



# July 2026

## Activity & Program Guide



### **SAVE THE DATE!**

**Thursday, August 27th**

Join us for our annual CORN ROAST!!!  
More information to come in the August Newsletter!

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### **Activity Sign - Up Announcement**

Classes have been filling up quickly, and we understand that this has been frustrating. While we're working on adding space & classes, we're also trying things to make sign-up smoother. In an attempt to make signing up for activities as fair as possible, **we send the hard-copy newsletter on the 2nd Thursday evening of each month, BUT we will wait until the following Monday at noon to post the electronic newsletter on the website.** At this same time, we will send the newsletter email AND make the sign-up live on our website. We thank you for your patience and understanding.

Office Hours: Monday through Thursday, 9:00am-4:30pm (Closed on Fridays)

Address: 211 E. Franklin St. Ste. A, Appleton, WI 54911

Phone: 920.731.9831 E-mail: info@soarfoxcities.com Fax: 866-458-0456

Website: www.soarfoxcities.com

Supported By:



# Message from the Director



## Hello Friends of SOAR!

Summer has officially arrived, and with it comes an incredible season of activity, connection, and opportunity throughout the SOAR community. From community outings and special events to sports and volunteer opportunities, there is no shortage of ways to get involved and celebrate!

I wanted to share a few exciting updates with you:

### Celebrate SOAR's 70th Anniversary

Show your SOAR pride with merchandise created in honor of our 70th Anniversary! Visit the SOAR Store to check out apparel, accessories, and more.

### SOARing Around the World – July 17

Participants will enjoy food, activities, and cultural experiences from around the globe with the help of community partners, including IndUS. It's sure to be a fun day of learning, connection, and celebration.

### Community Inclusion Summer Fun

Community Inclusion participants are enjoying a full summer calendar packed with activities, outings, and adventures throughout the Fox Valley. We love seeing friendships grow while exploring all our community has to offer.

### Special Olympics Needs You!

One of the most impactful ways to support SOAR is by volunteering with our Special Olympics program. We are always looking for coaches, assistant coaches, and volunteers to help athletes develop skills, build confidence, and experience the joy of competition.

If you know someone who may be interested in volunteering, please help us spread the word. Whether they have experience in sports or simply a desire to make a difference, we'd love to connect with them.

As always, thank you for being part of the SOAR family. Your support helps create opportunities for people of all abilities to connect, grow, and thrive.

~ Erin Schultz-Wege, Executive Director

## ***SOAR Fox Cities Board of Directors***

<b>Heather Sorebo</b> <i>President</i>	<b>Julie King</b> <i>Co-Vice President</i>	<b>Reg Wydeven</b> <i>Co-Vice President</i>	<b>Gary Weber</b> <i>Treasurer</i>	<b>Leigh Bolender</b> <i>Secretary</i>
<b>Amy Steiner</b>	<b>Paul Meyer</b>	<b>Jonathan Pitzen</b>	<b>Polly Vanden-Boogaard</b>	<b>Bryan Mueller</b>
<b>Melissa Jacobs</b>	<b>Critsi Burrill</b>			

## ***Get In Touch!***

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Clare Buckley  
• Clare@soarfoxcities.com

# ***Announcements, Reminders & Volunteering***

## **We have a lock box outside of the SOAR Building!**

When facing the main entrance of the building from the parking lot you will see a black box with a silver lid on the right side of the building doors. **This is the after-hours drop box where payments or paperwork can be left when SOAR is closed.** This includes before or after the hours of 9:00-4:30pm M-TH, or Fridays, Saturdays, and Sundays. Simply lift the silver top and drop your envelope into the opening. **We always recommend dropping things off to the office during office hours for the most security,** but we understand that not everyone's schedules allow for this. This lock box will be checked once a day by SOAR staff or the building manager. If you drop something off on Friday, or Thursday night, it may not be checked/received until Monday. Please call the office if you have questions.

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## **We do NOT accept payments at activities**

Friendly Reminder: DO NOT give coaches, volunteers, or SOAR staff payment or any SOAR document that need to be filled out/turned into the office while at practices or programs! We will NOT accept it!

**All payment and forms must be turned in to the SOAR Office during office hours, mailed in, or dropped off in the lock box.** You can also go to [soarfoxcities.com](http://soarfoxcities.com) for payment and activity registration, or speak with a staff member on the phone. As a reminder: voicemails or emails will not be accepted as registration.

