Day before
6	Grief Support Group	6:00-7:00pm	8	FREE	-	Maria	AE	10	3/30
7,14,21,28	Y-Fit	10:45-11:45am	7	\$42/\$84	C	Jackie	18-30	15	4/2
7	Artistic Self Exploration	4:30-5:30pm	8	\$24/\$30	F	Maria	AE	10	3/30
8	Dinner & a Movie	4:30-8:00pm	8	\$42/\$84/\$30	C	Abby	Adult	25	4/1
9	Tommy's Mini Golf + Tom's Drive-In	6:00-8:00pm	7	\$42/\$84	C	Jackie	18-30	18	4/7
9	Baking Class	10:00am-12:00pm	8	\$36/\$72	F	LeeAnn	AE	8	4/2
9	Lunch & Learn (VIRTUAL)	11:30am-12:30pm	5	FREE	-	Jillian	FAM	25	4/9
9	TnT	6:30-8:00pm	5	FREE	-	Lisa	Youth	n/a	n/a
10	Dance	6:00-8:00pm	8	\$10/\$20	C	Abby	Adult	100	4/7
13	No Bake Class	10:00-11:30am	8	\$36/\$72	F	LeeAnn	AE	12	3/30
13	Red Robin + 7 Brew	11:00am-1:00pm	7	\$42/\$84	C	Jackie	18-30	10	4/9
13	Sexual Relationships & Education	4:00-5:30pm	9	\$12/\$18	F	Maria	AE	10	4/6
15	IL Bar + Board & Brush	11:00am-1:00pm	7	\$42/\$84	C	Jackie	18-30	10	4/12
15	Preventative Health Care & Office Tour	1:00-2:00pm	9	\$6 per person	C	Maria	AE	9	3/25
15	BLIZZARD BINGO	6:00-7:30pm	9	\$24/Person (5 & Under FREE)	C	Jillian/ Abby	FAM/ Adult	50	4/1
16	Baking Class	10:00am-12:00pm	9	\$36/\$72	F	LeeAnn	AE	8	4/9
16	Badger Sports Park	6:00-8:00pm	7	\$42/\$84	C	Jackie	18-30	20	4/14
18	Super Saturday- Pizza Ranch & Blizzard Football	12:00-7:30pm	9	\$84/\$168/\$80	C	Abby	Adult	25	4/8
20	Make & Take	10:00am-12:00pm	9	\$36/\$72	F	LeeAnn	AE	8	4/13
21,28 & 5/5	Healthy Cooking Class	10:30am-12:00pm	9	\$72/\$144	F	LeeAnn	AE	8	4/14
21,28 & 5/5	Cooking Basics	4:00-5:30pm	10	\$108/\$216	F	LeeAnn	AE	8	4/14
22	Cosmic Bowling	5:30-7:30pm	10	\$42/\$84/\$40	C	Abby	Adult	25	4/15
23	TnT	6:30-8:00pm	5	FREE	-	Lisa	Youth	n/a	n/a
23	Preventative Dental Care & Office Tour	3:30-4:30pm	10	\$6 per person	C	Maria	AE	7	4/6
25	Confident Women Breakfast	9:00-11:00am	10	\$24/\$48	F	LeeAnn	AE	25	4/18
27	Chili's + Soda Bar	11:00am-1:00pm	7	\$42/\$84	C	Jackie	18-30	10	4/23
27	Dating Safety & Trafficking Awareness	4:00-5:00pm	10	\$12/\$18	F	Maria	AE	10	4/20
28	Mini But Mighty	9:00-11:00am	5	FREE	-	Jillian	FAM	10 Families/ 15 Children	4/27
28	Artistic Self Exploration	4:30-5:30pm	10	\$24/\$30	F	Maria	AE	10	4/20
29	Adult Board & Brush	4:00-6:00pm	10	\$42/\$84	C	Abby	Adult	15	4/22
29	The Fire + IL Bar	11:00am-1:00pm	7	\$42/\$84	C	Jackie	18-30	10	4/27

Youth Programs

Program	Details	Skills
TnT with Lisa (ages 13-23) Young adults 13-23 with and without disabilities can come meet new people and play new games with friends!	Thurs, April 9, 6:30-8:00pm First Congregational Church 724 E. South River St., Appleton FREE No Registration Date	Building relationships, teamwork, communication, decision making, creative thinking, turn taking, social appropriate skills
TnT with Lisa (ages 13-23) What is the Easter Bunny's Favorite Restaurant?? Answer: IHOP!!!!	Thurs, April 23, 6:30-8:00pm First Congregational Church 724 E. South River St., Appleton FREE No Registration Date	Building relationships, teamwork, communication, decision making, creative thinking, turn taking, social appropriate skills

For more info on Youth Programs contact Lisa: Lisa@soarfoxcities.com or (920) 731-9831 x110

Family Programs

Program	Details	Skills
Family Educational Series A three-part educational series designed for parents and caregivers of individuals with differing abilities. Each session will provide practical guidance, expert insights, and real-world tools to help you navigate important aspects of your family's future with confidence. You can sign up for one, two, or all three sessions.	Thursdays, April 2, 9, 30, 6:00-7:30pm SOAR Building, Lower Level FREE Capacity limit: 25 Register by the day before each session, sign up for 1, 2 or all 3 classes if you wish!	Networking, resources, awareness, safety
Lunch and Learn Virtual Support Group Join us for our Virtual Support group. A great chance to network with other caregivers on a similar journey from the comfort of your home or office.	Thurs, April 9, 11:30-12:30pm Virtual FREE Capacity limit: 25 Register by 4/9	Networking, resources, vulnerability and compassion
Mini but Mighty Join us for story time, activities, networking, and lots of sensory-regulating fun! A support group designed to allow your differently-abled child 5 years and younger and siblings to come with you and create connections of their own.	Tues, April 28, 9:00-11:00am Sensory Club: 976 American Dr. Neenah FREE Capacity limit: 10 families, 15 kids Register by 4/27	Networking, social skills, resources, parallel and joint play, communication, vulnerability, and compassion

For more info on Family Programs contact Jillian: Jillian@soarfoxcities.com or (920) 731-9831 x126

Advocacy Programs

Program	Details	Skills
<p>Virtual TBI Support Group with Clare</p> <p>A great chance to network with other survivors, loved ones and caregivers on a similar journey from the comfort of your home or office.</p>	<p>Thurs, April 9, 5:00-6:00pm</p> <p><u>Zoom</u> FREE No Registration Date</p>	<p>Networking, resources, vulnerability to share experiences, active listening, building relationships, offering support</p>
<p>St. Elizabeth's TBI Support Group with Clare</p> <p>Join our in person support group to share stories, meet TBI survivors, loved ones and caregivers. We discuss success stories, share struggles and answer any questions people may have regarding the road to recovery.</p>	<p>Mon, April 27, 6:00-7:00pm</p> <p><u>St. Elizabeth's Hospital</u> 1506 S. Oneida St., Appleton 2nd Floor, Conference Room 1 & 2 FREE No Registration Date</p>	<p>Networking, resources, vulnerability to share experiences, active listening, building relationships, offering support</p>

For more info on TBI Support Groups, contact Clare: Clare@soarfoxcities.com or (920) 585-7820



May 14 - 15, 2026 | Holiday Inn Stevens Point – Convention Center | Families and Professionals on the Path Together

Circles of Life is an annual, statewide conference for families of children and youth with disabilities and the professionals who support them. The conference is a unique opportunity for families and the professionals who support them to develop new skills, learn about resources and form lasting relationships.

Registration opens February 1st, 2026

more info at: <https://familyvoiceswi.org/circles-of-life-conference/#registration>

Volunteering

Volunteering at SOAR can look a variety of ways! We have many individual volunteering needs such as helping at our educational classes, fun outings, and recreational events. We also love having groups come in and give back. If your company, work, or club is looking for a fun way to make a difference you can volunteer as a group at SOAR! We are currently also looking for Special Olympics Track and Field volunteers, please reach out if interested!

If interested in learning more about volunteering please contact volunteer@soarfoxcities.com.

Community Inclusion (Young Adult 18-30)