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## **Please do not arrive more than 15 minutes early**

Please remember not to arrive any more than 15 minutes before the activities begin! If you do, you must wait outside the building until the leader of the specific activity arrives. Other staff will not be allowed to let you inside the building unattended. Please plan ahead because we do not want anyone outside in unsafe weather.

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## **GOLF DONATIONS NEEDED!**

We are currently seeking donations for raffle baskets and auction packages for our **35th Annual Golf Outing**, taking place on **July 20, 2026**.

Popular donation items from past events have included gift cards, golf equipment and accessories, sports memorabilia, jewelry, event tickets, beverages, outdoor and recreational gear, grilling accessories, tools, and games.

Donating a raffle basket or auction item is a wonderful opportunity for businesses and community members to support SOAR while gaining recognition at the event. All donors will be acknowledged for their contributions.

For more information or to discuss donation opportunities, please contact Lindsay at [lindsay@soarfoxcities.com](mailto:lindsay@soarfoxcities.com)



# ***Volunteering***

Volunteering at SOAR can look a variety of ways! We have many individual volunteering needs, such as helping at our educational classes, fun outings, and recreational events. We also love having groups come in and give back. If your company, work, or club is looking for a fun way to make a difference, you can volunteer as a group at SOAR! Also looking for coaches for upcoming Fall/Winter sports: Cornhole & Bowling! Let us know if you are interested!!!

**If interested in learning more about volunteering, please contact [volunteer@soarfoxcities.com](mailto:volunteer@soarfoxcities.com).**

**\*Turn to the specific page number listed under the "page" column for all details needed for each activity. \***

**Program Type KEY**  
**Youth Programs=Youth, Adult Education=AE, Family Programs =FAM, Community Inclusion: Adults 18+= Adult, Community Inclusion: Young Adults= 18-30 Advocacy Programs=ADV PF= People First**

July	Program Choice	Time	Page	Member/Non-Member/Caregiver	IRIS-Code	Staffed By:	Type KEY	Class Capacity	Register by:
5	Funday Sunday- Chief Waupaca Boat Tour & Lunch	8:30am-3:00pm	8	\$105/\$210/\$95	C	Abby	Adult	25	7/1
7	Early Bird BINGO	10:00am-11:30am	8	\$24/\$30	F	LeeAnn	Adult	25	7/1
7,14,21,28	Y-Fit	10:45am-11:45am	7	\$42/\$84	C	Jackie	18-30	12	7/2
8	BINGO	6:00pm-7:30pm	8	\$24/\$30	F	Abby	Adult	25	7/1
9	Baking Class	1:00pm-3:00pm	8	\$36/\$72	F	LeeAnn	AE	8	7/2
9	Lunch & Learn (VIRTUAL)	11:30am-12:30pm	5	FREE	-	Jillian	FAM	N/A	7/9
13	No Bake Class	10:00am-11:30am	8	\$36/\$72	F	LeeAnn	AE	12	7/6
13	Red Robin & 7 Brew	11:00am-1:00pm	7	\$42/\$84	C	Jackie	18-30	8	7/8
14	People First Fox Cities	5:30pm-7:00pm	6	FREE	C	LeeAnn	ADV/PF	20	7/7
15	Dinner and a Movie	4:30pm-8:00pm	8	\$42/\$84/**\$9	C	Abby	Adult	25	7/1
16	Baking Class	10:00am-12:00pm	9	\$36/\$72	F	LeeAnn	AE	8	7/9
16	The Fire & IL Bar	11:00am-1:00pm	7	\$42/\$84	C	Jackie	18-30	8	7/15
17	Dance	6:00pm-8:00pm	9	\$10/\$20	C	Abby	Adult	100	7/14
21 & 28	Healthy Cooking Class	4:00pm-5:30pm	9	\$72/\$144	F	LeeAnn	AE	8	7/14
22	IL Bar + Board & Brush	11:00am-1:00pm	7	\$42/\$84	C	Jackie	18-30	8	7/21
22	SOARing Around the World Party	5:30pm-7:30pm	9	\$30/\$60/\$5	C	Abby	Adult	40	7/15
23	Copper Rock & Appleton Bundt House	11:00am-1:00pm	7	\$42/\$84	C	Jackie	18-30	8	7/22
23	Baking Class	9:00am-12:00pm	9	\$36/\$72	F	LeeAnn	AE	8	7/16
23	Badger Sports Park	6:00pm-8:00pm	7	\$42/\$84	C	Jackie	18-30	20	7/22
27	Make & Take	10:00am-11:30am	9	\$36/\$73	F	LeeAnn	AE	8	7/20
27	Chili's + Soda Bar	11:00am-1:00pm	7	\$42/\$84	C	Jackie	18-30	8	7/23
23	TnT	6:30pm-8:00pm	5	FREE	-	Lisa	Youth	N/A	N/A
28	Mini But Mighty	9:00am-11:00am	5	FREE	-	Jillian	FAM	10 Families/ 15 Children	7/27
29	Craft Night	6:00pm-7:30pm	9	\$24/\$30	F	Abby	Adult	25	7/22
30	Confident Women	5:00pm-6:30pm	9	FREE	C	LeeAnn	AE	15	7/23