Program	Details	Skills
 <p>Y-Fit It's back! Join Jackie and friends for a fun and fitness-filled experience! Each class we have a new set of exercises designed to keep you active and entertained!</p>	<p>Tues, April 7, 14, 21, 28, 10:45-11:45am</p> <p><u>Location:</u> YMCA Fox Cities 218 E Lawrence St., Appleton, 54911 Fee: \$42 member/ \$84 non-member Capacity limit= 15 Register by 4/2</p>	<p>Communication, relationship building, creative thinking, being in a group setting, physical strength, balance, cooperation, coordination</p>
 <p>Tommy's Mini Golf & Toms Drive In Have some fun at Tommy's! You will get a fun card pre loaded with some money for games + play 18 holes of mini golf! We will have a double cheeseburger with the works, fries, and a drink per person. <i>Please let Jackie know if you have any food allergies or dietary needs.</i></p>	<p>Thurs, April 9, 6:00-8:00pm</p> <p><u>Location:</u> DROP OFF & PICK UP: Tommy's Mini Golf & Arcade- 3950 N. Richmond St., Appleton Fee: \$42 member/ \$84 non-member Feel free to bring more money for other activities! Capacity limit= 18 Register by 4/7</p>	<p>Communication, following directions, be in a group setting, building relationships, making decisions, helping others (empathy), taking turns, public behaviors</p>
 <p>Red Robin + 7 Brew Join Jackie on an outing to Red Robin for lunch. After we finish lunch, we will be walking over to 7 Brew to enjoy a delicious drink! Please bring extra money if you wish to get items at 7 Brew!</p>	<p>Mon, April 13, 11:00am-1:00pm</p> <p><u>Location:</u> DROP OFF: Red Robin - 109 Stoney Brook Rd , Appleton ~ PICK UP: 7 Brew- W3236 County Hwy KK, Appleton Fee: \$42 member/ \$84 non-member Capacity limit= 10 Register by 4/9</p>	<p>Social skills, decision making, following directions, behavior in a public setting, communication, building relationships, critical thinking</p>
 <p>IL Bar + Board & Brush BRING YOUR OWN MONEY to enjoy lunch with friends at Il Bar! Once we are finished with lunch & drinks, we will WALK to Board & Brush to create our signs. <i>See insert for choices!</i></p>	<p>Wed, April 15, 11:00am-1:00pm</p> <p><u>Location:</u> DROP OFF: Il Bar 324 E College Ave PICK UP: Board & Brush 109 N Durkee St Fee: \$42 member/ \$84 non-member Capacity limit= 10 Register by 4/12</p>	<p>Social skills, decision making, following directions, behavior in a public setting, communication, building relationships, critical thinking</p>
 <p>Badger Sports Park Come enjoy unlimited pizza and soda for 1 hour! You will get a fun card pre loaded with some money for activities such as laser tag, mini bowling, and laser maze. <i>Bring more money for other activities!</i></p>	<p>Thurs, April 16, 6:00-8:00pm</p> <p><u>Location:</u> DROP OFF & PICK UP: Badger Sports Park - 3600 E Evergreen Dr, Appleton 54913 Fee: \$42 member/ \$84 non-member Capacity limit= 20 Register by 4/14</p>	<p>Communication, following directions, be in a group setting, building relationships, making decisions, helping others (empathy), taking turns, public behaviors</p>
 <p>Chili's + Soda Bar We will enjoy lunch at Chili's. <i>You will place your order at Chili's the day of.</i> After lunch, we will walk next door to get a drink at The Soda Bar! PLEASE BRING EXTRA MONEY FOR SODA BAR!!! Drinks range \$3-\$5.</p>	<p>Mon, April 27, 11:00am-1:00pm</p> <p><u>Location:</u> DROP OFF: Chili's 1170 N Casaloma Dr PICK UP: Soda Bar 734 N Casaloma Dr, Appleton Fee: \$42 member/ \$84 non-member Capacity limit= 10 Register by 4/23</p>	<p>Social skills, decision making, following directions, behavior in a public setting, communication, building relationships, critical thinking</p>
 <p>The Fire + IL Bar Starting at The Fire Studio, you'll create your masterpiece! Once the artwork is complete and set aside for firing, the group will head over to Il Bar Coffee Shop, just a short walk away, to enjoy some handcrafted drinks, sandwiches, or light bites. Participants must bring own money for purchases at coffee shop.</p>	<p>Wed, April 29, 11:00am-1:00pm</p> <p><u>Location:</u> DROP OFF: The Fire Studio 230 E College Ave, Appleton ~ PICK UP: Il Bar 324 E College Ave Appleton Fee: \$42 member/ \$84 non-member Capacity limit= 10 Register by 4/27</p>	<p>Communication, decision making, critical thinking, following directions, being in a group setting, making friends and building relationships, responsibility for actions</p>

For more info on CI: Young Adults, contact Jackie: Jackie@soarfoxcities.com or (920) 731-9831 x121

Adult Programs (AE & CI: Adults)