\*\*Caregiver will order and pay for meal at event

There are 2 BINGO events this month!!!  
 Participants can only sign up for ONE BINGO.  
 Participants can not sign up for both BINGO events

# Youth Programs

Program	Details	Skills
<p><b>TnT with Lisa (ages 13-23)</b></p> <p>Young adults 13-23 with and without disabilities can come meet new people and play new games with friends!</p>	<p><b>Thurs, July 23, 6:30-8:00pm</b></p> <p><u>SOAR Fox Cities- Lower Level</u> FREE <b>No Registration Required</b></p>	<p>Communication, friendships, relationship building, creative thinking, decision making, and independent thinking</p>

**For more info on Youth Programs contact Lisa:** [lisa@soarfoxcities.com](mailto:lisa@soarfoxcities.com) or 920-731-9831 x110

# Family Programs

Program	Details	Skills
<p><b>Lunch and Learn Virtual Support Group</b></p> <p>Join us for our virtual support group. A great chance to network with other caregivers on a similar journey from the comfort of your own home or office.</p>	<p><b>Thurs, July 9, 11:30am-12:30pm</b></p> <p><u>VIRTUAL</u> FREE Capacity limit: 25 <b>No Registration Date</b></p>	<p>Networking, resources, vulnerability and compassion</p>
<p><b>Mini But Mighty</b></p> <p>Famililes of children with disabilities age five and under, join us for story time, a sensory-related activity, and time for caregivers to connect while their children play at the Sensory Club! Siblings also welcome!</p>	<p><b>Tues, July 28 , 9:00-11:00am</b></p> <p><u>Location:</u> Sensory Club- 976 American Dr., Neenah FREE Capacity limit: 10 families, 15 kids <b>Register by 7/27</b></p>	<p>Networking, social skills, resources, parallel and joint play, communication, vulnerability and compassion</p>

**For more info on Family Programs contact Jillian:** [jillian@soarfoxcities.com](mailto:jillian@soarfoxcities.com) or (920) 731-9831 x126

# Advocacy Programs

Program	Details	Skills
<p><b>People First Fox Cities with LeeAnn</b></p> <p>A self-advocacy group that encourages and trains individuals to speak up and advocate for themselves. Everyone is welcome!</p>	<p><b>Tues, July 14, 5:30pm-7pm</b></p> <p><u>Location:</u> Komemac &amp; 2<sup>nd</sup> St. Menasha</p> <p>FREE</p> <p>Capacity limit: 20</p> <p><b>Register by 7/7</b></p>	<p>Self Advocacy, social skills, communication, community resources and building relationships</p>
<p><b>Virtual TBI Support Group with Clare</b></p> <p>A great chance to network with other survivors, loved ones, and caregivers on a similar journey from the comfort of your home or office.</p>	<p><b>Thurs, July 9, 5:00-6:00pm</b></p> <p><u>Zoom</u></p> <p>FREE</p> <p><b>No Registration Date</b></p>	<p>Networking, resources, vulnerability to share experiences, active listening, building relationships, offering support</p>
<p><b>St. Elizabeth's TBI Support Group with Clare</b></p> <p>Join our in person support group to share stories, meet TBI survivors, loved ones and caregivers. We discuss success stories, share struggles and answer any questions people may have regarding the road to recovery.</p>	<p><b>Mon, July 27, 6:00-7:00pm</b></p> <p><u>Location:</u> St. Elizabeth's Hospital - 1506 S. Oneida St., Appleton</p> <p>2<sup>nd</sup> Floor, Conference Room 1 &amp; 2</p> <p>FREE</p> <p><b>No Registration Date</b></p>	<p>Networking, resources, vulnerability to share experiences, active listening, building relationships, offering support</p>

**For more info on People First contact LeeAnn:** [leeann@soarfoxcities.com](mailto:leeann@soarfoxcities.com) or (920) 731-9831 x112

**For more info on TBI Support contact Clare:** [clare@soarfoxcities.com](mailto:clare@soarfoxcities.com)

## Did You Know?

SOAR offers Community Education Presentations that provide information and raise awareness on disability-related topics. We have a variety of educational presentations for adults and youth, and will customize our outreach efforts to the specific needs, sensitivities, and levels of awareness within each group!

If you would like to schedule a speaker, please contact us at (920) 731-9831 or email [info@soarfoxcities.com](mailto:info@soarfoxcities.com)



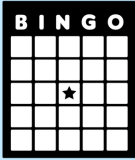



# Community Inclusion (Young Adult 18-30)

Program	Details	Skills
 <p><b>Y-Fit</b> A fun fitness-filled class, each day is a new set of exercises designed to keep you active and entertained.</p>	<p><b>Tues, July 7, 14, 21, 28, 10:45am-11:45am</b> <b>Location:</b> YMCA- 218 E Lawrence St. Fee: \$42 member/ \$84 non-member Capacity limit: 12 <b>Register by 7/2</b></p>	<p>Communication, relationship building, creative thinking, being in a group setting, physical strength, balance, cooperation and coordination</p>
 <p><b>Red Robin + 7 Brew</b> Let's head to Red Robin for lunch! After, we will walk over to 7 Brew to enjoy a delicious drink! <b>Bring money if you would like to make a purchase at 7 Brew!</b></p>	<p><b>Mon, July 13, 11am-1pm</b> <b>DROP OFF:</b> Red Robin- 109 Stoney Brook Rd. <b>PICK UP:</b> 7 Brew- W3236 County Hwy KK Fee: \$42 member/ \$84 non-member Capacity limit: 8 <b>Register by 7/8</b></p>	<p>Social skills, decision making, following directions, behavior in a public setting, communication, building relationships, critical thinking, responsibility for money (if making purchases)</p>
 <p><b>The Fire + IL Bar</b> Design a pottery masterpiece at The Fire! Artists will then walk to IL Bar Coffee Shop for a drink, sandwich or light bites. <b>Bring extra money for IL Bar!</b></p>	<p><b>Thurs, July 16, 11am-1pm</b> <b>DROP OFF:</b> The Fire Studio- 230 E College Ave. <b>PICK UP:</b> IL Bar- 324 E. College Ave. Fee: \$42 member/ \$84 non-member Capacity limit: 8 <b>Register by 7/15</b></p>	<p>Communication, decision making, critical thinking, following directions, being in a group setting, making friends &amp; building relationships, responsibility for actions &amp; money (if making purchases)</p>
 <p><b>IL Bar + Board &amp; Brush</b> Enjoy lunch with friends at IL Bar (<b>Bring your own money</b>), then walk to Board and Brush to create a beautiful painted board perfect for the season! <i>See insert for designs!</i></p>	<p><b>Wed, July 22, 11am-1pm</b> <b>DROP OFF:</b> IL Bar- 324 E. College Ave. <b>PICK UP:</b> Board &amp; Brush- 109 N. Durkee Fee: \$42 member/ \$84 non-member Capacity limit: 8 <b>Register by 7/21</b></p>	<p>Social skills, decision making, following directions, behavior in a public setting, communication, building relationships, critical thinking, responsibility for money (if making purchases)</p>
 <p><b>Copper Rock + Appleton Bundt House</b> Let's have lunch at Copper Rock, then we will walk over to Appleton Bundt House to enjoy a delicious bundt cake of your choice!</p>	<p><b>Thurs, July 23, 11am-1pm</b> <b>DROP OFF:</b> Copper Rock- 210 W. College Ave. <b>PICK UP:</b> Appleton Bundt House- 207 W. College Ave. Fee: \$42 member/ \$84 non-member Capacity limit: 8 <b>Register by 7/22</b></p>	<p>Social skills, decision making, following directions, behavior in a public setting, communication, building relationships, critical thinking</p>
 <p><b>Badger Sports Park</b> Enjoy 1 hour of unlimited pizza and soda at Badger Sports Park and a preloaded card for activities! (includes laser tag, mini bowling, &amp; laser maze) Bring money for extra activities.</p>	<p><b>Thurs, July 23, 6pm-8pm</b> <b>DROP OFF/PICK UP:</b> Badger Sports Park- 3600 E. Evergreen Dr. Fee: \$42 member/ \$84 non-member Capacity limit: 20 <b>Register by 7/22</b></p>	<p>Communication, following directions, being in a group setting, building relationships, making decisions, helping others (empathy), taking turns, and public behaviors.</p>
 <p><b>Chili's + Soda Bar</b> Eat lunch at Chili's with friends before walking over to Soda Bar for a fun drink! Bring extra money if you want to purchase a drink at Soda Bar. Drinks range \$3-\$5.</p>	<p><b>Mon, July 27, 11am-1pm</b> <b>DROP OFF:</b> Chili's- 1170 N Casaloma Dr. <b>PICK UP:</b> Soda Bar- 734 N. Casaloma Dr. Fee: \$42 member/ \$84 non-member Capacity limit: 8 <b>Register by 7/23</b></p>	<p>Social skills, decision making, following directions, behavior in a public setting, communication, building relationships, critical thinking, responsibility for money (if making purchases)</p>