Program	Details	Skills
 <p>No Bake with LeeAnn You'll be making chocolate Easter egg nests. You'll be molding nests out of chow mein noodles, chocolate and peanut butter chips.</p>	<p>Wed, April 1, 10:00-11:30am <u>Location:</u> SOAR Lower Level Fee: \$36 member/ \$72 non-member Capacity limit= 12 Register by 3/26</p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation</p>
 <p>Grief Support Group with Maria A safe space to share with other adults who have also experienced loss. We will also briefly learn about regaining your identity after a loss.</p>	<p>Mon, April 6, 6:00-7:00pm <u>Location:</u> SOAR 1st Floor Boardroom Fee: FREE Capacity limit= 10 Register by 3/30</p>	<p>Social skills, emotional regulation, building relationships</p>
 <p>Artistic Self Exploration with Maria Learn to use a creative outlet to explore and express your thoughts, feelings, and emotions. You will respond to questions to draw a scene of your "best day".</p>	<p>Tues, April 7, 4:30-5:30pm <u>Location:</u> SOAR 2nd Floor Volunteer Room Fee: \$24 member/ \$30 non-member Capacity limit= 10 Register by 3/30</p>	<p>Self-awareness, creative expression, personal growth, social skills</p>
 <p>Dinner & a Movie with Abby Come to Hollywood Cinema and enjoy pizza followed by a movie in our own theater ! Bring money for snacks if you'd like. Drop off and pick up on the movie side of building.</p>	<p>Wed, April 8, 4:30-8:00pm <u>Location:</u> DROP OFF & PICK UP: Hollywood Cinema ~ 513 Westhill Blvd., Appleton Fee: \$42 member/ \$84 non-member/ \$30 Caregiver Capacity limit= 25 Register by 4/1</p>	<p>Communications, following directions, being in a group setting, making friends, building relationships, and responsibility for money (if buying extra snacks)</p>
 <p>Baking Class with LeeAnn You will be making Apple Cake.</p>	<p>Thurs, April 9, 10:00am-12:00pm <u>Location:</u> SOAR Lower Level Fee: \$36 member/ \$72 non-member Capacity limit= 8 Register by 4/2</p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation</p>
 <p>Dance with Abby Let's Dance! We are back at St. Mary's!</p>	<p>Fri, April 10, 6:00-8:00pm <u>Location:</u> St. Mary's Menasha ~ 528 2nd St., Menasha Fee: \$10 member/ \$20 non-member Capacity limit= 100 Register by 4/7</p>	<p>Communication, decision making, critical thinking, Following directions, being in a group setting, making friends and building relationships</p>
 <p>No Bake with LeeAnn You will be making a trail mix bars. These bars are made with puffed grain cereal, marshmallows, raisins and toasted nuts.</p>	<p>Mon, April 13, 10:00-11:30am <u>Location:</u> SOAR Lower Level Fee: \$36 member/ \$72 non-member Capacity limit= 12 Register by 3/30</p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety and sanitation</p>

Adult Programs (continued)

Program	Details	Skills
 <p>Sexual Relationships & Education with Maria</p> <p>A follow-up to our Healthy Relationship series or a stand-alone class, we will discuss sexual relationships, acts, and protection. PLEASE BE AWARE: This class will contain open and detailed sexual content.</p>	<p>Mon, April 13, 4:00-5:30pm</p> <p><u>Location:</u> SOAR 1st Floor Board Room</p> <p>Fee: \$12 member/ \$18 non-member</p> <p>Capacity limit= 10</p> <p>Register by 4/6</p>	<p>Education, communication, safety</p>
 <p>Preventative Health Care & Office Tour with Maria</p> <p>Tour Mosaic Family Health and talk to the doctors. Learn about preventative health care and what to expect during different procedures.</p>	<p>Wed, April 15, 1:00-2:00pm</p> <p><u>Location:</u> DROP OFF & PICK UP: Mosaic Family Health- 100 N Oneida St, Appleton 54911</p> <p>Fee: \$6 per person</p> <p>Capacity limit= 9</p> <p>Register by 3/25</p>	<p>Education, social skills</p>
 <p>BLIZZARD BINGO</p> <p>Come play BINGO with the Green Bay Blizzard Football Players! (see insert in newsletter). This is a combined Family and Community Inclusion (18+) event!</p>	<p>Wed, April 15, 6:00-7:30pm</p> <p><u>Location:</u> DROP OFF & PICK UP: Abby Bank- 1500 N Casaloma Dr., Appleton 54913</p> <p>Fee: \$24 per person (5 yr. old and under- Free)</p> <p>Capacity limit= 50</p> <p>Register by 4/1</p>	<p>Communication, taking turns, following directions, being in a group setting in the community, making friends and relationship building</p>
 <p>Baking Class with LeeAnn</p> <p>You will be making Apricot Bars.</p>	<p>Thurs, April 16, 10:00am-12:00pm</p> <p><u>Location:</u> SOAR Lower Level</p> <p>Fee: \$36 member/ \$72 non-member</p> <p>Capacity limit= 8</p> <p>Register by 4/9</p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation</p>
 <p>Super Saturday- Pizza Ranch & Blizzard Football</p> <p>A fun day of Pizza Ranch and indoor football! Watch as the Green Bay Blizzards take on the Iowa Barnstormers! Please make sure to dress for the weather and bring money for concessions!</p>	<p>Sat, April 18, 12:00-7:30pm</p> <p><u>Location:</u> DROP OFF & PICK UP: SOAR Building</p> <p>Fee: \$84 member/ \$168 non-member / \$80 Caregiver</p> <p>Capacity limit= 25</p> <p>Register by 4/8</p>	<p>Communications, following directions, being in a group setting, making friends, building relationships, and responsibility for money (if buying extra snacks)</p>
 <p>Make & Take with LeeAnn</p> <p>You'll be making Tuscan Orzo. A creamy chicken, spinach, tomato and orzo dish.</p>	<p>Mon, April 20, 10:00am-12:00pm</p> <p><u>Location:</u> SOAR Lower Level</p> <p>Fee: \$36 member/ \$72 non-member</p> <p>Capacity limit= 8</p> <p>Register by 4/13</p>	<p>Meal preparation, planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation</p>
 <p>Healthy Cooking Class</p> <p>Healthy Cooking is a 3 week cooking and nutritional education class. Each night you will prepare your own meal.</p>	<p>Tuesdays, April 21, 28 & May 5, 10:30am-12:00pm</p> <p><u>Location:</u> SOAR Lower Level</p> <p>Fee: \$72 member/ \$144 non-member</p> <p>Capacity limit= 8</p> <p>Register by 4/14</p>	<p>Meal preparation, planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation</p>