~ ALL COMMUNITY INCLUSION YOUNG ADULTS EVENTS ARE APPLETON ADDRESSES ~

For more info on Community Inclusion 18-30 contact Jackie: Jackie@soarfoxcities.com or (920) 731-9831 x121

# Adult Programs (AE & CI: Adults)

Program	Details	Skills
 <p><b>Funday Sunday- Chief Waupaca Boat Tour &amp; Lunch!</b> Enjoy a scenic narrated boat tour on the Chief Waupaca, take in the beautiful views &amp; learn about the history of the Chain O' Lakes. The day includes a relaxing lunch &amp; time to enjoy great company. Make sure to dress for the weather! <u>Please select dinner option at end of newsletter!!</u></p>	<p><b>Sunday, July 5, 8:30am-3pm</b> <b>DROP OFF:</b> Soar Lower Level <b>PICK UP:</b> Good Company- 110 N. Richmond St., Appleton Fee: \$105 member/ \$210 non-member/ \$95 Caregiver Capacity limit: 25 <b>Register by 7/1</b></p>	<p>Communication, following directions, being in a group setting, making friends &amp; building relationships</p>
 <p><b>Early Bird BINGO with LeeAnn</b> Come win big at "Early Bird" Bingo! A small snack will be provided. <b>Only register for 1 BINGO event!</b></p>	<p><b>Tues, July 7, 10am-11:30am</b> <u>Location:</u> SOAR Lower Level Fee:\$24 member/ \$30 non-member Capacity limit: 25 <b>Register by 7/1</b></p>	<p>Fine motor skills, following directions, communication, making friends, solving problems</p>
 <p><b>BINGO with Abby</b> Come win big at BINGO! A small snack will be provided. <b>Only register for 1 BINGO event!</b></p>	<p><b>Wed, July 8, 6pm-7:30pm</b> <u>Location:</u> SOAR Lower Level Fee: \$24 member/\$30 non-member Capacity limit: 25 <b>Register by 7/1</b></p>	<p>Fine motor skills, following directions, communication, making friends, solving problems</p>
 <p><b>Baking Class with LeeAnn</b> You will be making coconut macarons.</p>	<p><b>Thurs, July 9, 1p-3p</b> <u>Location:</u> SOAR Lower Level Fee: \$36 member/ \$72 non-member Capacity limit: 8 <b>Register by 7/2</b></p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation</p>
 <p><b>No Bake with LeeAnn</b> You will be making no bake lemon bars.</p>	<p><b>Mon, July 13, 10am-11:30am</b> <u>Location:</u> SOAR Lower Level Fee: \$36 member/ \$72 non-member Capacity limit: 12 <b>Register by 7/6</b></p>	<p>Planning, following directions, use of equipment and tools, measurements, kitchen safety and sanitation</p>
 <p><b>Dinner &amp; a Movie with Abby</b> Enjoy Dinner at El Azteca before walking over to Valley Grand Cinema for a movie! <b>Dress for the weather &amp; bring money for snacks/drinks at the theater!</b> <u>Please select dinner option at end of newsletter!!</u></p>	<p><b>Wed, July 15, 4:30pm-8pm</b> <b>DROP OFF:</b> El Azteca- N474 Eisenhower Dr., Appleton <b>PICK UP:</b> Valley Grand Cinema- W3091 Van Roy Rd., Appleton Fee: \$42 member/ \$84 non-member/ \$9** caregiver Capacity limit: 25 <b>Register by 7/1</b></p>	<p>Communications, following directions, be in a group setting, making friends, building relationships and responsibility for money (if buying extra snacks)</p>

*\*\*Caregiver for dinner and Movie will order and pay for meal at event*

**For more info on Adult Education contact LeeAnn:** leann@soarfoxcities.com or (920) 731-9831 x112  
**For more info on Community Inclusion: Adults 18+ contact Abby:** abby@soarfoxcities.com or (920) 731-9831 x130

# Adult Programs (Continued)

	Program	Details	Skills
	<b>Baking Class with LeeAnn</b> You will be making a chocolate snack cake.	<b>Thurs, July 16, 10am-12pm</b> <u>Location:</u> SOAR Lower Level Fee: \$36 member/ \$72 non-member Capacity limit: 8 <b>Register by 7/9</b>	Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
	<b>Dance with Abby</b> Come dance at Palisades Park!!	<b>Fri, July 17, 6pm-8pm</b> <u>Location:</u> Palisades Park- 2525 Theresa Ave., Appleton Fee: \$10 member/ \$20 non-member Capacity limit: 100 <b>Register by 7/14</b>	Communication, decision making, critical thinking, Following directions, being in a group setting, making friends and building relationships
	<b>Healthy Cooking Class with LeeAnn</b> A 2 week cooking and nutritional education class. Each night you will prepare your own dinner.	<b>Tuesdays, July 21 &amp; 28, 4pm-5:30pm</b> <u>Location:</u> SOAR Lower Level Fee: \$72 member/ \$144 non-member Capacity limit: 8 <b>Register by 7/14</b>	Meal preparation, planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
	<b>SOARing Around the World Party with Abby</b> Celebrate and explore cultures from around the world through interactive activities, food, community connection, and more!	<b>Wed, July 22, 5:30pm-7:30pm</b> <u>Location:</u> Community First Credit Union- 1575 Dresang Way, Neenah Fee: \$30 member/ \$60 non-member/ \$5 Caregiver Capacity limit: 40 <b>Register by 7/15</b>	Communication, decision making, critical thinking, following directions, being in a group setting, making friends and building relationships
	<b>Baking Class with LeeAnn</b> You will learn how to make bread from scratch!  <b>*note the earlier time for this event*</b>	<b>Thurs, July 23, 9am-12pm</b> <u>Location:</u> SOAR Lower Level Fee: \$36 member/ \$72 non-member Capacity limit: 8 <b>Register by 7/16</b>	Planning, following directions, use of equipment and tools, measurements, kitchen safety, sanitation
	<b>Make &amp; Take with LeeAnn</b> You will be making macaroni salad- a pasta salad filled with vegetables, cheddar cheese and a creamy dill sauce.	<b>Mon, July 27, 10am-11:30am</b> <u>Location:</u> SOAR Lower Level Fee: \$36 member/ \$72 non-member Capacity limit: 8 <b>Register by 7/20</b>	Planning, following directions, use of equipment and tools, measurements, kitchen safety and sanitation
	<b>Craft Night with Abby</b> Join us as we make some summer crafts!	<b>Wed, July 29, 6pm-7:30pm</b> <u>Location:</u> SOAR Lower Level Fee: \$24 member/ \$30 non-member Capacity limit: 25 <b>Register by 7/22</b>	Communication, decision making, critical thinking, following directions, being in a group setting, making friends and building relationships
	<b>Confident Women with LeeAnn</b> A summer potluck picnic at the park. Bring a dish to pass & a beverage for yourself.	<b>Thurs, July 30, 5pm-6:30pm</b> <u>Location:</u> Tellulah Park- 1300 E. Newberry St., Appleton Fee: No Cost *Bring dish to pass* Capacity limit: 15 <b>Register by 7/23</b>	Communications, following directions, be in a group setting, social skills, making friends and building relationships

# Special Olympics updates



Track season concluded at the Summer Games in Whitewater, with an impressive 28 athletes advancing! Although weather conditions led to the cancellation of one day and made for a different kind of weekend than planned, our team showed great resilience and made the most of every opportunity. Congratulations to all who advanced—whether you had the chance to compete or not!