You may only sign up for either *Healthy Cooking* **OR** *Cooking Basics*, **not both**

Adult Programs (continued)

Program	Details	Skills
 <p>Cooking Basics Cooking Basics is a 3 week cooking series with simple recipes that focuses on cooking skills and kitchen safety. Each night you will prepare your own dinner.</p>	<p>Tuesdays, April 21, 28 & May 5, 4:00-5:30pm <u>Location:</u> SOAR Lower Level Fee: \$108 member/ \$216 non-member Capacity limit= 8 Register by 4/14</p> <p><i>You may only sign up for either Healthy Cooking OR Cooking Basics, not both</i></p>	<p>Meal preparation, planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation</p>
 <p>Cosmic Bowling with Abby A fun night of cosmic bowling, food, and drinks! PLEASE NOTE THIS EVENT WILL BE IN THE DARK WITH FLASHING LIGHTS AND LOUD MUSIC.</p>	<p>Wed, April 22, 5:30-7:30pm <u>Location:</u> DROP OFF & PICK UP: Electric City Lanes- 136 W. Wisconsin Ave, Kaukauna, 54130 Fee: \$42 member/ \$84 non-member / \$40 Caregiver Capacity limit= 25 Register by 4/15</p>	<p>Communication, decision making, critical thinking, Following directions, being in a group setting, making friends and building relationships</p>
 <p>Preventative Dental Care & Office Tour with Maria Tour Van Hoof Dental and talk to a dental hygienist. Learn about preventative dental care and get a demonstration of what happens at dentist visit.</p>	<p>Thurs, April 23, 3:30-4:30pm <u>Location:</u> SOAR 1st Floor Boardroom *We will meet at SOAR, then walk next door to the office* Fee: \$6 per person Capacity limit= 7 Register by 4/6</p>	<p>Education and social skills</p>
 <p>Confident Women A Spring event for women. Enjoy breakfast, opportunities to socialize with other women and a make and take craft.</p>	<p>Sat, April 25, 9:00-11:00am <u>Location:</u> SOAR Lower Level Fee: \$24 member/ \$48 non-member Capacity limit= 25 Register by 4/18</p>	<p>Building relationships, communication, decision making, creativity, and social appropriate skills</p>
 <p>Dating Safety & Trafficking Awareness with Maria You will learn about identifying red flags when dating and meeting new people in person or online. We will also discuss how to avoid dangers around sex trafficking.</p>	<p>Mon, April 27, 4:00-5:00pm <u>Location:</u> SOAR 1st Floor Boardroom Fee: \$12 member/ \$18 non-member Capacity limit= 10 Register by 4/20</p>	<p>Education, awareness, and safety</p>
 <p>Artistic Self Exploration with Maria Learn to use a creative outlet to explore and express your thoughts feelings, and emotions. We will identify different feelings in your body and draw them out on paper.</p>	<p>Tues, April 28, 4:30-5:30pm <u>Location:</u> SOAR 2nd Floor Volunteer Room Fee: \$24 member/ \$30 non-member Capacity limit= 10 Register by 4/20</p>	<p>Self-awareness, creative expression, personal growth, and social skills</p>
 <p>Adult Board & Brush We will enjoy a meal at SOAR then create a beautiful sign perfect for the spring season! We will meet at SOAR (lower level) before WALKING to Board and Brush! See Insert for choices!</p>	<p>Wed, April 29, 4:00-6:00pm <u>Location:</u> DROP OFF: SOAR Lower Level PICK UP: Board & Brush: 109 N. Durkee St Fee: \$42 member/ \$84 non-member Capacity limit= 15 Register by 4/22</p>	<p>Social skills, following directions, behavior in a public setting, communication, building relationships, creativity</p>