## ATTENTION! NEW SOWI MEDICAL PAPERWORK NOW AVAILABLE

Effective 1/1/26, SOWI will no longer accept the previous medical packet; you can now obtain the new paperwork from the SOAR office, via email from our SO Coordinator, on SOWI's website, or on SOAR's website. The new packet is much shorter and does NOT require a physical exam or doctor's signature (unless there are extenuating circumstances). The new packet can even be completed directly online, but must be renewed every year.

### Upcoming SO Events:

District Softball & Bocce Tournament: August 2<sup>nd</sup>, Appleton Memorial Park  
3rd Annual SOAR SO Brat Fry: September 13<sup>th</sup>, Festival Foods (Northland Ave)  
Fall Games: September 19-20<sup>th</sup>, Deforest WI



### GET INVOLVED!

We are always looking for Special Olympics volunteers and coaches in all sports. Our next need is for fall/winter: cornhole & bowling. Contact the SO Coordinator if you're interested in getting involved.

Jen Kalishek | [jen@soarfoxcities.com](mailto:jen@soarfoxcities.com) | 920-731-9831 ext 122



## What is WisconSibs?

WisconSibs youth programming supports brothers and sisters of individuals with differing abilities by offering spaces for connection and age-appropriate education on disability, family dynamics, and the evolving roles siblings may take on; through games and shared activities, the program reduces isolation, builds resilience, and helps young siblings feel understood, supported, and confident as they grow into advocates for themselves and their families.

## Our Activities

**Sibshops** are play-based workshops for kids ages 6–12 that use games, arts, and guided activities to help young siblings share experiences and feel understood. Offered as a 9–10 session series held once a month on a Saturday or Sunday (with no sessions in summer), each 3–4 hour Sibshop provides age-appropriate education about disability, builds coping, communication, and problem-solving skills, and introduces the supportive roles siblings may grow into while sparking friendships in a fun, encouraging setting.

**Cost is \$25 per participant**

*Participants may join the series without attending every Sibshop.*



MORE INFO >>>



## Summer Programs



Summer activities include SibDays of Summer, SibCamp, and the Teen Sib Leadership Retreat, offering connection, hands-on learning, and outdoor adventures for siblings.



Supporting siblings early matters because many grow into important supporters for their brothers or sisters. Giving them space to learn, connect, and practice skills now helps them feel confident, informed, and prepared as their roles evolve, and it reinforces that their own needs and experiences are just as important.



**Reminder! Our cancellation policy is:**

If you are unable to attend an activity, you must cancel at least 5 days in advance to be eligible for a credit. If a participant cancels less than 5 days before the activity or is a no-show, there will be no credit given; only in rare instances will exceptions be granted.

**If the activity requires tickets and you cancel more than 5 days in advance, you are STILL fully responsible for the cost of the activity. Possible exceptions exist if we are able to fill the spot that was canceled. If we are able to fill the vacancy, a credit will be applied to the participant's account.**

If canceling (or no-show) for a part of a series, no credit will be given. If eligible, only credits will be given. No refunds will be given.

IRIS refuses to pay for services not provided, which includes cancellations and no-shows. If you require IRIS-billing, based on the Cancellation Policy, you are fully responsible for all canceled (or no-show) activity fees. In the event of SOAR canceling an activity due to weather or other reasons, all registered participants will be credited for the activity or refunded upon request via check.

Please understand that the cancellation policy exists for several reasons, including:

1. Programs can fill up quickly and when this happens, we create a waitlist. Canceling in advance allows us to contact those on the waitlist and gives another participant the opportunity to join the activity.
2. Many programs require purchases that reflect the number of individuals participating in that specific activity, such as movie/theater/sports game tickets, transportation expenses, arts and crafts supplies, baking/cooking supplies, or meals, where the money cannot be replaced or exchanged when someone cancels without notice. We try to avoid this the best we can by trying to typically buy tickets as close to the date of the activity as possible, but sometimes this is not always an option.

SOAR Policies are available on our website and in the Participant Handbook.

**Thank you for your understanding, patience, and support!**  
*Register via slip before or online at [soarfoxcities.com/register-for-activities/](http://soarfoxcities.com/register-for-activities/)*



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**\*Participant Name** \_\_\_\_\_

**\*Email to contact if CANCELLATION occurs:** \_\_\_\_\_

**Check box if already registered online or by telephone**

Date of Activity	Activity Name	Cost

**Total:** \_\_\_\_\_

**Submit total amount due to:**  
SOAR Fox Cities  
211 E Franklin St., Suite A  
Appleton, WI 54911

**Registration and Payment required prior to activities.** Pay by cash, check (# \_\_\_\_\_) or online.

If you use IRIS, Lakeland Care, Inclusa, CLTS, or Community Care, please check this box

**Please provide billing name & contact info:**  
\_\_\_\_\_  
\_\_\_\_\_

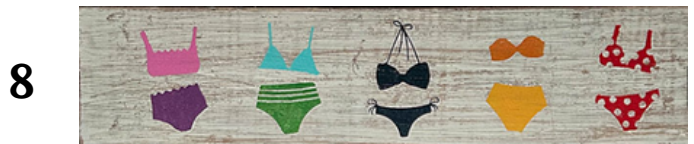


# Board & Brush With Jackie

**This activity is for participants 18-30 years of age**

Join Jackie at Board & Brush to make a fun board design! They will provide all the materials and help instruct you step by step to create a beautiful sign perfect for the holiday season! Below are the designs available. Please choose which design you would like to create. You may cut the bottom portion off and mail into SOAR, return in person to SOAR or feel free to email Jackie your choice. If you choose to email, please include the name of participant **AND** design choice.

**Email Jackie at:** Jackie@soarfoxcities.com



For Jackie's B&B  
on 7/22/26

\*\*Mail to SOAR Fox Cities 211 E. Franklin St. Suite A, Appleton WI, 54911

**OR** hand into the office to Jackie **BY JULY 20TH**

Name of participant: \_\_\_\_\_

Design choice: \_\_\_\_\_



\*\*Dinner and a Movie - Complete the online registration or call the office at (920) 731 -9831 **BY JULY 6TH**

1

**Cheeseburger:** served with lettuce, tomato, onions, and french fries

2

**Taco Salad:** Shell flour tortilla with cheese sauce, lettuce, cheese, tomato, guacamole, sour cream, and pico de gallo - with chicken

3

**Chimichangas:** Stuffed with your favorite meat, with cheese sauce, lettuce, sour cream, guacamole, and pico de gallo - (Chicken or Beef)

4

**Cheese or Grilled Quesadilla:** Chicken, steak or pork on a flour torilla, served with lettuce and sour cream.

5

**Tacos al carbon (3):** Three steak or chicken tacos in soft flour tortillas with cheese dip inside,

6

**Nachos Fajitas:** Crispy corn tortillas with chicken, beef, sautéed onions, tomatoes, bell peppers, white and yellow cheese, beans, lettuce, guacamole, and sour cream.



\*\*Sunday Funday - Complete the online registration or call the office at (920) 731 -9831 **BY JUNE 29TH**

1

**Honey Mustard Chicken Salad:** Honey mustard grilled chicken, cheddar cheese, onions, and cucumbers on a bed of greens.

2

**Tenderloin Steak Sandwich:** Tenderloin with sautéed mushrooms and onions, melted mozzarella cheese with French fries

3

**Chicken Bacon Cheddar Sandwich:** Chicken breast with melted cheddar cheese, applewood smoked bacon, and mayo, with French fries

4

**Burbank Bacon Burger:** American cheese, Applewood smoked bacon, tomato and mayo with french fries

5

**Chicken Bacon Ranch Wrap:** Grilled chicken, bacon, cheddar cheese, lettuce, and ranch wrapped in a flour tortilla shell with french fries

6

**Chicken Quesadilla:** Chicken, colby jack cheese and pico de gallo with sour cream.

7

**Chicken Alfredo:** Grilled chicken with creamy alfredo sauce on fettuccine with melted parmesan cheese. Served with our house salad with choice of dressing and warm bread.

8

**Tortellini:** Small ring shaped pasta stuffed with cheese, then covered with our creamy alfredo sauce. Served with our house salad with choice of dressing and warm bread.



*SOARing...*  
**AROUND  
THE**  
*World Party!*

Wednesday, July 22nd

5:30 - 7:30 pm

Community First Credit Union

1575 Dresang Way, Neenah, WI 54956

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Enjoy a fun evening of celebrating and exploring cultures from around the world through interactive activities, food, community connections, and more!

Featuring many of our community organizations and volunteers!



\$30 Members/  
\$60 non-members/  
\$5 Caregivers



# 3rd Annual Brat Fry

## Support SOAR Special Olympics



**Sunday, September 13th, 2026**

**10am - 6pm**

**All proceeds raised for SOAR's Special Olympics program**



**Festival Foods Brat Stand**

**1200 West Northland Ave**

**Appleton, WI 54915**