Special Olympics updates



Our basketball athletes competed in the District Tournament on Sunday, March 1st, in Neenah. Congrats to all skills athletes and basketball teams! We look forward to seeing who advances to State.



ATTENTION! NEW SOWI MEDICAL PAPERWORK NOW AVAILABLE

Effective 1/1/26, SOWI will no longer accept the previous medical packet; you can now obtain the new paperwork from the SOAR office, via email from our SO Coordinator, on SOWI's website, or on SOAR's website. The new packet is much shorter and does NOT require a physical exam or doctor's signature (unless there are extenuating circumstances). The new packet can even be completed directly online, but must be renewed every year.



Upcoming SO Events:

Spring Games (Basketball & Swim) April 17-19th, UW Oshkosh
 District Track Meet: Saturday, May 16th, Ashwaubenon High School
 State Summer Games (Track): June 4-6th, UW Whitewater



GET INVOLVED!

We are always looking for Special Olympics volunteers and coaches, in all sports. Our current need is for the track season and summer sports; softball, t-ball, and bocce. Contact SO Coordinator, Jen Kalishek, if you're interested in getting involved.

Jen Kalishek | jen@soarfoxcities.com | 920-731-9831 ext. 122

Reminder! Our cancellation policy is:

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there will be no credit given, only in rare instances will exceptions be granted.

If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was cancelled. If we are able to fill the vacancy, a credit will be applied to the participant's account.

If cancelling (or no-show) for a part of a series, no credit will be given. If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all cancelled (or no-show) activity fees.

In the event of SOAR cancelling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

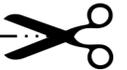
Please understand that the cancellation policy exists for several reasons including:

1. Programs can fill up quickly and when this happens we create a waitlist. Canceling in advance allows us to contact those on the waitlist and gives another participant the opportunity to join the activity.

2. Many programs require purchases that reflect on the number of individuals participating in that specific activity such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option.

Thank you for your understanding, patience, and support!

Register via slip before or online at soarfoxcities.com/register-for-activities/



*Participant Name _____

*Email to contact if CANCELLATION occurs: _____

Check box if already registered online or by telephone

Date of Activity	Activity Name	Cost

Total: _____

Submit total amount due to:
 SOAR Fox Cities
 211 E Franklin St., Suite A
 Appleton, WI 54911

Registration and Payment required prior to activities.
 Pay by cash, check (# _____) or online.

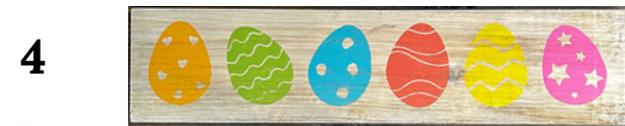
If you use IRIS, Lakeland Care, Inclusa, CLTS, or Community Care please check this box
 Please provide billing name & contact info:

Board & Brush With Jackie

This activity is for participants 18-30 years of age

Join Jackie at Board & Brush to make a fun board design! They will provide all the materials and help instruct you step by step to create a beautiful sign perfect for the holiday season! Below are the designs available. Please choose which design you would like to create. You may cut the bottom portion off and mail into SOAR, return in person to SOAR or feel free to email Jackie your choice. If you choose to email, please include the name of participant **AND** design choice.

Email Jackie at: Jackie@soarfoxcities.com



For Jackie's B&B
on 4/15/26

**Mail to SOAR Fox Cities 211 E. Franklin St. Suite A, Appleton WI, 54911
OR hand into the office to Jackie **BY APRIL 13TH**

Name of participant: _____

Design choice: _____

Board & Brush With Abby

Join Abby at Board & Brush to make a fun spring board design! They will provide all the materials and help instruct you step by step to create a beautiful sign perfect for the start of the spring season! Below are the designs available. Please choose which design you would like to create. You may cut the bottom portion off and mail into SOAR, return in person to SOAR or feel free to email Abby (abby@soarfoxcities.com) your choice. If you choose to email, please include the name of participant **AND** design choice.

1



2



3



4



5



6



7



****Board and Brush - Mail to SOAR Fox Cities 211 E. Franklin St. Suite A, Appleton WI, 54911**

For Abby's B&B on
 4/29/26

OR hand into the office to Abby BY MONDAY, APRIL 20TH

Name of participant: _____

Design choice: _____



JOIN US FOR BLIZZARD



MEET THE GREEN BAY BLIZZARD FOOTBALL PLAYERS AS THEY PLAY BINGO WITH YOU!

PARTY



WEDNESDAY APRIL 15TH

6:00 PM - 7:30 PM

ABBY BANK

1500 N CASALOMA DRIVE

COMMUNITY ROOM

PLAY BINGO WITH BLIZZARD FOOTBALL PLAYERS!

COST: 24.00 PER PERSON

5 AND UNDER FREE

REGISTRATION REQUIRED BY APRIL 1ST, 2026

THIS IS A JOINT SPECIAL EVENT FOR THE FAMILY AND COMMUNITY INCLUSION PROGRAM
QUESTIONS PLEASE REACH OUT TO JILLIAN OR ABBY

AT

JILLIAN@SOARFOXCITIES.COM OR
ABBY@SOARFOXCITIES.COM





APRIL SHOWERS BRING... RAINY DAY READINESS!

SOAR Fox Cities Educational Opportunities

Stay safe from scammers and protect your future

6:00-7:30pm | SOAR Building: 211 E. Franklin St. Appleton | FREE | Snacks Provided!

STAYING SAFE FROM SCAMMERS



DATE:

Thursday, April 2nd

CLASS DETAILS:

Learn how to identify and protect yourself from scams

TARGET AUDIENCE:

Caregivers AND Participants

PRESENTED BY:

Veronica Kasperek, Vice President of Operations

Register
by
April 1!

TRUST FUNDS, WILLS, AND GUARDIANSHIP



DATE:

Thursday, April 9th

CLASS DETAILS:

Learn how to guard your estate for long-term stability

TARGET AUDIENCE:

Caregivers

PRESENTED BY:

Reg Wydeven, Attorney

Register
by
April 8!

FINANCIAL FUTURE PLANNING



DATE:

Thursday, April 30th

CLASS DETAILS:

Gain the confidence to plan for a secure financial future

TARGET AUDIENCE:

Caregivers

PRESENTED BY:

Patrick MacGrath, Chartered Special Needs Consultant

Register
by
April 29!

Register Online or Call the SOAR Office (920) 731-9831

For other questions please contact Jillian at jillian@soarfoxcities.com or 920-731-9831 x126



What is WisconSibs?

WisconSibs youth programming supports brothers and sisters of individuals with disabilities by creating safe spaces for peer connection, offering age-appropriate education about disability and family dynamics, and building leadership and self-advocacy skills; through workshops and other activities, the program reduces isolation, strengthens resilience, and helps young siblings feel understood, confident, and empowered to support themselves and their families.

Our Activities

Sibshops are play-based workshops for kids ages 6–12 that use games, arts, and guided activities to help young siblings share experiences and feel understood. These short, age-appropriate sessions teach basic information about disability, strengthen coping and social skills, and spark peer friendships in a fun, supportive setting.



Sibshops

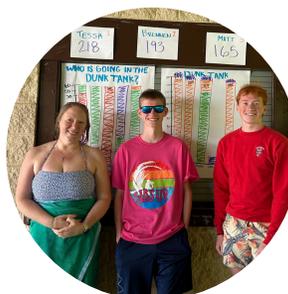


Summer Programs

Summer programs provide multi-day, youth-focused experiences for ages 6–17, offering a variety of recreational, creative, and leadership activities—outdoor games, arts and crafts, team challenges, and small-group workshops. With mentorship and structured peer support, these programs deepen connections, boost confidence, and develop self-advocacy while giving siblings a relaxed, inclusive space to learn and grow.

Meet Tessa

A sibling who grew up attending Sib programs, Tessa now organizes those same youth offerings; her lived experience shapes her approach to advocacy, mentorship, and program design, bringing empathy, practical insight, and a long-standing commitment to supporting other siblings.



wisconsibs Sibshops

Sibshops are lively, kid-centered workshops for siblings ages 6–12 who have a brother or sister with a disability or long-term health need. Each month, sibs across the Fox Cities come together to play games, make friends, learn new skills, and share their experiences in a space where they feel understood and supported.

FEE \$25 per participant

Program Manger
Tessa Lewis

 tessa@soarfoxcities.com

 (920) 734-9831 x132



Register Today!





wisconsibs

SIBLING SUMMER

FUN AWAITS!



Program	Ages	Dates	Fees
Teen Sibs Leadership Retreat	13-17	June 11-13	\$200
SibDays Of Summer	6-12	July 13-17	\$250
SibCamp	9-14	August 9-13	\$600

Details and Registration



WisconSibs summer programs are for brothers and sisters of individuals with differing abilities. Join a warm, activity-filled camp where siblings connect, grow confidence, deepen empathy, and build communication, advocacy, and coping skills through games, projects, and guided conversations—spaces are limited, register now.



Questions:
tessa@soarfoxcities.com
(920) 731-9831



wisconsibs

SUMMER COUNSELOR OPPURTUNITIES



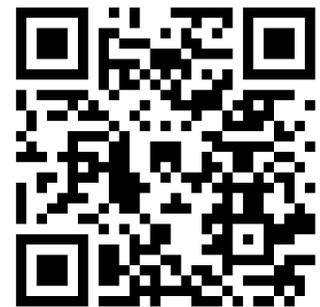
SibDays Volunteer (ages 13+) July 13–17

Support day-camp activities, foster connections among siblings, and be a friendly, dependable presence.



SibCamp Counselors Junior (ages 15-17) and Lead (18+) August 9–13

Junior counselors assist with activities and peer support; lead counselors plan sessions, mentor teens, and ensure a safe, inclusive experience.



Questions:
tessa@soarfoxcities.com
(920) 731-9831



My Housing Voice

A Project Of KeysWI

Share your housing goals.

Join a free Education & Input session to learn about housing options and share your experience in a supportive, small-group setting. Your input will be key to shape recommendations for local decision makers.

My Housing Voice is for individuals, families and caregivers of those with autism and intellectual / developmental disabilities (A/I/DD) in Northeast Wisconsin.

Unlocking Housing Choices
for People with Autism & I/DD



* Please note this is not a SOAR-staffed event



SOAR Fox Cities *

211 E. Franklin Street
Appleton

April 23, 2026
5:30 p.m. - 7:30 p.m.

FREE

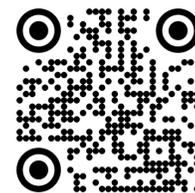
Bring your laptop,
tablet or smartphone

Food provided

Visit

myhousingvoice.org

or call 920-515-0604
to learn more and register.



Can't make this session?

More sessions are available at
other locations and online.

NEW

SOAR FOX CITIES, INC.

AFTER SCHOOL

Program

GRADES

7-12

What We Provide:

- After school enrichment for **youth with differing abilities ages 12-18**
- Reliable **respite for families** in an inclusive, supportive environment
- Small-group activities focused on **life skills and social development**
- 1:3 Staff to Student Ratio
- Opportunities to build **independence and positive peer relationships**
- Serving students from multiple school districts

**Registration for the 2026-2027 School Year
Opens Wednesday, April 1st**



Scan this QR
code to register!



Appleton, WI (Exact Location TBD)



3:30-5:30 p.m. Mon-Fri



CLTS & Other Third Party Payees Accepted!

Interested in Learning More?

Contact Mandy Krug, Manager of School Collaborations

920-731-9831 x 118 | Mandy@soarfoxcities.com

www.soarfoxcities.com





SOAR is Celebrating 70 Years — and We Need Your Help!

This year, SOAR proudly celebrates its 70th Anniversary. As we prepare for our upcoming Gala, we are looking to highlight stories that showcase how our community has evolved and progressed through the decades.

This survey is to be completed by the caregiver.

Please return to Angie by April 17th for a chance to win a prize!

Caregiver Name:

Participant's Name:

Participant's Birth Year:

1. When your loved one was first diagnosed, what guidance or recommendations were you given about their future?

2. What were your biggest fears or concerns in the early years?

3. What kinds of support were difficult to access when your loved one was younger?

4. How have opportunities for people with disabilities changed since your loved one was young? *(For example: access to education, therapy, employment, or community life.)*

5. Can you share a moment when you realized how much progress has been made?

6. What does your loved one's life look like currently (employment, housing, supports)? What milestone are you most proud of?

7. What message would you share with families who are just beginning their journey today?

Photo Submission

Please include:

- One photo when your loved one was younger
- One current photo

Photos may be dropped off at SOAR Fox Cities or emailed to: angie@soarfoxcities.com

Permission to Share

I acknowledge that my answers and submitted photos may be shared in SOAR marketing materials, social media, website, events, and newsletters, along with my first name.

Signature: _____ **Date:** _____

Scan Here to fill out the survey virtually:

